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BARNET BOROUGH NEWS

Barnet Council's monthly magazine for residents

No. 26 JANUARY 1987

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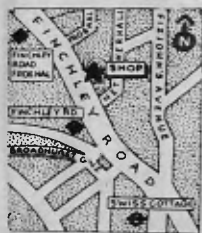


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Barnet Borough News is a monthly magazine carrying news of Council activities and community organisations. The Barnet Diary is open to local organisations and carries a comprehensive list of events and meetings taking place within the Borough.

VFD: Barnet Borough News certified net distribution from January to June, 1986, is 112,180. The magazine print run is now 120,000 and it is distributed to homes and businesses in the Borough of Barnet.

Further copies are sent to libraries and council offices. The cost of production and distribution is offset by advertising.

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Editorial features are the copyright of Barnet Council.

FRONT COVER

Why go to Kew Gardens when you can visit the Tropical House in Old Court House Recreation Ground, Wood Street, Barnet, with its fishponds and aviaries, (pictured here) or the new aviary in Highlands Gardens, New Barnet. (see page 8)

NEW COUNCILLORS



Hadley Ward: Cllr Mrs Gill Bull (Conservative) 73 Grove Road, North Finchley, N12. Elected November 20, 1986.



Garden Suburb Ward. Mrs Coral Sebag-Montefiore (Conservative) 10 Milton Close, East Finchley N2. Elected November 27, 1986.

£50,000 grants for community

BARNET Council's Grants Committee earmarked more than £50,000 at their December meeting to help local community organisations serve and entertain local residents.

Nearly £5,000 was committed from this year's funds to help three organisations with widely differing objectives:

- The Old Bull Arts Centre received up to £1,150 from money available from the former Borough Lottery for the purchase of theatre seating from the Cottesloe Theatre — an opportunity which came on the market suddenly and which is transforming the studio theatre from an audience point of view and means considerable savings (about £40 a seat) for some seats in the new Theatre Upstairs.

- East Finchley Neighbourhood Contact received an interim grant of £2,500 to enable them to continue to run their contact scheme which recruits and organises volunteers to give practical help to elderly, handicapped and housebound people in the area. Meanwhile officers will be looking into means of longer term funding for this valuable service.

- The Watling Boys' Club Playgroup, which caters for pre-school children on the Watling Estate, received £1,255, the Council taking over now that Urban Aid Funding is no longer received.

At the same time the committee supported the setting up of a day centre for elderly people from the Asian Community, with its own lunch club, at 1 Friern Park, which has been awarded grant aid under the Urban Programme.

Meanwhile a start has been made in preparing grant allocations for the coming financial year.

Last summer extensive press advertising and individual letters to groups who had received grants in the past, announced that the Council wanted all grant applications in by mid September. Allowing leeway for organisations to put in the

applications for grants under the new system, the Committee closed the application lists for 1987/88 grants on December 12. Any applications received after that date will be held back until the existing list has been dealt with, and then any remaining funds can be allocated to the late entries.

However all sums of money set aside for specific grants to local organisations at this time are subject to funds being available after the 1987/88 budgets have been approved for next year's rate estimates.

Cllr Don Goodman, chairman of Grants Committee, said: 'We want to be able to help voluntary organisations in the superb work they do for our community. The voluntary and arts organisations add to the quality of life in so many different ways.

'So that the organisations can begin to plan their work in the year ahead we are processing the grant applications as early as possible. But we have to be aware of the financial restrictions within which we work and we shall not be able to confirm the figures until the new financial year's budgets are set. There has been a very big increase in the amount of grant aid being sought locally and we are going to have to look very carefully at the overall totals to make sure that those who offer the greatest service and fill the greatest need receive their rightful share.

'Nevertheless these are guidelines on which the organisations can base their plans.'

The proposed 1987/88 grants were:

Social Services

St Stephen's Lunch Club (for pensioners) — £1,250; Disabled Living Foundation — £225*; Grahame Park Coffee Morning — £250; Give a Lift Project — £1,150; Barnet REMAP (Voluntary service for the disabled by engineers) — £100; Catholic Marriage Advisory Council — £170*; Trigger Riding Group (disabled horse riding) — £1,500; North

Wheelchair caravanning

DISABLED people in the Borough have first priority on a caravan specially adapted for people in wheelchairs and set in a beautiful park near Poole.

This caravan was purchased by a past Mayor, Mrs Rita Levy, and is administered by John Grooms.

Up to January 31 local disabled residents and their families have first choice on the weeks they would like to book. Thereafter, any disabled person can book a holiday.

Prices are very reasonable and the facilities on the park, excellent. Contact John Hartley, John Grooms Holidays, 10 Gloucester Drive, London, N4 2LP, for a free brochure and booking form.

West London Jewish Day Centre — £2,810; Barnet Gingerbread (advice centre and self help for single parent families) — £3,780; British Tinnitus Association — £500; East Barnet TOC H — £170; Barnet Old People's Welfare Committee — £9,100; Barnet, Haringey and Hertsmere Marriage Guidance Council (based on population) — £22,400; Barnet Blind Bowls Club — £280.

Libraries and Arts

North London Music Festival — £70; Ionian Clarinet Choir — £150; Tudor Orchestra — £250; Finchley Cine Society — £300; Hendon Music Society — £700; East Finchley Theatre Group — £250; Museum of the Jewish East End — £765.

The following guarantees against loss for performing arts groups were also listed:

Barnet Band — £210; Finchley Choral Society — £270; Edgware Symphony Orchestra — £200; Alyth Choral Society — £200; The Association (drama group) — £100; Barnet Choral Society — £270; London Pro Arte Choir — £300; Finchley Chamber Orchestra — £150; Harlequins Theatre Club — £315; Barnet Orchestra at Hendon — £150; Mill Hill Sinfonia — £250.

* Organisations which will be advised to apply to the London Wide Grants Scheme next year.

TABLE TENNIS

ONCE again Barnet is organising a borough-wide youth table tennis tournament to be held at The Table Tennis Centre, Barnet Lane, Barnet.

This is one of the biggest sporting events organised by the Youth and Community Service and competitors are advised to get their entries in early. The closing date is Wednesday, February 25, but in order for the organisers to make the necessary arrangements it is helpful if numbers are known well ahead of time.

Further details from the Youth District Officer, Eric Finestone, Youth and Community Office, Hendon School, Golders Rise, NW4. Tel: 202 2757.

Entry forms from Audrey Hutchins, Youth Office. Tel: 368 1266 ext. 3135.

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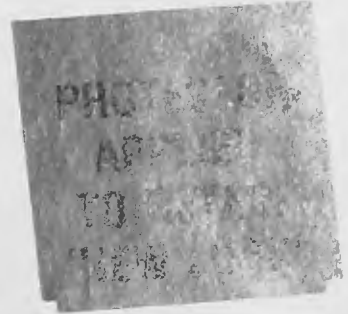
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ADVERTISEMENT FEATURE

OUT OF THIS WORLD!

Paul Bitton's latest dream has just become a reality, with the grand opening of an unbelievable showroom in Portman Square, London W1.

Nothing in Europe could give you the range of ideas that have been personally designed by Paul Bitton himself. Not only the most exquisite bathroom suites, but tiles, accessories, even towels have matching logos, for today's sophisticated tastes.

The showroom displays, contain the most magnificent bathrooms, from the superb black cast iron bath which has been placed on glass, with a sunken marble floor below it, showing new ideas with lighting and plants, to even a gold plated toothbrush.

The purest white marble from Greece may be one of the most expensive, but it has been exquisitely used, incorporating an inlaid gold leaf border giving it a neo-classical Grecian line.

When you visit, take particular notice of the unique way hand painted tiles have been effectively used telling vivid stories on the walls, floors and ceilings.

All bathrooms are individually

designed to your own personal taste and it is even possible to see on display the models of showers, baths and whirlpools all working — 'try before you buy' and a warm towel will be provided!

The next idea is purely for the extravagant: The latest American, 'all-in-one' sauna, solarium, steam bath, whirlpool and relaxation room.

This complete unit will fit almost anywhere — built into the wall and ideal for the penthouse bachelor pad or family home.

Why not come along and take a closer look — you couldn't wish for anything better! There is no limit to what can be produced by the British Bathroom Centre, they have resident artists who can create your dream, giving a 'trompe l'oeil' effect to wood panelled walls featuring masters of art.

Paul Bitton has been approached by Paris and Milan's leading designer teams to open showrooms and branch out even further into the European market.

At the moment they are already exporting their whirlpool baths to America. So we will just have to wait and see what happens next.

HELP YOURSELF

Gujerati speaking residents gathered at the Town Hall, Hendon, when Cllr Victor Lyon, chairman of Development and Estates Committee, launched the Gujarati version of Pensioners Link guide for the elderly in Barnet — Help Yourself.

The guide, already available in English, lists services with advice to help pensions lead a more independent life.

Pensioners Link, based locally at Park House, High Road, East Finchley, produced the guide with funding from Barnet Council, Barnet Health Authority and industry, and fund-raising schemes. The Gujarati version contains extra items such as Asian lunch clubs, Satsung meeting places, immigration legislation, advice and help on health.

Both Cllr Lyon, a former Social Services chairman, and Jennifer

Smylie from Barnet Health Authority, stated how pleased they were to be part of a project which helped Barnet to be a total community.

હેપ યોરસેલ્ફ



બારનેટનાં નિવૃત્તો માટે
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Calling for volunteers

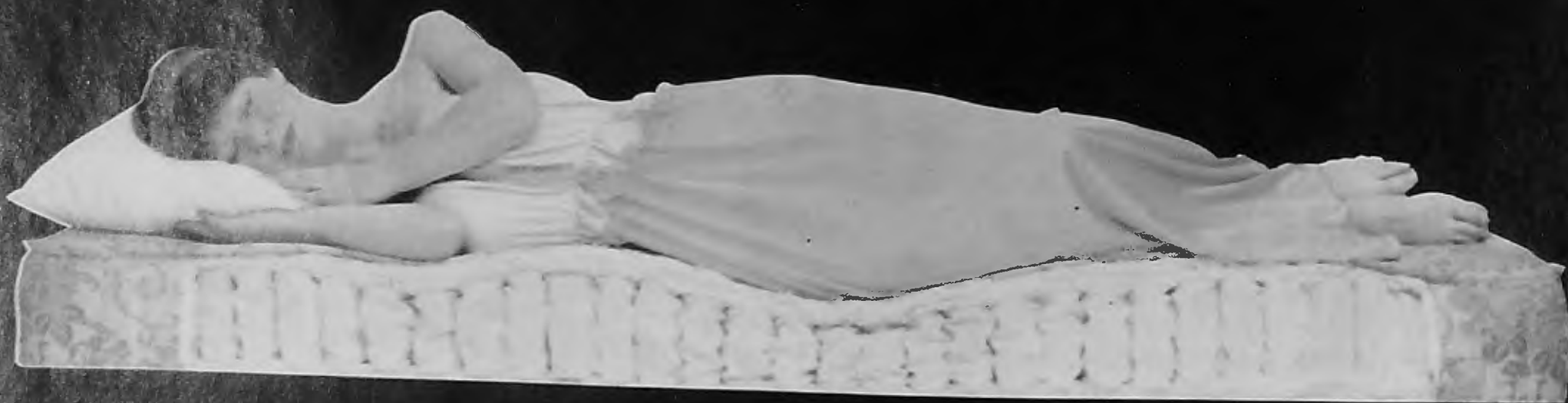
THE jobs that East Finchley Neighbourhood CONTACT Scheme are asked to undertake vary from hanging curtains and providing a wheelchair-pushing escort for a coach trip to gardening and taking someone to his local for a drink and a chat.

The elderly do not have a monopoly on problems. Many of them have a wealth of experience

and enthusiasm to offer to others. Quite a few of the scheme's volunteers are pensioners and those they help are sometimes young people.

CONTACT are always looking for new volunteers — drivers, DIY enthusiasts and gardeners in particular. But if you have any time to spare or other skills you can offer please telephone 444 1162 and your help will be gratefully accepted.

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All of a twitter in the Highlands

What do you do with a pile of vandalised soccer posts? The staff who look after Highlands Gardens where the entrance is at the junction of Leicester Road and Abbots Gardens, New Barnet, came up with the answer: Birdland.

They built an aviary, housing about 100 birds and animals, and it was officially opened by Cllr Victor Lyon, chairman of Barnet's Development and Estates Committee, who congratulated the staff on their enterprise and said how much pleasure it would bring to the people of Barnet.

The idea of an aviary was seriously considered towards the end of last year. Work started just over six months ago by the Council's own parks staff headed by foreman Robert Knight who received valuable assistance from Keith Nicholls, district supervisor, Stephen Butterworth and Alan Carpenter, gardeners. The main supports for the aviary were built from soccer posts which had been vandalised. Only about five per cent of the wood came from other sources.



Cllr Victor Lyon and Mrs Sheila Lyon, at the entrance to the aviary with (from left to right), Alan Carpenter, Stephen Butterworth, Bob Knight and, in the background, Keith Nicholls.

The aviary is the third in the borough, the others being at the Old Court House Recreation Ground, Chipping Barnet, and Friary Park, Friern Barnet.

In the aviary are 60 budgerigars, 10 cockatiels, all of which are grey except one, which is white, finches (Zebra and Bengalese), two rabbits (Alan and Bill), a partridge, six bantams, three Japanese quail and a guinea pig (Blackie).

Livingstone Junior School, New Barnet, also became involved with the venture the pupils being asked to provide a name for the white cockatiel. The winner, Dawn Parkinson, suggested the name Magic.

Most of the birds come from the

established aviaries but the guinea pig and rabbits have been donated by members of the public. And 10 budgerigars have been born since the aviary was first stocked.

Future plans include another aviary and pets corner on land at the side of the present building.

The aviary is set in one of the loveliest parks in the borough. The gardens have a picturesque old-world charm and are laid out in traditional lines. The gardens once belonged to a now demolished manor house.

The gardens comprise spectacular annual bedding plants, a pagoda, waterfalls, ponds with ducks, wooden bridges and stepping stones.



The white cockatiel, Magic.

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Customers' increasing demands for a wider choice of goods and better value for money have forced shopping trends to change. One area where this change has become very apparent is the Staples Corner stretch of the North Circular Road.

With large discount warehouses, showrooms and the huge Tesco hypermarket just down the road, the trend "bigger is better" not only gives the customers a wider choice, but also smashes prices. However, this is nothing new to Staton Fitted Furniture Ltd. This highly professional company has been operating in a big way and providing their customers with outstanding value for the past 18 years.

For the highest quality fitted bedroom furniture, visit Staton. Keeping their factory and showrooms all under one roof not only helps them to offer a more efficient service, it also enables them to cut costs, and they then pass these savings onto their customers.

At Staton there is no high pressure selling — they don't believe in it. Their product is so good that they know you will come back. In fact, they will advise you to shop around before you buy, and will point out what you should be on the look-out for, eg that mirrors are not just glued, but properly fitted to wardrobes. Yes, a visit to Staton is an enjoyable education.



The advantage of having their factory on the premises enables them to show their whole range of furniture. So, instead of just flicking through brochures, you can take your time, walk round the large showrooms, touch and actually see for yourself the superior craftsmanship of Staton's bedroom furniture.

All the furniture is made out of high pressure, durable materials, with a superior laminated finish (no paint or paper foil is used), and all wardrobes have proper floors, tops, sides and backs. If you live in a period house with high ceilings, Staton can fit high wardrobes.

They won't leave you with an ugly bare space at the top of your wall.

Safety is a must, and all Staton bedroom furniture has two piece mouldings and mirrors properly fitted (not just glued on). They also fit concealed safety bridges to the double top cupboards which actually support the cupboards over the bed.

The showrooms are set out to show a variety of different designs, and designers are there to discuss other ideas. The bedroom/study is becoming very popular. As more people are working from home, they are equipping the "spare bedroom" to be used as both a study and guest room. The outcome is

practical and stunning.

This deluxe furniture comes in a range of colours, and there are also the elegant floor to ceiling (no matter how high) sliding mirrored wardrobes. These magnificent units are very classy, and can make a small bedroom look amazingly larger.

All the door frames on the mirrored sliding wardrobes are very robust with rubber gaskets set into them. When the fitters install the wardrobes, the top tracks are built into the roof of the units, therefore not relying on your ceiling fixing. High standards from conception to completion is what Staton is all about, and they are able to keep their standards high because they never sub-contract any of their work.

Why not pay a visit to Staton and see for yourself? Your dream bedroom is there waiting for you, at a price you can afford. Credit terms are available too.

Staton Fitted Furniture Ltd. is at 719 North Circular Road (near Staples Corner) NW2. They are open Monday to Saturday 9am-5pm and on Sunday (for viewing only) 10am-4pm. If you bring in your wall measurements one of the designers can give you an accurate quotation right then. Or you can phone in with your measurements and get a price over the phone. Phone: 01-450 6581.

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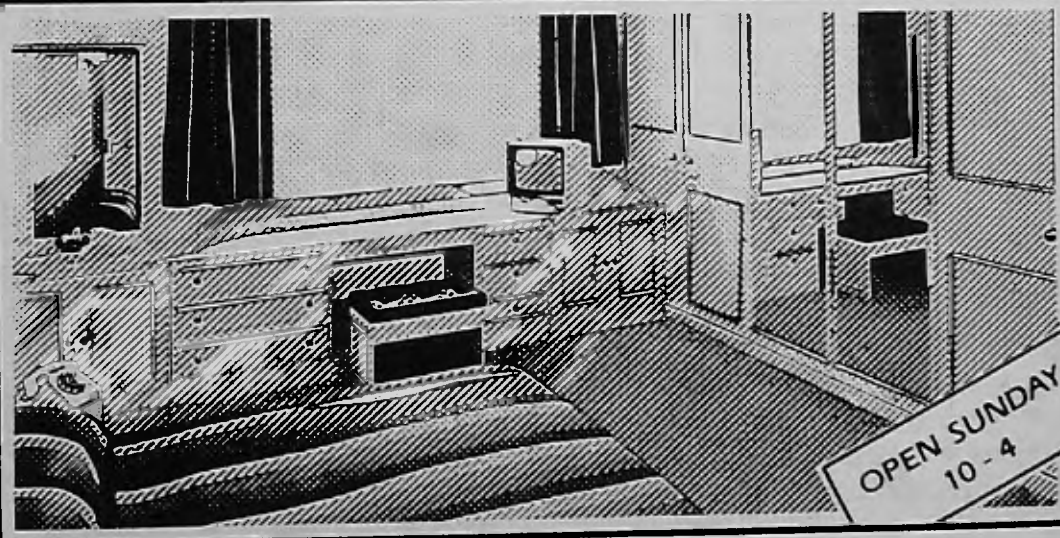
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STATON Fitted Bedrooms

Nature Notes

JANUARY

By Clive Herbert, Barnet Wildlife Group

The short winter days of January do not encourage activity in search of our wildlife. It is perhaps a good time to look ahead to the naturalists' year.

With no plant growth in the first couple of months, time can best be spent looking for waterfowl on London's many reservoirs. March and April bring a multitude of frog reports — usually over 50 calls a year. I am always pleased to receive these records but I cannot find homes for excess spawn as often requested.

By early May our summer visiting birds have arrived and work begins mapping breeding territories. Woodland plants are well worth studying now before the canopy becomes too dense. During June and July, botanical interest moves towards our meadows. This period is also notable for calls from people who have rescued abandoned fledglings.

In August, concentrating on insects can be rewarding. Butterflies are familiar, but just as colourful are some of the dragonflies hawking over our ponds.

Many animals are building up food reserves in September and the following months are ideal for mammal watching. Deer are rutting and vole and mice populations are peaking. There is also the annual batch of hedgehog reports to deal with.

By December, we are back to winter and writing more articles like these!

Councillors' and MPs' surgeries

Chipping Barnet

Sydney Chapman, MP, and a councillor, Sat Feb 7, 10.30am to 12 noon, 163 High St.

Arkley Ward — Conservative councillors, Fri Jan 16 and Feb 6, 7.30pm, Dollis Valley Community Centre.

Brunswick Park Ward — Conservative councillors, Monkfrith Boys' Club hall, Osidge Lane, N14, 10.30am to 12 noon. Second Saturday of month.

East Barnet Ward — Cllr Olwen Evans, Sat Feb 7, 10.30am to 12 noon, Community Centre, Victoria Rd, New Barnet.

Finchley & Friern Barnet

Margaret Thatcher, MP, for constituents only, via constituency office, tel 445 4292.

East Finchley — Labour councillors every Saturday, 10am to 11.30am, East Finchley Neighbourhood Centre, Church Lane N2.

Finchley Ward — Conservative councillors, Sat Jan 31, 10am to noon, Blue Beetle Hall (adj St Mary's Church), Hendon Lane, N3

St Paul's Ward — Labour councillors Saturday mornings, Tally Ho Corner.

Woodhouse Ward — Labour councillors Mike Harris, Dennis Reed and Rudolf Vis, every Thursday, 6.30-7.30pm, Friern Barnet Town Hall, N11. Also Saturdays at Tally Ho and Sutton Road.

Hendon North

John Gorst, MP, available Fri Jan 16, by appointment. At other times tel 959 1446 or via constituency office, 2 Apex Parade, Selvage Lane, Mill Hill. **Conservative councillors**, Grahame Park and Mill Hill, Weds Jan 14, 21, 28 and Feb 4.

Burnt Oak — Cllrs Ellis (959 6191), Shamash (458 2679), Williams (203 3234), every Saturday, 10.30am to noon, Labour Hall, Back Lane, Burnt Oak (959 5771).

Colindale — Labour councillors available first and fourth Sat each month, 2-3pm, St Augustine's, Grahame Park.

Hendon South

Peter Thomas, MP, by appointment (219 4079) or via constituency office (202 7484).

Conservative councillors — Sat Feb 7, 11am to 12.30pm, 166 Station Rd, Hendon (202 7484).

Childs Hill — Cllrs Cohen (205 1233), Palmer (455 5140) and Stone (450 0762) by appointment.

West Hendon — Phone Cllr Tim Sims (734 8080, office hours) for appointment at West Hendon Ex-Servicemen's Club, The Broadway, NW9. Cllrs Doreen Neall (202 9927) and Agnes Slocombe (202 4074) by appointment.

Euro MP

John Marshall, Euro MP, contact 24 Manor Hall Avenue, NW4, tel 203 2498.

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National Tree Week

Barnet digs in — 450 times

ABOUT 450 trees were planted in Barnet during National Tree Week from November 29 to December 7. Schools, local conservation and amenity groups planted 250 trees in many parts of the borough and 200 were planted by the Council's own labour force.

These included oaks, ash, cherry, ginkgo, maple, birch, blackthorn and London plane trees.

The week is planned to focus public attention on the need to plant many more trees to make up for the enormous losses the country has suffered over the years.

Barnet is proud of its trees and in many of our parks, such as Avenue House grounds at Finchley, many fine varieties can be seen. The Council has an ongoing planting and maintenance programme and intends to provide a well 'treed' borough for future generations. And trees need care to survive and flourish.

Twenty London plane trees were planted along the North Circular Road between its junctions with Long Lane and the High Road, Finchley. These will eventually replace the poplar trees that were drastically pruned on safety grounds during last

spring. The new trees will not be affected by the proposed widening of the North Circular Road there.

Our two photographs were taken at Christ Church Primary School, Byng Road, Barnet (above), and The Hyde Primary School, The Hyde, Colindale (right). Schools taking part in tree planting schemes received a certificate as a record of their involvement with the heritage of the borough.

At Christ Church the children received their certificates from the Rev Michael McGowan, chairman of the school governors. Pupils at The Hyde, named their trees after their class teachers. The one in the picture is the 'Anne Walnut' named after teacher Anne Young.



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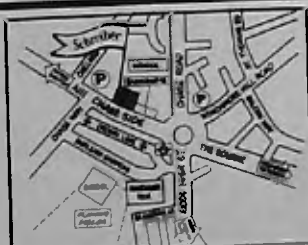
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ALL IN A MAYORAL DAY

THE Mayor and Mayoress spent a grey December day looking behind the scenes at some of the recreation, highways, cleansing and maintenance operations which help the borough to be one of the most pleasant in which to live.

'Barnet is best' said the Mayor. 'That's my slogan for the year and you chaps are making sure that it's true.'

Accompanied by Max Caller, controller of engineering, Tom Monaghan, assistant controller, works services, and Alan BurrIDGE, assistant controller, recreation, they visited some of the borough's depots and nurseries to see and hear about the services provided by the Council.

They also visited the Barnet Copthall Sports Complex, being taken on a conducted tour of the swimming pools and athletics stadium, and the Squires Lane indoor pool at Finchley.

At the end of an arduous day Joanna Connolly, a member of staff at the Woodfield Nursery, off Cool Oak Lane, West Hendon, presented the Mayoress with a selection of plants and flowers grown there.

At the Summers Lane depot, Finchley, and Tilling Road depot, Cricklewood, they saw where waste oil, rags, bottles, tin cans and light iron are collected for recycling. This will be the subject of an article in a future issue of the Borough News.



At the Squires Lane salt mine! With the Mayor and Mayoress are, from left to right, Roger Newark, district officer co-ordinator, Max Caller, Tom Monaghan and Alf Mullinex, Direct Labour Organisation engineering manager.

FACTS AND FIGURES

Here are some of the facts and figures the Mayor discovered:

- We maintain 440 miles of roads and 1,000 miles of sewers.
- 10,000 tons of salt is stocked at Squires Lane, Scratchwood and Mays Lane depots.
- There are eight gritting lorries and five back up vehicles
- 175,000 summer and 165,000 spring bedding plants are grown annually at the borough's three nurseries.
- Hendon Way depot services and maintains 480 vehicles ranging from refuse lorries and tractors to small vans.
- 1,000 lawn mowers and other small machines are maintained.
- 3,000 separate spare parts are always in stock.
- Half a million visits are made to Copthall pools each year.
- 2,000 visits to the Squires Lane pool each week.
- Between 50 and 100 road signs are produced each week.



Supervisor Tom King tells the Mayor about the various materials collected at Summers Lane for recycling.



Kyprianou Andreas, joiner, demonstrates one of the machines in the carpentry shop. On the left is Les Barnes, the DLO building maintenance manager.



At the Parks Constabulary in West Hendon, the Mayor and Mayoress were introduced to Bomber and Buster, two of the Rottweilers kennelled there. Also in the picture are Karen Birch, the first lady parks constable who previously worked in administration in the Town Hall, Hendon, and Terry Moies, acting senior parks constable. 'I love the job,' said Karen, who has only been there a few months.



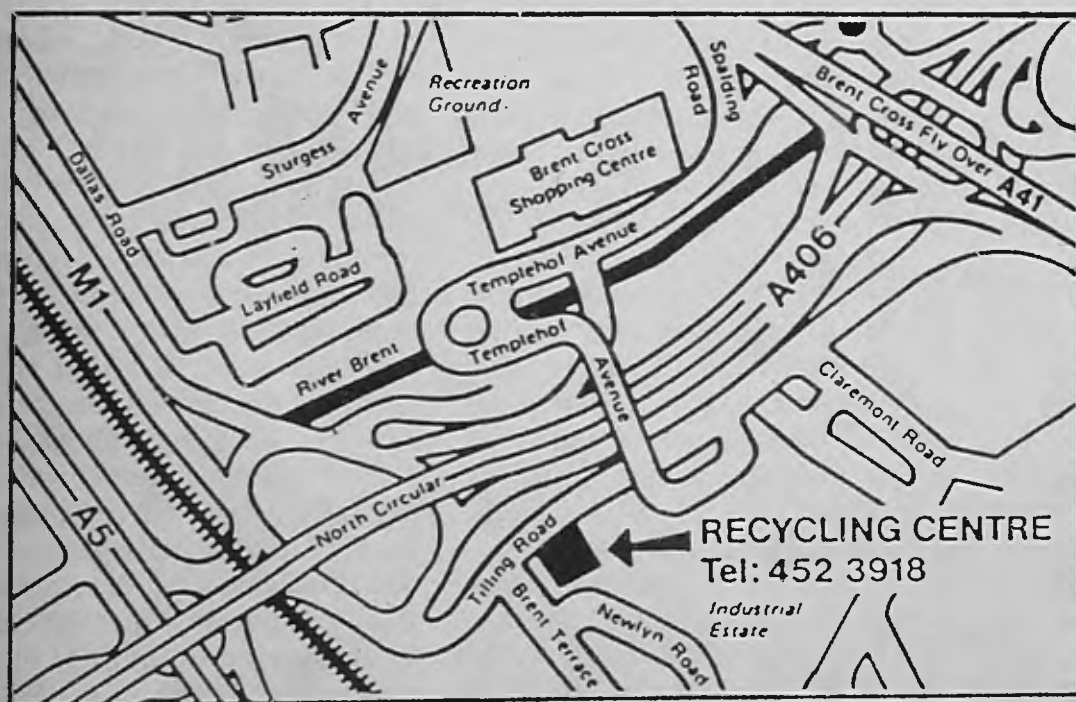
Clive Cullimore explaining the controls of a new refuse lorry.



Keith Bird, nursery manager, showing the plants in one of the greenhouses.

LONDON BOROUGH BARNET WASTE RECYCLING CENTRES

The London Borough of Barnet has two Recycling Centres where the public are encouraged to bring glass containers, old clothing and furnishings, paper and cardboard, metal goods and cans, waste sump oil . . . for recycling which saves energy resources.



◆ Recycling centre
Tel: 368 8083

The Centres are at:

BRENT CROSS, Tilling Road, NW2 (Tel: 452 3918) (see map)

Opening hours Mon-Sat: 08.00-16.00.
Sun 08.00-1600

SUMMERS LANE, Finchley, N12 (Tel: 368 8083) (Between Woodhouse Road and High Road, North Finchley)

Opening hours Mon-Sat: 08.00-16.00.
Sun: 08.00-1600

In addition, the Centres also accept bulky items and garden waste that borough refuse vehicles cannot accept. There is no charge to householders for this service.

● BOTTLE BANKS are situated at:

1. Stapyton road car park Chipping Barnet.
2. Behind Tesco's in Ballards Lane.
3. Lodge Lane Car Park, North Finchley.

The Engineering Services Division of the Directorate of Technical Services

LONDON BOROUGH
barnet

EDUCATION

Employers' link line

TWO members of Barnet's Education Department Careers Service are working to build up stronger links with local industry.

Mrs Pat Marsh has been appointed school curriculum industry partnership co-ordinator and Mrs Maureen Osborne is the Borough's senior careers officer with responsibility for TVEI (Technical Vocational Education Initiative).



Pat Marsh has lived in Barnet for 24 years and is married to a Barnet businessman. They have two daughters, both of whom attended local maintained schools.

She taught history and politics and was head of department. Then, in 1985, to prepare for the advent of TVEI, she took a Diploma in Industry and Commerce. This involved six work experience placements in industry and many industrial contacts.

On return from secondment she began setting up contacts with local businesses to prepare a pool of work experience placements ready for the introduction of TVEI, and is now developing a wide range of contacts with industry.



Maureen Osborne studied for her B.Ed course at Sheffield City College of Education and taught English in Hackney.

After three years she looked for a change of career, spent four months on a Kibbutz in Israel, and then joined ILEA in a clerical post.

Missing direct contact with young people she joined the careers service in Stoke Newington, studied for her Diploma in Careers Guidance and worked in Havering before joining Barnet's Careers Service in 1984.

She is now engaged in preparing the careers service, schools, colleges and local employers for the expansion of TVEI.

Both are based at the new TVEI Centre at Squires Lane, Finchley.



Their first Queen's Scouts

THE QUEEN'S Scout Award is presented to Venture Scouts who have not only achieved a certain criteria but who can also show consideration for others.

Two boys from Oak Lodge School, East Finchley, Julian Tarsilla aged 16, and Xohan Duran aged 18, have been presented with the Queen's Award Certificate, personally signed by the Queen.

In order to achieve this — the highest award in scouting — they not only endured, but came through with flying colours, the rigours of mountain rescue, abseil-

ing, rock climbing, caving, pot holing and many more duties that involved looking after other youngsters.

Mr Vin Fleming, county commissioner for Scouts, presented the boys with their certificates. It was a special achievement for a special school, he said.

At present there are 25 scouts and 11 venture scouts, three of them girls, at the school. This the first time in the school's history that any of its pupils have received the Queen's Scout Award.

Headmaster Peter Carney said:

In the picture, left to right: Richard Marsh, Vin Fleming, county commissioner for Scouts, Antonio Morris, Peter 'Jumbo' Davies, district commissioner, Julian Tarsilla, Mary Phillips, chairman of governors, Mr Sandilands (Julian's foster father), Xohan Duran, Keith Randall, leader of the 24th group Finchley and Venture leader, Mr and Mrs Duran and Peter Carney, headmaster.

'It is not only a great achievement for the boys, but also a wonderful reward for all the staff who care so much for the boys and girls.'

Barnet's views sent to Minister

BARNET COUNCIL want the Government to introduce a scheme for student loans which can be used to supplement existing grants.

Mr George Walden MP, Minister at the Department of Education and Science, is carrying out an enquiry into the present arrangements for financial support for students and has invited local education authorities to contribute their views.

So Barnet's Education Committee has agreed to inform the Minister that it supports a system of Government-backed student loans to supplement the existing mandatory grants scheme. And it is also in favour of Councils being empowered to make loans to students under the discretionary awards scheme.

Cllr John Hart, chairman of Barnet's Further Education Subcommittee and himself a polytechnic lecturer, explained:

'Where mandatory grants are concerned we, as a committee, felt that there were often times when the basic grant could be extended by a loan — but it would have to be Government-backed because we could not, as a local authority, take on the whole responsibility of ensuring repayments.'

'But we would also like the power to make our own discretionary loans to students.'

'At present we are not empowered to make such loans to our own ratepayers and residents for study purposes. We can only make discretionary grant awards which seems to be an anomaly.'

'The power to make these loans

would allow us to spread our money further.'

'At present Barnet spends £650,000 each year in discretionary grants — which is ratepayers' money and about equal to 1p rate. Some local authorities have ceased to make discretionary grants at all.'

'These grants are given to students who attend a variety of courses which do not come under the Department of Education and Science's mandatory list and therefore do not qualify for the Government's 90 per cent reimbursement.'

'I would like to see some of this money being repaid — on easy terms — so that Barnet and other authorities can build up a rolling fund to enable them to help more people than we can at present.'

'After all, someone who enjoys higher education enhances his or her career prospects. It is not too much to ask such graduates and diploma students to repay some part of their award to assist the people following in their steps.'

Mandatory Grants are awarded — as of right — to students taking first degrees in designated courses. The level of grant is set by central Government and takes into account parental income. Barnet makes approximately 3,600 mandatory grants a year which are funded 90 per cent by Government and 10 per cent by the local authority.

Discretionary Grants are made by the local authority for a wide range of courses and post graduate qualifications which do not qualify for mandatory grants. Normally, in the Barnet scheme, students are under

26. Each year some 200 applicants for discretionary grants are turned down for lack of provision or other reason.

In 1985/86 4,185 students received awards. The total amount of the awards was £6.7 million to which the Government contributed £5.3 million.

■ ■ ■

The Education Committee welcomed the intention of the Secretary of State for Education and Science to repeal the Remuneration of Teachers Act 1965, announced in The Queen's speech, abolishing the Burnham Committees whose proceedings have outlived their usefulness.

The committee is also calling upon the Secretary of State to introduce legislation to recognise, encourage and reward, by their own separate salary ranges and conditions of service, staff who are operating the best educational practices in schools and colleges.

This recommendation was made during a debate on resources and lecturer staffing in Barnet and Hendon Colleges, and the committee also recommended that the colleges be encouraged to continue to make every effort to maximise the use of teaching resources as far as is practicable under existing restraints.

The committee noted the intention of the Director of Educational Services to report further on matters which remain within the discretion of the local authority after the National Burnham negotiations on the reform of salary structure and other conditions of employment have been concluded.

INDUSTRY YEAR PLUS

Programme fosters school-employer links

BARNET is all set to maintain the valuable links built between the Education Service and local employers during Industry Year 1986.

As Industry Year moves into the Industry Matters Campaign 1987 Barnet is extending the work links in schools and building up the Industry and Education Liaison Committee, formed within the Careers Service.

Guest speaker

To mark the final month of Industry Year Mr Mike Leonard, head of Barnet's Careers Service, organised a seminar at Hendon College, Grahame Park, on The Challenge for the Future, with Sir Geoffrey Chandler, director of Industry Year, as guest speaker.

Among those present were The Mayor, Cllr Denis Dippel, Cllr Roy Shutz, chairman of the Education Committee, and Mr Neil Gill, director of Barnet's Educational Services.

Sir Geoffrey explained that the aim of Industry Year had been to counter attitudes, which had developed in Britain, in which industry and commerce seemed less attractive to school leavers and

graduates than the service fields.

'Regardless of political background we in Britain should have every respect for Industry because of the employment it creates and the export orders which bring in much needed money for the nation as a whole,' he said.

He compared Britain with Japan, continental Europe and the USA where industry and new technology had not only helped to build a more stable economy but had also provided a better standard of living for everyone.

Cllr Shutz said Barnet had always looked forward to the future of the pupils in its schools. There were 30 teachers in 13 secondary schools working closely with local employers to make sure that interest and work experience was maintained.

Prosperity

Mr Neil Gill reminded the gathering that the prosperity of the country depended upon the students and teachers of today. Barnet gave education a very high priority and was fully engaged in new educational ideas which related to the progress of commerce and industry.

Forty years ago Britain's standard of living was at the top of the industrial nation's league. Today we were nearer the bottom. Our economy has grown but other nations have grown faster.

Sir Geoffrey said that Britain had the expertise and the courage to trade competitively. But too few of the brightest students were prepared to enter the industrial scene.

Industry Year was teaching today's pupils that the country depended on industry for its standard of living and competitiveness. In turn industrialists were learning that they needed to communicate and maintain public awareness.

Important

In the words of the Duke of Edinburgh, president of the Royal Society for the Encouragement of Arts, Manufactures and Commerce, 'Industry is by far the most important activity in our national life. This is a fact and we can do no good at all to give it a bad reputation or call it a rat race.'

'This programme is intended to re-awaken appreciation and understanding of what industry is all about and that can only be to the benefit of all the people of Britain.'

Epilepsy Group needs help

DABB — Disablement Association in the Borough of Barnet — has launched a group support scheme for people with epilepsy — the first in Barnet. Previously the nearest help for people with epilepsy was in Tottenham.

Many people are housebound for fear they may have a seizure in the street. The support group aims to help them overcome their fears and to gain employment leading to a more independent, fulfilled life.

National figures show that one in 200 people in the UK has epilepsy. In fact it is more common than diabetes. All of us experience an irregularity of electrical impulses to the brain at least once in our lifetime.

By holding meetings for people with epilepsy, relatives and friends, the support group hopes to gain public awareness of the fear and isolation that epilepsy causes.

Next meeting

The next meeting takes place on Monday, January 19, at Trinity Church Hall, Nether Street, Finchley N12, at 7.30pm. Information from Ruth Schneider of DABB. Tel: 446 6935.

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SPRING TERM BEGINS, MONDAY, 12th JANUARY 1987

Barnet Sport



Ashmole on the ball

Ann Hobbs, England Wightman Cup Player and one of the country's top five women tennis players, was at Ashmole Centre in December to launch Barnet Sport's Tennis drive with the good news that Prince UK, leading sports equipment manufacturers, were providing sponsorship with £5,000 worth of equipment.

Ann Hobbs and Michael Shaub, technical representative in Europe for Prince (centre of picture) held a tennis clinic at the Centre for the newly appointed tennis coaches — one full-time senior coach and five part-timers — and 30 children from Ashmole School.

There was an opportunity to try out the 1987 range of Prince racquets and a ball machine which offers an automatic ball feed for players practicing strokes.

Barnet Sport is an intensive sports coaching programme, open to all residents in the borough, with funding by the Manpower Services Commission. It is directed by former England and Spurs footballer, Ralph Coates, and concentrates on coaching in tennis, football, cricket and athletics.

Details of how to join in from The Recreation Group, Barnet House, High Road, Whetstone N20 0EJ. Tel: 446 8511.

Self defence for women

WANT a boost to confidence in the New Year? Feel you would like to know how to cope in dangerous situations? Or how to fall without injuring yourself?

Then join Barnet Sport's *Self Defence for Women* course which starts on Thursday, January 15, at Manorhill Centre, Summers Lane, North Finchley, in the school gymnasium.

The course will run for six weeks, every Thursday evening at 7.30 to 9pm. There will be two qualified coaches for each session. Wear loose clothing and trainers.

This is one of a series of courses designed specifically for women through the Barnet Sport project — a borough wide scheme, with funding from the Manpower Services Commission which offers coaching in sport and similar activities.

The women's self defence course costs £8 for the six sessions (£1.40 for people on State or Supplementary Benefit). Further details from Kay Eastment, sports development assistant, who is organising women's activities in Barnet Sport. Phone her on 446 8511 Ext 4665, at the Recreation Group, Barnet House, High Road, Whetstone N20 0EJ. Or phone Manorhill Centre 368 6316.

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- Management Buy Out.
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Questions & Answers

What kind of property is suitable for KEY PLAN?

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Does the Plan mean I lose control of my own home?

In no way. KEY PLAN is based on a straightforward service charge on the property very in the same way as a mortgage. It is still your property, your home.

Are there any hidden costs with the Plan?

No, there are not. All costs associated with setting up the plan are borne by Medens. This includes valuers' and solicitors' fees. The rate of interest charged is variable, clearly stated and highly competitive.

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Will I need a cheque guarantee card?

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BARNET DIARY

Council Meetings

Members of the public are invited to attend council and committee meetings in the Town Hall, Hendon, at 7pm

Wednesday, January 7: Town Planning & Research Committee

Monday, January 19: Development & Estates and Housing Committees

Tuesday, January 20: Public Works and Social Services Committees

Wednesday, January 21: Planning Sub-Committees

Monday, January 26: General Purposes Committee

Tuesday, January 27: Education Committee

Monday, February 2: Grants Committee

Tuesday, February 3: Allotments Committee

Entries for the February issue must be received by Monday, January 12, and before that date if possible. New entries start on February 7.

*Asterix denotes regular weekly meeting.

Saturday January 10

British Tinnitus (NW London) Assn, Meritage Club, Church End, Hendon. 2pm. 444 9657

*Melanies Latest Charts and Imports Club, 407 Hendon Way, Hendon. 202 7289

*North London Rambling Club organised Saturday walks. Contact (SAE) Ray Todd, 31 Blair Close, St Paul's Rd, London N1 2YP

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior activities, 4-6yrs 10.30am; 7 + 11.30am. 906 2322.

*Emotions Anonymous, Community Centre, 154 Station Rd, Hendon. 3pm. 458 1504

Sunday January 11

RSPB (North London) — coach outing to Dungeness. Alexandra Park Gates, Priory Rd, N8. 8am. 348 5300 (membership card needed)

RSPB (NW London) car outing to Staines Reservoirs & Wraybury Gravel Pits. Edgware Stn., 9.30am. 952 8672

*North West London HF Club. Sunday rambles in Home Counties. 997 6079

*Mind in Barnet 'Libra' Club, Etchingham Park Day Centre, Etchingham Park Rd, Finchley. 3.30pm. 455 2850

*Shaftesbury Harriers training sessions, Copthall Stadium, Gt Nth Way, NW4. 11am. 200 1584. Also Tuesdays 6pm

*North London Holiday Fellowship Group. Sunday rambles in Home Counties. 346 6795/444 5847

*Finchley Zen Society, 91 Nether Street, N12. 8-9pm. 445 1819

*Youth Club for hearing impaired, Grahame Park Youth Centre, Corner Mead, Grahame Park Way. 10.30am. 202 3811

*Barnet 18 Plus Group, Bull & Butcher Public House, 1277 High Rd, Whetstone. 8.30pm. 0707 59373.

Weekdays

*Playgroup 3-5yrs, SPEC Community Centre, 87 Brookside Sth, E Barnet. 9.15am-12.15pm. 368 0891

Monday January 12

*New Barnet Literary and Debating Soc, Foyer Rooms, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 8pm. 440 3612

*Bells Hill Prams & Pushchairs St. Stephen's Church Hall, Bells Hill, Barnet. 1.30pm. 44 9501

*Edgware & Dist Canine Training Soc, St Alphage Hall, Playfield Rd, Burnt Oak. Ring class 8.30pm; obedience training 9.15pm. 0923 35968

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Squash. 7.15pm. 906 2322

*Church Farm Children's 2-3 Club, Church Hill Rd, E Barnet. 10am-12 noon. 361 8166

*Information and Advice Drop In, Sutton Road Health Clinic, Muswell Hill. CAB and Social Services worker available. 2-4pm. Housing Estates Officer attends first Monday of month

*Emotions Anonymous, St Agnes Catholic Church Hall, Cricklewood Lane, NW2. 8pm. 961 5567

*Morning badminton club, Hartley Hall, Mill Hill. Vacancies for experienced players. 959 4867

*Squash coaching, beginners and improvers, Mill Hill School Sports Centre, The Ridgeway. 7.15pm. 906 2322

*Brownies at East Barnet Baptist Church Hall, East Barnet Rd. 6pm. 440 6811

Mon-Fri

*Crescent Playgroup, East Barnet Baptist Church Hall. 9.30am. 449 5095

Tuesday January 13

Arthritis Care, St Peter le Poer Hall, Albion Ave, N10. 2pm. 883 2441.

*Finchley Writers' Workshop, North Finchley Library, Ravensdale Ave. Everyone and all kinds of writing welcome for criticism and discussion. 6pm. 349 9412

*Friern Barnet and Totteridge Camera Club, Totteridge Library, Totteridge Lane, beginners to advanced. 8pm. 445 2617

*Mind in Barnet Luncheon/Social Club, 2 Schoolway, Woodhouse Road, N12. 10am-4pm. 446 1654 (also Fridays)

*British Red Cross Society, 10 Downage, Hendon. Sale of nearly new clothes. 10am-3pm

*123 Club for mothers, babies and toddlers, Christ Church Hall, High Rd, N12. 9.30-11.30am. 368 4659

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Introduction to golf, 7.30pm; beginners weight training 8pm. 906 2322

*Hendon and Edgware 18 Plus Group, Games Room, Royal Oak Pub, Finchley Rd, Temple Fortune. 8.15pm. 205 1455

*Mother & Toddler Group, Rendezvous Centre, Coppets Rd, N10. 9.30-11.30am. Barnet Play Association's Play Bus and inflatables at these times. 444 7839

*CRAB — photography for mentally handicapped people, 43 Flower Lane, NW7. 2pm. 346 9789

*North London Holiday Fellowship Group, Harris Room, Trinity Church, Hodford Rd, Golders Green. 346 6795/444 5847

*Basketball, 12-15 yrs Manorhill Centre, Summers Lane, N12. 6pm. 368 6316

*Colindale Youth Club 11-16 yrs, St Matthias Church Hall, Rushgrove Ave. 7pm. 205 7774

*Emotions Anonymous (emotional living problems). Unitarian Rooms, Hoop Lane, Golders Green. 8pm. 837 4456/959 1003

*Tumble Tots — physical activity for pre-school children (six months to five years), Bushmead Social Club, Hammonde Close, Edgware. Classes all day from 9.30am. 958 6579

*MIND in Barnet, Trinity Church, Nether Street, N12. No appointment needed. 7.30-9.30pm. Also Wed. 2-4pm.

*MIND in Barnet, 154 Station Road, Hendon. No appointment needed. 1-3pm. Also Wed. 2-4pm and Thurs 8-10.30pm.

*Al-Anon — help for families and friends of problem drinkers — Carey Room, Trinity Church Centre, Nether St, N12. 8pm. Further information for other local meetings 403 0888 (24 hour service).

*Bottoms Up. A club for mothers with first babies, Jubilee Room, St James' Church, Friern Barnet Lane, N20. 2.30-4.30pm. 361 3320.

*The Toddle Club. 2.30-4.30. New members welcome. Bring your babies and toddlers to Church House, behind St John's Church, Friern Barnet Road, N11. 368 7074

*Studio North Three adult classes in art, College Farm, Fitzalan Rd, Finchley. 10am-1pm. 959 1498/6175

*Elmgate Badminton Club, Church Hall, Rectory Lane, Edgware (vacancies). 7.30pm. 959 4757

*Finchley & Dist Model Aircraft Club, Manorside School, Squires Lane, N3. 14+. 8pm. 904 5449

*Cricket umpiring classes, Cockfosters Cricket Club, Chalk Lane. 7.30pm. 363 9397

*Computer Courses, Mill Hill School Sports Centre, The Ridgeway. 8pm. 906 2322

*120 (Hendon) Sqn Air Training Corps, boys and girls 13½ to 16, RAF Hendon, Aerodrome Rd, NW9. 7.30pm (also Fri & Sun 10am-12.30pm). 205 7297

Wednesday January 14

Rotaract Club of Edgware & Stanmore, The Green Man Pub, Honeypot Lane, Stanmore. 8.15pm. 722 4439 (also January 28)

Finchley Antiques Appreciation Group, Avenue House, East End Rd, N3. 7.50pm. £2.20. 203 3735 (also Jan 28)

*Parent & Toddler Time, East Barnet Baptist Church Hall, East Barnet Rd. 1.45pm (also Friday)

*Good as new sale, Chipping Barnet Conservative Association, 163 High Street, Barnet. 10.00am to 1.00pm. (Also 1st and 3rd Saturdays of the month)

*Barnet YHA Group 1st Lyonsdown Scout Hut, York Rd, New Barnet. 8pm. 449 1553/440 8770

*Bingo, St Alphage Church Hall, Playfield Rd, Burnt Oak. 8pm

*Barnet Caving Group, Bull and Butcher Pub, High Rd, Whetstone. 9.30pm. 446 1070/1868

*Bingo, Community Centre, Victoria Rd, New Barnet. 7.30pm. 440 2573

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior badminton, 6.15pm; beginners badminton, 7.15pm. 906 2322

*St Margaret's Badminton Club, Rectory Lane, Edgware. 8pm. 440 4572/951 0875. Vacancies for players

*CRAB — Circus sessions, Finchley Youth Hall, 142 High Rd, E. Finchley. Contact Pierre Hollins. 346 9789

*See-Saw Club for babies and toddlers with special needs, North Road Community Centre, Burnt Oak B'way. 10am. 368 6291

*Sale of clothing and bric-a-brac, Barnet Centre British Red Cross Soc, St Albans Rd, Barnet. 9.30am-3.30pm. 449 8969

*Badminton — few vacancies for good standard players — friendly club. 883 4437

*Hendon Woodcraft Folk (during term time), Hendon School, Golders Rise. 6.15pm. 202 7140

Thursday January 15

Friern Barnet & Whetstone Rotaract Club, Bull & Butcher Pub, High Rd, N20. 8.15pm. 446 4008 (also Feb 5)

*Church Farm Mother & Toddler Club, Church Hill Rd, E Barnet. 10am-11.30am. 368 4191

*Brookside Methodist Church Boys' Brigade, East Barnet. Pre-Junior 6-8. 6.15pm; Juniors 8-11. 6.30pm; Company 11+ 8pm. 441 2042

*Hendon Chess Club, Hyde United Reformed Church, Edgware Rd, Colindale, 7.30pm. 952 3129

*MIND in Barnet Thursday Club, 154 Station Rd, Hendon. 7.45pm 446 1654

*High Barnet Woodcraft Folk, Underhill School, Mays Lane, Barnet. 6-9 yrs. 6pm (440 5369); 10-13 yrs. 7.15pm (440 2426)

*Carpentry for disabled, John Grooms, Stoneyfields Rd, Edgware. 1.30pm. Ring Ian at CRAB 346 9789.

*MIND in Barnet — Women's Drop in Centre, Trinity Church Rodborough Rd, Golders Green. 9.30am-1pm (relaxation 11am). 446 1654

*Mums, babies & toddlers club, St Barnabas Church, Holden Rd, N12. 10am-12 noon. 445 0572

*Parent and Toddler Time, Victoria Centre, Victoria Rd, New Barnet. 1pm. 449 5511

*Badminton Club, Christ Church URC, Bellevue Hall, Bellevue Rd, N11. 8pm. 449 8476

*Community Links in Cameras (Clic), photography group of disabled people, 43 Flower Lane, NW7. 1.30pm. 346 9789

*Badminton (adults), Manorhill Centre, Summers Lane, N12. 8pm. 368 6316

*Canada Villa Youth Centre pre-school gymnastics club 'Jumping Beans', Pursley Rd, Mill Hill. 10am-12noon. £2 registration, then £1 per session. 959 2811

*Emotions Anonymous, Neighbourhood Centre, Church Lane, East Finchley. 8pm. 722 6307

*Bounce, a group for children under five with special needs. New Barnet Community Centre, 48-50 Victoria Rd. 1.15pm for 30 minutes. 25p. 346 7120

*Badminton — few vacancies for experienced players — friendly club. 883 4437

*Short tennis for juniors, Mill Hill School Sports Centre, The Ridgeway. 6pm. 906 2322

*East Finchley Toy Library, Herbert Wilmot Youth Centre, Eagans Close, N2. Over 500 toys available. 3pm. 883 6027 (also 1st & 3rd Sat. 10-11am)

*Finchley Chess Club, Etchingham Park Day Centre, Etchingham Park Rd, N3. 7.30pm

*Talks on Social Effectiveness. 202 3373

Friday January 16

*Mums & Toddlers Group, Friern Barnet Day Centre, Friern Barnet Lane, N11. 10-11.30am. 368 4278

*Hendon & Hampstead Garden Suburb Camera Club, Fellowship House, Willifield Way, NW11. 8pm. 205 6053

*Barnet and Finchley Photographic Soc, rear of 37a Salisbury Rd, Barnet. 8pm. 368 3917

*Barnet Blind Bowls Club, Finchley Drill Hall, 444 High Rd, N12. 2pm. 449 7058

*Finchley Cine Society, Avenue House, East End Rd, N3. 8pm. 346 4265.

*Brookside Community Group Senior Youth Club (11-16), Union Church, Northiam, N12. 7.15-10.15pm. 445 5958.

*Social afternoon, Old Barn Community Centre, Tarling Rd, N2. All ages. 1-3pm. 349 4613.

*Emotions Anonymous, St Albans Parish Church, The Vestry, West Heath Drive, Golders Green. 8pm. 837 4456

*Basketball sessions for juniors and seniors, Mill Hill School Sports Centre, The Ridgeway. 7pm., £1.50 juniors, £2 seniors. 906 2322

BARNET DIARY

*Friendship Club for the over 30s. Finchley Manor Squash and Tennis Club, Lyndhurst Gdns, Finchley. 8pm. 346 7657/349 0670

Saturday January 17

New Barnet & Dist. Stamp & Postal History Fair, St Peter's Hall, Lyonsdown Rd, New Barnet. 10am-5pm. 440 8835

Sunday January 18

Winter Walk around Darlands Lake Nature Reserve (Herts & Middx Trust for Nature Conservation), The Close, Totteridge Lane, N20. 10.30am. 346 5258.

Tuesday January 20

Royal British Legion (N Finchley), Legionway, off Summers Lane, N12. 8pm. 445 9911

Barnet National Trust, St Mary Magdalen Hall, Athenaeum Rd, N20. 8pm. 449 5896

RSPB (NW London), Harwood Hall, Mill Hill Circus. 8pm. 952 3129

Wednesday January 21

Library Lecture, East Finchley Library, 226 High Rd. Michael Essex-Lopresti on 'The New River' which still provides London with 32 million gallons of water a day. 8.15pm.

Edgware & Dist. National Trust, John Keble Hall, Deans Lane. 8pm. 951 1578.

Finchley & Dist Philatelic Soc, Avenue House, East End Rd, N3. 7.30pm. 883 8724 (also Feb 4)

Sunday January 25

RSPB (N London) — Beach Bird Survey — Alexandra Park Gates, Priory Rd. 8am. 801 8581

Wednesday January 28

Library Lecture, Hendon Library, The

Burroughs. Vivian Langston explains the start of 'Tracing your Family History'. 8.15pm

Sunday February 1

RSPB (N London), Day outing to Haningfield Reservoir, Alexandra Park Gates, Priory Rd, N8. 8am. 801 8581

College Farm, Fitzalan Rd, N3 open with special attractions. 2-6pm. Entry £1, concessions 50p. 349 0690

Wednesday February 4

Barnet Animal Rights Group, Christ Church Hall, High Rd, N12. 8pm. 440 1715

Milldon Arts Soc, Harwood Hall, Mill Hill B'way. 8pm. 959 4316

Library Lecture, North Finchley Library, Ravensdale Ave. Malcolm Keir sails down the Nile to the 'Land of the Pharaohs'. 8.15pm.

Saturday February 7

Whist Drive, Friern Barnet Day Centre, Friern Barnet Lane, N11. 8pm. 368 4278.

Women's Clubs

Tuesday January 13

East Barnet (Osidge) TWG, Church Farm, Church Hill Rd, E Barnet. 7.45pm. 368 7346

Wives' Group, Mill Hill East Church Hall, Salcombe Gdns. 8pm. 346 9430 (also Jan 27)

Wednesday January 14

Mill Hill Afternoon TWG, Harwood Hall,

The Broadway, NW7. 2pm. 959 1505

Friary Club (Nat Assn of Women's Clubs), Canteen, Friern Barnet Town Hall, N11. 8pm. 445 8493

Friday January 16

Broadfields Evening TWG, Mill Hill County High, Hammonds Close, Edgware. 7.30pm. 958 5718

Barnet Afternoon TWG, Wood St. 2pm. 449 0367

Monday January 19

Mill Hill Highwood TWG, Hartley Hall, Flower Lane. 2pm. 959 1994

Barnet & Dist Branch National Council of Women, St John's URC Hall, Mowbray Rd, New Barnet. 1.30pm. 449 5949

Tuesday January 20

Friern Barnet & Whetstone TWG, Manor Drive Methodist Church, York Way, N20. 2pm. 368 2691

Wednesday January 21

Woodside Park Afternoon TWG, Old Finchleians Club House, Southover, N12. 2.15pm. 445 0911

Monday January 26

Barnet & Dist Branch Nat. Council of Women, St John's URC Hall, Mowbray Rd, New Barnet. 1.30pm. 449 2062

Tuesday January 27

Montrose WI, Parish Room, St Alphage Church, Montrose Ave. 7.45pm. 951 1140.

Finchley Redbourne TWG, Etchingham Park Rd Day Centre, N3. 7.45pm. 349 3365

Wednesday January 28

Finchley Church End TWG, St Mary's Church Hall, Hendon Lane, N3. 2.15pm. 346 4178

Monday February 2

New Barnet Evening TWG, Brookside Methodist Church Hall, E Barnet. 7.30pm. 440 1394

Hampstead Garden Suburb TWG, St Jude's Church Rooms, Central Sq, NW11. 2pm. 458 3706

Tuesday February 3

Totteridge WI, Village Hall, Badgers Croft, Totteridge Lane, N20. 7.30pm. 445 5700

Friern Barnet Friary TWG, Christ Church URC Hall, Bellevue Rd, NW11. 2pm. 361 9623

Royal British Legion Women's Section (N Finchley), Legionway, Summers Lane, N12. 8pm. 445 9911

Wednesday February 4

Barnet Evening TWG, Church House, Wood St. 7.30pm. 449 6809

Edgware TWG, Parish Hall, Rectory Lane. 2pm. 952 3311

Thursday February 5

East Barnet Monkfrith TWG, British Legion Hall, Nursery Rd, N14. 1.45pm. 0707 51896

Ashley TWG, Mill Hill East Free Church, Salcombe Gdns. 7.30pm. 906 1952

East Barnet Valley TWG, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 2.15pm. 449 8601/3885

Mondays

*SupaSlim Slimming Club, Avenue House, East End Rd, N3. Sensible dieting and group therapy. 10am. 445 3195

Tuesdays

*Ladies Home League, Salvation Army Hall, Hertford Rd, East Finchley. 2.15pm.

*Supaslim Slimming Club, Church House, Greyhound Hill, Hendon. 8pm. 445 3195

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BARNET DIARY

Thursdays

- *Women's Friendship Club, Union Church, Northiam, Totteridge. 2.15pm. 445 6945
- *Ridgeway Club (Nat Assn of Women's Clubs), St Mary's Church Hall, Church Hill Rd, East Barnet. 7.45pm. 449 1373

Bridge and Whist

Mondays

- *Bridge Classes, 41 Northumberland Rd, New Barnet. 7.30pm. 449 0960. Also Tuesdays 10am, Wednesdays 2pm.
- *Bridge Class, second year students, Woodside Park Club, Southover, N12. 8pm. 445 1108 (also Tuesdays)
- *Hendon College Bridge Club (no teaching, intermediate level), 43 Flower Lane, Mill Hill. 11.45am-1.15pm. 202 3811 ext 240
- *Partner Whist Drive, St Peter's Church Hall, Somerset/Lyonsdown Rd, New Barnet. 8pm. Admission 40p. 441 1591

Tuesdays

- *Chase Bridge Club, St Andrew's Church Hall, Southgate. 9.30am. 360 5098

Wednesdays

- *Friern Barnet Council for Voluntary Service whist drive. Priory Hall, Friern Barnet Lane. 10.30am. 368 4278
- *Whist Drive, Fellowship House, Willifield Way, NW11. 7.45pm. 458 3933

Thursdays

- *Northside Bridge Club, E Finchley Methodist Church Annexe, High Rd.

Duplicate first Thursday, rubber remaining Thursdays. 7.30pm. 445 7788

- *NW London Duplicate Bridge Club, Michael Sobell Centre, Limes Ave, NW11. Admission £1.50. 7.45pm. 455 3745

Fridays

- *The Fern Room Whist Club, Salisbury Road, Barnet, 2pm. 441 4853

Keep Fit

Saturdays

- *Body-Tune Dance Keep Fit, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 9.20am (autumn), 10am (winter). 441 1336

Sundays

- *Yoga classes at Patanjali Yoga Centre, 190 Watford Way, Hendon. Beginners: 1pm & 3pm, advanced 5pm. 203 0062

Monday-Friday

- *Weight Training instruction, Hendon Sports Centre, Algernon Rd. 6-8pm Mon-Thurs; 5.30-7.30pm Fri. £1.80 per session or £15 per term. 202 6027

Mondays

- *Pensioners Health Group, Methodist Hall, Rodborough Rd, NW11. 2pm. 794 6376. 60p
- *Yoga, St Mary's Church Hall, Hendon Lane, N3. 7pm. 455 2476. Also Weds 9.45am
- *Keep fit, Centre Point, Corner Mead, Grahame Park. 8pm. 205 7113
- *Aerobics 9.30am; body conditioning 10.30am. Christchurch Hall, High Rd, N12. 349 1449

- *Body conditioning classes, Christ Church, Whetstone, Oakleigh Rd Nth, N20. 10am and 7.15pm (also Tues, Wed, Thurs). Phone 440 2483/445 1846 for times

- *Body-Tune Dance Keep Fit, St Mary's Church Hall, Church Hill Rd, E Barnet. 7.15pm. 441 1336

- *Aerobic workout, Mill Hill School Sports Centre, The Ridgeway, Mill Hill. 7pm, advanced 8pm. £2. 958 7596 (also Thurs 8pm)

- *Popmobility, Hendon Sports Centre, Algernon Rd. 7.30pm. £1.80 per session. 202 6027

Tuesdays

- *Popmobility/aerobics, Queen Elizabeth Centre, Meadway, Barnet. 7pm and 8pm. 441 2933.

- *Relaxation classes, Centre Point, Corner Mead Grahame Park, 8.30pm. 205 7113

- *Aerobics, Manorside School, Squires Lane, N3. 8pm. 349 1449 (also Thursdays 8pm)

- *Yogacise 7.15pm; body-tune dance-cise 8.15pm. St Mary's Church Hall, Church Hill Rd, E Barnet. 441 1336

- *Ladies Keep Fit — suitable all ages — Hendon School, Golders Rise, Hendon. 7.30pm. 349 0400. (also on Thursdays)

- *Body conditioning classes, Oaktrees Special School, Chase Side, Southgate. 7.30pm. 368 0881

- *Keep Fit and self defence with Nanbudo, St Mary's Hall, Hendon Lane, N3. 8pm. 349 4421

- *Stretch and Shape, Oak Tree Special School, Chase Side, Southgate. 7.30pm. 368 0881

- *Slenderquest Slimming Club, St Mary Church Hall, Church Hill Rd, East Barnet. 8pm. £1.75. 449 4277

- *Yogacise, 7.15pm; Body-Tune Dance

- Keep Fit, 8.15pm. St Mary's Hall, Church Hill Rd, E Barnet. 441 1336
- *Body Focus exercise/Dance class, Lyonsdown Hall, New Barnet. 10.15am. £1.50 creche inclusive. 368 5871

- *Ladies Weight training, Hendon Sports Centre, Algernon Rd. 10.30-11.30am. £1.80 per session, £15 per term. 202 6027

Wednesdays

- *Popmobility, Centre Point, Grahame Park. 7.30-9.30pm. 205 7113.

- *Yoga for people with handicaps. Special class, St Mary's Hall, East Barnet. Gentle movement, breathing, relaxation. 4-6pm. Qualified teacher. Other classes available. 440 1828

- *Aerobics, Copthall Swimming Pool, Page St, Mill Hill. 9.45am. 349 1449

- *Mixed Volley Ball Training Club, Queen Elizabeth Centre, Meadway, Barnet Juniors 6pm; seniors 7pm. 441 2933

- *Health and Beauty, exercise and movement classes, Christ Church Hall, High Rd, N12. 7.15-9.45pm. 286 3102

- *Keep Fit (adults), Manorhill Centre, Summers Lane, N12. 7.30pm. 368 6316

- Yoga classes for beginners, Patanjali Yoga Centre, 190 Watford Way, Hendon. 10.30am to 12 noon. 203 0062

- *Body conditioning: keep fit class — Canada Villa Centre, Pursley Rd, Mill Hill. 2-3pm. £1.50 per session. Creche available. 959 2811

- *Body conscious, body conditioning classes, St Mark's Church Hall, Wood Rd, E Barnet. 6.45-7.45pm, 8-9pm. 440 5552

Thursdays

- *Get Fit Club for young and old, St

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BARNET DIARY

- Stephen's Hospital, Mays Lane, Barnet. 7.30pm. £1.50. 906 0974
- *Mixed exercise class for people with problem backs, Queen Elizabeth's Girls' School, Meadway, Barnet. 8pm. 445 6986
- *Aerobics, Centre Point, Corner Mead, Grahame Park. 8.30pm. 205 7113
- *Yoga. British Wheel trained teacher, Union Church, Northiam, N20. 7-8pm. 349 2972 (not August)
- *British Wheel of Yoga Teachers Diploma Course, Barnet. 7pm. Details 440 1828
- *Jumping Beans — pre-school gymnastics — Canada Villa Centre, Pursley Rd, Mill Hill. 10am-12 noon. £2 enrolment fee and £1 per session. 959 2811
- *Body-Tune, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 10.15-11.30am. 441 1336
- Body Focus exercise/Dance class, East Barnet Baptist Hall, Crescent Rd. 8.30pm. £1.50. 368 5871
- *Aerobic workout, Mill Hill School Sports Centre, The Ridgeway, NW7. 8pm. £2. 958 7596
- *Mother and Toddler Gymnastics (up to 4yrs old), Hendon Sports Centre, Algernon Rd. Sessions: 12.45-1.30pm, 1.30-2.15pm, 2.25-3.10pm. Last session 2½-4yrs only. £1.50 per family. 202 6027
- *Ladies Keep Fit, Hendon Sports Centre, Algernon Rd. 10am. £1.80 per session. 202 6027

Fridays

- *Aerobics 9.30am; Body conditioning 10.30am, Christchurch Hall, High Rd, N12. 349 1449
- *Anita's keep fit class, Michael Sobell Centre, Limes Avenue, Golders Green. 10.15am. 458 7411 ext 379 (day), 455 9195.

Pensioners Clubs

Wednesday January 14

- Pensioners' Voice (Barnet), East Barnet Methodist Church, Brookside Road. 1.30pm. 361 2787

Thursday January 15

- Burma Star Assn (Edgware & Dist), New Edgware Royal British Legion Club, Parnell Close, Edgware. 8pm. 958 4463 (other branches in North London — contact 882 5445)
- Civil Service Pensioners' Alliance, Avenue House, East End Rd, N3. 10am. 346 6994

Thursday January 29

- Pensioners' Voice (Colindale/Burnt Oak), Burnt Oak Library, Watling Ave. 1.30pm. 959 4683
- Pensioners' Voice (Whetstone/Finchley), N Finchley Library, Ravensdale Ave. 1.30pm. 445 7413

Monday February 2

- Pensioners' Voice (Mill Hill), John Keble Hall, Deans Lane, Edgware. 1.30pm. 952 2496

Wednesday February 4

- Pensioners' Voice (Golders Green), Trinity Church Hall, Rodborough Rd, NW11. 1.15pm. 455 7952

Mondays

- *Handicraft Club for over 60s, Evergreen Centre, 54-60 Brookhill Rd, New Barnet. 2pm. 449 8690/886 7512
- *Club for active retired, Friern Barnet Day Centre, Friern Barnet Lane, N11. 11am-4pm. 368 4278
- *Hadley Darby & Joan Club, Hadley Memorial Hall, Hadley Highstone. 2pm. 441 4853

Tuesdays

- *Coffee Morning, Pensioners' Friendship Club, North Road Com-

munity Centre, Burnt Oak. 10am. 951 1726

- *Luncheon Club for elderly homebound and lonely, Friern Barnet Day Centre, Friern Barnet Lane, N11. 10.30am-3.30pm; Club for the elderly 2-4pm. Both activities also Wed. & Thurs. 368 4278

- *Union Street Evergreen Club, Ewen Hall, Wood St, Barnet. 2pm. 441 4853

- *Fern Evergreen Club, The Fern Room, Salisbury Rd, Barnet. 2pm. 441 4853

Wednesdays

- *Mays Lane Evergreen Club, St Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853
- *West Hendon over 60s Lunch and Social Club, Community Centre, Marsh Drive, NW9. Lunch 12.30pm; Social Club. 1.30pm. 202 5057

Thursdays

- *Pensioners' 'Friendship Club', North Road Community Centre, Burnt Oak. 1.45pm. 951 1726
- *Arts and Crafts — open CRAB sessions for the elderly. The Meritage Club, Church End, Hendon. 1.30pm
- *Roundabout Club pensioners group, Sarnes Court, Oakleigh Rd Sth, N11. 2pm. 368 4409

Fridays

- *Young at Heart, Conservative Hall, Barnfield Rd, Burnt Oak. 1.30pm. 952 3513
- *Club for the Elderly, Friern Barnet Day Centre, Friern Barnet Lane, N11. 2-4pm. 368 4278
- *Bells Hill Evergreen Club, St Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853
- *Over 60's Club, Salvation Army Hall, Hertford Rd, East Finchley. 2.30pm.

Martial Arts

Mondays

- *North London Karate Club, Mill Hill School, The Ridgeway, Mill Hill. 8-9pm, 9-10pm. 440/7733/8633 (also Thurs)
- *Barnet Shotokan Karate Centre. Recreation Hall, Barnet General Hospital, Wellhouse Lane, Barnet. Children 8-14 yrs; 6.30-7.30pm. 449 3150
- *Cobra Karate Club, Christ's College School, Hendon Lane, N3. Beginners 7pm; advanced 8pm. 959 4338. Also Wednesdays
- *Watling Karate Club, Watling Boys' Club, Dryfield Rd, Burnt Oak. Under 12, 6-7pm; over 12, 7-8pm. 40p a session (and Wednesdays)
- Nanbudo Martial Arts Club, St Mary's Church Hall, Hendon Lane, N3. 8pm. 349 4421 (also Tuesdays and Wednesdays, Children 6.30pm. Wed)
- *London School of Karate, East Barnet Upper School, Chestnut Grove. 8pm. 359 0381
- *New Barnet Jiu Jitsu Club, Scout Hut, York Rd, New Barnet. 7.30pm. Also Tues with children, 6pm. 446 1733

Tuesdays

- *Karate Centre Point, Corner Mead, Grahame Park. 7-13 yr olds 6pm; 13 plus and adults, 7pm. 205 7113 (also Thursdays, 7pm and 8pm)
- *Barnet Shotokan Karate Centre, Penefather Hall, St Albans Rd, Barnet. Adults 7.30-9.30pm. 449 3150
- *J.L. Kung Fu Centre, All Saints Church Hall, Durham Rd, N2. 7pm. 959 2605
- *Goju-Ryu Karate, Queen Elizabeth's Children Sports Centre, Meadway, Barnet. 6-7pm, adults 7pm. 906 4372/449 8997 (also Thurs)
- *Meadway Goju-Ryu Karate Club, St Marks Hall, off Meadway, Barnet.

8.30pm. 274 6376 (children's classes)

Wednesdays

- *Barnet Shotokan Karate Centre, Adults Christchurch School, Hilton Ave, N12. 8-9pm. 449 3150
- *Judo for children, Pymmes Youth Centre, East Barnet Lower School, Westbrook Crescent, E Barnet. 6.30-7.30pm; 7.30-8.30pm. 440 6473. Adults Thursday 7.30pm.
- *Kateda Self Defence Association, King Alfred School, North End Rd, NW11. 7pm. 904 6720
- *Finchley Karate Club (Okinawan Goju-Ryu Karate), Manorside School, Squires Lane, N3. 8pm. (Children 7pm) 346 9505 (also Fridays)

Fridays

- *Shin Do Kwai Kendo Club, Whitefield School (gym) Claremont Rd, NW2. 7.30pm. 863 7574

Horticulture and Floral Art

Tuesday January 13

- Mill Hill Flower Club, Harwood Hall, Mill Hill B'way. 8pm. 959 3530

Wednesday January 14

- Hendon Horticultural Soc, Hendon Library, The Burroughs. 8pm. 203 1187

Tuesday January 20

- Friern Barnet Floral Art Club, Christ Church Halls, Oakleigh Rd Nth, N20. 8pm. 446 0783 (also Feb 3)
- Totteridge Floral Art Group, Badgers Croft, Totteridge 2pm. 445 9307

Wednesday January 21

- Hendon Floral Art Group, West Hendon Community Centre, Marsh Drive. 7.30pm. 346 8916

Saturdays/Sundays

- *Mill Hill Horticultural & Allotment Soc, Hartley Close, Mill Hill. Trading hut open Sat 2.30-4pm, Sun 10.30am-12.15pm. Plots to let. 959 2848

Sundays

- Burnt Oak Horticultural Society Trading Hut, Back Lane, r/o Woodcroft Hall. 10.30am-noon

Singles Clubs

Tuesday January 20

- Finchley Solo Club for widowed, divorced & single (25-65). 8pm. 889 0513/444 8743 (also Feb 3)

Sundays

- *Singles Club party night, 411 Hendon Way, Hendon, 202 3101.

Mondays

- *Barnet Thirty Plus Group (30-50), Queen Elizabeth Centre, Meadway, Barnet. 8pm. 886 9252
- *Club 81 for unattached people 24-45, The Load of Hay Pub, Brent Street, Hendon. 8.45pm. 349 0026

Tuesdays

- *Divorced/separated club, 411 Hendon Way, Hendon. 202 3101

Wednesdays

- *National Council for the Divorced Separated, North West London Branch. Friendly club evening near Brent St. Hendon. Details: 226 3752. 203 57389/3269
- *North London and District Divorced/Separated Club, St Paul's Church, High Rd, New Southgate. 8pm. Potters Bar 42849
- *Club 81 for unattached people 24-45. The Green Man Pub, corner of Nth Circular Rd/High Rd, N2. 8.45pm. 349 0026

Gymnastics championships

NOW is the time to enter the Barnet Youth Gymnastics Championships.

The girls' championships will be held at Queen Elizabeth Centre, Meadway, Barnet, on Saturday, February 7, with events for under nines, under 13s and under 14s.

The boys' championships will be at Hendon Sports Centre, Algernon Road, Hendon, on Friday, February 13, with events for under 11s and under 13s.

The championships are open to all young people who live or belong to a club in the borough. The entry fee is £1 per person.

Closing date for entries for the boys' competition is January 16 and for the girls' competition, January 23.

Details of the boys' competition from Tim Smithers or Martin Ling at Hendon Sport Centre. Tel: 202 6027; for the girls' competition details from Eric Finestone, District Youth Office, Hendon School, Golders Rise, Hendon, NW4. Tel: 202 2757. Or contact the Youth Office, Town Hall, Friern Barnet, N11 3DL. Tel: 368 1255.

Rendezvous activities

THE Rendezvous Youth and Community Centre has a full programme for all age groups from five year olds to senior citizens.

Liz Bird, leader, has produced a new programme to show the range of activities:

Mondays — Senior Citizens' Men's Pool 1.30-4pm; Senior 14+ Club 7.30-10pm.

Tuesdays — Mum's and Toddler's 9.30-11.30am; Activity Night 7.30-10pm (girls only first hour)

Wednesdays — Senior Citizens' ladies bingo 1.30-4pm; Senior 14+ Club 7.30-10pm.

Thursdays — Senior Citizens' Men's Pool 1.30-4pm; Ladies/Girls Night (keep fit, arts & crafts) 7.30-10pm.

Fridays — Junior 5+ Club 6pm; Intermediate 10+ Club 7.30pm.

There is a coffee bar, outside floodlit play area and activities include, pool, snooker, trampoline, unihoc, volley ball.

For more details contact Liz Bird at the Centre in Coppetts Road, Muswell Hill, N10. Tel: 444 7839.

Trampolining

ENTRIES must be in by the end of this month for the Barnet Borough Youth Trampoline Championships to be held at the Queen Elizabeth's Centre, Meadway, Barnet, on Sunday, March 22.

All competitors must reside in the borough, attend a local school or be a member of an organisation recognised by the London Borough of Barnet.

There are four age group events for both boys and girls: under 11, under 14, under 16 and 16-21. Entries will be from individuals and teams, £1 per person, and there will be gold, silver and bronze medals for the first three individuals in each group and a cup for the winning school team and shield for the winning club team.

Further information and entry forms from Audrey Hutchins, Youth Office, Friern Barnet Town Hall, N11 3DL. Tel: 368 1255.

Planning For the Leisure Years

BUDGET WARMTH

FROM YOUR LOCAL EASTERN ELECTRICITY SHOP!

Remember last winter? It seemed to go on and on. Were you cold in your home? Are you worried about heating bills to come? Well there's no need to be afraid about next winter. The answer to the problem is round at your nearest Eastern Electricity show room. Their Budget Warmth plan lets you spread the bills throughout the year and you get a new heater fully installed without having to pay any extra charge or deposit.

The idea is to keep one room in your house really warm, day and night.

It is fully automatic, there are no controls to worry about, repairs and maintenance are looked after by the Eastern Electricity Board, and however cold the winter the regular weekly payments cover the cost and there is nothing extra to pay even if additional heat is required.

The scheme is particularly helpful for elderly people who can turn a room into a bed sitter for the winter and be absolutely sure they will be warm and snug, whatever the temperature outside. But it is equally useful for parents with young, vulnerable children, or for people with handicaps.

Budget warmth gives real peace of mind. A medium sized heater is installed and run for a weekly cost of £2.28 a week throughout the year. A larger heater costs £2.64 a week or you could have two large heaters for £4.37 a week.

These payments cover the cost of the storage heater, the wiring and all the electricity it uses between October and April — and perhaps even longer if the weather stays cold.

Hypothermia is one of the most dangerous conditions facing elderly people. If they are sitting in a room which is not warm enough their body temperature can drop by five degrees. Or perhaps they have to get up at night from a warm bed to a cold house. And if they should fall they may have to wait all night before help arrives. But if the house is warm one of the big dangers is averted.

**TO KEEP WARM THIS
WINTER,
BUDGET WARMTH IS
THE ANSWER**

Fill in the coupon for details or phone 953 6282 ext 2385 or 2240 and ask for Mr John Sargant.

You pay by the size and number of heaters we install. For example:-

Heater Size	Budget Warmth fully inclusive Weekly Cost throughout the year
1 medium (2.55kW)	£2.28
1 Large (3.30kW)	£2.64
1 small + 1 med. (1.7kW + (3.30kW)	£3.38
2 medium (2 × 2.55kW)	£3.64
1 med + 1 large (1 × 2.55kW + 1 × 3.4kW)	£4.01
2 large (2 × (3.30kW)	£4.37
New agreements from 1st July 1986	

BUDGET WARMTH

The weekly payments answer to single room heating.



eastern electricity

FOR YOUR FREE INFORMATION PACK:

CUT OUT & SEND TO: Eastern Electricity, Manor Way, Borehamwood, HERTS.
Tel: 953 6282 ext 2385 or 2240

Name Tel No.

Address.....

BBN5

Planning For the Leisure Years

FIND OUT WHATS ON

Barnet must be one of the best places in which to plan for retirement. The Northern Line, with terminals at High Barnet and Edgware, serves the borough well and wherever you go you are close to parks and Green Belt countryside and local shopping parades.

But best of all, Barnet has a Council which supports the voluntary sector, encouraging organisations of every description to give their specialised service to the community.

There are well over 1,000 voluntary organisations, some offering sporting, cultural and hobby activities, others caring for the vulnerable and elderly.

To find out more about what is happening in the voluntary sector take a trip to Hertford Lodge in the grounds of Avenue House, East End Road, Finchley.

A walk round the park is a day out in itself, but the real purpose of the visit is to call in at two offices: Barnet Borough Voluntary Services Council (Tel: 346 9723), which co-ordinates all affiliated voluntary organisations; and the Volunteer Bureau (Tel: 349 2930) which matches volunteers to organisations and individuals in need.

Call in at the Voluntary Service Council you may be able to pick up a series of special booklets called: *What's On for the Over 60s*.

These concentrate on residen-

tial areas of the borough, such as Finchley, Hendon, Golders Green and The Barnets. Listed inside are all the centres of advice, help and recreation.

It may be that you are a young retired person willing to offer your service to the elderly

or people with disabilities. If you could be a voluntary driver you can open up the world to someone who is housebound. Just an hour or two a month of your time is a priceless benison.

Call in at the Volunteer Bureau. They need you.

IF YOU ARE OVER 70

You can sell your house for cash, but still have legal rights to remain in occupation rent free, for your life-time

Details from:

RESIDENTIAL HOME REVERSIONS LTD.
GORSE LANE HOUSE, HIGH SALVINGTON,
WORTHING, SUSSEX BN13-3BX
TEL: WORTHING (0903) 692080

Belmont Lodge is a charming residential home for elderly people who do not require real nursing facilities and has accommodation for a maximum of 15 persons.

It is located in quiet, high class residential road in Bushey and has easy connections to Watford town centre and surrounding areas. The pleasant gardens are a splendid feature of the home and overlooked by the lounge and dining room.

Fully centrally heated, Belmont Lodge complies with all the safety requirements including, fire alarms and smoke detectors throughout.

A lift is now in operation making

life a lot easier for those who aren't fully mobile.

All bedrooms, double or single are beautifully furnished, some with ensuite bathroom and toilet, others have fitted vanity units, but in any case no more than 2 people share a bathroom.

Call alarm facilities are fitted in every bedroom along with private telephone.

A resident matron plus full night care ensures that a 24 hour service is provided.

A friendly atmosphere is maintained and where possible residents' own interests are encouraged with visitors welcome at all times.



BELMONT LODGE

Residential Home for the elderly

Registered with the Hertfordshire County Council as a Residential Care Home

FREE COLOUR BROCHURE CAN BE OBTAINED ON APPLICATION FROM:

OFFICE: 01-959 4083
or MATRON: 0923 22610

59 Belmont Road, Bushey, Herts

ROUND THE CLOCK HOME CARE

FOR
Crisis Intervention,
Rehabilitation and
Convalescence at Home,
Terminal Care and Day to Day Support

WE HAVE
Conscientious Skilled Personnel,
Professional Nurses, Nursing
Auxiliaries and Home Helps.

PROVIDING
The help you need as and when you need it
- Day or Night.

'GOING INTO A HOME' MAY NOT BE NECESSARY

If you or someone you know can't manage without help, do please call us. We have proved over and over again that many people are happier being cared for in their own familiar surroundings. We are always willing to work with your Doctor and other Welfare Services. Why not talk it over with our sympathetic Home Care Consultants? Remember IHCNS services are available 24 hours a day 7 days a week.

We are always there whenever you need private help at home.

IHCNS
INDEPENDENT HOME CARE AND NURSING SERVICES LTD.
Established 1978

The First Nursing Organisation dedicated to Home Care

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596-598 High Road, Woodford Green, Essex IG8 0PS. 01-504 1038

I would like to know more about Private Home Care.
Please send me a free brochure. ☐
Please telephone to make an appointment. ☐

Name

Address

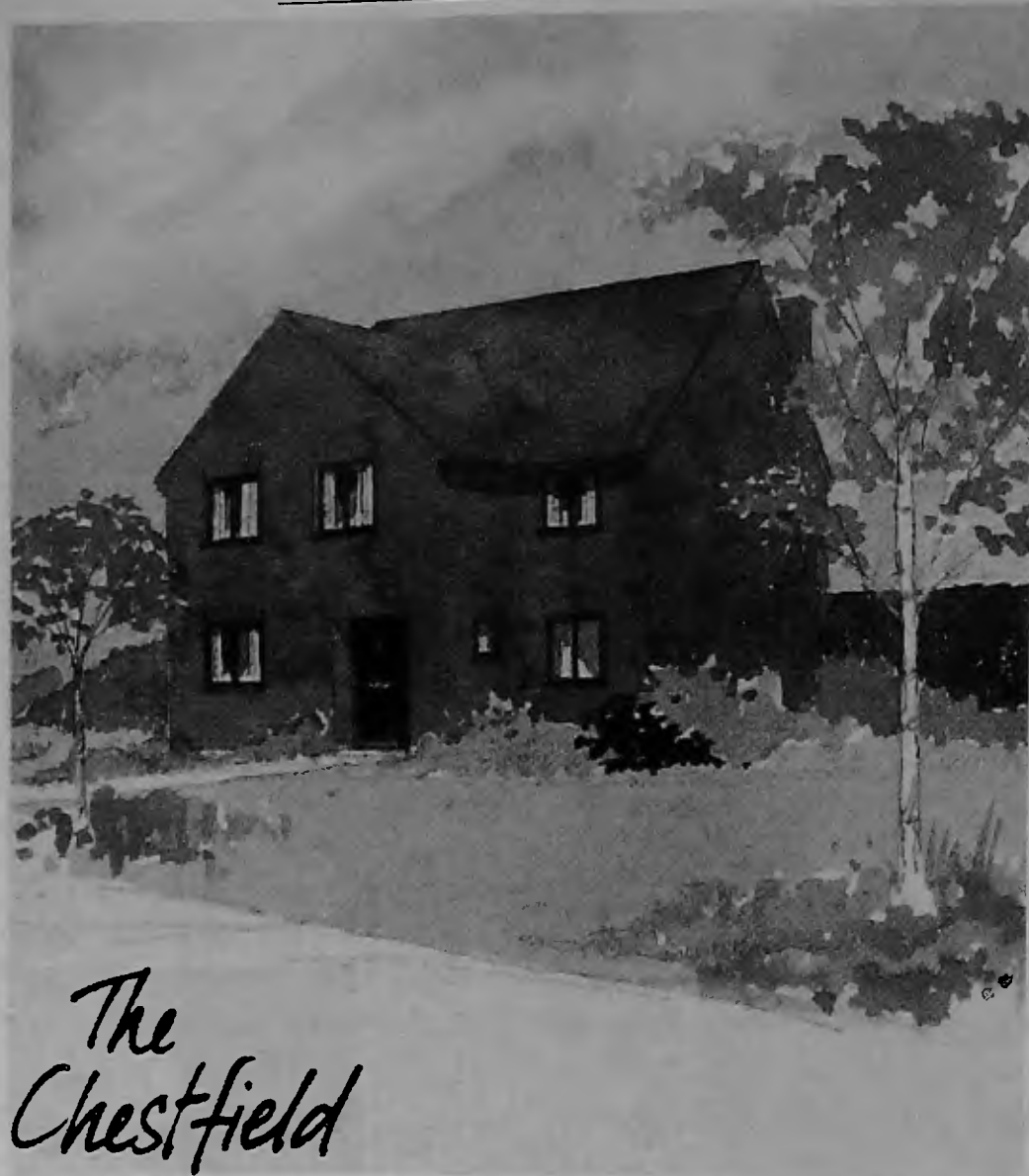
Post Code Phone No.

Please tick appropriate box

IHCNS
INDEPENDENT
HOME CARE AND
NURSING SERVICES LTD.

New Year New Home

*The
Firs*
BARNET



*The
Chestfield*

The Borough of Barnet is one of London's largest. And one of the most pleasant.

It covers thirty-five square miles of London's most Northerly tip; many acres of which are devoted to semi-rural fields, open spaces for sports like rugby, bowls, golf, football and tennis and — naturally enough for an area which prides itself on being a centre for growing families — many well equipped playgrounds.

Cockfosters tube station is just 10 minutes walk away, and Barnet itself also offers easy access to London and the Midlands via the M1, the M25, the A100, and A111.

Complementing this combination of quality lifestyle and contemporary convenience are the Summit homes at The Firs.

They're set in an exclusive cul-de-sac, and each are designed and built to be eminently suitable for families.

The houses themselves are roomy, designed to give you as much space and comfort as possible, while representing the best in traditional building methods. As you'd expect from a Summit home. Please phone for details, or visit our showhome which is open Thursday to Monday 11am to 5pm.

**TO ADVERTISE IN
OUR NEW HOME
FEATURE
RING LESLEY OR
SUE ON 01-209 1655**

**Summit invite you
to look over The Firs
at Barnet.**

△ If you want to see the finest new homes in North London, then take a look at "The Firs" this weekend.

Imaginative four bedroom, 2 bathroom detached designs built to the highest of standards and specification.

Don't miss out — your new dream home is right here on your doorstep.

Prices from £165,950

*The
Firs*
BARNET



Fully furnished showhome open Thursday to Monday inclusive 11 a.m. to 5 p.m.
Telephone 01-441 1646

Summit

Berkley House, Barnet Road, London Colney, Hertfordshire AL2 1DB. Telephone: Bowmansgreen (0727) 22003

Summit Homes

New Year New Home

Commuter choice from Barratt

If you're looking for a stylish, quality home within easy commuting reach of London, Barratt Luton's Knightswood development at Edgware, fits the bill and has already proved extremely popular with house-hunters.

Releases of property are 'snapped up' almost immediately, and that's probably because this mixed development, possibly the finest in North London for many years, offers something for everyone in its extensive range of houses and apartments.

The latest release of 18 properties includes one and two bed flats, bedsits and two bed maisonettes, available on the open market now.

Most of the latest released also have the benefit of underground car parking facilities.

All are traditionally built and architect designed, offering a wide variety of styles and external finishes which blend together to produce an attractive environment for residents.

Internally they all feature central heating and offer superb fitted kitchens plus well planned finished accommodation.

A specially nominated professional management company has been appointed to ensure that the attractive communal gardens and car parking areas are maintained to a very high standard.

Conveniently situated just off Springwood Crescent, Knightswood is very accessible, being just a short distance from both the A1 and M1 for easy commuting, and is just a short walk from Edgware underground station, from where it is just

25 minutes from the heart of London.

In addition to excellent local shopping facilities, the famous Brent Cross Shopping Centre is a matter of minutes away and sport and leisure facilities are equally impressive.

Property currently available at Edgware includes:

Ashmore, ground floor, one bed flat (£48,795); Ashmore, two bed maisonette (£67,400); Ashmore, third floor one bed flat (£48,550); Ashmore, third floor bed-sit (£43,250); Walton, one bed first floor flat (£51,300). (All the above have underground parking.)

Chelsea, one bed ground floor flat (£51,300); Chelsea, first floor one bed flat (£51,550). (With above ground parking.)

The Knightswood sales office is open seven days a week from 11am to 6pm. Sales negotiator for the development is Martyn Joyce on 01-958 8133.

KNIGHTSWOOD

off Springwood Crescent,
Edgware.



**A superb development of
1 and 2 bedroom apartments,
designed for
today's modern living.**



Prices from only £48,550

Visit the Sales Centre, open every day
11am — 6pm for details.
Telephone (01) 958 8133.



BARRATT



New Year New Home

Laing Homes expands its building activity in North London

The building of a range of new homes designed with both first time buyers and families in mind, is underway in Deansbrook Road, Burnt Oak.

Called Deansbrook, the development of 250 units is being built by one of the country's best respected housebuilders, Laing Homes and marks another stage in the company's expansion in North London.

Studio apartments, one and two bedroom houses and flats and three bedroom houses will all be available at Deansbrook. Affordability, best use of space and modern designs, are the key features of the range on show.

Since the sales office at Deansbrook opened in May, sales have been brisk, with local purchasers being quick to realise that the homes offer an investment-worthy and stylish alternative to rented accommodation.

The wide range of different

homes style at Deansbrook offers something for everyone — from studios and one bedroom homes for first time buyers, through to spacious three bedroom family houses. Prices start from around £40,000 for a studio apartment.

There is an additional attraction for purchasers at Deansbrook — the sporting facilities being built on site by Laing. A full-size football pitch and an all-weather pitch, together with changing rooms and car parking for residents, are planned for the site. And for other sporting activities, Deansbrook is ideally located with the nearby Copthall Sports Centre providing some of the best facilities in Europe.

The development is located close to Edgware and Burnt Oak tube stations, which provide regular services into central London. Major road links with the rest of the country are close at hand.

To help first time buyers and existing purchasers, Laing offers a range of schemes to smooth the path to home ownership. For first time buyers these include 100% mortgages (subject to status) and a discount for an early exchange of contracts. And to those with an existing home to sell, Laing may be able to offer assistance through a special house purchase scheme.

For further information about the homes at Deansbrook, contact the sales office on 01-951 5741.

EXCITING NEW HOMES — SUPERB LOCATION

From studio apartments to a 3-bedroom family house, our new homes at Deansbrook have been designed to suit every pocket — every lifestyle.

All are built to high specifications for energy-saving efficiency and minimum running costs; each has been built to stay virtually maintenance-free for years to come.

Come and see them this weekend — although Deansbrook is in a quiet and peaceful position, you'll find it ideally placed for main street shopping and the excellent transport links.

Details correct at time going to press.



N19b

NEW RELEASE

A range of new studios and flats on our prestige development at Harp Island Village, NW10.
Prices from £40,000.

For further information, please telephone 01-951 5741.



The Regent

BURNT OAK

'DEANSBROOK'
DEANSBROOK ROAD
BURNT OAK
Tel: 01-951 5741

The Elite studio apartment from £43,795.
1-bedroom flats from £50,995.
1-bedroom homes from £56,495.
2-bedroom homes from £68,795.
3-bedroom houses from £87,495.

Show Homes open
Mon-Sat 11am-5.30pm; Sun 2-5.30pm.
House exchange scheme available.



The Elite

AWARD-WINNING QUALITY FLATS

Wates Built Homes, voted House Builder of the Year in the 1986 What House? Awards, and Supreme National winner in this year's NHBC 'Pride in the Job' Campaign, are building a range of attractive new homes next to Grundy Park, right in the heart of Cheshunt. They are ideal for anyone looking for a good quality easy-to-maintain home with a fast rail link to London, but who is put off by high prices in the Barnet area. Wates can even arrange competitive mortgages up to 100% of the purchase price.

Wates' one and two bedroom flats have proved very popular. They are exceptionally spacious, with plenty of fitted cupboards and drawers in the kitchen, a wardrobe in every bedroom, a high level of insulation and an economic heating system.

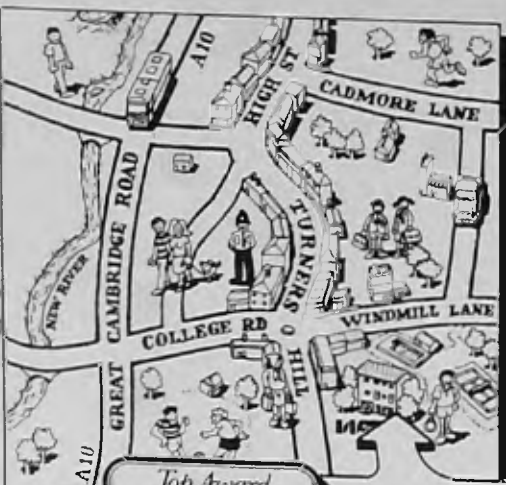
Wates homes in Cheshunt. New 3 bedroom town houses from £68,500.



If you want to live near the centre of things, but find everything you look at too old, these new Wates homes could be just what you're looking for.

Here you'll be just a few hundred yards from the town centre, yet in the kind of home you'd expect to find on the edge of town.

It will be superbly built amongst thoughtfully landscaped surroundings, and full of modern,



Top Award
What House
HOUSE OF THE YEAR 1986

Turner's Hill, Cheshunt, Herts.

1 bed flats from £48,750
2 bed flats from £54,500
3 bed houses from £72,500

Up to 100% mortgages available. Prices and availability correct at time of going to press. Show homes open 7 days a week, 10am-6pm.



Wates build with care.

labour-saving and money-saving features.

Practically on your doorstep will be the High Street, shopping pavilion, sports centre, park, library, schools and the East Herts College.

You'll also have very easy access to the M25 and A10, and be within 25 minutes of Liverpool Street by rail.

See the show homes now. Or get more details by phoning Waltham Cross 37200.

The first phase of Wates' development is now completed and fully occupied. One bedroom flats are available on the second phase from £48,750, with two bedroom flats from £54,500. Wates' beautifully furnished show flats are open 7 days a week from 10.00am to 6.00pm.



A luxurious Wates kitchen at Turner's Hill, Cheshunt.

New Year New Home

NEWS

FROM
7th JANUARY 1987

IF YOU BUY YOUR

FLAT!

2% DISCOUNT for each
qualifying year . . .
44% to 70% DISCOUNTS*For **ALL** Tenant Purchasers*Discount repayable over
three years even if you've
already bought*£150 to freeze price for three
years if you cannot buy
outright**Maximum discount probably increasing from £25,000 to
£35,000 in January*TO FIND OUT
HOW MUCH
DISCOUNT YOU
CAN GET PHONE
OUR SALES TEAM!

TEL: 446 8511

IF YOU LIVE IN A HOUSE YOU STILL GET UP TO 60% DISCOUNT

** This offer only applies to Barnet Council sitting tenants.*

PLEASE SEND ME MY RIGHT TO BUY PACK TODAY.

Post the coupon to our sales team:-
BARNET HOUSE, 1255 HIGH ROAD, WHETSTONE N20 0EJ.

TEL: 446 8511

NAME _____

ADDRESS _____

TEL. NUMBER _____

BGN 15

LONDON BOROUGH
barnet

D

OF H

ON RENTAL SERVICES



Solution

Many a young mother is familiar with the nightmare of going shopping for supplies of disposable nappies and baby toiletries but the huge boxes are so unmanageable.

The NAPPY EXPRESS delivers pampers and paedouce disposable nappies, baby toiletries, food and milk and also a large range of household items at most competitive prices, direct to your door, with NO DELIVERY CHARGE.

Brands stocked include Johnson and Johnson, infacare, S.M.A., Cow and Gate, Milupa, and many more. This service is run by Angela and David who are locally based to deliver to the whole of the London Borough of Barnet.

In addition to nappie deliveries they also arrange clothes parties for children up to six years old for their customers, details are available on request.

If you would like to place an order or receive a FREE price list just telephone 01-958 5267 and ask for Angela and David.

MAINLY FOR WOMEN

DO YOU HAVE PROBLEMS?

Mental stress, Lack of confidence, Smoking, Overeating, Panic attacks, phobias, depression, or any other psychosomatic illness?

HYPNOTHERAPY can help you

Mrs Vijaya Prasad
DMS, CHP AMAHP
(REGISTERED PRACTITIONER)

The Chatsworth Clinic
76-78 Park Road
New Barnet

Tel: 01-440 4217/8 or 01-881 8889

For appointments only
or 361 4525

(between 6.30 & 7pm or weekends)

"Doctors spent fourteen years developing this diet. It could change your life in as many days"

There are millions like Mrs Smith who've successfully used the Cambridge Diet to achieve their desired weight.

Being a major breakthrough in dieting, it contains all the nutrients, vitamins and trace elements you need for a dieting period in just 330 Calories a day.

Don't think the Cambridge Diet can't work for you, because it can, just as it has for millions of others.

For further information contact:

Jon Howard Diet Counselling
Centre, 15, Flask Walk,
Hampstead, NW3 Tel 435 0709



MRS S SMITH OF PETERBOROUGH
LOST 1ST 10LBS IN SIX WEEKS



the Cambridge Diet

WHAT IS THE CAMBRIDGE DIET?

The Cambridge Diet was developed and tested at the West Middlesex Hospital and at Addenbrookes over a period of 14 years, a longer trial than any other diet in history.

Behind it is Dr Alan Howard MA, PHD, nutritional research lecturer at Cambridge University Department of Medicine and Chairman of the Food Education Society.

His pioneering led to a diet of only 330 calories a day. This diet is so different to any other, that it has been granted worldwide patents. The Cambridge Diet is the most nutritionally dense food known to man, because it contains all the nutrients, vitamins and trace elements doctors and scientists recommend — yet is only 330 calories

It's easy to stick to, no calorie counting necessary or measuring out of tiny portions of food. We've done it all for you.

Each meal-time, simply mix up your chosen flavour from 11 delicious soups and drinks — even more are in the pipeline.

For instance, there's chicken, beef or minestrone . . . chocolate, strawberry or peach. Plenty of variety there!

If you would like to know more details of how you can loose weight then contact Mr John Howard at 15 Flask Walk, Hampstead — Telephone 01-435 0709.

**WE WISH
ALL OUR
READERS
A HAPPY
NEW
YEAR**

THE NAPPY EXPRESS "All baby's needs at very high speeds" FREE DELIVERY SERVICE

Pampers Mini 78 Normal 60 Super 54 Maxi 48,
Maxi Plus 40 £6.49 Super 108 Maxi 96,
Maxi Plus 80 £12.39

A discount will be given on Pampers purchases of two or more packs

Peau Douce Mini 80 Super 60 Maxi 48 Child size 42 £6.99

Maxi 60 Super 75 £8.40

Also a wide selection of baby products
including toiletries, food & milk

**ALSO WIDE SELECTION OF BABY PRODUCTS
INC. TOILETRIES, FOOD AND MILK**



FOR FREE PRICE LIST
Tel. Angela
958-5267



PART TIME CARE ATTENDANTS

Caring, reliable people required to relieve the care of disabled people in their homes. Nineteen hours per week, salary £3.25 per hour basic. Must be flexible, travelling expenses, appropriate training provided. Applicants must be unemployed as MSC conditions apply.

Ring:

BARNET CARE

01-441 5458

for details and application form

Planning

Burroughs plan sets future guidelines

A PLANNING brief which sets down guidelines for future development has been agreed for one of the borough's most important open sites — the land behind the Town Hall and Middlesex Polytechnic, in the Burroughs, Hendon, running down to the A41 Watford Way.

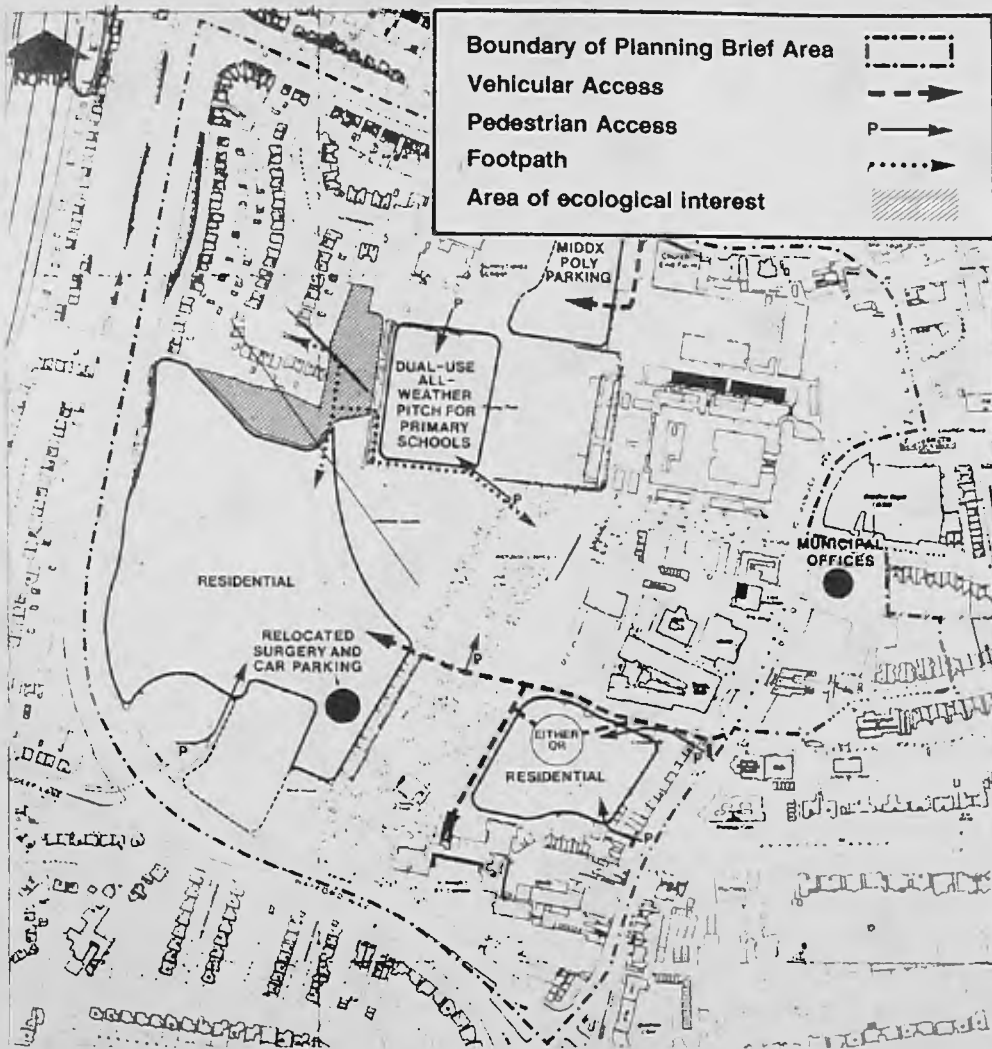
Part of this land came into council ownership in 1934 when the former Borough of Hendon purchased the site of Hendon Grove from a builder who had planned to use the land for a residential development, but the majority has been purchased since 1965.

The land between the Town Hall and Watford Way, behind The Burroughs, is owned by St Joseph's Convent.

At present much of the land is undeveloped and inaccessible open space and there is no road access.

The planning brief includes a road into the site from The Burroughs just west of the Town Hall. This would entail the present doctors' surgery in St George's Lodge being relocated.

Part of the open land near Sherrock Gardens would be retained for ecological reasons and school environmental studies with only li-



PROPOSED BASIC LAND USE CHANGES

imited access. But the new road would open up two sites for housing — a private residential development and a private sheltered housing scheme.

A new all-weather sports pitch would be built at the back of Sunnyfields School and an area of

land on Greyhound Hill has been earmarked for additional parking for Middlesex Polytechnic.

The allotments in The Grove would be confirmed as a permanent allotment site.

The planning brief includes the old Fenella House site in The

Burroughs, opposite the Fire Station. This is at present being used as a car park, but in 1987/88 new offices for the Borough Treasurer's Department will be built, adjacent to Ravensfield House.

The planning brief was drawn up in June 1986 and went out to consultation, including the Roman Catholic Diocese of Westminster, Middlesex Polytechnic, St Joseph's Convent and the doctor's group practice at St George's Lodge.

The decision to draw up clear guidelines by preparing a planning brief for the area, came when the Secretary of State for the Environment approached Barnet with an instruction to dispose of Council-owned land not needed for any Council purpose.

Barnet has made representations to the Secretary of State against any direction to sell the land. Meanwhile the planning brief will ensure that development of this key site, bordered by two conservation areas — The Burroughs and Church End, Hendon — and other land owned by the Convent and the Council is sympathetic and in keeping with surrounding land use.

Copies of the brief can be obtained from the Controller of Development Services, Technical Services Directorate, Barnet House, 1255 High Road, Whetstone N20 0EJ, and are also available for inspection in local libraries.

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A six week training course is available to prepare you for the Department of Transport Tests — Part I and II. The Part I Test can be booked through The Road Safety Unit of the Engineering Services Division of the Directorate of Technical Services.

Courses start 29th January, 1987 & 2nd April 1987.
Phone 446 8511 ext 4340 for details.

On the track of the criminal gene

1987 could well be the year of a major breakthrough in research into cystic fibrosis, the inherited disease which strikes children without warning and turns their lives into a battle ground. A disease with no known cure and which entails daily programmes of hard and painful physiotherapy.

The Mayor of Barnet, Cllr Denis Dippel, chose support for the Cystic Fibrosis Research Trust as his Mayoral Appeal this year and to find out more about the progress being made, he and the Mayoress visited St. Mary's Hospital, Paddington, where the research laboratories are based. They, with the local Press and your own Barnet Borough News, were there as the guests of Professor Bob Williamson, head of research for the trust.

It was there we were told the story of the criminal gene and the detective work which has taken place over the past ten years to track it down.

St. Mary's Hospital was the first research centre to be able to study the human gene one at a time and today is one of four international centres which compete and collaborate to find out more about cystic fibrosis.



Caroline Fielden — this is your life. The Mayor, Cllr Denis Dippel, with Caroline and the Mayoress, are shown the shaking incubator where genes are kept for study.

The others are at Saltlake City, USA; Toronto, Canada; and Copenhagen, Denmark.

Here are just a few facts and figures from Prof. Williamson.

- There are 2-million carriers of the disease in Britain. They are healthy and unaffected. But when two carriers marry and have children — then the children are at risk to inherit cystic fibrosis.
- There is no cure but as treatment improves many children live into adulthood. At present the average age of death is 20.
- Funding for research into cystic fibrosis comes from the Government, who contribute between £200,000 and £300,000 — and the Cystic Fibrosis Research Trust who raise £1,250,000 a year.

Children with cystic fibrosis are born apparently healthy. But they become prone to chest infections and digestive diseases. They are bright, usually very delightful children, and the tragedy affects every member of the family because the long struggle for life depends heavily on family co-

operation.

'Eight years ago we didn't have a clue as to what the defect was due to. We knew nothing of the underlying cause.' Prof Williamson said.

'But then we began to get on the track. Over five years we traced this criminal gene. Now we know where it lives. You might say we have tracked down its village, even the street — the long arm of the 23rd Chromosome. But we still have to find the house. I think we are very close to a breakthrough — probably within the next year or two.

'But that does not mean we will have found a cure. What we shall be able to do is:

One: Identify carriers of the disease.

Two: Offer parents the option of pre-natal diagnosis if they want it.

Three: Improve treatment for children.

'And when we know more about the gene then we can move forward into "designer drugs" to treat the disease.'

And then Bob Williamson took the youngest visitor in the group

onto his lap. Caroline Fielden, aged 2½, was born with cystic fibrosis. Her mother, Mrs Margaret Fielden, is a member of the North London Group of the Cystic Fibrosis Research Trust, and they had joined the Mayoral party with Mrs Jean Higgs, secretary of the Mayor's Appeal.

'Our research here is for the future of Caroline and 5,000 children like her.

'But research is expensive. It is only because groups like yours help us that we can continue this detective work to catch the criminal gene.'

You can help. Take part in the programme of activities. Support functions like the Mayor's Charity Ball on Thursday, March 26, at The London Intercontinental (tickets £22.50), or hold a bazaar or coffee morning, or send a gift for the tombola.

Donations should be sent to The Mayor of Barnet's Appeal, The Mayor's Parlour, The Town Hall, The Burroughs, Hendon NW4 4BG.



The Mayor meets the criminal genes as he tours the laboratories at St. Mary's with Prof. Bob Williamson (centre).



Caroline gets her own back as she tries out a marking pen on the palm of Helena Kruger, research assistant.

Barnet's allotment holders are the tops. For the third year running the Borough won the Bledisloe Trophy in the National Society of Allotment and Leisure Gardeners.

A LIVELY PLOT — by Ted Green

WHAT GOES on at Pointalls, Vale Farm, Whetstone Stray Archfields, Fuel Lands and

Woodhouse? Answer: a lot of growing.

These are the names of some of the 40 or so allotment sites situated in convenient spots throughout the Borough of Barnet where many keen gardeners spend their spare time.

Tending an allotment is a recreation which can be as absorbing as any sport and it has the advantage of being something the whole family can enjoy and take an interest in.

Good life

Many of the allotment sites in the Borough have vacant plots and now is the time to plan and get the ground ready for next year's crops. You may not be given a 'Good Life' plot to start with. It could be a mini jungle but do not be put off. Tackle the cleaning up process slowly, do not go at the job like a bull at a gate, and with sedate progress you will be ready for a productive future.

Part of a plot can be planted with fruit bushes. These will need minimum attention and you will be rewarded with blackcurrants, redcurrants, gooseberries, raspberries or any fruit you wish to grow. The surplus can go into a freezer for use later in the year.

You are of course not restricted to fruit and vegetables, flowers may be your interest. One site in the Borough, Archfields near Copthall Stadium, encourages their members to grow a border of flowers at the end of their plots alongside the public footpath, and in the summer it is a very pleasant sight.

Volunteers

The job of clearing a plot can be speeded up by the use of a petrol-driven Strimmer and a Rotovator. These can be hired at local hire shops but some sites now have their own machinery for use by their members.

Most sites, especially the larger ones, are run by volunteer committees who look after their members' interests and liaise with the council's allotment officer and other council departments.

Many sites run a trading hut which buys in bulk so that members can get their seeds and fertilisers at advantageous prices.

Apart from the local site associations Barnet has an active Federation of Allotment Holders, which has five co-opted members on the Council's Allotments Committee. Each year the Federation helps to organise a best plot and site competition in the Borough, followed by a prizegiving at Hendon Town Hall.

This year the standard in the best plot competition was high. The winner was Mr Linley of the Whetstone Stray site with 153½ points followed by Mr & Mrs B. D. Smith of Woodhouse with 152 points. The best site in the Borough is Archfields. There are also trophies for the best plots and sites in each area of the Borough.

Reduction

The size of the plot you will acquire will probably be the standard 10 poles, which is about 30 yards by 10 yards.

This size may seem formidable to the beginner but there may be an opportunity to take on a plot half this size with a corresponding reduction in the rent.

Rent

The annual rent for a 10 pole plot on a site directly let from the Council, including water, is £15. But on sites which are leased from the Council or on sites where the rent is collected on the site by a volunteer committee there is a reduction and OAP members have a 50 per cent reduction at all sites.

There is an allotment site not far from you, so if you would like a rewarding open-air healthy exercise why not contact Ted Green, Secretary of the Barnet Federation of Allotment Holders on 445 9305 or Colin Nash the Council's Allotment Officer on 446 8511 extension 4680.

Vacancies

We will gladly put you in touch with the secretary of the site nearest your home with vacant plots. You may, however, wish to contact the secretary of a local site, the names and telephone numbers and the situation of the larger sites are shown below.

Ted Green is secretary of Barnet Federation of Allotment and Horticultural Societies.

NAME OF SOCIETY

SECRETARY

Barnet Allotment Holders

Mr A. Howard, 53 Connaught Rd.

East Barnet Allotment and Gardeners' Association
New Barnet Allotment and Garden Society
Dollis Valley
Leecroft Rd and Keneerne Drive

Mr W. J. Thoroughgood (440 8552)
Mrs J. Stubbs (449 3885)

Mr F. Capon (449 3861)
Mr L. G. Fane (441 1798)

WHETSTONE

Brook Farm
Friern Barnet North Allotment Society
Whetstone Stray

Mr P. S. Farrow (445 9889)
Mr D. G. Woodhouse (368 9767)
Mr M. J. Brewer (445 8038)

EDGWARE

Watling Allottees Society
Edgware Horticultural Society

Mrs A. G. Carter (959 7004)
Mr E. Edwards (958 9144)

MILL HILL NW7

Lawrence St Allotment and Gardens Assn
Mill Hill Horticultural and Allotment Society
Sanders Lane
Wise Lane

Mrs R. Morgan (959 2835)

Mr J. N. Brown (959 7713)

Mr W. Hockett (346 7854)
Mr L. H. Webb (959 493)

HENDON NW4

Archfields
Brent Cross
Hendon Grove

Mr L. A. Cannon (906 0338)
Mrs W. Horne (202 8692)
Mr C. F. Coy (203 3719)

THE HYDE NW9

Colindale
West Hendon Allotment and Horticultural Society

Mrs P. Anderson (205 4121)
Mr J. D. Day (202 6369)

GOLDERS GREEN NW11

Finchley Manor

Mrs M. Pope (455 2437)

CRICKLEWOOD NW2

Childs Hill
Golders Green Allotment and Horticultural Assn.

Mr R. J. Emerton (455 9706)
Mr G. C. Tew (458 2074)

EAST FINCHLEY N2

Cherry Tree
East Finchley Allotment Holders
Fuel Lands
Vale Farm

Mr D. M. Fennell (883 3156)
Mrs E. Baker (883 6355)

Mr E. R. Long (346 0739)
Mr J. D. Patterson (444 5592)

FINCHLEY

Pointalls

Mr F. R. Derrett (346 2732)

FRIERN BARNET N10 and N11

Halliwick Park Allotment Holders Assn
Brunswick Park Road
Friern Barnet Central

Mr W. E. Cleaver (368 3306)

Mr D. Driscoll (361 2737)
Mr P. Lumby (361 2780)

NORTH FINCHLEY N12

North Finchley Allotment League
Woodhouse

Mr F. W. Mitchell (346 3574)

Mr E. A. Green (445 9305)

ARTS DIARY

Drama

Fri-Sun Jan 9-11

Concorde Players present 'Red Riding Hood'. Barnet College Theatre, Wood St. Tickets £2.75, concessions £2. 9th, 7.30pm; 10th 2.30 & 7.30pm; 11th 2 & 5.30pm. 881 2471/203 1436

Tues-Sat Feb 3-7

The Good Companions present 'My Gentleman Pip' (based on Great Expectations), John Keble Church Hall, Church Cose, Deans Lane, Mill Hill. Tickets £2.25. 8pm (Sat mat 4pm). 906 2735

Wednesdays

*Incognito Theatre Group, Theatre, Friern Barnet. 8pm. 886 5791
*East Finchley Theatre Group, Methodist Church Hall, High Rd, N2. 7.30pm. 883 2633
*Gainsborough Theatre Club, The Centre, Gainsborough Rd, N12. 8.15pm. 205 8352
*Barnet Youth Drama Centre, 142 High Rd, E Finchley. Sessions for seven to 11-year-olds, 6pm. Also **Thursdays** (16+), 7pm; **Fridays** (12-15), 7pm; and **Saturdays** (7+), 10am. 883 9957 (workshop hours)

Music

Tuesday January 13

Hendon Library Gramophone Soc, The Burroughs. 7.45pm. 202 5625 (also Jan 27)

Wednesday January 21

Lunch Time recital, The Manor House Soc, 80 East End Rd, N3. Tickets 75p. 1.15pm. 346 2288

Thursday January 22

Friern Barnet Library Gramophone Soc, Friern Barnet Rd, N11. 8.10pm. 361 2787 (also Feb 5)

Saturday January 24

Barnet Parish Church Recitals — Grand opening recital by the young blind organist David Liddle. 7.30pm. 449 7760

Tuesday January 28

East Barnet Library Gramophone Soc, 85 Brookhill Rd. 8pm. 440 4376 (also Feb 3)

Monday January 26

Hendon Music Soc, Hendon Library, The Burroughs. 8pm. 203 2355 (also Feb 2)

Sunday February 1

International Chamber Concert Series — Borodin Trio — The Manor House, 80 East End Rd, N3. 8pm. £4, concessions £2.50. 202 5625 ext 56

Wednesday February 4

Lunchtime Recital, The Manor House Soc, 80 East End Rd, N3. Tickets 75p. 1.15pm. 346 2288

Mondays

*Barnet Orchestra at Hendon, Whitefield School, Claremont Rd, NW2. 8pm 205 2418
*Finchley Choral Society, Moss Hall Junior School, Nether St, N3. 7.45pm. 445 8401
*Manor House Hospital Operatic Soc, Manor House, Hospital, North End Rd, NW11. 7.30pm. 346 0237
*Tudor Orchestra, East Finchley Methodist Church, High Rd, Players welcome all sections, particularly brass. 7.30pm. 445 0563

*Mill Hill Amateur Operatic Soc, Hartley Hall, Flower Lane, Mill Hill. 8pm. 959 2848

*Music for Fun — informal choir, St Jude's Church, Hampstead Garden Suburb. 8pm. 886 0284

*Entertaining the elderly in Barnet — 'Music Hall' rehearsals, Baptist Church Hall, Green Lanes, N13. 7.45pm. 449 4507

Tuesdays

*The Apollo Singers, Wilberforce Hall, Wilberforce Rd, W Hendon. 7.45pm. 959 1244

*Hendon String Orchestra, Whitefields School, Claremont Rd, NW2. 8pm. 455 5005

*Guitar classes starting in January 1987 for children, teenagers and adults, New Seekers Music School, Mill Hill School, The Ridgeway. Enquiries 09278 2151

Wednesdays

*Woodcroft Choir, Flower Lane Centre, 43 Flower Lane, Mill Hill. 7.30pm. 202 3811 ext 240

*Barnet Choral Soc, Methodist Church Hall, High St, Barnet. 7.45pm. 440 1157

Thursdays

*London Pro Arte Choir, Mill Hill East Free Church, Salcombe Gdns, Mill Hill. 7.30pm. 959 1659

*Finchley Chamber Orchestra, Moss Hall Junior School, Nether St, N3. 7.30pm. 881 3619

*Borehamwood Operatic Soc, Fairway Hall, Borehamwood. 8pm. 906 1453

Saturdays

*Hampstead Garden Suburb Youth Music Centre, Henrietta Barnett School, Bigwood House, Bigwood Rd, NW11. 9am-12.45pm. 907 8018. (Spring term commences Sat., Jan 24)

Dance

Saturday January 10

Finchley Sequence Dance Club, St Philip The Apostle Hall, Gravel Hill, N3. 7pm. 346 8675

Thursday January 15

Circassian Circle Folk Dance Club, Harwood Hall, Mill Hill B'way. 7.45pm. 950 5756 (also Jan 29)

Monday January 19

Chipping Barnet Folk Dance Club, Church House, Wood St. 7.45pm. 449 4425 (also Feb 2)

Tuesday January 27

Hampstead & Dist. Scots Assn. Burns Night. Parish Church Hall, West Heath Drive, NW11. 8pm. 515 7056

Saturday February 7

20th Century Sequence Dancing Club, Southgate Upper School, Sussex Way, Cockfosters. 7.30pm. 360 2586

Mondays

*CRAB dance club for disabled, Woodhouse Sixth Form College, Woodhouse Rd, N12. 50p per session. 7pm. 346 9789

Tuesdays

*20th Century Sequence Dancing Club, All Saints Hall, Oakleigh Rd North, Whetstone. 7.45pm. 360 2586

*Tap dancing, Centrepoint, Grahame Park. Under 12s 6.15pm; 12+ and adults, beginners 7pm, intermediate 7.30pm. 205 7113

*Wheelchair dancing, Grahame Park Community Centre, The Concourse, NW9. 1.30-3pm. 346 9789. Transport available

*Ballroom and Latin-American classes. Van's Studio, 1 Middleton Rd, NW11. 8.30pm. 455 7468 (also Thurs)

*Hampstead & Dist Scots Assn, Golders Green Parish Church Hall, West Heath Drive, NW11. 8pm. 515 7056 (not Dec 23 or 30)

Wednesdays

*Dancing, ballroom and Latin American, St Philip the Apostle Parish Hall, Gravel Hill, N3. Children 5-7pm, adults 7.30pm and 8.30pm. 360 0826

*Contemporary Dance Classes, Brookside Methodist Church, Cat Hill, E Barnet. Beginners 7pm; intermediate 8pm. £1.25 per class or £5 per half-term. 441 5984

*Mountfield Old Time & Modern Sequence Dance Club, Martin School, High Rd, East Finchley. 8pm. 959 5185

*Friary Sequence Dance Club, Manor Drive Methodist Church Hall, N20. 8pm. 883 3202

*American square dancing classes, Watling Community Centre, Orange Hill Rd, Edgware. 75p 8pm. 906 1582

*Odsox Youth Dance Company, Friern Barnet County School, Hemington Ave, N11. (12-21 yrs). 6-10pm. 346 9789

Thursdays

*Finchley Sequence Dance Club, Martin School, High Rd, E Finchley. 7.30pm 346 8675

*Pre-Primary ballet (3-5 yrs) 4pm, Primary Tap 4.45pm, Primary modern 5.30pm, East Barnet Baptist Hall, Crecent Rd. 368 5871

Fridays

*Latin & Ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 8.30pm. 449 3336/6034

*Barnet International Folk Dance Club, Hadley Memorial Hall, Hadley Highstone. 8pm 427 8042

*Primary to elementary ballet, East Barnet Baptist Hall, Crescent Rd. 4pm onwards. 368 5871

Saturdays

*Children's disco & ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 11am. 449 3336/6034

Exhibitions

Until end January

Israeli Artists in Print, The Manor House Soc, 80 East End Rd, N3. Open Mon-Thurs, 10am-5pm; Fri 10am-1pm. 346 2288

Until February 8

One Hundred Years of Service — exhibition celebrating centenary of St John Ambulance Brigade, Church Farm House Museum, Greyhound Hill, Hendon. Open: weekdays (except Tues) 10am-1pm, 2-5.30pm; Tues 10am-1pm; Sun 2-5.30pm

Until February 7

Oil paintings by Enid Fowler, North Finchley Library, Ravensdale Ave. Normal opening hours

January 17 to February 21

Paintings by Sandra Kingsley, Hendon Library, The Burroughs, Hendon. Normal opening hours

Sunday February 1

College Farm Gallery, Fitzalan Road, N3. Open mixed exhibitions. 2-6pm. 349 0690/445 5558

Old Bull Arts Centre

68 High Street, Barnet. 449 5189

Workshops for children and adults in drama, art, guitar, music, poster design and printing, modern dance/theatre, crafts, tap dance. Phone for details. Ticket prices do not include 25p membership.

Saturday January 7

Lip Service present 'Girls in Orbit' — Only E.T. separates cosmic from cosmetic! 8pm. £3, £2.50 concessions

Mon-Sat January 12-31

Exhibition by Julie Brassington of screen-printing on paper and fabric. Open 9.30am-7.30pm

Saturday January 17

Poetry and Music with Brian Patten and Clive Mills. 8pm. £3, £2.50 concessions

Friday January 23

Easy Street (two violins and guitar). 8pm. £3, £2.50 concessions

Sunday January 25

Puppet Show by the Tick Tack Company. 3pm. Children £1+50p annual membership of Bulls Eye Club, adults £2

Sunday January 25

Classical Guitar Duo (Whipps/Legorreta). 8pm. £3, £2.50 concessions.

Fri/Sat January 30/31

The Tic Toc Theatre Co present 'Hooligans'. 8pm £3, £2.50 concessions. Not recommended for children

February 2 to 28

Open Photographic Competition. Details from Centre

Arts Workshops

Barnet Arts Workshops run regular activities throughout the term. Youth workshops (4-16) in drama, arts and crafts. Term ends December 12 but special Christmas holiday programme being arranged. Also adult workshops (£1.50) free for unemployed. 346 7120.

Pop, Rock, Folk and Western

Friday February 6

Barnet Folk Club, Old Bull Arts Centre, 68 High St, Barnet. Jake Thackray. 8pm. £3, £2 concessions + 25p membership. 449 5189

Sundays

*Live music — Rock & Blues — Torrington Pub, 4 Lodge Lane, N12. 8.30pm. 445 4710 (also Fridays)

*Fridays

Melanie's Jazz Funk Night (strictly over 21 years), 407 Hendon Way, Hendon. 202 7289

Directorate of Housing and Environmental Services

Taking 'A' Levels this Summer? Uncertain of Career Plans? Why not consider a future in Housing Management?

Housing Managers are responsible for assessing the overall need for accommodation and recommending the various types of property which will best suit their particular community.

They deal with the provision of new, and the improvement of old accommodation, and its allocation. They are also responsible for the management and maintenance of properties, administration of the Waiting List and assisting with the homeless, and for giving advice and help on all aspects of housing.

The Directorate of House and Environmental Services has a SPONSORSHIP SCHEME for local students who possess three good G.C.E. 'A' Levels (or a B.TEC with credit passes).

THE SCHEME

Start a 3 year and 1 term B.A. (Hons) Course in Housing Administration at Bristol Polytechnic on the normal Local Authority Grant;

As part of the Course spend two paid periods of professional placement (4 weeks and 1 term respectively) within the Directorate;

After graduation commence full time employment with the opportunity of achieving professional qualifications and managerial status.

Professional Membership includes: the Institute of Housing and/or the Royal Institute of Chartered Surveyors.

Closing date: 22nd January, 1987

Ref: 606/SPS

For further details and an application form contact: John Beech, Training Officer, Directorate of Housing and Environmental Services, address No. 2 (ext 4835).

Directorate of Educational Services

Clerical Assistant

All Saints' School, Oakleigh Road North, Whetstone, N20

Salary: Scale 2-3 £3,140-£3,747 per annum inclusive

Hours: 20½ per week: 40 weeks per annum

We are looking for a proficient typist with some accountancy experience and the ability to handle money. You should be flexible, able to work under pressure and of the highest integrity.

Closing date: 16th January, 1987

Ref: ADM/S/013/111

Application forms, quoting reference from address No. 3.

Clerical Assistant

Oak Lodge School, Heath View, off East End Road, N2

Salary: Scale 1/2 £1,208-£1,495 per annum inclusive

Hours: 9 hours per week (times to be negotiated) 40 weeks per annum

You will be based in the Work Preparation Department and give assistance with the Technical and Vocational Educational Initiative course.

Closing date: 16th January, 1987

Ref: ADM/S/206/121

Application forms quoting reference from address No. 3.

Directorate of Social Services

Officer-in-Charge

Wellhouse Day Nursery

Salary: Day Grade 7 £11,307-£12,342 per annum (20 month contract)

We need an experienced manager to lead the team of nursery officers in providing a warm, caring, stable, stimulating and multi-cultural environment while the nursery occupies temporary premises in Wellhouse Lane, Barnet.

From January, 1987 the nursery will be providing day care for up to 30 pre-school children with a possible small extension of this number later in the year. Staff are committed to the involvement of parents and each child is seen as individual but part of a family.

The successful applicant will:-

- Hold a relevant qualification, (NNEB, CSS, CQSW, or equivalent).
- Have a sound knowledge of child development and good child care practice.
- Have management skills and experience.
- Be able to motivate staff and provide support and supervision.

For more details and to arrange an informal visit to the nursery ring:

Monica Candy, Management Officer. Tel: 01-446 1488 Ext. 4247

Closing date: 22nd January, 1987

Ref: 633/395

Interview date: 4th February, 1987

Application forms, quoting reference, and handout job outline from address No. 4.

Centre Attendant

(Male)

Broadfields Social Education Centre, Edgware

Broadfields is a 150 place centre for adults with a mental handicap and offers activities such as domestic and social training, further education, gardening, craft activities, work training and sports.

Your main duties will include assisting various Instructors in their teaching programmes, assisting (as necessary) some male trainees with their toileting and dressing and to act as a keyworker for a small group of trainees.

You will receive supervision from a Senior Instructor and there are good opportunities for career training.

Hours: 36 per week, Monday to Friday

Wages: £2.80 per hour.

Closing date: 22nd January, 1987

Ref: CAM/CAB

Please apply to Mr M. Davies, Broadfields Social Education Centre, Springwood Crescent, Edgware. Telephone 958 3435, quoting reference number.

Directorate of Technical Services

ENGINEERING SERVICES DIVISION

Temporary Road Safety Training Assistant

— Engineering Group

Salary: Scale 2/3 £6,618-£7,896 per annum plus Casual User Car Allowance

The London Borough of Barnet is committed to a positive programme of Road Safety Education. Training and Publicity and to help us to fulfil this commitment we are seeking someone with a pleasant personality who enjoys dealing with people of various ages.

This is a temporary appointment to cover a period of sick leave from 2nd January 1987 to 24th April 1987 inclusive.

You will assist in the practical instruction of road safety for children of nursery school age through to adults attending driver education courses. A knowledge of methods of instruction and use of visual aids equipment would be desirable.

Some evening and weekend work is necessary for which overtime is paid. A clean driving licence is essential.

If you are interested and would like further information telephone A.D. McHallam on 01 446 8511 Ext. 4338 for an informal chat.

Closing date: 15th January, 1987

Ref: DTS/176

Application forms quoting reference, from Assistant Controller (Support Services), from address No. 2.

SUPPORT SERVICES GROUP

Receptionists

(Two posts)

Salary: Scale 2 £6,618-£7,179 inclusive

Barnet house is the Headquarters of the Borough's Technical Services and Housing and Environmental Directorates. We need two Receptionists who can help and advise the public using our services, and help to maintain security and control of the building.

If you have experience in dealing with people, can cope with a very busy reception area, and maintain a helpful and responsible attitude even in difficult circumstances, we would like to hear from you.

Applications are welcome from Job-Sharers, with or without partners.

For an informal discussion please contact Mr Robinson of the Staffing Section on extension 4455.

Closing date: 22nd January, 1987

Ref: TS/130

Application forms quoting reference from the Assistant Controller (Support Services), address No. 2.

For full-time posts we offer a minimum of 20 days basic annual leave, with additional leave at most Bank Holidays, canteen facilities and schemes to assist with temporary separation and relocation. Assistance with housing may be available; 100% of removal expense; interest free loans for annual season tickets.

1 Personnel Officer Room H. 16/17 Sentinel Square, Brent Street, Hendon NW4 2EN. Telephone 01-202 8282 Ext 424. (01-202 6602 outside office hours)

4 Director of Social Services Ivy House, 1331 High Road, Whetstone London N20 9HZ. Tel: 01-446 6857 (24 hr answering service)

2 Directorate of Technical Services Barnet House, 1255 High Road Whetstone, London N20 0EJ Tel: 01-446 8511, Ext. 4460 (Ansaphone during office hours) or Ext. 4464

3 Director of Educational Services Town Hall, Friern Barnet London N11. Tel: 01-368 1255

5 Borough Librarian, Ravensfield House The Burroughs, Hendon, London NW4 4BE Tel: 01-202 5625 Ext. 48

**AN AUTHORITY
COMMITTED TO
EQUAL OPPORTUNITIES**



ARTSCENE



The Borodin Trio ensemble whose performances have received worldwide acclaim from both audiences and critics alike, will be appearing at the Sternberg Centre, The Manor House, 80 East End Road, Finchley, on Sunday, February 1.

This is the third in the 1986/87 International Chamber Music Concert Series organised by Barnet's Libraries and Arts.

Rostilav Dubinsky (violin), Luba Edlina (piano), and Yuli

Turovsky (cello) formed the Borodin Trio after their departure from the Soviet Union in 1976.

The trio rapidly became established performing in most of the major cities in the United States and Europe. The first major tour of Great Britain began in 1982 and included venues at Bath, Malvern, Boston Festivals and a recital at the Wigmore Hall.

They were a major attraction in Barnet's first International Concert Series —

November 1984 and this is a return visit in response to strong local demand.

The performance begins at 8pm and the programme is: Haydn — Trio in C major; Dvorak — Dumsky Trio; Beethoven — Trio Op. 70 in D 'The Ghost'.

Details and tickets from the London Borough of Barnet Arts Office, Ravensfield House, The Burroughs, Hendon, NW4 4BE. Tel: 202 5625 ext 56.



Curtain call for young actors

AN OPEN invitation to all youth clubs, schools, and young people interested in drama, has been sent out from Barnet's Youth and Community Service to enter the 1987 Youth Drama Festival.

Entries close on February 20 and the festival itself will be held at the Youth Drama Centre, 142 High Road, East Finchley, from Monday, March 30 to Friday, April 3.

A special gala performance by selected entries will be held on Saturday, April 4 at 7.30 pm.

The festival offers an opportunity to a wide range of talent. Plays and excerpts can be entered as well as mime, monologues, duologues and cabaret.

Fees range from £1.50 for solo performances to £3 for groups with a cast of six or more players.

The professional adjudicator will be Geraldine Gwyther.

A range of stage lighting and sound equipment is available and will be controlled by the festival organisers so groups and individuals must supply a lighting or special effects plan well ahead of the performance.

Full details and entry forms from: The Director of Educational Services (FE), Town Hall, Friern Barnet N11. Tel: 368 1255.

BARNETLINE LIFE LINE

A STEERING group called **BarnetLine**, which aims to ensure better communication about arts, sport and leisure activities for disabled people, will hold its first meeting at the Marie Foster Home, Wood Street, Barnet, on Thursday, January 8.

BarnetLine is a development of Open Art, the series of workshops, drama sessions and courses for people with disabilities which involved CRAB, GRAEAE Theatre, Chicken Shed Theatre Group, the Nether Never Drama Group and Barnet College.

The meeting is open to all interested people and will take place in the Occupational Therapy Room. There is wheelchair access and transport can be arranged.

For further information contact Maria Bartha at CRAB (Community and Recreational Arts in Barnet), Avenue House, East End Road, N3. Tel: 346 9789.

Indian dance programme for schools

Sitakumari, a classical Indian dancer, will be visiting schools this term to show Asian culture through dance to children of all backgrounds.

Her teaching is unique and entertaining, using dance, music and slides so that they gain a better understanding of Asian life.

Sponsored by Barnet Libraries and Arts, Greater London Arts (GLA) and Barnet Education — Sitakumari is part of the 'artists in residence' programme for schools.

Last term, dancer George Dziku-nu and drummer Emmanuel A Tagoe, entertained children with African dance and music. The artists not only perform workshops throughout borough schools but also offer in-service workshops for teachers.

Sitakumari will be visiting Cophall Girls, Queen Elizabeth Grills, Edgware Infants, Colindale JMI, Mapledown and Oakleigh Road special schools. Her first performance this term takes place at Oakleigh School on Friday, January 16, which children from Mapledown School will also attend.

100 Years of Caring

CELEBRATING 100 years of service, St John Ambulance will stage a centenary exhibition in Church Farm House Museum, Greyhound Hill, Hendon, from Saturday January 3 to Sunday February 8.

The Brigade, as it was formerly called, is respected throughout Britain for its care of people who get injured or become ill during special events and ceremonies and its training courses in first aid.

The Order of St John goes as far back as 600AD when a hospice existed in Jerusalem to take care of pilgrims suffering from the long and dangerous journey to the Holy City.

In those days Knights of the Order were known as Hospitalers because of the work they carried out at the hospice. But that was not their only duty. They were also fighting men who took part in the Crusades.

The Hospitalers won and lost many battles in Palestine, Cyprus, Rhodes and Malta. Eventually they settled in Rome where their headquarters remain today.

In Britain the Order has been in existence since the 12th century, based in the Priory, Clerkenwell. During the peasants revolt in 1381, the Priory was burnt down and was

not restored until the Gatehouse was rebuilt in 1504, where it remains as the UK's headquarters.

The St John Ambulance Association was formed in 1877 to teach first aid and nursing. It was not until 1887 that the St John Ambulance Brigade, the uniformed branch of the Order of St John, saw action. Their first public service duties took place on the streets of London where they tended to people who had come to watch Queen Victoria's Golden Jubilee procession.

Barnet's first division was formed in 1903 in Chipping Barnet at Queen Elizabeth's Boys' School. In those days it cost just 2s 6d (12½p) for a course in first aid. There are now eight adult divisions and seven cadet divisions in the borough.

The exhibition will show the history of the organisation over the years with examples of uniforms, equipment, photographs and various items of interest relating to their work within the borough.

Admission is free and the opening hours are: weekdays, except Tuesdays, 10am-1pm and 2-5.30pm; Tuesdays, 10am-1pm; Sundays 2-5.30pm.

Pavement parkers . . .

YOU HAVE BEEN WARNED

PAVEMENTS are for pedestrians. Cars which are parked on them are a real danger to elderly people. Mothers with prams are forced out into the road to get past, and blind people who often use the kerb of the pavement as a guide are particularly vulnerable.

They don't expect to find an illegally parked car in their way.

Waging a war

Barnet Council is continuing to wage war on pavement parkers. And motorists who obstruct footpaths or pavements can find themselves forking out a hefty fine plus costs in the local magistrates courts. Many drivers have already been prosecuted for footway parking and the Council will continue to take a tough line.

A few months ago the Council formed a new team to patrol the highways and footpaths of the borough to make sure they are in good condition and that people are respecting the law.

It is called the District Officer Service and the borough has been divided into eight areas with a district officer responsible for each. This team will be the borough's ears and eyes and they will be out and about seeing for themselves where the trouble lies.

One of their jobs is to deal with footway and verge parking and staff will not hesitate to take action if it is needed.

Parking on pavements also causes damage and the Council has to carry out repairs which can be expensive and the money comes from the ratepayers' pockets.

Costly

So motorists beware. As well as being dangerous it can also be expensive as the Council are continuing to take a tough line with offenders.

In the past 12 months Barnet prosecuted 283 motorists for pavement parking. The total money in fines was £7,375 plus £5,645 in costs. Individual fines ranged from £10 to £50 and costs from £5 to £25.

Be safe Be seen



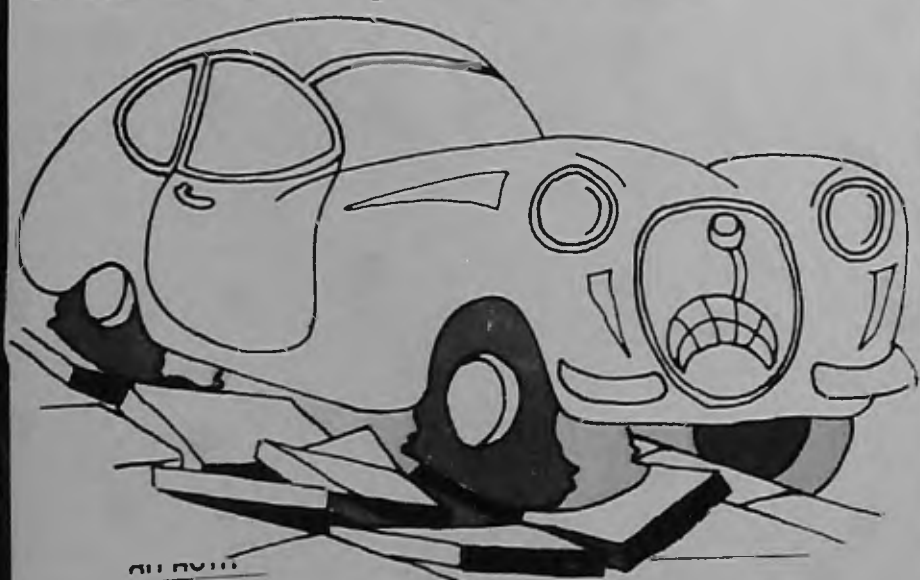
Remember whether you are a pedestrian, jogger, cyclist or motorcyclist — wearing the right fluorescent or reflective clothing could save your life

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