



barnetfirst

The council magazine bringing you news and community information

issue 70 July 2017



Community get together



Oakhill Park Run



Outdoor gym

What's on in Barnet
Get your summer edition pull-out: page 14



FOSTERING

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www.barnet.gov.uk/fostering

BARNET
LONDON BOROUGH

Leader's column

It has been a very busy first half of 2017. The general election was a huge administrative task that was run extremely efficiently by the council and our three MPs were duly elected. Congratulations to the three of them. The council will look forward to working together to ensure that Barnet gets its fair share of national resources to keep our borough well maintained.

The recent terrorist outrages brought out the best in the British people with personal stories of great courage and a superb response by the emergency services. This same response was shown during and after the tragic fire in North Kensington. I would like to thank all the Barnet staff and residents who volunteered or donated to help the victims as part of London Councils response to the situations in both North Kensington and Camden.

The council is committed to carrying out any safety work that is needed on high-rise blocks and other buildings. People must be safe and feel safe. We look forward to clear guidance from building experts and the Fire Brigade.

When there is a problem or when something goes wrong the residents of Barnet can count on a council response that goes beyond a professional commitment.

There is no place for poor standards, and this is true nowhere more so than when it comes to supporting our children and young people. A recent OFSTED inspection found that Barnet's Childrens Services were inadequate and this is simply not good enough. Making improvements is a priority for the whole council and we will do what it takes to make these services better. It will take some time but our work has already started and I am determined that we will redouble our efforts to get these services up to the standards required. Our approach will be fully transparent. Our plan for improvement is being discussed publicly at the Children's Committee on 18 July and progress reports will be published and discussed at future meetings of the Committee.

We know what our residents care about and we are taking action. We have been working on our roads and pavements – consistently a top concern for residents - and maintenance is improving as a result of our investment programme. I know that some surfaces are not good enough but they will be fixed. Like painting the Forth Road Bridge this is a never ending project. I am also encouraged by the increasing levels of resident satisfaction with the universal services provided by the council, including waste and recycling and street cleaning.

I hope that everyone will enjoy a safe and peaceful summer. Our parks are looking beautiful and I hope that everyone will take pleasure from them.

Yours,



Richard Cornelius



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Contact us

Barnet First is a magazine filled with local news and community information for the borough of Barnet – issue 70 July 2017.

Alternative formats of Barnet First are available only upon request. If you would like a copy of Barnet First in large print or on tape, please email: barnet.first@barnet.gov.uk

Barnet First is produced by the London Borough of Barnet, Corporate Communications Team.

To contact the editorial team, email: barnet.first@barnet.gov.uk

When you have finished reading our magazine, please recycle.



news

OFSTED inspection findings

A recent inspection of the council’s Children’s Services were judged by OFSTED as inadequate. We fully accept the findings of the report and are taking urgent action to make improvements so we can provide better support for our children and young people.

This is a priority for the whole council. We have undertaken a review of the services and changes have been made to ensure children are put at the heart of what we do and improvements are made to social care practice.

Our full action plan is being discussed publicly at the Children’s, Education, Libraries and Safeguarding Committee on 18 July and can be found at www.barnet.gov.uk



Children of the Mediterranean

Ever wondered what happens with old pieces of kerb that are left over from road works? Most of it is recycled, but for one artist there was an opportunity to do something special. Barnet resident Drew Edwards has been using the material to sculpt statues, some of

which were installed at the Finchley Memorial Hospital. He is also working on a piece called Children of the Mediterranean which will feature 100 statues along the River Thames to commemorate children that have lost their lives whilst crossing the Mediterranean to seek refuge.



Drew Edwards’ newest creation, Children of the Mediterranean

BOOST just got bigger

Following the success of the Burnt Oak Opportunity and Support Team (BOOST), a second project to provide advice and job support to local residents has launched in Childs Hill.

The scheme is funded by Barnet Council working in partnership with Barnet Homes, Job Centre Plus, Barnet and Southgate College and local community organisations. Our services help unemployed residents from the Childs Hill Ward (and also the Whitefields area near Brent Cross) to find work, but will also help the wider community with

housing support, benefits advice and training opportunities to help them achieve their aspirations.

To help reach as many people as possible, the project will operate from a number of venues across the ward including Childs Hill Library, the Children’s Centre and from a mobile ‘Careers Coach’.

For more information or advice and support into employment, contact BoostChildsHill@barnet.gov.uk or 020 8359 7200.

SINCE 2015

THE ORIGINAL SCHEME HAS ENGAGED WITH MORE THAN

800 RESIDENTS

AND SUPPORTED ALMOST

300 PEOPLE INTO SUSTAINABLE EMPLOYMENT



The team at the BOOST Childs Hill launch

Keeping Barnet safe

In recent months, London has been coping with the aftermath of some terrible tragedies which have had an impact on us all. Although Barnet is a very safe borough we are committed to working in partnership with the police and faith leaders, the Community Security Trust (CST), Hatzola, as well as other community groups, to help keep it this way.

What can you do to help?

1. If you see something that does not look right, report it. Remember, it doesn't hurt to report anything unusual and the police will take your call seriously. You can also anonymously call **0800 555 111**.

2. In Barnet, we are extremely proud of our borough's diversity so if you witness a hate crime, please report it online at www.met.police.uk. If you use social media please use **#WeStandTogether** as this will help police too.

Total Policing is the Met's commitment to be on the streets and in your communities to catch offenders, prevent crime and support victims.

For more information about how we are keeping the community safe, visit: www.barnet.gov.uk/community-safety

Barnet residents honoured for leading the way

Barnet residents who have made a real difference to life in the borough were honoured earlier this year at our annual Civic Awards ceremony.

A special ceremony at the end of March recognised the efforts of more than 50 people and groups.

Five of the nominees were commended for their outstanding contribution to life in the borough and were presented with a framed vellum in recognition of their achievements.

The five vellum winners were:

- Andy Savage, for his service to the Avenue House Estate Trust and Friends of Stephens House and Gardens
- Chris Sykes, for her commitment and dedication to vulnerable elderly people in the borough
- George Irons, who was recognised posthumously for his contribution to the local area as Vice Chairman of the East Barnet Residents' Association and the Chairman of Friends of Oak Hill Park
- John Living, for his outstanding voluntary contribution as Chairman of the Mill Hill Preservation Society
- Dr Chris Page, recognised for his outstanding contribution to the North London Hospice as a trustee and as one of the Founders of the North West Support Group.



Civic award winners with former Mayor Councillor David Longstaff

Council commits £10 million to fire safety improvement measures

The recent fire at Grenfell Tower has highlighted the importance of ensuring that tower blocks in Barnet meet best practice in fire safety measures as well as providing reassurance to residents that their homes are safe.

Following the tragic event in West London that sadly resulted in the loss of so many lives, Barnet Homes (on behalf of Barnet Council) commissioned an urgent review of cladded housing blocks of five storeys or more within the borough. It was identified that three tower blocks in Granville Road, NW2 had similar external cladding panels to those reportedly used at Grenfell Tower. The safety of residents is an absolute priority and with that in mind, a decision was taken to remove the exterior cladding panels. During this process, we have put in place additional safety measures. Subsequently, the Building Research Establishment (BRE) also confirmed the panels had failed fire safety tests, after samples had been sent by the council for further testing and analysis.

A report was then presented to the council's Housing Committee on Monday 26 June, where the committee agreed to invest an initial £10 million in fire safety improvement measures in all 24 high-rise blocks,

which will be allocated from the council's Housing Revenue Account while we seek national support for funding.

Barnet Homes are carrying out reviews of fire safety measures in the council's 24 high-rise blocks to ensure they all meet best practice, including consideration of sprinkler systems, improved fire and smoke alarm systems and other measures based on advice from the London Fire Brigade (LFB).

Councillor Richard Cornelius, Leader of the Council, said: "Resident safety is our number one priority. To ensure such a tragedy is not repeated, we have a responsibility to our community to make sure safety systems are of the highest standard – including investigating whether sprinklers would be appropriate in our high-rise tower blocks.

"As well as removing the exterior cladding from the towers in Granville Road, the Housing Committee has agreed to oversee a programme of investment, based on advice from the LFB, to provide added fire safety measures and reassurance to our residents in all of our high-rise blocks. If sprinklers are needed, they will be fitted. We will continue to work closely with the LFB and are ready to fully support any changes on fire safety advice."

Thanks

Tosin

for loving where you

live

“ I organise sports activities for young people; I can see the positive impact it has on their lives. ”

Tosin. Colindale

Can you get involved?
There are lots of ways you can help make Barnet work together.

Barnet
works
together

#barnettogether

Find out about the opportunities to suit you and take our quiz at www.barnet.gov.uk/barnettogether

BARNET
LONDON BOROUGH

Make a difference: Recycle right

When you recycle, you really do make a difference. By placing your plastic bottles, cereal boxes and glass jars in your recycling bins you are helping to decrease the amount of waste sent for costly disposal and reduce our impact on the environment.

We also need to ensure only the right items are sent for recycling. When the wrong items are placed in recycling bins this is called 'contamination'.

Contamination can affect the process at the recycling plant and could lead to good recyclables having to be disposed of rather than recycled.

Each week your recycling is taken to a processing plant in Edmonton where it is sorted by manual and mechanical processes. Each material type is sorted and separated into large bundles which are then sent away for further processing into new items like more plastic bottles, paper or even football shirts.

If items such as food waste or disposable nappies are incorrectly placed in recycling bins these can impact the quality of the recycling so it's important to keep these items out of your recycling bin.

Food waste must be disposed of in the brown bin.

For more information visit www.barnet.gov.uk/recycling

Recycling at flats

The council has improved and expanded recycling facilities at many flats and estates across the borough. One of the biggest changes has been the introduction of larger recycling bins to some flats. The new bins make it even easier for residents to recycle more and the special lids help to ensure only the right items are recycled.

Recycling Stats

In 2016/17 you helped to recycle 25,000 tonnes of items from your recycling bins – enough to fill the Allianz Park stadium.

You also recycled over 5,000 tonnes of food waste using your brown bins. But there is still a lot more thrown away that could have been recycled.

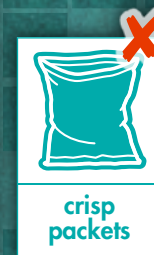


Help us to Recycle Right!

Remember if in doubt – please find out!

No thanks 

Do not put these items in your recycling bins



Investing in our neighbourhoods

We know that a clean and attractive local environment is important to you and that the condition of roads and pavements in the borough has consistently been your top priority. That's why we are committed to ensuring we continue to get the delivery of these most valued services right and, to support this, are taking tough action against those who have a negative impact on our environment.

Councillor Dean Cohen, Chairman of the Environment Committee, said: "Barnet is a great place to live, and we want to make sure residents are able to travel across the borough safely; that's why we are making significant investments in improving our roads and pavements, repairing potholes and reducing air pollution. We will also be taking tough action against those who park HGVs and drive skips over our pavements,

causing significant damage. We would like to encourage residents to help us take action by reporting problems, such as potholes, online." To find out more about the investments we're making and the initiatives we have in place to help keep Barnet's neighbourhoods moving, visit: www.barnet.gov.uk/ourneighbourhoods.

Here are just some of the ways we're working to take care of our neighbourhoods:



To help improve air quality,
we will be investing

£400,000
in electric vehicle charging points



We'll invest
£50 million
to improve roads
and pavements by 2020



We're working with
**Transport
for London**
to make our bus stops
more accessible –
reducing congestion
and improving air quality



Have your say on
air quality

We want to hear
your views on air quality
across Barnet.
To have your say, visit:
engage.barnet.gov.uk

We are
encouraging children to
walk or cycle
to school where possible

We're asking you
to switch off your
engines when
stationary to improve
air quality



We are investing
£1.5 million
to repair potholes across
the borough



Taking Tough Action
We will take tough action against those who cause environmental harm to our neighbourhoods, including to our roads and pavements. When heavy loads, including skips, drive over or park on our pavements they cause extensive damage which is costly to repair. Damaged pavements can also be unsafe and can make it difficult for residents with pushchairs or those in wheelchairs to travel safely.
Have you spotted an environmental problem in your neighbourhood? You can tell us about it by visiting: www.barnet.gov.uk/report-a-problem

people

Barnet Works Together

Summer is a great time to get involved in the community, from organised litter picks to looking after a flower bed in a park. It's an opportunity to get to know your neighbours (if you don't already) and to try your hand at something new.

Over the past few months, through the #barnettogether campaign, you have shared with us some shining examples of residents who are doing their bit to make Barnet

an even better place to work and live. There are lots of opportunities available for everyone to get involved in, so don't miss out.

Keep your eyes peeled on our Twitter and Facebook channels where we put the spotlight on some of the wonderful things you are doing across the borough.

To kick-start and inspire you, why not take a look at some of the reasons why Barnet residents get involved on the opposite page.

Do you roll up your sleeves and get stuck in to your local community? Whether it's a little or a large part that you play, it all makes a big difference and we want to hear your reasons why – let us know on Twitter (@barnetcouncil) and Facebook (BarnetCouncil) with #myreasonwhy.

Need some inspiration? Below, we've listed a few opportunities that you might be interested in:

Adopt a place

Brighten up your local area today!

The 'adopt a place' scheme provides groups with support, materials and tools to undertake gardening or maintenance activities in one of our 200 parks or open spaces.

Meet others, get fit

Get out, get active and take on something new!

There are a range of sports teams and activities for people of all ages and abilities. Meet others, get fit and do good in the community with Good Gym.

Crowdfunding in Barnet

Kick-start your own community project!

Do you have an idea that you need help getting off the ground? We'll be offering pledges of up to £5,000 to support those who want to do something positive for their communities.

Find out more about these opportunities and more at: barnet.gov.uk/barnettogether

Do you love where you live? Take the test to find out:



www.barnettogether.co.uk

10 reasons why

Hear from 10 Barnet residents on why they get involved in the community:

I organise sports activities for young people; I can see the positive impact it has on their lives.

Tosin, Colindale



I'm a musician. I do a monthly sing-a-long on Tuesday afternoons. It's very satisfying to give something back and improve people's quality of life.

Howard, East Finchley



I help out at the Middlesex University community kitchen because it's really rewarding to help provide a hot meal to someone in need.

Samuel, Hendon



I meet a tremendous amount of people whilst volunteering at Age UK Barnet. It's a great feeling to know I can contribute in some way.

Maggie, North Finchley



Helping my neighbours find work is my way of giving back, and I know it makes a big difference.

Sahra, Burnt Oak



I get stuck in because it's a great use of my skills and experience and it's a lot of fun. I get to work in a team and it's a lovely atmosphere.

Veronica, East Finchley



Alongside studying, I lend a helping hand for a few hours each month. It's great to see the positive impact this has on people's lives.

Amy, Hendon



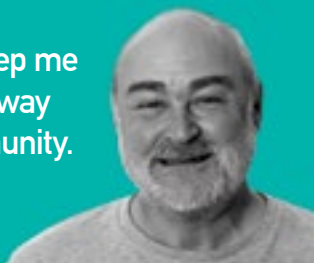
I've coached a local youth football team for the past 10 years. I do it because it's fulfilling to help young people recognise their talent.

Richard, High Barnet



Breathing new life into old furniture not only helps keep me busy, but also goes a long way to help others in the community.

Steve, Edgware



Recycling is my way of giving back to the community with the little time that I have.

Michelle, Finchley



what's on

in Barnet this summer

Welcome to our summer edition. Over the next few pages, we'll be highlighting what's on in Barnet for you all to enjoy and explore this summer.

Oakhill Park run

Dig out those running shoes, it's time to get active! Oakhill Park Run is a free weekly timed 5km run. Children under the age of 11 must be accompanied by an adult.

For more information visit: <http://www.parkrun.org.uk/oak-hill>

Where: Oakhill Park, Church Hill Road, East Barnet, EN4 8JP

When: Every Saturday

Time: 9am

Cost: Free



Tell us what's on in Barnet

We want to hear about local events, community services or activities. To feature your event in Barnet First, email your event details to whatsonbarnet@barnet.gov.uk

Submissions do not guarantee inclusion in Barnet First but will be taken into consideration for future editions of the magazine.

Friends of Barnet market

For more information please visit: www.fobm.co.uk

Where: 10 Clipping Close, Barnet, EN5 4LP

When: Wednesdays and Saturdays

Time: 7am – 3pm



Coffee morning for over-55s with Age UK

For more information, contact Age UK on 020 8432 1420.

Where: Burnt Oak Library, Watling Avenue, Edgware, HA8 0UB

When: Every Monday

Time: 10.30am – 12 noon

Cost: Free



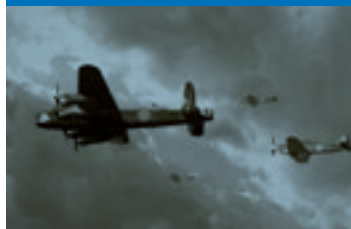
RAF Museum

The RAF Museum in Hendon is a must-see for adults and children! It has a fantastic collection of Spitfires, Hurricanes, Lancasters, Wellingtons, Harriers, Lightnings, and other aircrafts. There is also a great interactive area for children.

Where: Grahame Park Way, Colindale, NW9 5LL

When: Open Monday – Sunday, 10am – 6pm

Cost: Free



Belmont Children's Farm

Pet and feed lambs, deer, goats, calves, rabbits and guinea pigs. For more information, visit: www.belmontfarm.co.uk

Where: The Ridgeway next to Sheepwash Pond, Mill Hill, NW7 1QT

When: Open Monday – Sunday, see website for details

Cost: Adults £6.50, Children £4.50



Textiles, arts and crafts

An opportunity to explore textiles, arts and crafts for children and young people, by the African Cultural Association. For more information, contact Colindale Library on 020 8359 3930.

Where: Colindale Library, 7 Bristol Avenue, Colindale, London NW9 4BR

When: Every Tuesday

Time: 4.30 – 6.30pm

Time: 10.30am – 12 noon

Cost: Free



Crowdfunding workshop

If you're passionate about a particular project and want to get it off the ground, then this crowdfunding workshop is just the thing for you. For more information and to book your place visit: <https://tinyurl.com/crowdbarnet>.

Where: Hope Corner Community Centre, 185 Mays Lane, EN5 2DY

When: Wednesday 26 July

Time: 5 – 7pm

Cost: Free

Step into Barnet's history

Do you have an interest in the built heritage of Barnet?

There is an opportunity for you to participate in a borough-wide survey of local heritage. This includes surveying the existing Local Heritage List and identifying potential new items. Working in partnership with heritage and community engagement consultants Urban Vision Enterprise CIC, volunteers will receive free training and support through a mentoring volunteer programme to survey the borough.

local
heritage

What is a Local List and a Heritage Asset?

The Local Heritage List identifies those heritage assets (for example buildings and monuments), which have special local architectural or historic interest and contribute to the character of Barnet.

A Local Heritage List provides information on the location of these assets and what it is about them that is significant.

How to get involved

In order to register your interest and receive further information, including details of our free training events, please contact Hannah Barter at Hannah.barter@uvns.org or call 01538 386221.

Hidden gems

If only trees could talk! Located in the Church of St Andrew in Totteridge, stands our oldest living resident. At approximately 2,000 years old, this ancient yew tree is one of the oldest trees in London.

Whilst we can't be sure of its exact age, because yew trees lose their centres, we do know it has been around since the infancy of 'Londinium' which has grown into the London we know and love today.

So what does 2,000 years of growth look like? Why not pay it a visit. This resident is always at home and visitors are welcome.

The church is only a 15 minute walk from High Barnet or Totteridge and Whetstone Tube stations on the Northern line.

The Totteridge Manor Association have invested great care and attention to the wellbeing of the yew tree. Let's hope it will live to see another thousand summers!

Do you have a hidden gem to share with us? Get in touch at barnet.first@barnet.gov.uk and it may feature in our future editions.



what's on in parks

What better way to keep active this summer than to explore the 200 wonderful parks and open spaces in Barnet. There are plenty of fun activities for everyone – take a peek and see what's out there for you.

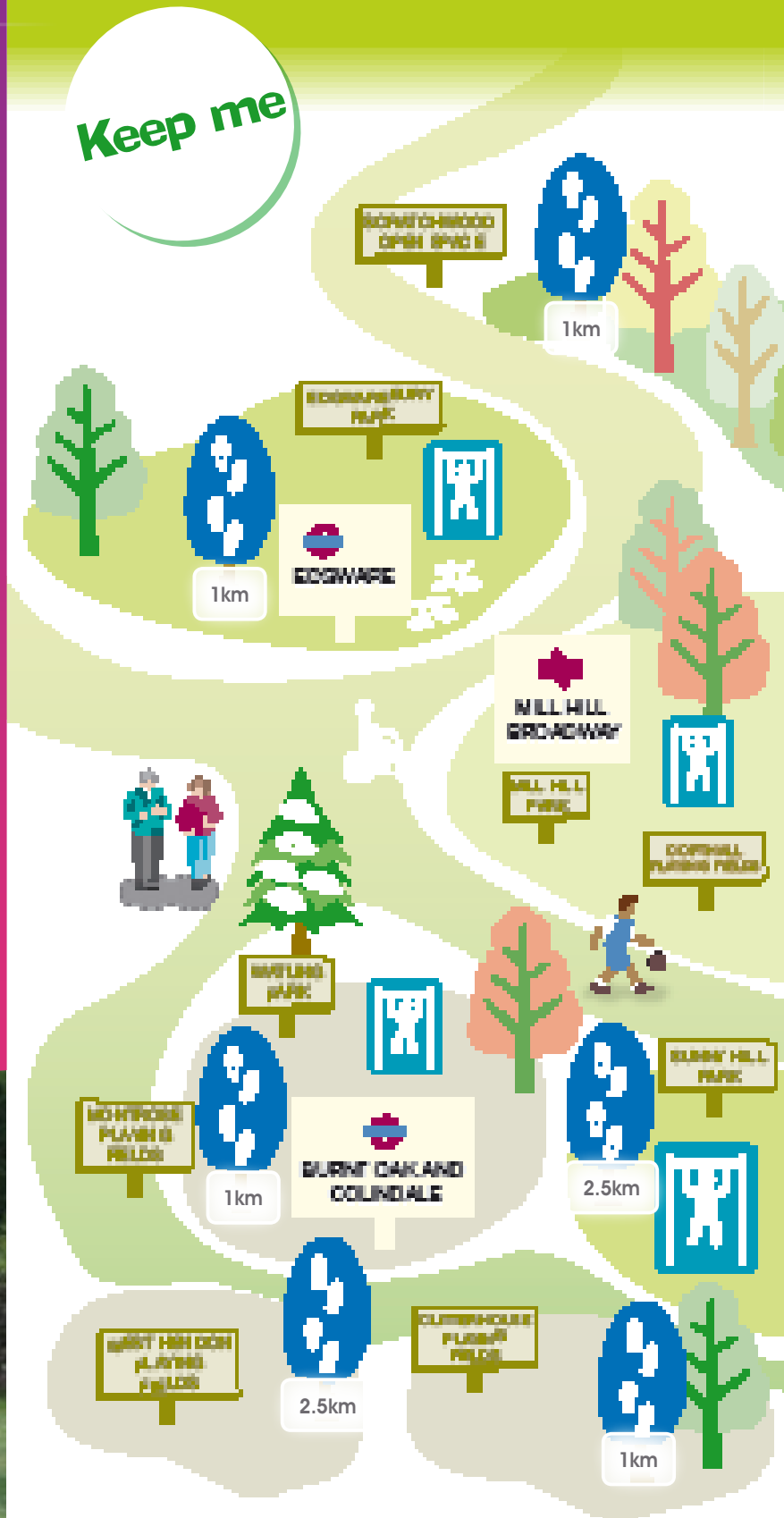
Health Walks

Boost your health and wellbeing in some of Barnet's most beautiful areas. Trained instructors lead health walks weekly, whatever the weather.



The hour-long walks take place in local beauty spots such as Friary Park and Totteridge Village including short exercises to boost the great health benefits of regular walking even further.

The walks are graded on a scale from one to five for the stamina and fitness needed, so there is a walk to suit everyone. The walks are available to people aged 18 and over and cost £2.80 each, with concessions available. There is no need to book, just turn up on the specified days. Full details on Health Walks can be found at: www.barnet.gov.uk/onthemove



This map is a visual interpretation that is not to scale.



Marked and Measured Routes

There are nine free marked and measured routes which are pre-plotted routes of 1km, 2.5km or 5km which can be walked, run or cycled. To view the routes visit: www.barnet.gov.uk/exercise-routes

Outdoor Gyms



Barnet has 11 free outdoor gyms located in our parks. You don't need any experience to use the equipment and, best of all, there's no membership fee to pay. To see which parks near you offer gym equipment, visit: www.barnet.gov.uk/outdoor-gyms

Skate Park

Barnet's skateboarders are already making good use of the revamped skate park in Friary Park. The design includes a range of quarter pipes, rails and jumps. It is open every day to those aged four years-plus and to those with a variety of skills and experience. There are plans to increase the provision of these facilities across the borough. Any new projects will be delivered in conjunction with local residents and Friends of Parks groups.



what's on

over the school holidays

Keep busy these school holidays with a range of activities and events. Check out what's on offer this summer for young people through our Positive Activities and SHAPE programmes.

Positive Activities

The Barnet Youth Engagement Service provides children and young people across the borough with a broad range of programmes, activities, accreditation, information, advice and guidance.

This summer there are a number of fun and exciting programmes on offer to engage, inspire and motivate our young residents during the holidays. Some of the activities on offer include:

- music production
- steel pans
- app design
- multi-sports
- water sports
- BMXing
- animation
- pony day
- basketball.



SHAPE programme

SHAPE up this summer with a range of activities to get involved in.

SHAPE offers free or low cost sports sessions to young people aged 14 to 19, including basketball, dance fitness, football and more.

For the list of courses and booking information, visit: www.barnetyouth.co.uk

For a full list of activities and more information visit: www.barnet.gov.uk/shape

Better leisure centres

During the summer there are a great range of activities taking place at your local leisure centres in addition to the exciting summer holiday programme. The five leisure centres operated by Better on behalf of Barnet Council include:

- Burnt Oak Leisure Centre
- Barnet Copthall Leisure Centre
- Church Farm Swimming Pool
- Finchley Lido
- Hendon Leisure and Gymnastics Centre.

Activities are available for all ages and abilities and include:

- swimming
- football
- gymnastics
- tennis
- badminton
- performing arts
- basketball
- fitness classes.

During the summer period, Finchley Lido will be opening the outdoor pool as an extension of the swimming provision at the facility. Check out the Finchley page at www.better.org.uk for opening days and times.



Tennis

Although Wimbledon is finished for another year, why not keep the excitement alive by picking up a tennis racquet yourself?

Tennis coaching sessions for all ages are available in selected Barnet parks to introduce (or reintroduce) you to the sport. Sessions are free of charge and you don't even need to bring a racquet.

For more details on where you can get involved or other tennis opportunities in the borough please visit:

www.barnet.gov.uk/outdoorfitness



Hockey at Ashmole Academy

Join in the fun at Ashmole Academy; whether you used to play hockey at school, are a regular player who's looking for a new club or even if you've never picked up a hockey stick before, all are welcome.

To find out more about what's on offer at your local leisure centre, visit: www.better.org.uk

Contact: hmhockey@gmail.com
for more details or visit:
<http://hendonandmillhillhockey.org>



Keep

active

and

Keep

healthy

We all know how vital exercising is to maintaining our health, and Barnet has some of the best open spaces in London to stay active. Whether it be a walk through one of our parks or using the equipment at an outdoor gym, there are a wide range of opportunities to help you stay fit. As well as increasing health and wellbeing, physical activity can also help reduce the chances of certain illnesses and diseases.

Sometimes the lifestyles we live can lead us to making unhealthy choices, which is why it's important to look after ourselves.

Start the fight back to a healthier you.

Take the One You quiz and see how you score:
www.nhs.uk/oneyou



Improving your health and wellbeing

There is a direct correlation between being physically active and a reduced risk of coronary artery disease, stroke and diabetes – the higher the level of physical activity, the greater the risk reduction. Evidence shows that doing at least the recommended levels of activity can decrease your risk of diabetes by 14 per cent, coronary heart disease by 23 per cent and stroke by 19 per cent compared to people who are less active than recommended.

Ways to become more active

Adults should aim for at least 30 minutes of moderate activity five times a week or 15 minutes of vigorous activity five times a week. In Barnet there are a number of trails and outdoor gyms which can help you maintain good health. For a list of these walking trails turn to pages 14-15.

There are a number of ways you can improve your levels of activity including:

- Climbing the stairs for 10 minutes
- Vacuuming for 15 minutes
- Gardening for 20 minutes
- Running for 20 minutes
- Walking/cycling for 25 minutes a day.

Physical activity can help reduce the risk of:

- Cardiovascular disease (such as coronary artery disease and stroke)
- Some cancers (breast, bowel and womb)
- Type 2 diabetes
- Falls in the home
- Obesity.

Is your child being cyber-bullied?

Most children use some form of technology on a daily basis to interact with their friends. While this is generally a positive experience for them, they are exposed to dangers such as cyber-bullying, the anonymity of online groups, and peer pressure to share explicit messages and images. Cyber-bullying is bullying using technology. Statistics show that children who are victims of

cyber-bullying, or who are themselves the bully, are three to four times more likely to view online content relating to self-harm, and two to three times more likely to view suicide-related content compared to those not involved. While it is difficult to know if your child is being cyber-bullied, there are things you can do and signs to look out for.

Top tips to reduce the risk:

- be open and talk to your child about their internet use
- stay informed about how young people communicate
- explain the dangers and use privacy settings
- agree boundaries for online use
- set parental controls
- restrict access if rules are broken
- research homework together.

Spot the signs – your child:



- is upset, angry or withdrawn
- is secretive about their online activity
- won't let you see their phone
- avoids school, friends or socialising
- spends less time texting, gaming or on social media
- has low self-esteem
- has difficulty sleeping.

Your local Pest Control service

Wasps and other insects are on the increase at this time of year, **make sure your home or business is pest free this summer!**

We offer a cost effective pest monitoring and treatment service for both residential and commercial premises of any size across the borough.

Monitoring contracts with regular visits enable us to spot changes in pest activity, treat accordingly and keep pests under control.

Contact us today for a quote on 020 8359 7799 or pestcontrol@barnet.gov.uk



With a **combined experience of over 45 years**, we have helped **over 1,000 local residents** and business in 2016

All of our staff are **fully trained and vetted**

future

A better borough for everyone

Delivering for Barnet is the programme of regeneration and development taking place across the borough over the next decade and a half. It will deliver better places to live and work while protecting and enhancing the borough for generations to come.

As part of the programme, we're building more new homes than any other borough in outer London and helping to create thriving communities. We work closely with developers to make sure growth and development is managed responsibly and in areas that will be most enhanced by change.

We know how much our communities value facilities such as good schools, clean and attractive open spaces, GPs and sports and leisure centres.

That is why we are working to improve everyone's access to these facilities, all vital to our residents' quality of life as well as improving transport links and infrastructure.

We're also making improvements to our town centres to support local businesses and encourage residents to shop locally. We're helping to create thousands of new jobs and doing more to support residents to access employment and skills training, getting local people into work.

Delivering for Barnet will help make the borough the best place to be a small business in London, enable local businesses to start, grow and thrive, maximise the opportunities growth and development bring and help local people do the same. Here are some of the things we are doing:



CREATING UP TO
30,000
NEW LOCAL JOBS

INVESTING
£215m
IN A NEW THAMESLINK
STATION, BRIDGES AND
RAIL FREIGHT FACILITY

INVESTING
£895m
IN TRANSPORT,
SCHOOLS AND FACILITIES
UP UNTIL 2020





**DELIVERING A
£1.4 BILLION
EXPANSION
AT BRENT CROSS
SHOPPING CENTRE**



**BUILDING
£2.5 BILLION
OF NEW HOMES, COMMERCIAL
SPACE AND INFRASTRUCTURE
AT BRENT CROSS CRICKLEWOOD**



**CREATING A NEW
£4.2m
YOUTH ZONE FACILITY
IN COLINDALE**



**BUILDING
27,000
NEW AND REPLACEMENT
HOMES**



**BUILDING
500
NEW COUNCIL
OWNED HOMES**



**TRANSFORMING
BARNET WITH
7 MAJOR
REGENERATION
SCHEMES**



**£6 BILLION
OF PRIVATE SECTOR FUNDING
IN HOUSING AND INFRASTRUCTURE
BEING INVESTED**





Barnet Architecture Awards 2017

Well-designed **buildings and open spaces** enhance our quality of life.

In recognition of this, Barnet Council in partnership with Re is launching its first ever Architecture Awards competition.

Have you been involved in completing a new building, an alteration to an existing building or a public space that is of high quality design and positively contributes to the borough?

All short-listed properties will be visited by a judging panel, with the winner being announced at an award ceremony in November.

As a resident you will be able to vote for your favourite shortlisted project to decide the 'People's Choice Award'. Voting opens in mid-September.

Nomination criteria

- The project must be located within the borough
- The project must have been completed between 1 September 2014, and be in full use by the **closing date for nominations on 31 August 2017**



Find out more and to view entries visit www.barnet.gov.uk/architectureawards

future

Transforming West Hendon

We've started the regeneration of the West Hendon Estate, in the south-west of the borough. The transformation of West Hendon will see the creation of attractive new places to live and provide benefits to residents including new public parks, play spaces and community facilities. The regeneration work and new arrivals to the area will also help to boost local businesses on West Hendon Broadway.

The redevelopment is building closer connections between the West Hendon Estate and the Welsh Harp reservoir, whilst respecting its important ecology. New homes, a new primary school, and high-quality architecture will build upon regeneration work already completed.

The proximity of rail and bus services means that West Hendon is already well connected to other parts of Barnet and central London. The development will mean new and improved routes linking existing public open spaces and streets around the site, including two new bridges and a pedestrian route from Hendon train station to the rest of the estate. The scheme is being delivered by the Barratt Metropolitan Limited Liability Partnership, a Joint Venture between Barratt London and Metropolitan Housing Trust.

Community Hub

A new interim Community Hub for the West Hendon estate is now open, situated on the ground floor of Gadwall House. The Community Hub is available for hire to all residents and groups on the estate to use for community projects and activities. The centre also houses a regeneration office and resource centre, where residents can drop in if they have any questions for the team.

Pedestrian and cycle bridge

A new dedicated pedestrian and cycle bridge at Cool Oak Lane will substantially improve the link between the West Hendon Estate and open space to the west. Works will start in the autumn and will be completed in spring 2018.

To see how our regeneration work is benefitting residents and businesses across the borough, visit: www.barnet.gov.uk/deliveringforbarnet.



Street scene in the new look West Hendon

Volunteering opportunities

Volunteering in Barnet

Get involved in your local community! Volunteering provides vital support to local organisations and charities, and brings many benefits to you too! For everything from improving your confidence, to learning new skills, to meeting a new part of your community, volunteering is a great way to make the most of your spare time. Below are just a few of the many opportunities available from Volunteering Barnet.

Volunteering Barnet is the accredited Volunteer Centre for Barnet and works with over 100 local organisations. There's sure to be something to suit you!

Volunteer Community Panel Members

Barnet Youth Offending Team



Could you join a panel in Barnet to help repair some of the harm caused by youth offenders?

The panels involve two trained volunteers from the local community, alongside one member of the Youth Offending Team, meeting with a young offender to talk about what happened and the impact of the actions on the victim/s or community.

Volunteers need to be 18+ and able to dedicate a few hours every fortnight, generally outside work hours. You'll receive specific training including how panels work, your role in the process, restorative justice and communication.

Befriender volunteer

Barnet Carers' Centre

Barnet Carers' Centre are seeking volunteer befrienders to provide support to isolated individuals. You can make a difference simply by offering a listening ear and enjoying a cup of tea or two with your new 'befriendee'. Full DBS check, induction/training and travel expenses provided.

Home Support volunteer

Noah's Ark Children's Hospice

Noah's Ark provide emotional, social and practical support to family members with children affected by serious illness. They are seeking volunteers to help out by helping children with homework, befriending or arranging transport.

Mentor to Support volunteering

Jewish Volunteering Network

Could you inspire someone to volunteer? The Jewish Volunteering Network requires volunteers to support people who have an initial barrier to volunteering due to a disability, health condition or low self-esteem.

Support and Refreshments volunteer

Dementia Club UK

Dementia Club UK supports people with dementia and their carers. At the fun and energetic Dementia Club, families spend time together doing a range of activities – every week is different. Could you assist their work by making teas and coffees and getting involved in these inclusive sessions?

Support volunteer

MS Society Barnet and Brent

Volunteers are needed to assist people affected by MS for the MS Society. As a volunteer, you will be doing a whole variety of supportive activities, including signposting people to relevant services and helping to reduce isolation in sheltered accommodation and hospitals.

Cancer Support volunteer

Advocacy in Barnet

Nobody should have to face cancer alone. Advocacy in Barnet support individuals affected by cancer. They are seeking volunteers who can spare a few hours a week to assist individuals and their carers in accessing services.

Digital Inclusion volunteer

Age UK Barnet volunteer

You don't have to be an IT expert to get involved with Age UK's digital sessions – you just need to have a basic grasp of using phones, laptops or tablets. Spending a couple of hours supporting older people get to grips with technology will allow them to stay in touch with their families and reduces isolation.

How to apply

You can apply for these opportunities, and many more, by registering on the website: www.volunteeringbarnet.org.uk. Click 'opportunity search' and enter the role title or organisation name.

If you have any questions about these opportunities, or how to apply, you can get in touch with Sarah Collings: enquiry@volunteeringbarnet.org.uk or 0300 365 9960.

We would love to hear from you!

supporting local business

Providing the skills to succeed

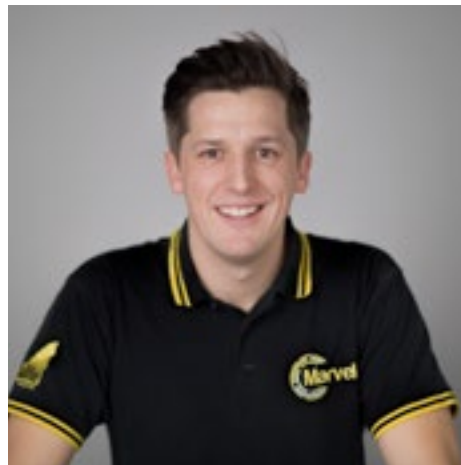
Barnet is a great place to start and grow a business. This month, we talked to Marvel Property Solutions, one of the businesses operating with Barnet and Southgate College to upskill workers across the borough. We asked business owner Robert Harrison to tell us a bit about his business and its connection with the college.

Q Tell us about your business?

A Marvel is a plumbing and heating company based in New Southgate that works all over London. We deal with all types of plumbing and heating issues from a dripping tap to installing full central heating.

Q How do you work with Barnet and Southgate College?

A We have a 'Centre of Excellence' at their new facility in Colindale. This works really well for both the college and us. It means we can use a state of the art facility to ensure our engineers are constantly upskilling themselves, staying at the forefront of the industry, and it gives the college a direct link to a local employer.



Robert Harrison, owner of Marvel Property Solutions

We also help their students learn the soft skills that are vital to keeping customers happy. Anyone can fix a leaking tap, but an everyday hero communicates and builds trust with their customers.

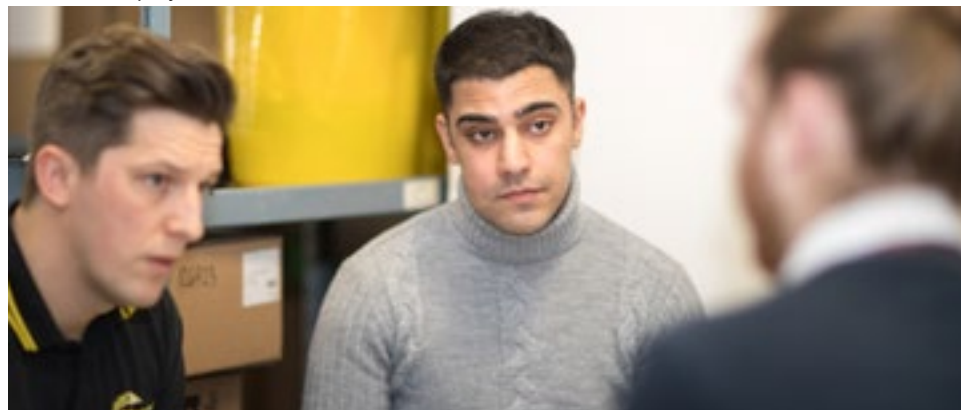
Q What has been the biggest challenge in business?

A In a service-led sector one of the hardest challenges is ensuring capacity is in-line with demand. If a new customer calls when we are at full capacity and we don't have the manpower to attend, we feel it's better to be open and honest so we don't make promises we can't keep.

Q What tip would you give someone planning to start their own business?

A Start with a vision of what you want to achieve and why. It shouldn't be based on only making money.

You need to have a real passion for what you are doing. We believe in changing people's perceptions of plumbers.



Creating a centre for excellence

Barnet and Southgate College's Construction Skills Centre is located within a thriving area of Colindale which is currently undergoing major regeneration.

The college is a focal point of the community with courses and training developed to fulfil the demand for the skills required in the area and also to prepare the local community for the jobs of the future.

The Skills Centre provides full time courses for 16 to 18-year-olds and apprenticeship training, ensuring students obtain an all-round foundation and solid introduction to the trades with the chance of progressing into more specialised training such as plumbing, gas and electrics. It also offers specific training for adults who need to either progress in their current construction career or retrain.

Students can study either part or full-time with long and short courses to fit around current commitments.

Are you a business looking to give something back? Check our website for ideas on what you can do. For more information visit: www.barnet.gov.uk/business-responsibility



We'll invest £50m to improve roads and pavements by 2020



Find out more:
www.barnet.gov.uk/ourneighbourhoods

people

Crowdfunding comes to Barnet



What is crowdfunding?

Crowdfunding allows anyone – whether you're an individual, a small business, or a community group – to propose an idea to be funded by members of the public. If enough people pledge just a small amount, an idea can quickly become reality.

We're working with our partners Capita, Regional Enterprise (Re) and Spacehive – the world's first crowdfunding website dedicated to civic projects – to create Barnet Together. This new initiative gives community organisations and individuals the opportunity to pitch an idea that benefits the local area and attract financial backing from the public and the council.

Spacehive has already enabled over 300 projects worth more than £6.4m to become a reality across London, from transforming unused

space in Tottenham into a community food garden and kitchen, to rebuilding the Peckham Lido. Through crowdfunding with Barnet Together, we'll be offering pledges of up to £5,000 to support the creativity of Barnet residents who want to do something positive for their communities and help make their local areas even better places to live, work and visit.

Crowdfunding aims to empower the community to work in partnership with the council to make a change.

This is a core part of the council's goal of building more involved and resilient communities – recognising that residents, business owners and communities want to be more involved in what happens in their local area.

Do you have a project you want funded or would you like to find out more?

Discover Barnet Together on Spacehive: www.spacehive.com/movement/barnet-together
or come along to our workshop on Wednesday 26 July 2017, 5 – 7pm, Hope Corner, 185 Mays Lane, Barnet, EN5 2DY
If you would like to find out more about these groups and how to join, please email: haveyoursay@barnet.gov.uk

Have your say on electric vehicle charging points

Our £400,000 commitment to improving air quality



Find out more: www.barnet.gov.uk/ourneighbourhoods

BARNET
LONDON BOROUGH

Bring on Barnet and Southgate College

We have over 50 years of experience delivering outstanding academic courses and vocational training. We are proud to offer courses across all levels from Entry to Degree.

Barnet and Southgate College can support you on your journey to further education, higher education, employment or training. We are passionate that you get the right advice so you make the right decision.

New courses launched for September 2017!

- Specialist Media Make-up
- Visual Effects
- Human Resources
- Marketing, Sales and Business
- Finance and Business
- Events Management and Business
- Enterprise and Business
- Digital Marketing and Social Media
- Plumbing, Gas and Electrical
- ... and many more!

#BePartOfOurStory



020 8266 4000
info@barnetsouthgate.ac.uk
www.barnetsouthgate.ac.uk



Engage Barnet

A new look for our consultation and engagement online platform

We have been making changes to Engage Barnet and we hope you like its new look.

The updates include new ways for you to get involved in local decision making at a time and a place that suits you. Engage Barnet gives you the opportunity to feedback and

share ideas about the area you live in so that you can influence the decisions we make in your borough. It could be about the services you receive from the council or our partners, improvements in your local community, or to have your say on the development of our services or new policies we are working on.

You can also find out how we are using your feedback and ideas to help inform decisions. Residents' feedback is regularly published on the council's website under the heading We Asked, You Said, We Did.



The most recently published results:

- Burnt Oak Town Centre Project**
- Finchley Central Draft Town Centre Strategy**
- Proposed changes to Barnet's Fairer Contributions Policy for Adult Social Care**
- School Admission Arrangements for 2018/19 consultation**
- 30 Hours Free Early Education – Parents Questionnaire**
- Draft Fit and Active Barnet Framework 2016/2021 Consultation**

Active consultations:

- Air Quality Action Plan 2017/2021**

For full list of active consultations and for more information, visit: engage.barnet.gov.uk

Landlords!

We will **PAY YOU** to rent your property

This is a free service and is available to all landlords and agents.

If we match tenants to your property, you may receive a payment of £3,000 or more subject to terms and conditions.

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let your property the easy way


**barnet
homes**
working together

Call: 020 8359 4761

Email: info@let2barnet.co.uk

Web: let2barnet.co.uk

contact your councillors

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-  Cllr Anne Hutton
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-  Cllr Alan Schneiderman
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Full Council meetings

Tuesday 25 July 7pm
Hendon Town Hall, The Burroughs, NW4

Residents Forums

Chipping Barnet Residents Forum
Wednesday 18 October, 7pm, Chipping Barnet

Finchley and Golders Green Residents Forum
Wednesday 18 October, 7pm, Stephen's House,

Hendon Residents Forum
Wednesday 18 October, 7pm, Sangam Centre,

For more information, please visit:
www.barnet.moderngov.co.uk/mglistcommittees

For details of surgeries

email: first.contact@barnet.gov.uk
or write to us: Members' Room, Hendon Town Hall,
The Burroughs, Hendon NW4 4BG
For full details check website

Thanks

Sahra for being a good neighbour

“ Helping my neighbours find work is my way of giving back, and I know it makes a big difference. ”

Sahra. Burnt Oak

Can you
get involved?
There are lots of
ways you can help
make Barnet work
together.

Barnet
works
together

#barnettogether

Are you a good neighbour? Take the test to find out:

www.barnet.gov.uk/barnettogether

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