

barnetfirst

The council magazine bringing you news and community information

issue 76 December 2018



Season's Greetings!
page 20

MARC DAY
Writer & Director

MILLFIELD THEATRE PROUDLY PRESENTS

STUART MORLEY
Musical Supervisor

EMMA ROGERS
Choreographer

A Traditional, Magical Pantomime



29 NOVEMBER 2018 – 6 JANUARY 2019



Paul
Cleveland
as Madame Fifi

Adam
Braidley
as Gaston

Lottie-Daisy
Francis
as Beauty

James Edge
as The Beast/
Prince Phillippe

Alex Scott
Fairley
as Witch Heather

Guido Garcia
Lueches
as Louis

Philip
Lee
as Professor

MILLFIELD
THEATRE **30!**

Millfield Theatre, Silver Street, Edmonton N18 1PJ

Box Office: 020 8807 6680 www.millfieldtheatre.co.uk



Leader's column

It's hard to believe that we are at the end of another year and Christmas is only around the corner. Please remember to support your local shops during the festive season. We'll be providing free parking (page 4) once again in car parks at weekends throughout December.

It has been another extremely busy and productive year in the borough. There have been so many highlights, including construction work starting on our two brand new leisure centres and continued work on new homes. Building work on Barnet's £6.5million OnSide Youth Zone (page 23) also started this year. It will be the first in North London when it opens next summer, offering sports, arts, music, drama, enterprise jobs, counselling and much more. And all of this will be on offer for just £5 a year membership and 50p per visit.

I'd like to congratulate our fantastic pupils in Barnet who recently topped national GCSE league tables this year (page 6). Provisional results show Barnet was ranked second highest in the country based on Progress 8 scores.

The council announced a review of its contract with Capita earlier this year. Members will discuss the recommendations put forward by officers at Policy and Resources Committee on Tuesday 11 December. The main recommendation is that Finance and Strategic HR will return to be run by the council in April 2019.

The council has also agreed a £4.12m payment from Capita to settle historical commercial issues. The proposed settlement was put forward to Urgency Committee at the end of November for members to consider.

The procurement contract with Capita has also been changed. They collected a proportion of every saving made. That will now end. Last year, the council paid them around £2million.

Barnet's new recycling and waste collections began earlier last month. This is biggest change to our waste and recycling collections in 15 years. We are continuing to work hard to complete all collections on the new scheduled collection days.

Whilst collections are progressing well, we will continue to focus on the areas where more work is required to ensure collections go smoothly. My apologies for any difficulties that have been experienced by local residents.

I'm sad to report there was a fire in a block of flats in East Finchley last month. I would like to thank London Fire Brigade, officers from Barnet Homes and the council, as well the volunteers and community, who have all worked so efficiently since the fire to help affected residents.

This was an example of first class public service. A very big thank you to everyone who turned out in the middle of the night to help residents and in the following days.

Finally, nominations for the 2019 Civic Awards (page 7) are now open. This is a great opportunity to celebrate the achievements of those who deserve recognition for their outstanding achievements and contribution to the borough.

I wish you all a merry Christmas.



Richard Cornelius



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When you have finished reading our magazine, please recycle.

Contact us

Barnet First is a magazine filled with local news and community information for the borough of Barnet – issue 76, December 2018.

Alternative formats of Barnet First are available only upon request. If you would like a copy of Barnet First in large print or on tape, please email: barnet.first@barnet.gov.uk

Barnet First is produced by the London Borough of Barnet's Corporate Communications Team.

To contact the editorial team, email: barnet.first@barnet.gov.uk



You can see back issues of Barnet First magazine at: www.barnet.gov.uk/barnetfirst

Turning empty houses into homes

Have you heard about our grants to help bring empty homes back into use so that we can meet the housing needs of our residents?

There's our Empty Homes Grant for renovation works – we have £15,300 to offer for a one-bedroom property, £20,400 for two bedrooms and £25,500 for three

or more. Grants can be used to convert your property into self-contained flats, bring it up to the 'decent homes' standard, or demolish and rebuild it. It can also be used for electrical rewiring, updating bathrooms and kitchens, providing heating or hot water, damp proofing, and more.

We also have grants of up to £20,000 for people who are in hospital or social care, for any adaptations they may need to return home safely.

Contact empty.properties@barnet.gov.uk or **0208 359 4359** to learn more.



Applying for a parking permit is about to get even easier

From 1 February 2019, we'll be introducing a new system to make the process of applying for a parking permit or a parking voucher even easier.

Through the new system, NSL Apply, all of your parking permits and visitor vouchers will be viewable in one place. You won't need to remember a PIN number to access the system as you'll just need to enter a password which can be easily reset online if forgotten – there'll be no need to call us. Our current system will close on 31 January but don't worry, your parking permits and visitor vouchers will remain valid.

Before 31 January you will receive an email from our Parking service with a clickable link. By clicking the link you'll be giving your consent for your details to be transferred over to the new system.

If your parking permits aren't due to expire, then you won't need to do anything else. When you come to renew your permits, please take a look at our user guides which will be available on our website in 2019 – www.barnet.gov.uk/parking.



Council contact centre between Christmas and New Year

If you need to contact us over the festive period, our customer contact centre will be open as usual between Christmas and New Year (apart from 25 – 26 December and 1 January 2019, which are bank holidays).

However, the out-of-hours service will still be answered 24 hours a day for emergencies. For details of your festive recycling and waste collections turn to page 19.

For any enquiries, contact us on tel: **020 8359 2000**. Adult Social Care Direct can be reached on tel: **020 8359 5000** or after hours on tel: **020 8359 2000**.

FREE festive parking

This holiday season, we'll be providing shoppers and visitors with free parking every weekend in December. Everyone using our high streets will be able to park for free on pay-to-park bays and in council-owned car parks.

The dates you can park for free are:

1 – 2 December

8 – 9 December

15 – 16 December

22 – 23 December

29 – 30 December

For more information, visit: www.barnet.gov.uk/parking



Working with communities to keep Burnt Oak clean and safe

This autumn, we introduced Barnet's first Public Space Protection Order (PSPO) which will help us and local police officers tackle street drinking in Burnt Oak.

Those who drink alcohol on the streets, within the restricted area, may face enforcement action which includes a fine of up to £1,000.

As well as introducing the PSPO, we also installed new CCTV cameras, repaired fencing and gated off stairwells. Working with local police and partners we will raise awareness of the work we're doing to keep Burnt Oak clean, green and safe, work with businesses and residents to raise awareness of the correct way to dispose of recycling and waste. We will also step-up enforcement action against those who commit anti-social behaviour or environmental crimes.

Our Street Scene officers have also been supported by Community Payback to clear litter in Burnt Oak. The clean-up sessions – which have already started – are led by us, the Metropolitan Police, the London Community Rehabilitation Company and the Probation Service.



Barnet's first Public Space Protection Order

keeping your neighbourhood clean, green and safe.



It is a crime to drop litter or to dump waste (also known as fly-tipping). If you're caught littering, you could receive a fine of up to £100. If you're caught fly-tipping you could receive a £400 fine or face a criminal prosecution.

Please make sure you take your litter home or use a bin. If you spot fly-tipped waste, please report it by visiting:

www.barnet.gov.uk/report-a-problem.



**FINED
£100**



**FINED
£400**

If you witness street drinking or anti-social behaviour, please phone **101** or contact: **SX-SNTBurntOak@met.police.uk**

Barnet schools lead the way

Pupils in Barnet have topped national GCSE league tables this year. Provisional results released by the Department for Education show Barnet was ranked second highest in the country based on Progress 8 scores, which gauge the progress made by each student during their time at secondary school.

Barnet was behind only The Isles of Scilly, which had just 14 students sitting exams this year, compared to over 3,400 in Barnet.

The average Attainment 8 score, which is a way of measuring pupils across eight qualifications including maths and English, saw the authority ranked fifth highest nationally.

This year also saw students perform extremely well in other exams.

The number of Key Stage 2 pupils reaching the expected standard in reading, writing and maths rose, placing Barnet eighth highest in the country, while the number of students achieving three or more A grades at A Level resulted in Barnet being placed as sixth best performing authority in the country.

Councillor David Longstaff, Chairman of the Children, Education and Safeguarding Committee, said: "It is absolutely fantastic to see Barnet leading the way nationally. It really shows the quality of the schools we have in Barnet and the teaching they offer."

"The results are testament to the tremendous hard work put in by pupils, teachers and all of our school community.

"We are very proud of all that they have achieved."



Our primary schools are more popular than ever

Last year every parent who applied got a place for their child

Online applications are now open,
closing date is 15 January 2019

www.eadmissions.org.uk



Apply online at: www.eadmissions.org.uk

For a quick, easy and secure application online

Barnet teachers scoop national awards

The achievements and passion of one of Barnet's teachers have been recognised after he scooped a prestigious national award to be named Primary School Headteacher of the Year.

Chris Flathers, who has served as headteacher for the Orion Primary School, Edgware, since 2000, and nearby Goldbeaters Primary School since 2004, received the accolade during a special ceremony televised on BBC2 as part of the Pearson Teaching Awards.

The award acknowledged his inspirational work as a headteacher, as well as his support of pupils' families and the wider community through numerous projects, such as the five-week long learning festival 'GO FEST', holiday clubs, weekend football and the recently launched 'BYT' charity.

Under Mr Flathers' leadership, the schools have clocked up five outstanding OFSTED grades. This year, both schools received Mayor of London 'Schools for Success' awards.

Chris said: "I have worked very hard for the community over many years and so appreciate the unbelievable support given to me by everyone. This award is dedicated to the amazing people of Grahame Park and Burnt Oak and to the incredible staff past and present who work alongside me in making learning and lives better."

This year's national awards also saw two other teachers from Barnet recognised.

Tom Knott from The Totteridge Academy received a silver award for Teacher of the Year in a Secondary School, while Jane Woo from Christ's College, Finchley, received a silver award for Outstanding New Teacher of the Year.

For more information on the Pearson Teaching Awards visit: www.teachingawards.com



Nominations open for Mayor's Civic Awards

If you know an unsung hero that deserves recognition, then now is your chance to show them some appreciation.

The categories are: Young Citizen of the Year, Outstanding Service to the Community, Business Award, and Lifetime Achievement Civic Award.

Now in their nineteenth year, the awards recognise and reward the amazing work done by community-minded people and groups in the borough. You can nominate them, and read about the winners of the last Civic Awards, at:

www.barnet.gov.uk/civic-awards

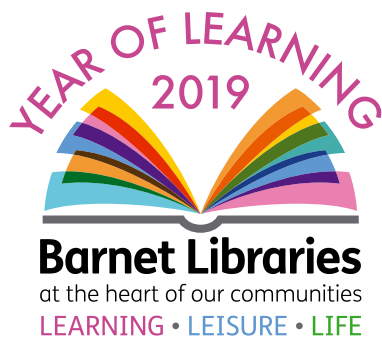
Hard copies of the nomination form are also available from libraries, council offices or by phoning the Mayor's office on 020 8359 2179. The deadline for nominations is Monday 31 December.

The Worshipful Mayor of Barnet, Councillor Reuben Thompstone, said: "I am looking for people who have gone above and beyond to serve our community, people who deserve our appreciation. If you know someone who fits the bill, nominate them now!"

Each nomination will be reviewed by a judging panel. The winners will be invited to a ceremony in Hendon Town Hall on Wednesday 3 April 2019 to receive their award.



Last year's Civic Award winners with the former Mayor of Barnet, Brian Salinger.



2019: Barnet Libraries' Year Of Learning

Barnet Libraries' Year of Learning is an exciting programme of events and learning opportunities for everyone in the borough which will run throughout 2019.

It will provide a range of activities so that you can try something different and learn new skills in our friendly and welcoming libraries across the borough. During the year, you could learn to juggle, attend a creative writing course, build a CV, improve your language

skills, attend a live music or theatrical performance, learn more about using social media such as Facebook and Instagram, make your own musical instruments, hear authors talk about their writing or attend an improv class.

CALENDAR OF EVENTS

<p>< JANUARY > M T W T F S S</p> <p>LEARN SOMETHING NEW</p>	<p>< FEBRUARY > M T W T F S S</p> <p>GET CREATIVE</p>	<p>< MARCH > M T W T F S S</p> <p>SCIENCE FACT AND FICTION</p>	<p>< APRIL > M T W T F S S</p> <p>GO GREEN</p>
<p>< MAY > M T W T F S S</p> <p>HEALTH and wellbeing</p>	<p>< JUNE > M T W T F S S</p> <p>MUSICAL</p>	<p>< JULY > M T W T F S S</p> <p>EXPLORE THE WORLD</p>	<p>< AUGUST > M T W T F S S</p> <p>READ READ READ</p>
<p>< SEPTEMBER > M T W T F S S</p> <p>GET ACTIVE</p>	<p>< OCTOBER > M T W T F S S</p> <p>GO DIGITAL</p>	<p>< NOVEMBER > M T W T F S S</p> <p>PERFORMING ARTS</p>	<p>< DECEMBER > M T W T F S S</p> <p>ALL ABOUT BARNET</p>

Follow @BarnetLibraries on Twitter or our Facebook page **BarnetLibraries** for all the latest information on the Year of Learning.

Why 2019?

2019 marks the centenary of the adoption of the Public Libraries Act in Barnet. The Year of Learning allows us to celebrate this milestone.

Where is it happening?

The Year of Learning takes place across all Barnet Libraries. Our Partnership Libraries are also involved. Everyone will be able to take part in an event at their local library.

How do I find out what events are taking place?

Check out our website for details of all the events www.barnet.gov.uk/YearofLearning and look out for the full programme which is available inside all libraries now.

Who can get involved?

Everyone! From birth through to old age, the Year of Learning will help library users to grow, develop, create and learn new skills.

The year-long programme includes baby sensory sessions, play and rhyme sessions for toddlers, craft activities and workshops for children, courses for teenagers, family events and a wealth of opportunities for adults of all ages including the young at heart.

What's happening each month?

We have chosen a wide range of themes so everyone can get involved in the Libraries Year of Learning, whatever your interests.

Can I take part by hosting an event?

We are pleased to be working with lots of local organisations as part of the Year of Learning. We're happy to discuss any ideas for events to add to the programme. Please contact libraryevents@barnet.gov.uk and we will get in touch with you.



Italian classes for adults in Barnet.

Established school of Italian opens new class in Barnet in January.

Fully qualified mother tongue teacher with experience.

Various levels offered at the school.

For info: laura@parlaitaliano.co.uk

or phone: 07941 092593

Or visit: www.parlaitaliano.co.uk



Learn Italian and
have fun!



@barnetlibraries
#LearningLeisureLife
www.barnet.gov.uk/libraries

Stay well this winter

Winter conditions can be seriously bad for our health, especially for people aged 65 or older, and people with long-term medical conditions such as bronchitis, emphysema, asthma, diabetes or heart or kidney disease.

Did you know?

Being cold can raise the risk of increased blood pressure, heart attacks and strokes. The cold and damp weather, ice, snow and high winds can all aggravate existing health problems and make you more vulnerable to respiratory winter illnesses. Follow the tips below to ensure you stay well this winter.

Get your flu jab

The flu virus strikes in winter and can lead to serious complications such as bronchitis and pneumonia. The flu jab is free if you're aged 65 or over, or if you have a long-term health condition. If you have young children or grandchildren they may also be eligible for a free flu vaccination. If you are the main carer of an older or disabled person you may also be eligible for a free flu jab, just speak to your GP or pharmacist. You can also find out more information by visiting: www.nhs.uk/getflujab

Feeling unwell?

At the first sign of a winter illness, even if it's just a cough or cold, you can get advice from your pharmacist before it gets more serious. The sooner you get advice from a pharmacist the better. Pharmacists are fully qualified to advise you on the best course of action. If you can't get to a pharmacist yourself, ask someone to go for you or call your local pharmacy.

* Tips for managing winter illness symptoms at home:

- Rest
- Keep your home at 18°C (65°F) or higher if you can
- Drink plenty of fluids
- Have at least one hot meal a day keep your energy levels up
- Use over-the-counter medications to help give relief

*This information is for general advice and information purposes only. Specific advice should be sought from the appropriate medical professional if necessary.



Look out for other people

Remember that other people, such as older neighbours, friends and family members, may need a bit of extra help over the winter. There's a lot you can do to help other people in the community.

Icy pavements and roads can be very slippery and cold weather can stop people from getting out and about. Keep in touch with your friends, neighbours and family and ask if they need any practical help, such as help with shopping.

If they need help over the holiday period when their GP practice or pharmacy is closed, call **NHS 111** and speak to a call adviser who will be able to direct you to a local service that is open. You can also find information at www.nhs.uk

Where to go for the right medical care this winter

GP, Pharmacy, or www.nhs.uk - For less urgent health needs, contact your GP or local pharmacist. You can also access NHS advice at www.nhs.uk

1



Call 111 - If you need medical help fast but it's not a 999 emergency, call NHS 111 for clinical advice, assessment and for direction to the most appropriate services for treatment.

2



START
HERE

4



Visit A&E or dial 999 - A&E departments deal with genuine life-threatening emergencies and should only be visited for cases such as:

- loss of consciousness
- acute confused state and fits that are not stopping
- chest pain
- breathing difficulties
- severe bleeding that cannot be stopped
- severe allergic reactions
- severe burns or scalds

For all life threatening emergencies always call 999

For more information and advice visit www.nhs.uk/staywell

3



Visit one of Barnet's three walk-in centres – at Edgware Community Hospital, Finchley Memorial Hospital and Cricklewood Health Centre. Use your walk-in centre if you need medical treatment or advice which does not need a visit to A&E. These centres treat most injuries and illnesses that are urgent but not life threatening. For example sprains and strains, broken bones, minor burns and scalds and minor head and eye injuries.

GP Hubs offer evening and weekend appointments

NHS Barnet Clinical Commissioning Group has commissioned Barnet Federated GPs to provide an extra 48,000 GP appointments available in the evenings and at weekends in Barnet, 10,000 more than last year. This means that Barnet residents can now access GP services from 8.00am to 9.00pm, seven days a week, including bank holidays. This service is called the Enhanced Access Service.

The extra appointments are provided from several GP practices or "hubs" in the borough. To book one of these appointments, contact your own GP practice during normal working hours and when your practice is shut, call **0203 948 6809** (available from 6.30pm to 8.00pm on weekdays, 8.00am to 8.00pm on weekends or bank holidays).

In order to support local accident and emergency (A&E) departments, the service is setting aside a number of these appointments on weekends for people who have attended A&E but would be better off being seen by a GP in a nearby practice. This will help to free up A&E and help those people who need it most to be seen quicker.

For more information on the Enhanced Access Service, visit <https://barnetfederatedgps.org.uk/> and for more information on services this winter visit: www.barnetccg.nhs.uk

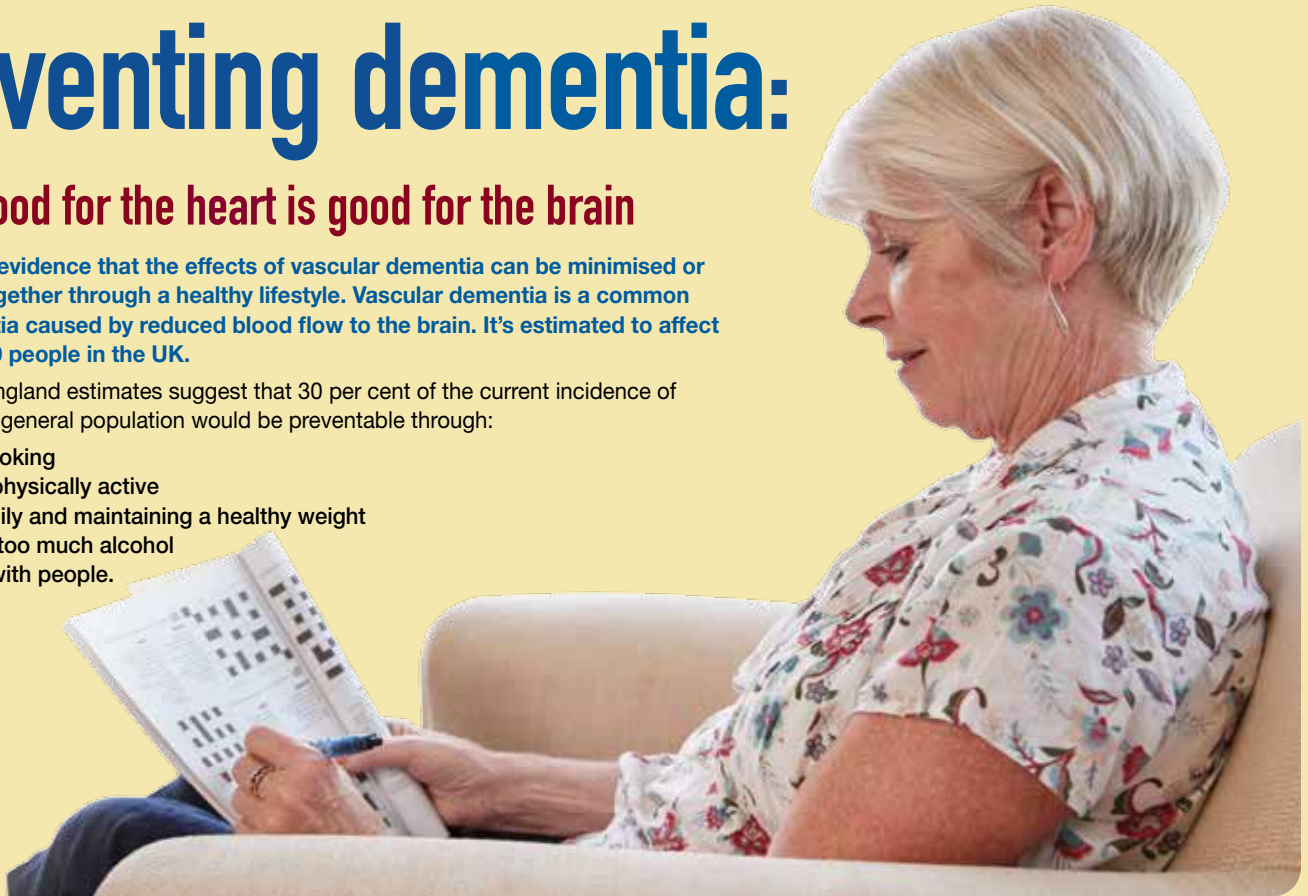
Preventing dementia:

What's good for the heart is good for the brain

There is some evidence that the effects of vascular dementia can be minimised or prevented altogether through a healthy lifestyle. Vascular dementia is a common type of dementia caused by reduced blood flow to the brain. It's estimated to affect around 150,000 people in the UK.

Public Health England estimates suggest that 30 per cent of the current incidence of dementia in the general population would be preventable through:

- giving up smoking
- being more physically active
- eating healthily and maintaining a healthy weight
- not drinking too much alcohol
- connecting with people.



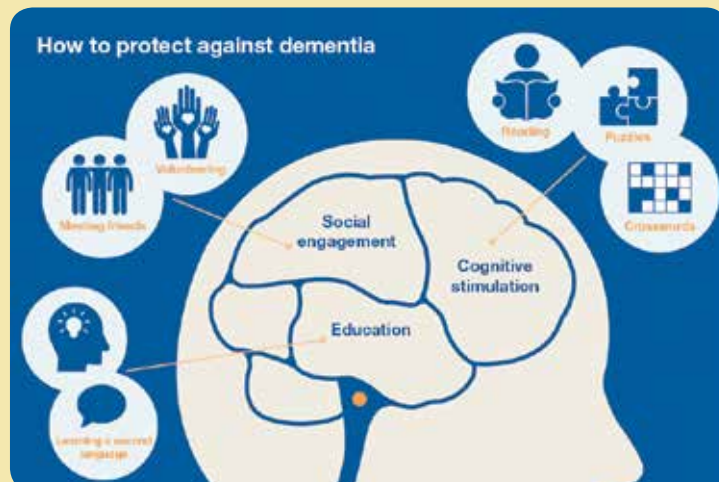
Keep your brain active and challenged

Research shows a 46 per cent lower risk of dementia in those with high levels of mental activity than those with low mental activity. Being socially active can help to reduce dementia risk by:

- improving your mood
- relieving stress
- reducing the risk of depression
- reducing loneliness.

Stop smoking

Smoking is the biggest risk factor for dementia and can double an individual's risk through narrowing the blood vessels in the heart and brain which can damage the brain.



Smoking is one of the biggest lifestyle risk factors for dementia



For more information about dementia services in Barnet please visit: www.barnet.gov.uk/citizen-home/adult-social-care/specialist-support/dementia.html

Keeping Barnet safe this Christmas

The Barnet Safer Communities Partnership, which includes the council and police, are working together to prevent burglaries and bring to justice those who commit burglaries in Barnet. In the last 12 months alone, there have been over 160 burglaries in Barnet for which the police have identified and brought the suspects to justice, an increase in the number of burglaries being solved by 35 per cent compared to a year ago.

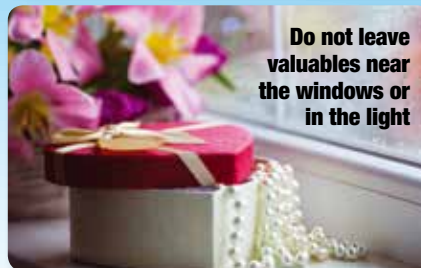
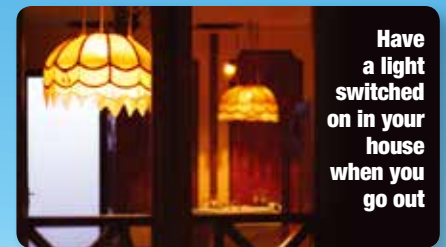


What's being done to tackle burglary?

- The police and council have expanded the Automatic Number Plate Recognition (ANPR) camera coverage. More roads in Barnet than ever before are protected by ANPR cameras, seven days a week, 24 hours a day, helping to prevent crime involving vehicles. Recently, evidence from the Barnet ANPR cameras was instrumental in the conviction of three men who had driven into the borough and committed an aggravated burglary.
- The Barnet Safer Communities Partnership has invested in the OWL (Online Watch Link) system to help keep you and your community safe and updated with the latest crime prevention advice from the police and Neighbourhood Watch.
- We are working closely with Neighbourhood Watch whose trained watch coordinators are delivering crime prevention advice to their local areas. In the last 12 months, the number of Neighbourhood Watches in Barnet has more than doubled.

What can you do?

There are simple steps you can take to protect yourself from burglary.



Councillor David Longstaff, the Chair of the Barnet Safer Communities Partnership, said: "The introduction of the OWL system to Barnet means that it's now easier than ever to get involved in your local Neighbourhood Watch and benefit from up to date, locally focused, crime prevention advice and information from the police, Neighbourhood Watch and local authority."



For more information on burglary crime prevention advice, visit: www.met.police.uk/cp/crime-prevention

For more information about or to sign up to OWL, visit: www.owl.co.uk/met

Domestic abuse – where to seek help

Cases of domestic violence and abuse rise significantly during the festive period. The spike in incidents can be related to factors such as financial pressure, increased alcohol consumption and being in closed quarters. Whatever the reason, there are no excuses.

Where to seek help:

You can access advice, information and support in a number of ways:

- If you require emergency assistance always call 999
- Drop into the **Barnet Domestic Violence and Abuse One Stop Shop** which takes place at Barnet House every Thursday 9.30am to 12.30pm, no appointment is needed. For further information call 0208 359 4797 or go to: www.thebarnetgroup.org/bh/applying-for-housing/domestic-violence/how-to-get-support
- If you are a victim of domestic violence and abuse and would like **one-to-one support and advice** you can contact **Barnet Solace Advocacy and Support Service** on 0203 874 5003, they can allocate a case officer to support you. For more information visit: www.solacewomensaid.org/get-help/barnet

- If you are fleeing domestic abuse and need **access to emergency refuge accommodation** and advice you can call the **24-Hour National Domestic Violence Helpline** on 0808 2000 247.



For further information please visit:
www.barnet.gov.uk/domesticviolenceandabuse

Donate to Live Unlimited whenever you buy online

Do you want to support Live Unlimited, a new charity inspiring Barnet's looked after children and care leavers to thrive?

If you answered yes, then you can shop online and donate without spending an extra penny through Easy Fundraising.

Easy Fundraising features thousands of your favourite retailers, including Amazon and John Lewis. Whether it's ordering your groceries, booking your holiday or doing your Christmas shopping, all you need to do is log on through the Easy Fundraising website (having registered us

as your chosen charity) and each time you shop the store will donate between half a percent and four per cent of your total purchase price to us.

To learn more about Live Unlimited please visit www.liveunlimited.org.uk.

To sign up to Easy Fundraising and start benefitting Live Unlimited, visit www.easyfundraising.org.uk/causes/liveunlimited


LIVE UNLIMITED
INSPIRING BARNET'S LOOKED AFTER YOUNG PEOPLE TO THRIVE

Become a Hate Crime Reporting Champion



If you witness a hate crime then please log what you've seen on the **True Vision website at report-it.org.uk** – which is accessible from any computer or mobile device.

This will help us target our resources – working with partners including Barnet Mencap and

the Metropolitan Police – to end hate crime through police patrols, community workshops and more.

You can also go directly to the police by phoning 101, or 999 in the case of an emergency.

However, for your own safety, please don't confront those who commit hate crime yourself.

RAF Museum honoured

The RAF Museum in Hendon has been awarded the Freedom of the Borough to celebrate its diligent preservation of the proud history of our nation’s 100-year-old Royal Air Force.



The Worshipful Mayor of Barnet, Councillor Reuben Thompstone with Maggie Appleton, RAF Museum CEO



together with the Royal Flying Corps to become the Royal Air Force in April 1918. The annual RAF air show at Hendon ran from 1920 to 1957, and was only interrupted by World War Two. Between 1920 and 1925, the crowds attending grew from 40,000 to more than 200,000. Today, the RAF Museum, which is free to enter, attracts more than 450,000 visitors every year.

The RAF marked its centenary in April 2018 and its station which operated as RAF Hendon – which is today part of the borough of Barnet – was globally known as the home of the RAF.

The Worshipful Mayor of Barnet, Councillor Reuben Thompstone, said: “This museum is a wonderful place, with fantastic exhibits. The awarding of the Freedom of the Borough to an organisation is the highest honour

that we can bestow. It recognises the close and sustained relationship between our borough and the museum over many years. I am privileged and honoured to help us celebrate that.”

The RAF Museum opened on the site of the former Hendon Aerodrome in 1972.

The Royal Naval Air Service had taken over Hendon Aerodrome in 1916. It was merged

Maggie Appleton, RAF Museum CEO, said: “On behalf of our trustees, staff, volunteers and visitors I am incredibly proud that the London Borough of Barnet has awarded the RAF Museum the Honorary Freedom of the Borough. Receiving this honour is the perfect way to end a fabulous year which has seen the museum transform to celebrate and commemorate 100 years of the Royal Air Force.”



Mark Holocaust Memorial Day with us

Holocaust Memorial Day will be marked in Barnet on Sunday 27 January 2019.

As it has been for several years, Barnet’s commemoration will be at the Rickett Quadrangle within Middlesex University in the Burroughs, Hendon. The memorial service will begin at 1pm and attendees are asked to arrive and be seated by 12.45pm.

The speaker for the event will be The High Commissioner for Rwanda, Her Excellency Yamini Karitanyi, marking the 25th anniversary of the genocide in Rwanda. The Holocaust Memorial Theme for 2019 is ‘Torn from home’. The full programme will be made available on our website at www.barnet.gov.uk in early January.

What's on this Christmas

Cinememories at Phoenix Cinema



Every Tuesday at Phoenix Cinema, 52 High Road, East Finchley, N2 9PJ.

With easy access and conveniently located by the 253 bus stop, Cinememories dementia-friendly screenings are free for anyone over 60 and two guests of any age, such as friends, family or carers. The screenings are shown with brighter lighting, quieter sound and an interval in the middle of the film for a sing-a-long and comfort break plus free coffee and popcorn.

Cost: FREE. Find out more at:

www.phoenixcinema.co.uk

Beauty and the Beast at Millfield Theatre

On now until Sunday 6 January at Millfield Theatre, Silver Street, Edmonton N18 1PJ.

Unmissable entertainment is guaranteed in a show packed with special effects, stunning costumes, beautiful scenery and, of course, lots of comedy that will have the whole family laughing along from beginning to end. Pantomime at its best!

Cost: £21 and £18 concessions.

Find out more at:

www.millfieldtheatre.co.uk

100 Open Cockpits & Cabs at RAF Museum

Saturday 8 December, 1pm to 4pm and 6pm to 9pm at RAF Museum, Grahame Park Way, Colindale, NW9 5LL.

To celebrate 100 years since the formation of the RAF, visitors will have the rare and exciting chance to get a closer look inside 15 cockpits and vehicles from the collection in these final sessions for 2018.

Cost: £13.50 per person (plus a 50p booking fee), £10 for Museum Members

Find out more at: www.rafmuseum.org.uk

Sunday Buzz: Inês and Haim at artsdepot



Sunday 9 December, 12.30pm at artsdepot, 5 Nether Street, Tally Ho Corner, North Finchley, N12 0GA.

Haim Choi and Inês Delgado invite you to explore the versatility and beauty of their wonderful instrument: the violin. With music ranging from opera to jazz, this promises to be an event that will please all audiences.

Cost: FREE. Find out more at:

www.artsdepot.co.uk

Gruffalo's Child at artsdepot



Tuesday 4 December to Sunday 6 January 2019 at artsdepot, 5 Nether Street, Tally Ho Corner, North Finchley, N12 0GA.

Tuesday Tall Stories returns, bringing Julia Donaldson and Axel Scheffler's award-winning sequel to life in this magical, musical adaptation.

Cost: £16 / £14 / Schools £10.

Find out more at:

www.artsdepot.co.uk



Get Cracking at Stephens House and Gardens



Sunday 9 December, 11.30am to 1pm and 2pm to 3.30pm at Stephens House and Gardens, 17 East End Road, Finchley, N3 3QE.

Make a traditional Christmas cracker, write your letter to Father Christmas with one of our quills and seal it with wax. Materials provided to make the cracker. Bring along a small gift to put in your cracker if you like.

Cost: FREE to drop in, £1 per child,

per cracker. Find out more at: [www.](http://www.stephenshouseandgardens.com)

[stephenshouseandgardens.com](http://www.stephenshouseandgardens.com)

Hippity Hop at artsdepot



Tuesday 11 December to Monday 31 December at artsdepot, 5 Nether Street, Tally Ho Corner, North Finchley, N12 0GA.

Poetry, puppetry, music and movement with the first ever interactive hip hop show for young children aged 2 - 5.

Cost: £12 / Schools: £10. Find out more at:

www.artsdepot.co.uk

Grahame Park Arts and Crafts Fair



Tuesday 11 December 2pm to 6pm at the Old Library, The Concourse, Grahame Park, Colindale, NW9 5XL (near Quakers Course bus stop)

Pop along and buy something for Christmas.

Cost: FREE



and New Year



Christmas Grotto at RAF Museum



Friday 14 December to Sunday 16 December at RAF Museum, Grahame Park Way, Colindale, NW9 5LL.

Every child will have the chance to meet Father Christmas one-to-one and receive a present and there will be a chance to take photographs at the end of your visit.

Cost: £7. Find out more at: www.rafmuseum.org.uk

Dick Whittington at The Bull Theatre

Saturday 15 to Monday 31 December at The Bull Theatre, 68 High St, Barnet EN5 5SJ.

The purr-fect panto for the whole family. Will Dick find gold on the streets of London and win the heart of fair Alice? Suitable for age 3+

Cost: From £12.50. Find out more at: www.thebulltheatre.com

Spud and Yam at Chipping Barnet Library



Monday 17 December, 10am to 11am at Chipping Barnet Library.

A unique Irish/Jamaican musical experience for babies and toddlers.

Cost: £3, payable in cash on the door, places will be allocated on a first come first served basis. Find out more at: www.barnet.gov.uk/citizen-home/events

Monkey Business at Finchley Church End Library

Tuesday 18 December, 10am to 10.30am at Finchley Church End Library.

A performance by Moving Stage Marionette Theatre. Suitable for age 2+.

Cost: £3, payable in cash on the door, places will be allocated on a first come first served basis. Find out more at: www.barnet.gov.uk/citizen-home/events

Winter in Wonderland at Colindale Library

Wednesday 19 December, 10am to 11am at Colindale Library.

With Early Years Creative Arts Consultant, Anni McTavish for babies and toddlers.

Cost: £3, payable in cash on the door, places will be allocated on a first come first served basis. Find out more at: www.barnet.gov.uk/citizen-home/events

Transport Story Hunt at Edgware Library

Thursday 20 December, 10am to 11am at Edgware Library.

A drama workshop with Freshwater Theatre Co for 3 to 5 year olds.

Cost: £3, payable in cash on the door, places will be allocated on a first come first served basis. Find out more at www.barnet.gov.uk/citizen-home/events

The Teenage Market at Chipping Barnet

FREE

Saturday 5 January 2019, 4pm to 7pm at The Spires, Stapylton Road, Barnet, EN5 4QT.

Giving young people a free platform to showcase their creative talents. Providing an array of creative retail products, together with food, drink and great music from local bands.

Cost: FREE. Find at more at: www.theteenagemarket.co.uk



An Evening with Gary Lineker at Incognito Theatre

Sunday 20 to Saturday 26 January 2019 at Incognito Theatre, Holly Park Road (behind the Health Care Clinic), Friern Barnet, London N11 3HB.

A play by Arthur Smith and Chris England set against the backdrop of the 1990 Football World Cup semi-final between England and West Germany.

Cost: £9. Find out more at: www.incognitoteatre.co.uk

Tell us what's on in Barnet

We want to hear about local events, community services or activities. To feature your event in Barnet First, email your event details to: whatson@barnet.gov.uk. Submission does not guarantee inclusion in Barnet First but will be taken into consideration for future editions of the magazine.

On the 12th day of Christmas our recycling tips will be...



1

Write a list and check it twice!

Save money by only buying the food you need.



2

Power up your recycling!

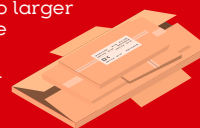
Did you know? You can recycle used batteries by placing them in a clear bag on top of your black refuse bin.



3

Recycle your cardboard packaging this Christmas.

Any flattened cardboard that doesn't fit in your blue recycling bin can now be put out alongside the bin as long as it is no larger than one metre squared.



4

It's party time!

Make sure to recycle all your empty glass bottles, plastic bottles and cans in your blue recycling bin.



5

Fancy a sweet treat?

Clean sweet tubs, biscuit containers and mince pie trays made of plastic or foil can be recycled in your blue bin.



6

Food, glorious food.

Why not use your leftovers to make delicious meals for your family and friends? Visit the website below for more details.



7

Sprucing up for the holidays?

Empty aerosols, shower gel containers, shampoo bottles and moisturiser tubs can all be recycled in your blue bin.



8

Festive paper and card.

Please recycle your wrapping paper and card, but remember if it has foil or glitter on it, it can't be recycled.



9

Reuse and Recycling Centre, Summers Lane, North Finchley, N12 0RF.

Take unwanted household items to the centre where most of them can be recycled. The centre is open from 8.45am to 4.15pm every day except Christmas Day, Boxing Day and New Years Day.



10

Unwanted clothes or shoes?

Clothing and shoes can't be recycled in your blue bin. Why not donate them to a local charity shop? Alternatively, you can take them to the Reuse and Recycling Centre at Summers Lane.



11

Electricals lost their spark?

Take any small electrical items to the Reuse and Recycling Centre at Summers Lane. Remember, please do not place them in your blue recycling bin.



12

Oh Christmas Tree!

Real trees can be taken to Reuse and Recycling Centre at Summers Lane, or left out by your bin on your collection day between 6 January and 3 February 2019.



For more information visit: www.barnet.gov.uk/christmasbincollections

Your Christmas recycling and waste collection schedule

Normal collection day	Revised collection days
Monday 24 December	Saturday 22 December <i>(before normal day)</i>
Tuesday 25 December	Monday 24 December <i>(before normal day)</i>
Wednesday 26 December	Thursday 27 December
Thursday 27 December	Friday 28 December
Friday 28 December	Saturday 29 December
Monday 31 December	Monday 31 December <i>(no change)</i>
Tuesday 1 January	Wednesday 2 January
Wednesday 2 January	Thursday 3 January
Thursday 3 January	Friday 4 January
Friday 4 January	Saturday 5 January

Your blue recycling bin and black refuse bin collections will resume on your normal collection day from the week commencing 7 January 2019



Garden Waste Collection Pause

We won't be collecting green garden waste bins from 16 December 2018 to 27 January 2019 due to the reduced use of the service over the winter period. Normal service will resume on your scheduled collection day from the week commencing 28 January 2019. Please refer to your collection leaflet or the website for your next collection date.



Did you know?

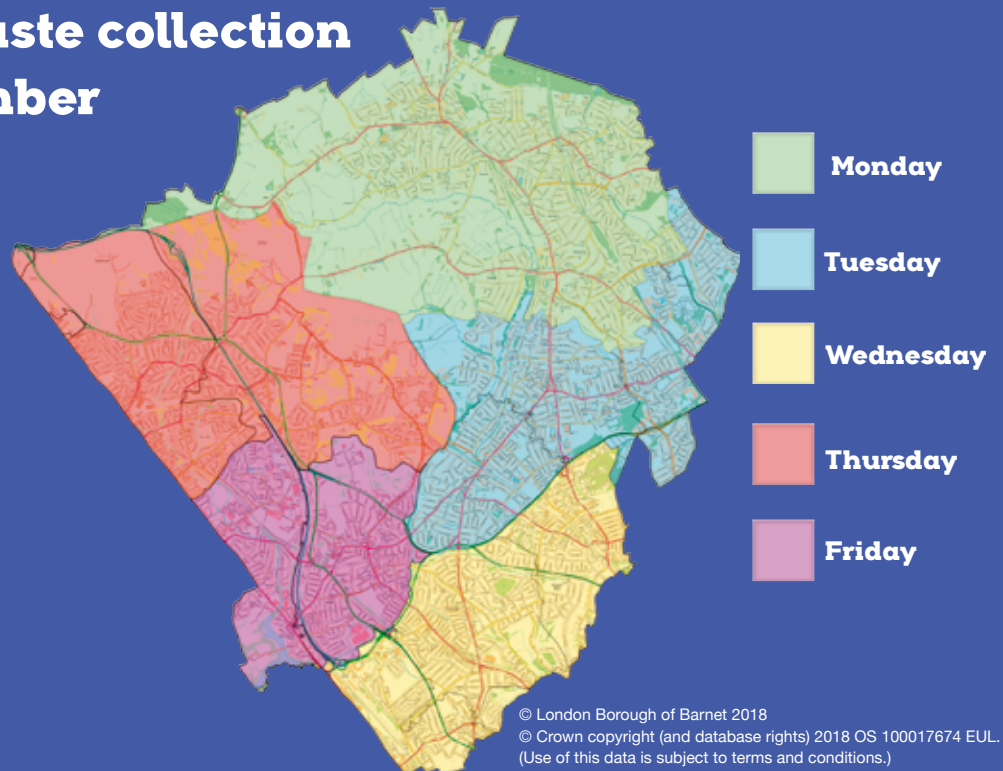
Real Christmas trees will be collected between 6 January and 3 February 2019 if left out by your bin on your collection day. Please help us by ensuring that trees are broken in half.

For further information, visit: www.barnet.gov.uk/recycling

New recycling and waste collection days started in November

If you want to check your collection day, you can do this online at: www.barnet.gov.uk/recycling and click on 'Bin collection date.'

To the right you can see a map of the borough with the collection days in each area.



Season's Greetings!

Our winter salting programme ensures that 150 miles of our busiest roads are safe. This winter, we'll have 11 gritters and our staff will be working 24 hours a day, seven days a week.

Before you head out this winter, read our top tips to ensure you travel safely



Check the Met Office weather forecast:

before you set off on your journey, make sure you visit www.metoffice.gov.uk to check for weather warnings and road conditions before travelling. Remember, always allow extra time and take care.



Prepare your vehicle:

it's a good idea to make sure your vehicle is fully serviced before winter starts and that you have the anti-freeze tested. If you can't do a service, you can do your own checks:

- Check the lights are clean and working
- Check that the battery is fully charged
- Windscreen, wiper blades, and other windows are clean and the washer bottle is filled with screen wash
- Tyre condition, tread depth and pressure (of all the tyres, including the spare)
- Brakes are working well
- Fluids are kept topped up, especially with windscreen wash, anti-freeze and oil.



Keep emergency equipment in your car:

make sure you have a bottle of water, non-perishable food, a first aid kit, torch, in-car mobile phone charger, blanket and spare waterproof clothing. If you need to travel to more rural areas, be sure to also pack a shovel.



Drive carefully:

if you find yourself driving in snow or on icy or snow-covered roads, adapt your driving to these conditions. Reduce your speed smoothly, avoid harsh braking and sharp steering.



Wear sturdy footwear:

if you do have to go out in the snow or ice, wear a good pair of boots, they keep your feet warm and have more grip than trainers or other shoes.

Did you know? We have 2,200 tonnes of salt in our salt barn ready to use this winter.

Follow us on Twitter [@barnetcouncil](https://twitter.com/barnetcouncil) or our website www.barnet.gov.uk/wintergritting for regular gritting updates.

Historic ‘healing’ well of Barnet restored

Before



After



Barnet Council and Historic England have restored the historic, Grade II listed Physic Well near Chipping Barnet. Spring water was found here hundreds of years ago and was thought to have healing properties.

The Council built a mock Tudor well house in 1937, however, by 1998 it had fallen into disrepair and was on Historic England’s ‘Heritage at Risk’ register. Its future is now secure after an extensive restoration, including replacing rotten timber, installing a rainwater collection system, fitting glass window panes, and replacing the roof with handmade clay tiles. The Heritage of London Trust also contributed towards the cost of the new windows.

The well is managed by Barnet Museum and open on special dates and by appointment. You can book a tour of the Physic Well, including the 17th century underground well chamber, by contacting the museum on **020 8440 8066** or visiting **www.barnetmuseum.co.uk**



Discover Barnet's great family day out

Explore the fascinating story of the first 100 years of the RAF. Debate the future, test your flying skills, be amazed by stories of bravery, love and loss. Catch up with friends in our café and restaurant. Families will love our themed outdoor play area. We're open daily from 10.00am. Entry is free.

rafmuseum.org 020 8205 2266

The Royal Air Force Museum London,
Grahame Park Way, Colindale, NW9 5LL



New town centre for Brent Cross



Brent Cross South will be a new neighbourhood for living, working and leisure delivering 6,700 homes, office space for 20,000 new jobs, and a new primary school with three existing schools being rebuilt. Our partnership with Argent Related will also deliver new community and health facilities, improved parks and open space.

New homes and offices will be supported by the new Brent Cross West Thameslink station linking to Kings Cross St Pancras in 12 minutes. Due to open in May 2022, it is expected to see two million journeys in the first year.

Argent Related has now submitted plans for the apartment plots 11 and 13 and are currently developing the design for the remodelling of Claremont Park. These buildings will frame the new tree lined high street, a vibrant and active commercial environment with cafes and restaurants and safe for pedestrians.

Illustrative plan showing journey of play



Claremont Park is a neighbourhood park for everyday use providing a dynamic green space for existing and growing communities around it.

There will be space for parents to sit with their children, swings and a fenced area for the youngest children, large lawns suitable for picnics and gatherings or as an informal kickabout space. The design aims to be inclusive to all with accessible pathways and urban gym equipment. There will be improved planting and defined access points which will lead through to the remodelled Clitterhouse playing fields.

Claremont Gardens will be an important linking space at the top of Brent Terrace, envisaged as a garden with a close relationship to existing residents.

Brent Cross Thameslink update

Work began on site this summer to clear invasive species and prepare for work to commence on the sidings realignment in 2019. Planning consent has been granted for the replacement waste transfer station and construction will begin in spring 2019. Once complete, the existing Hendon waste transfer station will be removed to make way for the Brent Cross West station. The strategic rail freight facility is being developed by D B Cargo and is expected to be operational next year.



Plot 13



Plot 11

For more on Brent Cross South go to: www.brentcrosssouth.co.uk
 You can read about our regeneration work at www.barnet.gov.uk/deliveringforbarnet
 For the very latest developments, follow us on Twitter @deliver4barnet



Barnet's Youth Zone raises the roof

Work on Barnet's new Youth Zone is continuing at pace as the building moves closer to opening its doors next summer.

The Youth Zone, named 'Unitas' by young people in Barnet, is quickly taking shape in Montrose Playing Fields, Burnt Oak, with the shell of the building now being installed, along with other key elements such as internal walls and staircases.

We have contributed £4.2million towards the £6.5million facility which is being developed with the charity OnSide. Once complete, Unitas will offer young people somewhere safe to go, someone to socialise with, and an extensive range of inspiring activities seven days a week.

With more than 20 activities on offer every day, Unitas will include a four-court sports hall, rooftop 3G football pitch, a martial arts studio and boxing ring, gym, climbing wall, music room with recording suite, performing arts room, cookery, art, a media suite, wellbeing room, enterprise and employability opportunities and much more.

A first for North London

OnSide has a network of 10 similar centres across the UK - with Unitas being the first in North London. The Barnet Youth Zone will be run as its own independent charity with a local board led by Regatta clothing founder Keith Black.

Earlier this year, the Youth Zone appointed Tony Lewis as its chief executive. Tony previously worked for nine years in Children's Services.

Tony has now recruited the Youth Zone's senior management team and in the new year he will begin building a team of full time, part time, sessional staff and 100 volunteers.

Could you help Unitas?

Tony said: "This is such an exciting time for us at Unitas and for young people across the borough. I'm excited to start building a fantastic team that is dedicated to transforming the lives of thousands of young people in Barnet.

"I'd encourage anyone interested in working with young people, be it paid or as a volunteer, to register their interest through our website. In early 2019 we will need people to join us across our youth work, reception, office support, facilities and catering roles. We will consider people from a range of backgrounds but the one key factor we are looking for is absolute commitment to supporting young people to fulfil their potential."

The Youth Zone will cost £1.3million a year to run and OnSide is currently building its network of 'Founder Patrons' who will each contribute towards this, with a large number of local businesses and philanthropists already committed.

For more information, or to register interest, visit www.unitasyouthzone.org



The first rule of Fit Club

Whetstone was recently named as one of London's healthiest high streets. Contributing to this success, Fit Club opened earlier this year offering a 'visionary fitness experience' including classes with top instructors in a high spec environment.

We talked to Fit Club founder Matt Vier about the challenges and rewards of starting a new fitness studio.

Why did you decide to start this business?

Personally, I wanted career growth and to realise an ambition of owning a business, which centred on mine, and my business partner Garry Simpson's, passion for fitness.

What has been your biggest challenge?

Along with the constant challenges of a start-up business, I would say the build. It started almost immediately without a design in place so to complete the project by a certain time proved to be difficult. Although challenging, it was fun and very rewarding to see the vision become real.

What has been your proudest moment throughout this journey?

Integrating into the community and seeing people improve their quality of life, whether it be physically, mentally or emotionally. Seeing and hearing members stories touches a cord and leaves us wanting to keep providing an opportunity for them to be as fit as they want to be in all aspects of life.

What advice would you give to anyone starting out in business?

Trust your vision, plan and prepare as much as possible. If an opportunity is presented that is aligned with your ambitions then take it. Depending on the size of the project, ensuring you have access to great resources and a team is integral to succeeding. I am very proud and grateful for all that have contributed to where we are now.

Can you measure the success and positive impact you have made?

Aside from our members' stories, by the relationships we've built with the local community, including attending school fairs, contributing to worthy causes and charities, and aligning with a doctor's surgery and being socially prescribed where doctors feel exercise can help a patient.



xxxx

Find out more about Fit Club, visit
www.fitclubstudios.co.uk

Rooms to hire in Barnet



Hendon Town Hall

Hendon Town Hall is a grade II listed building situated in Hendon with five 'heritage style' rooms for hire. We welcome corporate events, meetings, special occasions, and more.

The Atrium, North London Business Park

The Common Room in Friary House, Friary Park

Friary House is set in a formal Edwardian park forming the grounds of Friary House. The Common Room is ideal for gatherings, meetings and parties. There is a children's playground in the park too, so it's a wonderful venue for kid's parties



The Atrium is a bright, modern space suitable for corporate or private functions. The chairs and tables can be arranged to accommodate a variety of events from seminars to yoga classes.

Booking for Friary House or The Atrium: email sean.patten@barnet.gov.uk or call **020 8359 7269**. Booking for Hendon Town Hall: email linda.lawless@barnet.gov.uk or call **020 8359 6397**.

Commercial property in Barnet

Barnet offer a variety of commercial properties for sale and rent. Search 'commercial property' on www.barnet.gov.uk to see the most up to date list of opportunities for different types of businesses and development.

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Community focus



We're shining the spotlight on various community partner groups that contribute to making Barnet a great place to live. These include voluntary groups, organisations, social clubs, charities and social enterprises, over 200 of which can be found listed on the Barnet Community Directory.

Tackling Loneliness: the challenge of Christmas

You might be alone at Christmas for different reasons, such as the death of a loved one, living far from relatives, or because of social isolation. Loneliness can also be nothing to do with being alone; feeling lonely can happen whether you are on your own or in a crowd.

Older people are often cited as being particularly vulnerable to loneliness but

it can apply to anyone, at any age. We are more likely to feel lonely at significant points such as after a bereavement, on anniversaries or during celebrations such as Christmas, as these times are about connecting with other people.

Here are some tips on how you can combat loneliness this Christmas.

Volunteer on Christmas Day

Contact Volunteering Barnet and ask them about different volunteering roles they might have for you. Volunteering is an excellent way to make new connections in your community.

If you're over 65 years, why not join lunch clubs and activities provided by organisations such as the **Royal British Legion** and **Age UK Barnet**.

Sometimes loneliness is linked to underlying mental health; take the opportunity to reach out for support. Local groups such as **Mind Barnet**, **HeartReach**, **JAMI** and **Rainbow Head** are all here to support you

You can search for these groups and many more by searching for 'mental health' or 'loneliness' on the Barnet Community Directory at www.vcs-database.barnet.gov.uk.

Barnet Community Directory

The Barnet Community Directory is a searchable database of voluntary groups, organisations, social clubs, charities and social enterprises that are based, or work in Barnet.

It provides the opportunity for groups to promote their activities and to identify similar groups who are interested in working together.

Since launching in 2017, the Directory has registered over 260 organisations, services and projects which are active across the borough.

Benefits of registering your organisation for the Directory include:

- increasing your audience
- connecting with other local organisations
- sharing resources
- accessing contact details for hundreds of organisations
- listing all the projects your organisation runs
- free to use, easy to update

For more information on how to register or to request free training, please visit www.vcs-database.barnet.gov.uk

Kick-start your big business idea

Now in its sixth year, the Entrepreneurial Barnet competition offers students and local entrepreneurs the opportunity to showcase their ideas, receive coaching from business experts and win cash prizes of up to £3,000.

Organised by ourselves, Middlesex University and Barnet and Southgate College, the competition is divided into three stages, the first of which - the pitching stage - takes place in January 2019.

Candidates will be given two minutes to successfully pitch their business idea to three independent judges, and then take part in a question and answer session. Successful candidates will receive a golden ticket and go through the next round which involves submitting a business model canvas for which mentoring and support will be made available from business experts.

To take part in the Entrepreneurial Barnet competition, visit www.mdx.ac.uk/bigidea or email: business@mdx.ac.uk

Volunteering opportunities in Barnet

Get involved in your local community

Massage Therapist - Barnet Carers Centre

The Centre offers carers relaxing 'me time' sessions at our base in North Finchley. Massage is useful in alleviating stress in the lives of these tireless individuals, who take on the responsibility of providing unpaid medical and emotional support for somebody they care about. We would like to hear from qualified therapists who want to become one of our valued volunteers at Barnet Carers Centre and help us for a few hours a week.

Volunteer Coordinator for a friendly Day Centre - Jewish Care

We are looking for someone to support and manage four to five volunteers, taking the lead in identifying different roles and gaps in our service. They will serve food and drinks and help with activities. We need someone with strong people skills, who is respectful and can identify members' needs. Volunteer induction and dementia training will be provided as will the required DBS checks.

Current Affairs Discussion Leader - Jewish Deaf Association

Are you clued up with what is happening in the world and interested in helping people with hearing loss? We run a group discussion every other Thursday between 2pm and 4pm. The group is a safe place to have open discussions about anything happening in the world. You will be making sure everyone has a chance to say something and civility reigns! Full training and support and travel expenses will be provided. You do not need to know British Sign Language for this role.

Exercise Assistant Volunteer - Age UK Barnet

Age UK Barnet run fun and affordable fitness and exercise activities throughout Barnet. This role is to assist in welcoming clients, handing out equipment, assisting with exercises, taking a register, collecting payments and helping to complete monitoring forms. We are especially keen for a volunteer to help on Thursday mornings from 9.15am to 11.15am at Meritage Centre in Hendon, and Wednesday mornings at Ann Owens Centre, East Finchley.

Forest School Volunteer – Wild about Our Woods

Do you want to create more social opportunities for people to engage with and enhance our local woods? At Wild About Our Woods we want to get more people outdoors into local woodlands. The Forest School programme takes place in various schools across Barnet to create seasonal activities with children under 12 to develop their practical skills. As a volunteer, you will get to work outside, socialise with local people and learn new green skills.



Attendance Allowance Form Filler Volunteer - Age UK Barnet

Age UK Barnet Later Life Planning Service provides information and advice to older people on matters such as welfare benefits, health and social care, housing and local services. Helping older people to claim Attendance Allowance is one of our most important functions. As a volunteer, you will interview older people and their carers/family about their health and care needs, complete attendance allowance claim forms, and be responsible for arranging appointments to visit clients in their own homes as well as keeping Age UK Barnet's LLP Service informed of these arrangements.

You can apply for these opportunities, and many more, by registering on the website:

www.volunteeringbarnet.org.uk

Click 'opportunity search' and enter the role title or organisation name.

If you have any questions about these opportunities, or how to apply, email enquiry@volunteeringbarnet.org.uk or call: 0300 365 9960.

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Contact your councillors

Brunswick Park



cllr.k.levine@barnet.gov.uk
cllr.l.rutter@barnet.gov.uk
cllr.r.weeden-sanz@barnet.gov.uk

Edgware



cllr.l.freedman@barnet.gov.uk
cllr.b.gordon@barnet.gov.uk
cllr.s.wardle@barnet.gov.uk

Mill Hill



cllr.g.bokaei@barnet.gov.uk
cllr.v.duschinsky@barnet.gov.uk
cllr.j.hart@barnet.gov.uk

West Finchley



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cllr.k.mcguirk@barnet.gov.uk
cllr.d.rich@barnet.gov.uk

Burnt Oak



cllr.s.conway@barnet.gov.uk
cllr.a.naqvi@barnet.gov.uk
cllr.c.omacaulay@barnet.gov.uk

Finchley Church End



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cllr.j.grocock@barnet.gov.uk
cllr.d.thomas@barnet.gov.uk

Oakleigh



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cllr.t.smith@barnet.gov.uk
cllr.s.sowerby@barnet.gov.uk

West Hendon



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cllr.h.richman@barnet.gov.uk

Childs Hill



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Garden Suburb



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Totteridge



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Woodhouse



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Colindale



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Golders Green



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Underhill



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Coppetts



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Hale



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Full Council meetings

Tuesday 18 December 2018, 7pm
Hendon Town Hall, The Burroughs, NW4 4BG

Residents forums

Chipping Barnet Residents Forum
Wednesday 9 January 2019, 7pm
Chipping Barnet Library, 3 Stapylton Road, Barnet, EN5 4QT

Finchley and Golders Green Residents Forum
Wednesday 9 January 2019, 7pm
Church End Library, Gateway House,
318-320 Regent's Park Rd N3 2LN

Hendon Residents Forum
Wednesday 9 January 2019, 7pm
Venue to be confirmed

For more information and for venue details, please visit:
www.barnet.moderngov.co.uk/mglistcommittees
For details of surgeries, email: first.contact@barnet.gov.uk
Or write to us: **Members' Room, Hendon Town Hall,
The Burroughs, Hendon, NW4 4BG**

Free festive parking



You will be able to park for free in all pay-to-park bays and in the council's car parks on:

1 – 2 December

8 – 9 December

15 – 16 December

22 – 23 December

29 – 30 December

Please note that free parking only applies to council operated 'paid-for' parking areas. It does not apply to permit bays or private car parks. Valid permits will still be required at these locations.

www.barnet.gov.uk/parking