

Barnet Borough News

(In association with Marketing Media)

No. 17 April 1986



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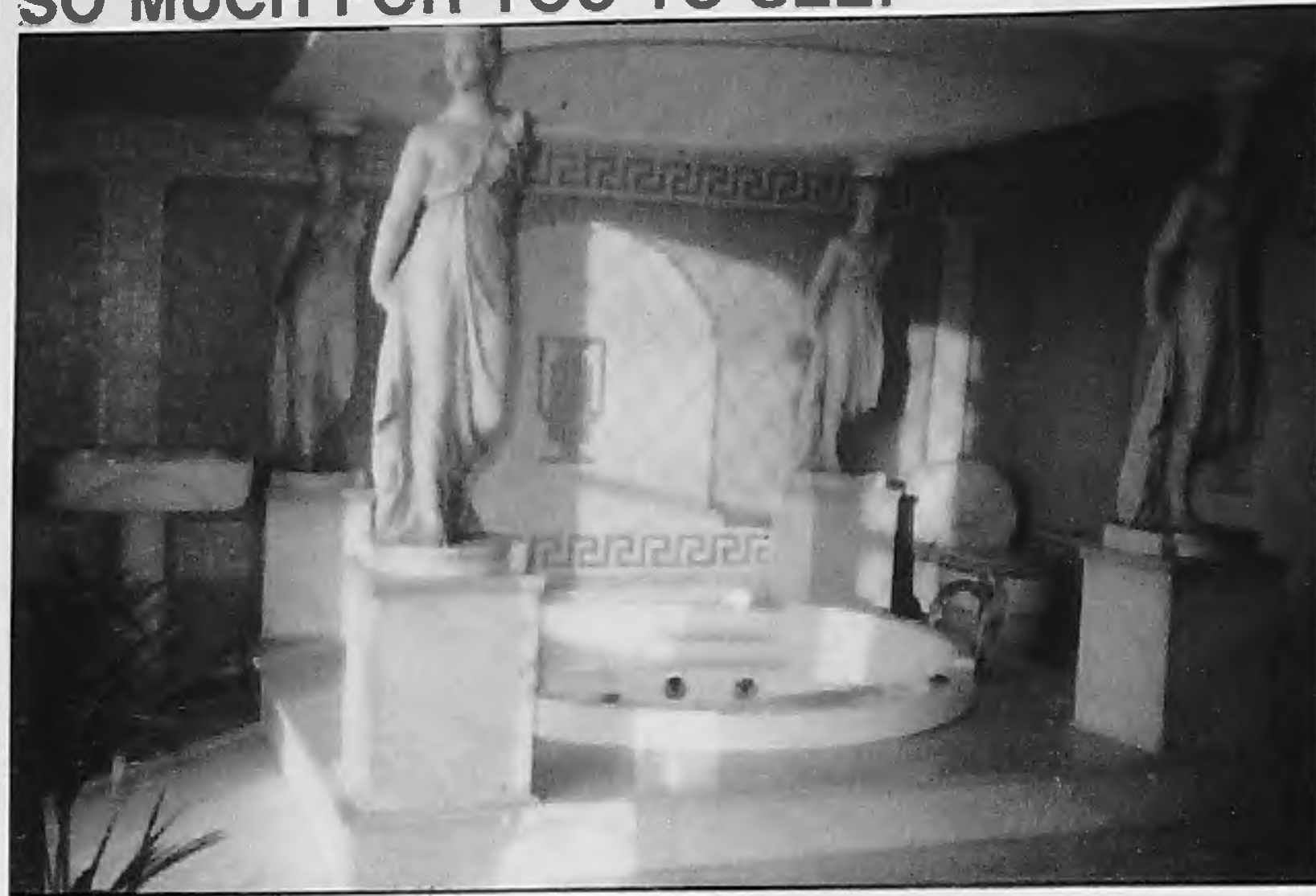
**In
this
issue
■■■
Your
rates
1986/1987**

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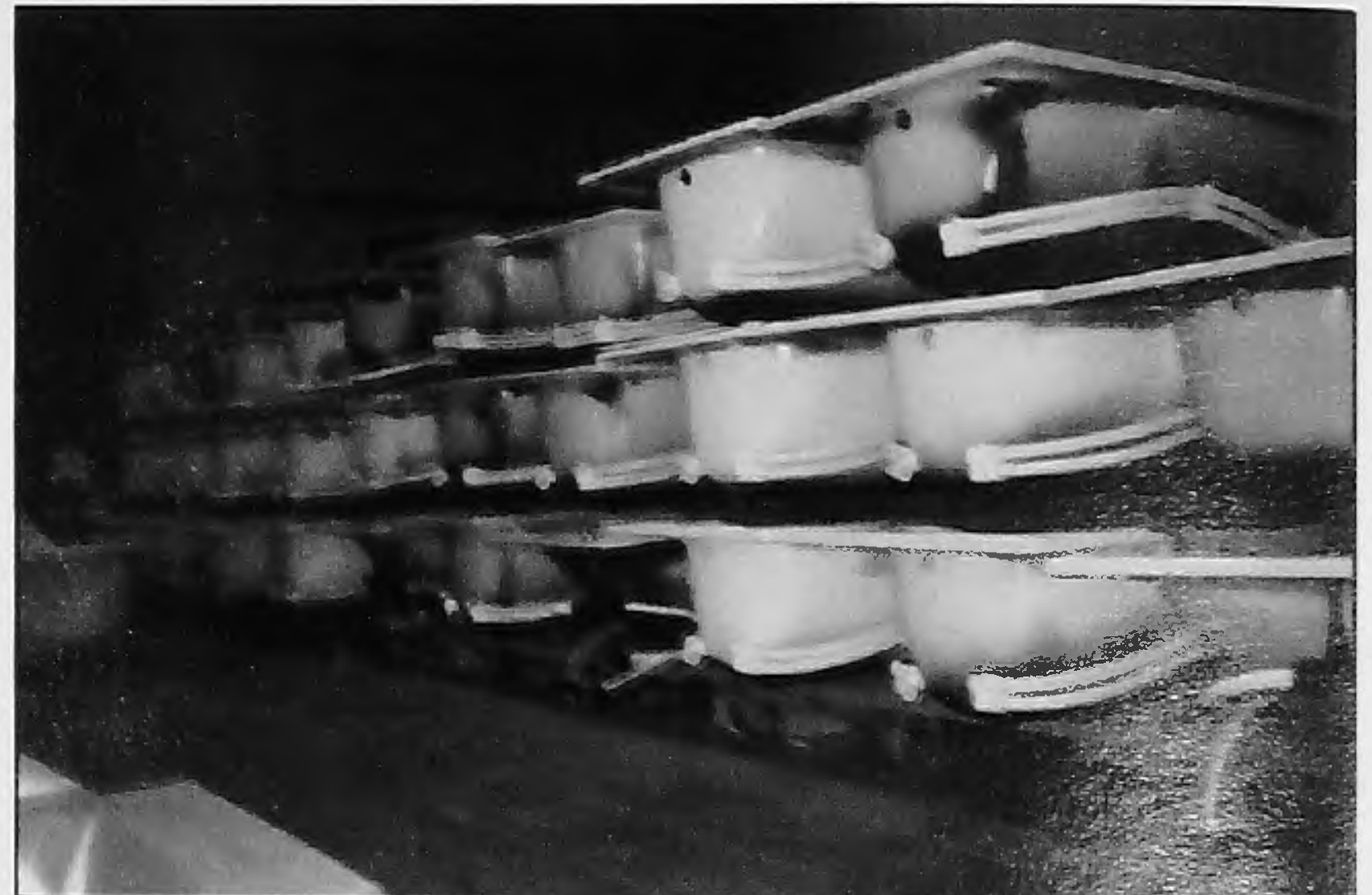
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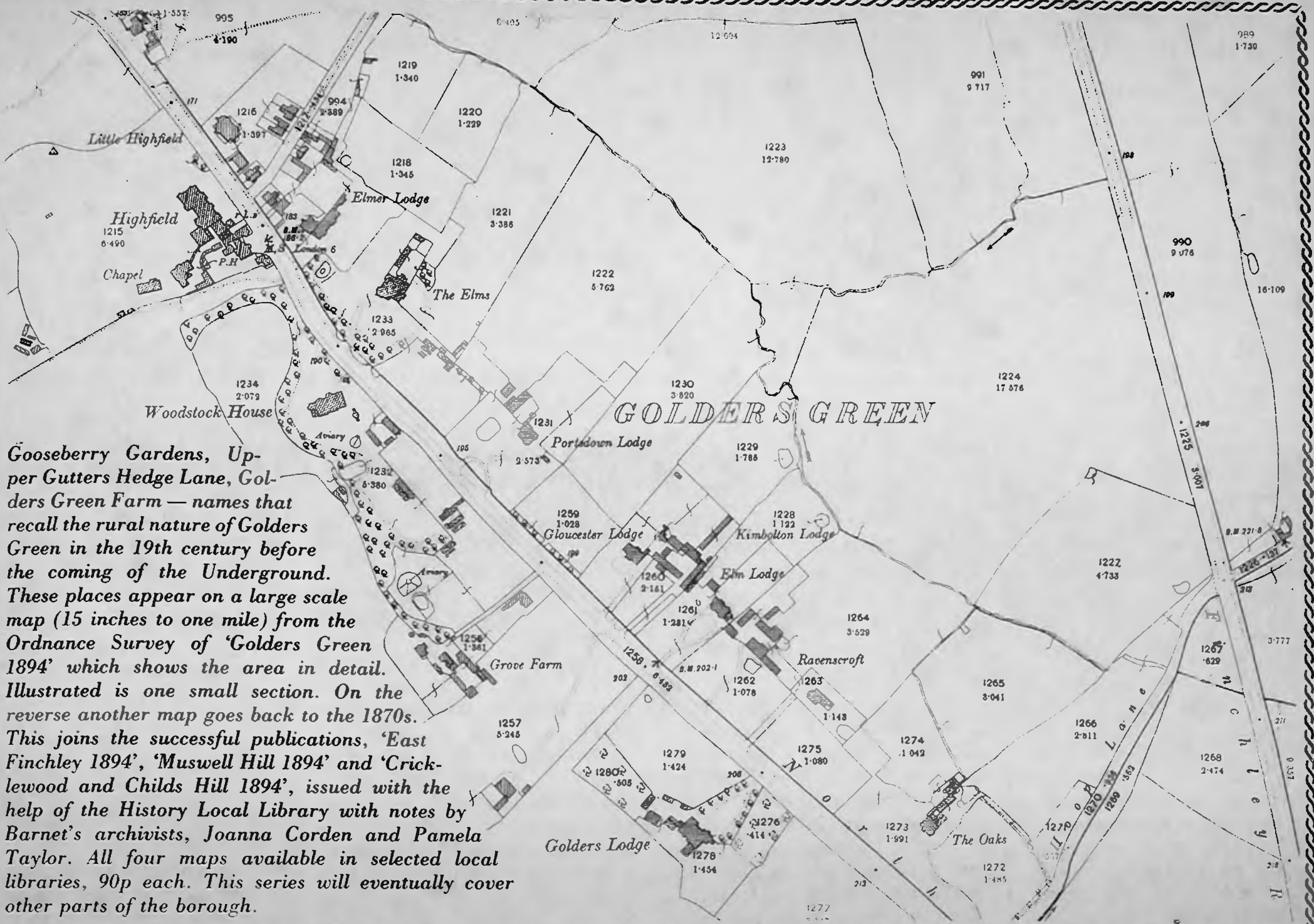
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Gooseberry Gardens, Upper Gutters Hedge Lane, Golders Green Farm — names that recall the rural nature of Golders Green in the 19th century before the coming of the Underground. These places appear on a large scale map (15 inches to one mile) from the Ordnance Survey of 'Golders Green 1894' which shows the area in detail. Illustrated is one small section. On the reverse another map goes back to the 1870s. This joins the successful publications, 'East Finchley 1894', 'Muswell Hill 1894' and 'Cricklewood and Childs Hill 1894', issued with the help of the History Local Library with notes by Barnet's archivists, Joanna Corden and Pamela Taylor. All four maps available in selected local libraries, 90p each. This series will eventually cover other parts of the borough.

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EDITORIAL ADDRESS

The Town Hall,
The Burroughs,
Hendon NW4 4BG
Tel. 01-202 8282,
exts. 71 and 75

ADVERTISING ADDRESS

Marketing Media
Management
K House,
Two Monks Way,
off Monkville Avenue,
Golders Green, NW11 0AF
Tel. 01-209 1655

Advertising Manager
Lesley Mitchell

Barnet Borough News is a monthly magazine carrying news of Council activities and community organisations. The What's On in Barnet diary is open to local organisations and carries a comprehensive list of events and meetings taking place within the Borough.

Barnet Borough News is distributed door-to-door throughout the Borough reaching some 113,000 homes and businesses. Further copies are sent to libraries and council offices. The cost of production and distribution will be offset by advertising.

Barnet Borough News is edited by the Press Office of Barnet Council by Bill White, Rosemary Jude and Fiona Harcombe.

The co-publishers are the London Borough of Barnet and Marketing Media Management.

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Front cover

An aerial view of the RAF Museum, Colindale. This is one of Barnet's top tourist attractions. The museum can be visited free of charge and the campus also includes the Battle of Britain and the Bomber Command museums for which a small charge is made.



Alan Burridge, assistant controller of recreation with Barnet Council, shows a sample of synthetic surface to schoolboys visiting the exhibition.

The Glebeland proposals

EXCITING proposals to turn the Glebeland, Finchley, into an outstanding area for recreation and sport were unveiled at an exhibition in North Finchley Library at the end of March.

The Glebeland, a 'green wedge' in the heart of Finchley, is bounded roughly by Finchley open air swimming pool on the High Road, the North Circular Road, Colney Hatch Lane and Summers Lane.

The development of the whole site is planned over an eight-year period and in order that local residents and conservation and sports organisations can take a full part in the planning processes the exhibition was followed by a public meeting on April 2.

The main proposals envisage:

● **Conservation:** The eastern sector of the land will be retained as a nature reserve providing a natural setting for pastoral and educational pursuits. This would make a significant contribution to the quality of life in the area and provide a protected habitat for wildlife.

● **Woodlands:** Through a long term programme for planting suitable trees an attractive bar-

rier will be formed between the Glebeland and surrounding roads and industrial areas. This would enable woodland walks to be formed to link through to Coppetts Wood.

● **Indoor bowls:** One of the most popular sports in the borough is bowls and one of the planned developments on the site would be an indoor bowling green for all year use. A steering group has been set up to spearhead this scheme.

● **Open air swimming pool:** Attendances vary greatly at Finchley open air pool, according to the weather. Within the Glebelands project the pool would be upgraded to provide better amenities such as catering and a stronger accent on recreational swimming.

● **Sports:** A number of sports clubs and organisations are already based at the Glebeland and the plans provide for joint projects, working with local groups and a management team to provide coaching, open days and more and better facilities for the sporting community.

● **Open space:** The site already caters for cricket, soccer and rugby but the land is of poor

quality and difficult to maintain. A programme for upgrading through drainage and top soiling is proposed.

● **Synthetic grass pitch:** One of the most important aspects of the proposals is the building of a super, full-sized playing area with the latest synthetic surface capable of withstanding the worst weather conditions and continuous use by a variety of sports, such as soccer, hockey, tennis and cricket.

● **Allotments:** Two allotment or leisure garden sites would be used as a pilot project with the aim of consolidating scattered plots and improving the water supply and upgrading fences and approach roads.

● **Play equipment:** Imaginative play equipment for children would be installed on two possible sites. A borough-wide survey 'Plan for Play' has been undertaken and the outcome of consultation as it affects Glebeland will be included.

Written comments on the scheme can be sent to the Controller of Engineering Services, Barnet House, 1255 High Road, Whetstone, N20 0EJ.

Mayor's Appeal — £25,000

NEARLY £10,000 from the Charity Ball at the Dorchester and another £2,000 from the sponsored swim at Copthall Pools, boosted the Mayor of Barnet's Appeal Fund to nearly £25,000.

The appeal, in aid of a building fund for the St John Ambulance Brigade and the Red Cross in Barnet, has been gaining momentum and with treasurer Mr George Hopkins, receiving more money every day, the fund should reach the £30,000 mark within a short time.

On Sunday evening, March 23, for example, the Mayor, Cllr Barbara Langstone, and her Escort, Roy Langstone, visited the Railway Engineer, Sanders Lane, Mill Hill, where a cheque for £1,000 was handed over to the fund.

There are three events on Sunday, April 27.

The Mayor herself is taking part in the London Mayors' walk from Highgate to the

Mansion House — a distance of five miles. Sponsors will be most welcome and should write to the Mayor at the Mayor's Parlour, Town Hall, The Burroughs, Hendon, NW4 4BG.

Earlier that morning David Hammond, a member of the Appeal Committee, is setting out on a 68-mile tandem ride from the Pavilion at Brighton, where he will be given a send off by the Mayor of Brighton, to the Town Hall, Hendon. He is also looking for sponsors and can be contacted at the Members' Room, Town Hall, Hendon.

At 2.30pm a car rally starts from the War Memorial, The Ridgeway, Mill Hill, and will finish near Dunstable. In the evening there is a barbecue. Cost — £4 for the car rally and £5 for the barbecue. Contact Mr R Benson, 55 Marsh Lane, Mill Hill, NW7 (959 4917).

News

TRIBUTE TO UNIFORMED SERVICES

A salute to the work and dedication of the uniformed services was given by the Mayor of Barnet, Cllr Barbara Langstone, at a reception, held at the Town Hall, Hendon, on Thursday, March 13.

Guest of honour was the Deputy Lieutenant, Mr Lawrence Bains, who said the uniformed services were proud of their contribution in the community.

'I sometimes feel that people today only see us through the eyes of the press and media and all too often, with the current way of life, discipline is a dirty word,' he said.

'But as you, Madam Mayor, have shown, there are many of us who don't think that way. We serve with discipline and we are proud to do so. And we are proud, too, that you have acknowledged our service.'

Among the organisations present were the Royal Navy; the Army, many from Inglis Barracks, Mill Hill; and the RAF from both RAF Hendon and the RAF Museum at Colindale. Barnet's three Territorial Army Voluntary Units were also represented together with the Police from local stations, the London Fire Brigade and London Ambulance Service.



Tribute to the uniformed services at the Mayor of Barnet's reception. Left to right: Lieut. Cmdr John Poppitt RN; Major Larry Gillham, TA Volunteers; Mr Michael Bennett, Town Clerk; Major Sue Burwell, WRAC Inglis Barracks; Chief Supt Alistair Kerr, Metropolitan Police; The Mayor, Cllr Barbara Langstone; Col. Dennis Streatfield, Inglis Barracks; The Mayor's Escort, Roy Langstone; Ambulanceman Alan Dower; The Deputy Lieutenant Mr Lawrence Bains; Wing Commander Bill Simpson, RAF, Hendon; and Assistant Chief Officer, Ted Harrington, London Fire Service.

Photograph by John Rifkin tel: 958 1370

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Barnet's Rates 1986/87

No increase this year!

THE GOOD NEWS for Barnet residents is that there will be no increase in the rates this year. And that is really equal to a cut of about 5 per cent if inflation is taken into account.

At the special rates meeting, held in the Town Hall, Hendon, on Thursday, March 20, the Council set a standard rate of 170.80p in the £ which gives a domestic rate of 152.30p in the £ — exactly the same as for the current year, 1985/86.

That means that the typical ratepayer, with a rateable value of £397, will pay £604.63 in the full year, or £11.63 a week, for all the services which Barnet and the precepting authorities provide.

The new rate marks the beginning of a new era in local government for London. As from April 1 there is no longer a Greater London Council, and Barnet, as a London Borough, has taken on many of the services, previously the responsibility of the GLC.

At the same time other statutory bodies have been set up to cover services such as waste disposal and the Fire Service. Because of this it is not easy to compare this year's budget with previous years.

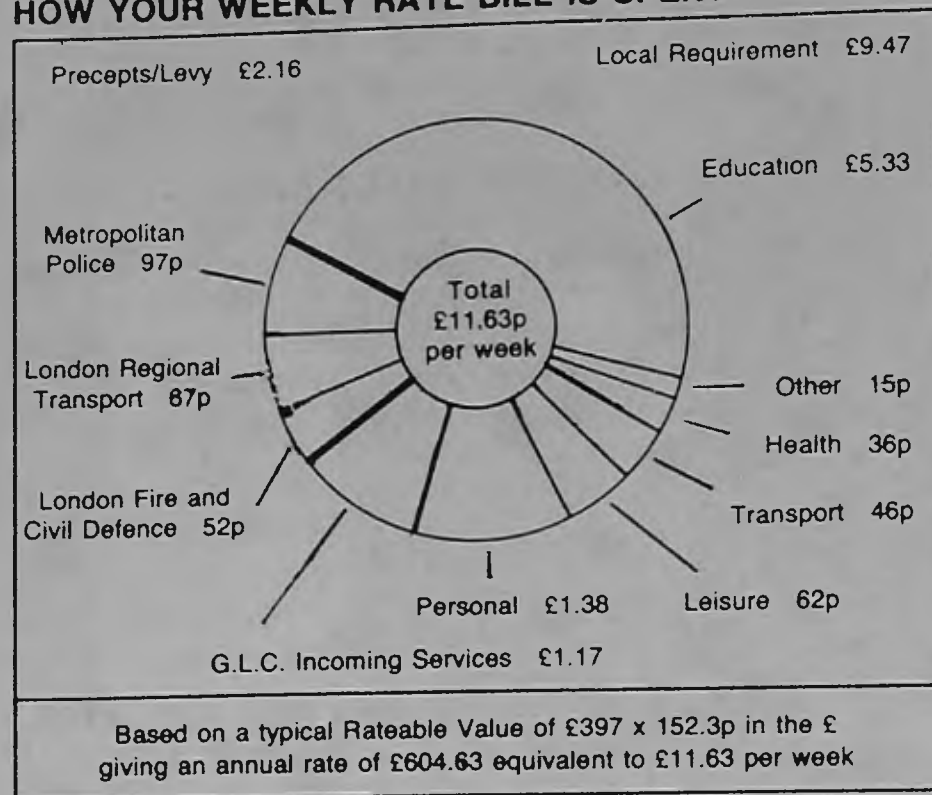
Nevertheless when all the estimates are brought together it shows that although the rates are standing still the Council has been able to budget for an additional £1 million to develop its services for the elderly and disabled and increase its spending on maintenance of educational buildings.

With the abolition of the GLC and a revised grant structure from Central Government, the period leading up to the setting of the rate had been overshadowed by the late receipt of key information.

The special finance committee meeting which is held every year to agree a recommended rate, had to be postponed for three days to March 13, as information was still coming in.

Council officers have considered the implications of the additional services and funding which the Council will undertake, and the

HOW YOUR WEEKLY RATE BILL IS SPENT



information has been discussed by all the relevant committees in order to ensure a smooth transfer from the GLC.

One benefit to our ratepayers that follows the abolition of the GLC is the transfer to Barnet of unspent GLC balances.

Changes and adjustments were being made at Government level and through the new statutory bodies right up to the last minute. Barnet's spending committees were meeting to agree their budgets for the coming year without, in some cases, knowing exactly what the final cost of services would be.

Barnet originally set its planned spending for the year at £127.3 million — almost £3 million more than the Government's recommended limit of £124.38 million, even though this would mean some withdrawal of grant.

However a very late adjustment in the grant settlement, gave Barnet an additional £2.7 million grant as a result of an under-calculation by Central Government of the amount to be spent on metropolitan highways, taken over from the GLC.

Then came a windfall — the Government announced that, because of changes in the grant system, it would recycle £500 million

in rate support grant to local authorities. Barnet's share was £3.1 million, £2.3 million more than expected.

Even at the last minute additional expenditure had to be taken into account including £793,000 for waste disposal under the new North London Waste Authority.

The rate estimates also provide £280,000 to cover membership of the Taxicard Scheme which enables people with a disability to use London taxis at a subsidised rate.

The Council's spending is now set at £127.4 million which includes

a payment of £3.78 million to the London Residuary Body.

The Government's Rate Support Grant is £40.4 million.

The London Fire and Civil Defence Authority precept is £4.65 million.

The London Regional Transport levy is £5.9 million; and the Metropolitan Police precept is £8.6 million.

The distribution of £3.1 million from GLC balances to Barnet allowed the borough to draw £2.8 million from its balances and avoid any increase in the rate.

The Rate Levy chart shows how all these figures add up into Barnet's 1986/87 rate.

As all the figures came together Mr Michael Ross, Borough Treasurer, in his report said: 'This has been the most difficult year of the decade. The complication of a significant variation in the grant structure; the abolition of the GLC; and the late receipt of key information has presented Members and officers alike with great problems in the corporate task of preparing the annual budget . . .

'Once again the Council has sought to match the needs of the Borough with the resources reasonably available to it and it must be of some satisfaction to all that I am able to recommend a general rate unchanged from 1985/86.'

SUMMARY OF RATE REQUIREMENTS 1986/87

	Gross Expenditure	Gross Income	Net Expenditure
	£000	£000	£000
Local Expenses by Committee			
Allotments	77	77	—
Development and Estates	6,063	2,398	3,665
Education	88,310	19,898	68,412
Finance	38,980	34,527	4,453
General Purposes	2,278	438	1,840
Central Administration	19,574	11,077	8,497
Grants	2,512	270	2,242
Housing	28,451	27,794	657
Libraries and Arts	3,786	400	3,386
Public Works	17,218	4,220	12,998
Social Services	22,555	2,795	19,760
Town Planning and Research	1,920	430	1,490
TOTAL LOCAL EXPENSES	£231,724	£104,324	£127,400

POPULATION

Source: Office of Population Censuses and Surveys				
Age	Year	1982	1983	1984
0—4		17,800	18,300	18,700
5—14		35,900	35,200	35,200
15—29		67,100	67,000	69,000
30—44		59,200	60,400	61,900
45—64		65,300	64,700	65,100
65—74		29,200	27,800	26,900
75 +		20,400	21,000	21,400
TOTAL		294,900	294,400	298,200

RATE LEVY

	Rate in £	Estimate 1986/87
	p	£000
Total Local Expenses	210.58	127,400
Less Rate Support Grant	66.78	40,400
	143.80	87,000
London Fire and Civil Defence	7.70	4,658
London Regional Transport	9.79	5,923
Metropolitan Police	14.21	8,597
	175.50	106,178
Less Appropriation from Balances	4.70	2,844
STANDARD RATE	170.80p	£103,334

Rates 1986/87**Facts about the borough****GENERAL**

Population: 298,200.
 Area: 35 square miles.
 Number of domestic properties: 113,325.
 Number of commercial properties: 6,463.
 Total rateable value: £62.8 million.
 Product of 1p rate: £605,000.

EDUCATION**Primary**

Number of schools: 89.
 Number of pupils: 20,900.
 Cost per pupil: £954.

Secondary

Number of schools: 24.
 (22 after September 1986).
 Number of pupils: 18,293.
 Cost per pupil: £1,342.

Further Education

Number of colleges: 2.
 Student hours: 3,375,000.
 Cost per student hour: £1.88.

SOCIAL SERVICES

Places in council homes for the elderly: 542.
 Net cost per place: £5,180.
 Places in council homes for mentally handicapped adults: 66.
 Net cost per place: £6,933.
 Places in council day nurseries: 278.
 Net cost per place: £4,395.
 Places at council day centres for the elderly: 180.
 Net cost per place: £4,172.
 Places at day centre for the handicapped: 90.
 Net cost per place: £4,570.
 Places at Social Education Centres: 305.
 Net cost per place: £3,789.

PUBLIC WORKS**Highways**

Motorways: 12.5 miles.
 Trunk Roads: 25.6 miles.
 Borough Roads: 381.2 miles.
 Maintenance of borough roads: £16,080 per mile.
Annual refuse collection: 92,000 tonnes.
 Net cost per tonne: £29.60.
 Number of abandoned cars removed: 400.

DEVELOPMENT AND ESTATES

Open space in borough: 7,294 acres.
 Maintenance of parks, nurseries, open spaces: £10,522 per 1000 population.
 Attendances at Copthall swimming pool: 450,000.
Hendon Cemetery and Crematorium
 Number of burials: 320.
 Number of cremations: 1,250.

LIBRARIES AND ARTS

Number of public libraries: 17.
 Travelling libraries: 23 sites.
 Registered readers: 186,000.
 Cost of service per head of population: £11.40.

HOUSING

Number of dwellings (estimated as at 31.3.87): 16,939.
 New dwellings for rent: 63.

GRANTS TO VOLUNTARY ORGANISATIONS

Local and national organisations: £1,161,760.
 Grants issued through London-wide scheme: £1,190,700.

WARNING! CONTAMINATED ITALIAN WINES

THE DEPARTMENT of Health and Social Security have advised the public not to drink Italian table wine bottled by Vincenzo Odore.

This advice follows recent reports from Italy of illness and deaths associated with drinking wine found to be contaminated with high levels of Methyl alcohol (methanol).

The Italian authorities state that none of this wine has been exported to this country through wholesalers. However, small amounts may have been imported by recent travellers to Italy including restaurateurs and grocers. They are advised to check their stocks to ensure that this wine is neither sold nor consumed.

Thanks to BBN

Many thanks for giving our activities a mention in your What's On section. Several visitors and new members learnt of our existence and our meetings through your magazine.

Charlotte Levy,
Hendon Floral Art Group,

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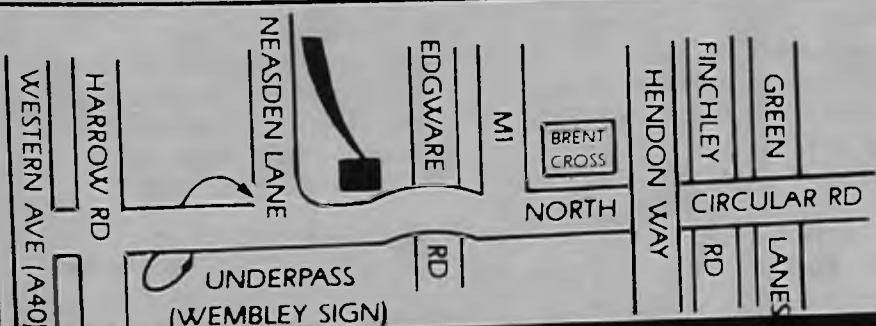
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What's On

Send your entry, and contact telephone number, to the Borough News, Town Hall, The Burroughs, Hendon, NW4 4BG, tel: 202 8282, ext. 479.

Entries for the May issue must be received by Monday, April 14 and before that date if possible. New entries start on May 10.

*Asterisk denotes regular weekly meeting.

Saturday April 5

British Tinnitus Assn (NW London), Meritage Club, Church End, Hendon. 2pm. 444 9657 (also May 3)
Phoenix Social Group for unattached 25-45. New members evening, Oakwood. 446 0816
*Melanies Latest Charts and Imports Club, 407 Hendon Way, Hendon. 202 7289

Sunday April 6

Hertfordshire & Middlesex Trust for Nature Conservation — Path and stream maintenance at Darlands Lake Nature Reserve, Totteridge. 10.30am. 346 5258
College Farm Open Day, Fitzalan Rd, N3. 2-6pm. Entry £1, concession 50p. 349 0690
*Mind in Barnet 'Libra' Club, Etchingham Park Day Centre, Etchingham Park Rd, Finchley. 3.30pm. 445 2850
*Shaftesbury Harriers training sessions, Copthall Stadium, Gt Nth Way, NW4. 11am. 200 1584. Also Tuesdays 6pm
*North London Holiday Fellowship Group. Sunday rambles in Home Counties. 346 6795/444 5847
*Finchley Zen Society, 91 Nether Street, N12. 8-9pm. 445 1819
*Youth Club for hearing impaired, Grahame Park Youth Centre, Corner Mead, Grahame Park Way. 10.30am. 202 3811
*Singles Club party night get together, 411 Hendon Way, Hendon. 202 3101
*Barnet 18 Plus Group, Bull & Butcher Public House, 1277 High Rd, Whetstone. 7.30pm. 0707 59373.

Monday April 7

Pensioners' Voice (Mill Hill), John Keble Church, Deans Lane, Edgware. 1.30pm. 952 2496 (also May 5)
*Bells Hill Prams & Pushchairs St. Stephen's Church Hall, Bells Hill, Barnet. 1.30pm. 441 9501
*Edgware & Dist Canine Training Soc, St Alphage Hall, Playfield Rd, Burnt Oak. Ring class 8.30pm; obedience training 9.15pm. 0923 35968
*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Squash. 7.15pm. 906 2322
*Handicraft Club for over 60's Evergreen Centre, 54-60 Brookhill Rd, New Barnet, 2pm. 449 8690/886 7512
*CRAB — Carpentry for disabled people, John Grooms Association, Edgware 1.30pm. 346 9789
*Hearing Impaired — Hendon College of Further Education class for people wishing to communicate with deaf people, silkstream Road site, Burnt Oak, Edgware. 7pm. 202 3811
*Church Farm 2-3 Club, Church Hill Rd, E Barnet. 10am 361 8166
*Hendon College creative needlecrafts, patchwork, embroidery, Hendon College, Thirleby Rd, Burnt Oak. 10am-12 noon. 202 3811 ext 240
*Cookery — Summer dishes — Hendon College Centre, Thirleby Road, Burnt Oak. 1.15pm. 202 3811 ext 240

*Tennis, intermediate, Hendon College Centre, Mill Hill County High School, Hammond Close, Edgware. 6.30pm. 202 3811
*Literacy classes for students whose first language is not English, Hendon College, Montagu Rd Centre, Hendon. 7pm. 202 3811 ext 239
*Basic car maintenance, Hendon College, Montagu Rd Centre, Hendon. 1pm. 202 3811 ext 234

Tuesday April 8

Arthritis Care, St Peter le Poer Church Hall, Albion Ave, N10. 2pm. 883 2441. Transport available.
*Friern Barnet and Totteridge Camera Club, Totteridge Library, Totteridge Lane, beginners to advanced. 8pm. 445 2617
*Mind in Barnet Luncheon/Social Club, 2 Schoolway, Woodhouse Road, N12. 10am-4pm. 446 1654.
*Barnet Women's Place, Community Centre, Victoria Rd, New Barnet. 1.40pm. 360 5171/440 1114 (Also Thursdays 10am & 8pm).
*British Red Cross Society, 10 Downage, Hendon. Sale of nearly new clothes. 10am-3pm
*123 Club for mothers, babies and toddlers, Christ Church Hall, High Rd, N12. 9.30-11.30am. 368 4659
*Christ Church URC Men's Society, (Church Parlour), Friern Barnet Rd, N11. 8pm. 368 7831
*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Introduction to golf. 7.30pm; beginners weight training 8pm. 906 2322
*Hendon and Edgware 18 Plus Group, Games Room, Royal Oak Pub, Finchley Rd, Temple Fortune. 8.15pm. 205 1455
*Mother & Toddler Group, Rendezvous Centre, Coppets Rd, N10. 9.30-11.30am. Barnet Play Association's Play Bus and inflatables at these times. 444 7839
*CRAB — photography for mentally handicapped people, 43 Flower Lane, NW7. 2pm. 346 9789
*Adult literacy and numeracy classes — contact Gus Ayling, Hendon College of Further Education 202 3811 ext 239/240. (also Wed.) Literacy classes only, contact Frances Hale, Barnet College 440 6321 ext 261.
*Divorced/separated club at 411 Hendon Way, Hendon. 202 3101
*Church Farm Mother and Toddler Club, Church Hill Rd, East Barnet. 2pm 361 8166. (also Thurs. 10am)
*North London Holiday Fellowship Group, Harris Room, Trinity Church, Hodford Rd, Golders Green. 346 6795/444 5847
*Basketball, 12-15 yrs Manorhill Centre, Summers Lane, N12. 6pm. 368 6316
*Colindale Youth Club 11-16 yrs, St Matthias Church Hall, Rushgrove Ave. 7pm. 205 7774
*Tennis, beginners, Hendon College Centre, Mill Hill County High School, Hammond Close, Edgware. 7pm. 202 3811
*Cookery — Haute Cuisine — Hendon College Centre, Thirleby Rd, Burnt Oak. 12.30pm. 202 3811 ext 240
*Vegetarian cookery, Hendon College Centre, Thirleby Rd, Burnt Oak. 10am. 202 3811 ext 240

Wednesday April 9

Pensioners' Voice (Barnet), Wesley Hall, r/o Methodist Church, High St. 1.30pm. 361 2787
Southgate Philatelic Soc, Walker School, Waterfall Rd, N14. 7.45pm. 888 3594 (also April 30)
Finchley Antiques Appreciation Group, Avenue House, East End Rd, N3. 7.50pm. 906 1869/203 3735
Barnet & District History Soc, Council Offices, Wood St. 8.15pm. 361 9165

*National Council for the Divorced Separated, North West London Branch. Friendly club evening near Brent St. Hendon. Details: 226 3752, 203 5739/3269
*North London and District Divorced/Separated Club, St Paul's Church, High Rd, New Southgate. 8pm. Potters Bar 42849
*Club 81 for unattached people 24-45. Torrington Arms. High Rd, Finchley. 9pm. 349 0026.
*Barnet YHA Group 1st Lyonsdown Scout Hut, York Rd, New Barnet. 8pm. 449 1553/445 3492
*Bingo, St Alphage Church Hall, Playfield Rd, Burnt Oak. 8pm
*Barnet Caving Group, Bull and Butcher Pub, High Rd, Whetstone. 9.30pm. 446 1070/1868
*West Hendon over 60s Lunch and Social Club, Community Centre, Marsh Drive, NW9. Lunch 12.30pm; Social Club 1.30pm. 202 5057
*Bingo, Community Centre, Victoria Rd, New Barnet. 7.30pm. 440 2573
*Good as New Sale, 163 High St, Barnet. 10am-1pm. 449 0017
*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior badminton, 6.15pm; beginners badminton, 7.15pm. 906 2322
*St Margaret's Badminton Club, Rectory Lane, Edgware. 8pm. 440 4572/951 0875
*CRAB — Circus sessions, Finchley Youth Hall, 142 High Rd, E. Finchley. Contact Pierre Hollins. 346 9789
*Photography for beginners, Hendon College Centre, 43 Flower Lane, Mill Hill. 7.30pm. 202 3811 ext 240
*Dinner Party Cookery, Hendon College Centre, Thirleby Rd, Burnt Oak. 7.30pm. 202 3811 ext 240
*Beauty Culture, Hendon College, Montagu Rd Centre, Hendon. 7.30pm. 202 3811 ext 234

Thursday April 10

Pensioners' Voice (E. Finchley), E. Finchley Library, 226 High Rd. 2pm. 883 2155 (also May 8)
Barnet Winemakers, Staff Common Room, Barnet College, Wood St, Barnet. 8pm. 440 1016 (also May 8)
Spectrum for unattached professional people 25-40, Moss Hall Tavern, Ballards Lane, N12. 8.30pm. 445 6347
*Brookside Methodist Church Boys' Brigade, East Barnet. Pre-Junior 6-8, 6.15pm; Juniors 8-11, 6.30pm; Company 11+ 8pm. 441 2042
*Hendon Chess Club, Hyde United Reformed Church, Edgware Rd, Colindale, 7.30pm. 952 3129
*MIND in Barnet Thursday Club, 154 Station Rd, Hendon. 7.45pm 202 5845
*High Barnet Woodcraft Folk, Underhill School, Mays Lane, Barnet. 6-9 yrs, 6pm (440 5369); 10-13 yrs. 7.15pm (440 2426)
*Carpentry for disabled, John Grooms, Stoneyfields Rd, Edgware. 1.30pm. Ring lan at CRAB 346 9789.
*MIND in Barnet — Women's Drop in Centre, Trinity Church Rodborough Rd, Golders Green. 9.30am-1pm (relaxation 11am). 446 1654
*Roundabout Club pensioners group, Sarnes Court, Oakleigh Rd Sth, N11. 2pm. 368 4409
*Mums, babies & toddlers club, St Barnabas Church, Holden Rd, N12. 10am-12 noon. 445 0572
*Parent and Toddler Time, Victoria Centre, Victoria Rd, New Barnet. 1pm. 449 5511
*Christ Church URC Badminton Club, Bellevue Hall, Bellevue Rd, N11. 8pm.
*Community Links in Cameras (Clic), photography group of disabled people, 43 Flower Lane, NW7. 1.30pm. 346 9789

*Arts and Crafts — open CRAB sessions for the elderly, The Meritage Club, Church End, Hendon. 1.30pm.
*Badminton (adults), Manorhill Centre, Summers Lane, N12. 8pm. 368 6316
Canada Villa Youth Centre pre-school gymnastics club 'Jumping Beans', Pursley Rd, Mill Hill. 10am-12noon. £2 registration, then £1 per session. 959 2811
*Pensioners 'Friendship Club', North Road Community Centre, Burnt Oak. 1pm. 951 1726
*Brush up your holiday French, Hendon College Centre, 43 Flower Lane, Mill Hill. 7.30pm. 202 3811 ext 240
*Car maintenance, Grahame Park School, Corner Mead, Grahame Park. 7.30pm. 202 3811
*Beauty Care, Hendon College, Montagu Rd Centre, Hendon. 1pm. 202 3811 ext 234

Friday April 11

Oakleigh Road Carers Group, Oakleigh Road Health Centre, N20. 2-4pm. 368 8350 (also May 9)
*Hendon & Hampstead Garden Suburb Camera Club, Fellowship House, Willifield Way, NW11. 8pm. 205 6053
*Barnet and Finchley Photographic Soc, rear of 37a Salisbury Rd, Barnet. 8pm. 368 3917
*Barnet Blind Bowls Club, Old Court House Recreation Ground, Wood St, Barnet. 2pm. 449 7058
*Finchley Cine Society, Avenue House, East End Rd, N3. 8pm. 346 4265.
*Brookside Community Group Senior Youth Club (11-16), Union Church, Northiam, N12. 7.15-10.15pm. 445 5958.
*Social afternoon, Old Barn Community Centre, Tarling Rd, N2. All ages. 1-3pm. 349 4613.
*Pensioners' Club, Conservative Hall, Barnfield Rd, Burnt Oak. 1.30pm. 952 3513

Saturday April 12

New Barnet & Dis. Stamp & Postal History Fair, St Peter's Hall, Lyonsdown Rd. 10am-5pm. 440 8835

Monday April 14

Public lecture 'General and Specific Learning Difficulties', Edgware Library, Hale Lane. 8pm. 440 4688

Tuesday April 15

Rotaract Club of Edgware & Stanmore, Green Man Pub, Honeypot Lane, Stanmore. 8.15pm. 722 4439 (also May 6)
Single, widowed & divorced (25-65) Finchley area. 8pm. 889 0513/444 8743 (also May 6)
Royal British Legion (N Finchley), Legionway, Summers Lane, N12. 8pm. 445 9911
Barnet National Trust, St Mary Magdalen, Church Hall, Athenaeum Rd, N20. 8pm. 449 5876.
Phoenix Social Group for unattached 25-45, new members evening, Moss Hall Tavern, Ballards Lane, N12. 8.30pm. 446 0816
Arthritis and Rheumatism Council (Golders Green etc) Annual Meeting and film 'The Way Ahead', Unitarian Church Hall, Hoop Lane, NW11. 7.30pm. 455 5511

Wednesday April 16

Finchley & District Philatelic Soc, Avenue House, East End Rd, N3. 7.30pm. 883 8724 (also May 7)

Thursday April 17

Friern Barnet & Whetstone Rotaract Club, Bull & Butcher Pub, High Rd, N20. 8.15pm. 446 4008 (also May 1)
Civil Service Pensioners' Alliance, Avenue House, East End Rd, N3. 10am. 346 6994

What's On

Saturday April 19

Christian Science Lecture 'Freedom from Deception', Church Building, Brent Green, Hendon. 3pm. 959 3303

Fish & Chip Supper and film show, Guide Dogs for the Blind, Church House, Wood St, Barnet. 7.30pm. £2.50. 449 8690

Sunday April 20

Hertfordshire & Middlesex Trust for Nature Conservation — Open Day to see Snakeshead Fritillary and other wild flowers and birds, Darlands Lake Nature Reserve, Totteridge. 10.30am and 2.30pm. 346 5258

Monday April 21

London Hash House Harriers, start from Harrow-on-the-Hill tube station, 7pm

Tuesday April 22

Barnet Group North Middlesex Family History Soc, Church House, Wood St. 7.45pm. 445 1750

Hertfordshire & Middlesex Trust for Nature Conservation — Illustrated talk on Bats in Barnet, North Finchley Library, Ravensdale Ave. 8pm. 346 5258

Spectrum for unattached professional people 25-40, Gershwin's Wine Bar, 14 Cockfosters Parade, Cockfosters Rd, Barnet. 8.30pm. 445 6347

Thursday April 24

Good as new sale in aid of Hadley Memorial Hall Appeal, Memorial Hall, Hadley Highstone. 11am-4pm.

Barnet Community Health Council, Finchley Memorial Hospital, Granville Rd, N12. 7.30pm. 959 2038

Pensioners' Voice (Colindale/Burnt Oak), Burnt Oak Library, Watling Ave. 1.30pm. 959 4683

Pensioners' Voice (Whetstone/Finchley), N. Finchley Library, Ravensdale Ave. 1.30pm. 445 7413

Friday April 25

Barnet Ratepayers' & Residents' Assn. (Arkley & Hadley Wards), Harold Fern Room, Salisbury Rd. surgery 7.30pm, meeting 8pm.

Monday April 28

Public meeting 'Have the Churches and Government failed the Inner Cities', Jubilee Room, St James' The Great, Friern Barnet Lane, N11. Speakers: Ruth McCurry, member of Archbishop's Commission & Harvey Thomas, Conservative Central Office. 8pm. 445 0522

London Hash House Harriers, Start Totteridge tube station, Totteridge Lane. 7pm

Wednesday April 30

Southgate Philatelic Soc, Walker School, Waterfall Rd, N14. 7.45pm. 888 3594

Sunday May 4

Hertfordshire & Middlesex Trust for Nature Conservation, tasks at Darlands Lake Nature Reserve, Totteridge. 10.30am. 346 5258

College Farm Open Day, Fitzalan Rd, N3. 2-6pm. Entry £1, concession 50p. 349 0690

Tuesday May 6

*Blind Bowls Club, STC Bowls Rink, Denham Rd, N11. 2pm. 449 7058

Wednesday May 7

Barnet Animal Rights Group, Christ Church Hall, High Rd, N12. 8pm. 440 1715.

Pensioners' Voice (Golders Green), Trinity Church Hall, Rodborough Rd, NW11. 1.15pm. 455 7952.

Saturday May 10

New Barnet & District Stamp & Postal History Fair, St Peter's Hall, Lyonsdown Rd. 10am-5pm, 440 8835

Horticulture and floral art

Saturday April 5

Barnet Horticultural Soc Spring Flower Show, Ewen Hall, Wood St. 2.30-5.30pm. 441 6696

Tuesday April 8

Mill Hill Flower Club, Harwood Hall, Mill Hill B'way. 8pm. 959 3530.

New Barnet Amateur Gardeners' & Floral Art Soc, Church Rooms, Holy Trinity, Lyonsdown Rd. 8pm. 50p 441 0293

Hampstead Garden Suburb Horticultural Soc, Fellowship House, Willifield Way, NW11. 8.30pm. 455 6507

Wednesday April 9

Hendon Horticultural Soc, Hendon Library, The Burroughs. 8pm. 203 4648

Thursday April 10

Barnet Flower Arrangement Soc, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 8pm. 0707 57199.

Barnet & District Fuchsia Soc, Council Offices, Wood St. 8pm. 449 7165 (also May 8)

Monday April 14

Finchley Chrysanthemum Soc, Manor-side School, Squires Lane, N3. 8pm.

Tuesday April 15

Friern Barnet Floral Art Club, Christ Church Halls, Oakleigh Rd Nth, N20. 8pm. 368 7663 (also April 29).

Totteridge Floral Art Group, Village Hall, Badger's Croft, Totteridge Lane, N20. 2pm. 445 9307.

Wednesday April 16

Hendon Floral Art Group, West Hendon Community Centre, Marsh Drive. 7.30pm. 346 8916.

Saturday April 19

New Barnet Amateur Gardeners' & Floral Art Soc, Spring Show, St John's Church Hall, Somerset Rd. 2pm. Admission 10p

Thursday April 24

Hampstead Garden Suburb Floral Arrangement Club, Fellowship House, Willifield Way, NW11. 7.45pm. 455 3972.

Women's clubs

Mondays

*SupaSlim Slimming Club, Avenue House, East End Rd, N3. Sensible dieting and group therapy. 10.30am. 445 3195

League of Jewish Women (Finchley), Finchley Synagogue, Kinloss Gardens, N3. 1.45pm. 455 8580

Tuesday April 8

Wives Group, Mill Hill East Church Hall, Salcombe Gdns. 8pm. 346 9430. (also April 22).

East Barnet (Osidge) TWG, Church Farm, Church Hill Rd, E Barnet. 7.45pm. 368 7346.

Acorns, a non-sectarian club for women, East Finchley Methodist Church Hall, High Rd. 9.45am. 349 2318/9801 (also April 22 & May 6)

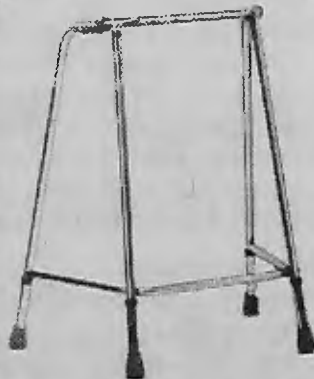
*Women's Friendship Club, Union Church, Northiam, Totteridge. 2.15pm. 445 6945

do you need our support...

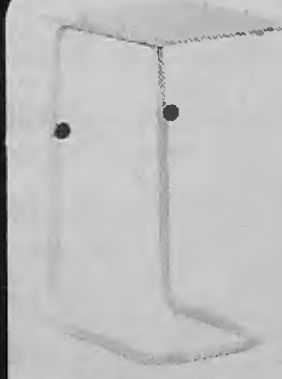
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What's On

Wednesday April 9

Mill Hill Afternoon TWG, Harwood Hall, Flower Lane. 55th birthday. 2pm. 959 1505.

Thursday, April 10

Finchley Granville (Afternoon) TWG, Finchley Methodist Hall, Ballards Lane, N3. 2pm. 455 2227 (also May 8)

Broadway Mill Hill TWG, Hartley Hall, Flower Lane. 2pm. 954 1684 (also May 8)

Chipping Barnet W1, Wesley Hall, r/o Methodist Church, High St. 10am. 440 8807 (also May 8)

Tuesday April 15

Friern Barnet & Whetstone TWG, Manor Drive Methodist Church, York Way, Whetstone. 2pm. 445 4984.

Wednesday April 16

Woodside Park Afternoon TWG, Old Finchleians Club House, Southover, N12. 2.15pm. 445 0911.

Friday, April 18

Broadfields Evening TWG, Mill Hill County High, Hamonde Close, Edgware. 7.30pm. 958 5718.

Barnet Afternoon TWG, Church House, Wood St. 2pm. 449 0367.

Monday April 21

Mill Hill Highwood TWG, Hartley Hall, Flower Lane. 2pm. 959 1994

Tuesday April 22

Finchley Redbourne TWG, Etchingham Park Road, Day Centre. N3. 7.46pm. 349 3365.

Wednesday April 23

Finchley Church End Afternoon TWG, St Mary's Church Hall, Hendon Lane, N3. 2.15pm. 346 4178

Monday April 28

Barnet & District National Council of Women, Wesley Hall, r/o Methodist Church, High St. 1.30pm. 346 8576

Thursday May 1

Ashley TWG, Mill Hill East Free Church, Salcombe Gdns. 7.30pm. 906 1952.

East Barnet Valley TWG, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 2.15pm. 449 8601/3885.

Tuesday, May 6

Totteridge W1, Village Hall, Badgers Croft, Totteridge Lane, N20. 7.30pm. 445 5700.

Friern Barnet Friary TWG, Christ Church URC Hall, Bellevue Rd, N11. 2pm. 361 9623.

Royal British Legion Women's Section (N Finchley), Legionway, Summers Lane, N12. 8pm. 445 9911.

Wednesday May 7

Barnet Evening TWG, Church House, Wood St. 7.30pm. 449 6809
Edgware TWG, Parish Hall, Rectory Lane. 2pm. 952 3311.

Bridge/Whist

Mondays

Bridge Classes, 41 Northumberland Rd, New Barnet. 7.30pm. 449 0960. Also Tuesdays 10am, Wednesdays 2pm.

*Bridge Class, second year students, St Albans Parish Centre, Gainsborough Rd, N12. 8pm. 445 1108 (also Tuesdays)

*Hendon College Bridge Club (no teaching, intermediate level), 43 Flower Lane, Mill Hill. 11.45am-1.15pm. 202 3811 ext 240

Thursdays

*Northside Bridge Club, E Finchley Methodist Church Annexe, High Rd. Duplicate first Thursday, rubber remaining Thursdays. 7.30pm. 445 7788

*NW London Duplicate Bridge Club, Michael Sobell Centre, Limes Ave,

NW11. Admission £1.50. 7.45pm. 455 3745

Fridays

*The Fern Room Whist Club, Salisbury Road, Barnet, 2pm. 441 4853

Keep fit

Saturdays

*Body-tune dancecise, ladies 14-50, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 9.20am. 441 1336

Sundays

*Yoga classes at Patanjali Yoga Centre, 190 Watford Way, Hendon. Beginners: 1pm & 3pm, advanced 5pm. 203 0062

Mondays

*Stretch and shape, Christchurch Hall, High Rd, North Finchley. 11am. 349 1449 (also Fridays)

*Pensioners Health Group, Methodist Hall, Rodborough Rd, NW11. 2pm. 794 6376. 60p

*Freston Fitness Club, Freston Hall, Freston Gardens (off Cat Hill), Cockfosters. £1.50 per session. 7-8pm. 446 4388

*Yoga, St Mary's Church Hall, Hendon Lane, N3. 7pm. 455 2476. Also Weds 9.45am

*Keep fit, Centre Point, Corner Mead, Grahame Park. 8pm. 205 7113

*Aerobics 9.30am; body conditioning 10.30am. Christchurch Hall, High Rd, N12. 349 1449

*Yogacise plus Body-Tune, St Mary's Church Hall, Church Hill Rd, E Barnet. 7.15pm. 441 1336

Tuesdays

*Popmobility/aerobics, Queen Elizabeth Centre, Meadway, Barnet. 7pm and 8pm. 441 2933.

*Relaxation classes, Centre Point, Corner Mead Grahame Park, 8.30pm. 205 7113

*Aerobics, Manorside School, Squires Lane, N3. 8pm. 349 1449 (also Thursdays 7.30pm)

*Yogacise 7.15pm; body-tune dancecise 8.15pm. St Mary's Church Hall, Church Hill Rd, E Barnet. 441 1336

*Ladies Keep Fit — suitable all ages — Hendon School, Golders Rise, Hendon. 7.30pm. 349 0400. (also on Thursdays)

*Body conditioning classes, Oaktrees Special School, Chase Side, Southgate. 7.30pm. 368 0881

*Keep Fit and self defence with Nanbudo, St Mary's Hall, Hendon Lane, N3. 8pm. 349 4421

*Stretch and Shape, Oak Tree Special School, Chase Side, Southgate. 7.30pm. 368 0881

*Slenderquest Slimming Club, St Mary Church Hall, Church Hill Road, East Barnet. 8pm. £1.75. 449 4277.

Wednesdays

*Popmobility, Centre Point, Grahame Park. 7.30-9.30pm 205 7113.

*Yoga for people with handicaps. Special class, St Mary's Hall, East Barnet. Gentle movement, breathing, relaxation. 4-6pm. Qualified teacher. Other classes available. 440 1828

*Aerobics, Cophall Swimming Pool, Page St, Mill Hill. 9.45am. 349 1449

*Mixed Volley Ball Training Club, Queen Elizabeth Centre, Meadway, Barnet Juniors 6pm; seniors 7pm. 441 2933

*Health and Beauty, exercise and movement classes, Christ Church Hall, High Rd, N12. 7.15-9.45pm. 286 3102

*Keep Fit (adults), Manorhill Centre, Summers Lane, N12. 7.30pm. 368 6316

Yoga classes for beginners, Patanjali Yoga Centre, 190 Watford Way, Hendon. 10.30am to 12 noon. 203 0062

Thursdays

*Mixed exercise class for people with problem backs, Queen Elizabeth's Girls' School, Meadway, Barnet. 8pm. 445 6986

*Aerobics/keep fit, Centre Point, Corner Mead, Grahame Park, 7.30pm. 205 7113

*Yoga. British Wheel trained teacher, Union Church, Northiam, N20. 7-8pm. 349 2972

*Yogacise 10am; body-tune dancecise 11.15am, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 441 1336

Fridays

*Body conditioning, Christchurch Hall, High Rd, N12. 10.30am, 349 1449

*Anita's keep fit class, Michael Sobell Centre, Limes Avenue, Golders Green. 10.15am. 458 7411 ext 379 (day), 455 9195.

Martial Arts

Mondays

*North London Karate Club, Mill Hill School, The Ridgeway, Mill Hill. 8-9pm, 9-10pm. 440/7733/8633 (also Thurs)

*Barnet Shotokan Karate Centre. Recreation Hall, Barnet General Hospital, Wellhouse Lane, Barnet. Children 8-14 yrs; 6.30-7.30pm. 449 3150

*Cobra Karate Club, Christ's College School, Hendon Lane, N3. Beginners 7pm; advanced 8pm. 959 4338. Also Wednesdays

*Watling Karate Club, Watling Boys' Club, Dryfield Rd, Burnt Oak. Under 12, 6-7pm; over 12, 7-8pm. 40p a session (and Wednesdays)

Nanbudo Martial Arts Club, St Mary's Church Hall, Hendon Lane, N3. 8pm. 349 4421

*London School of Karate, East Barnet Upper School, Chestnut Grove. 8pm. 359 0381

Tuesdays

*Karate Centre Point, Corner Mead, Grahame Park. 7-13 yr olds 6pm; 13 plus 7pm. 205 7113 (also Thursdays)

*Barnet Shotokan Karate Centre, Penfather Hall, St Albans Rd, Barnet. Adults 7.30-9.30pm. 449 3150

*J.L. Kung Fu Centre, All Saints Church Hall, Durham Rd, N2. 7pm. 959 2605

*Goju-Ryu Karate, Queen Elizabeth's Children Sports Centre, Meadway, Barnet; 6-7pm, adults 7pm. 906 4372/449 8997 (also Thurs)

*Nanbudo Martial Arts Club — Beginners class — St Mary's Hall, Hendon Lane, N3. 8pm. 349 4421.

Wednesdays

*Barnet Shotokan Karate Centre, Adults Christchurch School, Hilton Ave, N12. 8-9pm. 449 3150

*Judo for children, Pymmes Youth Centre, East Barnet Lower School, Westbrook Crescent, E Barnet. 6.30-7.30pm; 7.30-8.30pm. 440 6473. Adults Thursday 7.30pm.

*Wing Chun Kung Fu, Simon Lau Martial Arts Academy (Mill Hill Division), Hartley Hall, Flower Lane. 7pm. 998 1055

*Finchley Karate Club (Okinawan Goju-Ryu Karate), Manorside School, Squires Lane, N3. 8pm. (Children 7pm) 346 9505 (also Fridays)

*Kateda Self Defence Association, King Alfred School, North End Rd, NW11. 7pm. 904 6720

*Nanbudo Martial Arts Club, St Mary's Hall, Hendon Lane, N3. 8pm; children's class 6.30pm, 349 4421.

Fridays

*Shin Do Kwai Kendo Club, Whitefield School (gym) Claremont Rd, NW2. 7.30pm. 863 7574

*Ladies' Self Defence Class (lady instructor), Lyonsdown Hall, Lyons-

down Road, New Barnet. 1-2pm; 2-3pm. 449 8997/906 4372.

Pop, rock and Western

*Fridays

Melanies Jazz Funk Night (strictly over 19 years), 407 Hendon Way, Hendon. 202 7289

Sundays

*Top Rock and Blues Bands, Tarrington Arms Pub, Lodge Lane, High Rd, N Finchley. 8.30pm. 445 4710 (also Fridays)

*Bernie Tyrell's Sunday Jazz, Salisbury Hotel, High St, Barnet 12-2pm

Friday, April 11

The Red Rag Club, Old Bull Arts Centre, 68 High St, Barnet. 8pm £3 (£2 concessions) + 25p membership. 449 5189

Friday May 2

Barnet Folk Club, Old Bull Arts Centre, 68 High St, Barnet. 8pm £3 (concessions £2) + 25p membership. 449 5189

Council meetings

Members of the public are invited to attend council and committee meetings in the Town Hall, Hendon, at 7pm, unless otherwise stated.

Monday, April 7

Finance.

Monday, April 14

Grants; Western Area Road Safety Committee (7.30pm).

Tuesday, April 15

Education Sub-Committees.

Wednesday, April 16

Planning Sub-Committees.

Tuesday, April 22

Council Meeting.

Wednesday, April 23

Eastern Area Road Safety Committee, Town Hall, Friern Barnet (7.45pm).

Wednesday, April 30

Town Planning and Research.

Tuesday, May 6

Housing

APRIL ACTIVITIES

Experience UK, the Friern Barnet organisation which specialises in children's holiday camps and leisure activities, has some special offers for term-time, out-of-school activities.

XUK swimming courses for beginners and improvers, both children and adults, start on April 23 at Queen Elizabeth's Boys' School, Queen Elizabeth's Girls' School, both in Barnet, and Wessex Gardens School, off Hendon Way, Childs Hill, on Saturday mornings and Tuesday and Wednesday evenings.

Encore, their performing arts workshop which includes drama, dance, video, crafts and music, for three age groups: five to seven-years; eight to 11 years; and 12 years-plus, takes place at All Saints Centre for the Living Arts, Oakleigh Road North, Whetstone, weekly from Monday, April 22 at 5.30pm.

For details phone Judy Davies on 445 3358 or 445 8400.



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the London operation is looking forward to improving an already outstanding service. It is hoped that car phones will be installed in some vehicles by the summer so that businessmen on the move can keep up their hectic schedules.

Mr Uzoka Cliffe, one of the company's directors, based at Hendon explained that the quality of the service has not been obtained by passing the cost to the customer: "We are probably one of the cheapest services in London," he said. "Our minimum fare is just £1.20 for 1¼ miles and a further 70p for each subsequent mile.

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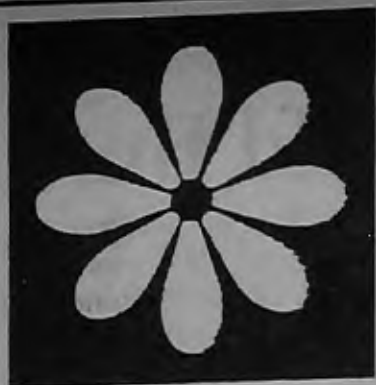
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IT'S APRIL — warmer weather, longer daylight hours. Just the time to spring into sport. And Barnet is the place to find the action.

Tennis

There is still time to enter the Youth Lawn Tennis Tournament — but hurry, entries should be in by Wednesday, April 9 and the draw for the first round matches will be made on April 14.

This tournament is for all young people with classes for boys and girls under 12 through to men's under 21 singles.

Entry forms from Audrey



Spring into Sport

Hutchins at the borough's youth and community service, the Town Hall, Friern Barnet, tel 368 1255. The entry fee is £1.50 per person per event.

Once the draw has been made players make their own arrangements to play their matches and the finals will take place at Queen Elizabeth's Centre, Barnet, on Sunday, September 14.

For tennis players of all ages Barnet provides courts in many parks and open spaces. For details of courts near you contact the Parks and Recreation Unit at Barnet House. Tel 446 8511.

Five-a-side Football

One of the most popular events of the sporting year is the Five-a-side Football Tournament with separate competitions for boys and girls teams in the under 15 and under 18 age groups.

The winners of the senior events will be invited to represent the borough at the London Youth Games in July.

The competition is open to youth groups which are not specialist football clubs. Each team should have a team manager and for junior events the player should be over 13 and under 15

on August 1, 1986; and over 15 and under 18 on August 1, for senior events.

The closing date for entries is April 24. The girls' tournament will take place at Grahame Park Centre Point Redgra pitch on Friday, May 2, starting at 6.30pm and the boys' event will be held at the same place on Sunday, May 11 at 10.30am.

Details from the tournament organiser, Peter Thorn, Youth and Community Service district officer, 11 The Crest, Hendon NW4. Tel 202 2757. Entry forms from the Youth Service at the Town Hall, Friern Barnet. Tel 368 1255.

Come on, join in!

Youngsters aged 9 to 16 can join a basketball training course at Christ's College Lower School on Tuesday evenings. Details



from Manorhill Centre, Summers Lane, North Finchley. Tel 368 6316.

Take the plunge at Copthall Pools. There is a wide range of swimming and keep fit courses available for all age groups. It's all very friendly and every standard is catered for, from learning to swim through to diving and synchronised swimming. Tel 203 4187 for details.

Adult keep fit sessions are held at Finchley Manorhill School every Wednesday at 7.30pm, only £1 a session. Contact the centre on 368 6316.

Badminton coaching for adults at Friern Barnet takes place every Thursday at 8pm. £16 for 10 two-hour coaching sessions.

This is only a sample of the many sports opportunities offered within the borough. The full programme of opportunities can be supplied by the Youth Service on 368 1255 and the Recreation and Parks Unit on 446 8511.

ADVERTISING FEATURE

OH WHAT A NIGHT!

If you haven't experienced Shakes, an exclusive night club/wine bar for over 25's at 407-411 Hendon Way, NW4, then you are missing out on a great time.

Shakes, which only opened recently is fully air-conditioned and it's decor is styled to create a sophisticated but relaxed atmosphere.

It's the kind of singles club where you will meet people of similar age, putting you at ease straight away.

Alongside the elegant lounge area is a beautiful illuminated dance floor where the friendly DJ will play all your favourite requests, until 2.30 a.m. The whole idea of Shakes Club is so that people who are single or on their own can go out and meet people

without feeling awkward or shy.

Bar dips, crisps etc. can be found on the bar along with wines and imported beers of world wide fame.

If it's a private party you are looking for, the management will be only too pleased to help and a brochure is available with more details.

Smart dress is important, but nobody seems to mind as you can let your hair down once the evening starts.

So don't hesitate — open Tuesday, Wednesday, Friday, Saturday and Sunday from 9.0 p.m. — 2.30 a.m. (wine bar opens 6 p.m.) Ring 01 202 3101, for more details.

Your friends are here waiting for you!!



BALLET HO CORNER

For over 20 years Williams ment has benefitted from her Sports & Leisure of North Finchley, have sold ballet and tap shoes, as well as regulation leotards, to Ballet Schools and private customers.

Because of their excellent service to customers, people travel to Williams from miles around for all their dance requirements.

More recently with the appointment of Angie Phillips as manageress, the depart-

ment has benefitted from her expertise in fitting Pointe Shoes and her experience and knowledge gained at Freed's of London before coming to Williams.

Additionally garments for keep fit and aerobics are also stocked.

In April, Williams will be sponsoring the Arts Festival at the Old Bull Centre in Barnet, where a display of garments and shoes will be available.

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Artscene

Royal Ballet dance invasion reaches Old Bull

Arts centre sets up its own festival

The borough seems to be going dance mad this month, for on top of Barnet Libraries and Arts' joint residency project with the Royal Ballet, the Old Bull Arts Centre is running its own festival from April 13 to 27.

March was a busy time for the Royal Ballet all over the borough and this month promises to be just as hectic.

This month they will be working with ODSOX, the borough's youth dance company, at various schools and at the Old Bull.

ODSOX will attend a repertoire workshop at the Royal Opera House, Covent Garden, on Tuesday April 9 and will be back there the next day with students from Middlesex Polytechnic to watch a stage call for 'Romeo and Juliet'.

Ron Freeman wigmaster to the Royal Opera House will give a demonstration for senior citizens at the Old Bull on Wednesday April 16 and Oliver Symons, Royal Ballet



Karen Paisey, principal dancer, and Philip Broomhead, soloist of the Royal Ballet, give a lecture-demonstration

Master, will be there for an open workshop on 'The Clog Dance' on

Saturday April 19.

The two to three-month residen-

cy was launched last month with a reception at the Town Hall Hendon, which set the tone of enthusiasm and excitement this pilot project is attracting.

This is the first time the Royal Ballet have taken on a residency on such a scale, so once again Barnet is in the forefront in the arts.

Turning to the Old Bull, their festival of dance and mime will feature the work of artistes like Will Gaines, 'Jazz Hooper', on April 19, Yolanda Snaith, contemporary dance, on April 18, John Mowat, mime workshop, on April 22 and 24 and Peri Aston, mime, on April 25 and 26.

Apart from the Royal Ballet workshops, there will also be sessions in Tai Chi, the Alexander Technique, Indian dance and an exhibition of costumes, drawings and other paraphernalia relating to the art form.

There's something for the children as well, with a kids' show by Deep See Dancers on April 20 and by Ann Pownell on April 27.

ODSOX will be in action again on April 27 and for those who enjoy a good, rowdy time there will be a barn dance on April 20.

Further details from Sarah Ross-Winder, tel: 449 5189.

WILLIAMS Sports & Leisure Ltd

Tel. 01-445 3596



Head Office: 366 Ballards Lane, North Finchley, London N12 0EE

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Middlesex Polytechnic

What's On in the Arts

Music

Tuesday April 8

East Barnet Library Gramophone Soc, 85 Brookhill Rd. 8pm. 440 4376 (also April 22)

April 9 to 12

Hendon Catholic Operatic Soc. 'Pink Champagne', by Johann Strauss. Hampstead Garden Suburb Institute, Central Square, NW11. 7.30pm. £2.75 & £2. 202 0677

Thursday April 10

Friern Barnet Library Gramophone Soc, Friern Barnet Rd, N11. 8.10pm. 361 2787 (also April 24 & May 8)

Tuesday April 15

Hendon Library Gramophone Soc, The Burroughs. 7.45pm. 202 5625 (also April 29)

Wednesday April 16

Mill Hill Gramophone Soc, Union Church, Mill Hill B'way. 8pm. 959 3808 (also May 7)

April 16 to 19

Finchley and Friern Barnet Operatic Soc. 'Countess Maritza'. Hornsey Town Hall Theatre, Crouch End, N8. 7.20pm (Sat mat 2.30pm). 445 3391

Saturday April 19

Barnet Orchestra at Hendon concert, St Barnabas Church, Holden Rd, N12. Soloist Penelope Lynex, cello. 7.30pm

The Medici String Quartet. Hendon Recital Series, Methodist Church, The Burroughs, Hendon. 7.45pm. 203 2355

Saturday April 26

Spring concert, choir, soloists and orchestra, John Keble Church, Deans Lane, Edgware. 7.30pm. £1.50. 959 8917

'Bring and Sing It' 'Messiah', Barnet Parish Church, High St. 7.30pm (afternoon rehearsal). £2. 449 7760
Adult and children's choirs. 'A Grain of Mustard Seed'. St Margaret's Church, Victoria Ave, N3. 7.30pm

Monday April 28

Hendon Music Soc, Hendon Library, The Burroughs. 8pm. 203 2335

Saturday May 10

Robert Spencer, lute and Jill Nott-Bower, soprano. Hendon Recital Series, Hendon Methodist Church, The Burroughs, Hendon. 7.45pm 203 2335

Mondays

*Barnet Orchestra at Hendon, Whitefield School, Claremont Rd, NW2. 8pm 205 2418

*Finchley Choral Society, Moss Hall Junior School, Nether St, N3. 7.45pm. 445 8401

*Manor House Hospital Operatic Soc, Manor House Hospital, North End Rd, NW11. 7.30pm. 346 0237

*Tudor Orchestra, East Finchley Methodist Church, High Rd, Players welcome all sections, particularly brass. 7.30pm. 445 0563

Tuesdays

*The Apollo Singers, Wilberforce Hall, Wilberforce Rd, W Hendon. 7.45pm. 959 1244

*Hendon String Orchestra, Whitefields School, Claremont Rd, NW2. 8pm. 455 5005

Wednesdays

*Woodcroft Choir, Flower Lane Centre, 43 Flower Lane, Mill Hill. 7.30pm. 202 3811 ext 240

Thursdays

*London Pro Arte Choir, Mill Hill East Free Church, Salcombe Gdns, Mill Hill. 7.30pm. 959 1659

*Spotlighters Theatre Group. Venue varies. Contact Pamela Wells. 368 3270 (also Sundays)

*Finchley Chamber Orchestra, Moss Hall Junior School, Nether St, N3. 7.30pm. 881 3619

Drama

Sunday April 20

Yiddish evening with 'Anna Tzelniker' Yiddish Theatre Group, Manor House, 80 East End Rd, N3. 7.30pm. 349 4525

BARNET BOROUGH ARTS COUNCIL DRAMA FESTIVAL

April 17 to 19

Guild Players, 'Just Between Ourselves', Methodist Hall, Ballards Lane, N3. 346 6337/445 4062

April 18 & 19

Gainsborough Theatre Club, 'How's The World Treating You', St Albans Parish Centre, Gainsborough Rd, N12. 445 7455

April 24 to 26

East Finchley Theatre Group, 'Bitter Sanctuary', East Finchley Methodist Hall, High Rd, N2. 883 2633

Hampstead Garden Suburb Dramatic Soc, 'All My Sons', The Institute, Central Square, NW11. 340 6654

May 9 & 10

Barnet South Community Association Players, 'This Happy Breed', BSCA hall, Mays Lane, Barnet. 449 1126

Wednesdays

*Incognito Theatre Group, Theatre, Friern Barnet. 8pm. 886 5791

*East Finchley Theatre Group, Methodist Church Hall, High Rd, N2. 7.30pm. 883 2633

*Gainsborough Theatre Club, The Centre, Gainsborough Rd, N12. 8.15pm. 205 8352

Barnet Youth Drama Centre, 142 High Rd, E Finchley. Sessions for seven to 11-year-olds, 6pm. Also **Thursdays** (16+), 7pm; **Fridays** (12-15), 7pm; and **Saturdays** (7+), 10am. 883 9957 (workshop hours)

Exhibitions

April 7 to May 11

Collage and paintings by Indria Anne, Hendon Library, The Burroughs, Hendon. Library opening hours

Saturday April 12

High Barnet Hobbies & Model Railway Exhibition, Christ Church, St Albans Rd, Barnet. 10am-5pm. 449 9088/7326

Until April 12

Creative Embroidery and Patchwork by Pauline Brown and students of Hampstead Garden Suburb Institute, Church Farm House Museum, Greyhound Hill, Hendon. Open: weekdays (except Tues), 10am-1pm, 2-5.30pm; Tuesday 10am-1pm; Sunday 2-5.30pm. 203 0130

April 12 to 26

Barnet and Finchley Photographic Society Annual Exhibition, North Finchley Library, Ravensdale Ave. Library opening hours

April 26 to June 8

Portrait of Mill Hill Village: Watercolours by Peter Hume, Church Farm House Museum, Greyhound Hill, Hendon. Opening hours: weekdays (except Tues), 10am-1pm, 2-5.30pm; Tuesday, 10am-1pm; Sunday, 2-5.30pm. 203 0130

Old Bull Arts Centre

68 High Street, Barnet. 449 5189

Workshops for children and adults in drama, art, guitar, music, poster design and printing, modern dance/theatre, crafts, tap dance. Phone for details. Ticket prices do not include 25p membership

Sunday April 6

Cap & Bells Puppet Company. 3pm. £1, £2 adults

Concertante Ensemble. Works by Mozart, Brahms and Dvorak. 8pm. £3, £2.50 concessions

April 8 to 12

Holiday drama workshop with Bronwen Rowdon for seven to 15s. 10am-2pm. £1 per day.

Thursday April 10

Dial Square Cabaret. 8pm. £2, £1 concessions

Saturday April 12

Culmination of Asian Youth Theatre Project. 8pm. £2, £1 concessions

April 13 to 27

Dance Festival

April 14 to 25

Exhibition of photographs and drawings in connection with Dance Festival

Fri/Sat April 25/26

Peri Aston, mime artist. 'Not just a pretty face'. 8pm. £2.75, £1.75 concessions

Sunday May 4

As You Like It Children's Music Company. 3pm. £1 (£2 adults)

The Hill-Wiltschinsky Guitar Duo. 8pm. £3, £2.50 concessions

Dance

Monday April 7

Chipping Barnet Folk Dance Club, Church House, Wood St. 7.45pm. 449 4425 (also April 21 and May 5)

Thursday April 17

Circassian Circle Folk Dance Club, Harwood Hall, Mill Hill B'way. 7.45pm. 950 5756 (also May 1)

Saturday May 3

20th Century Sequence Dancing Club, Queen Elizabeth Centre, Meadway, Barnet. 7.30pm. 440 6506

Mondays

*CRAB dance club for disabled, King Alfred School, Manor Wood, North End Rd, NW11. 50p per session. 7pm 346 9789

Tuesdays

*20th Century Sequence Dancing Club, All Saints Hall, Oakleigh Rd North, Whetstone. 7.45pm. 440 6506

*Tap dancing, Centrepont, Grahame Park. Under 12s 6.15pm; all ages 6.45pm. 205 7113

*Wheelchair dancing, Grahame Park Community Centre, The Concourse, NW9. 1.30-3pm. 346 9789. Transport available

*CRAB — Beginners' ballet, age 12 plus, Friern Barnet County School, Hemington Ave, N11. 6pm. 346 9789

Wednesdays

*Contemporary Dance Classes, Brookside Methodist Church, Cat Hill, E Barnet. Beginners 7pm; intermediate 8pm. £1.25 per class or £5 per half-term. 441 5984

*Mountfield Old Time & Modern Sequence Dance Club, Martin School, High Rd, East Finchley. 8pm. 959 5185

*CRAB Creative dance for mentally handicapped adults, Outlook House, 59 Flower Lane, NW7. 2-3pm. 346 9789.

*Friary Sequence Dance Club, Manor Drive Methodist Church Hall, N20. 8pm. 883 3202

*American square dancing classes, Watling Community Centre, Orange Hill Rd, Edgware. 75p 7.30pm. 906 1582

Thursdays

*Finchley Sequence Dance Club, Martin School, High Rd, E Finchley. 7.30pm

Fridays

*Latin & Ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 8.30pm. 449 3336/6034

*Barnet International Folk Dance Club, Hadley Memorial Hall, Hadley Highstone. 8pm 427 8042

Saturdays

*Children's disco & ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 11.30am. 449 3336/6034

ROYAL BALLET WORKSHOPS

Tuesday April 8

Repertoire workshop, De Valois Studio, Royal Opera House. 7.30pm

Wednesday April 18

Demonstration for Senior Citizens, Old Bull Arts Centre. 3pm

Thursday April 17

Workshop, Finchley Manorhill School, Summers Lane, N12. 1.30pm

Friday April 18

Workshops, Holly Park Primary School, Bellevue Rd, N11

Saturday April 19

Open workshop 'The Clog Dance', Old Bull Arts Centre, 68 High St, Barnet. 11am

Monday April 21

Workshop Copthall Secondary School, Page St, NW7. 9.30am; Colindale Primary School, Woodfield Ave, NW9. 1.30pm

Tuesday April 22

Lecture-demonstration/workshop, Mapeldown School, Claremont Rd, NW2. 10am; Whitefields Secondary School, Claremont Rd, NW2. 1.30pm

Thursday April 24

Workshop/lecture-demonstration, Oakleigh School, Oakleigh Rd Nth, N20. morning; Copthall School, Page St, NW7, afternoon

Arts workshops

April 7 to 11

Easter workshop for five to 11 years. Pavilion Children's Centre, Lyttelton Playing Fields, N2. 346 9209

Barnet Arts Workshops run regular activities throughout the term. Youth workshops (4-16) in drama, arts and crafts and video. £3.50 per half-term, 10p membership.

Adult workshops: Dance/keep fit; guitar; screen printing; drama, music and movement; photography and video (£1.50 per session). Creative embroidery (£10 per term). Free for unemployed. Details 346 7120.

Letters to the Editor

Plans for indoor bowls club

FOR a number of years there has been a growing need for an Indoor Bowls Hall in the Borough of Barnet. At a recent meeting of the Council's Development and Estates Committee, a Development Plan was approved which included a possible site for such a project at Glebeland, Finchley.

Now a small steering committee, under my leadership, are going ahead to advance a project and we have received enthusiastic response from bowlers within the borough and neighbouring clubs. The proposed indoor bowls club will be for ladies and men and will include junior sections.

At this stage we are not embarking upon a membership recruitment campaign. This will come later after a full and detailed study by a full management committee, but the steering committee would like to know how many bowlers will support the proposed club.

We consider that we should gain the interest of up to 500 prospective members to give the project their support now. I do not wish to appear over confident as to the future, but those who support now, as prospective members, will be assured of acceptance before it is necessary to create a waiting list.

May I appeal to all prospective members to send their names and addresses to me now, enclosing a stamped addressed envelope so that they may be notified of further information and receive notice of the public meeting early in May.

Our thanks to Barnet Council for

their timely and well placed consideration on the whole question of indoor bowls in Barnet.

D R Knight
(Chairman, Steering Committee)
2 Crescent Road,
New Barnet,
Herts. EN4 9RF
(Tel: 440 3574)

INVALID CARE ALLOWANCE

INVALID Care Allowance (ICA) is paid to people under pension age who are not working but are caring for a severely disabled person. Up to now a woman who is married or living with a man has not been allowed to claim ICA.

But on March 1, 1985, a married woman, Mrs Drake, was awarded ICA for the first time. An appeal tribunal hearing her case decided that the rule which prevents these women from claiming ICA no longer applies. It has been overruled by an EEC Directive which came into force in December 1984. The Directive states there must be equal opportunities to claim social security benefits and discrimination on the grounds of either sex or marital status must end.

The DHSS has appealed against the tribunal decision and the case

will now be decided by the European Court of Justice.

A married woman aged under 60 who is not working and is caring for someone who gets attendance allowance should claim ICA NOW. It is important to claim now. It could take many months before the European Court hears Mrs Drake's case. If you claim now, the DHSS will hold your claim until Mrs Drake's case is decided. If Mrs Drake wins, your claim will be backdated to the date when you made the claim or possibly to December 1984.

For further information, contact the Disablement Association, 4 Oakleigh Gardens, Whetstone, N20 9AB, tel: 446 6935. Office Hours: Mon, Wed, Fri, 9.30am-12.30pm; Tues & Thurs 9.30am-3.30pm. **Janice Berman (Mrs)**
Organiser

Contact us for help

IF you live in the East Finchley area and need practical help then telephone Contact on 444 1162 or come along and see us at 42 Church Lane, East Finchley. We may be able to find someone to help ease your problems.

For example, Mrs Y broke her leg and was housebound. She wanted someone to keep her company for a while. She rang us and we put her in touch with a friendly volunteer.

Paula is a single parent. We have been able to arrange for her to have an occasional break and have time to herself.

Mr Smith wanted to put up some curtain rails but he could not do it because he is disabled. Through one of our skilled volunteers his curtains are now in place.

We need more volunteers with handyman skills so that we can offer useful help. Gardeners, plumbers and electricians who can spare a little time, and parents who can take or collect other people's children to and from school when the need arises.

Please join our team of volunteers.

Janet Phillips,
Project Organiser, Contact.

AFFORDABLE QUALITY NEW HOMES

Wates Built Homes, voted House Builder of the Year in the 1986 What House Awards, are building a range of studios and one and two bedroom flats right in the heart of Cheshunt. Just a few miles from Barnet, the homes are ideal for anyone looking for a good quality easy-to-maintain flat,

but who is put off by high prices in the Barnet area. Wates can also arrange competitive mortgages up to 100% of the purchase price.

The one and two bedroom flats, priced from £42,750, are exceptionally spacious, with plenty of fitted cupboards and drawers in the

kitchen, a wardrobe in every bedroom, a high level of insulation and an economic heating system.

The studio flats, priced from only £34,950, are carpeted and have a fully fitted kitchen with fan oven, hob, hood, large fridge and washing machine/tumble drier, a large double fold-away bed, and an economic heating system.

The homes are centrally placed for shops and a direct rail link to London, and many over-look Grundy Park. Wates three beautifully furnished show homes are open seven days a week.

Wates homes in Cheshunt.
About 80 years more modern than you'd expect this close to the High Street.

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It will be superbly built amongst thoughtfully landscaped surroundings, and full of modern,

labour-saving and money-saving features.

Practically on your doorstep will be the High Street, shopping pavilion, sports centre, park, library, schools and the East Herts College.

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See the show homes soon. Or get more details by phoning Waltham Cross 37200.

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A luxurious Wates kitchen at Turner's Hill, Cheshunt.

A day in

the country



MARY PERRY is called 'the animal lady' by children who don't know her name, while her husband is simply 'the donkey man'.

If they were being strictly accurate, the children would call her 'the plants and animal lady', for as head of Barnet Council's environmental education centre, Byng Road, Chipping Barnet, her brief is to help school pupils learn all about the natural world of which they are a part.

The fact that her husband has become associated with the centre, both literally and in the eyes of the children, is an indication of the fascination the place holds for her and for the schools that visit.

Founder

Opened in 1975, the curriculum centre is named after Denis Bland, the teacher who set it up and who died of bone cancer suddenly three years ago.

When he first arrived on the scene all there was to be seen was a school playing field. Now it houses the Denis Bland Centre with the Automobile and Building Curriculum Centre alongside.

Almost the last building in the north of the borough, the environmental unit was set up to give children the opportunity to study a rural environment.

Mary caters mainly for juniors and infants from all the schools in the borough.

On a typical day, she will cope with 21 seven and eight-year-olds with the help of their form teacher and two parent volunteers.

As the youngsters come tumbling up to the door of the centre, clutching packed lunches and wearing sturdy wellingtons. Mary begins teaching them the rules of nature practice by asking them not to tease the cockerel roaming freely round the grounds.

Inside they are given a pep talk on what they must not do as they go out on their rambles: they mustn't trample on grass that has been allowed to grow wild to provide a habitat for insects, snails and snakes, they mustn't try to feed the donkeys, Smartie and Rupert. And they mustn't go too near the geese.

Mary explains that they will work from sheets that will show them exactly where to go, what they will be doing and what they will need to use for each different task.

The day is a mixture of going out to spot flora and fauna and coming back in to write about what they have seen or make plastercasts or pictures, even photos, of what they have collected.

Groups

Each of the three adults takes a group of pupils — Rabbits, Guinea Pigs and Gerbils. All do their tasks simultaneously meeting up again when they are back inside.

Guinea Pigs start off with the equipment to measure an oak tree and take bark rubbings, 'like a policeman taking fingerprints,' says Mary.

While they are working out the age of the tree from the size of its girth, the Gerbils are taking

temperature and wind readings. Using a thermometer, they take the temperature of the pond water, the mud and the air and measure the speed and direction of the wind with a ventimeter and an anemometer.

Meanwhile, the Rabbits are collecting leaves and twigs and identifying them from a worksheet which they colour in with crayons.

Animals

The time they enjoy the most is the afternoon when they get to meet the animals who live at the centre.

Apart from donkeys, geese and chickens, there is a chipmunk who is pining for a mate just now, and there are birds, wild and domestic, while in the animal room itself there are more birds, amphibians, reptiles and mammals.

There's a rabbit that roams freely, a garter snake, tree crabs, giant snails, chicks and stick insects, axolotls and salamanders. Also gerbils galore.

The centre lends out incubators so that pupils can hatch their own chicks from fertilised eggs. If the school doesn't find homes for them, they come back to the centre.

Mary is the only full-time teaching member of staff but she is helped by an animal technician, Wenning Meech, a part-time groundsman, Chris Goodsell, who tends the 7½ acre site, and she shares a secretary, Hilary Lee, with the other curriculum centre.

Before taking over the unit, Mary was a primary school science teacher for 10 years. In that time

she was the primary representative on the centre's steering committee, which also included the borough's science adviser, two administrators, a primary head and a secondary teacher, now a deputy head.

'This is a one-in-a-million job,' said Mary. 'It's very rewarding to have the contact with the children without having the class menace to cope with all year round and without having to write reports.'

'The children learn a lot here and the schools obviously like the centre, because we're booked up for the next 18 months.'

'Working here really gets to you. I only live two streets away and my husband and I come here all during the summer to carry on working. Hilary brings her family to groom the donkeys, but the main occupation of the summer is cutting the grass, which takes seven hours just to keep the paths clear.'

Pond life

Apart from the winter trail the Edgware pupils took part in, the Denis Bland Centre also run a summer trail, a pond life day, a minibeasts day (studying insects, snails, worms, spiders and the like) and a church trail, studying the interior of a church as an ancient building.

Those activities are all for juniors. The infants have a day all of their own, when they study, handle and learn about the collection of animals at the centre.

Eventually, Mary hopes to be able to set up a town trail, so that children will learn about town life.



Children from Osidge School, East Barnet, collecting leaves and twigs at the Denis Bland Environmental Centre. Left to right: Jenny Thornton, Sandhia Luchman and Sona Mudhuan.



Admiring a garter snake in the study unit. Left to right: Deborah Jacobs, Androulla Sofocleous, Starkey Chan, Gregory Warner and Nathan Rodd.



SPRING INTO SPRING WITH MASTERS

Opened just four months ago Masters Wine is already a well established feature of Temple Fortune. Although there are currently just two sites (the other being in Chelmsford) they have already gained a reputation not only for great value but most importantly service.

The relaxed and friendly atmosphere making buying at Masters a pleasure. For many of us the prospect of selecting twelve wines seems daunting but faced with the vast selection at Masters nothing could be easier.

For the less experienced the wine tasting area gives a

welcome chance to sample the delights of many excellent wines.

Masters make catering for your Weddings or Parties easier by offering many facilities such as Sale or Return, Free Glass Loan, Free Local Deliveries and Ready Packed Ice. The management are always



Paul Fawkes manager (right) and his team Adrian O'Brien & Jane Fawkes.



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MAINLY FOR WOMEN...

ITS CRAFTSMANSHIP ... QUITE SIMPLY!

Before you pay a visit to Simply Crafts — a delightful new shop in West Hampstead, make sure you have plenty of time to spare! You will be enchanted by the exquisitely handcrafted merchandise unique to Simply Crafts and the sweet smell of pot pourri.

The main difficulty is actually choosing what to buy whilst your imagination runs wild looking amongst the tastefully hand painted clocks, mirrors and kitchen accessories, glazed stones, unusual bookends, soft toys, ceramic lampstands, magnificent chess board with frog pieces and beautiful porcelain dolls.

Mr. Esfandiary is a member of the London Visitors Tourist Board, he orders 95 per cent of his handicrafts from this country.

If you are looking for something different Simply Crafts has two floors full of wonderful ideas, including quilted and appliqued wall-hangings which can be made to your specification. Rosewood painting (an old Eastern European craft) can be done to order on your own furniture. Simply Crafts, 255 West End

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Hypnosis can be used for treatment of psychosomatic illness without any danger of side effects or addiction. Unlike popular belief, hypnosis does not make anyone unconscious or prone to undesirable behaviour. Clinical hypnosis is an altered state of consciousness, a pleasant relaxed feeling during which the mind becomes receptive enough to accept suggestions of treatment for psychosomatic problems. It merely guides the patient's natural ability towards a cure. This ability exists in every human being. It can be taught through hypnosis. By Vijaya Prasad

When patients approach the medical profession with psychosomatic problems, they are usually prescribed one of the benzodiazepine category of tranquillisers, at times without any warning of any side effects which these drugs may produce. There has been mounting concern about the rate at which such drugs have been prescribed in recent years. One campaigner, Dr Vernon Coleman, has estimated that 2.5 million people are addicted to tranquillisers and millions more taken them. (Daily Telegraph dated 21/2/85).

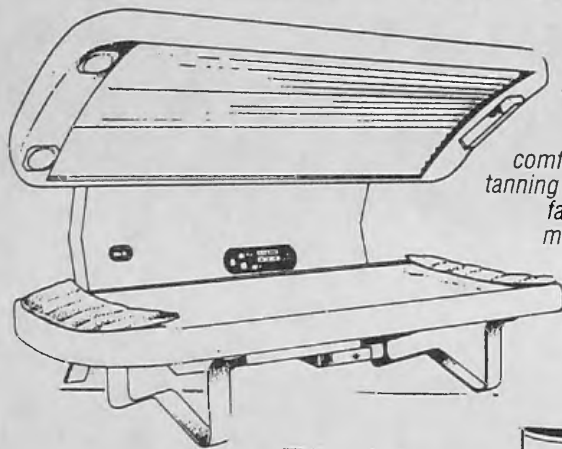
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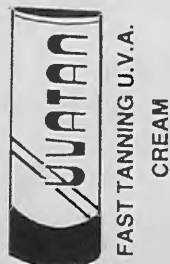
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This service is run by Angela, who is a mum herself, and who has used her own experiences to make life a little easier for you.

In addition, Angela has now expanded her business to include a range of baby clothes

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the Cambridge Scene



'Doctors developed this diet over a period of 14 years. It changed my life in as many days'

MRS JANET FREEMAN OF NORTHANTS EXPLAINS HOW THE CAMBRIDGE DIET HAS CHANGED HER LIFE

"I know that doctors developed this diet over 14 years. It changed my life in as many days.

I am 43, 5ft 5in tall, and have been married 20 years, and have 4 children. I have dieted all my married life, and used to read dieting magazines at every spare moment to try and keep below 11st without much success. Adding up calories did wonders for my arithmetic, not much for my figure.

When I went on the Cambridge Diet, I couldn't believe how easy it was, and how fast I started losing weight literally in the first few days

and got down to 9st 4lb in about 5 weeks without difficulty.

What particularly impressed me is that now I can maintain that weight as well as eat normal meals when I wish (or when the occasion demands), providing I keep an eye on the calories. What is more, I am so much more lively on the Cambridge Diet. I don't feel tired and lethargic as I used to."

The Cambridge Diet was developed and tested at the West Middlesex Hospital and at Addenbrooke's over a period of 14 years, a longer trial than any diet in history.

Behind it is Dr. Alan Howard MA PhD, nutritional research lecturer at Cambridge University Department of Medicine and Chairman of the Food Education Society.

Diet the quick and easy way!



Mrs Janet Freeman

His pioneering led to a diet of only 330 calories a day. This diet is so different to any other, tht it has been granted worldwide patents.

IT'S A DIET WHICH WORKS. MRS FREEMAN IS IN NO WAY UNIQUE. READ WHAT OTHERS HAVE TO SAY.

"I really do feel fit and well. I lost 18lbs in 4 weeks — and losing 4in off my waist was a bonus. I'm back down to the measurements I had when I was newly married 20 years ago."

Mrs B. Brockwell, Windsor.

"As I had done so well on the Cambridge Diet, my husband decided to hvae a go. He lost a stone in 3 weeks."

Mrs S. Smith, Peterborough.

"I now have a new outlook on life. We go swimming three times a week, I go weight training and I am learning to drive. I now enjoy buying clothes and dressing up to go out is a pleasure, instead of a chore."

Mrs C. Hooton, Chelmsford.

"I have gained more confidence in myself, and I am looking forward to the future, and at last I can make up for the years when my weight was an embarrassment to me."

Miss L. Cooper, Northants.

WHAT IS THE CAMBRIDGE DIET?

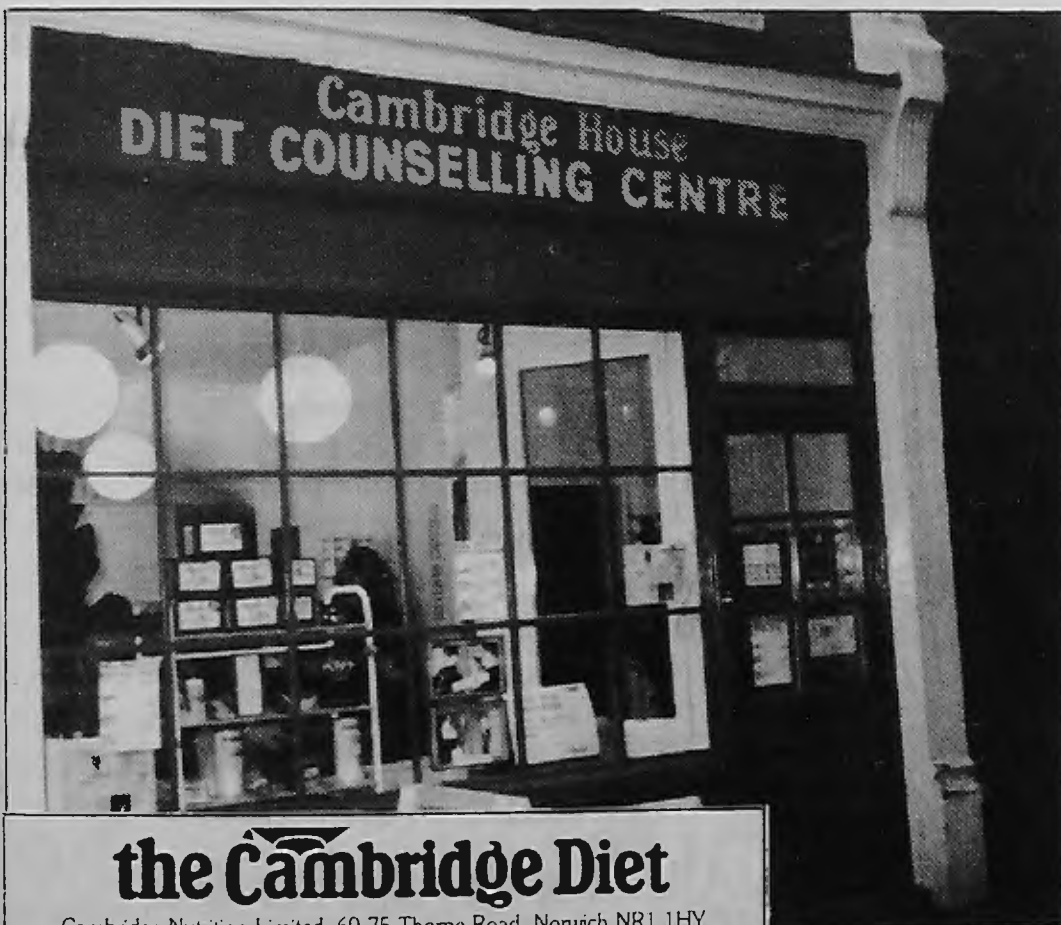
The Cambridge Diet is the most nutritionally-dense food known to man, because it contains all the nutrients, vitamins and trace elements doctors and scientists recommend — yet in **only 330 calories a day**.

It's easy to stick to, no calorie counting necessary or measuring out of tiny portions of food. We've done it all for you.

Each mealtime, simply mix up your chosen flavour from 11 delicious soups and drinks — even more are in the pipeline.

For instance, there's chicken, beef or minestrone . . . chocolate, strawberry or peach. Plenty of variety there! And only 57p a serving.

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the Cambridge Diet

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Programmes to help lose weight and maintain your ideal weight with the Cambridge Diet.

Up till now the Cambridge Diet has been available as a 330 calories per day programme of 3 meals of either soups or desserts.

NOW 140 CALORIE NUTRITION BARS are available as an alternative at a similarly low price. These bars are chocolate coated and are available in a range of flavours e.g. peanut, lemon & ginger, toffee, caramel or chocolate.

There are also 400 CALORIE SLIM MEALS for a light evening meal during a Maintenance or permanent Programme once you have lost your weight. Also 50 CALORIE SLIM DESSERTS which are whipstyle puddings in chocolate, strawberry and banana flavours.

Now there's plenty of variety.

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DIET COUNSELLING CENTRE
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(opposite 'The Flask')**

435 0709

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Address _____

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Telephone _____

Signature _____

THE CAMBRIDGE DIET · THE CAMBRIDGE DIET · THE CAMBRIDGE DIET



THE ROYAL AIR FORCE MUSEUM HENDON

The Royal Air Force Museum is the only British national museum devoted solely to the history of aviation and to the story of the Royal Air Force, past, present and future. The Museum, which was established in 1963 and opened by Her Majesty the Queen in 1972 is aptly situated on ten acres of the former historic airfield at Hendon, the cradle of British aviation.

The museum building, of striking modern design, incorporates as its superb aircraft exhibition hall, two hangars dating from the First World War. The vast hall displays some forty aircraft ranging from the Blériot XI of 1909 to the supersonic Lightning. The aircraft are positioned as far as possible in chronological order and, from carefully planned vantage points, panoramic views can be obtained from the first floor, while at ground level there is the feeling of walking through a spacious, well lit hanger.

Linking the two hangars is an area which contains the Camm Collection commemorating the late Sir Sydney Camm who designed such famous aircraft as the Hawker Hart, the immortal Hurricane and the P1127 jump jet, forerunner of the Harrier which proved to be invaluable in the Falkland Islands conflict.

Surrounding the hall are 11 galleries on two floors, each dealing with a separate period of aviation from the Royal Engineers' balloon experiments in the 1870s to the Royal Air Force of today. Exhibits include aero-engines, propellers, navigational aids, uniforms, decorations and trophies. Various scenes of early Royal Flying Corps workshops and WRAF huts of both World Wars have been recreated in their contemporary environment, while

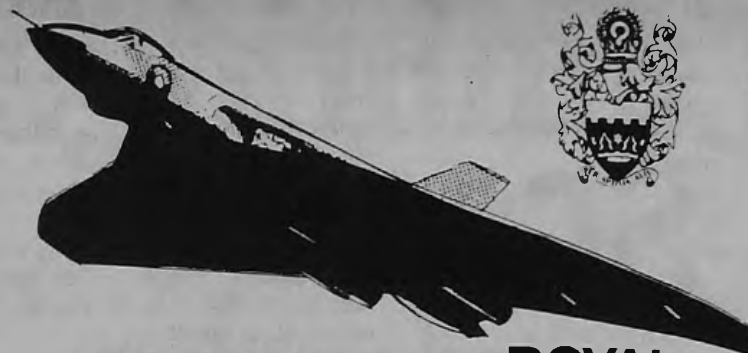
dramatic audio-visual displays show the work of the Royal Air Force both past and present. The Museum also houses a fine collection of paintings, drawings and sculptures.

The aircraft display is complemented by pavilions which contain exhibits ranging from aircraft models, flying clothing, and photographic reconnaissance equipment, to a full scale reconstruction of the office of Sir Barnes Wallis, the famous aircraft designer and inventor of the "Bouncing Bomb", a replica of which is also on view.

The museums house a wealth of material and their layout is such that for both experts and others alike, interest and enthusiasm are easily maintained, and a truly enjoyable day out can be had by all. There is a large free car park, a licensed buffet restaurant, which provides a wide choice from snacks to full meals, and a gift shop. The Museums can be reached either by Underground on the Northern Line (Colindale Station) or by road via the A5 or A41. A charge is made for admission to the Battle of Britain and Bomber Command Museums but admission to all parts of the RAF Museum is free.

The museums are open Monday to Saturday 10am-6pm. Sunday 2pm-6pm.

For further information please telephone 01-205 2266.

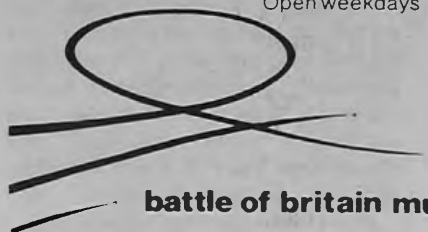


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battle of britain museum

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HIGHER EDUCATION

Barnet Careers Service to run second annual conference on higher education

Around 1500 sixth form and College students from the Borough are being invited to meet more than fifty representatives from Universities, Polytechnics and Colleges of Higher Education on Thursday May 1st.

Delegates from institutions throughout Great Britain will be available for consultation at the Dermot Boyle Wing, RAF Museums, Hendon, Grahame Park Way, Colindale, London, NW9 5LL between 10am and 3.30pm on the day.

Barnet Careers Service are organising the event to give sixth form and college students the opportunity to obtain first hand information about specific degree and higher diploma subject areas, for example Medicine, Law, English and Physics. There will also be a chance to find out about particular higher education institutions which will be represented.

School and College parties are being invited to attend the Conference throughout the day. Other interested parties such as parents and intending mature students are most welcome to attend between the stated times.

In view of the present competition for places in most areas of Higher Education, Barnet Careers Service want to ensure that local

students are well prepared and briefed about the decisions that confront them. More than ever these days students need to think carefully about their choice of course and the career implications of their selection.

The Careers Officers who visit local Schools and Colleges on a regular basis, are frequently asked such questions as:

"Is a polytechnic degree as good as a degree from a University?"

"What degree courses could I study with my three Science 'A' levels?"

"How do I apply to a College of Higher Education?"

"Is it true that there is a shortage of qualified Electronic Engineers at the present time?" and

"Where is the best place for me to study French?"

Careers Officers will be available throughout the day to advise on such general questions. In addition there will be opportunities to ask about such matters as Oxbridge entrance procedures, careers for graduates, higher education for disabled students, grants and student life.

Throughout the day delegates will see students individually and in certain very popular areas such as grants, Oxbridge entrance and

Medicine talks will be arranged in the Lecture Theatre at the RAF Museums Hendon at set times during the day.

Further information is available from:

Edgware Careers Office, 140, Orange Hill Road, Burnt Oak, Edgware, HA8 0UL (906 1555) and
Finchley Careers Office, Castle Road, North Finchley, N12 9EF (368 1255).



The Mayor of Barnet, Cllr Barbara Langstone, visited Barnet College, for an open day linking careers in industry with college courses. During her tour she called in at the Halifax Building Society stand, run by Barnet and Golders Green branches. In the photograph are Mr John Skitt, principal of Barnet College, Mr. Neil Clark, chief clerk of Barnet branch of the Halifax, the Mayor, and two students.



If you are studying for 'A' levels
or the B-TEC National Diploma
you should visit the

1986 HIGHER EDUCATION CONFERENCE

on **THURSDAY 1st MAY**
at **The RAF Museum, Hendon**

For further information ask your Course Tutor
or the Head of the Sixth Form
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Write or telephone for our brochure Courses in Engineering and Science: Admissions Enquiries, (ref C153), Middlesex Polytechnic, 114 Chase Side, London N14 5PN. Telephone 01-886 6599 (24 hours).

Middlesex Polytechnic

Barnet's housing management praised

Barnet has been listed as one of the four best housing management authorities in Greater London.

Audit Commission Review features a report on managing the crisis in Council Housing. For two years a team of Audit Commission staff, together with consultants Ernst and Whinney, and housing service professionals, gathered the data and analysed the results of a major questionnaire in which 387 housing authorities took part.

This very professional and independent survey lists 27 authorities out of a possible 400 which can be classed as 'well-managed housing authorities'. The majority are shire districts; 10 are metropolitan districts, and four are London boroughs — Barnet, Hounslow, Kingston and Chelsea, and Kingston.

In listing the problems which have led to today's 'crisis' the report traces the causes back to the 1960s when short-sighted national housing policies and

local shortcomings combined to produce a major management challenge for today.

In publishing their list of well-managed housing authorities the Commission say that it is not their practice to issue performance league tables. But authorities learn most from each other and it is important that members of housing authorities can identify near neighbours who are doing better than their circumstances might suggest to be possible.

IN THE NEXT two years Barnet Council plan to spend almost £19 million on new council housing and major improvements to their existing stock such as central heating and new roofs and windows.

In addition there is £1 million a year for housing association projects and £2 million a year for grants for private sector housing repairs and home improvements.

This adds up to a total budget of more than £25 million for the two years up to April 1988 and does not include day-to-day maintenance costs

and minor repairs to Barnet's 17,500 council homes.

This programme is only possible because Barnet is able to use £7.6 million in 1986/87 from capital receipts generated by council house sales and a further £8.3 million in the following year.

The Government have set limits on public spending so

that Barnet is only allowed to raise £4.9 million under the Government Housing Investment Programme — the money council's are allowed to borrow to finance their capital housing projects. There are also restrictions on the amount the Council is allowed to draw out of capital receipts. At present the limit is 20 per cent of money

from Council house sales.

But Barnet has done so well on its housing sales programme that it has been able to increase the amount of capital receipts used to boost its major works programme by more than £1 million compared to 1985/86.

The Council has also been able to reduce its housing debt charges by more than £700,000 and the money invested from house sales and mortgage repayments brings in an income of almost £3.8 million which goes into the housing revenue account to help offset costs of management and maintenance and keep the level of rents down.

£25 million spending on two-year major works housing programme



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The idea is to keep one room in your house really warm, day and night.

It is fully automatic, there are no controls to worry about, repairs and maintenance are looked after by the Eastern Electricity Board, and however cold the winter the regular weekly payments cover the cost and there is nothing extra to pay even if additional heat is required.

The scheme is particularly helpful for elderly people who can turn a room into a bed sitter for the winter and be absolutely sure they will be warm and snug, whatever the temperature outside. But it is equally useful for parents with young, vulnerable children, or for people with handicaps.

Budget warmth gives real peace of mind. A medium sized heater is installed and run for a weekly cost of £2.37 a week throughout the year. A larger heater costs £2.75 a week or you could have two large heaters for £4.54 a week.

These payments cover the cost of the storage heater, the wiring and all the electricity it uses between October and April — and perhaps even longer if the weather stays cold.

Hypothermia is one of the most dangerous conditions facing elderly people. If they are sitting in a room which is not warm enough their body temperature can drop by five degrees. Or perhaps they have to get up at night from a warm bed to a cold house. And if they should fall they may have to wait all night before help arrives. But if the house is warm one of the big dangers is averted.

And here's the special spring bonus. You can have your heater installed but you don't have to start paying until October. Fill in the coupon for details or phone 953 6282 ext 2385 or 2240 and ask for Mr John Sargant.

You pay by the size and number of heaters we install. For example:-

Heater Size	Budget Warmth fully inclusive Weekly Cost throughout the year
1 medium (2.55kW)	£2.37
1 Large (3.34kW)	£2.75
1 small + 1 med. (1.7kW + 3.4kW)	£3.41
2 medium (2 × 2.55kW)	£3.78
1 med + 1 large (1 × 2.55kW + 1 × 3.4kW)	£4.16
2 large (2 × 3.4kW)	£4.54
New agreements from 1st May 1986	

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Get a good bed

THERE can be little doubt that the single most important item of furniture which anyone buys is a bed. We spend a very large part of our lives in bed and we need a good night's sleep if we are to function efficiently during the day.

If your bed is old and sagging and is not supporting you properly, your muscles and joints will go on working all night. They cannot recuperate and you wake up as tired as ever.

Worse still, if the bed dips in the middle you will slide to the centre and spend much of night trying to roll uphill!

Very obviously if you decide your bed has done all it can for you, buy another one. It is the very least you deserve.

Firstly, go to a good retailer who looks as though he knows his merchandise. Remember, it is what is inside a bed that counts, so lie before you buy! Also try several beds in the shop so that you can compare one with another.

Make sure that the bed is big enough to allow you to move freely in sleep. There is nothing worse than a sleeping space which is not big enough.

Firm beds are good for almost everybody, but don't be brainwashed into thinking that there is

virtue in lying on a hard surface.

The quality of the bed is hidden inside it, like the filling in a sandwich. Pay the most you can afford.

One thing to keep in mind is never to put a new mattress on an old base. You will be wasting your money for the new mattress will quickly develop the faults of the old one.

Choose at your leisure, don't cut costs foolishly and then all you have to do is enjoy the comfort and sound sleep your new bed will give you.

Beds and bedrooms generally certainly seem to suffer as the neglected area of the home when priorities are at stake.

Many homes boast fabulous kitchens, bathrooms, living rooms and the like, yet relegate the poor old bedroom to last place when it comes to decoration and furnishings.

As the last place the casual visitor sees, it is probably felt that the "hidden" bedroom can afford to wait.

Old wardrobes crammed with clothes and topped with suitcases, a dressing table spilling bits and pieces everywhere, these images of the bedroom are not as far from the mark as one might suppose, even in today's modern living.

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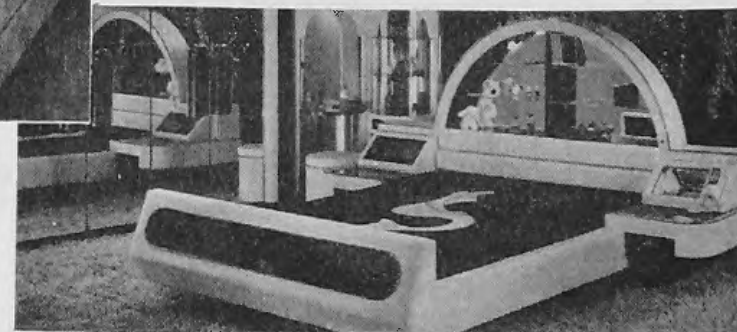
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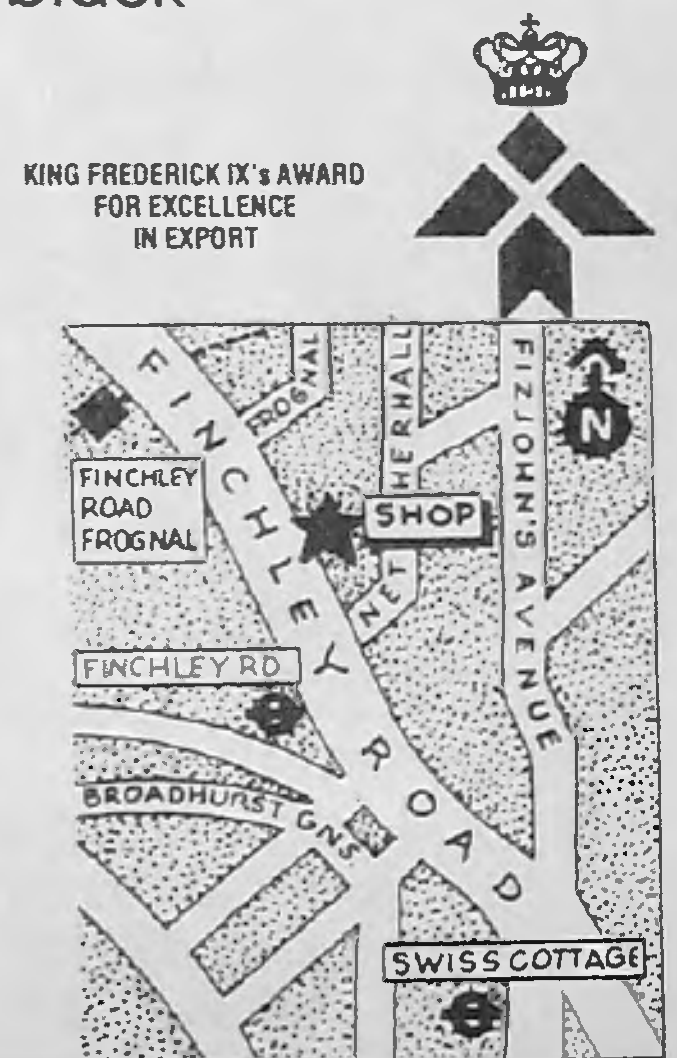
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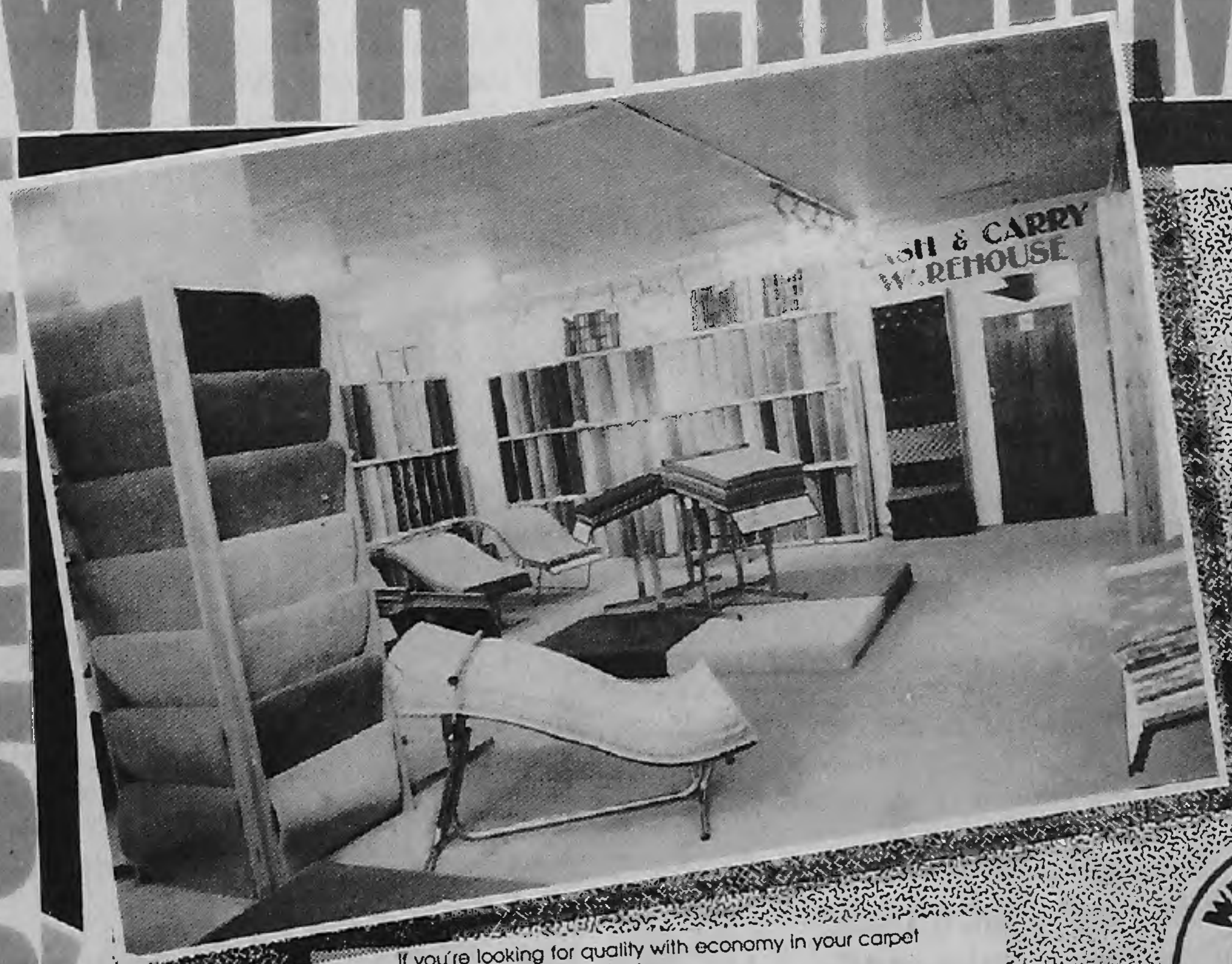
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Looking at the living room

BY its very nature, the living room has to accommodate all kinds of activity and, into the bargain, must be all things to all the family.

In the light of this (and light, by the way, is a prime consideration in the living room), what we put into this area of the house is bound to be fairly varied unless there are only one or two people to consider.

Without doubt, the biggest single influence on the look of a room is the floor covering.

colour, texture and design may be mind-boggling or subdued in the extreme, depending on one's personal taste.

The British are said to have more carpets per home than any other nation and while that is probably true it is also expensive!

Therefore, think carefully before making your choice. Colour and design are easy to decide on. What one must also do, though, is ensure the carpet chosen is the right one for durability under the conditions of its intended use.

In contrast to the ratio in carpet buying, many European countries spend much more than the British on the business of furniture itself.

The Germans, for instance, spend as much as three times

more than ourselves on new furniture.

What is trending to happen in British homes is that there is more of an awareness these days of what variety may be found.

Softer lines are the order of the day, it seems, with less stress on formal, bulky furniture. Two-seater settees have found much favour and though the classic three-piece suite still holds its own, there is a definite call for versatility in furniture, allowing for adjustable arms/backs, etc.

Whether your living room is normally one of elegant order or permanent disarray, it will be as you yourself like it to be in terms of decor — even if you have not yet achieved the last word in furnishings.

For many of us, furnishings in the living room are a reflection of what we can afford, rather than what we would like!

Even so, it is possible to make a few major items set the tone for the whole room, with both decorative and functional value, without breaking the bank. so wonderfully wide is the choice in today's stores that just about any level of price, choice of style and design, etc., is catered for.

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Money Matters

PERSONAL TAX — No. 9 INHERITANCE TAX

Substantial changes were proposed in the recent Budget to the structure of Capital Transfer Tax such that it will now be known as Inheritance Tax and be applied in the following way.

Lifetime transfers: for transfers made after 17 March 1986 the lifetime charge on gifts between individuals is abolished, as is the lifetime charge on gifts into accumulation and maintenance trusts and trusts for the disabled. Lifetime charges are retained for gifts into and out of other trusts including Discretionary Trusts, and for gifts involving companies.

Gifts within seven years of death: if a donor dies within seven years of making a gift, that gift will be taxable at its value at the date of the gift, using the tax levels applicable at the date of death. However, the existing Capital Transfer Tax exemptions and reliefs will still be available in determining the amount liable to tax and tapering relief is also available according to the number of years between the date of gift and death.

Tax on death: Inheritance Tax applicable for deaths on or after 18 March 1986 as follows:

Gross Value	Tax Rate %	Cumulative Tax
0 — 71,000	nil	nil
71,000 — 95,000	30	7,200
95,000 — 129,000	35	19,100
129,000 — 164,000	40	33,100
164,000 — 206,000	45	52,000
206,000 — 257,000	50	77,500
257,000 — 317,000	55	110,500
over 317,000	60	

With sensible tax planning and taking advantage of the fact that no tax is now chargeable on lifetime gifts between individuals, the tax chargeable on death can be substantially reduced. It is not now possible, however, to make gifts during a lifetime and retain a benefit, as was previously the case for Inheritance Trusts etc. Where a lifetime gift was made before 18 March and is within seven years of death, credit will be given for any Capital Transfer Tax paid against the Inheritance Tax liability.

Brenda Page

Hereward Scott Davies

LONDON BOROUGH OF BARNET

Election of Councillors
Thursday 8th May, 1986

Staff required to man the Polling Stations from 7.30 am to 9.15 pm and help with the count on the day starting at 8.30 pm.

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We regret, we are at this time unable to tell you what the revaluation or valuation will be. Our Sales Team will do their utmost to help you. For further information or an application form, contact the Sales Team, on:

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If you live in a house you still get up to 60% Discount

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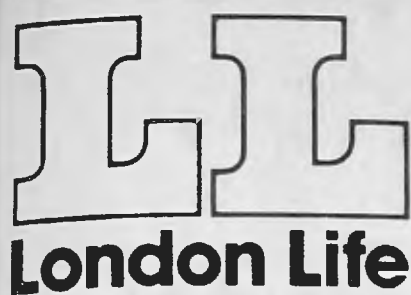
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Mr Alan Payne BSc (Econ)

The London Life Association is pleased to announce the appointment of Mr. Alan Payne as local consultant for the Barnet and South Hertfordshire area.

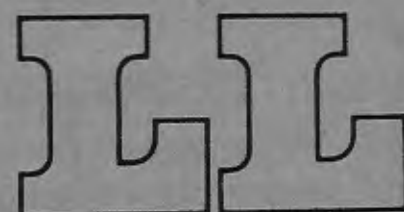
In planning for taxes, Alan Payne can be relied upon for advice relating to a wide spectrum of Financial Planning,

from individual pension planning for self-employed people through to planning for directors and executive benefits for the smaller businesses and the more significant problems highlighted in this year's budget, viz the announcement of Inheritance Tax. This latter subject may be worrying people who want to avoid the problem and yet can not afford to give away large parts of their estates. London Life has the answer to these problems through effective tax planning good investment performance. We are also pleased to say that because of its unique approach to the market and its history, London Life takes pleasure working in conjunction with clients' existing professional advisors such as solicitors and accountants.

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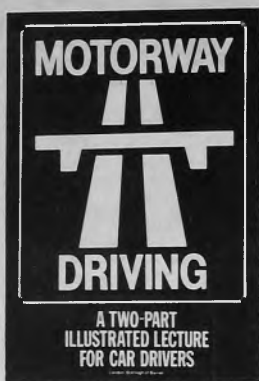
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PART 2: "ON ROAD" ON SUNDAY MORNINGS.

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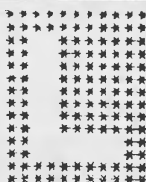
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Courses start April 6th, May 29th and June 1st.
Phone 446 8511 ext 4340 for details.

Come on . . . Get on your bike

The use of the cycle steadily declined between the immediate post-war period and the early 1970's. However, the energy crisis of 1973 caused an upturn in cycle usage which has steadily gained momentum. An indication of this increased cycle activity is cycle sales, which almost doubled between 1969 and 1979.

Over the last few years, there has been a 20 per cent annual growth in the use of the bicycle, with many commuting trips from outer Greater London to the Central area now being made by bicycle.

Bicycles have the advantage of having flexibility of use, being extremely economic and often quicker for short journeys, particularly in urban situations. Cycling is also seen as having advantages in saving energy, being a healthy pursuit and pollution free.

The bicycle does however have a disadvantage in its vulnerability in heavy traffic, particularly where vehicles are making access, parking or turning manoeuvres, such as in busy high streets.

Sadly, the vulnerability and increased numbers of cyclists is reflected in the increasing number of cycle accidents on the roads in spite of a downward trend in road accidents generally.

Barnet Council has taken a positive attitude towards helping the cyclist which is demonstrated by the number of traffic manage-

ment schemes which have special provision for the pedal cycle.

These measures include cycle gaps at road closure barriers, exemptions from banned turns, exemptions from banned vehicle entries, and contra-flow cycle lanes in one way streets.

The latest and most ambitious scheme to help cyclists is the Dollis Brook Cycle Route which runs between Barnet and Brent Cross and will be open later this month.

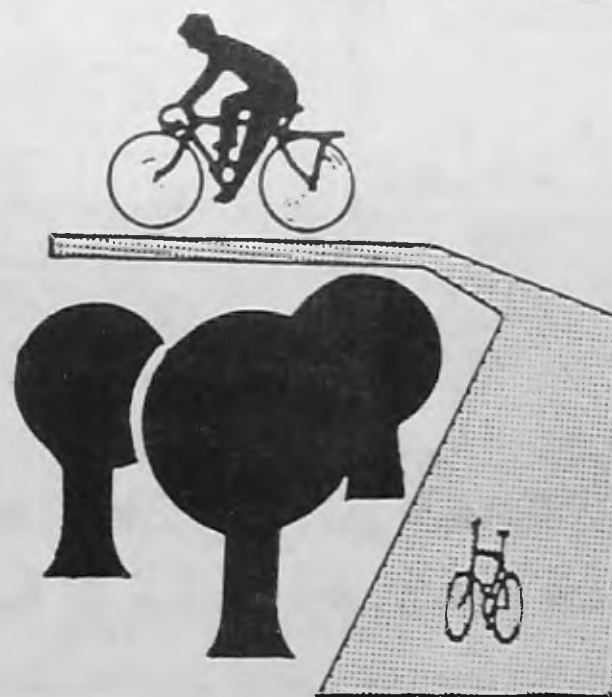
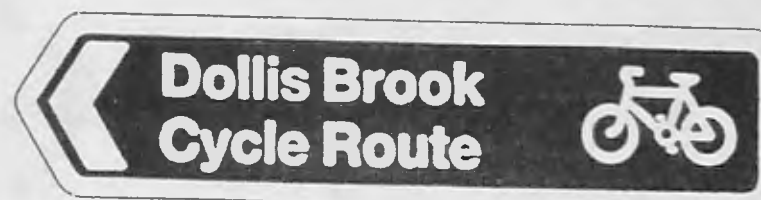
For your free colour leaflet on the new cycle route and information on cycle facilities in the borough contact Robin Hodsdon in the Engineering Services Division on 446 8511 ext 4347.



Lover Walk cycle crossing



Lover Walk cycle lane



Dollis Brook Cycle Route opens for use April 1986.

**For further information contact:
Directorate of Technical Services
Engineering Services Division
Tel: 446 8511 ext 4347**

NEW TRAFFIC SIGNS FOR CYCLISTS

These are some of the NEW TRAFFIC SIGNS to look out for along the cycle route, they will give information to cyclists, pedestrians and all using the cycle routes. For any further information then contact:

**Directorate of Technical Services,
Engineering Services Division
01-446 8511 ext 4347**



Warning side road traffic of cycle lane



To indicate a lane, track or route reserved for pedal cycles



Pedal cyclists only



Pedal cyclists and pedestrians only (segregated)



Cycle route ahead



Route recommended for pedal cycles



Pedal cycle local direction sign



Warning pedestrians of cycle lane



Direction to parking place

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Councillors' and MPs' surgeries

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Advice Bureau with local councillors Sat, April 19, 10.30am to 12 noon, 163 High St, Barnet.

Arkley Ward — Councillor Wilf Lipman available Fri., April 18 and Fri., May 2, 7.30pm, Dollis Valley Community Centre.

FINCHLEY AND FRIERN BARNET

Conservative councillors available Sat. April 5 10.30am to 12 noon, 212 Ballards Lane, N3.

Margaret Thatcher, MP, can be contacted by constituents only through her local Constituency Office, tel. 445 4292.

East Finchley — Labour councillors available Sats, April 5, 12, 19, 26, May 3 & 10, 10am to 11.30am, East Finchley Neighbourhood Centre, Church Lane, N2.

Woodhouse Ward — Conservative councillors available Thurs, April 10, 6.30 to 7.30pm, Hollickwood School, Sydney Road, N10.

HENDON NORTH

John Gorst, MP, available Fri. April 11 by appointment or at other times by phoning 959 1446 or visiting the constituency Office, 2 Apex Parade, Selva Lane, Mill Hill. **Conservative** councillors surgeries at Grahame Park and Mill Hill on Weds. April 9, 16, 23, 30 & May 7.

Colindale Ward — Labour councillors available Sat. April 26, 11am to 12 noon, St Augustine's Church, Grahame Park.

HENDON SOUTH

Peter Thomas, MP, available by appointment with secretary (219 4079). **Conservative** councillors available for consultation (202 7484)

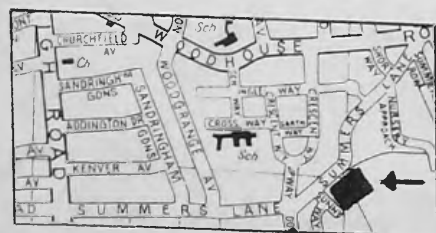
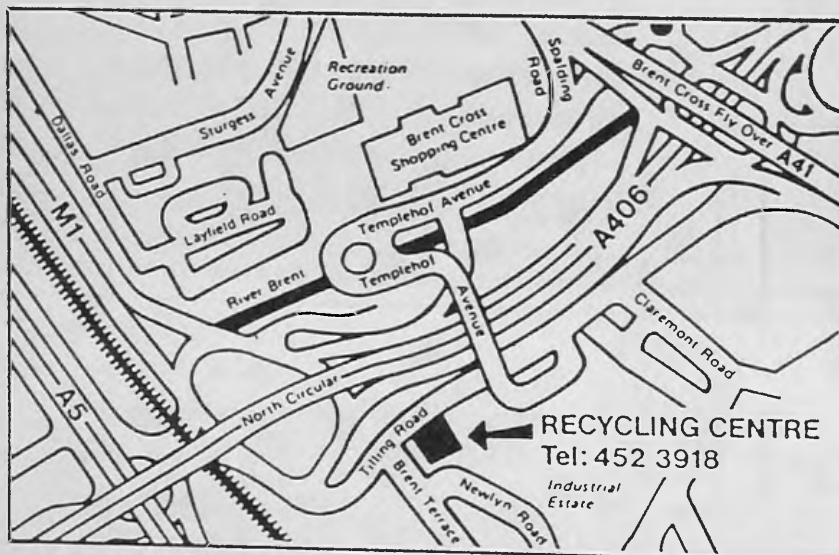
West Hendon Phone Cllr **Tim Sims** (734 8080, office hours) for appointment at West Hendon Ex-Servicemen's Club, The Broadway, NW9. **Cllrs Doreen Neal** (202 9927) and **Agnes Slocombe** (202 4074) available by appointment.

EURO MP

John Marshall, Euro MP, contact 2 Birkdale Rd, London, W5, for appointments.

LONDON BOROUGH BARNET WASTE RECYCLING CENTRES

The London Borough of Barnet has two Recycling Centres where the public are encouraged to bring glass containers, old clothing and furnishings, paper and cardboard, metal goods and cans, waste sump oil . . . for recycling which saves energy resources.



♦ Recycling centre
Tel: 368 8083

The Centres are at:

BRENT CROSS, Tilling Road, NW2 (Tel: 452 3918) (see map)

Opening hours Mon-Sat: 08.00-16.15.
Sun 08.00-1600

SUMMERS LANE, Finchley, N12 (Tel: 368 8083) (Between Woodhouse Road and High Road, North Finchley)

Opening hours Mon-Sat: 08.00-16.15.
Sun: 08.00-1600

In addition, the Centres also accept bulky items and garden waste that borough refuse vehicles cannot accept. There is no charge to householders for this service.

The Engineering Services Division
of the Directorate of Technical Services

LONDON BOROUGH
barnet

Keep Barnet Tidy!

Whilst Keeping Barnet tidy is the councils responsibility, individuals can make a significant contribution.

Pedestrians, By not discarding cans, fast food containers cigarette packets, wrappings etc in the borough roads, parks & footpaths, but by taking them home or placing them in litter bins provided for the purpose.

Motorists, By not throwing rubbish out of your car windows — a practice not only anti-social but dangerous to other road users particularly cyclists. By not abandoning your car on the highway.

Householders, By assuring that your household rubbish is tidy when put out for collection

Shopkeepers, By proper storage and handling of trade waste.

Builders, Including DIY enthusiasts, by not discarding unwanted building materials on the highways & byways.

Facilities do exist beyond the normal household collection service, to deal with bulky items such as old settees, fridges etc. by ringing 363 0013 and arranging for a special collection. A service provided at minimal cost. eg. a settee would cost £2.

Ask the council to dispose of your unwanted car by ringing 446 8511.

Bottles can be disposed of at one of the councils 3 bottle banks or at the civic amenities sites at Brent Cross & summers Lane, which are open 7 days a week for this & other civic waste.

Nature Notes

APRIL

By Clive Herbert of the Barnet Wildlife Group

THE latest news item to mention concerns a major event taking place early next month. The North London Big Bird Race is a Challenge Birdwatch between the Barnet Wildlife Group and the North London Group of the Royal Society for the Protection of Birds.

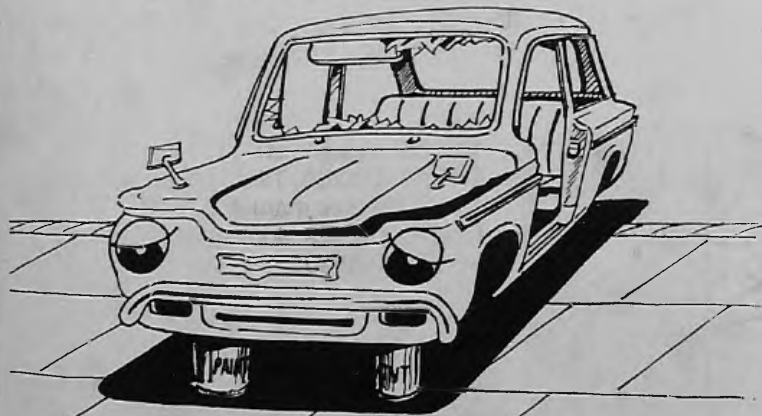
A team of four people from each group will attempt to see (or hear) as many species as possible between midnight and 10pm on Saturday May 10, within an area bounded roughly by Staines, Welwyn, Thurrock and the Thames. The team with the most species is of course the winner and I shall be joining the BWG team led by one of Barnet's top bird men — John Colmans.

Of course, behind all this activity is the main objective of the race, to raise money for local conservation projects. Can you help us? If you could sponsor our group, or know any local businesses who may wish to support us, please request a form.

Help needed

We also need birdwatchers who are willing to visit sites on the day in advance of our arrival to report on the birds present. Contact me on 440 6314 with offers of help. The result of the race will be published on my June article.

ABANDONED VEHICLES!!



Don't just leave your vehicle on the street.

It is an offence for which you may be prosecuted and fined up to **£400**

Barnet Council would be pleased to arrange removal of your old car for only an **£8.00** removal charge.

**Please telephone
01-446 8511 ext 4333**

The Engineering Services
Division of the Directorate
of Technical Services.

LONDON BOROUGH
barnet

A BRIGHTER BARNET



lets keep our borough clean & tidy! don't be a litter lout

- PUT YOUR LITTER IN THE BIN
- BOTTLE BANKS are situated at:
 1. Stapylton road car park Chipping Barnet.
 2. Behind Tesco's in Ballards Lane.
 3. Lodge Lane Car Park, North Finchley.

DUMPING IS GETTING MORE EXPENSIVE AND CAN COST YOU A FINE, UP TO £200

DON'T BE CAUGHT USE THE FACILITIES PROVIDED BY

LONDON BOROUGH
barnet

Schools give a boost to energy saving

Monergy magic transformed the Town Hall, Friern Barnet, into an art gallery on Friday, March 21, when the entries for the school poster competition, on energy conservation, went on display.

As part of Barnet's campaign to save energy in Energy Efficiency Year, pupils had been invited to paint their ideas and slogans. Nearly 400 entries were received and Cllr Mrs Dot Benson, vice-chairman of Education Committee, presented the prizes — £1,300 shared between schools and competitors.



Cllr Dot Benson with the three winners of the infants sections in Barnet's Energy Conservation Poster Competition, left to right, Polly Lindsay, Emily Pope and Paul Taylor, all from St Mary's, Finchley.

Prizewinners

Infants: 1, Polly Lindsay; 2, Emily Pope; 3, Paul Taylor (all St Mary's CE, Finchley).

Junior: 1, Philippa Whitecross (Underhill); 2, Samantha Ballantyre; and 3, Alisia Cook (Sacred Heart).

Secondary, 1st to 3rd year: 1, Emma Adams (Christ Church); 2, Dominic Williamson (Finchley Catholic High); 3, Kirsten Hutchinson (Christ Church). **4th and 5th years:** 1, Mark Briggs (Christ Church); 2, Rebecca Lingwood, (Friern Barnet County); 3, Joanne Childs (Mill Hill County).

Sixth form: 1, Sera Orzel; 2, David Abdo; 3, Eleanor Khan (all Woodhouse).

Best slogan: Raksha Agheda, (Christ Church) — Be bright — don't waste light!



Winners of the secondary school section of the Energy Conservation Competition, left to right: Emma Adams (Christ Church), Kirsten Hutchinson (Christ Church), Dominic Williamson (Finchley Catholic High), Mark Briggs (Christ Church), Rebecca Lingwood (Friern Barnet County), Joanne Childs (Mill Hill County).



A woman's silence can mean a rapist's freedom

TO MANY women victims of sexual assault the horror of the situation makes talking about it almost impossible. Yet their silence can endanger other women and leave the rapist free.

The police know this and to help victims of rape and sexual assault Hendon now has a specially designed victim examination suite — a warm, friendly and helpful centre where the atmosphere can help ease a victim's fears and inhibitions.

This suite, which stems from recommendations of the Metropolitan Police Working Party on Rape, is the second of eight being set up in each of the Metropolitan Police areas. It will be used exclusively for victims of rape and serious sexual assault from all over North West London.

Det Sgt Lynette Elliott, the instructor at the Peel Centre who trains police officers dealing with sexual assaults said: 'One of the doctors who talks to the officers on the training course has already used the suite and cannot praise it enough.'

'It makes things easier for the victims in that they relax more quickly in this type of atmosphere. Therefore the examination is less traumatic than it would be in a police station.'

Chairman of the Working Party on Rape, Det Chief Supt Thelma

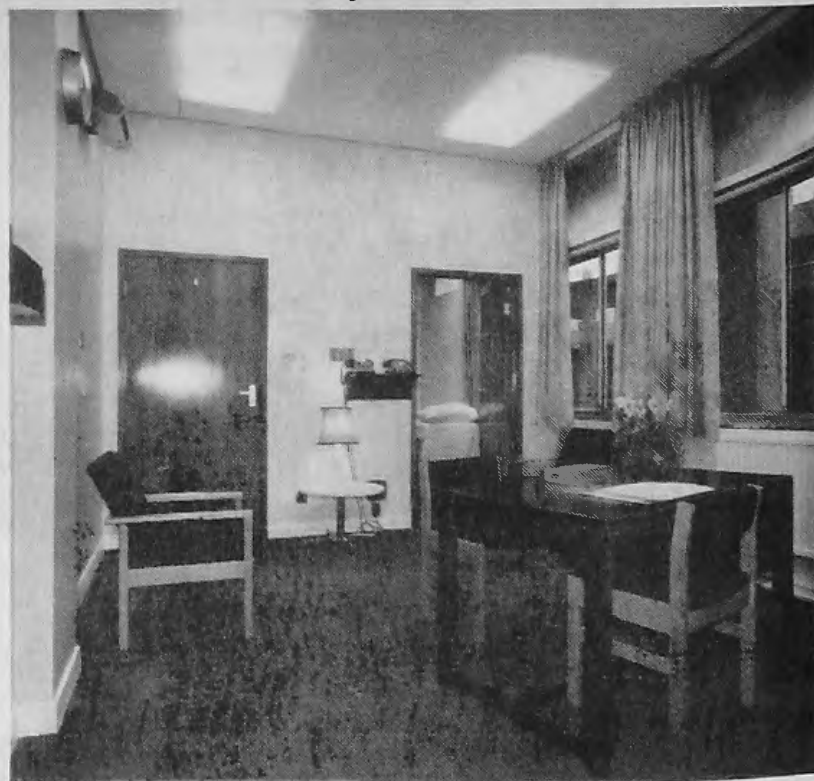
Wagstaff, said: 'Victim Examination Suites are designed to give all rape victims privacy and confidentiality. The Metropolitan Police is doing all it can to help women cope with a serious, violent crime. We are working closely with groups, such as the Victim Support Scheme, to help women get over what is for many of them the most traumatic experience of their lives.'

'We hope that the opening of the suites will encourage more women to come forward and report rape attacks. The more women that do this, the safer the streets of London will be. A woman's silence could mean a rapist's freedom to attack again.'

The suite is in the Medical Unit at the Peel Centre and has its own entrance. Three inter-linking rooms provide a doctor's consulting room with easy chairs, a fully-equipped examination room, and a shower room.

If the victim's clothes are needed for forensic examination, or if she wants to change, overalls are provided. She has a choice of male or female doctor and a specially trained woman police officer will also be available during the examination and will take her statement when she feels able to give it.

The woman police officer can offer advice on the availability of the 'morning after' pill from the British Pregnancy Advisory Ser-



vice, and arrange priority appointments at sexually transmitted disease clinics. She can also put the victim in touch with the local Victim Support Scheme for counselling.

Dept Supt Thelma Wagstaff said: 'These initiatives are to be seen as part of a broad police response to a serious, violent crime and to improve the Metropolitan Police dealings with victims

of sexual assault. We have invested a great deal of our resources in training officers to be aware of the trauma that victims go through.'

'We hope to influence the courts to be more sympathetic to the needs of a victim by providing better witness accommodation and arranging fixed dates for trials.'

Chief Executive and Town Clerk's Department

Assistant Solicitor

Salary: PO2/3. £12,543—£14,718 per annum inclusive.

We require an enthusiastic solicitor with an interest in all types of litigation, including Social Services, Housing, Employment and Town Planning. The work will be wide ranging and will provide an excellent opportunity for a recently qualified solicitor seeking a career in local government.

The ability to work with minimal supervision is important. You may also be required from time to time to represent the Chief Executive and Town Clerk at Committee meetings.

Closing date: 17th April, 1986.

Application forms quoting reference 600/86 from address No. 1

Directorate of Social Services Day and Residential Care Division

Principal Management Officer

(Deputy Head of Division)

Salary: PO5/6. Up to £17,601 per annum inclusive plus Essential Car User and Telephone Allowances. Relocation Expenses in approved cases.

We have 40 Day and Residential Settings managed by a group of enthusiastic and creative Management Officers. There is also a large private voluntary sector for both 'Under 5's' and Adults.

You will be a member of the Directorate Management Group and will be expected to have a significant role in policy development and implementation, within and outside the Authority.

In addition, you will need to take a wide role in all Day and Residential Care Services and will directly supervise a group of Management Officers as well as take personal responsibility for three settings for people with a mental illness.

A Social Work Qualification is highly desirable although applicants with other qualifications and extensive relevant experience, in more than one area of Day and Residential Care Management, are equally encouraged to apply.

John Marsden (Head of Division), tel: 446 1488, ext. 267, or Alan Gorst

(Director), tel: 446 1488, ext. 240, would be pleased to talk with any interested applicants.

Closing date: 18th April, 1986.

Interview date: 28th April, 1986.

Application forms, quoting reference 633/191, and information package from address No. 4.

Social Work Assistant

Salary: £7,593 to £8,406 per annum inclusive.

We are looking for a well organised and articulate person for this post at the Area Team in New Barnet, which services a large population in the north of the Borough.

The work is mainly concerned with assessing the needs of, and seeking to provide a range of services for, elderly people living in the community. Experience of such work in a voluntary or other capacity would be an advantage. Supervision and in-service training is provided.

You must be able to drive and an Essential Car User's allowance is payable.

Closing date: 17th April, 1986.

Application forms, quoting reference 633/107, from address No. 4. Please complete your application so as to give the fullest account of yourself and the qualities you can bring to this job.

Children's Holiday Playscheme 1986

Playleaders and Playhelpers are needed to run playschemes in Barnet Borough Schools and Youth Centres for children aged six to 12 years, during the school summer holidays.

You must be at least 18 years old, and should live locally. Previous experience of child care would be an advantage.

Rate of Pay: Approx. £110 per week for Playleaders or £95 per week for Playhelpers.

Closing date: 17th April, 1986.

For written details and application forms, quoting reference CAM/PSI, call the telephone answering service on 01-446 6857, or write to address No. 4.

Directorate of Educational Services

Senior Administrative Assistant

Teachers' Staffing Section

Salary: Grade PO2.

£12,543—£13,578 per annum inclusive.

We require an enthusiastic administrator with sound experience in a teaching personnel section to head a team of eight people. You should have a flexible approach to developing the work of this busy section and be committed to establishing good liaison with Head Teachers on all aspects of teacher staffing. A thorough knowledge of Burnham and Teachers' Conditions of Service is essential for this post.

Closing date: 17th April, 1986.

Application form, quoting reference ADM/E/85, and further details available from address No. 3. Tel: 01-368 1255, ext. 221.

Administrative Assistant

**Further Education Awards
Section**

Salary: Scale 3. £6,927—£7,449 per annum inclusive.

You will join a busy section of 13 staff dealing with awards to students attending universities, polytechnics and further education establishments. A willingness to operate computer equipment is essential and you will also need to be capable of working under sustained pressure during peak periods.

Closing date: 17th April, 1986.

Application form, quoting reference ADM/E/287, and further details available from Address No. 3. Tel: 01-368 1255, ext. 220.

For full-time posts we offer a minimum of 20 days and basic annual leave, with additional leave at most Bank Holidays, canteen facilities and schemes to assist with temporary separation and relocation. Assistance with housing may be available; 100% of removal expense; Interest free loans for annual season tickets.

1 Personnel Officer, Room 35 Ravensfield House, The Burroughs Hendon, London NW4 4BE. Tel: 01-202 8282 Ext. 481 (01-202 6602 24 hr answering service)

4 Director of Social Services Ivy House, 1331 High Road, Whetstone London N20 9HZ. Tel: 01-446 6857 (24 hr answering service)

2 Directorate of Technical Services Barnet House, 1255 The High Road, Whetstone, London N21 0FJ

5 Borough Librarian, Ravensfield House, The Burroughs, Hendon, London NW4 4BE Tel: 01-202 5625 Ext. 48

3 Director of Educational Services Town Hall, Friern Barnet London N11. Tel: 01-368 1255

6 Geoff Fish, Chief Environmental Health Officer Grove Lodge, 287 Regents Park Road Finchley, London N3 3JY. Tel: 01-349 9121 Ext. 151

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**LONDON BOROUGH
barnet**

Friends of the Library

BARNET Libraries and Arts Committee have helped to boost a campaign by Councillor Frank Gibson to set up a Friends of the Library organisation in four areas of the borough.

They voted at their last meeting to allow the Friends — when they get together — free hire of local libraries for their meetings.

There will actually be four separate groups, one for each of the Parliamentary constituencies: Finchley and Friern Barnet, Chipping Barnet, Hendon North and Hendon South.

Barnet 'first'

Councillor Gibson, who represents the Friern Barnet Ward, picked up the idea for a Friends organisation on his visit last year to the USA as Chairman of the Friends of Montclair — Barnet's twin town in Greater New York. This will be a Barnet 'first' — there are no such similar organisations in the UK.

He sees the aims and objects of the groups as being to develop community awareness and support for the library service as an independent, self-financing and non-political body, raising funds through subscriptions, donations and other activities.

It was up to the groups, said Councillor Gibson, to decide how to spend their funds — on improvements to library services or amenities, and on a programme of talks, lectures or visits.

Membership fee

Anyone over 16 will be able to join and the suggested membership fee is £2 a year, but donations and patrons will be sought.

There will also be an umbrella group, the Borough of Barnet Friends of the Library Association, to gather progress reports, information and ideas from each of the four groups throughout the year.

The idea has been welcomed by Councillor Olwen Evans, Chairman of Libraries and Arts, who said: 'I am very happy with Councillor Gibson's scheme and wish it every success. I will, of course, take an active part in this and do whatever I can to help.'

No substitute

'But I must stress that such a scheme is not meant to act as a substitute for Council funding.'

Councillor Gibson would appreciate hearing from library users who would wish to support him in this unique venture — please write to: Councillor Frank Gibson, Town Hall, Hendon, NW4 4BG.

Directorate of Educational Services

Technician (Electrical)

Hendon College of Further Education

Salary: Scale 3. £6,927—£7,449 per annum inclusive.

We are looking for an experienced Technician to provide support to our lecturers and students' in the electrical/electronic/mechanical laboratories. The work involves the preparation of apparatus and materials for demonstrations, and students practical and project work, together with the maintenance of a wide range of equipment.

An appropriate qualification would be the BTEC Certificate or Diploma in Electrical Engineering, City & Guilds 735 (Science Laboratory Technician) or City & Guilds 224 parts II or III (Electronic Science). Some familiarity with micro-computers and micro-electronics would be an advantage. Practical experience, enthusiasm and the ability to work as part of a team are important factors.

The post is currently based at The Burroughs, Hendon NW4, but will be relocated to Grahame Park in the near future.

Closing date: 17th April, 1986.

Application form, quoting reference ADM/E/412, available from Mr R. H. Beardon, Chief Administrative Officer, Hendon College of Further Education, The Burroughs, Hendon, NW4 4DE. Tel: 01-202 3811, ext. 201.

Full-Time Clerical Assistant

Salary: Scale 1/2. £3,657 to £6,771 per annum inclusive.

We require a fast and accurate typist to join our busy typing and word-processing centre, dealing with work from various sections of the Department. You will — ideally — be familiar with ICL Word Processors.

Closing date: 17th April, 1986.

Application forms, quoting reference ADM/E/AW, from address No. 3. Tel: 01-368 1255, ext. 266.

Laboratory Technician

Christ's College Upper School, Hendon Lane, Finchley, N3

Salary: Scale 4. £7,593—£8,406 per annum inclusive plus additional allowance for recognised qualification.

We are looking for a suitably qualified and experienced person for this post of Senior Laboratory Technician. Your duties will include the care and maintenance of apparatus, setting up of experiments and use of chemicals. You will work mainly in the large physics department, but will be expected to

make a contribution to the work of the science department generally.

Hours: 36 per week, 52 weeks per annum.

Closing date: 17th April, 1986.

Application form, quoting reference ADM/S/155/211, from address No. 3. Tel: 01-368 1255, ext. 220.

Laboratory Technician

Nether Street, North Finchley, N12 7NJ

Salary: Scale 1/2. £2,389—£3,605 plus additional allowance for recognised qualification.

Your duties will include the assembly care and maintenance of apparatus, preparation of equipment and use of chemicals.

Hours: 23 per week, 40 weeks per annum.

Closing date: 17th April, 1986.

Application forms, quoting reference ADM/S/175/222, from address No. 3. Tel: 01-368 1255, ext. 221.

Nursery Nurse

The Hyde Infants School, The Hyde, NW9

Salary: Grade NA 1. £5,226—£6,243 per annum inclusive.

NNEB qualified nursery nurse required at the above school for 32½ hours per week, 40 weeks per annum.

Closing date: 17th April, 1986.

Application form, quoting reference ADM/S/053/621, from address No. 3. Tel: 01-368 1255, ext. 220.

Borough Treasurer's Department

Audit Assistant

Salary: Scale 3/4. £6,921—£8,410 per annum inclusive.

The Division is currently based at Friern Barnet and provides the internal audit service for all Directorates of the Council, the Middlesex Polytechnic and the Middlesex Area Probation Service.

The post is suitable for a person wishing to develop a financial career in the Public Service and you may be offered the opportunity for assistance with study for professional accountancy examinations (CIPFA or AAT) in due course. A wide experience of the audit of the above services is offered.

Closing date: 17th April, 1986.

Application forms, quoting reference 601/516 from address No. 1.

Assessment Assistant

Salary: Scale 3. £6,927—£7,447 per annum inclusive.

This post is located in the Private Tenants group of the Housing Benefits Division based at King Edward Hall, Finchley.

The main duties include the assessment of applicants' income and entitlement to Housing Benefits. You will be required to deal sympathetically with members of the public and experience in dealing with telephone and personal enquiries would be an advantage. A good standard of education is required for this post.

Closing date: 17th April, 1986.

Application forms, quoting reference 601/422, from address No. 1.

General Assistant

Salary: Scale 1/2. £3,657—£6,771 per annum inclusive, starting salary dependent upon age and qualifications. Minimum salary at age 21 is £5,466 per annum inclusive.

We are looking for an enthusiastic and energetic person for this post in the Council's Rating Division, which deals with the duties of controlling and administering data into, and output from, the computer, and also the collection of general rate from some 15,000 rate-payers using the direct debit system of payment.

You will be basically involved with filing and stock control duties, but will also be expected to take a wider and developing role in the work of the section. This position could well be an introduction to a rewarding career in rating for the right person.

Closing date: 17th April, 1986.

Application forms, quoting reference 601/222, from address No. 1.

Directorate of Technical Services

Support Services Group

We are looking for two enthusiastic and energetic people to fill the following posts within the Support Services Group of this recently restructured Directorate.

Administrative Officer

Salary: Scale 5. £8,613—£9,390 per annum inclusive.

You will be responsible to the Head of the Expenditure Control and Costing Section for estimate preparation, budgetary control, cost and accountancy procedures with particular emphasis on providing financial information relating to a direct labour organisation. The ability to motivate staff in the implementation of new technology for financial systems is essential.

Ref: TS.11.

Administrative Assistant

Salary: Scale 3. £6,927—£7,449 per annum inclusive.

Your duties will involve processing stores documentation, preparing invoices to payment stage for utility accounts, assisting with the processing of vehicle and plant time sheets and the upkeep of a tool and plant inventory.

Ref: TS.15.

Closing date: 17th April, 1986.

Application forms for these posts available from the Assistant Controller (Support Services), address No. 2. Please quote appropriate reference number.

Engineering Services Division

Engineering Technician

Engineering Group

Salary: Scale 2/3. £6,243—£7,449 per annum inclusive.

We are looking for a hard working and reliable young person eager to make a career in engineering, who is working towards an Ordinary Technician Certificate and has some experience in a technical department in Local Govern-

For full-time posts we offer a minimum of 20 days and basic annual leave, with additional leave at most Bank Holidays, canteen facilities and schemes to assist with temporary separation and relocation. Assistance with housing may be available; 100% of removal expense; Interest free loans for annual season tickets.

ment, Central Government or private industry.

You will initially work in the Traffic Engineering Section, assisting in the production, monitoring and review of traffic management schemes and order making. You will be encouraged to progress your career through future training. Mike Briggs would be pleased to discuss this post with you on 01-446 8511, ext. 4330.

Closing date: 17th April, 1986.

Application forms, quoting reference 602/E/75, available from Assistant Controller (Support Services), address No. 2.

Environmental Health Department

Divisional Environmental Health Officers

Salary: PO3/4. £13,578—£15,804 per annum inclusive.

You will report to the Assistant Chief Environmental Health Officer and will be responsible for the management of a Division within the newly formed Residential Group of the Department.

The Council have recently approved a total re-organisation of the Department into functional teams divided broadly into Commercial and Residential Divisions. Implementation will be in May this year following relocation to newly refurbished offices in Whetstone, N20. Excellent facilities are proposed and this, together with plans for computerisation in the autumn, make it a very exciting time for the Department. There will be a future policy of movement between the Divisions.

Barnet is an outer London Borough bordering the green belt in the North with easy road and rail access to Central London. The Borough ranges from excellent recreational facilities and park land to some areas of older housing. Working conditions are stimulating and pleasant.

Essential user car allowance is attached to the post.

Closing date: 18th April, 1986.

For an informal discussion contact Geoff Fish, telephone 01-349 9121, ext. 156. Application forms, quoting reference 609, from address No. 6.

1 Personnel Officer Room 35 Ravensfield House, The Burroughs Hendon, London NW4 4BE. Tel: 01-202 8282 Ext 481 (01-202 6602 24 hr answering service)

4 Director of Social Services Ivy House, 1331 High Road, Whetstone London N20 9HZ Tel: 01-446 6857 (24 hr answering service)

2 Directorate of Technical Services Barnet House, 1255 The High Road, Whetstone, London N21 0FJ

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6 Geoff Fish, Chief Environmental Health Officer Grove Lodge, 287 Regents Park Road Finchley London N3 3JY. Tel 01 349 9121 Ext. 151

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