

Barnet Borough News

(In association with Marketing Media)

No. 11 October 1985



114,000 Copies



Barnet Council's monthly magazine for residents

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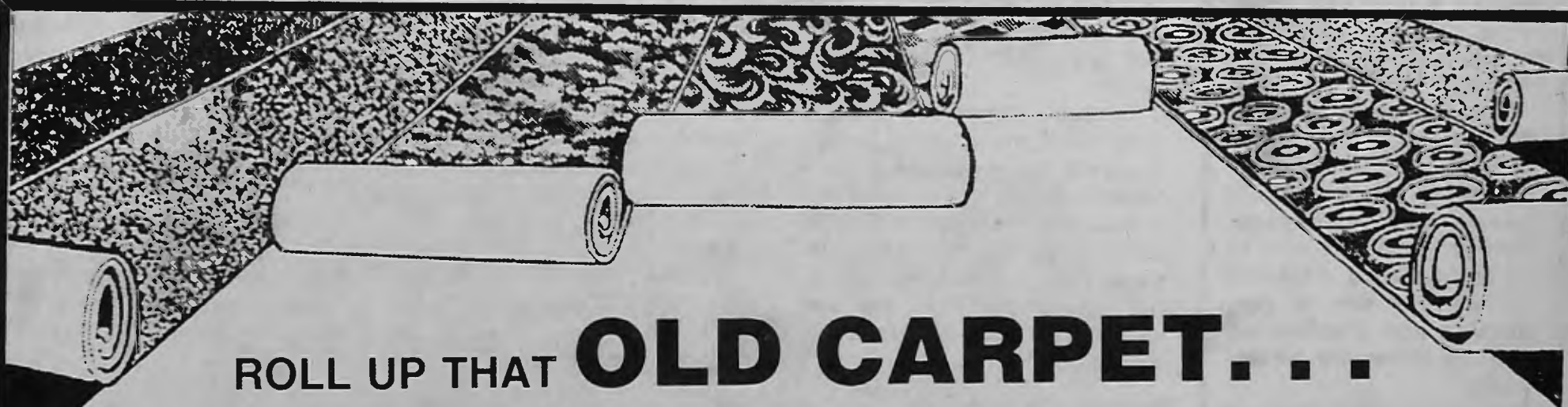
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Barnet Borough News is a monthly magazine carrying news of Council activities and community organisations. The What's On in Barnet diary is open to local organisations and carries a comprehensive list of events and meetings taking place within the Borough.

Barnet Borough News is distributed door-to-door throughout the Borough reaching some 113,000 homes and businesses. Further copies are sent to libraries and council offices. The cost of production and distribution will be offset by advertising.

Barnet Borough News is edited by the Press Office of Barnet Council by Bill White, Rosemary Jude and Fiona Harcombe.

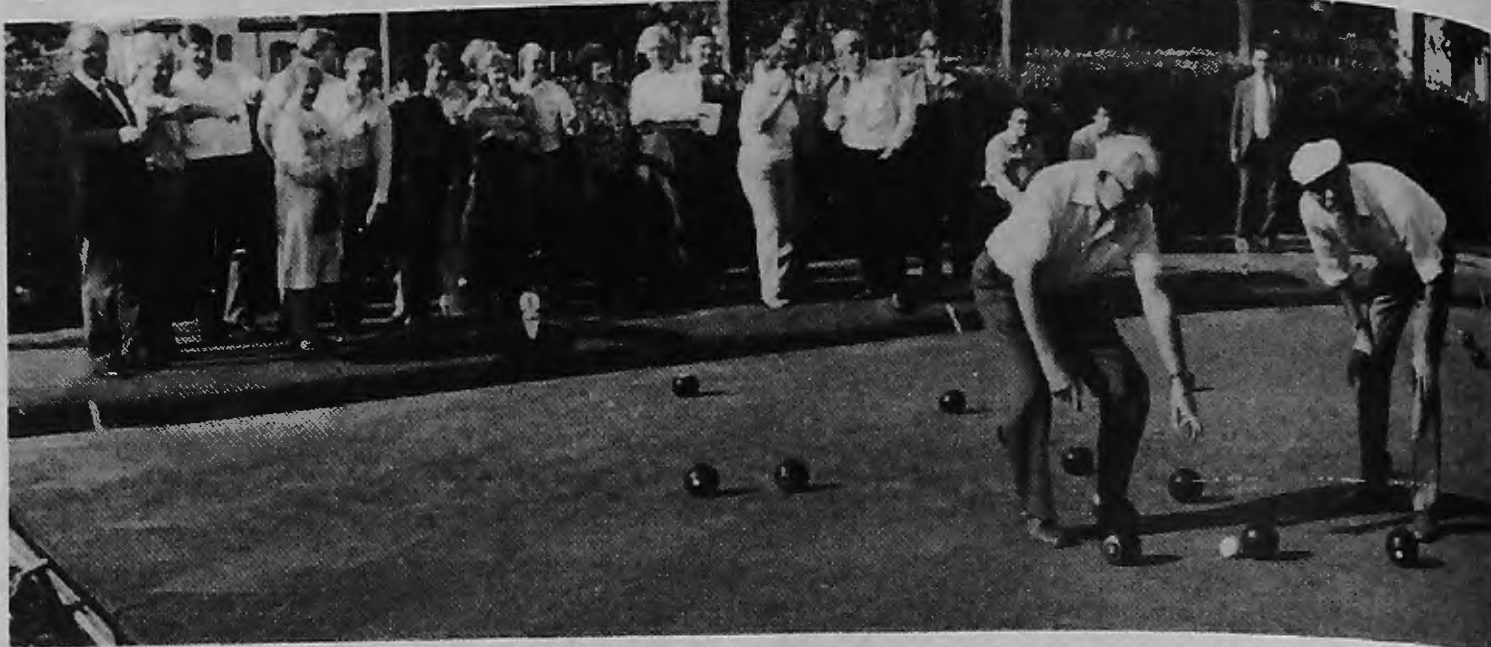
The co-publishers are the London Borough of Barnet and Marketing Media. Editorial features are the copyright of Barnet Council.

Copies of most photographs can be obtained by contacting the Editor.

Front Cover

Old Court House Recreation Ground, off Wood Street, Barnet. A feature of this delightful park is the display centre which contains birds and animals and the greenhouse with its wide variety of plants. It is also the home of Barnet Men's and Ladies' Bowling Clubs.

Sunshine visit by Californians



AMERICAN visitors, bringing Californian sunshine with them, taking a keen interest in the quaint old English game of bowls in Victoria Park, Finchley, during a tour of the Borough of Barnet on Wednesday, September 11.

Members of the California Parks and Recreation Society and their wives came to see some of the amenity and recreational facilities in the borough as part of a wider

UK visit.

Cllr Edna James, vice-chairman of Barnet Development and Estates Committee, welcomed them and, with Gerry Fedrick, Parks Service Manager, led the visitors on a tour of the borough.

After seeing the Copthall sports and swimming complex in the morning, the afternoon started with a visit to Edgwarebury Park, an example of a park in a residential area. While at Hampstead Garden

Suburb, an early 'garden city', they stopped at Big Wood for a description of woodland regeneration and its problems.

Victoria Park, where local bowling clubs were in action, represented a typical town park, and opened in 1902 to celebrate Queen Victoria's Diamond Jubilee.

Their final visit was to Avenue House, Finchley, the grounds of which contain some of the most noteworthy trees in the borough.

Dining and wining for appeal fund

IN the next few months Barnet residents have the chance to eat and sup their way into helping the Mayor of Barnet's Appeal Fund for the St John Ambulance Brigade and British Red Cross Society in Barnet.

There is a supper with a song, a great baked potato supper party, a Beaujolais run and luncheon, and a Victorian lunch.

Treasurer George Hopkins announced at the Appeal Committee meeting on Thursday, September 4, that the fund was now approaching the £4,500 mark with money continuing to come in.

Plans for the many events being arranged are going well and the bridge tournament at Woodhouse Sixth Form College, Finchley, on January 11 and 12 has received a number of good prizes and financial support. If you want to compete contact Valerie Cowan, 45 Clarendon Court, Finchley Road, NW11 (tel: 458 4508). Barnet Carnival Queen, Marie Otigba, has offered to stage a fashion show.

Events include:

Saturday, October 19: Supper with a song, Kemp Hall, Totteridge Green, 7.30pm. Tickets £7.50 from Cllr Mary Phillips, 15 Chid-

dingfold, North Finchley, N12 7EX.

Saturday, November 2: The great Baked Potato Supper Party, 21 Temple Avenue, Whetstone, N20, 7.30pm. Tickets from above address, £5.

Thursday, November 4: Beaujolais Run and luncheon organised by the Barnet Press.

Sunday, November 24: Victorian lunch, 50 Thirleby Road, Burnt Oak, 12.30pm. Tickets from Press Office, Ravensfield House, The Burroughs, Hendon, NW4 4BE, £7.50.

Message from the Mayor

I hope that during my Mayoral year people all over the Borough will say 'thank you' in a tangible way to the St John Ambulance and the Red Cross for the help they give to so many of us in Barnet.

All donations, large and small, are welcome:

BARBARA LANGSTONE
Mayor

To: Mr. G. W. Hopkins,
Mayor of Barnet's Appeal,
Town Hall,
The Burroughs,
Hendon, NW4 4BG.

I enclose £ : p. towards the Mayor's
Appeal for St John Ambulance and Red Cross.

Name

Address.....

.....

Hobbies Day at Ashmole

ASHMOLE Centre is celebrating its 10th anniversary with an open day and exhibition of hobbies on Sturday, October 26, 10am to 5pm.

Hobbies Day '85 will be opened by the Mayor of Barnet, Cllr Barbara Langstone. Entrance is free, refreshments available, local clubs will be exhibiting model planes, cars, boats and railways.

Ashmole Centre, based at Ashmole School, Burleigh Gardens, Southgate, is Barnet's community centre for the east of the borough. It offers a wide range of activities at weekends and evenings with special programmes during school holidays. It caters for all age groups from five-year-olds to pensioners.

For details contact the centre on 346 4984.

NEWS

Mayor's posting to West Germany

THE Mayor of Barnet and her Escort, Cllr Barbara and Roy Langstone, recently returned from a short visit to West Germany where they met some of the units of the Corps of Royal Engineers Postal and Courier Services.

Over the years the borough has had close and friendly community ties with the personnel at the Postal and Courier Depot at Inglis Barracks, Mill Hill. It is through there that all mail addressed to British Forces post offices all over the world passes before being sent to their final destination be it a ship at sea or a unit permanently or temporarily based overseas.

Strong ties

It was on July 24, 1982 that even stronger ties were forged when the Corps of Royal Engineers marched through the streets of Barnet to celebrate the granting of the Freedom of the Borough to the Corps in the centenary year of the Postal and Courier Depot.

The visit by the Mayor and her Escort took them to 1 PC Regiment RE, based at Hanover and to 3 PC

Depot RE, at Dusseldorf. They took greetings from the Borough of Barnet to service personnel most of whom have at some time been based at Mill Hill. At the same time the visitors were able to learn more about how the distribution of mail to the Forces takes place.

While at Hanover, besides visiting FPOs at Hohne and Fallingb., they went to the Command Distribution Office at Herford where they presented a long service medal and medals to four successful marathon runners.

Pilgrimage

On their visit to the depot at Dusseldorf they also went to Rheindahlen which could also be called Little England. Rheindahlen is a town built by the Germans and is virtually self-sufficient for the Forces stationed there. There is an enormous NAAFI where there is everything from furniture to food, and clothes to crockery. The service personnel also have their own Churches, schools and recreation facilities. The Forces Post Office there is the largest in BAOR as regards the number of counter transactions handled.

They also made a pilgrimage to

Belsen. 'The atmosphere here can only be described as hallowed,' said the Mayor. 'It is quiet, peaceful and above all you know you are in a very special place. Although there are so many trees no bird songs are heard. It has a deathly but wonderful calm. It is as if nature knows of the horrors that took place over 40 years ago.'

'It was an awesome and emotional experience to visit Belsen and in our own very small way to pay our respects to those who died by placing a posy at the foot of the memorial.'

The Mayor was delighted to receive the invitation to visit Germany. 'It was an unforgettable experience and will be one of the highlights of my Mayoral year,' she said.

Squash sessions

DURING term time junior squash sessions for under 14s are being held on Saturdays from 10am to 1pm and for the under 19s on most Sundays from 2-4.40pm at Finchley Manor Lawn Tennis and Squash Club, Lyndhurst Gardens, Finchley. Phone 346 0291 for details.

New service for residents

BARNET Council is now offering a service to residents who find their driveways blocked by careless or thoughtless parkers.

On the road outside houses with driveways or the entrances to private courts the Council will, provided certain criteria are met, paint white lines indicating the end of parking to keep the entrance clear.

This service has been introduced in response to many complaints made by local people, particularly those living near shopping centres, stations and schools.

Residents can ask the Council to provide this service where there is an authorised cross over with a dropped kerb. A once only payment of £15 is charged.

Study centre

YAKAR is an independent Jewish Study Centre with a wide variety of classes on all aspects of Judaism such as history, culture and language.

The new term starts on Monday, October 14. All classes begin at 8pm at 2 Egerton Gdns, Hendon, NW4. Enquiries 202 5551.

TIME FOR A COMMERCIAL BREAK



Mercedes Benz at Edgware Road offers one of the most up to date sales, parts and services facilities for 1 ton vans up to 38 tonne tractor units in the country. So if you're looking for a break from your commercial vehicle problems, telephone or call into Edgware Road - we'll satisfy your every requirement.

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Personal Investments

The last of a major new launch

Over the last decade most of the major U.K. Insurance companies have launched investment funds suitable for the large and small investor which have produced a much greater return than some of the more widely advertised investments such as Building Society accounts, National Savings and Bank deposits.

A typical range of investment funds might include several specific investment sectors such as U.K. Equities, Property, and Fixed Interest Securities. However, the most popular choice by far is the Managed Fund, which is a judiciously balanced mix of all the other funds in proportions determined by the Fund Managers.

gers.

This continuous process of professional fund management relieves the investor of the day to day worry of supervising his investment.

How do fluctuations in interest rates affect the personal investor?

Obviously if you are mainly invested in deposit accounts

of any type your income will rise and fall in line with general interest rates and any further falls will seriously effect your overall return. Paradoxically, a drop in interest rates is a good thing for industry and will usually be followed by a corresponding rise in the value of Stocks and Shares. If you have invested mostly in deposit accounts, an exposure to the Stock Market through a balanced investment fund is a simple and effective way of at least hedging your bets against falling interest rates.

The ability of Fund Managers to move funds from one investment sector to another, minimizes the 'risk' factor and enables a high growth rate to be achieved.

This is evidenced by the past performance of companies already marketing these funds such as Legal & General, Standard Life and Norwich Union etc., who have all achieved outstanding returns for their investors ever since their funds were launched.

Now the last of the major U.K. Life Assurance companies — U.K. Provident Institution — a mutual company established in 1840 and owned by its policy holders, are now entering the market.

They currently have over £1200million of assets under management and appear in 9 out of the 12 most recent Money Management top ten life insurance company performance tables.

On the 1st of November they are launching their own range of investment funds with special pre-launch investment terms that can help get your investment off to a flying start. All lump sum applications received before the launch date will qualify for an extra allocation to be added to the investment.

Anyone wishing to take full advantage of this exciting investment opportunity will have to make a decision fairly swiftly to obtain maximum benefits. All applications received by the 11th of October will have an extra 2½% added to their investment by U.K. Provident. Applications received by the 25th October will receive 2%.

This is possibly the last chance to get in at the start of a significant new fund launch as there are no further major life insurance companies left to offer investment funds.

For full details and a priority reservation form, telephone Colin Hiom on Potters Bar (77) 58191 or Freepost the coupon without delay.

NEW INVESTMENT FUNDS

SPECIAL PRE-LAUNCH TERMS

PREVIOUS LAUNCHES

Office	Date of launch	Growth in first year	Growth to date
Legal & General	Oct 1977	+ 31.5%	+ 257.1%
Guardian Royal Exchange	Feb 1979	+ 30.6%	+ 214.8%
NPI	Jun 1982	+ 33.5%	+ 113.3%
Commercial Union	Feb 1983	+ 39.7%	+ 87.2%

MAIN FEATURES

If you have at least £1,000 to invest you're probably looking for:

- 1 a good return for your money
- 2 easy access without penalty
- 3 minimum fuss and paperwork

NEW LAUNCH

On the 1st November, UK Provident, one of the country's most successful life assurance companies, is launching a new range of investment funds.

LAST OPPORTUNITY

In the past, these funds have provided investors with excellent first year results with instant access to

their money and continuing prospects of further capital growth. UK Provident are the last major insurance company to launch a range of investment funds.

FURTHER INFORMATION

If you would like to know how these funds work and how you could secure an extra £40 per £1,000 of investment, talk to us on (77) 58191, lines open until 8.00 pm, or fill in the coupon for details.

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Help Lines

CAB advice on glasses

DO you know if you can still get NHS glasses since the rules changed on April 1? The answer is yes if you are:

- Under 16.
- Under 19 and in full-time education.
- Getting Supplementary Benefit, Family Income Supplement or Housing Benefit Supplement.
- On a low income.
- Prescribed glasses by an NHS hospital.
- Need special, complex lenses.

Children, young people and people getting the benefits listed above can get free lenses from the NHS and free or very cheap frames in the NHS styles. People on low incomes have to pay a little more.

Everyone can still get their eyes tested for free on the NHS by a registered optician. If you don't have NHS glasses, get the test done for free and then choose between buying your glasses from an optician or a retailer such as the local chemist or department store. Shop around for the best buy.

People under 16 and the blind and partially-sighted must buy their glasses from a registered optician.

People who want contact lenses

have to pay for them privately unless they are prescribed by a hospital, for example, after a cataract operation or because the cornea has been damaged.

If you want more information about what health benefits you can still get under the National Health Service, ring or drop in to your local Citizens' Advice Bureau for a free interview:

Hendon	203 5801
East Barnet	441 2384
Edgware	959 0915
Finchley	349 0954
Friern Barnet	361 0727
Grahame Park	205 4141
West Hendon	202 5177

WEA Classes

WEA classes re-commenced on Monday, September 30, covering a wide range of subjects such as art and architecture, astronomy, aviation, literature, theatre, music, opera, international affairs. For further details contact:

Golders Green — Mrs Michaelson 452 8850. **Barnet** — Mrs D Pearce 349 8969. **Friern Barnet** — Mr J White 368 6612. **Hendon** — Mrs H. Adam 202 7961. **Mill Hill & Edgware** — Mrs P Davies 359 3505

Can you 'give a lift'

DO you have a car? Would you like to do a voluntary job for a few hours each week? If so, please become part of the Give-a-Lift project.

The aim is to 'give-a-lift' to those living in the area covered by the North Team Social Services Department — North Finchley, Friern Barnet, part of Muswell Hill, New Southgate, New and East Barnet, Hadley and Arkley — who are unable to use public transport. Volunteer drivers receive 20p a mile.

People benefiting from this project include a blind man who goes horse riding, a man in a wheelchair

who goes to a special ex-servicemen's club in Woking, two handicapped women who go to a club designed to meet their needs and a woman who visits her husband in hospital.

These people need our help. At present, the project cannot meet all the requests that come in. More drivers are needed, especially those who can make a regular commitment during the day.

If you would like to become part of this worthwhile scheme, please contact Ted Walsh, tel: 449 5511 (daytime) or Stanley Offer, tel: 368 7425 (6-7.30pm).

New club for hearing impaired

FOR some time the Disablement Association in the Borough of Barnet has been concerned that there are very few social facilities for people with hearing problems and have decided to start a club for hearing impaired people of working age.

Meetings are on Mondays at 7.30pm at the Trinity Church Centre, North Finchley. Refreshments available. The following bus routes stop near the centre: Nos. 26, 263,

125, 13, 2 and 221.

If you require transport or would like further details, please let the DABB Office know as soon as possible (tel: 446 6935).

DABB would also like to hear from volunteers who would be willing to drive or escort people (who need help) to the club.

DABB hope that as many people as possible will come and tell them what sort of activities they would like.

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If you are disabled or have friends or relatives in need of help then you can rely on John Bell & Croyden for full support.

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What's On

WHAT'S ON IN BARNET is a monthly list of activities taking place in the Borough.

Your entry, and contact telephone number, should be sent to the Borough News, Town Hall, The Burroughs, Hendon, NW4 4BG, tel. 202 8282, ext. 479.

Entries for the November issue must be received by Monday, October 14 and before that date if possible.

*Asterisk denotes regular weekly meeting.

Saturdays

*North London Rambling Club organise Saturday walks. Contact (SAE) Ray Todd, 31 Blair Close, St Paul's Rd, London N1 2YP

Sundays

*Sailing and sailboarding, Wembley Sailing Club, Birchen Grove, NW9. 455 5073

*Mind in Barnet 'Libra' Club, Etchingam Park Day Centre, Etchingam Park Rd, Finchley. 3.30pm. 455 2850

*Shaftesbury Harriers training sessions, Copthall Stadium, Gt Nth Way, NW4. 11am. 200 1584. Also Tuesdays 6pm

*North London Holiday Fellowship Group. Sunday rambles in Home Counties. 346 6795/444 5847

*Finchley Zen Society, 91 Nether Street, N12. 8-9pm. 445 1819

Monday, October 7

Bring and Buy Bazaar, Pensioners' Voice (Mill Hill), John Keble Church Hall, Deans Lane, Mill Hill. 2pm

*Bells Hill Prams & Pushchairs, St Stephen's Church Hall, Bells Hill, Barnet. 1.30pm

*Community Links in Cameras, photography group primarily for disabled, 43 Flower Lane, NW7. 1.30pm. Contact Maria Bartha 346 9789

*New Barnet Literary and Debating Soc, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 8pm. 440 3859

Pensioners' Voice (Mill Hill), John Keble Church, Deans Lane, Mill Hill. 1.30pm. 952 2496 (also Nov 4)

Tuesday, October 8

*Prams and Pushchairs club for mothers and young children, Union Church, Northiam, Totteridge. 2pm. 445 7287

*Friern Barnet and Totteridge Camera Club, Totteridge Library, Totteridge Lane, beginners to advanced. 8pm. 445 2617

*Hendon and Edgware 18 Plus Group, Games Room, Royal Oak Pub, Finchley Rd, Temple Fortune. 8.15pm. 205 1455

*Mind in Barnet Luncheon/Social Club (in term time), The Old Barn, Tarling Rd, East Finchley. 1.30pm. 202 5845

*Barnet Women's Place, Com-

munity Centre, Victoria Rd, New Barnet. 1.40pm. 360 5171/440 1114

*Brookside Community Group Junior Youth Club (5-10) Union Church, Northiam, N12. 4.15-5.45pm. 446 4571

*British Red Cross Society, 10 Downage, Hendon. Sale of nearly new clothes. 10am-3pm

*123 Club for mothers, babies and toddlers, Christ Church Hall, High Rd, N12. 9.30-11.30am. 368 4659

National Schizophrenia Fellowship (NW London), Temple Fortune Health Centre, Temple Fortune Lane, NW11. 8pm. 455 5113

Wednesday, October 9

*National Council for the Divorced Separated, North West London Branch. Friendly club evening near Brent St, Hendon. Details: 226 3752, 203 5739/3269

*North London and District Divorced/Separated Club, St Paul's Church, High Rd, New Southgate. 8pm. 363 4130/452 3591

*Club 81 for unattached people 24-45, Torrington Arms, High Rd, Finchley. 9pm. 349 0026.

*Barnet YHA Group, 1st Lyonsdown Scout Hut, York Rd, New Barnet. 8pm. 449 1553/445 3492

*Bingo, St Alphage Church Hall, Playfield Rd, Burnt Oak. 8pm

*Barnet Caving Group, Bull and Butcher Pub, High Rd, Whetstone. 9.30pm. 446 1070/1868

*West Hendon over 60s Lunch and Social Club, Community Centre, Marsh Drive, NW9. Lunch 12.30pm; Social Club 1.30pm. 202 5057

*Bingo, Community Centre, Victoria Rd, New Barnet. 7.30pm. 449 8992

Southgate Philatelic Society, Walker School, Waterfall Rd, N14. 7.45pm. 888 3594 (also October 29)

Pensioners' Voice (Barnet), Wesley Hall, High St. 1.30pm. 361 2787

Barnets Group RSPB, Church House, Wood St, Barnet. Slide lecture. 2pm. 449 9652

Finchley Antiques Appreciation Group, Avenue House, East End Rd, N3. Non-members £2.20. 7.50pm. 906 1869/203 3735 (also Oct 23)

Thursday, October 10

*Rollerskating, Ashmole Sports Centre, Burleigh Gdns, Southgate. Under 11s 6pm. 368 4984

*Brookside Methodist Church Boys' Brigade, East Barnet. Pre-Junior 6-8, 6.15pm; Juniors 8-11, 6.30pm; Company 11+ 8pm. 441 2042

*Hendon Chess Club, Hyde United Reformed Church, Edgware Rd, Colindale. 7.30pm. 952 3129

*Mind in Barnet Thursday Club, 154 Station Rd, Hendon.

7.45pm 202 5845

*High Barnet Woodcraft Folk, Underhill School, Mays Lane, Barnet. 6-9 yrs. 6pm (440 5369); 10-13 yrs. 7.15pm (440 2426)

*Carpentry for disabled, John Grooms, Stoneyfields Rd, Edgware. 1.30pm. Ring Ian at CRAB 346 9789.

*Barnet Women's Place, Community Centre, Victoria Rd, New Barnet. 10am-12.30pm. 8-10.30pm. 360 5171/440 1114

*MIND in Barnet — Women's Drop in Centre, Trinity Church, Rodborough Rd, NW11. 9.30am-1pm (relaxation 12-1pm). 202 5845

*Roundabout Club pensioners group, Sarnes Court, Oakleigh Rd Sth, N11. 2pm. 368 4409

Pensioners' Voice (East Finchley), E Finchley Library, 226 High Rd. 2pm. 883 2155

West Hendon Labour Party, 35 Elliott Rd, Hendon. Discussion on local affairs. 8pm. 202 9192.

Friday, October 11

*Hendon & Hampstead Garden Suburb Camera Club, Fellowship House, Willifield Way, NW11. 8pm. 205 6053

*Barnet and Finchley Photographic Soc, rear of 37a Salisbury Rd, Barnet. 8pm. 368 3917

*Barnet Blind Bowls Club, Drill Hall, St Albans Rd, Barnet. 2-4.30pm. 449 7058

*Finchley Cine Society, Avenue House, East End Rd, N3. 8pm. 346 4265

*Brookside Community Group Senior Youth Club (11-16), Union Church, Northiam, N12. 7.15-10.15pm. 446 4571

Harvest Fayre in aid of The Children's Society, All Saints' Church Hall, Oakleigh Rd Nth, N20. 11.30am-3pm. 368 3113/446 6684

Harvest Supper, Our Lady of Lourdes School, Bow Lane, N12. 8.30pm. 346 1681

Friends of Barnet Schools Music Centre AGM, Elizabeth Allen Teachers' Centre, Wood St, Barnet. 7.30pm. 368 1255

Saturday, October 12

White Elephant and Toys, Scout Hut, York Rd, New Barnet. 11am

British Tinnitus Assn (NW London), Meritage Club, Church End, Hendon. 2pm. 444 9657 (also Nov 9)

Tuesday, October 15

Barnet Group North Middlesex Family History Society, Church House, Wood St, Barnet. 7.45pm. 445 1750

Single, widowed & divorced (25-65) club, Finchley area. 8pm. 889 0513/441 5532 (also Nov 5)

Royal British Legion (N Finchley), Legionway, Summers Lane, N12. 8pm. 445 9911

Barnet National Trust Assn, St Mary Magdalen Church Hall, Athenaeum Rd, N20. 8pm. 449

5896

Barnet Anglo-French Club, Council Chambers, 29 Wood St. 8pm. 440 9267 (also Oct 29)

Wednesday, October 16

Finchley & Dist Philatelic Soc, Avenue House, East End Rd, N3. 7.30pm. 883 8724 (also Nov 6)

Thursday, October 17

Friern Barnet & Whetstone Rotaract Club, Bull & Butcher Pub, High Rd, N20. 8.15pm. 446 4008 (also Nov 7)

Civil Service Pensioners' Alliance, Avenue House, East End Rd, N3. 10am. 346 6994

Fri-Sat, Oct 18-19

Barnet & Finchley Save the Children Fund autumn fair, Methodist Hall, High Barnet. 10am-3.30pm. Admission free

Saturday, October 19

New Barnet & Dist Stamp & Postal Fair, St Peter's Hall, Lyonsdown Rd, New Barnet. 10am-5pm. 440 8835 (also Nov 2)

Sunday, October 20

Beginning of 'One World Week'. Further details Barnet Community Relations Council. 445 6051

Manor House Soc, Manor House, 80 East End Rd, N3. An evening with Maureen Lipman. 7.30pm. 346 2288

Tuesday, October 22

Pensioners' Rights (Mill Hill), Hartley Hall, Flower Lane, NW7. Speakers: Cllr Dot Benson, Mr Alan Gorst, Director of Social Services, and Mrs D Rhodes, Vice-President NFRPA. 2-4pm

Thursday, October 24

British Diabetic Assn (Barnet Dist), Post-grad Medical Centre, Barnet General Hospital, Wellhouse Lane. 8pm. 368 6993

Friday, October 25

Barnet Ratepayers & Residents Assn (Arkley & Hadley Wards), WRVS Luncheon Room, Salisbury Rd. 8pm. Surgery 7.30pm

Jewish Gay Group Chavuca, Alyth Youth & Community Centre, Alyth Gdns, NW11. 7.45pm

Saturday, October 26

London Hash House Harriers — Stanmore Tube Stn, London Rd. 11am. 349 2338

Barnets Branch RSPB Christmas Bazaar, St John's Church Hall, Baker St, Potters Bar. 10am-1pm

Economy stamp & postal fair, St Mary's Hall, Hendon Lane, N3. 11am-5pm

Thursday, October 31

Pensioners' Voice (Whetstone & Finchley), N Finchley Library, Ravensdale Ave. 1.30pm. 445 7413

Healing and meditational contemporary music, Burgh House, New End Square, Hampstead. Admission £2

Saturday, November 2

Barnet & Finchley Save the Chil-

What's On

dren Fund Christmas fair, Tea House, Northway, NW11. 10am-12.30pm. Admission free

Wednesday, November 6

Barnet Animal Rights Group, Christ Church Hall, High Rd, N12. 8pm. 440 1715
Pensioners' Voice (Golders Green), Trinity Church Hall, Rodborough Rd, NW11. 1.15pm. 455 7952

Keep fit

Mondays

*Stretch and shape, Christchurch Hall, High Rd, North Finchley. 11 am. 349 1449 (also Fridays)
*Pensioners Health Group, Methodist Hall, Rodborough Rd, NW11. 2pm. 794 6376. 60p
*Get Fit & Trim Workouts to music, St John's Hall, Friern Barnet Lane, N20. 6.45pm. 440 5811. Also Weds 7.50pm.
*Aerobics, Christchurch Hall, High Rd, N12. 10am. 349 1449
*Freston Fitness Club, Freston Hall, Freston Gardens (off Cat Hill), Cockfosters. £1.50 per session. 7-8pm.
*Yoga, St Mary's Church Hall, Hendon Lane, N3. 7pm. 455 2476. Also Weds 9.45am
Keep fit, Centre Point Corner

Mead, Grahame Park. 8pm. 205 7113

Tuesdays

*Popmobility/aerobics, Queen Elizabeth Centre, Meadway, Barnet. 7pm and 8pm. 441 2933
*Relaxation classes, Centre Point, Corner Mead Grahame Park. 8.30pm. 205 7113
*Aerobics, Manorside School, Squires Lane, N3. 8pm. 349 1449 (also Thursdays 7.30pm)
*Yogacise 7.15pm; danceacise, 8.15pm, Ail Saints School, Oakleigh Rd Nth, Whetstone. Also Thursdays and daytime classes. 441 1336
*Ladies keep fit class, Finchley Methodist Church Hall, Ballards Lane, N3. 7.45pm. 360 5114

Wednesdays

*Popmobility, Centre Point, Grahame Park. 7.30-9.30pm. 205 7113
*Yoga for people with handicaps. Special class, St Mary's Hall, East Barnet. Gentle movement, breathing, relaxation. 4-6pm. Qualified teacher. Other classes available. 440 1828
*Aerobics, Copthall Swimming Pool, Page St, Mill Hill. 9.45am. 349 1449
*Mixed Volley Ball Training Club, Queen Elizabeth Centre, Meadway, Barnet Juniors 6pm; seniors 7pm. 441 2933

*Get Fit & Trim Workouts, Manor Drive Hall, N20. 10.15am (creche). 440 5811. Also Fridays.

*Health and Beauty, exercise and movement classes, Christ Church Hall, High Rd, N12. 7.15-9.45pm. 286 3102

Thursdays

*Mixed exercise class for people with problem backs, Queen Elizabeth's Girls' School, Meadway, Barnet. 8pm. 445 6986
*Aerobics/keep fit, Centre Point, Corner Mead, Grahame Park. 7.30pm. 205 7113
*Yoga. British Wheel trained teacher, Union Church, Northiam, N20. 7-8pm. 349 2972

Martial Arts

Mondays

*North London Karate Club, Mill Hill School, The Ridgeway, Mill Hill. 8-9pm, 9-10pm. 440/7733/8633 (also Thursdays)
*Barnet Shotokan Karate Centre. Recreation Hall, Barnet General Hospital, Wellhouse Lane, Barnet. Children 8-14 yrs; 6.30-7.30pm. 449 3150
*Cobra Karate Club, Christ's College School, Hendon Lane, N3. Beginners 7pm; advanced 8pm.

959 4338. Also Wednesdays

*Watling Karate Club, Watling Boys' Club, Dryfield Rd, Burnt Oak. Under 12, 6-7pm; over 12, 7-8pm. 40p a session (and Wednesdays)

Tuesdays

*Karate, Centre Point, Corner Mead, Grahame Park. 7-13 yr olds 6pm; 13 plus 7pm. 205 7113 (also Thursdays)
*Barnet Shotokan Karate Centre, Pennefather Hall, St Albans Rd, Barnet. Adults 7.30-9.30pm. 449 3150
*J.L. Kung Fu Centre, All Saints Church Hall, Durham Rd, N2. 7pm. 959 2605
*Hampstead Garden Suburb Shotokan Karate Centre, Nautilus Fitness Club, 39 Market Place, Falloden Way, NW11. 7.30pm. 959 8228/973 0917

Wednesdays

*Barnet Shotokan Karate Centre. Adults Christchurch School, Hillton Ave, N12. 8-9pm. 449 3150
*Judo for children, Pymmes Youth Centre, East Barnet Lower School, Westbrook Crescent, E Barnet. 6.30-7.30pm; 7.30-8.30pm. 440 6473
*Wing Chun Kung Fu, Simon Lau Martial Arts Academy (Mill Hill Division), Hartley Hall, Flower Lane. 7pm. 998 1055
*Finchley Karate Club (Okinawan

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Hendon Chess Club

On Thursday, 12th September, the Hendon Chess Club started its autumn course for beginners and novices who wish to improve their game. The course will comprise 12 weekly sessions of one hour each and will be run by members of the Club Committee. Whenever possible two instructors will be available — one for the beginners and one for the other students. Players regarded as sufficiently advanced will be encouraged to attend and possibly join the Club as members.

The Hendon Chess Club meets every Thursday from 7.30 to 10.30pm at the Hyde United Reformed Church, The Hyde, Edgware Road, Colindale. It is a friendly club with much to offer to players of every standard. It has teams playing in the London and Middlesex Leagues and organises events such as lightning tournaments and simultaneous displays. For further details please phone E. Croker (952 3191) or B. Scharf (952 4448).

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What's On

Goju-Ryu Karate), Manorside School, Squires Lane, N3. 8pm. 346 9505

Thursdays

*Goju-Ryu Karate, Queen Elizabeth Girls' School, Meadway, Barnet. 6pm. 906 4372/449 8997

*Judo for Adults, Pymmes Youth Centre, East Barnet Lower School, Westbrook Crescent, Barnet. 7.30-9pm. 440 6473

Fridays

*Shin Do Kwai Kendo Club, Whitefield School (gym) Claremont Rd, NW2. 7.30pm. 863 7574

Women's clubs

Monday, October 7

New Barnet Evening TWG, Brookside Methodist Church Hall, E Barnet. 7.30pm. 441 1864 (also Nov 4, AGM)

Thursday, October 10

Finchley Granville TWG, Finchley Methodist Hall, Ballards Lane. 2pm. 455 2227

B'way Mill Hill TWG, Hartley Hall, Flower Lane. 2pm. 954 1684
Chipping Barnet WI, Wesley Hall, High St. 10am. 440 8807

Tuesday, October 15

Friern Barnet & Whetstone TWG, Methodist Church, Manor Drive, N20. 2pm. 445 4984

Wives Group, Mill Hill E Church Hall, Salcombe Gdns. 8pm. 346 9430 (also Oct 29)

Wednesday, October 16

Woodside Park Afternoon TWG, Old Finchleians Club House, Southover, N12. 2.15pm. 445 0911

Friday, October 18

Barnet Afternoon TWG, Church House, Wood St. 2pm. 449 0367

Broadfields Evening TWG, Orange Hill Junior School, Hamonde Close, Edgware. 7.30pm. 958 5718

Monday, October 21

Mill Hill Highwood TWG, Hartley Hall, Flower Lane. 2pm. 959 1994

Tuesday, October 22

Finchley Redbourne TWG, Etchingham Park Rd Day Centre, N3. 7.45pm. 349 3365

Monday, October 28

Barnet & Dist National Council of Women, Wesley Hall, High St, Barnet. 1.30pm. 346 8556

Tuesday, November 5

Totteridge WI, Village Hall, Badgers Croft, N20. 7.30pm. 445 5700

Friern Barnet Friary TWG, Christ Church URC Hall, Bellevue Road, N11. 2pm. 361 9623

Royal British Legion Women's Section (N Finchley), Legion-

way, Summers Lane, N12. 8pm. 445 9911

Wednesday, November 6

Barnet Evening TWG AGM, Church House, Wood St. 7.30pm. 449 6809

Edgware TWG AGM, Parish Hall, Rectory Lane. 952 3311

Thursday, November 7

Ashley Evening TWG, Mill Hill E Free Church, Salcombe Gdns. 7.30pm. 906 1952

East Barnet Valley TWG, St John's Church Hall, Mowbray Rd, New Barnet. 2.15pm. 449 8601/3885

Horticulture and floral art

Tuesday, October 8

Mill Hill Flower Club, Harwood Hall, Mill Hill B'way. 8pm. 959 3530

Wednesday, October 9

Hendon Horticultural Soc AGM, Hendon Library, The Burroughs. 8pm. 346 7392

Thursday, October 10

Barnet & Dist Fuchsia Soc, Council Chambers, Wood St. 8pm. 0727 59989

Tuesday, October 15

Friern Barnet Floral Art Club, Christ Church Hall, Oakleigh Rd Nth/Oakleigh Park Nth, N20.

8pm. 446 0783 (also Oct 29)
Totteridge Floral Art Club, Village Hall, Badgers Croft. 2pm. 445 9307

Wednesday, October 16

Hendon Floral Art Group, West Hendon Community Centre, Marsh Drive. 7.30pm. 346 8916

Council meetings

Members of the public are invited to attend council and committee meetings in the Town Hall, Hendon, at 7pm, unless otherwise stated.

Monday, October 7: Western Area Road Safety (7.30pm).

Tuesday, October 8: Eastern Area Road Safety, Town Hall, Friern Barnet (7.45pm).

Monday, October 14: Housing; Development and Estates.

Tuesday, October 15: Public Works; Social Services.

Wednesday, October 16: Town Planning and Research.

Monday, October 21: General Purposes.

Tuesday, October 22: Education.

Wednesday, October 23: Allotments.

Monday, October 28: Finance.

Wednesday, October 30: Planning Sub-committees.

Tuesday, November 5: Education Sub-committees.

WE PREVENT INFECTIOUS DISEASE!

Very few people realise that one of the functions of the Environmental Health Officer is the prevention of spread of Infectious Disease. The Government designates the diseases which the doctors, both in hospital and general practice, are required to notify to the Environmental Health Department. In 1984, 623 initial visits and 1291 revisits were made in the Borough to control the spread of infection. The diseases range in seriousness from Measles (153 cases) and Whooping Cough (21 Cases) to Food Poisoning (378) and Typhoid Fever (6). All notifications are listed for statistics and figures are sent weekly to the Government's Office of Population Censuses and Surveys.

The Local Authority has the power to exclude from school and work persons who may be considered to be a risk to others. Bowel infections may start from contaminated food such as incorrectly thawed and cooked poultry and meat but the infection may then

spread from person to person by the faecal oral route. In other words, if strict care is not paid to personal hygiene, soiled surfaces may carry the germ. Hands should always be carefully washed after visiting the toilet and before handling food. For this reason individuals employed in the food trade may be required to cease working with food until cleared by the Authority. Many large employers will find alternative work for the suspect individual.

Children under the age of five and the mentally handicapped may be considered to be hygienically innocent and for this reason are excluded from school or nursery etc if they are cases or contacts of bowel diseases. If hand washing were strictly observed in all situations a lot of unpleasant illnesses would be well and truly nipped in the bud as person to person spread would be cut to a minimum.

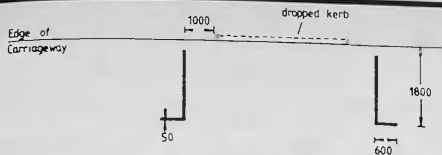
For further information please contact Miss P. Sharpe 349-9121 Ext. 159.



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Housing

Buying a new home Barnet's way

BARNET COUNCIL is able to offer some very attractive schemes to its tenants and people on the waiting list who would like to buy a home of their own.

Not every council tenant who wants to become a home owner wants to buy the house or flat they live in. It may be too big or too small for their future plans. Or they may wish to move to a new area of the borough.

Many people on the housing waiting list would prefer to buy rather than to rent. But the high cost of London housing often makes this beyond their means.

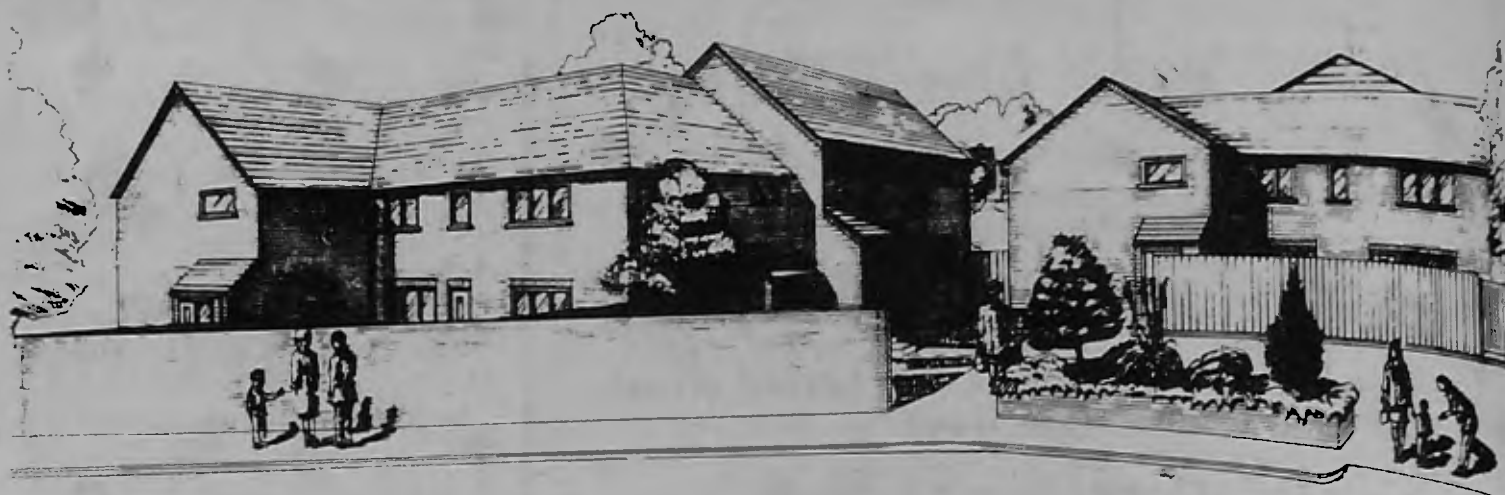
So let's look at shared-ownership and a new development off Poplar Grove, Friern Barnet.

On this site Barnet Council are building 87 new houses and maisonettes clustered round two cul-de-sacs. All the houses and ground floor flats will have their own gardens. Cars are parked in paved mews areas and shrubs and trees will be planted round the estate. The whole development is two-storey with buff brick walls and red tiled roofs.

So how can an ordinary family afford to buy into what is to be a delightful scheme?

The answer is shared ownership.

Under this type of purchase scheme the new householders buy and rent at the same time.



Architect's impression of the new scheme for shared ownership at Friern Barnet.

They may decide to buy 50 per cent of the equity and pay rent on the other half. This allows them to raise a mortgage at a figure they can afford and at the same time they pay half rent to the council.

To all intents and purposes they are the homeowner. They can carry out home improvements, take on the responsibilities and enjoy the benefits of property ownership. And at a later stage, if they wish, they can purchase another slice of the equity until they are full owners.

At this stage it is not possible to put prices on the scheme at Poplar Grove. Work has only just started on site and it could be 18 months before houses are ready for sale.

Homesteading

Another attractive option for the young and active housebuyer is a homesteading scheme.

Older properties may be made available for homesteading by the council. These are properties which will need considerable renovation and repair. Helpful advice is given by council officers and a mortgage is arranged under which repayments are suspended for up to three years to give the new owners a



Homesteading saved these charming cottages at East Finchley.

chance to spend their money on the repair work.

A very successful scheme was carried out at Manor Cottages, East Finchley, where a nearly derelict terrace was homesteaded and is now a delightful row of modernised Victorian cottages.

Private developments

Another approach to home ownership is through agreements with private developers.

For instance, when the site at New Broadfields, Edgware, was sold, one of the conditions was that the housing should include 'starter homes' as well as family housing and that the Council should have nomination rights for its tenants and waiting list applicants.

This is the Knight's Wood development by Barratt Homes.

Sheltered leasehold

Looking ahead the Council are working with a housing association to provide leasehold sheltered hous-

ing for elderly people. This scheme which the Council hope will be the first of many, aimed at home owners over 60 who find their present homes too large and difficult to maintain, and wish to move to smaller accommodation with a warden on hand to help out with any day-to-day problems.

In the leasehold scheme the resident will be the home owner, paying a charge for special facilities including the warden service. But at any time the purchaser can sell the property back to the housing association so that their capital is protected.

Help and advice

Council tenants and people on the Housing Waiting lists who wish to buy new homes under the Council's housing initiatives schemes contact Mr Derek Finch, Housing Directorate, 65 Watford Way, Hendon, NW4. Tel: 202 0355.



New homes at Knights Wood where Barnet negotiated the type of housing and held nomination rights.

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NEW HOUSES IN 1984/85

The Halifax Building Society made nearly 28,000 loans nationally to help members buy new houses in the year to March 1985. This represents almost 20% of the total number of houses started by builders during the year. 29% of Halifax loans were for detached houses, 26% for semi-detached, 20% for terraced or 'town' houses, 14% for flats or maisonettes and 12% for bungalows.

Regional preferences reveal the most popular type of new house in England and Wales was the two-

storey detached. The Scottish traditional preference for flats was sustained: 31% of Halifax loans in Scotland were on new flats. In Northern Ireland 45% of Halifax loans on new dwellings were for bungalows, almost four times the UK average. The strong emphasis on flats and terraced houses in Greater London — 80% of all loans — was almost certainly caused by high land prices: the few new detached houses in the Greater London region had an average price in excess of £80,000.

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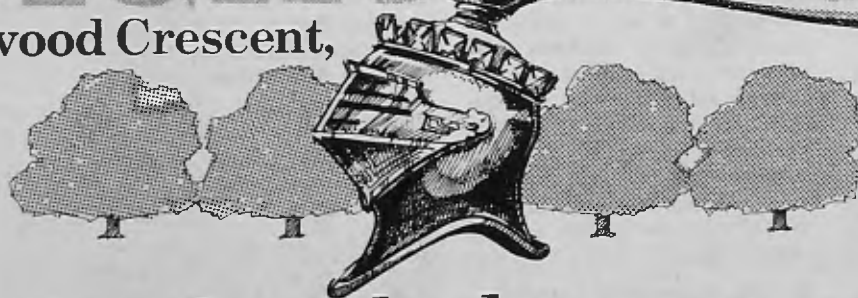
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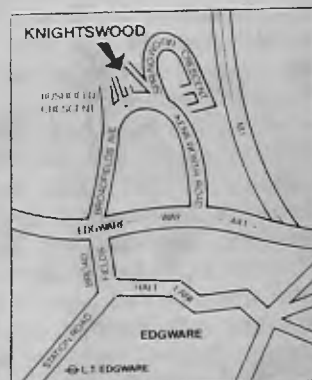
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Barratt



Housing

Why its 'Right to Buy' now

OVER the past 15 years Barnet Council has made it possible for 4,000 families who were council tenants to become home owners.

It all started on a very small scale back in 1969 when Barnet were one of the first councils to back Government initiatives to encourage Council tenants to buy their own homes. At that time the scheme was confined to houses, discounts started at 20 per cent and flats were excluded. Gradually the scheme was developed and the real boost came with the 1980 Housing Act and the Government's Right to Buy Scheme.

This opened the way for the sale of flats and maisonettes as well as houses and offered even more generous discounts.

Today, under the right to buy scheme almost every Council tenant, other than those in sheltered or special purpose housing, has the right to buy. Discounts range from 32 to 60 per cent off the market value of the dwelling.

Yes. That means that people who have been tenants for 20 years or more can purchase their homes for half price or less!

Our reporter interviewed John Nice of Barnet Council's Housing Sales Team at his office in Stag House, Burnt Oak Broadway, to find out more about the scheme.

Our first question was:

Who has the right to buy?

Answer: Almost all Council tenants.

Q. Then there are exceptions?

A. Yes, the main exceptions are tenants who live in sheltered or specially suitable housing for the elderly or in housing which has been specially built or extensively converted for disabled people. Nor can we sell to tenants in

HELP AND ADVICE

For more details and friendly advice Council tenants wanting to buy their own home contact the Sales Team, Stag House, 94 Burnt Oak Broadway, Edgware. Tel: 952 8911.

'temporary' housing or to council employees who are in what you might call 'tied cottages' — such as caretakers.

Q. Can tenants get a discount from the day they move into their first council house?

A. Probably! Under the Right to Buy Scheme purchasers must have been tenants for at least two years. But Barnet Council has continued to run its own voluntary scheme alongside the Government's Right to Buy scheme, and under this it is possible for tenants to start buying their home as soon as they are allocated a council dwelling. Under this scheme the permitted discount is 30 per cent for up to two years tenancy.

Q. Can you tell me more about the discounts?

A. First of all the council house or flat is inspected and given a market value. That is the sort of price an estate agent would sell it for, at the time, if it was a privately-owned property. Tenants who have two years or more with the Council get a discount on that valuation. It starts at 32 per cent after two years' tenancy and rises by 1 per cent for each complete year of tenancy to a maximum of 60 per cent for tenants with 30 years' tenancy.

Q. Can you give me an example?

A. Let's take a two-bedroom

house with a market value of £42,000. Obviously I can't be specific because size and facilities can alter the price considerably.

Perhaps it is best to set it out as a table.

Years tenancy	Discount	Purchase price
2	£13,440	£28,560
5	£14,700	£27,300
10	£16,800	£25,200
20	£21,000	£21,000
30	*£25,000	£17,000

*£25,000 is the maximum discount allowed.

Q. Do these discounts apply to all council properties?

A. Not quite. We cannot sell a property at less than the cost of the land and the building. Obviously older properties were built for considerably less than their market price today because of the way property values have risen. But some newer properties on Grahame Park and in North Finchley for example, may well have cost as much or very little less than their market value.

I'm afraid that even if the tenants have a right to a large discount, they will pay a purchase price that covers the full building and land costs.

Q. Can you give an example?

A. Let's take a new maisonette built in 1980. Land and building costs were £33,000. Market value

is £42,000. The tenants want to buy and have five years' tenancy to qualify for discount. Theoretically they should be able to purchase at £14,700 less than market price. But because the maisonette cost £33,000 to build they will have to pay that £33,000. Even so there is a discount of £9,000.

Q. Is buying a flat the same as buying a house?

A. Not quite. Houses are sold freehold. Flats are sold leasehold and there is an annual service charge to pay for such things as caretaking, maintenance of stairs and entrance halls, grass cutting, insurance. The redecoration and repairs of the outside are organised by the Council who will ask you to pay your share. You will be given good warning and two estimates of the cost.

The service charges are assessed individually for each block of flats or group of maisonettes because services and circumstances differ from estate to estate.

SALES LIFT OFF

The Right to Buy Scheme really opened the way for Barnet tenants to become home owners.

Back in 1969 just six houses were sold. Numbers gradually climbed through the 1970s under Barnet's voluntary scheme until in 1979 148 houses were sold to sitting council tenants in the full year.

From 1980 we had lift off. Here's how the sales figures ran:

Year	Sales
1980	176
1981	307
1982	411
1983	735
1984	827
1985 (6 months)	518

4,000th sale

WELL done Barnet and congratulations to the Lock family — that was the greeting from Sir George Young, secretary of state at the Department of the Environment, when he handed over to the new owners the 4,000th Council home which Barnet has sold to sitting tenants.

The setting for this happy ceremony was No 31 Milespit Hill, Mill Hill, home of three generations of the Lock family — Mr Charles Lock, his son and daughter-in-law, Stephen and Maureen, and their two children, Martin, aged 6, and Joanne, aged 4½.

At the front of our picture are Maureen and Stephen with their two children, Joanne and Martin. Behind them are ward councillor, Dennis Dippel, Sir George Young, John Perry, chairman of the Housing Committee, Charles Lock and Ray Janering, Director of Housing.





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LIBRARY LECTURES

A series of 12 Wednesday lectures will be held in four Barnet Libraries — North Finchley, Burnt Oak, East Finchley and Hendon — between October 9 and February 26. So that you can make a note in your diary about any of the 12 lectures you may wish to attend, the full programme is given on this page, together with a small summary about each of them. The dates of the lectures will also appear in our What's On diary over the course of the season.

Wednesday 9 October	Wednesday 16 October	Wednesday 23 October
NINE PASSES TO LAMAYURU Elisabeth Parry The second and toughest part of Elisabeth Parry's trek over remote passes and through the great gorges of Hanupatta, to reach Lamayuru, high in the Himalayas. East Finchley Library	LONDON'S RIVERS Bryan Fairfax An exploration of the network of rivers and streams feeding the Thames. Far from the bustle of city life, they reveal an unexpected variety of scenery. Burnt Oak Library	RICHARD III: MAN OR MONSTER? Jeremy Potter Will the truth about this most controversial and enigmatic monarch ever be discovered? Jeremy Potter examines the evidence. North Finchley Library
Wednesday 30 October	Wednesday 6 November	Wednesday 13 November
MADAGASCAR - THE ASTONISHING ISLAND Hilary Bradt The wide variety of landscape and climate provide a unique environment for many rare and beautiful plants and animals. Hendon Library	POULENC GUITAR QUARTET Maggie Ridout Maggie Ridout, a professional guitar maker, describes how guitars are made and then joins the Quartet in the performance of a varied programme of music. East Finchley Library	SOUTH AMERICAN RIVER TRIPS Martin & Tanis Jordan Expeditions to the world's highest waterfall in the Venezuelan highlands and into the unexplored country of Manu Park in South East Peru. Burnt Oak Library
Wednesday 20 November	Wednesday 27 November	Wednesday 5 February
WILDLIFE PHOTOGRAPHY AT HOME & ABROAD David Hosking A superb audio-visual programme presented by Eric Hosking's son, himself a well-known wildlife photographer. North Finchley Library	STEAM ON THE L.N.E.R. John Huntley A programme of archive film featuring Great Northern Railway, Wood Green (1896); King's Cross (1929); the story of '4472' and scenes from 'The Flying Scotsman' (1930). Hendon Library	THE LOCKED BOX Victor Lucas The Scrope Davies letters and notebooks lay unclaimed for 166 years. Victor Lucas reveals their amazing contents, set against the gambling mania of the Regency period. East Finchley Library
Wednesday 12 February	Wednesday 19 February	Wednesday 26 February
LUMBERJACK & PRAIRIE DOG John Hughes One man's travels across Alberta and Saskatchewan to the beautiful Banff National Park on the eastern slopes of the Canadian Rockies. Burnt Oak Library	THEATRICAL MAKEUP Bert Broe A fund of back-stage gossip during a practical demonstration of the art and craft of theatrical makeup by one of the world's most sought-after film and theatrical makeup artists. North Finchley Library	THE REGENT'S CANAL Michael Essex-Lopresti Described as 'a unique view of London's backdoor', the 8½ mile canal which runs from Limehouse to Paddington has seen many changes since its completion in 1820. Hendon Library

ALL LECTURES BEGIN AT 8.15 p.m. ADMISSION FREE

Barnet Library Services

MAINLY FOR WOMEN...

Anxiety, Stress, — Hypnotherapy and Psychotherapy

It has been claimed that 80% of patients who visit General Practitioners are suffering from psychosomatic disorders — illnesses where the mind affects the body. Acute anxiety, depression, fears, insomnia, many asthmatic conditions, migraine headaches, digestive problems, and some low back pains, to name but a few, fall into this category. The G.P., through lack of time and adequate training in psychology, is forced to treat these "diseases" with drugs which, although they provide relief from the effects, do not treat the cause. The consumption of tranquillisers has become an ever increasing phenomena, but this treatment can be compared with the householder who has a burst water pipe. He does not want the water just mopped up; he wants the source

to be located and repaired. The hypnotherapist locates the psychological cause of the presenting symptom instead of just treating the symptom itself.

A large proportion of the female population is engaged in the diet-binge-diet syndrome. The sheer anxiety caused by restriction of food, one of the joys of human life, unfortunately generates a powerful urge for gorging. On the other hand an extreme fear of overeating may lead to Anorexia Nervosa in young girls! There is no permanent magic answer to reducing overweight, but psychotherapy coupled with hypnosis, is used to locate the cause of overeating and I deal with each patient individually, thus enabling them to change their entire eating pattern.

Anxiety and stress has also been proved to be a contributory factor towards serious illnesses including the chief killer of our civilisation: heart disease. Under hypnosis it is relatively easy to bring down blood pressure, and show patients how they can learn to bring down their own pressure by feeling and experiencing their own inner-selves. They are taught to gently control their stress level without the need for drugs.

Having said all this I must stress that hypnosis is not a magic cure for all ailments. It cannot perform miracles, but is a state of altered awareness, during which the imagination rather than the intellect is active, and this state is utilised for treatment.

Within this short space it is not possible for me to state any more detail about hypnosis, but anybody wishing to consult me can book an appointment by contacting The Chatsworth Clinic — 01 440 4217/8 (daytime) or 01-361 4525 (evenings). During the consultation they have an opportunity to discuss in detail about themselves and are explained about the suitable treatment appropriate for them individually. I also train individuals and groups in self-hypnosis.

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became so embarrassed I decided to try electrolysis. Now I wish I had gone years ago, I look and feel so much better."



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What's On in the Arts

Drama

Wednesdays

*Incognito Theatre Group, Theatre, Friern Barnet. 8pm. 886 5791

*East Finchley Theatre Group, Methodist Church Hall, High Rd, N2 7.30pm. 883 2633

*Gainsborough Theatre Club, The Centre, Gainsborough Rd, N12. 8.15pm. 205 8352

Music

Mondays

*Barnet Orchestra at Hendon, Whitefield School, Claremont Rd, NW2. 8pm 205 2418

Tuesdays

*The Apollo Singers, Wilberforce Hall, Wilberforce Rd, W Hendon. 7.45pm. 959 1244

*Hendon String Orchestra, Whitefields School, Claremont Rd, NW2. 8pm. 455 5005

Thursdays

*London Pro Arte Choir, Mill Hill East Free Church, Salcombe Gdns, Mill Hill. 7.30pm. 959 1659

Saturday, October 5

Live Music Now! Edgware Library, Hale Lane. Susie Beddow, harp. 11am

Monday, October 7

Hendon Music Soc, Hendon Library, The Burroughs. 8pm. 203 2355

Tuesday, October 8

E Barnet Gramophone Soc, 85 Brookhill Rd, E Barnet. 8pm. 440 4376 (also Oct 22 & Nov 5)

Wednesday, October 9

Live Music Now! Mill Hill Library, Hartley Ave. NW7. Cathy Thom, guitar. 6pm

Saturday, October 12

Live Music Now! N Finchley Library, Ravensdale Ave. Cathy Thom, guitar. 2.30pm

Trent Park Music Centre recitals, Cockfosters Rd, Cockfosters. Susan Birley, contralto, Shirley Woods, piano. 8pm

Childs Hill Alliance Concert, Torriano Ensemble (clarinet & strings), St Alban's Church Hall, West Heath Drive, NW11. 8pm. Tickets £3.50. 455 3762

Tuesday, October 15

Hendon Library Gramophone Soc, The Burroughs. 7.45pm. 202 5625 (also Oct 29)

Thursday, October 17

Friern Barnet Library Gramophone Soc, Friern Barnet Rd, N11. 8.10pm. 361 2787 (also Oct 31)

Saturday, October 19

Music for Pleasure, Hendon Library, The Burroughs. Douglas Woolton, lute/voice. 11am

Hendon Music Soc. Recital Series, Trinity Church, Hodford Rd, Golders Green. John

Ogdon and Brenda Lucas, piano duet. 7.45pm. 203 0929

October 24-26

The Association present Cabaret, Centre Point, Corner Mead, Grahame Park. Tickets £3.75 & £2.75. 7.30pm. 205 6876

Sunday, October 27

2nd International Chamber Concert series. The De Saram Clarinet Trio, Lynne Austin Hall, Michael Sobell Centre, Limes Ave, NW11. Tickets £4 (£2.50 concessions). 8pm. 202 5625 ext 56

October 29-Nov 2

Borehamwood Operatic Soc present 'The Music Man', Civic Hall, Borehamwood. 7.30pm. 445 6142/5256

Saturday, November 2

Trent Park Music Centre, Cockfosters Rd, Cockfosters. Gillian Spragg, piano. 8pm

Monday, November 4

Hendon Music Soc, Hendon Library, The Burroughs. 8pm. 203 2355

Saturday, November 9

Live Music Now! Mill Hill Library, Hartley Ave, NW7. Susie Beddow, harp. 11am

Exhibitions

Until Sat Oct 19

Paintings by Denise Nemtsov, Hendon Library, The Burroughs. Library opening hours.

Fri Oct 18 to Sat Dec 7

Landscapes of the Mind, Leo Gibbons Smith, Old Bull, 68 High St, Barnet. 9.30am-5.30pm. 449 5189

Until Fri Oct 25

Finchley Art Society 37th Exhibition, North Finchley Library, Ravensdale Ave, N12. Library opening hours

Tues Oct 29 to Sat Nov 16

Portraits by Joy Feld and Watercolours by Peter Sutton & Stanley Rose, Old Bull. 9.30am-5.30pm. 449 5189

Sat Nov 2 to Sat Dec 7

Oil paintings by Joseph F Field, Hendon Library, The Burroughs. Normal opening hours.

Until Sun Nov 3

Uphill Crafts Group exhibition, Church Farm House Museum, Greyhound Hill, Hendon. Opening hours: Weekdays (except Tuesday) 10am-1pm, 2-5.30pm; Tuesday 10am-1pm; Sunday: demonstrations of craft making. 2-5.30pm. 203 0130

Dance

Mondays

*CRAB dance club for disabled, King Alfred School, Manor Wood, North End Rd, NW11. 50p per session. 7pm. 346 9789

Tuesdays

*20th Century Sequence Dancing Club, All Saints Hall, Oakleigh Rd North, Whetstone. 7.45pm. 440 6508

*Tap dancing, Centrepont, Grahame Park. Under 12s 6.15pm; all ages 6.45pm. 205 7113

*Wheelchair dancing, Grahame Park Community Centre, The Concourse, NW9. 1.30-3pm. 346 9789. Transport available

Wednesdays

*Contemporary Dance Classes for Adults, Queen Elizabeth's Sports Centre, Meadway, Barnet. 7.45-8.45pm. £1.25 per class or £5 per half-term. 441 5984

*Mountfield Old Time & Modern Sequence Dance Club, Martin School, High Rd, East Finchley. 8pm. 959 5185

*CRAB Creative dance for mentally handicapped adults, Outlook House, 59 Flower Lane, NW7. 2-3pm. 346 9789.

*Friary Sequence Dance Club, Manor Drive Methodist Church Hall, N20. 8pm. 446 4816

Thursdays

*Finchley Sequence Dance Club, Martin School, High Rd, E Finchley. 7.30pm

Fridays

*Latin & ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 8.30pm. 449 3336/6034

*Barnet International Folk Dance Club, Hadley Memorial Hall, Hadley Highstone. 8pm. 427 8042

Saturdays

*Children's disco & ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 11.30am. 449 3336/6034

Saturday, October 5

20th Century Sequence Dancing Club, Queen Elizabeth's Centre, Meadway, Barnet. 7.30pm. 440 6506 (also Nov 2)

Thursday, October 10

English Country Dancing, URC Hall, E End Rd, N2. 7.20pm. 445 4772 (also Oct 24 & Nov 7)

Saturday, October 12

Finchley Sequence Dance Club, Church Hall, St Philip the Apostle, Gravel Hill, N3. 7.30pm (also Nov 9)

Thursday, October 17

Circassian Circle Folk Dance Club, Harwood Hall, Mill Hill B'way. 7.45pm. 950 5756 (also Oct 31 and Nov 7)

Monday, October 21

Chipping Barnet Folk Dance Club, Church House, Wood St. 7.45pm. 449 3317/4425, 441 3865 (also Nov 4)

Old Bull Arts Centre

Workshops for children and adults in drama, art, guitar, music, poster design and printing, modern

dance/theatre, crafts, tap dance. Phone for details

Tuesday, October 15

Voice workshop with Carolyn Moody. 2-4pm

Thursday, October 17

Voice Masterclass with Carolyn Moody. 8pm

Thurs Oct 17-Sat 20

Autumn Revue by Concorde Players. 8pm

October 21-25

Music-Drama project and performance (7-15 yrs). 2.30pm

Saturday, October 26

'On the Rocks', Yorkshire Fringe Theatre. 8pm

Sunday, October 27

All Day Suckers Children's Theatre present 'Spotty Boris'. £2 adults, £1 children + 25p membership. 2.30pm

68 High St, Barnet. 449 5189

Pop, rock and Western

Sundays

*Top Rock and Blues Bands, Torrington Arms Pub, Lodge Lane, High Rd, N Finchley. 8.30pm. 445 4710 (also Fridays)

*Bernie Tyrell's Sunday Jazz, Salisbury Hotel, High St, Barnet. 12-2pm

Friday, October 25

Earthmovers Club, Old Bull Arts Centre, 68 High St, Barnet. 8pm. 449 5189 (also Nov 8)

Friday, November 1

Barnet Folk Club, Old Bull. 8pm. 449 5189

Festivals

Barnet Borough Arts Festival. Oct 5-19

Last two weeks of festival include music, dance, drama, arts, crafts and poetry. Closing concert, Woodside Park Club Theatre, Southover, N12. Revue of a Lifetime. 8pm. Further details and tickets: 445 4654/6831 or 449 5189

Arts workshops

Barnet Arts Workshop run regular activities throughout the term. Youth workshops (4-16) in drama, arts and crafts and video. £3.50 per half-term, 10p membership.

Adult workshops: Dance/keep fit; guitar; screen printing; drama, music and movement; photography and video (£1.50 per session). Creative embroidery (£10 per term). Free for unemployed. Details 346 7120.

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Sunday 27 October, 1985, at 8.00pm
 The Lynne Austin Hall, Michael Sobell Centre
 Limes Avenue, Golders Green, NW11

Programme: DEBUSSY — Cello Sonata in D minor
 HINDEMITH — Clarinet Sonata
 SIMON BAINBRIDGE — Three Players
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OUR CHILDREN NEED YOUR CARE

Barnet Social Services need more people who can look after children for short periods when they cannot be with their own families. We are having an informal meeting for interested people to meet some of our foster parents and social workers to find out what fostering other people's kids is all about and how to become a foster parent. We would also like to meet people who might be interested in acting as relief parents to children with handicaps.

The meeting will be on
Monday, 23rd September,

at 8pm at Meadowside Day Centre, 58 Holden Road, Woodside Park, N12.
 Please contact **Barbara Powell** at **Barnet Social Services, 1331 High Road, N20.**
Telephone 446 1488 if you can join us that evening or for more information.

We also need **TEENCARERS** — people who really like teenagers and can respond to the challenge of caring for an older adolescent — 14 plus. Here the emphasis is on helping young people work on their problems and acquire some of the skills necessary for independent living. There are concrete objectives set for each teenager, realistic time limits, regular assessment on progress, special rates of payment and extra group support from other Teencarers. If you are interested, wish to talk this over or maybe come to a support group of other Teencarers and hear how the job is done — telephone **Catherine Bunch** on **449 5511** or write to her at **Barnet Social Services, 42 Lytton Road, New Barnet.**



Artscene

Chance to see collection of fine old watercolours

THERE'S a chance to see some fine examples of important British watercolours at an exhibition by art dealer John Spink at The Gallery, Totteridge Library, this month.

Watercolours have become increasingly popular with collectors and casual buyers in recent years and this show will be a good indication of what's on offer in the current market. The exhibition, set up by Barnet Libraries and Arts, concentrates on British watercolours in the period 1750-1900, which takes in the most important 100 years for the medium, 1750-1850.

Artists represented include Thomas Rowlandson (1756-1827), Myles Birket Foster (1825-1899), Samuel Prout (1783-1852) and John Frederick Lewis, RA,

(1805-1876). All four are notable watercolourists and Prout's work has been the subject of an exhibition at the Victoria and Albert Museum this year.

Views of Regent's Park, Highgate and Windsor will also be included in the Spink collection, along with some engravings. All the exhibits will be for sale.

John Spink deals mainly in 18th and 19th century British art, working from his Fulham home. He is a member of the well-respected Spink family of art dealers and used to work with his father in the firm's West End premises before branching out on his own.

If he gets a good response from the Totteridge Library exhibition, he hopes to expand his business into North London in

the future.

'This is a good chance to see some fine examples of British watercolours which, over the years, have become increasingly popular,' he said. 'It's partly due to the fact that people can buy work by important artists at relatively reasonable prices, whereas important oil paintings are far too expensive for most people.'

'Also, houses are much smaller than they used to be, so most don't have space for the huge oils. Watercolours fit in well and they have a luminosity that comes from being painted on white paper. They are fresher and not so dominating.'

The exhibition at The Gallery, Dollisfield, Totteridge Lane, N20, runs from October 4 to 19. Normal opening hours.

Barnet aim for another success with new series

BARNET'S 2nd International Chamber Concert Series begins later this month with a recital by The De Saram Clarinet Trio at the Lynne Austin Hall.

Organised by Barnet Libraries and Arts, it is hoped that the second series will be as successful as the first.

The trio are Angela Malsbury, clarinet, Rohan De Saram, cello, and David Pettit, piano. They will perform at the Micahel Sobell Centre, Limes Avenue, Golders Green, and their programme is Debussy's Cello Sonata in D minor, Hindemith's Clarinet Sonata, Simon Bainbridge's Three Players and Brahms' Trio in A minor Op 114.

Tickets for the concert, at 8pm on Sunday October 27, £4 (£2.50 concessions), including temporary membership of Hendon Music Society, from Hazel Sharples, Arts Officer, tel: 202 5625, ext 56.

Barnet are also continuing the Live Music Now! series in libraries, featuring Cathy Thom on guitar at 6pm on Wednesday October 9 and Susie Beddow, harp, at 11am on Saturday November 9, both at Mill Hill Library, Hartley Avenue.

SML, the Station Road, Finchley, electrical engineering firm, are sponsoring the events at North Finchley Library, Ravensdale Avenue. The next recital is by Cathy Thom at 2.30pm on Saturday October 12.

And Mary Kay Cosmetics, the skin care company based at West Hendon Broadway, have put money into the Music for Pleasure events at Hendon Library, The Burroughs, which start with Douglas Wootton, lute and voice, at 11am on Saturday October 19.

Admission to all the music in libraries concerts is free. Details from the Arts Department on the above phone number.

SEARCH FOR A PRINCE

A local drama club are looking for their ideal prince — a ten to 14-year-old boy who can sing, dance and act and has a bright personality.

Hampstead Garden Suburb Dramatic Society are also searching for a similar boy to play the part of the poor lad in their production of 'The Prince and the Pauper', a musical version of Mark Twain's original novel.

What producer Terry Rogers is looking for are a couple of boys who can be made up to look sufficiently like each other to sustain the illusion of actually being lookalikes.

The storyline demands that the two be mistaken for each other so that they end up swapping places

and experiencing the joys and miseries of each other's lives.

Terry, who works for Barnet Council's Housing Department, is not looking for ex-stage school pupils, but he does emphasize that the boys who audition must have unbroken voices.

Not only is he producing, he has also written the music for the show which will be staged during half-term week in February at The Institute, Central Square, NW11.

Auditions will be held at the Friends Meeting House, North Square, Hampstead Garden Suburb, on the afternoon and evening of Sunday October 27.

Further details, contact Kay Graham, 23 Rotherwick Road, Hampstead Garden Suburb, tel: 449 5080.



'Lynmouth' by Myles Birket Foster, RWS — part of the John Spink collection of fine English watercolours.

Museum sees arts and crafts group in action during display

THE UPHILL Arts and Crafts Group are in action at Church Farm House Museum, Greyhound Hill, Hendon, until November 3. A group of artists and craftsmen covering a wide range of skills, they place the accent very much on high standards of quality, workmanship and original design.

Examples of work on show include woodturning, silver-smithing, enamelling, watercolours, stained glass, calligraphy, glass engraving, pottery, flower arranging, textiles and wood and wire craft.

There will be demonstrations of all the crafts every Saturday and Sunday afternoon throughout the exhibition.

Party visits may be arranged in advance and hours of opening are: Monday to Saturday (except Tuesday) 10am-1pm, 2-5.30pm; Tuesday 10am-1pm; Sunday 2-5.30pm. Admission, as always, is free.

Money Matters

Single Parent Families

Tax allowances available to single parents bringing up children are fairly limited.

The allowances are designed to give single persons the equivalent of a married man's tax allowance. While a single parent is allowed the single person's tax allowance of £2,205 he or she may also be entitled, as a single person bringing up a child, to an additional allowance of £1,250. The total of £3,455 is the same as the married man's allowance. Only one additional allowance is provided for each person regardless of the number of children being supported, but if parents have separated and each has the custody of at least one child then each parent can claim the additional allowance.

For you to qualify for the additional allowance, the child must be either your own (including adopted children) or a child you look after at your own expense, and under 18 at the beginning of the tax year (April 6). However, if the child is over 16 on April 6 of the tax year, he/she must be receiving full time education or training.

In cases where the child's time is spent partly with one and partly with the other parent, then the

additional allowance can be split between you.

If you are not married but are living together, you can still qualify for the additional allowance, as long as the child is in your care. The mother is prima facie entitled to the allowance but can transfer it to the father if she has no income.

Small maintenance payments for children amounting to under £33 a week made under court order can be more tax efficient than those which are made voluntarily, as that parent may be allowed tax relief on the child support.

As a single parent you may be entitled to one-parent benefit from the Department of Health & Social Security. This amounts to £4.25 per week for the first child only — but the supplementary benefit you may be getting will be reduced by the amount of one-parent benefit you receive.

If you are not well off you may find that you are entitled to a variety of benefits, depending on your particular circumstances — whether you are divorced for example, or a widow. For advice you should ask your local DHSS office on the range of benefits you qualify for.

ACCOUNTS, AUDIT, TAXATION
ADVICE ON SETTING UP IN BUSINESS

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Councillors' and MPs' surgeries

CHIPPING BARNET

John Major, GLC councillor, and a borough councillor available Saturday, October 19, 10.30am to 12 noon, 163 High St, Barnet.

Sydney Chapman, MP, and a borough councillor available Saturday, October 5 and November 2, 10.30am to 12 noon, 163 High St, Barnet.

Arkley Ward — Councillor Wilf Lipman available Friday, October 18 and November 1, 7.30pm, Dollis Valley Community Centre.

FINCHLEY AND FRIERN BARNET

Conservative councillors available Saturday October 5 and November 2, 10.30am to 12 noon, 212 Ballards Lane, N3.

Margaret Thatcher, MP, can be contacted by constituents only at her local Constituency Office, 212 Ballards Lane, N3, telephone 445 4292.

East Finchley Ward — Labour councillors available Saturdays, October 5, 12, 19, 26 and November 2 & 9, 10am to 11.30am, East Finchley Neighbourhood Centre, Church Lane, N2.

HENDON NORTH

John Gorst, MP, no October surgery. Constituency advice

available at 2 Apex Parade, Selva Lane, Mill Hill (959 1446). **Conservative** councillors surgeries at Grahame Park and Mill Hill on Wednesdays, October 9, 16, 23, 30 and November 6, by appointment at above number and address.

Bryan Cassidy, GLC Member available by contacting the Constituency Office as above.

Colindale Ward — Labour councillors available Saturday, October 26, 11am to 12 noon, St Augustine's Church, Grahame Park.

HENDON SOUTH

Peter Thomas, MP, available by appointment with secretary (219 4079). **Conservative** councillors available for consultation (202 7484)

West Hendon — Phone Cllr Tim Sims (734 8080, office hours) for appointment at West Hendon Ex-Servicemen's Club, The Broadway, NW9. Cllrs Doreen Neall (202 9927) and Agnes Slocombe (202 4074) available by appointment.

EURO MP

John Marshall, Euro MP, may be contacted at 2 Birkdale Rd, London, W5, for appointments.

NEWS

Badminton tournament

NOW is the time to enter this year's Badminton Tournament organised by Barnet's Youth and Community Service, the finals of which will be held at the Queen Elizabeth Centre, Meadway, Barnet, on Friday and Saturday, November 22 and 23.

There are ladies' and men's singles and doubles, and mixed doubles for the Under 14, Under 16, Under 18 and Under 21 age groups. Competitors must be under those ages at midnight August 31/September 1.

All competitors must live in or belong to an organisation in the borough.

The closing date for entries is Friday, October 18. Entry forms from and further enquiries to the Convenor, Mr Eric Finestone, District Officer (South), Youth and Community Office, Hendon School, Golders Rise, Hendon, NW4 (tel: 202 2757).

The entry fee is £1 per person for each event.

SPONSORED PRAM PUSH

GINGERBREAD, the association for one-parent families, are looking for prams and sponsors for a race they are holding on Sunday October 13.

The money raised from the sponsored pram push will help to meet the running costs of a coach they bought recently, allowing them to have a better and more varied programme of outings for members.

Starting at 11am in Barnet High Street, the race will finish at Gingerbread's centre at 1 Friern Park, North Finchley.

They are hoping that local firms will sponsor individual prams and that readers of the Borough News

will give them prams to use in the race. Gingerbread members would be happy to collect them from people who can help.

Anyone who can help should contact the centre, tel: 445 4227.

Members wanted

CRAMBOURNE Badminton Club are currently looking for new members of match standard.

They play at the Institute, Bigwood Road, Hampstead Garden Suburb, NW11 with club nights on Mondays and match nights on Fridays. For further details contact club secretary, Mr C Grant on 346 5655.

Social Services

Fostering an old friend

Scheme puts elderly and handicapped back with families to share home comfort

ONE of the highlights of Fatima's and Bertha's day is when Mary brings them tea in bed in the morning. It's only in the past two years or less that the two 84-year-olds have become used to such home comforts and they talk a great deal of how much they appreciate it.

Now all life is shared with Mary and her husband, centred on a sitting room that is neat as a new pin but still manages to be comfortable.

Bertha came to Mary two years ago through Barnet Social Services' adult boarding out or fostering scheme which gives elderly, handicapped or disabled adults the chance to live with a family instead of in residential care or hospital, or alone and isolated in the community.

Trips

Fatima came soon after — originally for a short stay to give her nephew, who shared her home, a holiday. It developed into a permanent arrangement.

She and Bertha both go to a day centre in the week and take part in shopping and family trips.

Mary seems eminently qualified for the job of caring for the two ladies — and ladies they certainly are, though Fatima has a wicked line in risqué humour.

Having worked for ten years in a Barnet old people's home, Mary decided to have a go at looking after elderly lodgers in her own home.

'I always said when I was working that the home should be like a family home, but it was too big for that,' she said. 'It's nice to be able to achieve that here for Bertha and Fatima.'

'I get great pleasure out of this. When I know they are happy and looked after, well-fed and clothed and have all the home comforts, that's all that matters to me. They appreciate it and it really is a lot of fun.'

Seeing their happiness now, people would never guess the difficulties they faced before they came to Mary.

Alone

Bertha was living alone in a rented flat and was no longer able to take care of herself. She was confused and forgetful and not eating properly, prey to dizzy spells, with no family to look after her. She never had children and neither did Fatima.

The difference in the two women now is a good advert for the adult fostering scheme.

Barnet's scheme is four years old and is run by two part-time social workers in the fostering and adoption section based at Social Services headquarters, Ivy House, High Road, Whetstone.

The basis for payment to families is the DHSS's board and lodgings allowance, topped up by Barnet according to the needs of the individual.

At the moment there are 17 elderly or mentally handicapped people placed with families, but the



Fatima, left, and Bertha . . . 'We wouldn't want to live anywhere else,' say the pair who have become firm friends.

scheme can cater for 27 to 30, so there are some vacancies.

An enormous amount of care goes into setting up the partnership between carer and client.

Families applying to join the scheme are assessed by a social worker and if approved are then considered for a possible match with clients referred to the scheme by social workers and hospitals.

If both sides are interested, an introduction is set up, leading to short, then longer, stays in the family home.

Back-up

There is back-up from Ivy House and the client's social worker and frequent meetings which become less frequent when the arrangement is made permanent.

One of the main difficulties the scheme faces is in matching families with people referred. Some clients have very special needs and it's difficult to find families who can meet them all.

One of the developments in the scheme is in trying to find more families for younger, mentally handicapped, people. It is more difficult to find suitable carers, but once they find a family, the relationship tends to be more successful than is the case sometimes with elderly people.

Comfort's is one of these success stories. She looks after Stanley, 53,

who has Downes Syndrome, and Peter, 41, who is mentally handicapped.

Stanley, who came to Comfort in January, goes to a social education centre and Peter to the hostel where he lived for 10 months before going to Comfort nearly two years ago.

She often takes them on trips to see friends and relatives, or away on holiday. Most evenings are spent just sitting with each other and listening to music.

'I enjoy looking after them,' said Comfort. 'I just like to give them as much help in adjusting to life outside institutions as possible and make them as comfortable as I can.'

Success

She began her working life as a nursing sister, but gave that up to look after her mother before she died. After that she decided to work from home and has cared for elderly and mentally handicapped people ever since. Now she wouldn't do anything else.

No-one denies the success of the small scheme. And for Fatima and Bertha, Stanley and Peter it means a life free of institutions, with privacy, friends and a home.

★ ★ ★
Anyone interested in joining the scheme should contact the Fostering and Adoption Officer, Barnet Social Services, 1331 High Road, Whetstone, N20 9HZ.

Counting on care

Nearly 50,000 residents in the borough are aged 65 and over out of a total population of 295,100, as at the 1981 Census. This represents almost 17 per cent of the population. About 60 per cent of those elderly people are women.

In the ten years 1981 to 1991, the number of people aged 65-plus was expected to fall by 3,000 and by a further 6,000 by the year 2001. However, in the 75-plus age group the figures were expected to increase in that first decade, reaching a peak of nearly 22,000 in 1991, compared with about 19,500 in 1981.

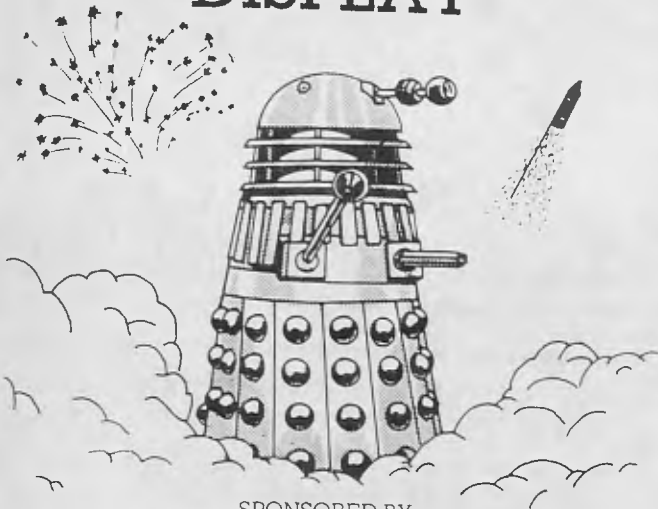
Of those aged 65-plus in 1981:

- 69 per cent lived with family or friends.
- 26 per cent lived alone.
- Five per cent lived in other establishments, like old people's homes and hospitals.

There are 12 homes run by Barnet Social Services for the elderly and 31 private ones registered by the Council.

There are about 120 mentally handicapped adults living in the community with their parents who are themselves of pensionable age.

MILL HILL ROTARY CLUB

GRAND FIREWORK
DISPLAY

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SUNDAY, 3rd NOVEMBER 1985

GATES OPEN 4.45pm

ENTERTAINMENT COMMENCES 5.15pm

CHARITY FIREWORKS DISPLAY 6.30pm
at Copthall Stadium, Page Street, NW7

BOX OFFICE: Marc Ashley
61 The Broadway, Mill Hill, NW7
959 1407 or 906 2345

Admission by programme or ticket
in advance 50p, at gate £1.00 children
50p, admission to stand 20p extra

GARDEN BONFIRES



REMEMBER YOUR NEIGHBOURS

Do you enjoy your garden? Don't stop your neighbours enjoying their by lighting a bonfire carelessly.

Please remember that bonfire smoke can be very irritating and even harmful, particularly to people with chest or heart problems.

By lighting a smoky bonfire, you could be breaking the law.

Fires started within 50 feet of the centre of a road which inconvenience passers-by or damage the highway are an offence under the Highways Act 1980.

Under the Clean Air Act 1956, it is an offence to cause a nuisance through the creation of smoke. Maximum penalty £500

For more information contact Environmental Health Department, tel: 349 9121

IMPORTANT NOTICE TO VOLUNTARY ORGANISATIONS

PLEASE APPLY NOW

if you wish to seek financial assistance from the London Borough of Barnet towards your voluntary organisation's expenses at any time during the year 1st April, 1986 to 31st March, 1987, other than any expenses currently met by GLC funding (for which separate procedures apply).

Because of the re-organisation of the Council's grant making procedures and the additional responsibilities towards the voluntary sector which will fall upon the Council as a result of the abolition of the GLC on 1st April, 1986, Barnet Council is this year bringing forward the date by which grant applications must be submitted by voluntary organisations operating in the Borough. This is to enable organisations to be informed before the end of March, 1986, as far as possible, what level of grant they can expect to get from the Council in the financial year 1986-87.

COMPLETED APPLICATION FORMS, WITH ACCOUNTS, MUST BE RECEIVED BY THE CHIEF EXECUTIVE AND TOWN CLERK AT THE TOWN HALL, HENDON, NW4 4BG, BY NO LATER THAN FRIDAY, 29TH NOVEMBER, 1985.

If you currently receive a grant from the Council you may have already received application forms through the post. If not, and you wish to apply for assistance, please telephone the Chief Executive and Town Clerk's Department now on 01-202 8282, extension 20, and a form will be sent to you.

The Council cannot guarantee that your application will receive consideration if received after 29th November, 1985.

LEARN! LEARN! LEARN!

Barnet learner motorcyclists now have the opportunity to enrol for a course of instruction for complete beginners. Each course is of 4 hours duration and spread over 2 weekends: one Saturday morning (2 hours) and either the following Saturday or Sunday morning (2 hours).

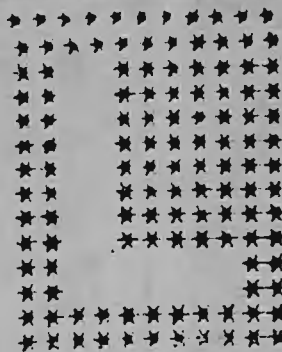
Charges have been kept to the minimum at just £6.00 for both sessions and special arrangements have been made with dealers throughout the Borough to deliver motorcycles directly to the first 2 hour off road session.

Details of these and other intermediate motorcycling courses can be obtained from the Road Safety Office 349 9121 ext 423.

Also you can save extra money if you book a six week training course, when you start your beginners course ask for details.



PHONE FOR DETAILS



MOTORCYCLISTS MOPED RIDERS SCOOTERISTS

A six week training course is available to prepare you for the Department of Transport Tests — Part I and II. The Part I Test can be booked through the road Safety Office.

Courses start Oct 24th, Jan 30th and Feb 2nd 1986. Phone 349 9121 for details.

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MAESTRO

85B MG 2.0 EFI. 5-Dr. Arum white with Osprey, r/Cass., s/roof, c/locking, 3,700 miles 6,450 COST NEW £7,698
84A VDP 5-Dr. Zircon blue with blue trim, r/cassette, c/locking, s/roof 5,350 COST NEW £7,607
84B 1.3L 5-Dr. Oporto red with Sandpiper, r/cassette, 11,500 miles 4,495 COST NEW £6,132

METRO

84B MG TURBO 3-Dr. Silver leaf with osprey trim, r/cassette 4,650 COST NEW £6,744
84A MG TURBO 3-Dr. Black with ospre trim, r/cassette 4,350 COST NEW £6,714
85B 1.0L 3-Dr. Black with osprey, radio, r/w/w, 3,700 miles 4,250 COST NEW £4,958
85B 1.3 VDP 5-Dr. Silver leaf with ice blue trim, r/cassette, r/w/wipe, s/roof, dec windows, c/locking 5,250 COST NEW £6,466
85B 310 VAN. Champagne with chocolate trim, r/w/wipe, 2,700 miles 2,995 + VAT. COST NEW £3,957

**YOU CANNOT
BEAT THIS
DEAL**

85B 1.0L 5-Dr. Primula yellow with chocolate trim, radio, r/w/wipe, s/roof, 3,400 miles 4,495 COST NEW £5,114
85B 1.0L 5-Dr. Champagne beige with bitter chocolate, radio, r/w/windows, s/roof, 2,200 miles 4,495 COST NEW £5,114
85 B MG METRO 3-Dr. Silver leaf with grey trim, r/cassette, r/w/w, c/locking, r/s/b, 5,500 miles 4,995 COST NEW £5,897
84B 1.0L 3-Dr. Oporto red with beige trim, radio, 3,900 miles 3,950 COST NEW £4,938
85B AUTOMATIC 1.3 d-Dr. Oporto red with beige, radio/cassette, 3,900 miles 5,250 COST NEW £6,061

ROVER

84B 3500 VDP Auto. Oporto red with chocolate trim, r/cassette, s/roof, e/windows, c/locking, p.a.s., r.s. belts, 2,000 miles 9,650 COST NEW £14,895
85B 216 VDP EFI. Moonraker blue with osprey leather trim, r/cassette, e/windows, ssp, c/locking, h/l/wash, 6,000 miles 6,825 COST NEW £8,024



84B 213S. Moonraker blue with Prussian, r/cassette 4,995 COST NEW £6,419
84A 1.2GL NOVA 2-Dr. Silver, 1 owner, 16,000 miles 3,450 COST NEW £6,199
84B 213. Targa red with sandpiper trim, radio, 11,600 miles 4,995 COST NEW £6,199
82Y 2600 SE Auto. Oporto red with caramel trim, r/cassette, s/roof, c/locking, r/s/b, 25,000 miles 4,995 COST NEW £12,346

OTHERS

84B 2.0HL MONTEGO. Champagne with beige trim, r/cassette, 9,300 miles, bargain at only 4,995 COST NEW £7,898
84A 1.2GL NOVA 2-Dr. Silver, 1 owner, 16,000 miles 3,450 COST NEW £6,199
82Y JAGUAR 4.2 Auto. White with black leather, c/locking, p.a.s., e/w, r/cassette, ex-demo, 1 owner 7,995 COST NEW £12,346
82Y TF7 Convertible. Nautilus blue, 28,000 miles, 1 owner 3,995 COST NEW £6,199
76R TRIUMPH STAG. White, h/top, s/top. Excellent example in showroom at 4,250 COST NEW £6,199

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1985 (B) JAGUAR SOV 4.2. Finished in claret with doeskin, 3,500 miles only **£17,495**

1983 (A) JAGUAR 4.2. 1 owner from new. Finished in cranberry with doeskin. FSH. Immac. maintained **£12,495**

1983 (A) DAIMLER SOV 4.2. Grosvenor brown, 24,000 miles, supplied by Henlys from new, history available **£12,495**

1984 (A) JAGUAR SOV HE. Finished in sapphire isis blue, 25,000 miles, FSH, immaculate condition **£14,995**

1984 (A) JAGUAR XJ6 4.2. Grosvenor brown with bisc., FSH, superb throughout **£12,995**

1983 (Y) JAGUAR XJ6 4.2. Silver with isis blue, 22,000 miles, FSH **£11,495**

1982 (Y) JAGUAR DAIMLER SOV 4.2. Finished in white, 30,000 miles, immaculate throughout, 1 owner, FSH **£9,995**

1984 (A) JAGUAR XJ6 4.2. Finished in clarendon blue, with doeskin, 20,000 miles, supplied & serviced from Henlys from new, superb car **£13,495**

1984 JAGUAR SOV. 4.2 Silver with Isis blue, 16,000 miles from new. Superb condition throughout. FSH. 1 owner. **£15,995**

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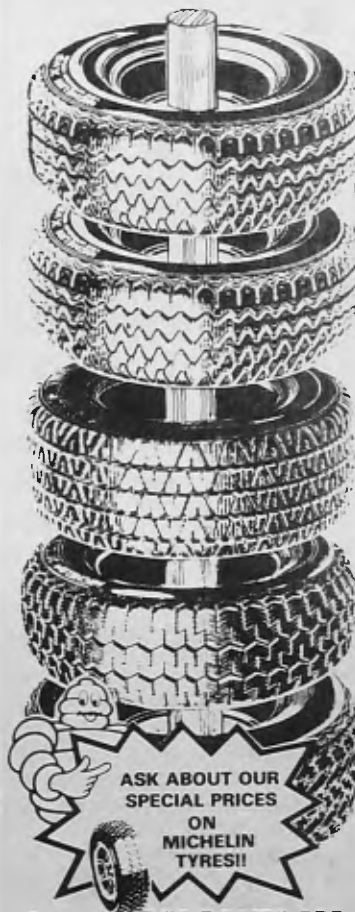
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IN BRITAIN:**

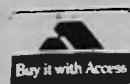
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**1 PAGE STREET, MILL HILL, NW7
Tel: 203 5381**

EDUCATION DEPARTMENT

Clerical Assistant**Salary: Scale 2/3 £2586-£3089 per annum inclusive**

Required at St Paul's JMI School, Mill Hill, NW7. We are looking for someone who is able to work on their own initiative in a busy school office. Good typing is essential together with the ability to handle money. The hours are 18 per week, 40 weeks per annum but you must be able to start at 8.45am. Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985

Application forms, quoting reference ADM/S/085/111, available from address No 3. Tel: 01-368 1255, ext 221.

Welfare Assistant**Salary: N/A II £628 per annum inclusive.**

Required at Hollickwood School, Sydney Road, Friern Barnet. To provide general assistance in the classroom. Hours 1.30pm to 2.30pm Monday to Friday, 40 weeks per annum. Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985.

Application forms, quoting reference ADM/S/049/521, from address No3. Tel: 01-368 1255 ext 221.

Laboratory Technician**Salary: Scale 1/2 £2960-£4462 per annum inclusive.**

Required at Mill Hill County High School, Abbots Road, Edgware. You will work in the school science laboratory as a member of a team of technicians. The duties include preparing and setting up demonstration and class experiments, and maintenance and cleaning of apparatus. Some scientific knowledge would be an advantage.

This appointment is for a fixed term to end in July 1986.

Hours: 30 per week, 40 weeks per annum.

This post is subject to the LMGSC ring-fence procedures, but with their agreement it is now being offered on an unrestricted basis. Applications are invited from anyone with appropriate qualifications or experience, but priority will be given to employees of the GLC or MCC's.

Closing date: 24th October, 1985.

Application forms, quoting reference ADM/S/168/231, available from address No.3. Tel: 01-368 1255 ext 221.

Clerical Assistant**Salary: Scale 1/2 £817-£1013 per annum inclusive.**

Required at St James' Catholic High School, Orange Hill Road, Edgware. Good typing ability essential. 6½ hours per week, 40 weeks per annum, (Wednesday and Thursday mornings).

Application from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985.

Application forms, quoting reference ADM/S/173/121, available from address No.3. Tel: 01-368 1255, ext 221.

Clerical Assistant — Teachers' Section**Salary: Scale 1/2 — Rising to £6735 per annum inclusive.****Are You Interested in Personnel Work?**

Would you like to join a busy section dealing with the appointment of teachers?

We are looking for someone with previous office experience who is adaptable and reliable to help with varied and interesting duties dealing with all aspects of teaching staff appointments and conditions of service.

Good typing ability is essential and experience in the use of VDU and/or Word Processor would be an advantage.

This post is subject to the LMGSC ring-fence procedures, but with their agreement it is now being offered on an unrestricted basis. Applications are invited from anyone with appropriate qualifications or experience, but priority will be given to employees of the GLC or MCC's.

Closing date 24th October, 1985.

Application forms, quoting reference ADM/E/91, available from address No. 3. Tel. 01 368 1255 Ext. 221.

Chargehand

Required at Chalgrove School Cook-Chill End Unit, Chalgrove Gardens, N3. You must have a knowledge of cook chill procedures and be able to supervise staff.

Wages: £46.44 per week.

Hours: 18½ per week, 40 weeks per annum.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985.

Application forms, quoting reference ADM/S/SM, available from address No.3. Tel: 01-368 1255, ext 201.

Nursery Nurse**Salary: Grade NA I £5190-£6207 per annum inclusive.**

Required at St Margaret's Nursery School, Margaret Road, New Barnet. Hours: 32½ per week, 40 weeks per annum.

You must be NNEB qualified.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985.

Application forms, quoting reference ADM/S/079/641, from address No3. Tel: 01-368 1255 ext 221.

Workshop Technician

Swaylands Residential Special School, Penshurst, Kent.

Salary: Scale 3 £6426 — £6948 per annum inclusive plus qualification allowance if applicable.

Your duties will include the preparation of materials, maintenance of tools, servicing of machines and equipment, preparation of teaching aids, minor repairs and small construction jobs. A background of work in manufacturing, industry, building or electrical trades would be an advantage.

Hours: 36 per week, 52 weeks per annum.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date 24th October, 1985.

Application forms available from Mr. K. P. Hyde, Headteacher, Swaylands School, Penshurst, Tonbridge, Kent, T11 8AU. Telephone 0892 870200.

CHIEF EXECUTIVE AND TOWN CLERK'S DEPARTMENT

Town Hall Porter**Salary: (MISC 2) £5430 — £5715 per annum inclusive.**

Hours: Monday — Thursday 4.00p.m. to 11.00p.m.

Friday 3.00p.m. to 11.00p.m.

To assist generally with portage in the Town Hall Section, including reception of visitors and operating Members' licensed pay bar.

This post is subject to the LMGSC ring-fence procedures, but with their agreement it is now being offered on an unrestricted basis. Applications are invited from anyone with appropriate qualifications or experience, but priority will be given to employees of the GLC or MCC's.

Closing date 24th October, 1985.

Application forms, quoting reference 600/174, available from address No. 1.

SOCIAL SERVICES DIRECTORATE

Night Care Assistant

Required for The Leys, Barnet Lane, Elstree, a hostel for mentally handicapped adults. Duties involve attending to the personal needs of clients. Previous experience of this type of work is essential.

Hours: 70 hours per three week period on a rota basis involving weekend and Bank Holiday work.

Rate of Pay: Approximately £37.00 per night plus enhancements for weekend work.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date: 24th October, 1985.

Apply to David Blinkhorne. Tel: 01-207 0122.

We Care — Do you?

WANTED Lively, flexible, innovative, responsible, caring people for challenging, demanding work in residential settings for elderly people.

REWARD Job satisfaction, good supervision and opportunities to attend exciting In Service training and encourage your professional development.

We are looking for full and part time **careworkers**, who are able to provide skilled physical, emotional and social care. People who will derive positive satisfaction and enjoyment from enriching the lives of our elderly residents. Previous residential or day-care experience and a commitment to working with elderly people is essential.

Salary: NJC2 £6891 to £7824 per annum inclusive.

Occasional sleeping-in duties may be required for which £10.03 per night is payable.

These posts are subject to the LMGSC ring-fence procedures, but with their agreement these are now being offered on an unrestricted basis. Applications are invited from anyone with appropriate qualifications or experience, but priority will be given to employees of the GLC or MCC's.

Closing date 24th October, 1985.

For further written information and application form, telephone 01 445 6857 (24 hour answering service) or in writing to address No. 4.

ADULT BOARDING-OUT SCHEME

Part-Time Homefinder/Social Worker Post (18 hours)

Salary: £4818 — £5648 per annum inclusive.

If you are a qualified Social Worker and want to break new ground, you will be interested in this small but enterprising scheme which was launched six years ago. Elderly, handicapped and mentally ill clients of varying ages are placed in families within and outside the Borough. The scheme is extending from long-term care to short-term and respite care.

The Scheme is based at our Central Office, Whetstone, but has close links with area and hospital teams, and Day and Residential Care. Three part-time posts are responsible to the Senior Management Officer, adoption and fostering.

Applicants should possess the CQSW or equivalent professional social work qualification.

Essential User Car Allowance payable.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date 24th October, 1985.

Informal enquiries (on Mondays and Thursdays) to Mrs. Morrison, telephone 01 446 1288 Ext. 224. Application forms, quoting reference No. 6, available from address No. 4. Telephone 01-446 6857 24-hour answering service.

For full-time posts we offer a minimum of 20 days basic annual leave, with additional leave at most Bank Holidays, a subsidised canteen and schemes to assist with temporary separation and relocation. Assistance with housing may be available; 100% of removal expense; interest free loans for annual season tickets.

Locum Occupational Therapist

For approximately 9 months from November, 1985 (18 hours per week). Salary: £4818 to £5648 per annum inclusive.

The team is staffed by Occupational Therapists and a Specialist Worker for the Deaf and Blind; there is also a Paediatric Occupational Therapy Service. The team operates its own duty system for taking referrals and work is allocated on a patch basis. The service provided is comprehensive and there is close liaison with area social work teams, local hospitals and other departments of the Borough, and Health Authority Clinics. An aids store and assessment facilities are on the premises. Regular supervision together with professional and administrative support are provided.

Informal enquiries to Imelda Mearns, Senior Management Officer or Ruth Robins, Management Officer. Telephone 01 446 4354.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date 24th October.

Applications forms quoting reference 17a, available from address No. 4. Telephone 01 446 6857 (24-hour answering machine).

LIBRARIES DEPARTMENT

Children's Librarian (Edgware Library)

Salary: Scale 4/5 £7557 — £9354 per annum inclusive.

We are seeking a licentiate or chartered librarian, keen on working with children, to be responsible for a very stimulating Children's Library. Liaison with local schools is included with involvement in the overall professional work of the library.

Applications from employees of the GLC and MCC's with relevant experience will be welcome.

Closing date 1st November, 1985.

Further details and application forms, reference 46, available from address No. 5. Tel. 01 202 5625 Ext. 48.

1 Personnel Officer, Room 35 Ravensfield House, The Burroughs Hendon, London NW4 4BE. Tel: 01-202 8282 Ext. 481 (01-202 6602 24 hr answering service)

4 Director of Social Services Ivy House, 1331 High Road, Whetstone London N20 9HZ. Tel: 01-446 6857 (24 hr answering service)

2 Directorate of Technical Services Gateway House, 322 Regents Park Road Finchley, London N3 2LP. Tel: 01-349 9121

5 Borough Librarian, Ravensfield House, The Burroughs, Hendon, London NW4 4BE Tel: 01-202 5625 Ext. 48

3 Director of Educational Services Town Hall, Friern Barnet London N11. Tel: 01-368 1255

6 Geoff Fish, Chief Environmental Health Officer Grove Lodge, 287 Regents Park Road Finchley, London N3 3JY. Tel: 01-349 9121 Ext. 151

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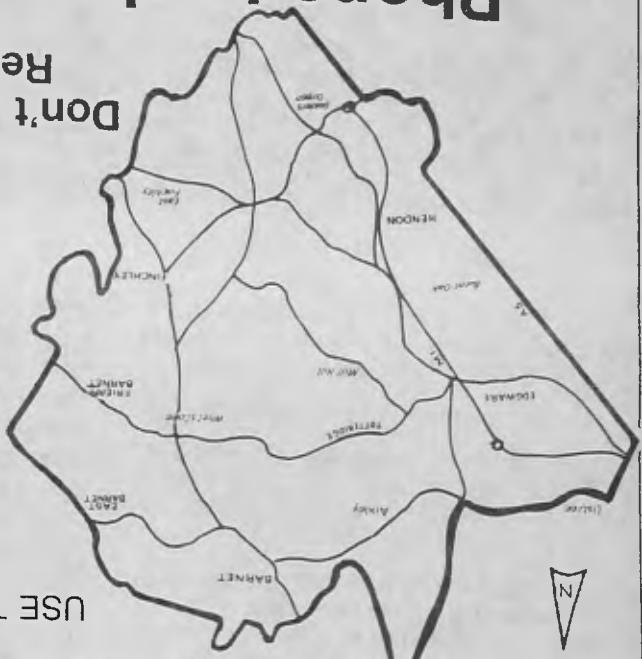


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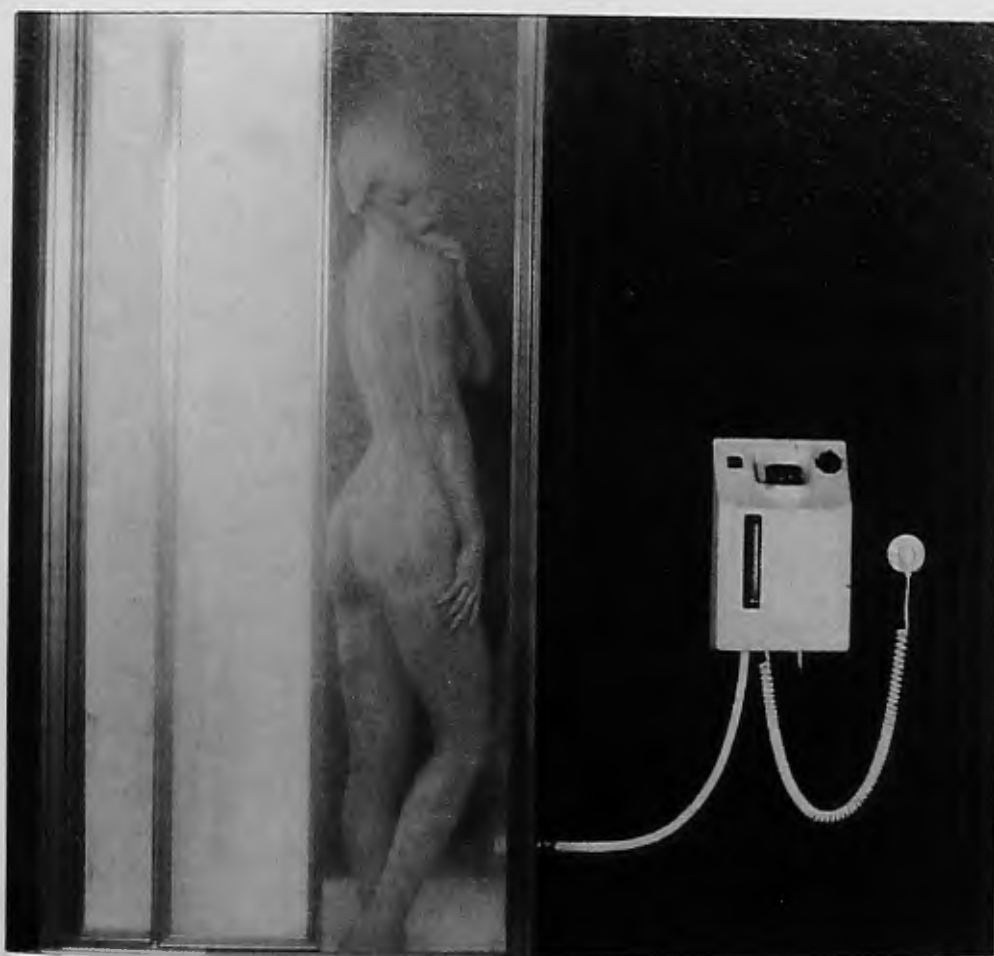
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Genuine Jacuzzi whirlpool systems have always been more than just good fun. For unlike many imitation systems, Jacuzzi whirlpools were developed with the help of doctors and reflexologists to help ease cramped or tensed muscles, improve circulation, soothe nerves and relieve aches and pains.

Which means that while your Jacuzzi whirlpool makes you tingle all over, it's also hard at work making you healthier and more relaxed with each passing day.

THE POSITIONING OF THE JETS IS VITAL

Next time you look at a whirlpool system, make a note of how the jets are positioned. All too often, you'll find that the way they are fitted creates a lot of froth but very little in the way of a massage.

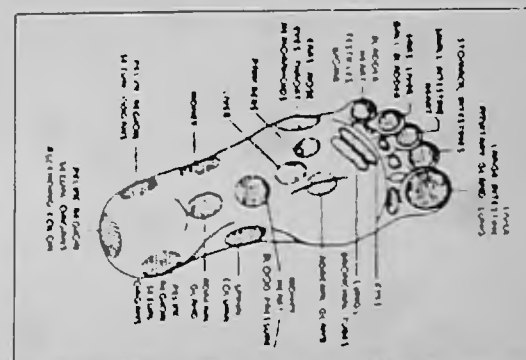
With 25 years' experience in the design and development of whirlpools behind them, however, Jacuzzi insist that their jets are fitted in the best possible position in the bath of your choice. Enhancing the benefits of your hydromassage and ensuring that your whirlpool experience is as beneficial as it is enjoyable.



Size of Jacuzzi 1700 x 800mm

A FOOT NOTE:—

Reflexology is the study of nerve stimulation. Your feet are more tired than you feel, don't you think they deserve a good massage?



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An elegantly styled waisted enameled cast iron bath featuring specially designed handgrips. 1700 x 700mm size.

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Low cost 1700 x 700mm. An attractively styled enameled cast iron bath, with contoured sides for an elegant appearance.



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1700 x 800mm. A luxurious contoured bath, the Repos is also available in various sizes. The backslope is gently contoured for maximum comfort.



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1700 x 700mm. Large contoured bath with grips. Large luxury basin and pedestal. Luxury close coupled w.c. suite with seat. Price includes. Luxury bath mixer with shower. Basin mixer - no panels. Colours: Whisper pink, whisper blue, champagne, white, burgundy and grey.

£299 + VAT

The Corner Bath

For the romantic among us, sharing a lovely soak in this corner bath is an experience not to be missed and the compact size of the bath makes it a possibility for the smaller bathroom and budget. The bath lends itself to a jacuzzi whirlpool bath, giving you a relaxing massage.

Corner bath **£230** + VAT, various colours.

Acrylic marble finish **£290** + VAT, various colours.

Add £800 for fitted four-jet jacuzzi. Jacuzzi jets can be fitted to most baths.

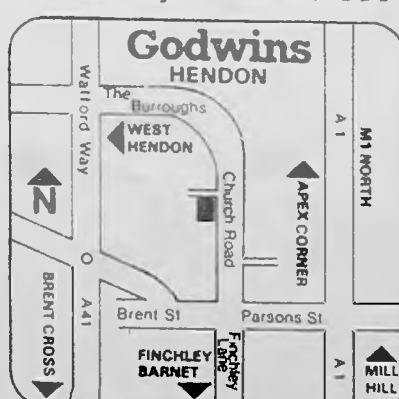
For expert advice, ring: Peter Flynn on 01-444 2311.



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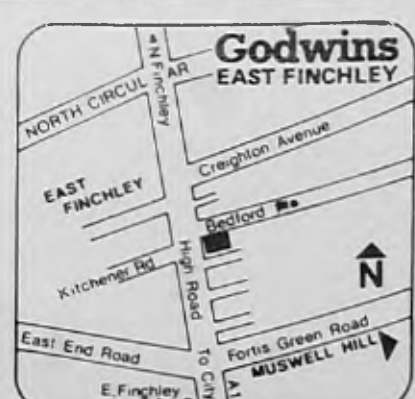
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