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Barnet Council's monthly magazine for residents No. 33 AUGUST 1987



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FRONT COVER

FINCHLEY Carnival attracted record crowds of nearly 35,000 this year. Our front cover shows children enjoying the Meynell Games earth ball, and there are more colour pictures on pages 20 and 21. Pictures by John Rifkin. Tel: 958 1370.

Best ever start to appeal

THE Mayor of Barnet's Appeal for the North London Hospice has reached the £10,600 mark — 'the best start I have ever known,' says treasurer George Hopkins.

At the last meeting of the Appeal Committee towards the end of June it was reported that £4,855 had been banked so in the last month considerable progress has been made.

The Mayor, Cllr Malcolm Lester, announced at that meeting that the Finchley

and Friern Barnet Council of Churches had promised £17,000 to be used specifically to provide a domiciliary nurse for one year.

He added that the Deputy Mayor, Cllr Fred Poole had arranged for collecting boxes to be placed in five public houses and it was hoped to extend this to other areas in the borough.

The number of events being arranged for the appeal is growing. These

include a coffee morning; a Marks and Spencer 'seconds' evening; Trivial Pursuits competition; a fashion show, a sponsored tennis tournament; a traditional roast beef and Yorkshire pudding luncheon; a snooker competition, a Marafun; a sponsored cycle ride around the borough; a sponsored swim at Cophall; and a concert at Hampstead Garden Suburb. More details will be published as dates become available.

£50,000 cheque for research



MRS Barbara Bentley, Director of the Cystic Fibrosis Trust, thanked the people of Barnet for their generosity when she received a cheque for £50,351.59 at an end-of-appeal party held by Cllr Denis Dippel and his wife, Lorna, at Melanies, Watford Way, Hendon.

The cheque was the result of Cllr Dippel's appeal as Mayor of Barnet in 1986/87 for research to help sick children with cystic fibrosis. He thanked the appeal chairman, Derek Gratte, secretary Jean Higgs, treasurer George Hopkins, his Deputy Mayor for the year, Cllr Wilf Lipman, members of the committee and everyone

who had helped to raise such a magnificent sum towards the fund.

He recalled that he was particularly delighted when he heard during his final days of office, from St. Mary's Hospital, where the Cystic Fibrosis Research Trust is based, that they had made a breakthrough. They had identified the gene which transmits the disease and now the way was clear to work towards finding a cure.

Before the appeal not many people in Barnet had heard of cystic fibrosis, he added, but now everyone in the borough knew about the disease.

Mrs Bentley said that re-

Cllr Dippel presents the £50,000 cheque to Barbara Bentley. Also in the picture are (from left to right): George Hopkins, Derek Gratte, Chris Diomedous, owner of Melanies Club who hosted the evening, Lorna Dippel and Jean Higgs.

search into the disease was being carried out in many countries but the genetic breakthrough was a scientific discovery made by British scientists in a British hospital. It was a discovery of which this country could be proud.

Finland comes to All Saints

CAMPANELLA, prizewinning choir from Finland, will be performing at All Saints Centre for the Living Arts, on Thursday, August 13 at 7.30pm.

This leading choir, under their conductor Aion Loppela, combine classic choral music by Brahms and Palestrina with that of contemporary Finnish composers.

Among their success was the winning of the BBC Rose Bowl.

Tickets £2 (concessions £1) at the door. The All Saints Arts Centre is in Oakleigh Road North, Whetstone.

Holiday refuse collections

The refuse collection arrangements for August Bank Holiday are:

Monday, August 31 — no collection.

Tuesday, September 1 — Monday's collection.

Wednesday, September 2 — Tuesday's collection.

Thursday, September 4 — Wednesday's collection.

Friday, September 4 — Thursday's collection.

Saturday, September 5 — Friday's collection.

These arrangements may vary slightly in some areas and residents are asked to place refuse out for collection a day early with the exception of Monday's collection.

THIS MONTH'S COVER STORY

Runaway success

MEYNELL GAMES were a runaway success at this year's Finchley Carnival. Right through from Thursday lunchtime to late Saturday, Meynell and his team of games leaders kept scores of children, teenagers and adults busy.

Using exciting equipment such as parachutes, giant two-metre high multicoloured balls, ropes and sometimes with no equipment at all, Meynell Games ran games and play sessions through the three days of the carnival.

The types of games that were played enabled people of all ages from 3-103 to take part, often together and sometimes in separate age groups. There were also times when both adults and children were joining in and playing fully in the same games.

One of the highlights of this year's carnival was the willing participation of the local police force of whom many got very carried away. On the Friday one police officer was lifted 8-10 feet off the ground, whilst sitting on the parachute. Then on Saturday another police officer could be found sitting on top of the giant ball together with Councillor Alan Williams and one heavily tattooed ratepayer, whilst other players tried to knock them off with a

smaller three-foot ball.

Meynell Games

Meynell Games are headed by Meynell Walter who is a fully qualified, and experienced community worker. He explained some of the theory behind the games he plays:

"In co-operative play we take any number of people and encourage and help them to work and play as a group. We show them that if someone does something better than you, it does not hurt — physically or emotionally. We show how pleasure and satisfaction can be gained by helping someone else to succeed; that participating is easy and that it can lead to a greater level of enjoyment for both you and others who are playing. The emphasis in our games is on trying and not necessarily on success, but more than anything it's good fun, physically enjoyable and emotionally stimulating.

"In the games that we play, we sometimes have sides, but never so that losing or winning becomes an issue. The games are so designed that everyone is always a winner and that when we play, it is the participation that is important."

To play Meynell Games it is not necessary to be fit. The games

can be played by all people, no matter how old they are or whether or not they have a physical or mental disability.

The games are suitable for all groups, especially for schools and youth clubs, major events and parties, and are perfect for both indoor and outdoor sessions. Meynell Walter has said: "We seem to get most bookings for the summer months but people don't realise that we can work just as well indoors and would be great for Christmas parties, birthday parties and other similar events. In fact we recently did an event for over 200 commodity brokers!"

Other activities

Meynell Games also sells all the equipment it uses and trains other people to use it safely and properly.

In addition, Meynell Games has a wealth of experience in organising fetes, fairs, bazaars and carnival-type activities and is available to offer help and guidance to groups who would like to put on such events.

Meynell Games can be contacted on a 24-hour answerphone 01-446 5551 or by FREEPOST at MEYNELL WALTER SERVICES LTD, FREEPOST, 10 GROVE ROAD, LONDON N12 9BR



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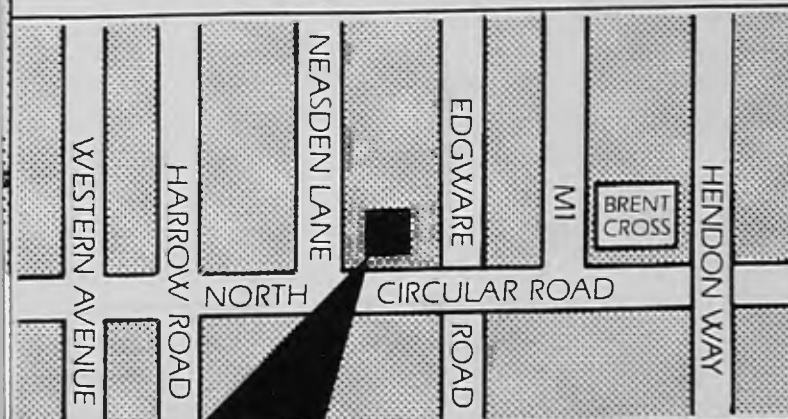
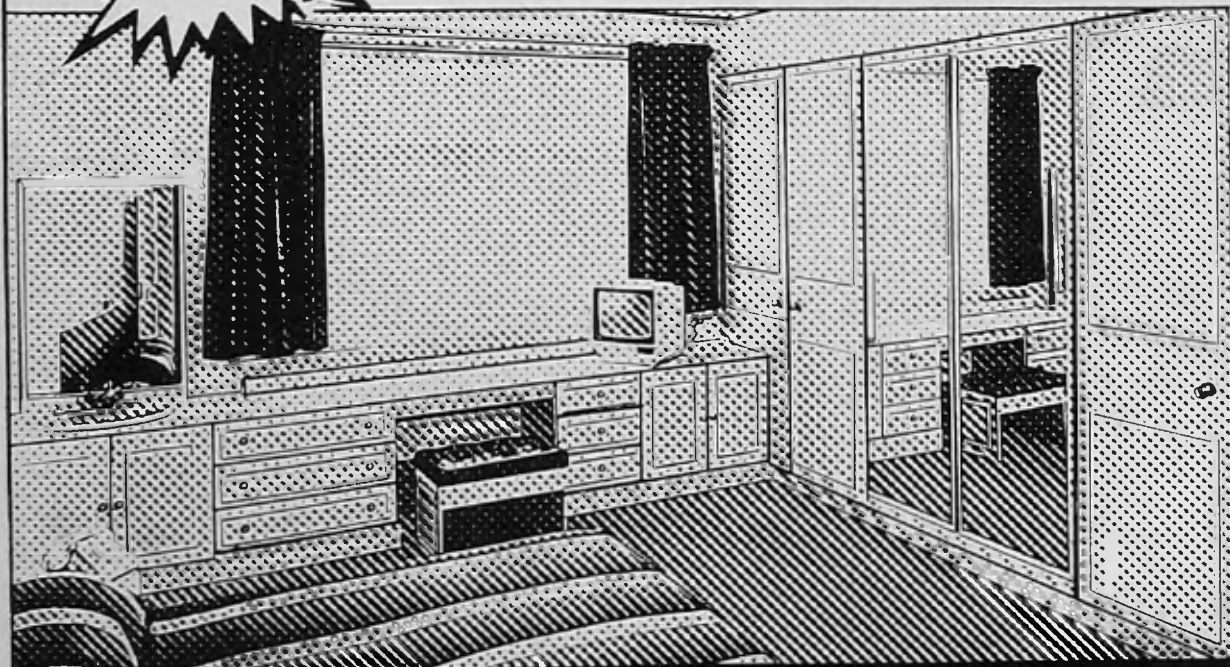
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THE beautiful grounds of Avenue House, East End Road, Finchley, were the setting for an 'Under Fives' Festival' attended by hundreds of children, their mums and some dads in July.

Organised by Network, the meet-a-mum contact scheme for parents with children under five, the festival celebrated the launch of the updated version of the successful booklet 'Under Fives in Barnet.' It

is a mine of information on matters of interest to mothers of young children. This free booklet is available in libraries and clinics in the borough.

The updated booklet was launched by the Mayor of Barnet, Cllr Malcolm Lester, who was accompanied by the Mayoress, Adelaide.

Many other organisations were represented and the children were able to enjoy a bouncing castle, face

The Mayoress holding a Network Teddy Bear which was presented to the Mayor by Mrs Linda Turner (left), Network chairman. Also in the picture are Janet Rogers (aged 4) and her sister, Sarah (8).

painting, story telling and meeting the animals.

For more details contact the secretary, Mrs Maria Keane, Tel. 446 3556.

Claim now for allowances

AUGUST 31, 1987, is now likely to be the deadline for married or co-habiting women caring for or who have cared for a disabled person in Barnet with very little help, to claim Invalid Care Allowance and have payment back-dated to December 22, 1984.

Thousands of women in the country are entitled to this payment if they have been caring for a disabled person in receipt of Attendance Allowance.

Even someone who was looking after a disabled person at any time since December 22, 1984 but has now stopped, can claim for that period. People over 60 cannot normally claim the allowance, but if they were looking after a disabled person for some time between December 22, 1984, and their 60th birthday, they can claim.

After the closing date at the end of August, however, past and present carers will find that all they can usually claim is 13 weeks of arrears of payment.

Anyone who thinks they might be eligible to claim should not delay. They should go to their nearest DHSS office and ask for leaflet N1212 and a free stamped and addressed envelope.

An oasis in the centre of Finchley

by Clive Herbert,
Wildlife Correspondent

THE Prime Minister, Mrs Margaret Thatcher, opened the Borough's latest nature reserve on Friday, July 10 on her way to the Finchley Carnival.

Located within the grounds of Pentland Industries property in Squires Lane, the reserve has been prepared in consultation with the Fauna and Flora Preservation Society, the world's oldest international conservation society, founded in 1903.

At the opening ceremony, the Prime Minister planted a mountain ash tree beside the lake and released two Bahama Pintails and a Ringed Teal.

Watching the release of the ducks was Sir Peter Scott, founder of the Wildfowl Trust at Slimbridge. In his introductory comments he described the reserve as 'a wonderful oasis in the centre of Finchley' and praised the care which had gone into the creation of the project.

Following Sir Peter's comments, Mrs Thatcher thanked the Chairman of Pentland Industries, Mr R Stephen Rubin, for his initiative in



The Prime Minister admiring the view at the Lakeside Nature Reserve. On her right is the Mayor of Barnet, Cllr Malcolm Lester.

the two years since the Company had moved to the Borough. She outlined some of the landscaping work undertaken on the lake and spoke of the increased variety of birds, plants and fish now present.

The occasion also marked the launch of the Fauna and Flora Preservation Society's new Corporate Membership Scheme. Sir Peter presented Pentland Industries with their Certificate as the first member of the Scheme. Any other company wishing to follow Pentland's lead by becoming Corporate Members are asked to contact John Burton, Executive Secretary, on 387 9656.



The Prime Minister gently lowers a duck into the water.

Housing

The day The Mayor called

THE big Daimler with the Barnet Crest turned into George Crescent, Muswell Hill, on Monday, July 27, bringing the Mayor, Cllr Malcolm Lester to the home of Mr and Mrs Norman and Eva Owens.

It was a big day for the Owens family and a milestone for Barnet. The Owens were the 5,000th Barnet tenants to buy their own home from the Council.

Since the first 12 Council houses were sold to tenants in 1969 Barnet has sold more than one thousand flats and four thousand houses to tenants.

Mr and Mrs Owens are retired and decided to purchase jointly with their sons, John and Peter, who both work for the Post Office. But they were not expecting the purchase date to be so important.

With the Mayor was the vice-chairman of Barnet's Housing Committee, Cllr John Rawles, and local councillor Rudolph Vis. They were welcomed by Dr Graham Moody, deputy director of housing and environmental services.

There were bouquets and flowers and a token Do-it-Yourself voucher



Happy day: Cllr Rudolf Vis (left) shares the delight of Eva and Norman Owens when the Mayor presented them with a voucher to mark Barnet's 5000th home sale. Cllr John Rawles (right) represents the Housing Committee.

to mark the occasion.

Another visitor was Mr David Smith, manager of Muswell Hill Branch of the Nationwide Building Society, and John Nice and Tim Madden of Barnet's housing sales team.

For Mr and Mrs Owens it was a long-planned dream come true. 'When I was first a Council tenant

houses sold at £800. But it was a lot of money then and I couldn't afford to buy. We always wanted to own our own home and now it's happened,' Mr Owens said.

With his sons' help, they have installed central heating, new kitchen units, replaced the old doors between the dining room and living room with an archway and begun a

redcoration programme.

Because the Owens have been tenants since 1950 they qualified for the maximum 60 per cent discount and were able to buy their semi-detached house for £16,800.

For information on Council House Sales tenants should contact the Sales Team at Barnet House. Tel: 446 8511.

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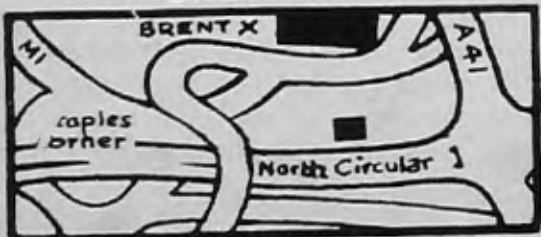
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schemes are available, covering contract rental and the maintenance of fresh plants, tailored to suit your individual needs. Tropicana also offer free treatment of artificial plants with fire retardant for commercial premises.

Artificial plants are ideal as a substitute for live plants, particularly for areas with poor light or difficult accessibility, and of course, they require a minimum amount of maintenance.

The Tropicana showroom is situated on the North Circular Road, in Endeavour House, opposite Brent Cross Shopping Centre. Hours of business are 9am to 5pm, Monday to Friday and there is ample parking. Callers are welcome to browse among the plants on display, so why not visit them and choose from the widest selection of artificial plants and flowers in North London. **ADVERTISING FEATURE**

Councillors' & MPs' Surgeries

Chipping Barnet

Sydney Chapman, MP, and a councillor, Sat September 5, 10.30am to 12 noon, 163 High St.

Arkley Ward — Conservative councillors, Fri August 21 and September 4, 7.30pm, Dollis Valley Community Centre.

Brunswick Park Ward — Conservative councillors available second Saturday of month, 10.30am to 12 noon, Monkfrith Boys' Club hall, Osidge Lane, N14.

East Barnet Ward — Cllr Olwen Evans (Conservative), Sat September 5, 10.30am to noon, Community Centre, Victoria Rd, New Barnet. **Labour councillors** available Sat September 5, 10.30 to 11.30am, 104 East Barnet Road, New Barnet.

Finchley & Friern Barnet

Margaret Thatcher, MP, for constituents only, via constituency office, tel 445 4292.

Conservative councillors, Sat September 5, 10.30am to noon, 212 Ballards Lane, N3.

East Finchley — Labour councillors every Saturday, 10am to 11.30am, East Finchley Neighbourhood Centre, Church Lane 2.

Finchley Ward — Cllr Mrs Barbara Langstone can be contacted on 445 5443.

St Paul's Ward — Labour councillors Naren Davé, Michael Freeman and Kitty Lyons, every Saturday 11am to 12 noon, Etchingham Park Day Centre, Etchingham Park Road, N3, and at Tally Ho Corner.

Friern Barnet Ward — Contact Cllrs Chris Platford (368 6817), Brian Salinger (368 1329), John Tiplady (445 5734).

Hendon North

John Gorst, MP, available by appointment. At other times tel 959 1446 or via constituency office, 2 Apex Parade, Selvage Lane, Mill Hill. **Conservative councillors**, Grahame Park and Mill Hill, Weds August 12, 19 26 and September 2.

Burnt Oak — Cllrs Ellis (959 6191), Shamash (458 2679), Williams (203 3234), every Saturday, 10.30am to noon, Labour Hall, Back Lane, Burnt Oak (952 5771).

Colindale — Labour councillors available first and fourth Sat each month, 2-3pm, St Augustine's, Grahame Park.

Hendon South

John Marshall, MP, via constituency office (202 7484) by appointment, see local press for details.

Conservative councillors — Sat September 5, 11am to 12.30pm, 166 Station Rd, Hendon (202 7484).

Childs Hill — Liberal/SDP Alliance councillors every second Wednesday of month 7-8pm, Unitarian Church, Hoop Lane, NW11 and every fourth Monday of month, 7-8pm, St Peter's Church Hall, Cricklewood Lane, NW2.

West Hendon — Phone Cllr Tim Sims (734 8080, office hours) for appointment at West Hendon Ex-Servicemen's Club, The Broadway, NW9. Cllrs Doreen Neall (202 9927) and Agnes Slocombe (202 4074) by appointment.

Euro MP

John Marshall, Euro MP, contact Euro agent: 440 7328.

Nature Notes

AUGUST

By Clive Herbert, Barnet Wildlife Group

Insects are an extremely varied group of animals. While the locusts of Africa are pests causing great damage each year, other insects are positively beneficial by helping to pollinate our crops and flowers.

Insects may therefore face either a chemical war from our poisons in an effort to control them, or careful nurturing and protection such as apiarists give to their honey bees.

The insect group includes the colourful butterflies and dragonflies, the largely unnoticed bugs and beetles, together with the unwanted flies and wasps. All insects, however, possess six legs and therefore, contrary to popular belief, spiders are not insects.

Few people realise the number of different insect species. How many naturalists know that there are 21 grasshoppers and crickets together with 19 different types of bumblebees in Britain alone?

Fortunately many insects can survive close to man and are therefore of particular interest to us living in Barnet. over one third of Britain's butterfly species occur in the Borough and seven different bumblebees have been recorded since 1960.

However, insects still need conservation efforts — for instance another four bumblebee species used to occur in Barnet prior to 1960. So on the next sunny day, why not take a closer look at the insects visiting your garden flowers? You'll be surprised at the diversity present.

Helplines



Heather Bosley, of the Happy Go Lucky Dance Club run by **Jane Forde**, dance worker for CRAB (Community and Recreational Arts in Barnet), dancing with Cllr Wilf Lipman at the club's open evening at Woodhouse 6th Form College, Finchley.

The evening was arranged to introduce local people to the weekly dance club and hopefully to attract volunteer drivers to bring and take people home. Volunteers should contact Jane Forde on 346 8789.

An insurance umbrella

AGE CONCERN sponsors a household contents insurance scheme for people over the age of 60. There are very low rates of premium with a minimum cover of £3,000 at a cost of only £10 a year.

Barnet Council are concerned for those people who are not insured for the contents of their homes, and who have to pay for damage caused by burst pipes and fire. They have asked for the Age Concern sponsored scheme to be more widely publicised.

In this way they hope to bring more of Barnet's elderly people under this insurance umbrella so that they are covered for any damage to their household contents.

The events insured against include fire, lighting, explosion, aircraft, earthquake, riot, malicious damage, storm, flood, burst pipes, impact and theft.

Eligibility is restricted to those over 60 with no other contents insurance and to buildings constructed of brick, stone, or concrete and roofed with slate, tiles or similar materials.

The maximum sum insured is £10,000 for which the annual premium is £35 a year.

Anyone not insured and who would like further details should contact Age Concern, Bernard Sunley House, 60 Pitcairn Road, Mitcham, Surrey CR4 3LL (Tel. 640 5431).

Be a good neighbour

A SMALL co-ordinating group are looking at the possibility of starting a Good Neighbour Scheme to cover the Muswell Hill area of the borough.

It will be similar to other such schemes in Barnet where volunteers offer some of their time to help other members of the local community. Some examples of where people can be helped are with shopping, gardening, small domes-

tic repairs or simply visiting someone who is elderly, sick or lonely.

The whole scheme is dependent upon volunteers who have time to spare and who are willing to help others. A public meeting will be held in September but meanwhile, anyone interested in being a volunteer should contact the Rev. Robin Whitehead, St Peter Le Poer Church, Colney Hatch Lane N10, Tel: 883 1526.



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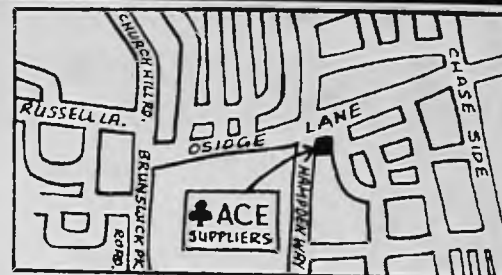
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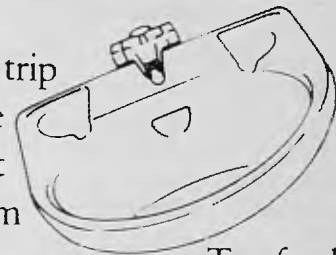
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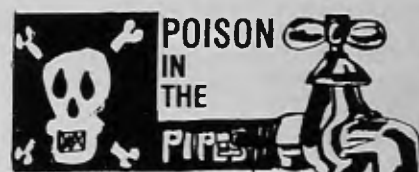
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PLAY SURVEY: We want your ideas

The London Borough of Barnet is conducting a survey into play provision for children during the summer holidays. Therefore if you are a parent or a child your views are vitally important to this work. Please help us help you by completing the questionnaire and returning it to the Recreation Department. Many thanks.

All returned forms will be dealt with in the strictest confidence.

To be completed by parents

NAME:

ADDRESS:

No. OF CHILDREN AGES

SCHOOLS ATTENDED

Please circle the answers of your choice.

Do any of your children do any of the following during the summer holidays:

Play in the streets YES NO

Play in the parks YES NO

Play on fixed equipment (swings — slides etc) YES NO

Attend playschemes in parks YES NO

Attend local playschemes YES NO

Attend sports sessions YES NO

Attend Barnet Sport YES NO

Attend a playgroup YES NO

Attend a youth club/centre YES NO

Costs (if any) per child £ per session £ per week £

Other activities not covered by the above list

Please give name and address of any scheme/activity your child/ren attend

Do any of your children have special needs YES NO

What type of special needs

Do you need more holiday play provision for your children YES NO

At what times:
9am-12.30pm; 10am-4pm; 8.30am-4.30pm; 8am-5pm

Please give other times if these are not suitable

Would you prefer one-off day events (trips and outings) YES NO

Would you prefer sessional events (arts — crafts — drama etc) YES NO

Would you be prepared to pay for these activities YES NO

Do you feel that there is a need for increased holiday provision for children:

Under 5 YES NO

5-11 YES NO

12-14 YES NO

14 upwards YES NO

What would you like to see in the way of holiday provision for children?

Other comments:

To be completed by children under 14 years of age

Please circle the answers of your choice.

Do you think that there is enough to do during the summer holidays YES NO

Do you get bored YES NO

Do you play in the streets YES NO

Do you play in the park YES NO

Attend a sports/coaching session YES NO

Attend a playscheme YES NO

Attend a youth club/centre YES NO

Other activity not covered by list

What sort of provision would you like to see?

Other comments you would like to make

NAME

ADDRESS

AGE

SCHOOL

Please return to:

Play Survey
Recreation Group
Directorate of Technical Services
Barnet House
1255 High Road
Whetstone N20 0EJ
By 14 August 1987

AN AUTHORITY COMMITTED TO EQUAL OPPORTUNITIES



Education

Job Search '87 shows results

JOB SEARCH Week 1987 in June this year saw Barnet's careers officers out and about in the borough, meeting employers and building up contacts.

As a result of their Job Search campaign they discovered 240 vacancies suitable for young people in the locality and are now busy trying to match their young clients with the jobs.

They were also able to pass on to schools 50 offers of work experience placements and the names of several companies willing to show parties of students around their work place or send speakers to schools.

Before the week began more than

1,700 letters were sent to local businesses explaining how Barnet's Careers Service operates and the help they offer to local employers.

More than 10 per cent of these companies replied and during the campaign the careers officers visited 217 local firms.

The aims of Job Search Week '87 were four-fold:

- To publicise the work of the careers service.

Many employers are unfamiliar with what the careers service does. Careers officers, who have close links with schools and colleges are

able to advise employers on new developments in education and offer details on further and higher education, government training schemes and employment legislation affecting young people.

- To update careers officers' knowledge of local industry.

Careers staff need to be up to date on business trends in the area. By visiting firms they are able to pass on to young people information about the actual jobs, the qualifications needed and the training available.

- To find jobs.

The careers officers offer a free job placing service for employers who wish to recruit young people aged 16 to 18.

- To encourage links between schools and employers.

An increase number of firms wish to become more involved with what is happening in schools and colleges.

Local employers who wish to help or would like further information should contact:

Edgware Careers Office, 140 Grange Hill Road, Burnt Oak, Edgware HA8 0UL. Tel: 906 1555
Finchley Careers Office, Castle Road, North Finchley N12 9EF. Tel: 368 1255



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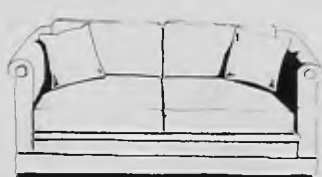
114 BRENT STREET, HENDON NW4

YOU ARE ONLY A PHONE CALL AWAY

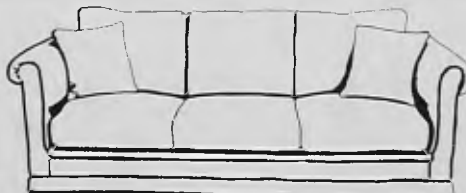
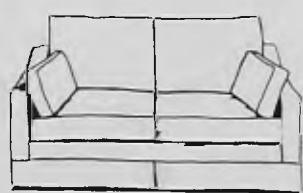
Tel: 202 4666 Car park at rear

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BERBER	£5.75	Berber Wool Mixture
WILLOW	£4.75	Medium Domestic



IS YOUR Teddy Bear feeling a little grisly? Just a fraction 'bruined off? Then why not take him to a party? This year the opening event of Friern Barnet Summer Show will be a Teddy Bears' Picnic at 12.30pm on Friday, August 14.

Once again the Summer Show is a festival of family fun — a two day bonanza of entertainment, music, hobbies, arts and crafts, home skills and fireworks.



It is all happening at Friary Park, Friern Barnet, on Friday and Saturday, August 14 and 15.

On the first day, Friday, there's a special welcome for children and senior citizens as well as teddy bears. For the kids there's a children's entertainer, a session of Meynell Games (take a look at the front cover to see what they are all about) and a children's comedy act, Paddywack and Supermouse.

Summer Show's Super Ted Spread



Barnet Sport are organising a penalty kick competition. Rosy Gibb is a clowning juggler. The fancy dress parade takes place at 2.35pm and the children's sports at 3.30pm, or if wet on Saturday at 5pm.

For the senior citizen's there's a band playing Austrian and German music — Die Schunkel Meister — and afternoon tea. Entrance is free.

And here's some very good news. Senior citizens and handicapped people can apply for a free pass to the Summer Show for the Saturday events by applying in advance to DABB (Disabled Association for the Borough of Barnet) 4 Oakleigh Gardens, N20. Tel: 446 6935. Or apply to your local Old People's Welfare Association.



For both children and senior citizens there is the pet show sponsored by College Farm. There's a special class for the best kept pet of a senior citizen and a children's dog class.



On Saturday, family day, the band of the Middlesex Yeomanry will play and there will be more German and Austrian music.

The entertainments programme includes Willesden Sports Centre acrobatic display team, the Adams Lumberjack Show, Berni Bennett, king of the low wire, and a first aid display by St John Ambulance.

There's a baby show, an exemption dog show, short tennis demonstrations, children's enter-



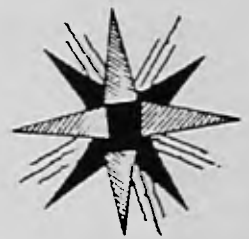
tainers and Meynell Games.

And for the grand finale, there will be a firework display by Festival Fireworks.

Round the main arena there will be marquees with charity stalls, an arts show, craft market, domestic skills, hobbies and produce show. There will be floral displays by the London Boroughs of Haringey, Enfield and Barnet, and floral art event by Friern Barnet Floral Art Club.

One of the attractions is the children's art exhibition which this year has a theme of 'A surprise'.

John Biddall's Fun Fair will run throughout the show.



Programmes are now available in local libraries. For further details and for schedules of competitions contact the Shows Organiser, Barnet House, 1255 High Road, Whetstone N20 0EJ. Tel 446 8511 Ext 4492.

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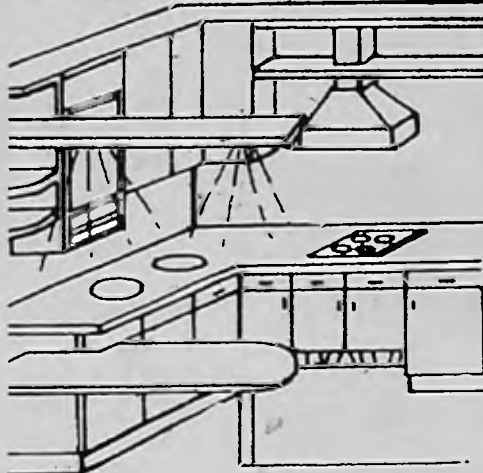
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Holiday Hit Parade

BARNET'S Top of the Pops holiday entertainment programme is now in full swing. Last month we printed a detailed list of events and entertainments.

This month we are still finding more fun lined up with a reminder of the August menu.

Book Bus

Watch out for the book bus. It's coming your way.

Monday August 3: Sunnyhill Park, Watford Way, Hendon.

Tuesday August 4: Oak Hill Park, Church Hill Road, East Barnet.

Wednesday August 5: Cherry Tree Woods, East Finchley.

Thursday August 6: Watling Park, Watling Avenue, Burnt Oak, Edgware.

Friday August 7: Lyttelton Playing Fields, Kingsley Way, East Finchley.

Monday August 10: Old Court House Recreation Ground, Wood Street, Barnet.

Tuesday August 11: Basing Hill Park, Wayside, Childs Hill.

Wednesday August 12: Halliwick Recreation Ground, Albion Avenue, Muswell Hill.

Thursday August 13: Victoria Park, Ballards Lane, Finchley.

Friday August 14: West Hendon Playing Fields, Goldsmith Avenue.

Monday August 17: Stonegrove Park, Park Grove, Edgware.

Tuesday August 18: Avenue House Grounds, East End Road, Finchley.

Wednesday August 19: Old Log Cabin, off Lanacre, Grahame Park.

Thursday August 20: Mill Hill Park, Wise Lane.

Friday August 21: Friary Park, Friern Barnet Lane.

Contact Barnet Libraries 202 5625.

Library fun

Look in at the Libraries
Chipping Barnet Library

August 5, 18 and 25 and Sept 1: 2.45pm Children's fun time.

Totteridge Library

August 5, 11, 18 and 25 and Sept 1: 10am Children's fun time.

Edgware Library

August 4 and 13: 2.30pm Children's fun time.

Centre attractions

Centrepont, Grahame Park

Tel: 205 7113

Drop-in sessions every morning.

Public swimming evenings.

Queen Elizabeth's Centre

Meadway, Barnet

Tel: 441 2933

Pay-as-you-play sessions 10am to 12 noon. £1. No need to book.

Casual swimming 2pm to 4pm. Adults 80p, children 40p.

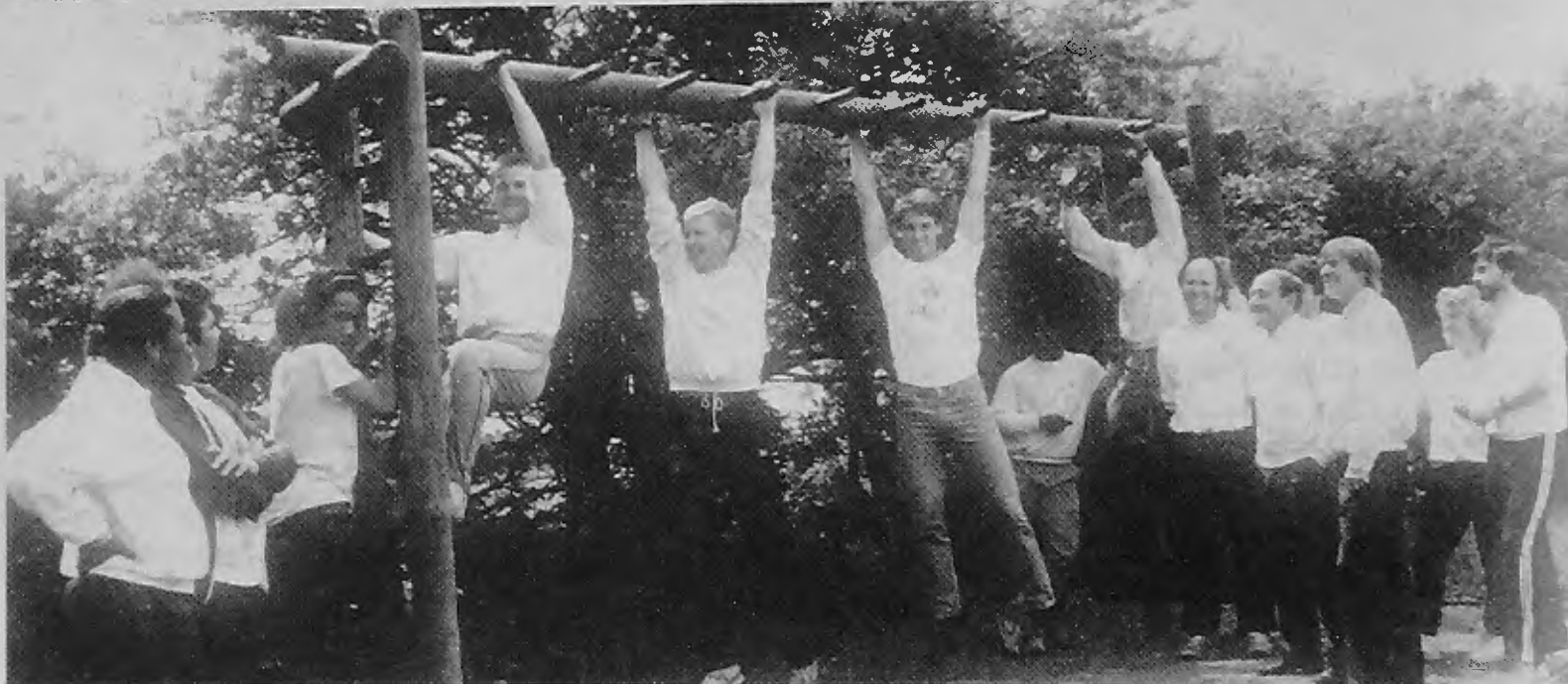
Ashmole Centre

Burleigh Gardens N14

Tel: 368 4984

Summer Club, under 13s, weekly tickets £22.50, daily tickets £4.50 (bookable in advance). A few daily tickets may be available without prior booking.

Junior activities for four and five-year-olds, 9.30am to 12 noon £15 week, £3 a day, bookable in advance. Swimming at Church Farm, East Barnet afternoons. Mums and



Members of the Barnet Sport Team testing out the exercise jogging track at Copthall. This track is free and includes a series of exercise stations designed to stimulate heart muscles and circulation.

Mentmore Crafts Festival and Design for Living Exhibition

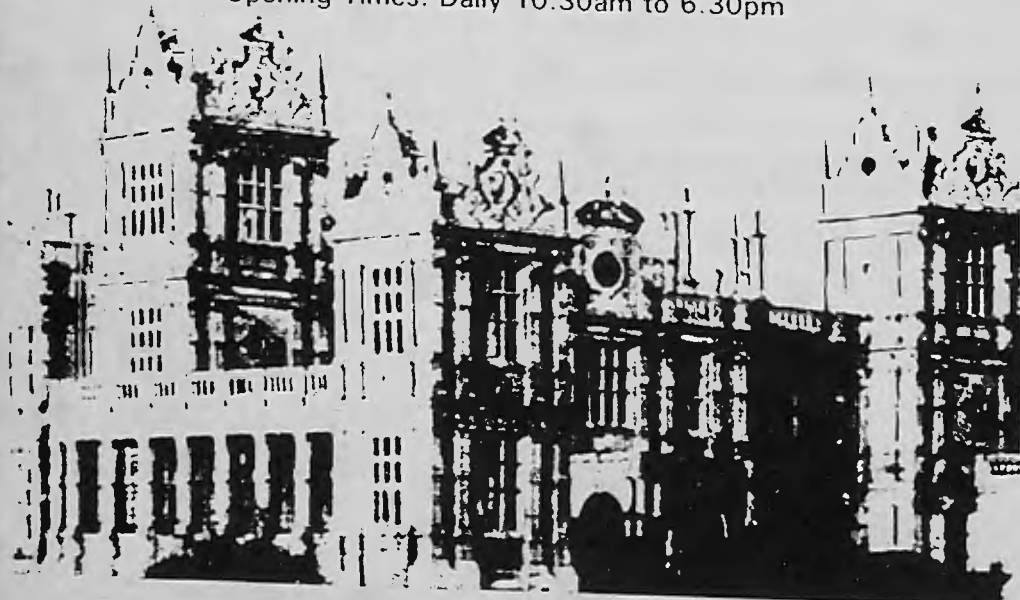
29th, 30th and 31st August 1987

Bank Holiday weekend

MENTMORE TOWERS, MENTMORE, LEIGHTON BUZZARD, BUCKS

Over 100 craftspeople will be exhibiting and selling their wares in the grounds and ornate rooms of Mentmore Towers.

Opening Times: Daily 10.30am to 6.30pm



Come and spend the day at this well established annual event.
Something for all the family.

Inclusive admission charge to craft fair, grounds and house:
£2 Adults; £1.50 OAPs and children 6-16 years.

Free car park, free entertainment by the Right Royal Revellers, Punch and Judy, Wonderbounce etc; light refreshments available all day.
(No dogs allowed in the house and only on leads in the grounds).

DON'T LIE ON THE BEACH THIS SUMMER! GET OUT AND TRY IT WITH US!

Windsurfing is a sport for the whole family and at Sunburst we have four lakes in and around North London with qualified Royal Yachting Association instructors to teach you to RYA Certificate (essential for hiring equipment in the UK and abroad). Our beginners' course lasts 6 hours, costs £40 and can be taken weekdays, evenings or weekends. We supply boards, wetsuits and buoyancy aids. Courses run daily.



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Holiday Hit Parade

ENTERTAINMENT IN THE PARKS

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	11am	3pm	11am	3pm	11am	3pm	11am	3pm	11am	3pm
	Watling Park	Grahame Park	Halliwick Rec. Ground	Cherry Tree Woods	Friary House	Edgware Park	Stonegrove Park	Hendon Park	Hendon Park	Basinghill Park
July 27-31	Rosy		Derilea		Rosy		Rosy		Rosy	
Aug 3-7	Don Robertson		Don Robertson		Don Robertson		Don Robertson		Don Robertson	
Aug 10-14	Wizz Bang Pops		Wizz Bang Pops		Wizz Bang Pops		Wizz Bang Pops		Wizz Bang Pops	
Aug 17-21	Bob Thingummybob		Bob Thingummybob		Bob Thingummybob		Bob Thingummybob		Bob Thingummybob	
Aug 24-28	Dennis Patten		Dennis Patten		Dennis Patten		Dennis Patten		Dennis Patten	
Aug 31-Sept 4	Live Wire		Live Wire		Live Wire		Live Wire		Live Wire	

Barnet Play Bus will be at all performances, 10am to 12 noon and 2pm to 4pm, except Mondays.

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	11am	3pm	11am	3pm	11am	3pm	11am	3pm	11am	3pm
	West Hendon	Montrose Park	Bittacy Hill	Riverside Walk	Swan Lane	Victoria Park	Old Court House	Victoria Rec. Ground	Childs Hill	Mill Hill
July 27-31	Les Nottle		Les Nottle		Les Nottle		Les Nottle		Les Nottle	
Aug 3-7	Roy Grout		Roy Grout		Roy Grout		Roy Grout		Roy Grout	
Aug 17-21	Bob Freeman		Bob Freeman		Bob Freeman		Bob Freeman		Bob Freeman	
Aug 31-Sept 4	Derilea		Richard Stupple		Richard Stupple		Richard Stupple		Richard Stupple	

toddlers 2pm. Casual swimming 3.30 to 4.15pm. Children under 7 must be accompanied by a swimming adult.

Barnet Sport

Barnet sport offer free coaching and special activities.
Athletics: Contact Dave Thomson. Tel: 203 2757.

Cricket: Contact Steve Alleyne. Tel: 203 2752.
Tennis: Contact Dermot Blake. Tel: 202 6357 or Paul Haslam. Tel: 203 2752.

Community coaching sessions for women, disabled people the Over 50s and unemployed people in cricket, soccer, jogging, tennis,

keep fit and short mat bowls, contact Kay Eastment. Tel: 446 8511 Ext 4665.

Cycle Training

Barnet's Road Safety Unit are running cycle training under the National Cycling Proficiency Scheme.
To book contact the Road Safety

team. Tel: 446 8511.
Courses are free but must be booked in advance.

Monday, August 10
Clitterhouse School, Clarendon Road, Cricklewood.
Grahame Park Junior, Lanacre Avenue, Colindale.
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Artscene

DROP IN AT DOLLIS VALLEY FESTIVAL Queen's Regiment style

MEMBERS of the Queen's Regiment will be dropping in at the Dollis Valley Festival on Saturday, September 12 — literally.

The Flying Dragons, the regiment's free fall parachute team will be making a dramatic overhead appearance at this community festival which has sponsorship from the Prudential Assurance Company.

Barnet Band will be playing. There will be

stalls, craft workshops, entertainments and much, much more!

The festival, which has the support of the local church and community organisations, and receives grant support from Barnet Libraries and Arts, will be held within the Dollis Valley Houseing Estate and will run from 11am to 4pm.

Chicken Shed goes West End

HISTORY was made when a Whetstone and Enfield based theatre group made its West End debut. Chicken Shed took London's Piccadilly Theatre by storm.

And the stars were not on stage. They were out front selling programmes and ice creams.

The kids of Chicken Shed — which is grant aided by Barnet — played Ferris in Wonderland to a packed audience which included

people like Tom Conti, John Alderton (whose wife, Pauline Collins put up the idea), Annika Rice and Chicken Shed's patrons, Judi Dench and Michael Williams.

Chicken Shed caters for young people, many of them with severe handicaps. Through drama they find confidence and artistic expression.

Barnet Borough News hopes to feature this group in a full article in a coming issue. So stay with us.

MOBILE ARTMOBIL

WATCH OUT for the Artmobil. CRAB, community and recreational arts in Barnet, are taking this children's favourite round the borough during August. It will be calling in at libraries and nearby sites as follows:

Aug 4: Friern Barnet Library.

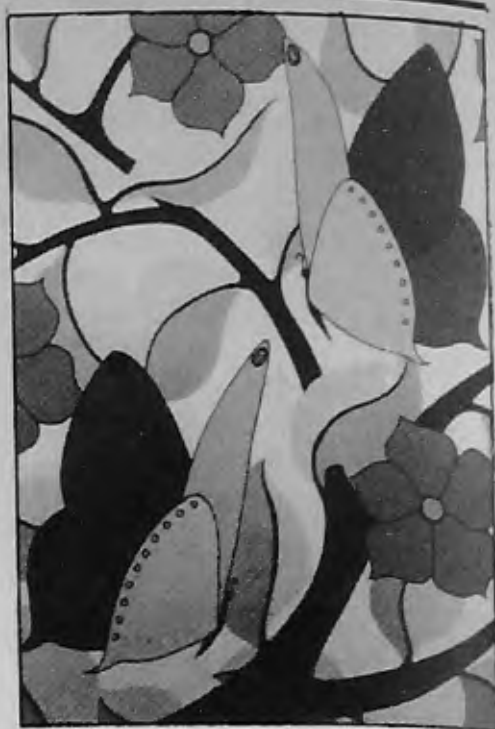
Aug 5: Childs Hill Library.

Aug 6: Totteridge Library.

Aug 17: Chipping Barnet.

Aug 20: Osidge Library.

Aug 21: Church End, Finchley.



Show by an Australian mystic

Australian artist Collette Sully, whose art interweaves nature and mysticism, is having her second one-woman exhibition of paintings at The Gallery, Totteridge Library, Totteridge Lane, from August 5 to 22.

Collette, a resident of the UK for 10 years, now lives in Muswell Hill. She is a graduate of Queensland University, Australia, and has travelled widely having held exhibitions in Brisbane and Paris at the first Congress of European Mystics.

Her early painting concentrated on landscape and developed into a striking mythological concept covering many aspects of ancient occult tradition. At the time she was resident artist of the British Psychic and Occult Society.

Today she has a preference for graphic design, concentrating on themes from nature. Her work has a captivating sense of colour and original imagery.

The Gallery is open Wednesdays and Fridays, 2 to 5pm and Saturdays, 10am to 1pm and 2 to 4pm. Bus route 251 Totteridge Lane, or Underground Totteridge and Whetstone Station (Northern Line).



Graham Sinclair (seated) and John Abulafia (right) show how it's done while Ann Latimer films and Alex Tham and Mark Wright, both of Mill Hill County High School, check the script at the Barnet Soap workshop.

Lights! Camera! Action! . . . it's BARNET SOAP

WELL NOW, here's the story line. There's this kid who is being brought up by a man who is not his father — and just down the street is a black family who are having trouble fitting in. And then there are problems about school and careers, and the family. . . . And well — it's Barnet Soap.

What is Barnet Soap? It's a serious theatre arts project with all the fun of hands-on experience. Children from Secondary schools throughout the London Borough of Barnet, are working on a new soap opera video, engaged in scriptwriting, make-up, set design and construction, planning, production

and filming.

They started in May and worked throughout the summer term on Tuesday evenings with a workshop on Saturday, July 18 at Northside Teachers Centre, North Finchley.

Graham Sinclair, a member of the National Theatre Company, and Patricia Brake, who has appeared in many TV dramas including *Emmerdale Farm*, were there to lead the workshop and translate paper into action.

Anne Latimer, artist/technician, worked behind the camera, John Abulafia, who last year was Barnet's writer in residence, was the scriptwriter tutor and 23 children

from 10 schools got in on the act.

Next term directors, actors and production crews will join the writing group for the second phase of the project so that Barnet Soap can go live.

At the end of the project there will be a handbook and video record as part of the School Curriculum Development Committee's 'Arts in Schools' project.

The soap opera video project is a joint project by Barnet's Libraries and Arts and Education Departments with additional support from Greater London Arts and the National Theatre with assistance from W. H. Smith.



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Brochure available

ONCE A CATHOLIC?

'I am a Roman Catholic but don't go to church
 any more.'

'I was baptised a Catholic but never knew much
 about it.'

'I've been away so long, I wouldn't know what
 to do.'

I've just drifted away and need something to get
 me started again.'

Are you like one of these people, or would you just
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Recreation and Leisure

Seven-year plan for Copthall Centre

A SEVEN-YEAR Development Plan to maintain and enhance the local and national standing of Barnet Copthall Centre has the backing of the Council's Development and Estates Committee. In the past decade the centre has built up an enviable reputation and the Council is keen that this should continue.

All this will cost money. This year the committee have set aside £180,000 to start the improvements including £90,000 for better floodlighting and £30,000 on the changing rooms. In 1988/89 even more money will be needed. The stadium running track, which is now showing signs of heavy wear and tear, will need to be replaced or substantially repaired and £60,000 will be needed to further improve the floodlighting.

In 1989/90 attention will focus on the drainage of outside pitches and the improvement of the telephone system. It is planned to spend £30,000 on the development programme in each of the next four years up to 1993/94.

The centre, off the Great North Way, Hendon, has three principle facilities — the swimming pools complex; the stadium and athletics track; and outdoor playing fields.

The development plan has been drawn up because of the need to maintain high standards and provide a wide range of top-class facilities for the future 'leisure society.'

Pools complex

Work has already started on the swimming pools complex, built in 1976, and where there is an attendance of half a million each year. Over the years there has been problems with the tiles. Work on providing a new surface for the main and training pools started in May and should be completed in October. This should solve the problem.

The diving boards have reached a stage where age and intensive use has taken its toll. They are to be replaced at a cost of £15,000.

The stadium

In addition to the improvements to the floodlighting and changing rooms this year, a new photo finish tower, costing £25,000 is planned. Planning permission has to be obtained.

By far the largest sum of money to be spent will be on relaying and redesigning the track and field events area in 1988/89. A top figure of £325,000 has been included in the forward plan but this could be lower depending on grants and discounts.

Unless the track and central area is redesigned it is unlikely that the borough will be asked to stage international and national events and Shaftesbury Barnet Harriers

might have to hold their home fixtures on another track which conforms to current regulations.

The new layout of the stadium will increase the grassed area in the centre giving greater flexibility of use. It will also ensure a Grade A certificate for the track and field events facilities.

The estimated cost for these redesigned facilities to conform to current regulations will be £50,000.

Co-operation

The Sports Council are looking for a stadium with a national reputation on which to lay a new synthetic surface and the opportunity exists for Copthall to be considered as the site for this new surface. The Sports Council, the manufacturers and the AAA have indicated they would welcome Barnet's co-operation in introducing this new synthetic surface into this country.

Discussions have indicated that this prototype surface may attract a significant grant from the Sport Council and a discount from the manufacturers. This could reduce the estimated cost of between £250,000 and £275,000 for the resurfacing.

A second option for the track is to strip off the existing surface layer of synthetic material on lanes 2/8 of the track, lightly grind the base layer and apply a fresh coat of 3 to 4mm in thickness of polyurethane topped with EPDM granules. This

would entail a far cheaper initial outlay but London Scientific Services, after a survey of the track, recommend a complete new synthetic surface.

Constant use

The present Olymprene synthetic surface was laid in 1977. Remedial works were carried out in 1982, 1984 and 1986 but now the surface has deteriorated to such an extent that further action is needed. Through constant wear the track has become hard and is causing 'shin soreness' to athletes who train regularly.

In 1988/89 it is also proposed to spend another £60,000 on the floodlighting, £15,000 on drainage of the centre pitch, £25,000 on safety measures and £40,000 on much needed road works. The new floodlighting proposals will allow a more even spread of activity than at present.

The report also pin-points the need for indoor training facilities for athletics and the possibility of providing a low structure area which could be built for a dual purpose — indoor training and shelter for spectators.

Other future proposals include indoor sports accommodation, an improved swimming pool car park and a multi-purpose games area.

Detailed reports of each element of the seven-year programme will be considered by the committee before being implemented.

Looking for staff

A SERIES of Open/Recruitment Days to attract staff to two of the Borough's Manpower Commission programmes — Barnet Sport and the Barnet Countryside Programme are taking place:

Wednesday, August 26: Christ's College Upper School, Hendon Lane, Finchley.

Wednesday, September 2: Edgware Secondary School, Green Lane, Edgware.

Wednesday, September 9: Copthall Stadium, entrance Page Street, Mill Hill.

Wednesday, September 16: Golders Green Job Centre, 11-13 Golders Green Road, Golders Green.

All sessions will be held between 10am and 4pm.

Displays

At each centre there will be displays, slides and other information available. MSC staff will be there to answer questions about employment on either scheme.

The programmes are only available to people who have been previously unemployed. There are excellent training opportunities.

Barnet Sport are looking for people to be trained to coach football, cricket, tennis and athletics. People who can set up activities for the over 50's, the disabled, women and unemployed will also be trained.

Barnet Countryside

The Barnet Countryside Programme are looking for people who would like to be trained as countryside land workers. They will be involved in a wide variety of work, for example, nature trail construction, woodland management, fencing and clearance and building bridle ways.

Work in this project could lead to permanent jobs in parks and on other open land. Ten different training courses are available.

Further information

Further information from Tim Bottoms on 446 8511 ext 4497, or Mike Behnke on 446 8511 ext 4668.

The criteria for employment are: If under 25, unemployed for six of the last nine months.

Aged 25 and over, unemployed for 12 out of the last 15 months.

People must be in receipt of unemployment benefit.

MORE FUN AND GAMES

BELOW are three more schemes for children aged 5 to 14 not listed on the Holiday Bandwagon pages.

There are three venues for volleyball days from 10 to 11.30am. Wednesday, August 5 at Montrose Playing Fields, Colindale; and Wednesday August 12 at Oak Hill Park, East Barnet, and West Hendon Playing Fields.

Expert coaching will be given.

Meynell Games

Meynell Games, which proved such a success at Finchley Carnival, will be held at the following parks.

Wednesday, August 5: Oakhill, 10 to noon. Lyttelton Playing Fields, East Finchley, 2 to 4pm.

Thursday, August 6: Montrose, Colindale, 10am to noon. West Hendon Playing Fields, 2 to 4pm.

Monday and Tuesday, August 24 and 25: Same venues and times as above.

Grand Finale Day

Join in a huge range of sports and take part in the finals at Copthall Stadium, Great North Way, Hendon, on Thursday, August 27. The heats will be held in a number of parks on Wednesday, August 19.

For further information telephone Kay Eastment on 446 8511.

Leaflets about Barnet's play-schemes for children aged 5 to 14 can be obtained from all Barnet libraries, the Information Office, Ravensfield House, The Burroughs, Hendon; and Barnet House, 1255, High Road, Whetstone.

Recreation for women only

MANORHILL CENTRE would like to hear from any women who would be interested in taking part in leisure and recreation activities or in a women's only group.

The centre in Summers Lane, North Finchley, is planning women-only recreation sessions to start this summer. The first six weeks will include the opportunity

to try several sports with qualified coaches, a health and fitness video and a social outing.

It is hoped that the group will develop in line with the wishes of its members and that future sessions will expand into other areas of recreation.

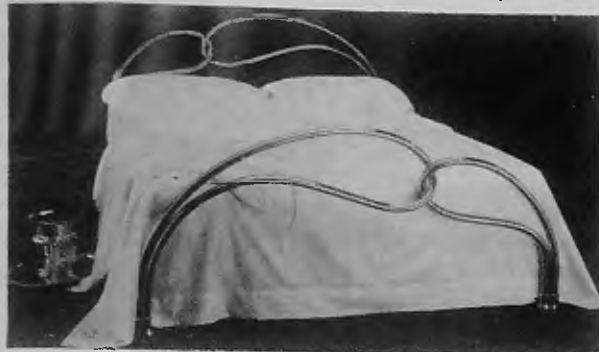
Anyone interested is asked to ring the centre on 368 6316.

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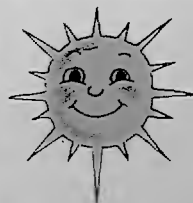
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FINCHLEY CARNIVAL



It's never too hot for a Press bar burger, but beat coppers don't eat on duty.



Library Storytime and Mark West of the travelling library tells a tale.



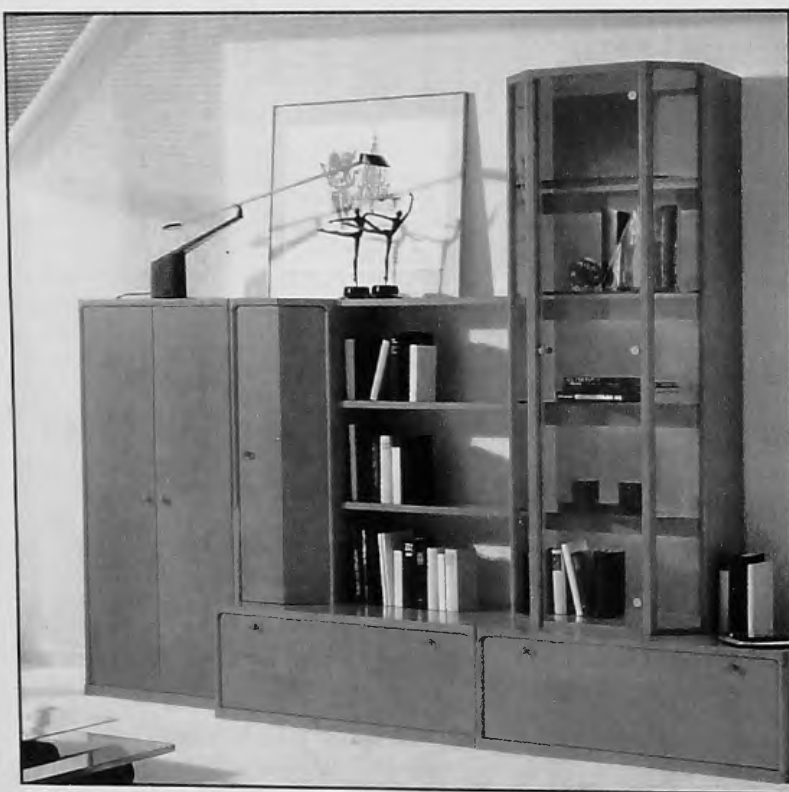
Carnival panel, led by Mary Phillips (second left) challenged the But only one councillor, Ian Balcolombe, accepted so the Army



Children collecting for Save the Children.



Balloons delight



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Recreation Group's a pets' corner.



Barnet Playgroup Association had Wonderland on Wheels.



...ese Chinese children.



Queen's Carnival



Emma Saunders, a queen and still only 17, had the time of her life as Barnet's Carnival Queen, reigning at Finchley Carnival. She rode on a flower-bedecked float, capped the director of technical services, Max Caller, and stole a kiss, and helped the Prime Minister, Mrs Margaret Thatcher, cut the carnival cake.

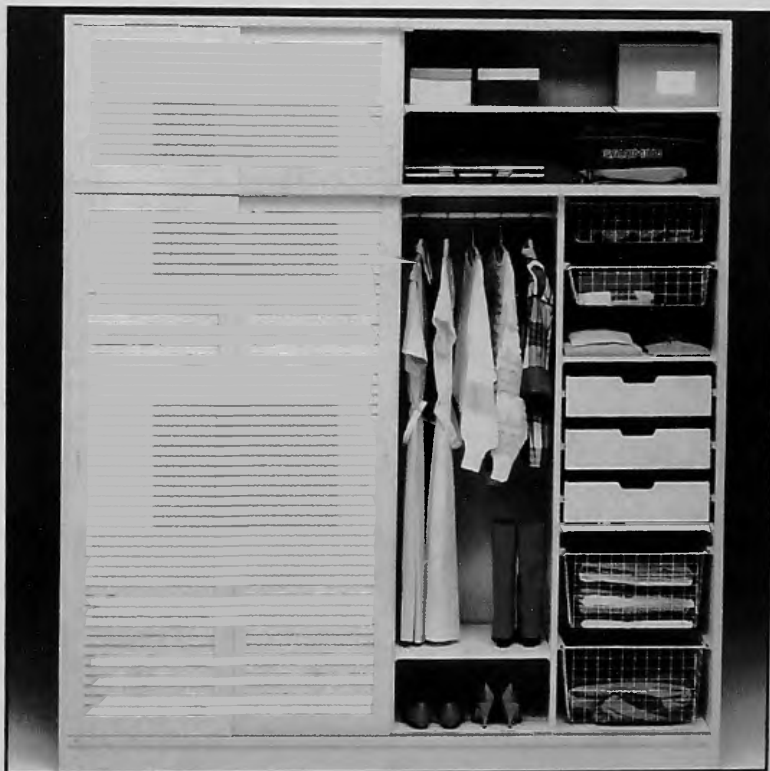
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Making the most of Barnet's Parks

SUMMER TIME — and the living is easy. And Barnet's parks and countryside are just waiting to be explored.

The whole borough is bursting with places to visit, things to do, and scenery to enjoy.

Last month Barnet Borough News listed all the open entertainments and sports activities which the Borough is running or helping to finance.

This month we offer a pleasure guide to the parks and open spaces.

Cycle route

WHY NOT take to your bike and test out Barnet Cycle Route which takes you from High Barnet, through Finchley and Hendon to Brent Cross. Part of the route runs through parkland. Just right to stop off for a picnic. The rest is through quieter roads.

If you are cycling for pleasure don't forget it is down hill from Barnet to Hendon — and up hill in the other direction.

Parks panorama

BARNET'S parks are at their best in high summer. The bedding plants are providing masses of colour and the trees have their full canopy of green leaves.

While all the parks are attractive, there are several with special attractions.

Aviaries

THE NEW aviary in Highlands gardens is open 10am to noon and 1pm until 1 hour before dusk. Besides exotic birds there are small mammals such as guinea pigs and rabbits as well as tortoises and bantams.

The aviary at Old Court House is open for similar hours and features



Hendon Park playground brings smiles on a sunny day.

a collection of tropical birds.

In Friary Park the aviary is open 10am to noon and 1pm to 4.30pm.

All three are open seven days a week.

Picnics

THE BOROUGH has some delightful picnic spots. For instance: Highlands Gardens features waterfalls, ponds and a wilderness atmosphere.

Oakhill Park is large and has many amenities.

Hendon Park offers spectacular bedding plants and a quiet garden. Edgwarebury Park is a gardener's delight, and a new 17th Century garden has been set out near the scented garden.

Friary Park has an alpine house and herb beds as well as a pond and wide open spaces.

Rushgrove Park has a brookside walk where wildlife is encouraged.

Scented Gardens

IN THE days when Barnet has a borough lottery, in the late 1970s, some of the proceeds were spent in designing scented gardens in five parks: Friary, Edgwarebury, Victoria, Old Court House, and Hendon.

Trees

BARNET has always placed importance on its tree canopy. If you have a special interest in trees visit: Avenue House grounds and follow the guide booklet.

Arrandene Open Space with its arboretum of botanically interesting trees.

Simmonds Mead Open Space features rare ornamental trees including the 'pocket handkerchief' tree. Mill Hill Park has recently had an extensive tree planting scheme carried out together with the re-establishment of an ancient hedgerow.

Feed the ducks at . . .

Green Hill Gardens, Barnet.

Beech Hill Lake, Hadley Common.

Totteridge ponds.

Brent Park.

Countryside walks

WALK THE whole length of Dollis Brook starting in Barnet and making your way through to the Welsh Harp.

Try the Waterfall walk in Barnet which runs from Osidge Lane, East Barnet to Waterfall Road, New Southgate along the banks of Pymmes Brook.

The borough has one of the finest stretches of Green Belt in Greater London. So you can set out for a real country walk.

1: From Page Street to Saunders

Lane near Copthall Stadium. The disused railway line makes an interesting woodland walk where wildlife abounds.

2: Arrandene arboretum. The perimeter walk begins at the entrance opposite Mill Hill Park.

3: Circular walks in Totteridge. A new leaflet is being produced and will soon be available in libraries.

4: Scratchwood. Two nature trails, one a mile long and the other a kilometer long through woodland with oak, hazel and hornbeam. The area is part of the Moat Mount and Scratchwood Countryside Park and there is a barbeque area, tea bar and a flight pad for model aeroplanes.

5: Moat Mount has parking for 30 cars, a picnic area, a circular walk, a large pond and interesting trees.

6: Hadley Green is one of the most ecologically interesting sites in Greater London. There are rare plants and trees, rich pond life, while the walk across the common to King George's Field, off Hadley Green Road, is a pleasant stroll across open countryside.

Welsh Harp

A new brochure has been produced by Barnet and Brent Councils describing the Welsh Harp Reservoir and the wildlife which makes its home there. There is one of the biggest breeding colonies of the great crested grebe, and the Canada goose breeds on the reservoir. The marshland shields rare plants.

Late News

ENTER the 5-a-side football competition for teams aged 5 to 14, girls and boys. Starts August 14. Semi-finals and finals Thursday, August 20.

Ring 446 8511 Ext 4665 to register your team.



Avenue House Grounds feature a fine tree collection.

BARNET DIARY

Council Meetings

Members of the public are invited to attend council and committee meetings in the Town Hall, Hendon, at 7pm

Tuesday August 4: Social Services
Wednesday August 5: Town Planning & Research

Wednesday, August 19: Planning Sub-Committees

Tuesday, September 1: Education

Entries for the September issue must be received by August 10, and before that date if possible. New entries start on September 5.

***Asterisk denotes weekly meeting.**

Please check that your meetings are being held in the August holiday period.

Saturday August 8

British Tinnitus Assn (NW London), Meritage Club, Church End, Hendon. 2pm. 444 9657

*Tennis Squad, Barnet College, Russell Lane, N20. 10am. Details Manorhill Centre, 368 6316

*Melanies Latest Charts and Imports Club, 407 Hendon Way, Hendon. 202 7289

*North London Rambling Club organised Saturday walks. Contact (SAE) Ray Todd, 31 Blair Close, St Paul's Rd, London N1 2YP

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior activities 7-14 yrs, 10.30am. 906 2322.

*Emotions Anonymous, Community Centre, 154 Station Rd, Hendon. 3pm. 458 1504

*Saturday Club for children 3-11yrs, Old Barn Community Centre, Tarling Rd, N2. 9.30am-12.30pm and 1.30-3.30pm. 349 4613

Sunday August 9

*Finchley Section of the Cycling Touring Club organise Sunday rides. Phone 361 9851

*Tennis and Short Tennis for 5 yrs to adult, Christ's College Lower School, East End Rd, N3. Details Manorhill Centre 368 6316

*North West London HF Club. Sunday rambles in Home Counties. 997 6079

*Mind in Barnet 'Libra' Club, Etchingham Park Day Centre, Etchingham Park Rd, Finchley. 3.30pm. 455 2850

*Shaftesbury Harriers training sessions, Cophall Stadium, Gt Nth Way, NW4. 11am. 200 1584. Also Tuesdays 6pm

*North London Holiday Fellowship Group. Sunday rambles in Home Counties. 346 6795/444 5847

*Finchley Zen Society, 91 Nether Street, N12. 8-9pm. 445 1819

*Youth Club for hearing impaired, Grahame Park Youth Centre, Corner Mead, Grahame Park Way. 10.30am. 202 3811

*Barnet 18 Plus Group, Bull & Butcher Public House, 1277 High Rd, Whetstone. 8.30pm. 0707 59373.

Weekdays

Playgroup 3-5yrs, SPEC Community Centre, 87 Brookside Sth, E Barnet. 9.15am-12.15pm. 368 0891

Crescent Playgroup, East Barnet Baptist Church Hall. 9.30am. 449 5095.

Old Barn children's activities, Tarling Rd, N2. Under Fives, 9.30am; After School Club, 3.30-6pm. 349 4613

Monday August 10

*CRAB — photography group for disabled people (CLIC), 43 Flower lane, NW7. 1.30pm. 346 9789

*Barnet Blind Bowls Club, Bishopswood Tudor Bowls Rink, Summers Lane N12. 2pm 449 7058.

*Bells Hill Prams & Pushchairs St. Stephen's Church Hall, Bells Hill, Barnet. 1.30pm. 441 9501

*Edware & Dist Canine Training Soc, St Alphage Hall, Playfield Rd, Burnt Oak. Ring class 8.30pm; obedience training 9.15pm. 0923 35968

*Information and Advice Drop In, Sutton Road Health Clinic, Muswell Hill. CAB and Social Services worker available. 2-4pm. Housing Estates Officer attends first Monday of month

*Emotions Anonymous, St Agnes Catholic Church Hall, Cricklewood Lane, NW2. 8pm. 961 5567

*Morning badminton club, Hartley Hall, Mill Hill. Vacancies for experienced players. 959 4867

*Brownies at East Barnet Baptist Church Hall, East Barnet Rd. 6pm. 440 6811

*Hendon College Adult Literacy classes (students with mental handicap), Thirleby Rd, Burnt Oak. 7pm. 200 8300

*East Barnet Toy Library, Community Centre, Victoria Rd, E Barnet. 2-3.30pm. 449 6772

*RAF Association, Royal British Legion Hall, Legionway, Summers Lane, N12. 8pm. 883 5722

Tuesday August 11

Arthritis Care, St Peter le Poer Hall, Albion Ave, N10. 2pm. 883 2441

Hendon & Dist Cage Bird Assn, Labour Hall, Back Lane, off Watling Ave, Burnt Oak. 7.30pm. 205 2647

*Finchley Writers' Workshop, Moss Hall Tavern, 6pm. 349 1948

*Friern Barnet and Totteridge Camera Club, Totteridge Library, Totteridge Lane, beginners to advanced. 8pm. 445 2617

*Mind in Barnet Luncheon/Social Club, 2 Schoolway, Woodhouse Road, N12. 10am-4pm. 446 1654 (also Fridays)

*British Red Cross Society, 10 Downage, Hendon. Sale of nearly new clothes. 10am-3pm

*123 Club for mothers, babies and toddlers, Christ Church Hall, High Rd, N12. 9.30-11.30am. 368 4659

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Golf lessons, 7.30pm. 906 2322

*Hendon and Edware 18 Plus Group, Games Room, Royal Oak Pub, Finchley Rd, Temple Fortune. 8.15pm. 952 2243

*Mother & Toddler Group, Rendezvous Centre, Coppets Rd, N10. 9.30-11.30am. Barnet Play Association's Play Bus and inflatables at these times. 444 7839

*North London Holiday Fellowship Group, Harris Room, Trinity Church, Hodford Rd, Golders Green. 346 6795/444 5847

*Basketball, 9-16 yrs Christ College Lower School, East End Rd, N3. 6pm. 368 6316

*Colindale Youth Club 11-16 yrs, St Matthias Church Hall, Rushgrove Ave. 7pm. 205 7774

*Emotions Anonymous (emotional living problems). Unitarian Rooms, Hoop Lane, Golders Green. 8pm. 837 4456/959 1003

*Tumble Tots — physical activity for pre-school children (six months to five years), Bushmead Social Club, Hammonds Close, Edware. Classes all day from 9.30am. 958 6579

*MIND in Barnet, Trinity Church, Nether Street, N12. No appointment needed. 7.30-9.30pm.

*MIND in Barnet, 154 Station Road, Hendon. No appointment needed. 1-3pm. Also Thurs 8-10pm.

*Al-Anon — help for families and friends of problem drinkers — Carey Room, Trinity Church Centre, Nether St, N12. 8pm. Further information for other local meetings 403 0888 (24 hour service).

*Bottoms Up. A club for mothers with first babies, Jubilee Room, St James' Church, Friern Barnet Lane, N20. 2.30-4.30pm. 361 3320.

*Friendship Club for over 40s, Christ Church Hall, High Road, N12. 346 7657/349 0670

*The Toddler Club. 2.30-4.30. New members welcome. Bring your babies and toddlers to Church House, behind St John's Church, Friern Barnet Road, N11. 368 7074

*Studio North Three adult classes in art, College Farm, Fitzalan Rd, Finchley. 10am-1pm. 959 1498/6175

*Elmgate Badminton Club, Church Hall, Rectory Lane, Edware (vacancies). 7.30pm. 959 4757

*Finchley & Dist Model Aircraft Club, Manorside School, Squires Lane, N3. 14+. 8pm. 904 5449

*Computer Courses, Mill Hill School Sports Centre, The Ridgeway. 8pm. 906 2322

*120 (Hendon) Sqn Air Training Corps, boys and girls 13½ to 16, RAF Hendon, Aerodrome Rd, NW9. 7.30pm (also Fri & Sun 10am-12.30pm). 205 7297

*Legal Advice, East Finchley Neighbourhood Centre, 42 Church Lane, N2. Also first Tuesday in month immigration advice. 7-8.30pm. 444 6265

*Hendon College Adult Literacy classes (students whose first language is not English), Montagu Rd Centre, Hendon. 7pm. 200 8300

*Hendon College Adult Reading & Writing classes, Thirleby Rd, Burnt Oak. 7pm. 200 8300

*Barnet Blind Bowls Club, STC, Denham Road, New Southgate. 2pm. 449 7058.

Wednesday August 12

Orbit Club of NW London (25-40yrs), Moss Hall Tavern, Ballards Lane, N12. 8.30pm. 906 2080

Rotaract Club of Edware and Stanmore, The Green Man Pub, Honeypt Lane, Stanmore. 8.15pm. 722 4439 (also Aug 26)

*CRAB — Circus Skills — children aged 8+ 5pm, 50p a session; adults 7pm, £1 a session. Barnet Drama Centre, 142 High Rd, East Finchley. 346 9789

*Parent & Toddler Time, East Barnet Baptist Church Hall, East Barnet Rd. 1.45pm (also Friday)

*Good as new sale, Chipping Barnet Conservative Association, 163 High Street, Barnet. 10.00am to 1.00pm. (Also 1st and 3rd Saturdays of the month)

*Barnet YHA Group 1st Lyonsdown Scout Hut, York Rd, New Barnet. 8pm. 449 1553/440 8770

*Bingo, St Alphage Church Hall, Playfield Rd, Burnt Oak. 8pm

*Barnet Caving Group, Bull and Butcher Pub, High Rd, Whetstone. 9.30pm. 446 1070/1868

*Bingo, Community Centre, Victoria Rd, New Barnet. 7.30pm. 440 2573

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior badminton, 6pm; adult badminton, 7pm. 906 2322

*St Margaret's Badminton Club, Rectory Lane, Edware. 8pm. 440 4572/0923 46953. Vacancies for players

*See-Saw Club for babies and toddlers with special needs, North Road Community Centre, Burnt Oak B'way. 10am. 368 6291

*Sale of clothing and bric-a-brac, Barnet Centre British Red Cross Soc, St Albans Rd, Barnet. 9.30am-3.30pm. 449 8969

*Badminton — 3 courts, first class facilities. Few vacancies for experienced players — friendly club, 883 4437 (also Thursdays evenings).

*Hendon Woodcraft Folk (during term time), Hendon School, Golders Rise. 6.15pm. 202 7140

*Old Barn Youth Club 10-14 yrs, Tarling Rd, N2. 7pm. 349 4613 (also Fridays)

*Hornsey Cine — Scene Two, St Peter Le Poer Hall, Albion Ave, N10. 8.15pm

*Hendon College Adult Numeracy classes, Thirleby Rd, Burnt Oak. 7pm. 200 8300

Thursday August 13

Save a Life Campaign session, Red Cross Centre, 172 Regents Park Rd, N3. 8pm. 346 2588

*Church Farm Mother & Toddler Club, Church Hill Rd, E Barnet. 10am-11.30am. 368 4191

*Brookside Methodist Church Boys' Brigade, East Barnet. Pre-Junior 6-8, 6.15pm; Juniors 8-11, 6.30pm; Company 11+ 8pm. 441 2042

*Hendon Chess Club, Hyde United Reformed Church, Edware Rd, Colindale. 7.30pm. 952 3129

*MIND in Barnet Thursday Club, 154 Station Rd, Hendon. 7.45pm 446 1654

*High Barnet Woodcraft Folk, Underhill School, Mays Lane, Barnet. 6-9 yrs, 6pm (440 5369); 10-13 yrs. 7.15pm (440 2426)

*Carpentry for disabled, John Grooms, Stoneyfields Rd, Edware. 1.30pm. Ring Ian at CRAB 346 9789.

*MIND in Barnet — Women's Drop in Centre, Trinity Church Rodborough Rd, Golders Green. 9.30am-1pm (relaxation 11am). 446 1654

*Mums, babies & toddlers club, St Barnabas Church, Holden Rd, N12. 10am-12 noon. 445 0572

*Parent and Toddler Time, Victoria Centre, Victoria Rd, New Barnet. 1pm. 449 5511

*Badminton Club, Christ Church URC, Bellevue Hall, Bellevue Rd, N11. 8pm. 449 8476

*Community Links in Cameras (Clic), photography group of disabled people, 43 Flower Lane, NW7. 1.30pm. 346 9789

*Badminton (adults), Manorhill Centre, Summers Lane, N12. 7pm. 368 6316

*Canada Villa Youth Centre pre-school gymnastics club 'Jumping Beans', Pursley Rd, Mill Hill. 10am-12noon. £2 registration, then £1 per session. 959 2811

*Bounce, a group for children under five with special needs. New Barnet Community Centre, 48-50 Victoria Rd. 1.15pm for 30 minutes. 25p. 346 7120

*Short tennis for juniors, Mill Hill School Sports Centre, The Ridgeway. 6pm. 906 2322

*East Finchley Toy Library, Herbert Wilmot Youth Centre, Eagans Close, N2. Over 500 toys available. 3pm. 883 0244

*Finchley Chess Club, Etchingham Park Day Centre, Etchingham Park Rd, N3. 7.30pm

*Talks on Social Effectiveness. 202 3373

*Machine Knitting Class, Old Barn Centre, Tarling Rd, N2. Tuition at all levels. 1pm. 349 4613

*Hendon College Adult Reading & Writing classes, Montagu Rd Centre, Hendon. 7pm. 200 8300

Friday August 14

Friern Barnet Summer Show, Friary Park, Friern Barnet

Oakleigh Carers Group, Health Centre, Oakleigh Rd Nth, N20. 2pm. 368 8356

*Mums & Toddlers Group, Friern Bar-

BARNET DIARY

- net Day Centre, Friern Barnet Lane, N11. 10-11.30am. 368 4278
- *Hendon & Hampstead Garden Suburb Camera Club, Fellowship House, Willifield Way, NW11. 8pm. 205 6053
 - *Barnet and Finchley Photographic Soc, rear of 37a Salisbury Rd, Barnet. 8pm. 368 3917
 - *Barnet Blind Bowls Club, Old Court Recreation Ground, Wood Street, Barnet. 2pm. 449 7058
 - *Finchley Cine Society, Avenue House, East End Rd, N3. 8pm. 346 4265.
 - *Brookside Community Group Senior Youth Club (11-16), Union Church, Northiam, N12. 7.15-10.15pm. 445 5958.
 - *Social afternoon, Old Barn Community Centre, Tarling Rd, N2. All ages. 1-3pm. 349 4613.
 - *Emotions Anonymous, St Albans Parish Church, The Vestry, West Heath Drive, Golders Green. 8pm. 837 4456
 - *Basketball sessions for juniors and seniors, Mill Hill School Sports Centre, The Ridgeway. 7pm., £1.50 juniors, £2 seniors. 906 2322
 - *Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Squash coaching — juniors 6.15-7.15pm; adults 7.15-8.15pm. 906 2322

Saturday August 15 Friern Barnet Summer Show, Friary Park, Friern Barnet

New Barnet & Dist Stamp & Postal History Fair, St Peter's Hall, Lyonsdown Rd. 10am-5pm. 440 8835

Tuesday August 18

- Nth Middx Family History Soc (Barnet), Church House, Wood St, Barnet. 7.15pm. 441 0529
- Royal British Legion (N Finchley), Legionway, Summers Lane, N12. 8pm. 445 9911
- Barnet National Trust, St Mary Magdalen Hall, Athenaeum Rd, N20. 8pm. 449 5896

Wednesday August 19

- Finchley Rotaract Club, Moss Hall Tavern, Ballards Lane, N12. 8.30pm. 445 1393 (also Sept 2)

Thursday August 20

- Friern Barnet & Whetstone Rotaract Club, Bull & Butcher Pub, High Rd, N20. 8.15pm. 368 3383 (also Sept 3)

Tuesday August 25

- Save a Life Campaign session, St John Ambulance, The Pavilion, Finchley Open Air Swimming Pool, High Rd, N12. 7.30pm. 440 8778

Friday August 28

- Barnet Ratepayers' & Residents' Assn (Arkley & Hadley Wards), Fern Room, Salisbury Rd. 8pm. Surgery 7.30pm. 449 0807

Tuesday September 1

- Save a Life Campaign session, Red Cross Centre, 10 Downage, Hendon. 8pm. 203 0567

Wednesday September 2

- Finchley & Dist Philatelic Soc, Avenue House, East End Rd, N3. 8pm. 883 8724
- Barnet Animal Rights Group, Christ Church Hall, High Rd, N12. 8pm. 440 1715

Women's Clubs

Wednesday September 2

- Barnet Evening TWG, Church House, Wood St. 7.30pm. 449 6809

Thursday September 3

- East Barnet Monkfrith TWG, British

- Legion Hall, Nursery Rd, N14. 1.45pm. 0707 51896
- Ashley TWG, Mill Hill East Free Church, Salcombe Gdns. 7.30pm. 906 1952
- East Barnet Valley TWG, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 2.15pm. 449 8601/3885

Mondays

- *SupaSlim Slimming Club, Avenue House, East End Rd, N3. Sensible dieting and group therapy. 10am. 445 3195 (also Tuesdays 8pm)
- *Ladies self defence, Canada Villa Youth and Community Centre, Pursley Rd, Mill Hill. 2pm. £1.50. 959 2811

Tuesdays

- *Ladies Home League, Salvation Army Hall, Hertford Rd, East Finchley. 2.15pm.

Thursdays

- *Barnet Asian Women's Assn, Barnet Health Education Unit, Oak Lane Clinic, East Finchley. 1.30pm. 883 1075/444 4411
- *Women's Friendship Club, Union Church, Northiam, Totteridge. 2.15pm. 445 6945
- *Ridgeway Club (Nat Assn of Women's Clubs), St Mary's Church Hall, Church Hill Rd, East Barnet. 7.45pm. 449 1373
- *Sculpture Class, Old Barn Centre, Tarling Rd, N2. 7.30pm. 349 4613 for enrolment details.

Bridge and Whist

Saturday September 5

- Whist Drive, Friern Barnet Day Centre, Friern Barnet Lane, N11. 8pm. 368 4278

Mondays

- *Bridge Classes, 41 Northumberland Rd, New Barnet. 7.30pm. 449 0960. Also Tuesdays 10am, Wednesdays 2pm.
- *Bridge Class, second year students, Woodside Park Club, Southover, N12. 8pm. 445 1108 (also Tuesdays)
- *Hendon College Bridge Club (no teaching, intermediate level), 43 Flower Lane, Mill Hill. 11.45am-1.15pm. 202 3811 ext 240
- *Partner Whist Drive, St Peter's Church Hall, Somerset/Lyonsdown Rd, New Barnet. 8pm. Admission 40p. 441 1591
- *"Bridge Builders" — all levels of play for all ages, Sobell House, Limes Avenue, off Golders Green Rd, NW11. 7.45pm. £1.50, special instruction for beginners £2. 458 7411

Tuesdays

- *Chase Bridge Club, St Andrew's Church Hall, Southgate. 9.30am. 360 5098

Wednesdays

- *Friern Barnet Council for Voluntary Service whist drive, Priory Hall, Friern Barnet Lane. 10.30am. 368 4278
- *Whist Drive, Fellowship House, Willifield Way, NW11. 7.45pm. 458 3933

Thursdays

- *Contract Bridge, Trinity Church, Hodford Rd, Golders Green. 1pm. Admission free. 202 2751/200 1839
- *Northside Bridge Club, E Finchley Methodist Church Annexe, High Rd. Duplicate first Thursday, rubber remaining Thursdays. 7.30pm. 445 7788
- *NW London Duplicate Bridge Club, Michael Sobell Centre, Limes Ave,

- NW11. Admission £1.50. 7.45pm. 455 3745

Fridays

- *The Fern Room Whist Club, Salisbury Road, Barnet, 2pm. 441 4853

Keep Fit

Saturdays

- *Body-Tune dance keep fit, St Mark's Church Hall, Potters Rd (entrance Woodville Rd), New Barnet. 9.20am (also Monday 10am) 441 1336
- *Aerobic low impact workout, United Reformed Church Hall, East End Rd, N2. 11am. 883 7029 (also Wednesdays 7-9pm)

Sundays

- *Yoga classes at Patanjali Yoga Centre, 190 Watford Way, Hendon. Beginners: 1pm & 3pm, advanced 5pm. 203 0062

Monday-Friday

- *Weight Training instruction, Hendon Sports Centre, Algernon Rd. 6-8pm Mon-Thurs; 5.30-7.30pm Fri. £1.80 per session or £15 per term. 202 6027

Mondays

- *Stretch, tone & trim to music, Brookside Methodist Church, East Barnet. 10.15am. Creche facilities. 440 5811. No classes from Aug 23-Sept 6.
- *Keep Fit for Ladies, St Mark's Church Hall, Potters Rd, Meadway, New Barnet. 10am. 441 1336
- *Pensioners Health Group, Methodist Hall, Rodborough Rd, NW11. 2pm. 794 6376. 60p
- *Yoga, St Mary's Church Hall, Hendon Lane, N3. 7pm. 455 2476. Also Weds 9.45am
- *Aerobics 9.30am; body conditioning 10.30am. St Mary's Hall, Hendon Lane, N3 (during term-time). 349 1449
- *Body conditioning classes, Christ Church, Whetstone, Oakleigh Rd Nth, N20. 7.15pm (also Thurs). Phone 445 1846
- *Aerobic workout, Mill Hill School Sports Centre, The Ridgeway, Mill Hill. 7pm, advanced 8pm. £2. 958 7596 (also Thurs 8pm)
- *Popmobility, Hendon Sports Centre, Algernon Rd. 7.30pm. £1.80 per session. 202 6027
- *Body-Tune, St Mary's Church Hall, Church Hill Rd, E Barnet. 7.15pm. 441 1336 (Also Tuesdays 8.15pm. Wednesdays, 7.15pm)
- *Aerobics, Centre Point, Corner Mead, Grahame Park. 8pm. 906 1721 (Also Thursdays, 8.30pm)
- *Weight and fitness training, Mill Hill School Sports Centre, The Ridgeway, Mill Hill. 8.15pm. 906 2322
- *Aerobic advanced class, Manorside School, Squires Lane, N3. No beginners. 8pm. 349 1449
- *Keep Fit, Manorhill Centre, Summers Lane, N12. 7pm. 368 6316

Tuesdays

- *Popmobility/aerobics, Queen Elizabeth Centre, Meadway, Barnet. 7pm and 8pm. 441 2933.
- *Keep fit, Centre Point, Corner Mead Grahame Park, 8.30pm. 205 7113
- *Aerobics, Manorside School, Squires Lane, N3. 8pm. 349 1449 (also Thursdays 8pm)
- *Ladies Keep Fit — suitable all ages — Hendon School, Golders Rise, Hendon. 7.30pm. 349 0400. (also on Thursdays)
- *Body conditioning classes, Oaktrees

- Special School, Chase Side, Southgate. 7.30pm. 368 0881
- *Keep Fit and self defence with Nanbudo, St Mary's Hall, Hendon Lane, N3. 8pm. 349 4421
- *Stretch and Shape, Oak Tree Special School, Chase Side, Southgate. 7.30pm. 368 0881
- *Slenderquest Slimming Club, St Mary Church Hall, Church Hill Rd, East Barnet. 8pm. £2. 449 4277
- *Body Focus exercise/Dance class, Lyonsdown Hall, New Barnet. 10.15am. £1.50 creche inclusive. 368 5871
- *Ladies Weight training, Hendon Sports Centre, Algernon Rd. 10.30-11.30am. £1.80 per session, £15 per term. 202 6027
- *Exercise to music — keep fit/aerobics — URC Hall, Wood St, Barnet. £1.50. 8pm
- *Yogacise, 7.15pm; Body-Tune, 8.25pm. St Mary's Church Hall, Church Hill Rd, East Barnet. 441 1336
- *Yoga for absolute beginners, St Mary's Church Hall, Church Hill Rd, E Barnet. 7.15pm. 441 1336 (also Wednesday 8.25pm)

Wednesdays

- *Body conditioning classes, Christ Church, Whetstone, Oakleigh Rd Nth, N20. 10am. 445 1846 (also Fridays)
- *Stretch, tone & trim to music, Manor Drive Methodist Church Hall, Manor Drive, N20. 10.15am. Creche facilities. 440 5811 (also Fridays). No classes from Aug 23-Sept 6.
- *Pop exercise, Centre Point, Grahame Park. 7.30. Gym fit/swim, 8pm. 205 7113.
- *Aerobics, Copthall Swimming Pool, Page St, Mill Hill. 9.45am (during term-time). 349 1449
- *Mixed Volley Ball Training Club, Queen Elizabeth Centre, Meadway, Barnet Juniors 6pm; seniors 7pm. 441 2933
- *Health and Beauty, exercise and movement classes, Christ Church Hall, High Rd, N12. 7.15-9.45pm. 504 1644
- *Keep Fit, Manorhill Centre, Summers Lane, N12. 7-8pm & 8-9pm. 368 6316
- Yoga classes for beginners, Patanjali Yoga Centre, 190 Watford Way, Hendon. 10.30am to 12 noon. 203 0062
- *Body conditioning: keep fit class — Canada Villa Centre, Pursley Rd, Mill Hill. 2-3pm. £1.50 per session. Creche available. 959 2811
- *Yogacise, 8.25pm; Body-Tune, 7.15pm. St Mary's Church Hall, Church Hill Rd, East Barnet. 441 1336
- *Weight Mates Slimming Club, St Mary Magdalen Church Hall, Holders Hill Rd, NW4. 10am. 455 4814
- *Tai-Chi for all, St Edward's Church Hall, Finchley Rd/Hoop Lane, Golders Green. 8pm. 458 9842
- *Keep fit, St Paul's Church Hall, The Ridgeway, Mill Hill. 8.15pm. 906 0854

Thursdays

- *Get Fit Club for young and old, St Stephen's Hospital, Mays Lane, Barnet. 7.30pm. £1.50. 906 0974
- *Mixed exercise class for people with problem backs, Queen Elizabeth's Girls' School, Meadway, Barnet. 8pm. 445 6986
- *Aerobics, Centre Point, Corner Mead, Grahame Park, 8.30pm. 205 7113
- *Yoga, British Wheel trained teacher, Union Church, Northiam, N20. 7-8pm. 349 2972 (not August)
- *British Wheel of Yoga Teachers Diploma Course, Barnet. 7pm. Details 440 1828

DEVELOPED BY DOCTORS OVER 11 YEARS, IT COULD CHANGE YOUR LIFE IN AS MANY DAYS

BARNET DIARY

*Martial Arts Academy. Science-of-Combat, Hendon High School, off Brent Street, Hendon. 7pm. 0865 726772

*Lyonsdown Judo Club, Lyonsdown Hall, Lyonsdown Rd, New Barnet. Children 8-15yrs. 7.30pm; adults 8.45pm. Ladies self-defence 8.30pm. 449 4831 (eves)

Dance

Saturday August 8

Finchley Sequence Dance Club, St Philip The Apostle Hall, Gravel Hill, N3. 7.30pm. 346 8675

Saturday August 22

Mountfield Club Sequence Dance, St Mary's Hall, Hendon Lane, Finchley. 7.30pm. 959 5185

Saturday September 5

20th Century Sequence Dancing Club, Southgate Upper School, Sussex Way, Cockfosters. 7.30pm. 360 2586

Mondays

*CRAB dance club for disabled, Woodhouse Sixth Form College, Woodhouse Rd, N12. 50p per session. 7pm. 346 9789

*Ballet for 4+, Michael Sobell House, Limes Avenue, NW11. Pre-primary 4.30pm; primary 5.15pm. 203 4358

Tuesdays

*20th Century Sequence Dancing Club, All Saints Hall, Oakleigh Rd North, Whetstone. 7.45pm. 360 2586

*Tap dancing, Centrepont, Grahame Park. Under 12s 6.15pm; 12+ and

adults, beginners 7pm, intermediate 7.30pm. 205 7113

*Wheelchair dancing, Grahame Park Community Centre, The Concourse, NW9. 1.30-3pm. 346 9789. Transport available

*Ballroom and Latin-American classes, Van's Studio, 1 Middleton Rd, NW11. 8.30pm. 455 7468 (also Thurs)

*Hampstead & Dist Scots Assn, Golders Green Parish Church Hall, West Heath Drive, NW11. 8pm. 515 7056

Wednesdays

*Dancing, ballroom and Latin American, St Philip the Apostle Parish Hall, Gravel Hill, N3. Children 5-7pm, adults 7.30pm and 8.30pm. 360 0826

*Contemporary Dance Classes, Brookside Methodist Church, Cat Hill, E Barnet. Beginners 7pm; intermediate 8pm. £1.25 per class or £5 per half-term. 441 5984

*Mountfield Old Time & Modern Sequence Dance Club, Martin School, High Rd, East Finchley. 8pm. 959 5185 (in term time)

*Friary Sequence Dance Club, Manor Drive Methodist Church Hall, N20. 8pm. 883 3202

*American square dancing classes, Watling Community Centre, Orange Hill Rd, Edgware. 75p 8pm. 906 1582

*Odsox Youth Dance Company, Friern Barnet County School, Hemington Ave, N11. (12-21 yrs). 6-10pm. 346 9789

*Adult tap classes, St Paul's Church Hall, The Ridgeway, Mill Hill. 9.15pm. 906 0854

Thursdays

*Finchley Sequence Dance Club, Martin School, High Rd, E Finchley. 7.30pm 346 8675

*Pre-Primary ballet (3-5 yrs) 4pm, Primary Tap 4.45pm, Primary modern 5.30pm, East Barnet Baptist Hall, Crecent Rd. 368 5871

Fridays

*Latin & Ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 8.30pm. 449 3336/6034

*Barnet International Folk Dance Club, Hadley Memorial Hall, Hadley Highstone. 8pm 427 8042

*Primary to elementary ballet, East Barnet Baptist Hall, Crescent Rd. 4pm onwards. 368 5871

Singles Clubs

Tuesday August 18

Finchley Solo Club for widowed, divorced & single (25-65). 8pm. 889 0513/444 8743 (also Sept 1)

Wednesday August 26

Spectrum for unattached people 25-45, The Woodman, 418 Oakleigh Rd Nth, Whetstone. 8.30pm. 449 9893

Sundays

*Singles Club party night get together, 411 Hendon Way, Hendon, 202 3101.

Mondays

*Barnet Thirty Plus Group. Play badminton at Queen Elizabeth Centre, Meadway, Barnet. 8pm. Details of other activities from 959 7084

*Club 81 for unattached people 24-45,

The Load of Hay Pub, Brent Street, Hendon. 8.45pm. 349 0026

Tuesdays

*Divorced/separated club, 411 Hendon Way, Hendon. 202 3101

Wednesdays

*National Council for the Divorced Separated, North West London Branch. Friendly club evening near Brent St. Hendon. Details: 226 3752, 203 57389/3269

*North London and District Divorced/Separated Club, St Paul's Church, High Rd, New Southgate. 8pm. Potters Bar 42849

*Club 81 for unattached people 24-45. The Green Man Pub, corner of Nth Circular Rd/High Rd, N2. 8.45pm. 349 0026

Pensioners Clubs

Wednesday August 12

Pensioners' Voice (Barnet), Brookside Methodist Church, E Barnet. 1.30pm. 361 2787

Thursday August 13

Pensioners' Voice (E Finchley), E Finchley Library, 226 High Rd. 2pm. 883 2155

Thursday August 20

Civil Service Pensioners' Alliance, Avenue House, East End Rd, N3. 10am. 346 6994

Thursday August 27

Pensioners' Voice (Colindale/Burnt Oak), Burnt Oak Library, Watling Ave. 1.30pm. 959 4683

Pensioners' Voice (Whetstone/Finchley), N Finchley Library, Ravensdale Ave. 1.30pm. 445 7413

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CONTINENTAL

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Muswell Hill Emporium



Before you pay a visit to Les Meubles, a family-run business trading for the last 11 years in Muswell Hill, make sure you have plenty of time to spare.

You will be enchanted by their beautiful emporium full of gift ideas and furnishings for your home. The sweet smell of pot pourri follows you around as you discover walking to the back of the shop even more exquisite handcrafts on display.

The main difficulty is actually choosing what to buy as your imagination runs wild whilst looking amongst the Mirrors, Wicker and Pine Furniture, Kitchen Accessories, Unusual Book Ends, La Terracotta Pottery, Interesting Ornaments, Gift Cards, Paper Lan-

terns, Cocktail and Wine Glasses, Scented Candles, Perfumed Oils, Mobiles, Cushions, all kinds of Jewellery, Silk and Dried Flowers, in fact, the list is endless.

While the children are off school its an ideal time to have a look round, as there are lots of ideas to keep them amused.

Les Meubles are open 6 days per week and until 6pm on Fridays.

There are always Special Offers available every week on many items.

The staff are very helpful and if you can't find what you're looking for — you only have to ask.

But don't take my word for it — go along and see the evidence for yourself. For a unique experience it's well worth a visit.

BARNET DIARY

Wednesday September 2

Pensioners' Voice (Golders Green), Trinity Church Hall, Rodborough Rd, NW11. 1.15pm. 455 7952

Mondays

- *Handicraft Club for over 60s, Evergreen Centre, 54-60 Brookhill Rd, New Barnet. 2pm. 449 8690
- *Club for active retired, Friern Barnet Day Centre, Friern Barnet Lane, N11. 11am-4pm. 368 4278
- *Hadley Darby & Joan Club, Memorial Hall, Hadley Highstone. 2pm. 441 4853
- *Social Club, Old Barn, Tarling Rd, N2. 1pm. 349 4613

Tuesdays

- *Luncheon Club for elderly homebound and lonely, Friern Barnet Day Centre, Friern Barnet Lane, N11. 10.30am-3.30pm; Club 2-4pm. Also Wed. & Thurs. 368 4278
- *Union Street Evergreen Club, Ewen Hall, Wood St, Barnet. 2pm. 441 4853
- *Fern Evergreen Club, Fern Room, Salisbury Rd, Barnet. 2pm. 441 4853

Wednesdays

- *Pensioners Bingo Club, East Finchley Neighbourhood Centre, 43 Church Lane, E Finchley. 2pm. 883 2105
- *Mays Lane Evergreen Club, St Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853
- *West Hendon over 60s Lunch and Social Club, Community Centre, Marsh Drive, NW9. Lunch 12.30pm; Social Club. 1.30pm. 202 5057
- *Old Pals Club, Bingo, Old Barn Tarling Rd, N2. 2pm. 349 4613

Thursdays

- *Pensioners 'Friendship Club', North Road Community Centre, Burnt Oak. 1.45pm. 951 1726
- *Arts and Crafts — open CRAB sessions for the elderly. The Meritage Club, Church End, Hendon. 1.30pm
- *Roundabout Club pensioners group, Friary Hall, URC Church, Oakleigh Park Nth, N20. 2pm. 361 2787
- *Hoop Lane Thursday — drop in for coffee and a chat — Unitarian Room, Hoop Lane, NW11. 10.30am.
- *Golden Circle Club, The Salvation Army Hall, Brampton Grove, Hendon. 1.30pm. 203 4823
- *The Torrington Park Pensioners' Club, Health Centre, Torrington Park, N12. 2pm. 446 4201

Fridays

- *Young at Heart, Conservative Hall, Barnfield Rd, Burnt Oak. 1.30pm. 952 3513
- *Club for the Elderly, Friern Barnet Day Centre, Friern Barnet Lane, N11. 2-4pm. 368 4278
- *Bells Hill Evergreen Club, St Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853
- *Over 60's Club, Salvation Army Hall, Hertford Rd, East Finchley. 2.30pm.

Drama

Wednesdays

- *Incognito Theatre Group, Theatre, Friern Barnet. 8pm. 0707 58756
- *East Finchley Theatre Group, Methodist Church Hall, High Rd, N2. 7.30pm. 883 2633
- *Gainsborough Theatre Club, The

Centre, Gainsborough Rd, N12.

8.15pm. 205 8352

- *Barnet Youth Drama Centre, 142 High Rd, E Finchley. Sessions for seven to 11-year-olds, 6pm. Also **Thursdays** (16+), 7pm; **Fridays** (12-15), 7pm; and **Saturdays** (7+), 10am. 883 9957 (workshop hours)

- *Nether Never Drama Group, Disabling Assn in the Borough of Barnet, Trinity Church Centre, Nether St, N12. 8pm. 446 6935

Fridays

- *Woodside Park Club Players, The Clubhouse, Southover, Woodside Park. 8pm. 446 6374, 445 7307/6117

Music

Mondays

- *Barnet Orchestra at Hendon, Hendon School, Golders Rise, NW4. 8pm 205 2418
- *Manor House Hospital Operatic Soc, Manor House, Hospital, North End Rd, NW11. 7.30pm. 346 0237
- *Tudor Orchestra, East Finchley Methodist Church, High Rd, Players welcome all sections, particularly brass. 7.30pm. 445 0563
- *Mill Hill Amateur Operatic Soc, Hartley Hall, Flower Lane, Mill Hill. 8pm. 959 2848
- *Music for Fun — informal choir, St Jude's Church, Hampstead Garden Suburb. 8pm. 886 0284
- *Entertaining the elderly in Barnet — 'Music Hall' rehearsals, Baptist Church Hall, Green Lanes, N13. 7.45pm. 449 4507

Tuesdays

- *The Apollo Singers, Wilberforce Hall, Wilberforce Rd, W Hendon. 7.45pm. 959 1244
- *Hendon String Orchestra, Whitefields School, Claremont Rd, NW2. 8pm. 455 5005
- *Guitar classes for children, teenagers and adults, New Seekers Music School, Mill Hill School, The Ridgeway. Enquiries 09278 2151
- *Finchley Chamber Choir, Finchley Methodist Church, Ballards Lane, N3. 8pm. 346 0502

Wednesdays

- *Finchley & Friern Barnet Operatic Soc, St Andrew's Church Hall, Alexandra Park Rd, N10. 7.45pm. 445 1973
- *Barnet Band, Queen Elizabeth's Boys' School, Queens Rd, Barnet. 7.30pm. Brass and reed players required. 449 3057

Thursdays

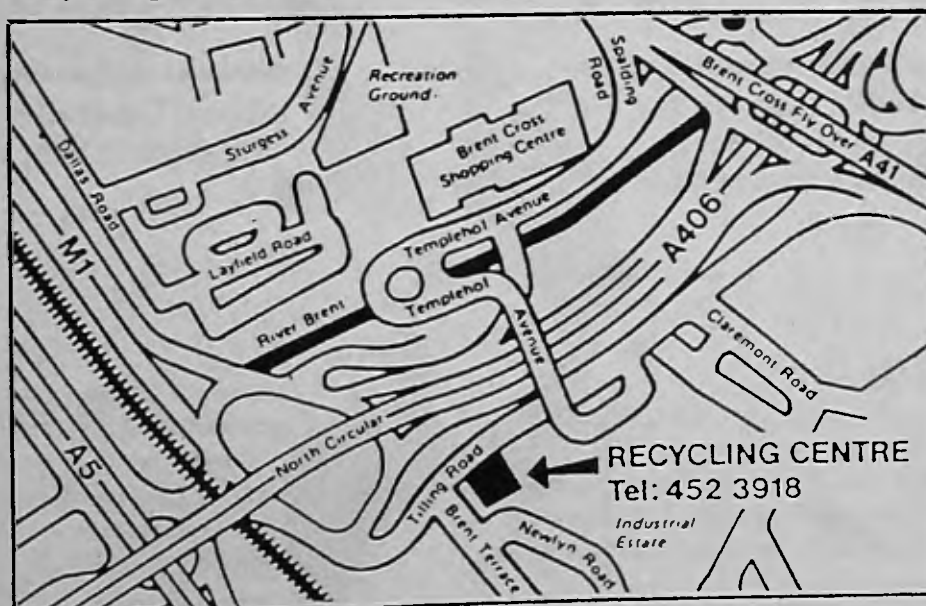
- *London Pro Arte Choir, Mill Hill East Free Church, Salcombe Gdns, Mill Hill. 7.30pm. 959 1659
- *Finchley Chamber Orchestra, Moss Hall Junior School, Nether St, N3. 7.30pm. 881 3619
- *Borehamwood Operatic Soc, Fairway Hall, Borehamwood. 8pm. 906 1453

Saturdays

- *Hampstead Garden Suburb Youth Music Centre, Henrietta Barnett School, Bigwood House, Bigwood Rd, NW11. 9am-12.45pm. 907 8018.

LONDON BOROUGH BARNET WASTE RECYCLING CENTRES

The London Borough of Barnet has two Recycling Centres where the public are encouraged to bring glass containers, old clothing and furnishings, paper and cardboard, metal goods and cans, waste sump oil . . . for recycling which saves energy resources.

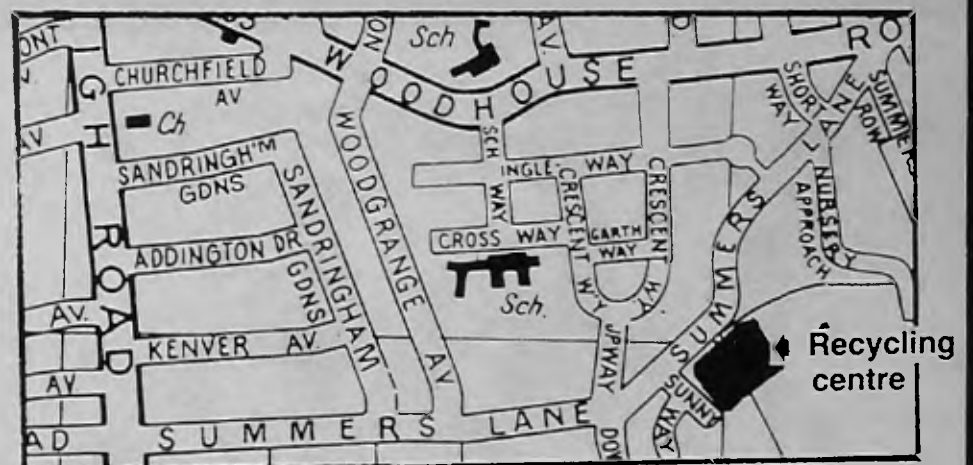


The Centres are at:

BRENT CROSS, Tilling Road, NW2 (Tel: 452 3918) (see map)
Opening hours Mon-Sat: 08.00-16.00.
 Sun 08.00-1600

SUMMERS LANE, Finchley, N12 (Tel: 368 8083) (Between Woodhouse Road and High Road, North Finchley)
Opening hours Mon-Sat: 08.00-16.00.
 Sun: 08.00-1600

In addition, the Centres also accept bulky items and garden waste that borough refuse vehicles cannot accept. There is no charge to householders for this service.



● BOTTLE BANKS are situated at:

1. Stapleton Road car park Chipping Barnet.
2. Behind Tesco's in Ballards Lane.
3. Lodge Lane Car Park, North Finchley.

The Engineering Services Division of the Directorate of Technical Services

★ ENTERTAINMENT ★

Exhibitions

Until August 23

Oil and water colours by Collette Sulley and Clifford Jahans, The Gallery, Totteridge Library, Dollisfield, Totteridge Lane

Until August 29

Exhibition of work by members of The Thursday Art Group (Hampstead Garden Suburb Institute), Hendon Library, The Burroughs. Normal opening hours

August 15 to September 12

Drawings and Paintings by Henry Fry, North Finchley Library, Ravensdale Ave. Normal opening hours.

August 15 to October 4

Little Palaces: the suburban house in North London 1913-1939, Church Farm House Museum, Greyhound Hill, Hendon. Open: Mon-Sat (except Tues) 10am-1pm, 2-5.30pm; Tues: 10am-1pm; Sun: 2-5.30pm. 203 0130

Old Bull Arts Centre

68 High Street, Barnet. 449 5189

Phone for details. Ticket prices do not include 25p membership, or 50p children's membership of Bulls Eye.

Friday August 14

Colin Peters Trio with guest jazz soloist Dick Morrissey. 8pm. £3.50, £2.50 conces.

August 11-15; 25-29

Drama workshops with Bronwen Rowton for 7-15 yrs. Tues 10am-2pm, Weds-Sats 10am-4pm. £7.50 for one week course. Performance both Sats 6pm, ticket 75p

Until August 15

Paintings by Thomas Bloor and Paula Page — Homes, plants, people. Main Gallery 10.30am-7.30pm.

Tues Aug 18 to Sat Sept 5

Open Exhibition of paintings, drawings and prints. Main Gallery 10.30am-7.30pm

Arts Workshops

Barnet Arts Workshops run regular activities throughout the term. Youth workshops (4-16) in drama, arts and crafts. £3.50 per half-term. Adult workshops: Dance/Keep fit; photography; video; screenprinting. (£1.50 per session, £10 per term, Free for unemployed.) Details 346 7120

Pop, Rock, Folk and Western

Sundays

*Live music — Rock & Blues — Torrington Pub, 4 Lodge Lane, N12. 8.30pm. 445 4710 (also Fridays)

Fridays

*Melanies Jazz Funk Night (strictly over 21 years). 407 Hendon Way, Hendon. 202 7289.

Walk with the stars

ANITA Harris, Faith Brown, Penelope Keith, Bernard Cribbens, Hannah Gordon, Richard Briers, Brian Glover, John Alderton, Roy Kinnear and Adam Faith are just some of the 60 or more stars of stage, screen, radio and sport who are expected to take part in the Variety Club of Great Britain's Star Walk at Barnet Copthall Stadium, off the Great North Way, Hendon, and Page Street, Mill Hill, on Sunday, September 20. It starts at 10am with entertainment from 1.30pm.

The Variety Club, the greatest children's charity in the world, hope to raise many thousands of pounds for handicapped and under-privileged children.

Everyone can meet and join the

stars in this sponsored walk and all are asked to come along and help swell the funds. Each sponsored walker will receive a prize. A 'T' shirt for raising £10 right up to a black and white television for those raising £500 and over in sponsorship money. The more sponsors you have the bigger the prize and the greater the benefit to handicapped and under-privileged children.

Because the number of sponsored laps are known, and to minimise administration costs, walkers must collect sponsorship monies in advance so that they are paid in on the day.

If you want to take part fill in the form below and send it to the address given.

APPLY TO: Variety Club of Great Britain, 32 Welbeck Street, London W1M 7PG. Telephone: 01-935 4466.

Please send me the official entry and sponsorship form.

Name _____

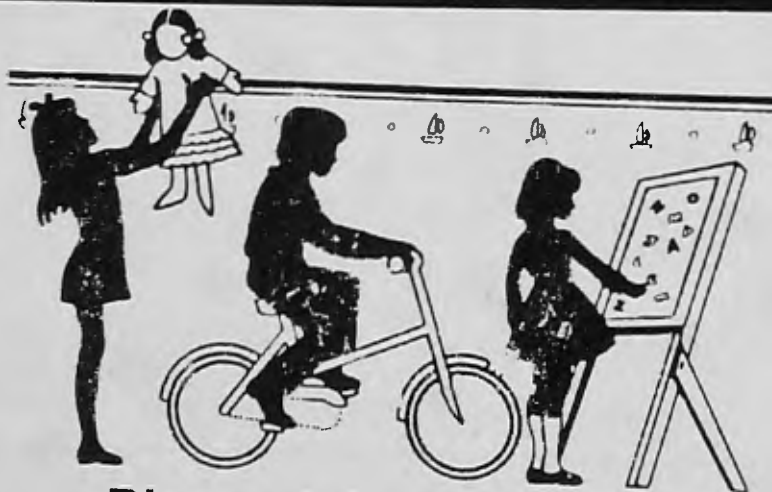
(Block capitals please)

Address _____

Postcode _____

Number of
Sponsor's
Forms required

WATCH OUT !! THERE'S A CHILD ABOUT!!



Please take extra care
School Holidays are from
July 24th — 8th Sept

WATCH YOUR SPEED WATCH THAT CHILD

Public notice from: The Road Safety Unit, The Engineering
Division of the Directorate of Technical Services

LONDON BOROUGH
barnet

♥ VARIETY CLUB OF GREAT BRITAIN ♥ THE GREATEST CHILDREN'S CHARITY IN THE WORLD.

STAR WALK

Sun 20th Sept 1987
From 10.00 am
Entertainment from
1.30 pm

Barnet Copthall Stadium
Great North Way, NW7

STEP ONE

The Variety Club of Great Britain, together with over 60 celebrities will turn up with the sponsored walkers to raise thousands of pounds for handicapped and under-privileged children.

STEP TWO

Each sponsored walker will receive a prize. A 'T' shirt for raising £10 right up to a black-and-white

television if you raise £500 and over, and the more sponsors you have, the bigger the prize, and the greater the benefit to handicapped and under-privileged children and that's really what it's all about.

STEP THREE

Everyone has fun meeting the stars and helping the greatest children's charity in the world.

★ MEET

T H E S T A R S ★

Because the number of sponsored laps are known, and to minimise administration costs, walkers MUST collect sponsorship monies in advance, so that they are paid in on the day. Thank you.

APPLY TO: Variety Club of Great Britain, 32 Welbeck Street, London W1M 7PG. Telephone: 01-935 4466.

PLEASE SEND ME THE OFFICIAL ENTRY AND SPONSORSHIP FORM.

NAME
(BLOCK CAPITALS PLEASE)
ADDRESS _____

OPEN TO ALL

POSTCODE _____

Number of
Sponsor's
Forms required

5000TH

COUNCIL HOME

SOLD



**WHY DON'T YOU FOLLOW THE TREND
AND BUY YOURS!!!**

**30% - 70% DISCOUNTS
UP TO £35,000 OFF**

**IF YOU REQUIRE
FURTHER
INFORMATION
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PLEASE SEND ME MY RIGHT TO BUY PACK TODAY

POST THE COUPON TO OUR SALES
TEAM AT BARNET HOUSE, 1255 HIGH
ROAD, WHETSTONE, LONDON N20 0EP
Telephone: 01-446 8511

(Offer only applies to Barnet Council sitting tenants)

Name.....

Address

Tel.....

BBN/17



**LONDON BOROUGH
barnet**

DIRECTORATE OF HOUSING AND ENVIRONMENTAL SERVICES

Health

Plan ahead: be warm and well in winter

Do you remember earlier this year when temperatures dropped down to -10 and even -15 degrees? Each year we read about how such cold snaps effect the elderly residents in our community. We all recognise the term hypothermia, but do we understand how to treat and help prevent this condition? And how we can take advantage of the summer sales, reduction offers and the longer days to prepare inexpensively for icy days ahead.

We are really writing to two audiences: For the older people we want to suggest a little forward planning.

Good neighbours

For younger people we want them to be good neighbours and help elderly friends and relatives plan their winter warmth now.

Hypothermia simply means a low body temperature, usually below 95° Fahrenheit (35° centigrade).

A person suffering from this becomes drowsy, confused and develops clumsy, unsteady

Jean Elliott, hospital/community liaison nurse and Jill Hall, health visitor, who are both with Barnet Health Authority working in Services for the Elderly, have prepared this early warning for Barnet Borough News. In the middle of summer it's a look ahead to the hazards of winter for the elderly and a reminder to plan ahead.



A community nurse advises an elderly patient on winter warmth

movements. They usually do not complain of feeling cold, even though they look greyish or blue and feel very cold to touch. They therefore, easily succumb to this condition and death can follow quickly.

To treat this, warm blankets should be tucked round the sufferer, a hot drink given and medical aid should be summoned.

It is dangerous to give an alcoholic drink or apply direct

heat, such as a hot water bottle for example — as the body must be warmed gradually with a controlled return to normal temperature, 98.4° Fahrenheit (37° centigrade). Sudden heat or alcohol could cause a surge of blood out of vital organs into the skin and result in collapse and possible death.

The people at risk from hypothermia are older people, as they cannot generate heat within their bodies as efficiently as younger people. They are also more likely to be living alone, housebound, with poor mobility and possibly a tendency towards forgetfulness. They may also need household repairs and worry about finance and heating bills.

Prevention is simple. Make sure people have plenty of hot nourishing foods and fluids to maintain inner warmth; and keep the home and body warm with suitable heating and clothing providing good external warmth.

To provide these things at the onset of a cold spell can be expensive and inconvenient if

**"We'll warm you
this WINTER
or your money
back"**

IF YOU DREAD WINTER AND ALL ITS AGONIES protect yourself and your family against those Winter Chills and Ills with Damart's miracle fibre THERMOLACTYL, the ultimate answer to warmer, healthier, winter living.

GUARANTEE — if you're not delighted with your Damart purchase return within 28 days for full refund without question.

SEND NOW FOR YOUR NEW, FREE DAMART CATALOGUE.

- £30,000 Prize Draw with catalogue
- Surprise Gift with order

DAMART

Please send my Free Catalogue D8-GDQ
Mr/Mrs/Miss/Ms _____
Address _____
Town _____
County _____ Post Code _____

NO STAMP REQUIRED

Damart, Dept D8-GDQ
FREEPOST, BINGLEY X, West Yorkshire BD97 1DT

Belmont Lodge

BELMONT LODGE

**Residential Home for
the elderly**



A charming and well furnished residential home with a resident matron and providing full 24 hour care.

- Private telephone and TV point in every room
- Lift
- Special diets arranged
- Full central heating

All bedrooms are fitted with call alarm facilities and some rooms have their own en-suite bathroom and toilet.

A friendly, family atmosphere is maintained and residents own interests are encouraged whenever possible.

Short holiday stays can be arranged

FREE COLOUR BROCHURE CAN BE OBTAINED ON APPLICATION FROM:

OFFICE: 01-959 4083

or MATRON: 0923 222610

59 Belmont Road, Bushey, Herts

Registered with Hertfordshire County Council



Health

Make the most of the sales

weather conditions are hazardous. So act now while summer is here. We have listed items that can help, and can be obtained now prior to winter, in order to spread the cost and time.

Summer sales, jumble sales and charity shops

Take full advantage of the sales to purchase extra clothing such as woollens, scarves, mitten-gloves, woolly hats and thermal underwear, socks, leg-warmers and inner soles for shoes.

It is far more sensible and warmer in the winter to retain body heat by wearing layers of clothing rather than one heavy article.

Thermal underwear, socks and inner soles help generate heat and the layers of clothing trap and preserve this. Mittens, hats and scarves also help, as heat can be lost rapidly from these areas without people being aware of it.

These articles can also be worn at night in bed. Old woollen articles can be unpick-

ed and the wool re-used. Family members can help by cutting squares from old woollen articles and sewing them into over blankets for extra bed warmth. These can also double as a rug to cover the knees or shoulders when sitting.

It is also worth looking at duvets in the sales. These are not only very warm, they are also lightweight so do not inhibit people with poor mobility getting in and out of bed. The duvet covers can be quickly and economically washed and dried and returned to the bed, rather than heavy blankets which take time and money to dry and air.

If it is impossible financially to purchase plenty of bed linen, layers of newspapers can be used under the blankets and sheets. This method will help to retain the heat. Curtain linings, preferably of heavy or thermal material, are useful.

Reduction offers

These are usually found in electricity and gas showrooms or in the electricity departments of shops and stores.

They offer various summer savings such as price or installation reductions. The articles to look out for are:

Storage heaters that are thermostatically controlled. These will keep room temperatures even, usually at a fairly low cost as a lot of energy is taken at off peak periods.

This form of heating is particularly useful for people who forget to turn heaters on, or for people who are worried about the heating bills. It is also useful for people with poor mobility as the heaters do not have dangerous flexes running like tripwires across the floor.

Small freezers can be useful to stock meals and food for times when shopping is difficult.

Gas boards will carry out free safety checks for people living alone and some electricity boards will check wiring.

Next month Jean and Jill will be giving helpful hints on fuel saving and larder planning.

Education

Access to higher education

IN September, Barnet College are to start their first Access to Higher Education courses. Many adults would like to study for a degree but do not have the necessary academic qualifications.

An Access course is an alternative to GCE and is especially designed for mature students. After a year's study at Barnet College, successful students will automatically proceed to the Modular Degree Scheme at Middlesex Polytechnic, Trent Park.

At Barnet College students can choose either the Access to Science course or the Access to Social Science course. Both last one year, 21 hours a week. Classes are held between 10am and 3.15pm.

It is hoped that this development will be welcomed by women, people from ethnic minority groups and anyone who missed out on education earlier in their lives.

Contact Sue Berryman, Access course co-ordinator, or Peter Marshall, head of faculty studies, Barnet College, Russell Lane, Whetstone, N20 0AX, Tel. 361 5101. Student enquiries to Adult Education Office, same address and telephone number.

BUDGET WARMTH

The weekly payments answer to single room heating

FROM YOUR LOCAL EASTERN ELECTRICITY SHOP!!

Were you cold this winter? Did you worry about heating bills?

Well, there is no need to be afraid about next winter. Eastern Electricity's NEW BUDGET WARMTH PLAN will keep one room in your home really warm day and night, so ring **953 6282** or send in the coupon.

You pay by the size and number of heaters we install. For example:-

Heater Size	Budget Warmth fully inclusive Weekly Cost throughout the year
1 medium (2.55kW)	£2.28
1 Large (3.34kW)	£2.64
2 medium (2×2.55kW)	£3.64
1 med+1 large (1×2.55kW+1×3.4kW)	£4.01
2 large (2×3.4kW)	£4.37



eastern electricity



CUT OUT AND SEND TO: Eastern Electricity, Manor Way, Borehamwood, Herts. Tel: 953 6282 ext 2385 or 2240. Mr John Sargant will help you and send you FREE INFORMATION.

TEL NO:

Name

BBN1

Address

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We Specialise in tyres for your:
FERRARI, PORSCHE, JAGUAR, BMW,
MERCEDES, DAIMLER, ROLLS ROYCE,
in fact for every type of car on the road today

GET HIGH PERFORMANCE TYRES AT DOWN TO EARTH PRICES



Fiveways have installed the
very first of its kind in Britain:

A BEAR TELEMATIC ALIGNMENT MACHINE

capable of precise
measurements on steering
and wheel alignment — two
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SPECIAL 10% DISCOUNT

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FROM ONLY
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**WE NOW STOCK: BRAKE PADS
DISC ● SHOCK ABSORBERS ●
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BSM WHETSTONE 445 0757

BSM EDGWARE 958 9029

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BSM CRICKLEWOOD 452 2909



We're right by your side.

L DRIVERS

PRE-TEST LECTURES

Evening Learner-Driver pre-test illustrated lectures 7.30pm—9pm.

For further information and dates contact:
The Road Safety Unit of the Engineering Services Division
of the Directorate of Technical Services.

A TWO PART ILLUSTRATED LECTURE FOR CAR DRIVERS

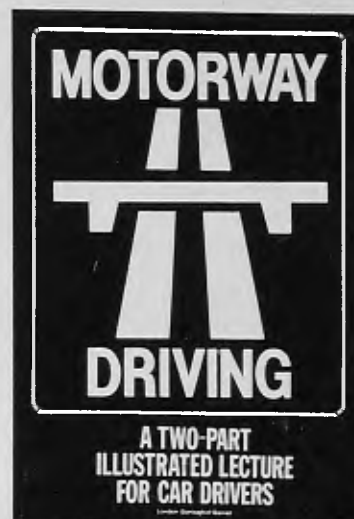
PART 1: Theory on
Motorway Driving at the
Road Safety Centre.

Part 1: 22nd September
Part 1: 17th November

Part 2: At the Metropolitan
Police Garage, Finchley

Part 2: 29th September
Part 2: 24th November

Course Fee £2.50



Ring: 01-446 8511

LONDON BOROUGH
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DRIVERS PRE-TEST LECTURES

Evening Learner-Driver pre-test illustrated
lectures 7.30pm-9pm

Book Now For: Sept 15th, Oct 13th, Nov 10th, Dec 8th

For further information and course dates contact:

The Road Safety Unit of the Engineering Services Division of the Directorate of Technical
Services on

01-446 8511 ext 4340

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barnet



PHONE FOR DETAILS

MOTORCYCLISTS MOPED RIDERS SCOOTERISTS

A six week training course is available to prepare
you for the Department of Transport Tests — Part I
and II. The Part I Test can be booked through The
Road Safety Unit of the Engineering Services
Division of the Directorate of Technical Services.

Courses start 10th Sept, 29th Oct
Phone 446 8511 ext 4340 for details.

LOCAL OPPORTUNITIES

- Regularly reviewed wages
- Generous leave entitlements
- Pleasant working conditions • Opportunities for advancement
- In-service training/supervision • Worthwhile employment helping the community

For full-time posts we offer - canteen facilities, a minimum of 20 days' basic annual leave and additional leave at most Bank Holidays. Assistance with housing, 100% of removal expenses and interest-free loans for annual seasons tickets may be available in approved cases.

CHIEF EXECUTIVE & TOWN CLERK'S DEPARTMENT

LEGAL DIVISION

Legal Executive

Salary: Scale SO1/2/PO1 £11,808 — £14,244 per annum inclusive. There is a bar point at £13,620. Progression through the bar is subject to qualification and performance.

We have a vacancy for an experienced Legal Executive for varied duties with a bias towards Highways Law and Financial matters.

A generous relocation package is also available.

Closing date:

14th August, 1987.

Application forms available from address No. 1. Please quote reference 600/LE.

DIRECTORATE OF HOUSING & ENVIRONMENTAL SERVICES

Estate Officer

Salary: Scale 4/5/6. Up to £11,385 per annum inclusive (£11,625 from 1.2.88). Plus Essential User Car Allowance.

We are seeking a person with a professional, mature attitude, who has either: previous experience in estates management; or in an area of work with related experience, preferably with housing connections.

Officers need to have a car, for which we provide attractive loan facilities. overtime is available subject to approval and the post is open to job share.

The starting salary is negotiable within a career grade and is subject to previous related experience and/or qualifications.

Closing date:

13th August, 1987.

Application forms and detailed job profiles available from address No. 1. Please quote reference 9/1/3156.

Estate Assistant

Salary: Scale 3 £7,689 — £8,241 per annum inclusive. Plus Casual User Car Allowance.

Are you looking for a professional career in Housing? If you have the necessary drive and ability to relate sympathetically but firmly to members of the public you may be the person we are looking for.

The post of Estate Assistant is attached to a District Team and offers the opportunity to gain experience in all aspects of Estates Management, including arrears control, tenancy problems, consultation, Tenants' Associations and supervision of Caretakers. It combines training with the opportunity to gain practical experience which will include both office based administrative tasks and supervised fieldwork.

You should be educated to at least 'O' level standard, preferably 'A' level, and experience in other fields will also be taken into account. Study facilities for the Institute of Housing Professional Qualification will be available in most cases.

You should hold a current driving licence as a car is required for official duties.

Closing date:

13th August, 1987.

Application forms available from address No. 1. Please quote reference 9/1/3420.

Technical Assistant

Salary: Scale 3/4 £7,689 — £9,297 per annum inclusive.

The Technical Assistants support Environmental Health Officers in their day-to-day operations. The work is varied and involves inspections and visits to all types of premises to check standards and progress of work, for which training will be given. You should be able to deal sensibly with people,

sometimes in an enforcement role.

Essential Car User Allowances are attached to each post and therefore a driving licence and provision of a car is necessary. The Department is located in recently refurbished offices in Whetstone, N20, and excellent facilities are provided. A new computer information system is currently being implemented.

The Borough ranges from recreational facilities and parkland to some areas of older housing and working conditions are stimulating and pleasant.

Closing date:

27th August, 1987.

Application forms available from address No. 1. Please quote reference 9/2/2123.

Clerical Assistant

Salary: Scale 1/2 £6,075 (at age 21) — £7,524 per annum inclusive.

Can you:

- Work under minimum supervision in a busy office?
- Provide clerical and administrative back-up to a team of surveyors carrying out major works to the Borough's housing stock?

If so, we would like to hear from you.

Your duties will include:

- ★ Keeping records;
- ★ liaison with other Council Departments and outside bodies by telephone and letter;
- ★ dealing with tenants' enquiries relating to improvement schemes.

In addition, you will undertake associated clerical work including:

- ★ Processing of tenant allowances;
- ★ maintenance of the technical library;
- ★ logging and circulating mail.

You will also be expected to undertake relief duties for the other clerical assistants in the

section.

Closing date:

13th August, 1987.

Application forms available from address No. 1. Please quote reference 9/1/2051.

ENVIRONMENTAL HEALTH DEPARTMENT

Building Liaison Officer (Part-time — 18 hours per week)

Salary: Scale SO1 £5,904 — £6,271 per annum inclusive.

This newly created post is attached to the team of officers dealing with unsatisfactory private sector housing in the Borough.

Closing date:

13th August, 1987.

Application forms and job profiles from address No. 1. Please quote reference 9/2/2401.

where to apply

1. Recruitment Office, 16/17 Sentinel Square, Brent Street, Hendon, London NW4 2EN
Tel: 01-202 8282 Ext 424
(01-202 6602 24 hr ansaphone outside office hours).
2. Application forms from the Assistant Controller (Support Services), Barnet House, 1255 High Road, Whetstone, London N20 0EJ.
Tel: 01-446 8511 Ext 4460 (ansaphone during office hours) or Ext 4454
3. Director of Educational Services, Town Hall, Friern Barnet, London N11 3DL
Tel: 01-368 1255
4. Director of Social Services, Ivy House, 1331 High Road, Whetstone, London N20 9HZ
Tel: 01-446 6857 (24 hr answering service)
5. Borough Librarian, Ravensfield House, The Burroughs, Hendon, London NW4 4BE
Tel: 01-202 5625 Ext 48

Please quote the reference number

With a good employer

AN AUTHORITY COMMITTED TO EQUAL OPPORTUNITIES

LONDON BOROUGH
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LOCAL OPPORTUNITIES

- Regularly reviewed wages
- Generous leave entitlements
- Pleasant working conditions • Opportunities for advancement
- In-service training/supervision • Worthwhile employment helping the community

For full time posts we offer - canteen facilities, a minimum of 20 days' basic annual leave and additional leave at most Bank Holidays. Assistance with housing, 100% of removal expenses and interest-free loans for annual seasons tickets may be available in approved cases.

ENVIRONMENTAL HEALTH DEPARTMENT

Technical Officer

Salary: Scale 5 £9,528 — £10,392 per annum inclusive.

The Technical Officer heads a small team of technical staff supporting and assisting the professional officers. Your day-to-day work will be varied and will involve inspections and visits to all types of premises to check standards and progress of work. The necessary training will be given if required. You should be able not only to deal with the public sensibly, sometimes in an enforcement role, but also to lead and motivate others in a supervisory role. For further information please telephone Roger Walker on 01-446 8511, ext 4143.

Closing date:
14th August, 1987.

Application forms and job profiles from address No. 1. Please quote reference 9/2/2102.

Full and Part-time (18 hours) Team Clerks

Salary: Scale 3 £7,689 — £8,241 per annum inclusive for full-time or £3,844 — £4,120 per annum inclusive for part-time.

Our Improvement Grant Team is anxious to fill the above mentioned posts. Your part in the team will be to receive telephone enquiries, typing, some VDU work and associated clerical duties. We have a yearly programme of £2 million to assist leaseholders to repair their properties and this important service needs bright cheerful people to deal with the public's enquiries.

Training will be given and the recently refurbished offices in Whetstone, N20, including

staff restaurant, provide a stimulating and pleasant working environment.

Closing date:
14th August, 1987.

Application forms and job profiles available from address No. 1. Please quote appropriate reference 9/2/1126 (F/T) or 9/2/1128 (P/T).

DIRECTORATE OF EDUCATIONAL SERVICES

Senior Home Economics Technician

Whitefield School, Claremont Road, Cricklewood, NW2

Salary: Scale 4 £6,997 — £7,747 per annum inclusive. Hours: 36 per week, 40 weeks per annum.

You will be responsible for the day-to-day management of the Borough's Home Economics Technician Service with particular reference to training requirements, as directed by the Adviser for Home Economics Education. Basic computer skills, awareness of Health and Safety Food/Drugs regulations, and practical experience of using and maintaining domestic equipment are important. The ability to plan, organise and work both independently and with a variety of people at all levels, is essential. Casual car user allowance available.

Closing date:
13th August, 1987.

Application forms available from address No. 1. Please quote reference ADM/E/177/711.

Home Economics Technicians

Salary: Scale 1/2 Full-time £6,075 (at age 21) per annum inclusive. Hours: 14-30 per week, 40 weeks per annum.

From September, 1987, the London Borough of Barnet is introducing a technician support service for Home Economics. There are vacancies in a number of schools throughout Barnet and the hours of work available will vary from school to school. Duties will include the management of foods, materials and equipment. Abilities such as keyboard skills, and display of food would be an asset. All technicians will be given basic training relating to Health and Safety issues and other training will be available according to need.

This is a physically demanding post where you will need a lively interest in your work and initiative, tempered with an appreciation of order and humour.

The ability to drive would be an advantage.

A list of schools and hours available will be forwarded with the application form.

Closing date:
13th August, 1987.

Application forms available from address No. 1. Please quote reference 603/711.

Laboratory Technician

East Barnet Upper School, Chestnut Grove, Cat Hill, EN4 8PU

Salary: Scale 1/2 £3,073 — £5,051 per annum inclusive. Hours: 29 per week, 40 weeks per annum.

We are looking for a Laboratory Technician to work in the school Physics laboratory. Knowledge of Physics and Electronics would be an advantage.

Closing date:
13th August, 1987.

Application forms available from address No. 1. Please quote reference ADM/S/157/232.

Nursery Nurse

Hampden Way Nursery, Osidge Lane, N14

Salary: £5,802 — £6,963 per annum inclusive. Hours: 32½ per week, 40 weeks per annum.

Required for September at the above school. You must be NNEB qualified.

Closing date:
13th August, 1987.

Application forms available from address No. 1. Please quote reference ADM/S/002/631.

YOUTH AND COMMUNITY SERVICE

Temporary Supervisor

(Part-time)

Whitefield All Weather Pitches, NW2

Rate of Pay: £3.83 per hour

A supervisor is required on a two hourly sessional basis regarding community use of two all weather pitches on weekday evenings and school holiday periods.

Closing date:
13th August, 1987.

Application forms and further details available from address No. 1. Please quote reference ADM/E/DB.

where to apply

For application forms please apply to the appropriate address listed on the facing page.

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LONDON BOROUGH
barnet

LOCAL OPPORTUNITIES

- Regularly reviewed wages
- Generous leave entitlements
- Pleasant working conditions • Opportunities for advancement
- In-service training/supervision • Worthwhile employment helping the community

For full-time posts we offer – canteen facilities, a minimum of 20 days' basic annual leave and additional leave at most Bank Holidays. Assistance with housing, 100% of removal expenses and interest free loans for annual seasons tickets may be available in approved cases.

HENDON COLLEGE OF FURTHER EDUCATION

Assistant College Caretaker

(Two Year Contract)

Rate of Pay: £145.16 per week inclusive of London Weighting and College allowance.

Hours: 30 per week on a rota shift system between 6.30am and 10.30pm, Monday to Friday.

An Assistant College Caretaker is required at one of the college sites. The work involves cleaning, portage of general servicing of the premises under the direction of the College Caretaker. Additionally, it may be necessary to act as relief caretaker for short periods on other college premises.

Closing date:
14th August, 1987.

Application forms and further details available from the Chief Administrative Officer, Hendon College, Corner Mead, Grahame Park, Colindale, London NW9 5RA. Telephone 01-200 8300 ext 219. Please quote reference 899/470.

LIBRARIES DEPARTMENT

Caretaker

(Non-Residential)

Wanted at Childs Hill Library/Relief, 320 Cricklewood Lane, London NW2 2QE.

Rate of Pay: £115 approximately (inclusive) for 39 hours per week.

Closing date:
28th August, 1987.

Application forms and further details from address No. 5. Please quote reference 607/C.

BOROUGH TREASURER'S DEPARTMENT

Group Leader

(Social Services Debtors)
Salary: Scale 5/6 £9,528 — £11,385 per annum inclusive.

The Income Section is being restructured from 1st October, 1987, to provide for a division of control responsibilities between General and Social Services Debtors. You will lead the Social Services Debtors team, whose responsibilities will encompass the areas of Residential and Community Care.

Closing date:
13th August, 1987.

Application forms available from address No. 1. Please quote reference 601/530.

DIRECTORATE OF TECHNICAL SERVICES

DEVELOPMENT SERVICES DIVISION

ARCHITECTURE GROUP

Career Grade Architects/Architectural Assistants

Salary: Scale 5-SO2 £9,528 — £13,620 per annum inclusive. Starting point depending on experience and qualifications. Plus Casual User Car Allowance.

We offer real opportunities for career advancement to architects with a commitment to public sector practice. We are looking for talented and enthusiastic staff; experienced technical people who can demonstrate initiative, imagination and the ability to meet time and cost targets.

For an informal discussion, please telephone John Storer, on 01-446 8511 ext 4303.

Closing date:
13th August, 1987.

Application forms available from address No. 4. Please quote reference DTS/512.

Quantity Surveyors/Assistant Quantity Surveyors

(5 posts)

Salary: From £9,528 — £15,120 per annum including London Weighting, starting salary dependent on qualifications, experience and ability.

You will be a Chartered Quantity Surveyor or on a course of study leading to this qualification, for which day release facilities are available. For an informal discussion regarding these posts please telephone the Principal Quantity Surveyor, Mr J. Mead, on 01-446 8511 ext 4578.

Closing date:
14th August, 1987.

Application forms are available from address No. 2. Please quote reference DTS/552-556.

Can you take the lead in Fuel Efficiency in Barnet?

Senior Fuel Efficiency Officer

Salary: Scale PO1/2 £13,257 — £15,039 per annum inclusive. Plus Essential Car User Allowance.

A professional qualification in energy management, building services or an allied discipline is desirable, but more importantly you should have a track record of practical achievement in the fuel efficiency/energy conservation field and the personal qualities essential for this post.

For an informal discussion telephone IAN TAYLOR on 01-446 8511 ext 4570.

Closing date:
3rd September, 1987.

Application forms are available from address No.

4. Please quote reference DTS/590.

DIRECTORATE OF SOCIAL SERVICES

Part-Time Domestic Assistant

Rate of Pay: £77 per 27½ hour week.

Etchingham Park, a Day Centre for 45 elderly people in Finchley, N3, has a vacancy for a person to undertake general cleaning and tidying duties in the kitchen area.

Hours: 10.00am-3.30pm, Monday to Friday.

Closing date:
13th August, 1987.

Please apply to Mrs Panayi, Etchingham Park Day Centre, 1 Etchingham Park Road, Finchley, N3. Tel: 01-346 5295. Please quote reference DSS/PTDA.

Where to apply

1. Recruitment Office, 16/17 Sentinel Square, Brent Street, Hendon, London NW4 2EN
Tel: 01-202 8282 Ext 424
(01-202 6602 24 hr ansaphone outside office hours).
2. Application forms from the Assistant Controller (Support Services), Barnet House, 1255 High Road, Whetstone, London N20 0EJ.
Tel: 01-446 8511 Ext 4460
(ansaphone during office hours) or Ext 4454
3. Director of Educational Services, Town Hall, Friern Barnet, London N11 3DL
Tel: 01-368 1255
4. Director of Social Services, Ivy House, 1331 High Road, Whetstone, London N20 9HZ
Tel: 01-446 6857
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5. Borough Librarian, Ravensfield House, The Burroughs, Hendon, London NW4 4BE
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DIRECTORATE OF SOCIAL SERVICES

FLIGHTWAYS DAY CENTRE Instructor

Salary: £7,524 — £8,994 per annum inclusive with possible progression to £9,789 per annum, subject to appropriate qualifications.

If you have the necessary qualification (CSS/CQSW/OT/Teaching) and/or considerable relevant experience, please contact: Stephen Swales for informal discussion — Tel: (01) 205 5803.

Closing date:
13th August, 1987.

Interview date:
8th September, 1987.

Application forms available from address No. 4. Please quote reference 633/215.

Beach Lodge, a home for 34 elderly people in Finchley, N3, has the following vacancies:

Care Assistant

Rate of Pay: £116 for a 39 hour week.

You will attend to the personal physical needs of the clients, including feeding, bathing, toileting and dressing.

A shift system worked over a 3-week rota is in operation, and you will work a minimum of 2 late shifts and 3 early ones in this period. A higher rate of pay applies at weekend and public holidays.

Ref: BL/CA.

Assistant Cook (Part-Time)

Rate of Pay: £2.94 per hour.

You will cover for the Cook in her absence, preparing one cooked, and one semi-prepared meal per day, for all the residents and present staff. Hours: Monday and Friday each week, 9.30am-6.30pm, and 9.30am-5.30pm respectively.

Ref: BL/AC.

Closing date:
13th August, 1987.

Please apply to Miss Pat Burchill, Beach Lodge, 66 Hendon Lane, Finchley, London N3. Telephone: 01-346 5522. Please quote appropriate reference.

Flower Lane Social Education Centre, situated in Mill Hill, offers social, educational and recreational activities for mentally handicapped adults and has the following vacancies:

Centre Attendant

Rate of Pay: £100 per 36 hour week

You will work with teaching and activity groups, under the supervision of instructors, preparing and clearing teaching areas, escorting people to appointments and activities outside the Centre, and dealing with personal physical needs including washing and toileting. Applicants should be bright, energetic and have an interest in working with mentally handicapped people.

Hours: 9.00am-5.00pm, Monday to Friday.

Ref: CA/FL.

Lunchtime Kitchen Assistant

Rate of Pay: £28 per 10 hour week.

Your duties will include serving meals, washing up, and general cleaning and tidying.

Hours: 12.20pm-2.20pm, Monday to Friday.

Ref: LKA/FL.

Closing date:
13th August, 1987.

Please apply to Helga Kerr, Flower Lane Social Education Centre, 41 Flower Lane, Mill Hill, London NW7. Tel: 01-959 7494. Please quote appropriate reference No.

Assistant Officer-in- Charge

Residential Setting for Elderly People (Temporary Post)

Is this the opportunity you have been waiting for?

We are seeking an experienced person for this post (for two years) to cover for secondment to professional training.

Salary: NJC5 £10,392 — £12,180 per annum inclusive.

You will be based at Morton Lodge, a purpose-built setting, situated in New Southgate, N11.

For informal enquiries and to arrange an informal visit to Morton Lodge, telephone Nancy Nelson, Officer-in-Charge, on 01-368 3857 or Anne Marshall, Management Officer on 01-446 1488 ext 4261.

Closing date:
13th August, 1987.

Application forms available from address No. 4. Please quote reference 633/306.

NAPS BURY HOSPITAL

Social Worker — Resettlement

Salary: £10,704 — £12,543 per annum inclusive. Plus Essential Car User Allowance available, and assisted car purchase scheme.

We are looking for a qualified social worker who has a commitment to the philosophy of good 'Care in the Community'.

Applicants who are approved social workers under the Mental Health Act 1983 will be given preference.

You should contact us to arrange informal visit. Please ring Margaret Matthews, Principal Social Worker, on Bowmans Green (0727) 23333 ext 231/245.

Closing date:

14th August, 1987.

Interview date: during the week ending 28th August, 1987.

Application forms available from address No. 4. Please quote reference 634/858.

Careworker

12 Osprey, NW9

Salary: Scale 3 £7,689 — £8,241 per annum inclusive.

We are looking for an experienced and qualified Careworker (NNEB or Playgroup trained) for this Nursery group plus after school scheme.

Closing date:
14th August, 1987.

Application forms available from address No. 4. Please quote reference 633/712.

Where to apply

1. Recruitment Office, 16/17 Sentinel Square, Brent Street, Hendon, London NW4 2EN
Tel: 01-202 8282 Ext 424
(01-202 6602 24 hr ansaphone outside office hours).
2. Application forms from the Assistant Controller (Support Services), Barnet House, 1255 High Road, Whetstone, London N20 0EJ.
Tel: 01-446 8511 Ext 4460
(ansaphone during office hours) or Ext 4454
3. Director of Educational Services, Town Hall, Friern Barnet, London N11 3DL
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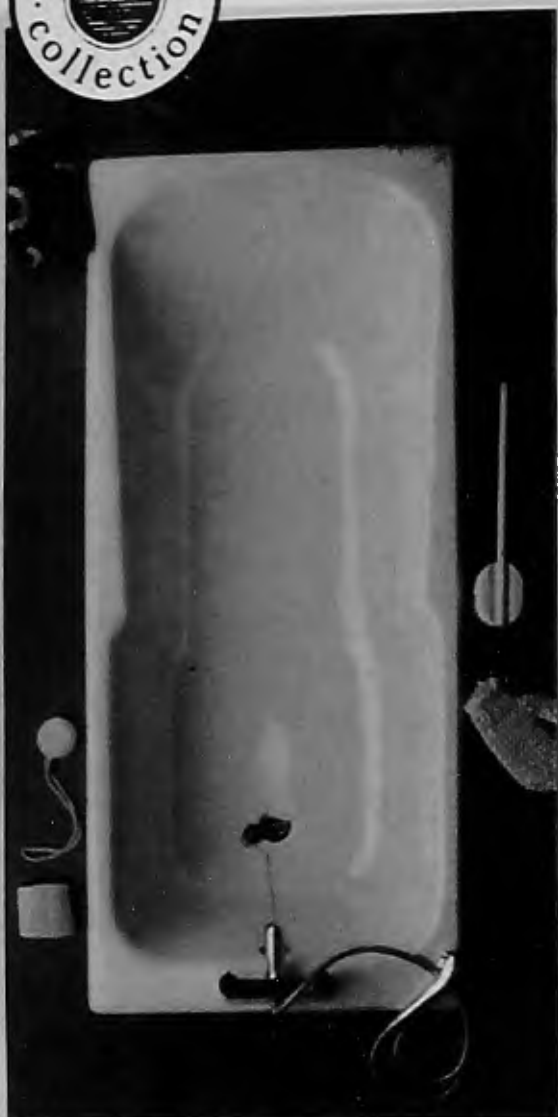
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