

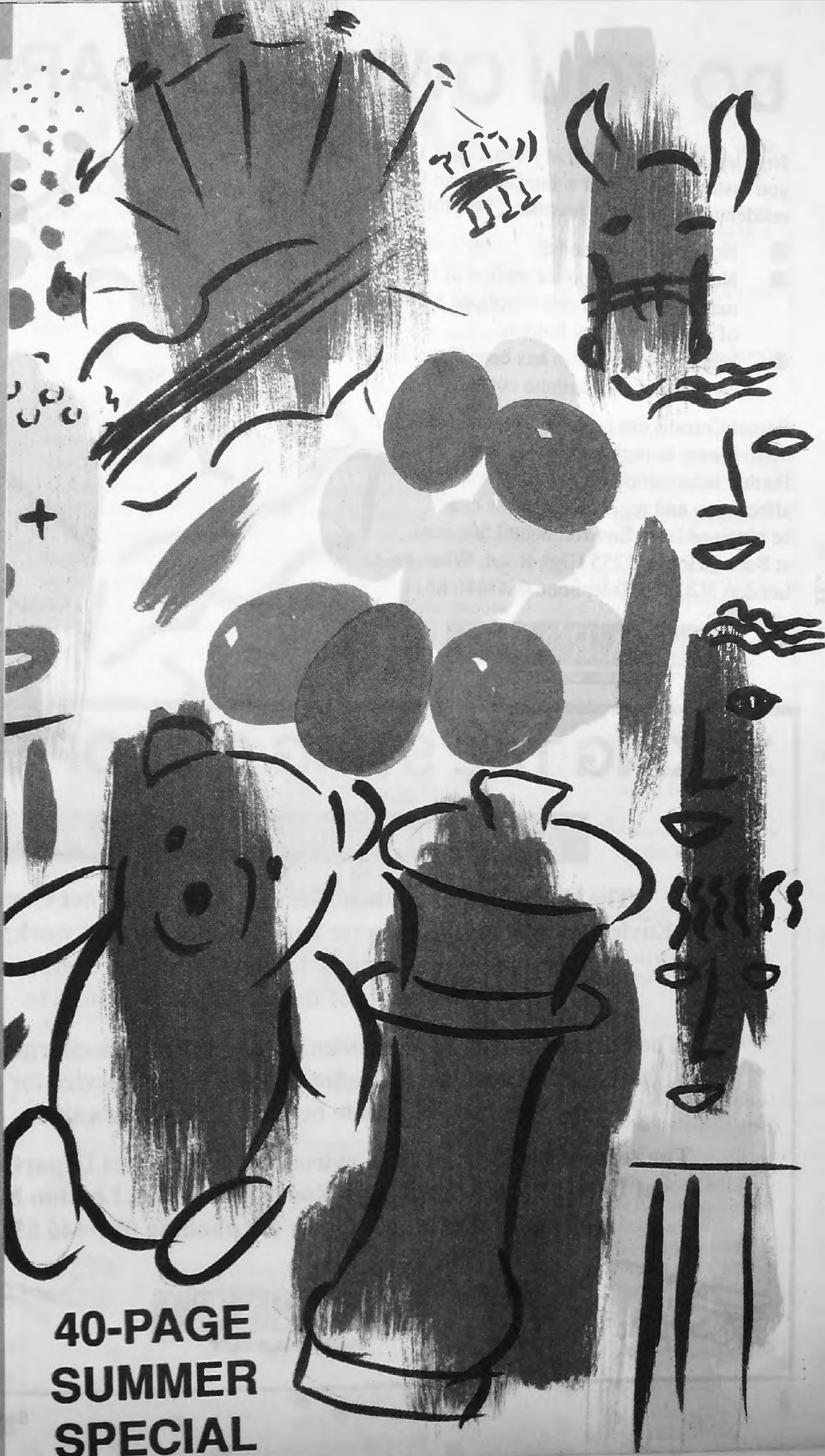
Summer 1992

 **BARNET**
LONDON BOROUGH

News

BARNET

Issue Seven



**40-PAGE
SUMMER
SPECIAL**

DO YOU OWN AN ALARM?

New legislation means that from 1 July 1992, if you install or take over a burglar alarm in a residential or business premises, you must:

- Notify Barnet Council.
- Notify the local police station of the names, addresses and telephone numbers of at least two key holders
- Make sure the alarm has been fitted with an automatic 20-minute cut-out

Barnet Council has produced special forms to make it easy to register with the council. Further information on how the new law affects you and registration forms can be obtained from Environmental Services at Barnet House, 1255 High Road, Whetstone, London N20 0EJ Telephone 081-446 8511



TAKING THE STING OUT OF SUMMER

Are you plagued by troublesome wasps?

The Wasp Nest Treatment Service, part of Barnet Council's Environmental and Consumer Services pest control work, operates throughout the summer to destroy wasps' nests and help rid residents of these troublesome insects.

The cost of the treatment service, at just £30 with a charge of £10 for any further nests on the same site plus a free service for people who receive a state benefit, is excellent value.

The service is run from the Environmental Services Department based at Barnet House, 1255 High Road, Whetstone, London N20 0EJ.

More details can be had by telephoning 081-446 8511.



WELCOME

Welcome to the bumper, 40-page, summer issue of **Barnet News**.

Packed with interesting features on Barnet Council's activities, you'll also find details of a host of things to do during the summer holidays.

In our centrespread we've listed details of the borough's three summer shows, which kick off on Friday 12 June with the Copthall Show (We hope your copy of Barnet News has reached you in time, so you won't miss out on the fun!).

Make your way to Victoria Park in Finchley between Wednesday 15 and Saturday 18 July to enjoy the funfair and varied activities of Finchley Carnival.

And don't miss out on the merriment of The Summer Show in Friary Park on 7 and 8 August.

Schoolchildren who are wondering what to do during the long, summer holidays will find details of sports and adventure courses on page 22, whilst those seeking a bit of culture can find details of arts events in the listings on page 38.

All in all, plenty to see and do during what promises to be a baking hot summer. Don't forget the suntan lotion.

Answering Machine

Reports of non-delivery of Barnet News should be left on our 24-hour answering machine.

Letters and comments on the magazine can also be dictated onto the answering machine.

Please ensure you leave your name and a contact number.



081-203 8356



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40-PAGE
SUMMER
SPECIAL

Summer Fun
by Cornelius Browne

Barnet News is produced by the London Borough of Barnet in association with the Advertiser North London Group.

ISSUE SEVEN

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Finding the root of your problem with hypnotherapy

HYPNOSIS has for years had connotations of swinging watches, walking around in a trance-like state and waking up with a click of the fingers with no memory of your experience.

It's not like that at all, in fact all of us experience some sort of hypnosis twice a day, when falling asleep and waking up.

In a relaxed hypnotic state people can open the mind making communication easier, this is why it is often used to help resolve emotional, psychological and psychosomatic problems.

There are many schools of thought regarding hypnosis and the treatment of problems. Two Finchley based therapists have their very own treatments and theories.

Mrs Vijaya Prasad DMS, CHP, NRHP, uses psychotherapy with hypnosis. Her basis of treatment is to lower peoples anxiety. "All problems are anxiety related. Tranquillisers that are used to help problems only scratch the surface. With hypnotherapy you don't need

pills and you will really get to the heart of the problem. For deep rooted problems I use regression therapy." said Mrs Prasad.

Mr Georges Philips DHP, MIAH, MAAT, offers two forms of treatment. Suggestive therapy is used to prepare a state of mind to stop people smoking and over eating.

Hypno-analysis which is also used deals with many things such as sexual problems, alcoholism and depression. This doctrine suggests that everything that happens to you in life has had an effect on you. Mr Philips adds that, "Once you've seen the problem, you can re-structure your thinking. Problems tend to be found in adults abused as children. When the memory is located and resolved, with it comes a complete release."

If you want any further information ring Mrs Prasad on 081-349 3201/071-538 2572. Or Mr Philips on 081-446 8358.

ADVERTISER'S ANNOUNCEMENT

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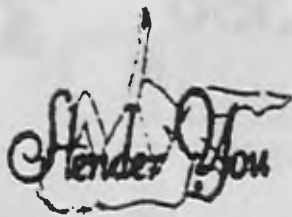
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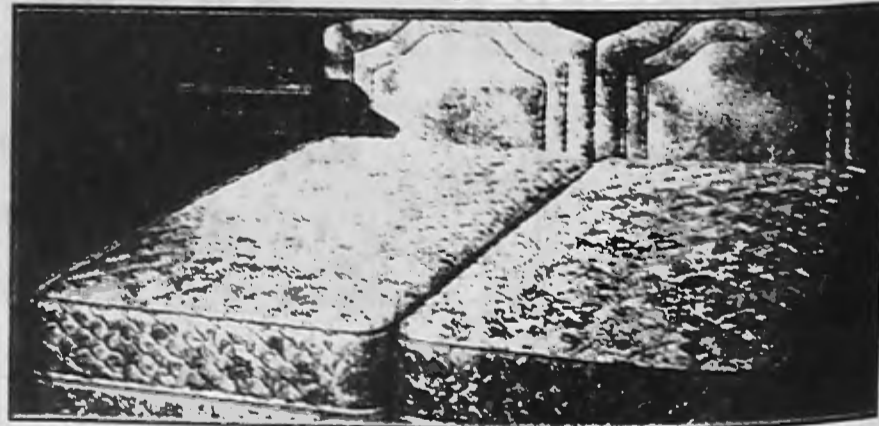
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DEADLY DANGER OF PRIZED SPECIMENS



For most people, an overhanging branch laden with blossom is a beautiful sight; but for the blind, it can be a deadly danger.

John Hutchings, pictured left, who lives in Finchley, is one of scores of blind people in the borough who cannot walk the streets without fear of colliding with other people's prized gardening specimens.

And a Barnet Council officer with special responsibility for the mobility of the blind has warned that someone could be very seriously injured.

Val Hoganbuckle said: "It looks lovely when shrubs and trees overhang, but blind people have to tap a path near to the building line. This makes them vulnerable to being hit in the face. The irony is that someone could lose an eye if they walked into a branch too hard, which would be horrifying."

John Hutchings said: "I lost my sight quite recently and I have been learning to use a long cane.

"It is very hard to get your confidence back and be able to walk about on your own. It really knocks you off balance and totally disorientates you when you walk into overhanging branches."

Every person in the borough, who is registered as blind gets a visit from Val and her team to see how the council can help with issues like mobility and grants.

Val said: "The aim is to give independence to blind people, which comes from confidence, which takes us back to overhanging branches. There is nothing better for rocking someone's confidence than being hit in the face unexpectedly."

"All we are asking is that gardeners with overhanging shrubs chop their branches a little higher."

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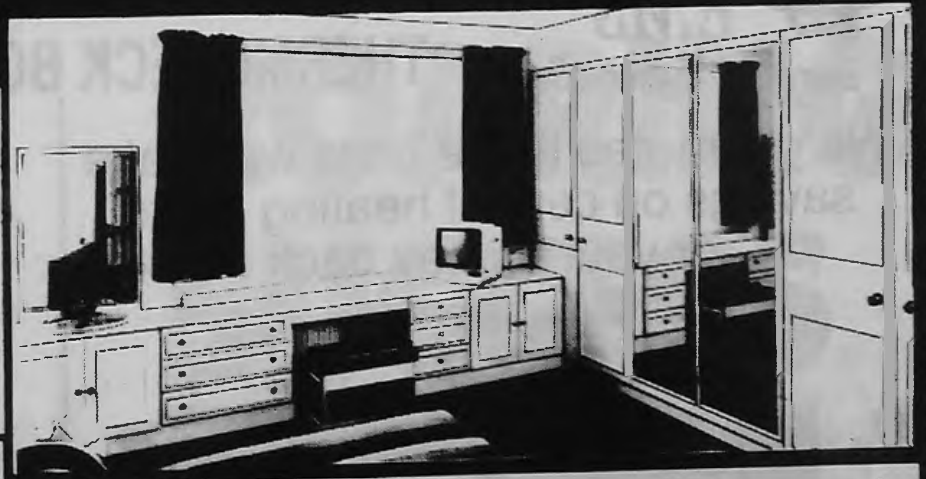
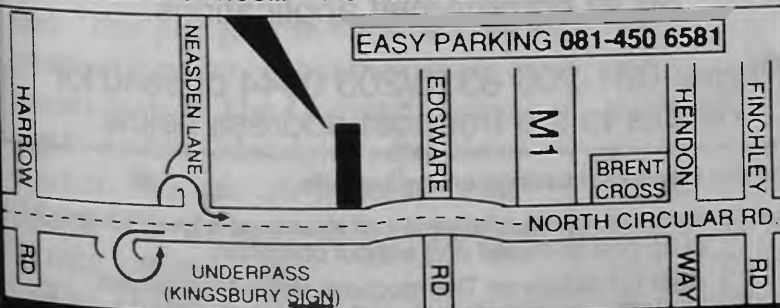
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Barnet News - Summer 1995

COMPTON SCHOOL



Barnet Council's new Secondary School is simply roaring into life!

The Compton School in Finchley, which has the Compton Lion as its emblem, is due to open its doors to 150 first year pupils on 3 September.

However, such is the reputation of the borough's education system that the School is already over-subscribed, the first 150 places having been snapped up within a few months of the council's decision to open the school.

Cllr. Mrs. Helena Hart, Chairman of the Temporary Governing Body, said: "This just goes to show the tremendous confidence that the people of Barnet have in The Compton School and in Andrew Macalpine, our Headteacher. We are all absolutely delighted with the way that things are moving forward.

The changes at The Compton School have been radical in the months since Barnet Council's decision to open it was made. Building work has continued apace following completion of the roofing works. The kitchen has

been completely refurbished, new heating and telephone systems put in and work is about to start on the Information Technology department.

Major re-wiring and refurbishment of the first science laboratory will also have been completed before September, as well as extensive internal and external decorations.

The School's two Deputy Headteachers, Teresa Tunnadine and Bruce Goddard, have already taken up their positions and the eight Heads of Department, who will make up the re-

mainder of the teaching staff required for the first year, were recruited during May.

Cllr. Mrs. Hart believes that the emphasis on quality of teaching staff is another significant factor in the early success of the Compton School.

A final word must go, of course, to Headteacher Andrew Macalpine, "It is a race against time, but it is a race we are confident of winning, with everyone caught up in the excitement of setting up a completely new institution".

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The Old Bull is buzzing in Barnet

Summer is really hotting up . . . and so are all the exciting activities at The Old Bull Arts Centre in Barnet. The North London Jazz Festival **JUST JAZZ 92** is running for three weeks from Thursday, 18th to Sunday, 5th July. Celebrating the whole spectrum of the world of jazz, **JUST JAZZ 92** mixes the best performers currently touring the British jazz circuit with a rich blend of jazz and jazz-influenced music from all around the globe. (See Arts round-up for full details).

A hive of activity in August

This year the Children's Festival at the Old Bull will see hundreds of young people taking over the Centre throughout August. Under the title of **BACK TO THE WOODS**, children from 6-12 years will spend a concentrated week working

with professional companies making, and then a further 2 weeks devising and performing their own shows, both at The Old Bull and in a local woodland setting. This will also be linked with children's activities and shows happening throughout the Borough in libraries. Watch out for events and activities. Phone (081) 449 0048 NOW to make sure you get your place!

Up, up, and away

Thanks to everyone who made such generous contributions . . . the Centre's new lift giving full access to the first floor theatre is now busily going up and down, up and down. This first phase in the Old Bull's drive towards full accessibility is part of a major development plan for the Centre which includes a new visual arts gallery for the Borough. Contact the **FUND-RAISING DEPARTMENT** on (081) 449 5189 if you'd like to get involved in this exciting project.

YOUR CHANCE TO WIN A PIZZA THE ACTION AT THE OLD BULL ARTS CENTRE

Enter our free prize draw and win a pair of free tickets to any event at The Old Bull plus a £15.00 voucher for a meal at Pizza Express!

The Old Bull Arts Centre is North London's most exciting venue, offering an incredible range of arts activities - the best in professional touring theatre, dance, cabaret, jazz and rock plus high quality amateur shows, workshops, courses and classes -all for young and old alike. And

there's even a craft shop and visual arts gallery under the same roof. Situated on the High Street in Barnet, just four minutes walk from High Barnet tube, the Old Bull is open seven days a week, 52 weeks a year. Simply fill in and return this form and we'll enter your

name in the draw and put you on our FREE mailing list for our regular brochure with full details of all events and activities.

The first five forms out of the hat will win 2 free tickets to a show at the Old Bull plus a £15.00 voucher for a meal at Pizza Express, High Barnet.

Return this form to: The Old Bull Arts Centre, **FREE PRIZE DRAW**, 68 High Street, Barnet EN5 5SJ

NAME:
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 (EVE):
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What's On?

Nobody does it wetter!

POOLSIDE MANOR in Lyndhurst Gardens, Finchley, is a leisure centre owned and operated by Judy and Ivor Davies.

The main feature of Poolside Manor is its distinctive pinelag building, housing a superb swimming pool (18m x 8m), refreshment/coffee bar, activity room, and health facilities (sauna, steam cabinet, sunbed). Meeting the ever-increasing demand for swimming tuition is the core of Poolside Manor's operation. Personal attention in small groups, under the supervision of qualified A.S.A. instructors, is the hallmark -continuing the excellent reputation for quality developed by the Davies'. Poolside Manor also caters for specialist demands; courses for Parents & Toddlers, Aquafit (Keep Fit in the water), Sparklers (gym club for 3-4 and 5-7 year olds), Tap & Jazz, Judo, PYMS (Poolside Young Members) a club for 9-13 year olds with both wet and dry fun activities and superb safe supervision. Leisure swimming facilities are also available. Poolside Manor has been constructed within the grounds of the Finchley Manor Tennis and Squash Club (which also boasts an excellent gymnasium). The combined facilities of the two clubs make this location one of the most attractive and friendly centres in London. Applications for swimming tuition or leisure membership of Poolside Manor can be made by contacting Judy or Ivor Davies at their office on 081-1945/1444.

ADVERTISER'S ANNOUNCEMENT

X.U.K. ACTIVITY HOLIDAY CAMPS cater for 3-12 year olds on Day Camps and 6-17 year olds on Residential Camps with a balance of the arts, crafts, drama, dance, sporting activities (such as swimming, tennis, water ski-ing, windsurfing, sailing, dry ski-ing, ice skating, ten-pin bowling, archery, judo, etc.), driving lessons, magic shows, excursions, theme discos, bonfires and much, much more.

XUK insists on regular training as a priority for all staff, and qualifications and experience in working with children and teenagers is essential. With a ratio of one leader to a maximum of six children, supervision is of the highest standard. XUK is also a founder member of the British Activity Holiday Association. XUK believes basic creativity and use of initiative, coupled with up-to-date exciting and adventurous activities, is the recipe for success. The Sunday Times and Thames Television consumer programme 'For What It's Worth' agree, pronouncing XUK to be "Brill" and "This is how a camp should be run."

For more details and a colour brochure, please telephone Judy Davies on 081-349 1444/1945.

An opportunity knocks

AFTER the hugely successful Easter REACT Workshop, this summer brings a fantastic opportunity for young people.

REACT Performing Arts Workshop aims to develop the potential of young people by offering the opportunity to appreciate and experience the Performing Arts, and by encouraging expression in a relaxed and enjoyable atmosphere.

Workshop sessions cover a wide variety of arts including dance and movement, mime, video-making, drama, singing, stage make-up, improvisation, magic and voice projection.

In addition to qualifications in the field of Performing Arts, all the REACT staff have substantial experience in working with young people, where their good humour and skills in motivating are second to none.

REACT Performing Arts Workshop is operating during the summer holidays on a day and residential basis at Finchley and Suffolk, for ages 10+.

For further information please phone 081-349 1945/1444.

TICKETS are now on sale for an exciting new musical written by Daniel Davies. Set in a Children's Holiday Camp, 'Loco Parentis', which has a talented cast of 30 young people from Barnet, will be performed at the Wyllyotts Centre Theatre, Potters Bar on July 4th and 5th, in the presence of the Mayor of Barnet.

Part of the proceeds will be donated to the Mayor's Appeal and other recognised Children's Charities.

Don't miss out, phone for ticket information on 081-349 1945/1444.

ADVERTISER'S ANNOUNCEMENT

REACT!

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FINCHLEY & SUFFOLK
DAY & RESIDENTIAL

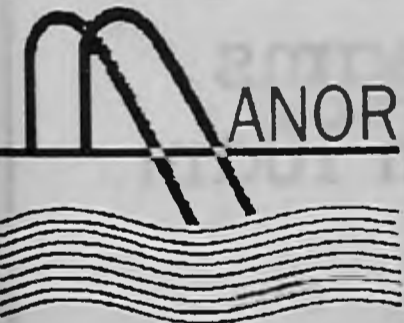
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Other Indian restaurants can turn down the heat on their dishes for the English palate and although the Ashapuri can do this, the sauces used remain spicy and rich.

The Ashapuri is a restaurant best visited on an empty stomach.

This was borne out by my dining companion's starter of prawn puri - spicy prawns on a piece of nan bread.

For something less filling the meat samosas presented me with a good alternative.

The richness of the sauces didn't let up for the main course of chicken tikka masalla.

An extensive menu has all the usual supplementary dishes of rice vegetables and nan bread to add to

the flavour. Unlike some other Indian restaurants, the Ashapuri also serves a selection of duck specialities.

In order to keep up with their takeaway trade, especially pizzas, the Ashapuri offers a free delivery service locally and as far as Muswell Hill, Highgate and Hampstead for orders of over £25.

Prices are average for an Indian restaurant and service is friendly, informative and courteous.

On Sundays the restaurant runs a special Sunday buffet and also caters for weddings, parties and receptions.

The Ashapuri is fully licensed and is open seven days a week from 12 noon to 3pm and 6pm to midnight.

● It is situated at 189 Woodhouse Road, Finchley and bookings can be made on 361 3720 or 368 2028.

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Children £3.50

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The dishes available on buffet are: TANDOORI DISH, CURRIES, VEGETABLES, RICE, NAN, DAL, SALADS
VEGETARIAN DISHES ALSO AVAILABLE

10% Discount on Take Away Meals

For Reservations & Take Away Service

Call-

081-445 5213 & 446 6997

Easy car parking at the front of the restaurant

Planning Watch

Keeping an eye
on your
neighbourhood



Barnet Council is calling on local residents to help with a new scheme to crack down on unscrupulous developers.

The council's planning group has produced a scheme called Planning Watch based on the police Neighbourhood Watch Scheme.

The aim is to tap into the extensive local knowledge of residents associations to curb unpermitted development.

12

The planning group wants local residents associations to keep an eye on possible contraventions in their area and report them to a specific enforcement officer who would be responsible to that association.

Barry Turner, Head of Planning said: "Local residents obviously have an interest in the appearance of their area and in certain circumstances may become aware of unpermitted development before the council."

"It is in those cases that they can be a real assistance to the council in reporting cases that may otherwise slip through the net."

Interested associations can get more details by contacting Chief Development Control Planner Geoff Brown on: 081-446 8511 ext 4615.

Barnet News - Summer 1991

Grants

are available to owner occupiers or tenants to help towards the cost of works to bring properties up to standard by providing:-

- baths or showers in a bathroom
- internal WC's and wash hand basins
- sinks and kitchen facilities
- hot and cold water supplies
- safe electrical wiring
- extensive repairs to roofs, windows, etc
- dampproof courses

The amount of grant is dependent on your income
For further information contact: Vivien Mallindine at The Environmental and Consumer Services Department on 081-446 8511 Ext 4744



Calling *All* Owners
Of *Small* Residential
And *Nursing* Homes

From next April, Barnet Council will become responsible for meeting the cost of people placed in residential and nursing homes who have previously been supported by the Department of Social Security.

We want to make sure that we set aside the correct amount of money to ensure a trouble-free changeover
You can help.

If you run a home with fewer than 4 beds (we have already contacted all registered homes)
'phone or write before 20 June

Marilyn Dady or Peter Keeble
Community Services, Barnet House,
1255 High Road, Whetstone, London N20 0EJ
Tel: 081-446 8511 Ext 4202 or 4255

The Town Hall, Hendon
A perfect venue for any occasion

Whether it's business or pleasure, the reception rooms at The Town Hall are the perfect place for your event.

This historic building in the heart of Hendon is close to major road links, with ample parking just outside. So if you're planning a reception, dinner or conference, ring Richard Murphy on 081-202 8282 Ext 2082. Rooms are available most weekends, including Friday evenings.



Cardinal Court - the latest to cater for those special needs

Advertisement feature

CONVENTIONAL retirement homes are ideal for those who are still fairly active, but for those with increasing health problems there is invariably more need for specialist help and readily available nursing/medical assistance.

It is to meet this situation that Assured Care Centres has created its 'Close Care' concept of retirement housing.

Established 1986, the company has now built about 20 purpose-built apartment centres throughout the country.

The latest is the recently opened development at Cardinal Court, Cardinal Avenue, conveniently located close to Borehamwood's shopping centre.

This attractive building contains 58 specially designed one-bedroomed apartments featuring a spacious lounge/dining area, compact and well-equipped kitchen and bathroom.

There is a comfortable communal lounge, pleasant landscaped gardens and off-road parking



An artist's impression of Cardinal Court

facilities. The two-storey building has a lift service to the first floor and the design has allowed for wheel chair use and provided hand rails for helping both blind and the less sprightly.

The electrical fittings are all at waist level and feature, where applicable, 'arthritic' switchgear.

There is a security entry system linked to all apartments and a bell-cord alarm system to summon the 24-hour close care co-ordinator.

Such a description could apply to a number of retirement developments, but the service at Cardinal Court goes a lot further.

The premises is operated by

Associated Nursing Services, which has extensive expertise in the provision of care for the elderly.

This means a resident can choose to rent an apartment for £130 a week and £35 a week service charge.

This includes electricity, rubbish collection, window cleaning, an emergency nurse call facility, repairs, decoration (all apartments feature fitted carpets), cleaning of common areas, gardening and other maintenance.

However, Cardinal Court is geared up to provide additional services as and when required, including 24-hour emergency

nurse call, cooked meals delivered to the apartment, daily and weekly cleaning, laundry, basic toiletries, nursing equipment including the use of a Parker Bath, social activities, evening daily newspaper deliveries and morning coffee.

Resident Close Care Co-ordinator Karen Chambers says all services can be adapted to meet an individual's needs upon assessment and can be reviewed as those needs change.

A show apartment is open to view and is tastefully furnished with traditional reproduction furniture, although all residents can choose to furnish to their own taste, retaining favourite items from their previous home.

The bedrooms are double sized and can accommodate a couple. The lounge can easily take a sofa bed though, in due course, a visitor's apartment will be available for short period rent.

More details can be obtained by contacting Karen Chambers at Cardinal Court on 081 207 0305.

Assured Care Centres plc

introduces a unique lifestyle offering care, security and independence

Assured Care Centres plc is pleased to introduce an exciting new idea in retirement accommodation.

Our unique close care concept at Cardinal Court offers the opportunity for an independent life-style with the reassurance of nursing care available on your door step and

all without the need for any capital reinvestment

NOW OPEN

The purpose built appartments are designed with safety, comfort and convenience in mind, and reflect all our experience, our commitment to caring and our attention to detail. All the appartments at Cardinal Court are fully carpeted, have fitted kitchens, luxury bathrooms, waist-high sockets, easy turn twin taps, telephone sockets, TV aerial points and a Medallion electric heating system chosen for its simplicity, cleanliness and economy.

SAFETY

For your safety and peace of mind we provide 24 hour nurse call facility, smoke detectors linked to an alarm system, a modern lift services the first floor.

LOCATION

Borehamwood is one of the most favoured residential districts north of London. Its location is ideal for those who like the best of both worlds - to be within easy reach of London yet close to some of the most beautiful countryside in Hertfordshire.

ADDITIONAL SERVICES

Housekeeping: Provision can be made for providing basic domestic services to complete housekeeping, including all meals, so tiresome chores can be completely forgotten, to leave time for more fulfilling activities.

Nursing Care: Provision can be made for the services of an auxilliary nurse to assist with bathing and dressing to a fully qualified nurse to assist in the administration of medication and dressings.



CARDINAL COURT
CARDINAL AVENUE, BOREHAMWOOD,
HERTFORDSHIRE WD6 1EP
Tel: 081-207 0305

THE ACCOMMODATION

The spacious one-bedroomed appartments are for single or double occupancy. All of the appartments are fully carpeted, have fitted kitchens, luxury bathrooms, waist-high sockets, easy turn taps, telephone sockets, TV and telephone points and a Medallion electric heating system, chosen for its simplicity, cleanliness and economy.

MANAGEMENT

The day to day management of Cardinal Court will be provided by Associated Nursing Services plc (ANS). ANS is a leading health care group which has extensive experience in the provision of care particularly for the elderly.

ANS currently operates over twenty nursing centres throughout the country caring for over 1,000 residents. ANS also operates similar Close Care schemes in Wiltshire, Cheshire and Berkshire.

PLEASE SEND ME FURTHER INFORMATION ON CLOSE CARE APARTMENTS AT:

- CARDINAL COURT, BOREHAMWOOD
- STOCKCROSS, NEWBURY, BERKS
- ALDERLEY EDGE, CHESHIRE
- MARKET LAVINGTON, near DEVIZES, WILTS

Name

Address

Centre is the number for 60-plus

HAVE you celebrated your 60th birthday? Perhaps you passed that milestone many years ago, but so long as you are in the 60-plus group then The Centre at Oak Lane, East Finchley (081 346 8736) is well worth a visit.

Run by the Finchley Age Concern, it has funding from Barnet Council and close contacts with Friem Barnet Old People's Welfare and Hendon Old People's Welfare.

The centre was opened about two years ago and is a popular venue for the over 60s, whether they are sprightly and just want to drop in and join in the social activities or the numerous summer outings in the Centre's special ambulance/mini-bus.

The borough's 60-plus can obtain help and advice on most problems, whether it be finding out about a television licence concession, dealing with financial problems, health problems, arranging a funeral or

finding all types of specialist accommodation.

Social activities range from short mat bowls, darts, bingo, card games art and other handicrafts -Even if house-bound, people can visit the centre.

Transport is available to the Centre, even for just a change of scenery or some company, perhaps a leisurely lunch, or to see the visiting chiropodist or optician.

A full-time staff of two is on hand, headed by Mrs Anne Owens. There is also one part-timer and plenty of volunteers to help with jobs such as driving and cooking.

To contact the centre phone 081 346 8736. It is open weekdays from 9am-5pm and on Christmas Day for a party.

Whatever day of the week or time of the year, however, there's always a very warm welcome for all over 60's... and you're never too old!



Transport is available, even for just a change of scenery

AGE Concern

Finchley

The Centre, Oak Lane,
Finchley N2 8LT
Telephone: 346 8736/3511

We are a voluntary organisation devoted solely to the interests and welfare of retired people.

We provide luncheon club and day care services, information and advice. Leisure activities, i.e., short-mat bowls, darts, bingo, card games, monthly tea dance, weekly art group. Chiropody, ophthalmic clinic, hairdressing for men and women, outings and holidays. Competitive household insurance for the over-sixties.

Come and participate



PRIVATE RESIDENTIAL CARE HOME

CATHERINE LODGE, 38-42 WOODSIDE PARK, FINCHLEY, N12 8RP
TELEPHONE: 081-446 4292

First impressions are lasting impressions.

At Catherine Lodge we have spared no expense in ensuring that we provide all the comfort of a first class hotel, whilst incorporating the highest care you would expect in a home of this quality

- LUXURIOUS SINGLE ROOMS WITH EN-SUITE FACILITIES
- 24 HOUR QUALIFIED CARE
- OCCUPATIONAL THERAPY & ENTERTAINMENTS
- PASSENGER LIFT/FOUR LOUNGES
- VISITORS WELCOME AT ALL TIMES
- 2 MINUTES FROM WOODSIDE PARK TUBE, BUSES & SHOPS
- SHORT STAY TRIAL RESIDENTS WELCOME
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- ESTABLISHED 10 YEARS

As featured on Radio 4 as an example of good care in the private sector

WOODSIDE HOUSE



- Modern Purpose Built Residential Home for Ladies set in Superb Grounds
- Well appointed Single Rooms, Dining Room, Lounge and all Amenities
- Homely atmosphere with full care
- Current inclusive room charges £720 per month
- Woodside House is a non-profit making Charitable Trust

Full details and brochure from:
The Warden
Woodside House, Baxendale
Totteridge, London N20

BARNET IN BLOOM

COMPETITION LAUNCHED



Adrienne Davis, centre, with Ray Martin and Jenny Bunn, launching this year's competition outside the Tally Ho pub in Finchley.

Barnet is set to become a blooming great place to be this summer with the launch of two competitions which will brighten up the drabest of streets.

The first competition is called Container Gardening and is a challenge to householders to produce a colourful floral display using hanging baskets, window boxes or tubs.

While the second competition, Best Bloomin' Pub, is an invitation to publicans to decorate their hostelrys with flowers and plants in an attractive way as possible.

Soon the whole borough should be awash in a sea of colour.

Winners of the competitions, which are organised by Barnet Council, will win a trophy and will go forward to represent the borough in the London In Bloom competition.

Both contests were launched at a ceremony at the Tally Ho pub in Finchley on 1 May, which was attended by Ray Martin, director of JD Wetherspoon, the sponsors of the Container Gardening competition; Jenny Bunn of the Hampstead Horticultural Society, who will be judging the pub competition and Adrienne Davis, Barnet Council's Marketing Officer.

Ms Davis said: "Last year's response

from the residents and pubs of Barnet was absolutely fantastic, but we are hoping for even better things this year."

Leaflets explaining how to enter are available at any of the borough's libraries. The closing date for entries is 1 June.

Barnet Council will also be holding another flower arranging competition which will take place during the Free Barnet Summer Show 8 + 9 August. The competition is open to all flower arranging clubs, who can pick up the schedule for the show from any library in the borough.

Help us to plant more trees

Barnet traditionally boasts a wealth of trees in its streets and open spaces. They enrich our environment with their beauty, as well as cleaning and renewing the air we breathe. Gales and storms in recent years have destroyed a large number of the trees which make up our 'green heritage'.

Over the last year the council has planted more than 4,000 new trees in parks, streets and conservation areas, but even this is not enough to replace the ones which have been lost.

The Trees For Life campaign aims to get extra trees planted throughout the borough and we need your help to achieve this. You can play a part by making a donation to increase the funds available for tree planting.

Any amount, however small or large, can be used towards planting more trees. For instance, just £5 plants a sapling in one of our parks while larger donations can be used to provide a standard tree.

You can even contribute to the Trees For Life fund as a gift for someone else by buying Trees For Life gift vouchers. Like conventional gift vouchers, Trees For Life gift vouchers will be available in various values to be redeemed as donations to the scheme or in part payment for trees to be planted at a specific site.

All supporters of the scheme can have their names published (if they wish) in the Barnet Book of Trees, available at libraries. In addition, for larger donations, certificates can be issued to show that the donation was made to celebrate some special event.

Commemorative standard trees are available by special arrangement, to mark a special family event or remember a loved one. Further details on Trees For Life gift vouchers and prices of standard trees can be obtained from the council's Tree Officers, tel. 081-446 8511 Ext 4478



THE TREE FOR LIFE FUND

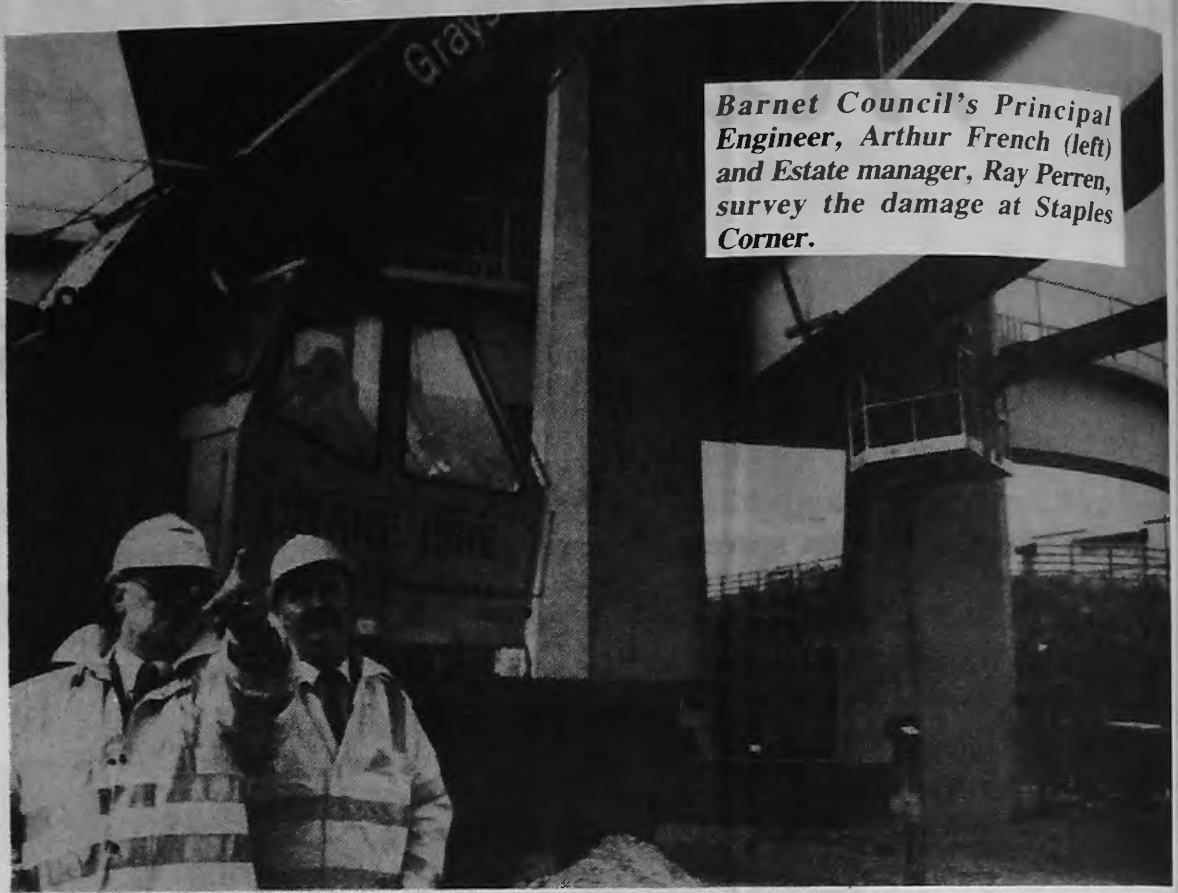
Bomb damage - Update

Consultants are still considering what works are necessary to reinstate the Staples Corner flyover after last month's explosion.

Barnet Council staff, in conjunction with officers from Brent and the Department of Transport, are making every effort to keep traffic flowing smoothly round the junction in the meantime.

The Department of Transport will be taking speedy action as soon as all the results of tests and analyses, which are currently being carried out, are completed.

At a full council meeting on 14 May, there was cross party condemnation from the councillors of the terrorist action and praise for Barnet's staff who worked throughout the weekend to put emergency traffic management systems in place and open main routes to vehicles.



Barnet Council's Principal Engineer, Arthur French (left) and Estate manager, Ray Perren, survey the damage at Staples Corner.

Councillors' & MPs' Surgeries

Chipping Barnet

Sydney Chapman, MP, first Saturday of month 10.30am-noon, 163 High St, Barnet.

Arkley Ward: Contact Labour councillors Anita Campbell 440 2703, Pam Coleman 449 6254, Kevin Smith 440 4828. Councillors available first and third Saturday of month, 10.30-11.30am, St Stephen's Church, Bells Hill and at "Homefield" (common room), Dollis Valley Estate. Advice surgery with a Labour councillor second Saturday of month, 10.30-11.30am, 104 East Barnet Rd, New Barnet

Brunswick Park Ward: Conservative councillors available second Saturday of month, 10.30am-noon, Monkfrith Boys' Club hall, Osidge Lane, N14

East Barnet Ward: Cllr Olwen Evans (Conservative) available first Saturday of month, 10.30am-noon, Community Centre, Victoria Rd, New Barnet. Contact Cllr Jim Anani 445 3872 or Cllr John Perry 368 4368 for personal appointment

Hadley Ward: Conservative councillors Gillian Bull, Liz Mammatt and Ashley Newman available third Saturday of

month, 10.30am-noon, 163 High St, Barnet

Totteridge Ward: Contact Conservative councillors Joan Levinson 368 3298, Victor Lyon 446 4423 and Victor Usher 445 4248.

Finchley & Friern Barnet

Hartley Booth, MP, holds regular surgeries. For appointment 445 4292 or 445 0856 (24hr message line)

Conservative councillors, first Saturday of month, 10.30am-noon, 212 Ballards Lane, N3 or phone as above.

East Finchley Ward: Labour councillors every Saturday, 10-11.30am, East Finchley Neighbourhood Centre, Church Lane, N2

Finchley Ward: Contact Conservative councillors Eva Greenspan 203 1598, Barbara Langstone 445 5443 or Leslie Sussman 346 6775. Eva Greenspan available first Friday of month, 10.30am-noon at 212 Ballards Lane, N3.

Friern Barnet Ward: Contact Conservative councillors Chris Platford 368 6817, Brian Salinger 368 1329, John Tiplady 445 5734.

St Paul's Ward: Contact Conservative councillors: Mike Freer

446 5396, Helena Hart 346 3128 or Mary Phillips 445 9426, or on every third Saturday of month from 10.30am-noon, 212 Ballards Lane, N3.

Woodhouse Ward: Labour councillors Stan Cross, Mike Harris and Dennis Reed, every Thursday, 6.30-7.30pm, Educational Services (formerly Friern Barnet Town Hall) Friern Barnet Lane, N11.

Hendon North

John Gorst, MP, by appointment, 959 1446 or via constituency office, Apex Parade, Selvage Lane, Mill Hill.

Edgware, Hale and Mill Hill Wards: Conservative councillors, constituency office, alternate Mondays by appointment 959 1446.

Burnt Oak Ward: Contact Labour councillors: Gerald Shamash, 458 2679, Allan Turner 952 2106, Alan Williams 906 0576. Also every Saturday, 10.30am-noon, Labour Hall, Back Lane, Burnt Oak, 952 5771 (24hr message line).

Colindale Ward: Labour councillors available first Saturday of month 2-3pm, St Augustine's

Church, Grahame Park or phone councillors Ellis Hillman 202 7792, Tom McKendry 444 0594 or David Williams 343 1082.

Hendon South

John Marshall, MP, via constituency office, 202 7484 by appointment, see local press for details.

Garden Suburb, Golders Green and Hendon Wards: Conservative councillors, first Saturday of month, 202 7484.

Childs Hill Ward: Liberal Democrat councillors second Tuesday of month, 7-8pm, Garth Hall Community Centre, Mortimer Close, Granville Rd, NW2 or phone councillors Jack Cohen 445 3981, Monroe Palmer 455 5140 or Brian Stone 455 0762.

West Hendon Ward: Labour councillors second Saturday of month, 11am, West Hendon Youth Club, 4A Park Rd, NW4 by appointment, contact councillors Doreen Neall 202 9927, Tina Sims 203 2725 or Agnes Slocombe 202 4074.

Euro MP

Pauline Green. Phone 365 1892

Barnet News - Summer 1997

AN END TO SCREAMING ALARMS

Residents in the London Borough of Barnet could soon face more peaceful nights thanks to new legislation affecting alarms.

The days (and nights) of screaming, unanswered burglar alarms could soon be numbered when a new law comes into effect on 1 July 1992.

In future, anyone who is **taking over or installing** a burglar alarm in a residential or business premises will have to fulfil three basic requirements of the new law.

1). The local police station must be notified of the names, addresses and telephone numbers of at least two key holders.

2). Barnet Council must be notified when an alarm has been installed or taken over.

3). All newly fitted or transferred alarms must be fitted with an automatic 20-minute cut-out.

Barnet News - Summer 1992



... And Barnet Council has been given extra powers to disable screaming alarms.

Martin Roberts, Barnet Council's Divisional Environmental Health Officer explained: "The council will now have stronger powers under the new legislation.

"This is a vast improvement on the old legislation which often left powerless council officers as frustrated as the residents disturbed by noisy alarms."

Martin stressed however, that from 1 July, only new or newly transferred alarms are affected by the law. The

conditions will be extended to cover all burglar alarms from 1 January 1993.

Barnet Council has produced special forms to make registering easy for residents and businesses.

If you need to register, or if you'd like further information about how the law affects you, please contact Environmental Health at Barnet House, 1255 High Road, Whetstone, London N20 0EJ.

or telephone 081-446 8511.



Summer

THE COPTHALL SHOW

A number of major sporting tournaments combine at the Copthall Show, which will be held between Friday 12 June and Sunday 14 June at the Stadium and pools complex in Great North Way, Hendon.

(We hope Barnet News reaches you in time, so you don't miss out on the fun!)

The Middlesex Schools Athletic Championship heats and finals will be held on the Friday and Saturday in the stadium.

However athletics is probably the most conventional sport on offer. There is a stunning variety of competitions in games as diverse as pop lacrosse, archery and gaelic football. Any visitors to the show are going to find their sporting horizons broadened.

The serious business is in the swimming pool on Saturday 13 June when the London Borough of Barnet championships will be decided by the most talented would-be Mark Spitz's in the borough.

Sunday sees the Barnet Council Youth Service junior football competition, which has categories for both boys and girls, on the outside playing areas. In the main stadium will be a Young Athletes Competition, while, for many young equestrians, the highlight of the whole show will be the show jumping, which ends with a gymkhana at 2pm.

For those who find all this serious sporting endeavour a bit too much to handle, the Charles Mayne Fun Fair will be at the showground on Saturday and Sunday with a good combination of thrilling rides and diverting side-shows.

Shows mean Fun

FINCHLEY CARNIVAL

The Finchley Carnival, in Victoria Park, Finchley, starts off with a fun fair, the difference being that on Wednesday 15 July, rides will be half price.

The carnival proper starts on Thursday 16 July with a children's day when school parties will be admitted for free. The Spilt Milk Disco show will entertain the young ones after lunch, before a Punch and Judy show and a treasure hunt. During the afternoon, Barney the Clown will be wandering amongst the crowds and children can have their faces painted free of charge.

Youngsters will have to make way for grandad and grandma on Friday, when there will be free entry for senior citizens. The glory days of music-hall will be recalled with old time music hall, community singing and bingo.

On Saturday 18 July, Cllr Fred Poole, the Mayor of Barnet will be releasing a Balloon Race sponsored by the Tally Ho! Public House, a Wetherspoon Free House.

The main event is the carnival procession on Saturday 18 July, which departs from East End Road at 1.30pm. This year, for the first time, the winning floats will return to the park and remain for visitors to have a good look at.

In the arena on Saturday will be a clown, a comedy act, dance groups, a bugle band and Bernie Bennett, the 'King of the Low-wire'.

Throughout the carnival, there will be cat and baby shows, Bar Fly Jumping and the mobile library, for anyone who feels like calming down with a good book.

The grand finale will be a mammoth firework display at 10pm.

**This summer
it's fun all the way
with Barnet Council's
summer shows**

THE SUMMER SHOW

For the Friern Barnet Summer Show, in Friary Park, this is the fiftieth year of merriment.

Maybe some of the Senior Citizens, who have free entry to the show on Friday 7 August, will remember the show in its earliest days.

The fun starts with a Teddy Bears picnic at 12 noon and continues with a magic show and a startling wild west display that will have everyone jumping out of their seats.

Children take centre stage with sports competitions and fancy dress, thereafter, but parents will still find plenty to interest them among the

stalls, which feature model railways, arts and crafts.

On Saturday 8 August, the Romford Drum and Trumpet Corps will clear everyone's heads when they start up at 2pm. Their show will be followed by a demonstration of Japanese wrestling, a display of sheep dogs and a disco.

There will also be a baby show, a dog show and morris dancers. The fiftieth show, and Barnet Council's hectic summer of fun, comes to an end with a fireworks display at 9.30pm.

TAKING THE BOREDOM OUT OF THE LONG HOT

Summer Holidays



It looks like being a long, long hot summer, which is good for sun-bathers, but rotten for water companies and parents of kids with nothing to do.

There isn't much Barnet Council can do for the water companies, but it is giving hard-pressed parents a break.

☀ The council's Youth Service is running a five-a-side football tournament at the Copthall Show on Sunday 14 June for all budding Paul Gascoignes and Gary Linekers in the borough.

There are Under 13, Under 15 and Under 18 competitions for both boys and girls. Even if you cannot get a team together in time, it would be well worth coming along as a spectator, particularly if you are a scout for Tottenham, Arsenal or Barnet!

☀ For even more adventurous souls, the Youth Service is running a "Now Get Out Of That" day at the Moat Mount Camp Site between Apex Corner and Stirling Corner on Sunday 28 June.

The day is loosely based on the television series of the same name from a few years ago in which teams

had to surmount a number of obstacles and solve problems while going round a rugged course.

The teams at Moat Mount will face such difficulties as crossing muddy pools using ropes aerial runways and tests of initiative too fiendish to reveal details. More conventional activities will include archery.

"Now Get Out Of That" is open to teams from schools and youth clubs; groups should comprise of four to six people and the challenge is to get all members of the team through all the activities.

The cost of entering is £4 per group and the day will be split into two halves. Groups can specify whether they want to attend the morning or afternoon sessions and application forms are available from the Youth Service at Educational Services (formerly Friern Barnet Town Hall), Friern Barnet Lane, London N11 (081-368 1255).

☀ Copthall Stadium, Page Street, Mill Hill, is running "The Ultimate Summer Adventure Challenge" for youngsters in the summer break.

This will be five weeks of non-stop fun starting on Monday 27 July with

activities as wide-ranging as go tennis, football and "It's a Knockout".

Throughout the Challenge, the Football Association will be running fun weeks for boys and girls to learn basic soccer skills, which will feature expert tuition by FA coaches.

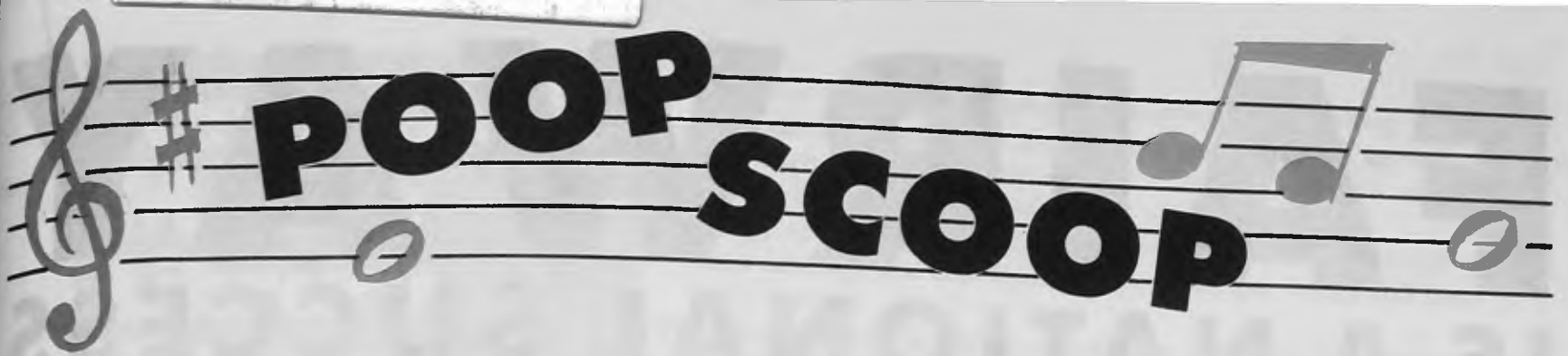
"Wet'n'Wild" mornings will include the "It's a Knockout" competition and the infamous Copthall assault course.

On weeks two and four of the Challenge, youngsters are invited to become archaeologist and hero Indiana Jones and hunt the stolen Copthall cup. This will involve orienteering initiative tests and, guess what, the infamous Copthall assault course.

☀ For those who prefer their enjoyment a little less frantic, there is professional golf and tennis coaching available.

And don't forget the excellent swimming facilities at Copthall swimming pool, Squires Lane swimming pool and Finchley open air pool.

For full details of all the marvellous activities available at Copthall this summer, please contact Donna Bagley on 081-203 4187.
Barnet News - Summer 1987



PROMOTION



Barnet Council has turned to music to promote a new set of proposed borough byelaws for the control of dogs in parks.

The Council welcomed an offer from a top flight five piece dance band to perform a special "Poop Scoop Song" – a ditty full of advice to pet owners on the use of the poop scoop in the borough's parks.

The band, whose singer, Tony Jacobs, is currently in residence at the Waldorf, performed the song at Avenue House in East End Road, Finchley on Friday 15 May.

The song was composed by professional song writer and local resident, Johnny McLain.

Cllr Victor Lyon, Chairman of the Recreation, Leisure and Arts Committee said: "We hope the Poop Scoop Song, particularly the lyrics, will stick in people's minds and encourage them to support the proposed byelaws."

"The aim of the byelaws is to improve the general hygiene in parks and open spaces and prevent the cause and spread of disease by dogs," he added.

"It should also be emphasised that there is a need to balance the interests of dog owners with those of people who wish to visit the parks without being bothered by loose dogs, such as mothers with young children," he said.

*When your Tonto's
acting sad and blue,*

*Chances are he wants
to use the loo,*

*Now you know exactly
what to do –*

*Yes, please pop it in
the poop scoop.*

*A verse from
"The Poop Scoop" song*

If the byelaws are given Home Office approval dog owners will be required to keep their dogs out of all prohibited areas in certain parks and open spaces.

Pet owners will be required to use poop scoops to clean up after their pets and to keep their dogs on leads in specified parks and open spaces. The penalty for not abiding by the byelaws will be a fine of up to £100.

Anybody wishing to comment on the proposed byelaws should do so directly to the Home Office, addressing letters to the Under Secretary of

State, Home Office, E Division, Room 1079, 50 Queen Anne's Gate, London SW1H 9AT.

The proposed byelaws will now be sent to the Home Office for approval, and will come into effect approximately one month after being given the go ahead.

Cllr John Hart, Vice-Chairman of the Recreation, Leisure and Arts Committee said: "It is worth emphasising that the byelaws are the first stage in a process. They will be amended in the future as necessary.

"Council officers will be giving further attention to reviewing the byelaw concerning dogs on leads following a decision taken by a meeting of the full council in April," he added.

"One of the important factors behind the byelaws is concern about health. Dog dirt in parks can badly affect children if they get it in their hands and mouths, even permanent blindness can result. That we must avoid, however inconvenient to dog owners including myself," he said.

Signs will be erected in all the parks involved and special dog waste bins will be available for the depositing of dog faeces. The special event to launch the song was attended by members of the Bushmead Dog Training Club in Edgware and the Woodside Dog Training Club in New Barnet.

FAIRWAY

IS A NATIONAL SUCCESS



A Barnet Council nursery has proved itself a national success by reaching the final of a competition to find the best under 5's care and education in the country.

Fairway nursery, in Mill Hill, took the runners-up prize £750 - to spend on new equipment - at the Marriott Hotel in Grosvenor Square, on Wednesday 6 May.

Manager Stav Yannou, who attended the awards ceremony with colleague Gillian Playfoot, said she was delighted by the success.

"We are absolutely over the moon about it, to be quite honest we were delighted to have got as far as we did and the runners-up prize is a bonus.

"Our success is a fitting tribute to the hard work, skill and commitment of all the staff at the centre," she said.

John Marsden, Barnet Council's Deputy Director of Community Services said: "On behalf of the

council I would like to say I am delighted by the excellent work undertaken at Fairway and the other nurseries and under 5's centres, which is well known."

The nursery entered the competition in December 1991 and has survived four stages of rigorous examination including a visit by the judges to interview staff.

Stav Yannou said: "We had to write about the service the establishment provides to children and families and the support it gives staff. We also submitted a series of photographs and copies of hand-outs we have produced."

"We also had to fill in a questionnaire sent to us by the magazine," she said.

The nursery was asked to specify what equipment it would buy if it were to win a prize, Fairway has chosen large outdoor equipment and multi-cultural dressing up clothes for the children.

Review of Mobile Library Sites and Times

Barnet Council has changed a number of the visiting points of its mobile libraries to get the best use out of the service.

The changes are a result of the council's review of the mobile libraries service, and took effect in April.

Five stops have been identified as being particularly under-used (average use less than 20 customers per hour) and have been deleted.

The times and length of stay at other sites have been changed to maximise the use of the mobile libraries.

The new stopping sites and times have already been well publicised through neighbourhood council offices, residents and tenants associations and the usual library outlets.

Full details of all the sites and times are shown here.

Sites are listed by area, using post codes. The position of sites is indicated, together with the day and time of the weekly visit.

EN4

Goodwin Court, Church Hill Road
Tuesday 2.30 – 3.00
Grove Road (Jester car park)
Wednesday 2.30 – 4.30

EN5

Bulwer Road/Warwick Road
Tuesday 4.00 – 4.30
Dollis Valley Way/Crocus Field
Friday 2.30 – 3.15
Dollis Valley Way (by Barnet Hill
School) Friday 3.15 – 4.30
Prospect Road (by Highwood Court)
Tuesday 3.15 – 3.45
Quinta Drive/Aitken Road Tuesday
5.30 – 6.15

HA8

Kingsley Court, Tayside Drive
Tuesday 11.00 – 11.30
Lynford Gardens (by St Andrew's
Church) Tuesday 11.30 – 12.30
& 5.30 – 7.15
Springwood Crescent/Bushfield
Crescent
Tuesday 10.00 – 11.00
Green Lane (by Spur Road
Community Centre)
Thursday 2.30 – 4.30

N2

Homefield Gardens
Thursday 10.45 – 11.15
Nursery Road (by shop)
Thursday 2.30 – 4.00

N3

Squires Lane/Etchingam Park Road
Thursday 11.30 – 12.30

N12

Moss Hall Grove (by Moss Hall
School) Monday 10.45 – 11.15
Moss Hall Grove/Ballards Lane
Monday 11.15 – 11.45
Sussex Ring/Lullington Garth
Tuesday 2.30 – 5.00
& Saturday 11.15 – 4.00
Westbury Road (by Winbush House)
Monday 12.00 – 12.30

N20

Friern Barnet Lane (Hyde Court)
Thursday 10.00 – 10.30
Oakleigh Crescent (by The Sun)
Thursday 10.00 – 10.45
High Road/Thatcham Gardens
Thursday 11.45 – 12.30
& Saturday 10.00 – 11.00
Sarne's Court, Oakleigh Road South
Thursday 11.00 – 11.30
Sweets Way Saturday 2.00 – 4.00

NW2

Clitterhouse Crescent/Claremont
Road Monday 4.45 – 7.15
Pennine Drive
(by shopping centre)
Saturday 10.00 – 1.00

NW4

Bell Lane/Stratford Road
Monday 5.15 – 7.15
Brent Park Road/Dallas Road
Friday 6.15 – 7.15
Station Road (by High Mount flats)
Tuesday 11.00 – 11.30
Sturgess Avenue/Dallas Road
Friday 5.15 – 6.15

NW7

Ashley Walk/Devonshire Road
Thursday 4.30 – 7.15
Courtland Avenue (by school)
Wednesday 2.45 – 4.00
The Fairway
Wednesday 2.00 – 2.30
Hale Drive/Sefton Drive
Monday 10.00 – 10.30
Hammers Lane/Shakespeare Road
Wednesday 4.15 – 4.45
Kelly Road
Monday 12.45 – 1.45
Salcombe Gardens (by shopping
centre) Monday 2.00 – 4.15
TJ's Rib Place car park,
Stirling Corner Tuesday 6.15 – 7.00

NW9

Annesley Avenue (by Silk House)
Tuesday 10.00 – 10.45
Goldsmith Avenue/Hyde Crescent
Wednesday 5.15 – 7.15
Perryfield Way/Tyrell Way Tuesday
11.45 – 12.30
Sheaveshill Road/Court Way
Friday 1.00 – 2.15
Snowden Drive/Goldsmith Avenue
Thursday 5.15 – 7.15
Woodfield Avenue/New Way Road
Wednesday 10.00 – 12.30
& Friday 10.00 – 12.45
& 2.30 – 7.15

NW11

South Square Wednesday
5.15 – 7.15 The Orchard
Monday 10.00 – 5.00
& Wednesday 10.00 – 12.30
& Friday 10.00 – 2.00

Mobile Library Headquarters
Ravensfield House,
The Burroughs,
London, NW4 4BE.
Telephone 081 – 202 5625
ext. 51 or 54.



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Relax • Reduce**

*We turn on a tap for hot water.
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Now we can exercise without strain by using our toning tables — this is the only way to approach the 21st century.

Let our fully trained instructors guide you through your personal exercise programme, while the toning tables take the strain.

'One Hour' on our tables is equal to 'five hours' of floor exercise, yet you finish feeling completely stretched and relaxed. Problem areas, ie, hips, stomach, upper arms and thighs will benefit, giving your body sleek and reduced contours.

Medically recommended only at Figurewise, David Lloyd Club, Finchley N12. Our tables can also be used to relieve muscle related diseases, ie, rheumatism, arthritis, osteoporosis, M.E., sports injuries, by using special mobility exercises.

Concessions for OAP's. Please call in or telephone for a 'free' trial so that you can judge the benefits yourself.

Tel. 081-446 4337

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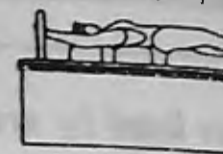
The Circulation Table



Sandbag Table



Waist-Tummy Hip Table



The Stretch Table



Body Bender Table

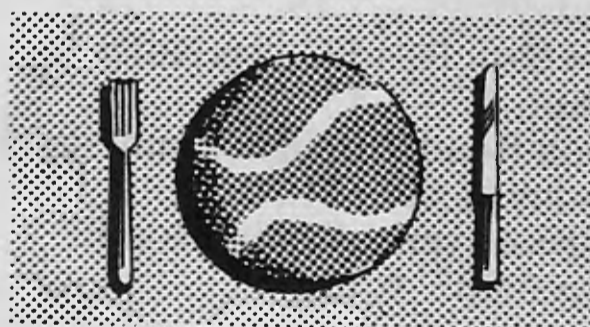


Leg Table



Side Bend Table

**Tennis isn't all we serve at
The David Lloyd Club, Finchley**



**....with Banqueting & Conference
Suites for all those special occasions**

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For more information call the Promotions Dept. on 081-446 8706

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Think leisure, fitness, relaxation and it's a sure bet that the David Lloyd Club in Finchley springs to mind and a recent expansion programme means that its facilities are even bigger and better.

At this extraordinary centre both local residents and others from miles around can enjoy some of the best facilities world-wide for racquet sports (indoor and outdoor), the fully equipped health suite and a complete range of relaxation pastimes.

The David Lloyd formula has been well thought out to provide the most comprehensive facilities for the widest range of users.

For serious sporting types to the family unit, for the over-indulgent seeking to get back into shape to those simply wanting to relax, it's all at the David Lloyd Club.

Whoever you are, you'll find the club has all you need.

If you have a lot of time on your hands you can while away the best part of a day, perhaps with a swim in the heated indoor pool or the heated rooftop open air pool, followed by a few sets of tennis, a sojourn to the sauna and then take in

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a Sky movie in the satellite TV room.

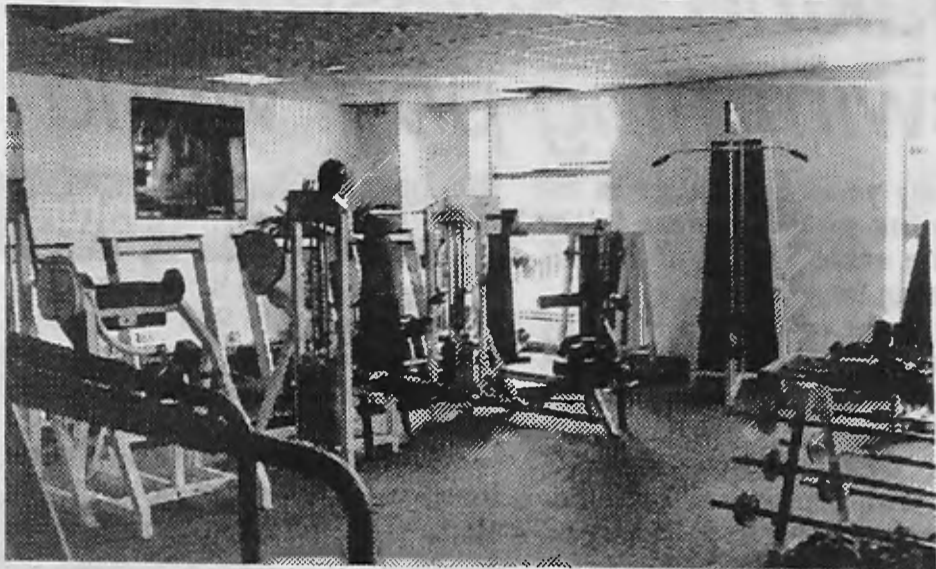
Or perhaps you are a high flying executive who wants a quick swim before that pressing board meeting (you'll find that the changing rooms feature trouser presses, hair driers and even swim suit driers).

You may even be a hard pressed mother who will benefit from slipping the kids into the creche for a couple of hours (minimal charge) while you have a tennis lesson or top up last summer's sun tan with a 20-minute session on the hi-pressure sunbed.

So what will it cost to participate in the lifestyle of the David Lloyd Club at Finchley?

For an individual there is a one off joining fee of £285 plus £57 per month subscription or a life membership for a single payment of £6,000.

After that the cost depends on how active you want to be - a peak hour on a tennis court starts from £6 and a 20-minute session of the hi-pressure sunbed costs £10, but there



Enjoy a work-out at the David Lloyd Club's gym

are also many free facilities which include the swimming pools, sauna, gymnasium, nordic steam bath, whirlpools and the outdoor tennis courts in off-peak time.

A David Lloyd Club is a world in itself - at the Finchley Club there's conference and banqueting facilities which can be hired for weddings, parties and business meetings (call 081-446 8706 for details), a specialised beauty therapy salon, hair salon, sports shop, main bar, restau-

rant-lounge and patio sun terrace.

For far less than the cost for a fortnight in the sun, you can get year-long use of the David Lloyd Club at Finchley plus free admission to 'The Lanes' Ten Pin Bowling Centre at Enfield.

● The David Lloyd Club,
Glebelands, High Road, Finchley.
Tel: 081-446 8705.
Fax: 081-446 6057.

For membership details and a free brochure call 0923 213300.

An unstressed way for you to get into shape

Imagine that you have lost all control of the muscles of your limbs and they are deteriorating. If those limbs could be moved then the condition of the muscles and joints stand a good chance of improving.

It was this situation that prompted an American doctor, whose wife was suffering from the effects of polio, to devise a method of moving the limbs by mechanical means.

His research pioneered the Figurewise system of gently moving toning tables which not only can help those suffering major muscular problems but tone up the muscles of their body and to assist in expelling excess fluids, toxins and cellulite thereby defining the contours of the body.

In carrying out the exercises the toning treatment goes a long way to reduce excess weight - proprietor of the Figurewise clinic at the David Lloyd Club in Finchley, Myrna Julius, should know; she has used the Figurewise method to get herself into shape. See for yourself!

Myrna's salon features seven different tables

- 1 - the circulation table which gently vibrates and relaxes
- 2 - the sandbag table for toning the stomach, hip and buttock areas
- 3 - the waist-tummy hip table which stretches and relaxes muscles and tones and firms the waist
- 4 - the stretch table which improves posture, firms the back, midriff and upper arms, waist and abdomen
- 5 - the body bender table the entire tummy area is effectively toned and tightened
- 6 - the leg table for tightening and forming the entire leg area
- 7 - the side bend table for exercising the tummy and improving lower back flexibility.

You've read this brief description of the Figurewise method, now discover its effectiveness with a free introductory session. Simply call 081 446 4337 and book a convenient time (9am to 10pm weekdays, 9am to 6pm weekends).

Alexander Technique clinic at the David Lloyd Centre

The Alexander Technique has become one of the most popular of alternative therapies and is now being endorsed by an ever increasing number of doctors, orthopaedic surgeons and back-pain specialists.

Many complaints are caused by and exaggerated by bad posture and misuse of the body including back, neck shoulder and breathing disorders.

The technique teaches the correct alignment of the body which greatly improves the way we use our bodies.

There is now an Alexander Technique clinic at the David Lloyd Centre, operated by Steven and Limor Shaw who worked in Israel between 1988 and 1991, specialising in improving the way people function in the work-place.

They have found the technique useful in reducing industrial injuries and Limor, a mother of two, has a special interest in working with women, particularly those suffering back pain during/after pregnancy.

The technique is based on the idea that the use of the body is a key factor in effecting the health and well being of the individual.

According to Dr Wilfrid Barlow, author of a report on posture and

pain, over 95% of adults have some sort of muscular or postural defect caused by undue tension.

Basic activities, such as sitting, standing and walking, are performed ineffectively, placing stress and strain on the wrong parts of the body.

Over the years this persistent misuse develops a into pattern which causes a serious deterioration in the functioning of the body.

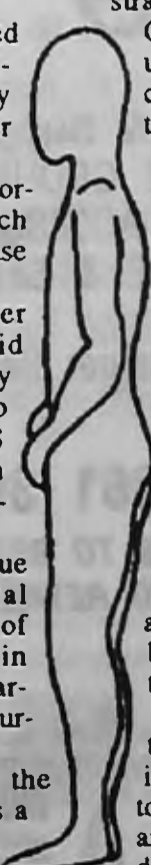
The technique offers an opportunity to reverse this pattern by re-establishing the correct alignment of neck, head and back.

There is no age or disability limit and anyone can benefit from the technique. It is taught on a one-to-one basis in a series of 45-minute lessons at a cost of £15 per lesson. The number of lessons depends on the needs and requirements of each pupil.

The lesson comprises two parts - work on the table and of a more active nature. Through instruction and manipulation, pupils learn to be more aware of their bodies and the way they use them.

Unlike many other systems or types of treatment, the technique is aimed at giving pupils the tools to help themselves gain more ease and freedom of movement in their daily lives.

Steven and Limor Shaw can be contacted on 081-445 2813 or 081-445 2558.





Making a splash in the swimming pool world

Twenty years experience in the swimming pool business is the enviable achievement of Serena Swimming Pools.

Such is the company's expertise in installing pools, servicing pools and supplying chemicals, that the company, headed by Mr H. J. Mair, has built up a strong customer following with repeat business, not just for chemicals but for second and third pool orders.

"We have supplied some customers with both indoor and outdoor pools and quite a number come back to us to put in a pool each time they move house. I don't think there's anything we don't do in the pool business, we do absolutely everything."

Pools are generally associated with a jet-setting lifestyle but Mr Mair points out that a 10 x 20 ft DIY family pool can be supplied for under £1,000 excluding the excavation and building blocks, though the

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average price for a luxury pool is in the region of £15,000 to £20,000. The company also has on display a portable soft tub (whirlpool hot-tub) for around £1,800 complete.

Serena does all the planning, installing, building, plumbing, electrics etc., needed to provide an up and running pool - including the installation of solar panels if required and the construction of covered enclosures.

Pools have been fitted onto rooftops, into basements and into locations that seem pretty nigh impossible. As members of the Swimming Pool Allied Trade Association, CORGI and Federation of Master Builders, Serena Pools relies on its established reputation.

Serena Swimming Pools, 51 Friern Barnet Road, London N11. Tel: 081-368 2275. Fax: 081-361 3081

Healthy way to find spiritual awareness

Health is not only the absence of disease, it is the opportunity to cultivate the life you've always wanted.

In a busy, stressful life, when do we stop and take stock of our condition - much less find time and energy to do something about it?

Life Resources provides a quiet, objective space to go back to basics with you.

Utilising ancient and modern practices to boost your life energy, your own individually tailored personal programme for improving all round health and well-being at the pace you want.

Life Resources is the name of Mike and Gabi Richard's five-year-old practice, grounded in 20 years research and experience, based at 40 Ramillies Road, Mill Hill and at a clinic in W1.

Their work consists of optimising nutrition and massaging and exercising the body to form a base for meditation and developing spiritual awareness.

Gabi helps you to understand your own unique nutritional needs and organise better eating, from digestion to shopping!

Stress blocks energy, result in aches, pains and latent disease.

Mike and Gabi give deep tissue

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and relaxing massage to restore flow, leaving you energised, rejuvenated and pain-free.

Making a complete programme for development, meditations from East and West are brought together particularly Tai Chi, taught by Mike at local weekly classes.

Gradually you develop the ability to relax and slow down mind and body, enabling healing to occur naturally, while gently improving your effectiveness.

Minor complaints will gradually drop away - insomnia, migraine, headaches, lack of energy, allergies, digestive and weight problems and progress to infections.

How many sessions you need, and how often, will be arranged with you at your first consultation, and then reviewed as you go.

Charges range between £25 and £35 per hourly consultation.

Life Resources 50 Ramillies Road, London NW7 4LX. Tel: 081-906 0346.

Tai Chi evening classes £5 Weds - Victoria Hall, Victoria Road, Finchley Central.

Thurs - Queen Elizabeth Girls School, Meadway, High Barnet.



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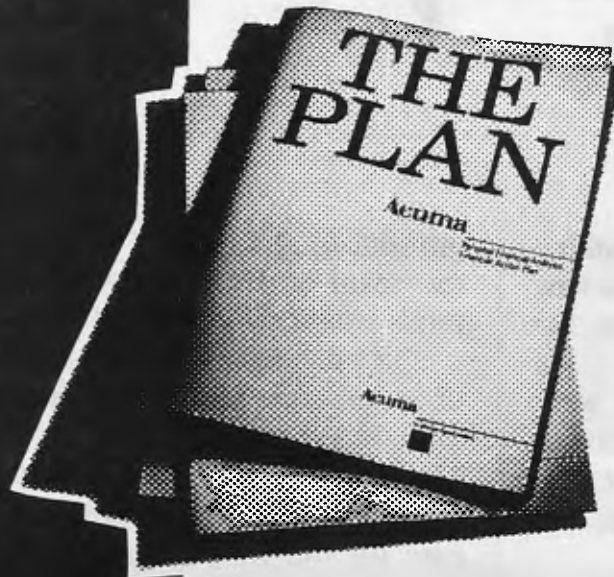
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New Mayor of Barnet Announces his Charity Appeal

The Barnet Cancer Care Macmillan Appeal is the charity chosen by the new Mayor of Barnet, Cllr Fred Poole, for his Mayoral Appeal.

Cllr Poole and his wife, Phyllis, were invested with the badges of office as Mayor and Mayoress of Barnet at a ceremony on Tuesday 12 May at The Town Hall, Hendon.

Later at a reception in Barnet House, Whetstone, Cllr Poole said "In choosing The Barnet Cancer Care Macmillan Appeal as my charity I was influenced by two factors. One it is a local appeal to meet local needs and secondly, as some of you may recall, during my year as Deputy Mayor with Cllr Lester, the charity supported was the North London Hospice. I feel this appeal is complementary to that and will provide a further service in the borough."

There are two main targets for funds raised during the Appeal:—

- A local day hospice to provide support for patients and their families.
- Two additional Macmillan nurses based at Edgware General Hospital which would increase trained help for cancer patients in the Barnet area by 40 per cent.

Barnet has already taken significant steps to provide for the needs of cancer sufferers. For the past four years a team of Macmillan nurses has worked with patients and their families at Barnet General Hospital and more recently a similar team has been

introduced at Edgware General. It is the team at Edgware which appeal funds would seek to boost.

The Macmillan nurses work as part of an integrated team including hospital staff, social workers and volunteers. These nurses are specially trained by Cancer Relief Macmillan Fund and care for the whole family of the patient.

Cllr Poole said "I know the residents and business people in this borough care about the welfare of others. This has been demonstrated by the support



which has been given in the past other Mayoral appeals and our own voluntary organisations. I hope there will be many people who will be organised and join in events to raise money in my Mayoral year for a charity appeal which I hope will result in positive help for many people."

Anyone who would like to help the Appeal should contact: The Secretary, Mayor of Barnet's Appeal, Thirleby Road, Burnt Oak, Edgware, Middlesex, HA8 0HG.

Ready for Battle

Members of the 'White Company' commemorate the Battle of Barnet fought on Easter Day 1471.



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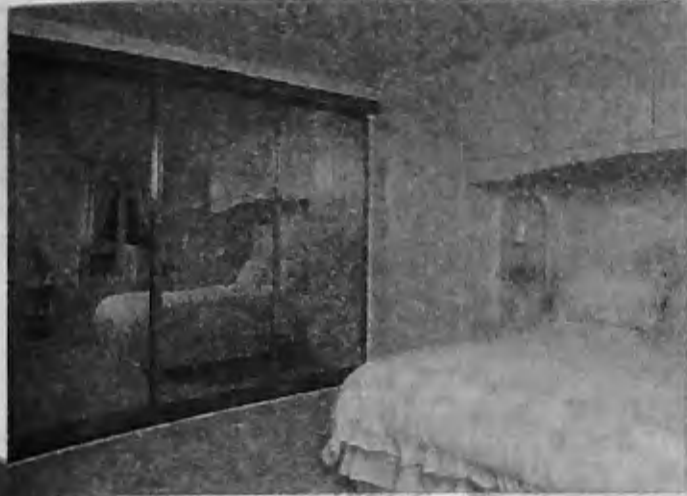
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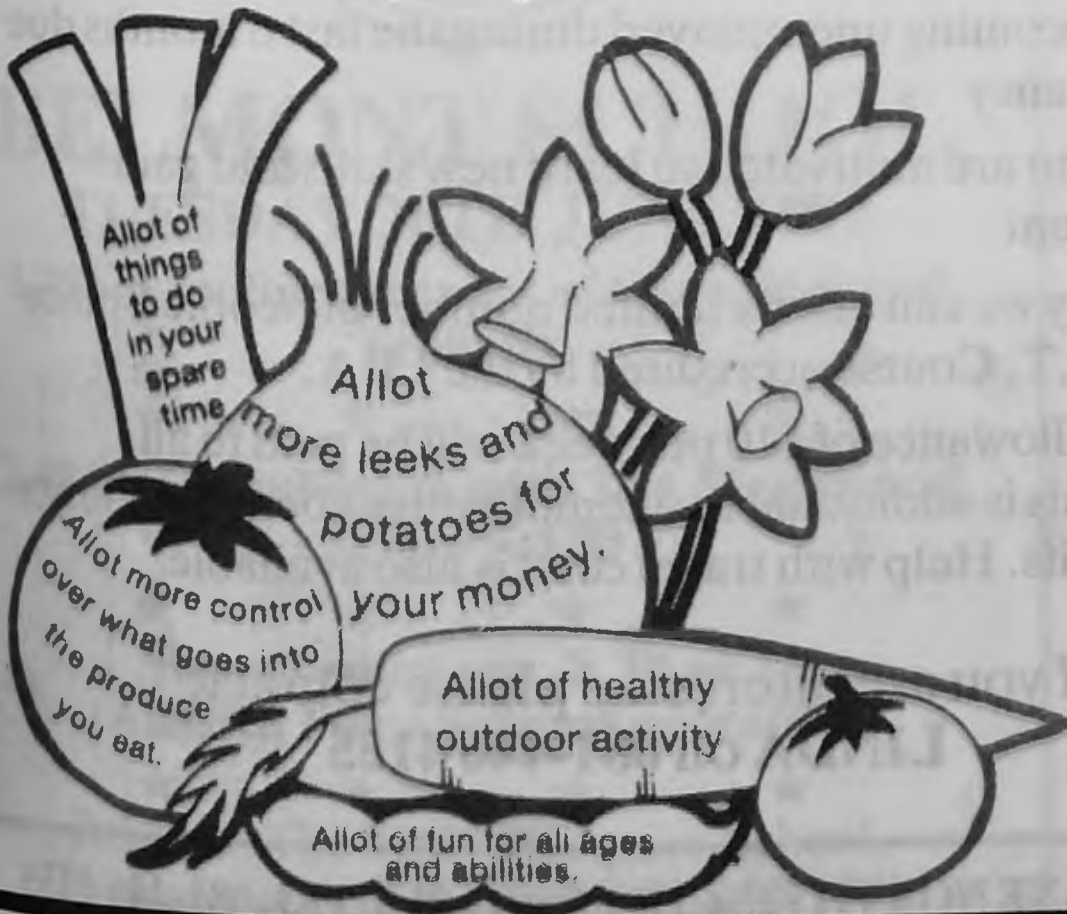
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An Independent Church of England school for girls aged 7-18

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Townsend Avenue, St. Albans, AL1 3SJ
St. Albans 57918



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Assisted Places under the Government Scheme are available at ages 11 and 16.

A number of Governors' Bursaries are also available, including special music Bursaries, and 5 Scholarships at the age of 11.

The School is served by coaches running daily from 60 pick-up points in South Herts, Middlesex and North and North-West London.

Prospectus and further information, including the date of the next Open Day may be obtained from the Admissions Secretary, The Haberdashers' Aske's School, Elstree, Herts WD6 3AR. Tel. 081-207 4323.



Haberdashers' Aske's School For Girls
Aldenham Road, Elstree, Herts WD6 3BT

Headmistress: Mrs P.A. Penney BA

An Independent School for 1100 Girls, set in 50 acres of park and woodland. The School has a long tradition of excellence and almost all girls go on to higher education.

Open Afternoon and Fete
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Applications for 5+, 11+ and 16+ entry
are welcome for September 1993

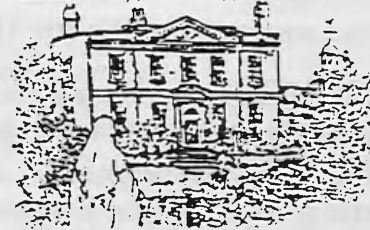
All interested parents and candidates are welcome to visit the school.

- Over 20 Assisted Places for 11+ and 16+ entry
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- Extensive coach service to cover a large area of North West London and Hertfordshire. We are running a New Coach Service From Hemel Hempstead commencing in September.

For further details please contact the Admissions Secretary on
081-953 4261

ST MARTHA'S SENIOR SCHOOL

Camlet Way, Hadley, Barnet, Herts



The Mount House (18th century) has become the centre of a large complex - class rooms, Science Labs, Music/Drama Studio, Dining Hall, Gym, Home Economics, Arts & Crafts & CDT Centres. The old house has become the VIth Form Centre.

We offer a wide range of subjects to GCSE and A Levels and University entrance.

For details please telephone the School - 081-449 6889

Interested in Independent Education for Boys?

Come to
OPEN DAY



BELMONT SCHOOL

TUESDAY 30TH JUNE 1992

1.45pm conducted tours of the school and grounds

★ ★ ★ ★

2.45pm Open Forum with The Master and Senior Staff

★ ★ ★ ★

Normal entry age, 7, 10 or 11
(Assisted Place Scheme operated)

★ ★ ★ ★

Belmont, The Mill Hill Junior School,
The Ridgeway NW7. Tel: 081-959 1431



**Friern
Barnet
Grammar School**

Friern Barnet Grammar School is a small 10-16 boys' independent school in the North London suburbs with convenient road, rail and bus access

Our Church of England foundation dates from 1884

The academic programme of the school is designed to provide a successful general education leading up to the top grades of the GCSE

Last year our ABC pass-rate was 28% above the national average for boys

We have small classes and a strong homework book policy

Our entrance exams take place each November, January, May and July

Boys may enter the school at 10+, 11+, 12+ or 13+

Specimen entrance exam papers are available on request

Parents are invited to telephone the School Secretary on

081 368 3777

Friern Barnet Grammar School, London N11 3DR



ALDENHAM SCHOOL

*A small independent boarding
and day school for boys aged 11-18
and girls in the 6th form.*

- Entry at 11 by testing and interview
- Entry at 13 by Common Entrance or Special Test from the State System
- Entry at 16 by GCSE results and interview
- Assisted Places available
- School Bursaries at all stages, especially 6th Form level
- Tremendous opportunities for Girls

If you want a small school with a strong community ethos that encourages and develops the individual, produces first class academic results, and has an excellent sporting, musical and artistic record, come and visit us to see how much we could offer your son or daughter.

**For prospectus or appointment ring:
Michael Higginbottom, Headmaster,
(0923) 858122**

Aldenham School, Elstree, Herts WD6 3AJ



WOODSIDE PARK SCHOOL



PRE-PREPARATORY
DEPARTMENT & PLAYGROUP
(HOLMEWOOD)
88 Woodside Park Rd, N12



PREPARATORY DEPARTMENT
(ST ALBANS)
Woodside Lane, N12

A long established Preparatory School for children from 3-13 years. Tuition follows the Common Entrance syllabus for entry to Senior Independent School for the age of 13+ (11+ for girls)

There are vacancies in some age groups for September '92

**Apply to the Secretary
Telephone: 081-445 2333**

The Albany College Examination Specialists



FOR GCSE & A LEVEL RESULTS THAT EXCEL

Summer 1991: 106 (or nearly 90%) of our A Level Candidates achieved their degree course places at University and Polytechnic.

For details of our 2 year or intensive resit courses

Tel: 081-202 5965/202 0822

The Albany College



21 & 23/24 Queens Road,
London NW4 2TL



THE MOUNT SCHOOL

Independent Girls - 7 to 18 Years

Milespit Hill, Mill
Hill, NW7 2RX

Wide Range GCSE
and "A" levels

It is not too late to
register for entrance
in September 1992.

Ring Admission Office

081-959 3403

for a prospectus and
application form.

HENDON PREPARATORY SCHOOL

(FOUNDED 1874)

20 Tenterden Grove, Hendon, London NW4 1TD

A HEAD START FOR YOUR CHILD

Give your child a HEAD start in life. Send her/him to a school that is working to secure their future today.

- ◆ Coeducational Day School 5-13+
- ◆ Happy, friendly, family school
- ◆ Small classes - Individual attention
- ◆ Total care 8 am to 5.30 pm daily

Our syllabus is carefully tailored to meet the needs of the National Curriculum, the Common Entrance and Public School Scholarship Examinations and to maximise the potential of EVERY child.

PRE-SCHOOL (3-5)

- ◆ Open 50 weeks a year 8 a.m. - 6 p.m.
- ◆ Individual attention from qualified teaching staff
- ◆ Happy, stimulating and caring environment
- ◆ Designed for learning

For further details tel: 081-203 7727, fax: 081-203 3465

Happiest days of their lives

Desiring to give their children the best start to school life, many parents are realising the important role that pre-school education plays in children's development.

Margaret McVey, owner of Woodlands Nursery School in New Barnet, together with her team of staff, seek to provide children between 2½ and 5 years with the best start possible.

By offering the children a combination of pre-school education and full day care, the nursery aims to help develop individual interests and prepares the children to meet

ADVERTISEMENT FEATURE

the challenges of primary school life when the time arrives.

On entering the nursery, the children are involved in activities in small groups.

Activities cover all manner of subjects including nature studies, P.E., music-making, computers, cooking, drama, handicrafts, gardening and modelling, all of them designed to stimulate the children's physical, social, intellectual and emotional development.

The nursery school day begins gradually, with breakfast being

available for early starters.

Children also spend time talking about events and topics of interest to each of them; not only does this help the children to express themselves verbally but it also teaches listening skills.

The importance of reading development is not overlooked, with each child being able to choose a book from the school's library every day.

As well as games, outdoor activities include the planting and growing of plants and flowers.

At the end of the day when collecting their children, parents are encouraged not to rush straight home, but to spend a short time talking with the children and staff.

To find out more about the school, contact Ms Margaret McVey on 081-447 1914.

■ Woodlands Nursery School, Brook Annexe, Off Victoria Road, New Barnet, EN4 9PF.



Engrossed in learning - youngsters at Woodlands Nursery School

WOODLANDS NURSERY SCHOOL

(2½ - 5 years olds)

We aim to help each child to develop their potential at this stage and for them to be happy and confident to meet the challenges of primary school life when the time arrives.

To reserve a place on our waiting list, prospective parents are invited to telephone for an appointment.

Telephone
081-447 1914

(New Barnet)

Learning to grow the Montessori way

AS further education becomes more widely available as a means of developing one's skills, pre-school education is also recognised as a vital part of every child's life. Nobody understands this more than Miss Goh, B.A., Mon

Dip., AMI(UK), owner of the Highgate Montessori School, which is now established in High Barnet after having been based in the Highgate and East Finchley areas for the last twenty years.

The school is Association Montessori International (AMI) registered and closely follows the teaching methods found to be so successful by Dr Maria Montessori.

Realising that each child is an individual and has its own needs, the Highgate Montessori School provides all of its children with a classroom, known as an 'environment', in which the pupil can gain experience through activities and movement. All the lessons are designed to aid the development of the child's mental, physical and social skills, whilst enhancing their self-confidence and allowing them to be more independent.

Using a mixture of specially designed equipment and everyday objects, the activities at the Highgate Montessori School cover an impressive range of subjects, from language and mathematics, music and movement, writing letters and num-

ADVERTISER'S ANNOUNCEMENT

bers, onto nature studies and simple scientific experiments, with all the lessons and materials graded from the simple to the more complex.

While encouraging the child to advance, the child is never moved onto another subject, until the directress is sure it is ready. In fact the directress does not teach in the traditional sense, but guides each child's progress, helping it to help itself.

As Miss Goh explained: "We just direct the child towards knowledge and the rest is up to it to develop as an individual. Basically the teaching is done in a creative, fun and loving manner."

If you want to know more, please phone Miss Goh on 081-883 6849 to arrange an appointment for you to view the school in session and to discuss your requirements.

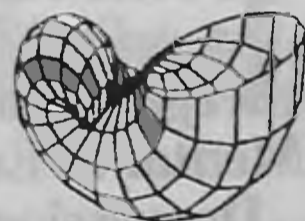
The Highgate Montessori School is at Wesley Hall, Stapylton Road, Barnet, Herts EN5 4JJ.

Monday - Friday 9.15am - 12.15pm. Pick up time 12 noon.

Wednesday - Friday 12.45 - 3.45pm. Pick up time 3.30pm.

THE HIGHGATE MONTESSORI SCHOOL

Wesley Hall
Stapylton Road
Barnet
Herts EN5 4JJ



Highgate Montessori School is now established in High Barnet at Wesley Hall after having been in Highgate and East Finchley for the last twenty years. It is an Association Montessori International (AMI) registered school and closely follows the teaching methods found to be so successful by Dr Maria Montessori.

Highgate Montessori School is now established in High Barnet at Wesley Hall after having been in Highgate and East Finchley for the last twenty years. It is an Association Montessori International (AMI) registered school and closely follows the teaching methods found to be so successful by Dr Maria Montessori.

Children 3-5 years

Monday-Friday
9.15am-12.15pm
Pick-up time 12.00 noon

Wednesday-Friday
12.45-3.45pm
Pick-up time 3.30pm

Ms S S Goh B.A., Mon.Dip., AMI (UK)
261 East End Road
East Finchley, London N2 8AY
081-883 6849 (evenings)

CHANNING SCHOOL

Highgate, London N6 5HF
081-340 2328

INDEPENDENT DAY SCHOOL FOR GIRLS (GSA)
455 Pupils 5-18 years

APPLICATIONS FOR PLACES AT
11+, 12+ and 13+

AND FOR ADVANCED LEVEL STUDIES

should be made to the Headmistress, Mrs I R Raphael MA (Cantab)

"ALTERNATIVES" HEALTH CENTRE

DO YOU SUFFER FROM:-

Allergies, Colds, Backache, Headache,
Mental & Emotional Stress, Tension,
Depression, Migraines, Insomnia,
Arthritis, Rheumatism, Hayfever, PMT,
Tranquilliser Addiction/Withdrawal,
Eating Disorders, Sports Injuries

OR

Simply want advice on Health & Diet Matters?
Then we could help you.

We have expert practitioners who are all experienced and professionally qualified and use long-established alternative and complementary therapies for their treatments.

These include:-

Homoeopathy, Osteopathy, Herbalism, Massage,
Counselling and advice on nutrition & health
and prevention of illness.

★ Promoting better health through natural means ★
For appointments and more information, call:-

Alternative Health Store,
1369 High Road,
Whetstone, N20 9LN
Tel. 081-445 2675

ADVERTISER'S ANNOUNCEMENT

'ALTERNATIVES', which has been a very popular and well-established health store for over 13 years, have now extended their services by opening a new Health Centre on their premises.

Under the recent ownership of the enterprising husband and wife team of Dinesh and Hansa Thankey the store offers advice and a very friendly service to their customers.

In addition to stocking a wide range of health foods, herbal teas, organic and special diet foods, homeopathic and natural remedies, vitamins and supplements, natural cosmetics, books,

aromatherapy oils and environmentally friendly produce, they will now be offering their clinic for alternative and complementary treatments, counselling and advice.

A treatment and therapy room will soon be used by experts and professionally qualified practitioners, such as:

CHARLES WANSBOROUGH
An experienced and qualified
Homeopath

SEENA KHAJURIA: Qualified
Nutritionalist (MSC Nutrition)

NARENDRA MEHTA: A
qualified and experienced
Osteopath

AVRILL GRAFF: A qualified
and experienced counsellor

KEENY LIN: A trained
Acupuncturist from Taiwan

For full details of services offered Alternatives please call to the store at High Road Whetstone (see advert) telephone 081-445 2675

POW!

what an exhibition

Barnet Council's Graphic Nouvelle exhibition has proved to be a great success.

Martyn Kempson, Controller of Libraries, Arts and Museums, explained: "The exhibition had well over 2,000 visitors which is marvellous, but we're also delighted because we had a large increase in the proportion of new visitors to the museum, particularly young visitors".

The show, which has just closed at the Church Farm House Museum, was produced in partnership with independent film company Naked Eye Productions.



© Fleetway Editions 1992

Museum seeks Friends

Would you like to become a founder member of The Friends of Church Farm House Museum?

This summer it is proposed to found The Friends of Church Farm House Museum.

The Friends will support the museum in its many activities and take part in promoting its future development.

The main museum building dates from about 1660. It is the oldest surviving dwelling house in Hendon and was a family home for over 250 years.

The dining room contains 17th and 18th century panelling and the kitchen has a very large open fire-place with a bread oven, spit and chimney crane.

Membership (by subscription) is open to individuals, including children, families, societies and businesses. For details send a stamped addressed envelope (marked 'Friends of Church Farm House Museum') to The Curator, Church Farm House Museum, Greyhound Hill, Hendon, London NW4 4JR or telephone 081-368 1255 ext 3152.



Church Farm House Museum

Greyhound Hill, Hendon, London NW4 4JR

Barnet News - Summer 1992

National Music Days

To tie in with National Music Day Celebrations in June, libraries are presenting a host of free events including:

Saturday 20
Chipping Barnet Library.

Your chance to meet a music teacher who will introduce you to a musical instrument of your choice. 2.30-4.30pm

East Finchley Library. Come and try the woodwind instrument of your choice. Although Paul Mosby has played his oboe in many of the world's greatest orchestras, opera, ballet and theatre companies, nothing gives him greater satisfaction than entertaining children, exploiting his unique collection of worldwide woodwind instruments. 10.30am-12.30pm

Hendon Library. Madrigal music in the lending section of the library. 3-4pm

Mill Hill Library. A chance for young children to try our Karaoke machine between 12 noon and 1pm

Tuesday 23
North Finchley Library. Frith Manor School Choir who are appearing in the West End Musical, Joseph and

The Amazing Technicolour Dreamcoat will sing for the public. 2.15pm

Wednesday 24
East Barnet Library. Musical story time with instruments played by music students from East Barnet School

Thursday 25
East Barnet Library. Rediscover Paul Robeson. A brief talk on the life and work of Paul Robeson. Gus Dallaway will sing a selection of Paul Robeson's best loved songs. 4pm

Saturday 27
Hendon Library. A recital by Julian Saphir, a most promising concert pianist recently graduated from the Royal College of Music. 11am-12.30pm

Hendon Library. Renowned pianist Gordon Fergus-Thompson will delight the audience with his virtuosity. He has given over 150 broadcasts on BBC Radio 3 and has toured extensively. 3-5pm

Chipping Barnet Library. Music and Disability Advice Shop. Laura Crichton of The National Music and Disability Information Service will be on hand to offer

advice on music opportunities for disabled people and their carers. 10am-1pm

Mill Hill Library. Another chance to meet a music teacher. 2.30-4.30pm

Mill Hill Library. A performance by Mill Hill County High School Junior Choir conducted by Marcus Vere. 3.30-4pm

East Barnet Library. One morning and afternoon session each by library staff Sue Whorton (unaccompanied voice) and Jamie Revell (solo jazz guitar). Each session will last 20 minutes approximately.

East Barnet Junior Library. The Trinity Group will play the angklung, a tuned bamboo sliding rattle from Indonesia. 2.15pm

East Finchley Library. Record sale. All single albums £1.50. 10am-4pm

Mill Hill Library. Official opening of new CD loan collection. Also during the week, two of the regular school class visits to East Finchley Library will enjoy music workshops with Jean Gilbert, noted writer of books on music for children.

Music Day Exhibitions

PAUL ROBESON – memorabilia

Many people know Paul Robeson as the man who popularised the song 'Ole Man River'. Paul Robeson, however, was more than a great singer, he was a very accomplished stage and screen actor, football and baseball player, and a scholar who spoke over twenty different languages. There will be an exhibition of memorabilia on his life and work at Golders Green Library until 18 June and from 19-30 June at East Barnet Library

ADRIENNE SOLOMON – a selection of watercolours

Adrienne trained as a ballet dancer but was forced to abandon her career due to recurrent injury. In 1984 she decided to develop her talent as a painter to express her love of music

and enthusiasm for dance. A selection of her recent work will be on show at Hendon Library from Monday 22 June until Saturday 4 July.

PAUL MOSBY – woodwind instruments
A rare chance to see some of Paul Mosby's worldwide woodwind instruments at East Finchley Library Wednesday 1 – Saturday 27 June.

Just Jazz 92 at the Old Bull High Street, Barnet

SATURDAY 20 JUNE
8pm NAJMA Asian female vocalist mixing cultural roots with Western harmonies – beautiful and enchanting
Tickets £7.95 (£5.95)

SUNDAY 21 JUNE
3pm (KIDS 5+) CAVALCADE present ALICE IN WONDERLAND
Tickets £3.95

SUNDAY 21 JUNE
8pm JEAN TOUS-SAINTE + JASON REBELLO American born ex-Art Blakey saxophonist joined by one of Britain's finest young jazz pianists
Tickets £5.95 (£3.95)

THURSDAY 25 JUNE
8pm GEORGE CHISHOLM A unique trombonist and a great personality
Tickets £8.95 (£6.95)

FRIDAY 26 JUNE
8pm IAN SHAW Sweet soulful jazz vocals that can turn any melody into a classic
Tickets £5.95 (£3.95)

SATURDAY 27 JUNE
8pm CLEVELAND WATKISS Superb jazz scatting vocalist joined by the wonderfully colourful guitar playing of Tony Remy in this new line up. Tickets £7.95 (£5.95)

SUNDAY 28 JUNE
3pm THEATRE CENTRE in THE VISITOR (KIDS 8 – 11) Tickets £2.50

SUNDAY 28 JUNE
ANDY HAMILTON Veteran Jamaican born tenor sax taking the scene by storm
Tickets £5.95 (£3.95)

THURSDAY 2 JULY
OFF THE BONE
zling British jazz at most diverse
Tickets £5.95 (£3.95)

FRIDAY 3 JULY
STEVE WILLIAMSON A welcome return from this well established saxophone player
Tickets £7.95 (£5.95)

SATURDAY 4 JULY
REGGAE PHILHARMONIC ORCHESTRA A unique experience and a highlight of the festival
Tickets £8.95 (£6.95)

SUNDAY 5 JULY
3pm JACTITO PETS in STARS EXODUS (KIDS 5-)

SUNDAY 5 JULY
BHEKI MSELEKI THE AMERICAN One of the most talented and innovative musicians (composer, pianist and saxophone) to come out of Africa
Tickets £8.95 (£6.95)

KIDS THEATRE THROUGHOUT JULY

SUNDAY 12 JULY
3pm (KIDS 4 – 11) DESPERATE MEASURES in MOUNTAIN TIAN IN THE SHOWER!!

SUNDAY 19 JULY
3pm (KIDS 3 – 5) OILY CAR GREEN FINGERS

SUNDAY 26 JULY
3pm (KIDS 4 – 8) MARTIN THE PET MAN in GREEN LOCKS KIDS

A display of instruments. 13-18 June
East Barnet Library

For more information on Just Jazz 92 contact the Old Bull Art Centre

For more information on arts events in Libraries throughout the borough contact Junior Douglas, Arts Officer 081-368 1255, ext. 3151

Barnet News - Summer

Water contact - the risks

Play, sports and recreational activities involving water are a popular past-time. As in other parts of the country, Barnet's watercourses, e.g. brooks, streams and rivers, and static water such as ponds, lakes and reservoirs, can pose a health threat due to their water quality.

Now that summer is here, Barnet Council's Environmental and Consumer Services Department would draw attention to some important safety issues:-

Pollution

Pollution from sewage does occur from time to time in the borough's brooks and streams caused by mis-connected drainage systems. The borough is constantly tracking down such systems and securing improvements.

Blue Green Algal Blooms

These algal growths, which are a natural occurrence, have been causing increasing concern in recent years. Often occurring in static waters, such as lakes and reservoirs, ingestion of the infected water can cause illness.

There is little that can be done about these blooms as they are a natural occurrence and appear largely as a result of climatic conditions.

Leptospirosis (Weil's Disease)

Rats which can live nearby water courses and static water often carry a bacteria which if it enters the body can cause a serious illness.

The council is constantly checking for and treating areas where rats are most likely to be and responding to public notifications.

Barnet Council has produced an advice card on Weil's Disease which includes the precautions to be taken by those who may come into contact with water. Copies are available by contacting Environmental Services at the address below.

**It is clearly best for people, especially children,
to avoid contact with water in brooks,
streams, rivers, ponds, lakes and reservoirs.**

People who engage in watersports, or who cannot avoid contact with open water, should take sensible precautions as detailed on the advice card mentioned above

Environmental and Consumer Services Department, Barnet House, 1255 High Road, N20 0EJ ☎ 081-445 8511 Ext 4782



No amnesty for non-payers

COMMUNITY CHARGE IN BARNET

Barnet Council pursues non-payers rigorously

- 2500 non-payers have been caught and financially penalised because they refused to register for Community Charge
- 123 non-payers have received prison sentences
 - Court time has been doubled to deal with non-payers

**You must register and you must pay
your Community Charge promptly**

IF YOU DON'T - YOU KNOW THE CONSEQUENCES - THERE'S NO ESCAPE

**If you or someone you know has not registered,
contact the council's Community Charge Hotline:**

081-202 8282 Ext 2215

