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BARNET BOROUGH NEWS

Barnet Council's monthly magazine for residents No. 26 JANUARY 1988



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FRONT COVER

The Princess of Wales visited Northway School, Mill Hill, to launch a recording by pop stars of 15 seasonal numbers, A Very Special Christmas.

The Princess, with Sir Eldon Griffith MP, Miss Pam Harmer, head teacher, and Patsy Moy-Beavan are watching a Winter Wonderland dance routine by girls of the school.

More pictures on centre pages.

Their Very Special Day

THE Princess of Wales chose Northway School in Mill Hill for the launching of The Special Olympics all-star recording of 15 seasonal songs — A Very Special Christmas.

All the proceeds from this recording, which comes in album, cassette and compact disc, will go to the Special Olympics, the worldwide organisation whose mission is to provide year-round sports training and athletic competition for children and adults with a mental handicap.

Sir Eldon Griffiths MP, chairman of the Special Olympics, said the competition gave the children a chance to excel, to travel, to compete. 'They want to win and they become winners whereas before they were among life's losers,' he said.

Sir Eldon and Miss Pam Harmer, head teacher, met the Princess at the school entrance on a cold but sunny morning on Monday, December 7. They were joined by Patsy Moy-Beavan,

Barnet's own swimming coach for the special schools who serves on the Special Olympics council.

The Mayor and Mayoress, Councillor Malcolm and Adelaide Lester, with Roy Shutz, chairman of the Education Committee, ward councillor David Hammond, and Neil Gill, director of Educational Services, were all presented to Her Royal Highness.

She toured the school, chatted to staff and children, and watched a swimming and canoeing display in the swimming pool.

Display and dance

In the main hall four members of the Special Olympics national gymnastics squad, Georgina Hulme, Richard Coles, Helen Simpson and Ronnie Broomhall, gave a display to a selection of Christmas songs from the album track, and the girls of the school presented a dance scenario to the second track, Winter Wonderland by the Eurythmics.

The Princess was presented with the first cut of the LP by Carol Symes, one of the pupils

and with a basket of white and yellow flowers from the school by Maria Skourides.

The Special Olympics are sponsored by Marks and Spencer and the recording, A Very Special Christmas, has been released by A&M Records.

The artists contributing are: The Pointer Sisters (Santa Claus is Coming to Town); Eurythmics (Winter Wonderland); Whitney Houston (Do you hear what I hear); Bruce Springsteen (Merry Christmas Baby); The Pretenders (Have Yourself a Merry Little Christmas); John Mellencamp (I saw Mummy kissing Santa Claus); The Sting (Gabriel's Message); Run DMC (Christmas in Hollis); U2 (Christmas Baby Please Come Home); Madonna (Santa Baby); Bob Seger (The Little Drummer Boy); Bryan Adams (Run Rudolph Run); Bon Jovi (Back Door Santa); Alison Moyet (Coventry Carol); Stevie Nicks (Silent Night).

The record is available in shops, catalogue Nos AMA 3911 (Album), AMC 3911 (cassette); and CDA 3911 (compact disc).



Tree planting day in Barnet

Saturday, December 5, was tree planting day in Barnet. As part of Barnet's National Tree Week contribution, ceremonies were held in Hendon Park and Friary Park, Friern Barnet, which were ravaged by the storms of October 15.

Our picture shows members of Finchley Society who turned out in force to plant two English oaks in Friary Park. The planting was undertaken by Society members Bill Tyler and Rosalind Batchelor.

APPEAL FOR HELPERS AND TOYS

A toy library for the under fives is planned for High Barnet this January and an appeal has gone out from the organising committee for helpers and toys.

The project, which has received Borough funding in addition to financing from other sources, was the brainchild of Karen Kiil and Jenny Arnold. A group of 15 local

mothers are now engaged in buying, cataloguing and preparing toys for loan.

They want to hear from anyone who has good quality toys to sell, particularly Fisher Price, Brio and Wooden Playtrays.

Volunteers are also needed to help on Monday afternoons, re-

ording loans, serving refreshments and supervising a creche.

The library, at Church House, Wood Street, will be open every Monday from 2pm until 3.30pm. A small membership fee will allow toys to be borrowed for a fortnight.

Anyone willing to help or with toys to sell, should contact Jenny Arnold on 449 0216.

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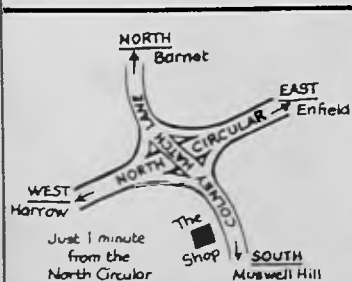


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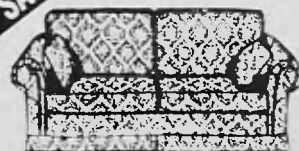
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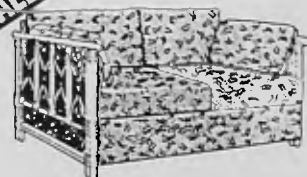
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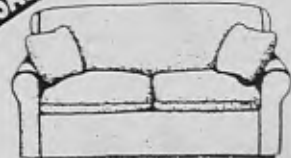
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Head teacher John Porter helps a pupil with a checklist



The quiet, cheerful atmosphere is ideal for unravelling specific learning difficulties

FOR SOME children of average or even above average intelligence there may be an aspect of learning with which they cannot cope.

There may be some hurdle blocking their forward path or distorting their communication skills. Writing, reading and spelling may suffer, or they may find it difficult to retain information or maintain concentration. This causes frustration, a sense of failure and in turn prevents a child from taking part in the mainstream of school lessons.

Such problems are known as 'Specific Learning Difficulties.'

For educationalists there is a dilemma: Should the child be sent away for special instruction, even though they are bright, normal children, able to cope with all other aspects of school life? Or should they be helped to benefit from education within the normal school curriculum.

For some children from the Borough of Barnet there is an answer combining the best of both solutions.

Sited at Ravenscroft Secondary School, Barnet is the borough's Centre for Children with severe Specific Learning Difficulties. It opened just 16 months ago and already is showing significant success.

The children are placed with the Centre but immediately become part of the school, even though it may not be their local secondary school. Their programme is designed on a completely individual basis, and they move between the centre and the classroom as their ability and educational progress permits.

Only five of six children a year are admitted. At present there are 12 students but eventually it will build up to 25.

In the Centre the children work closely with their teacher, Mrs Tessa Cohn, using tape recorders, computers, visual aids and specially devised lessons, to build up their confidence and overcome or at least untangle the problems that cause them so much difficulty.

They join their fellow pupils in the main school for classes, but Mrs Cohn or her colleague, Mrs Amanda Hume, joins the class teacher to offer help and encouragement and to make sure that the child does not become lost or withdrawn from the class.

Mrs Hume also spends half her time in the main school assisting other children who have less severe specific learning difficulties.

Two teachers

At first there was a fear that the children in the Centre could become 'labelled' as different, but within the school it is quite a common step for a second teacher to attend a class, sometimes to help children who find learning more difficult, sometimes to assist with language problems.

In this way the children from the Centre have fitted in comfortably with a school system designed to encourage them to achieve without pushing them beyond their abilities.

Head teacher John Porter, who joined the school in January, is delighted with the way the Centre has worked out.

'These are children who should not be withdrawn from normal schooling,' he said. 'They are bright, intelligent and they want to learn. They have a severe difficulty in some specific area of learning for which they need help.'

'Here they are part of the school but their problems are dealt with by specially qualified and experienced teachers.'

'The way they work, coming into class with their teacher, and taking part in the general curriculum, has had a spin off for the school. Our staff have become aware of the special methods used and in their own professionalism, adapt aspects of this work to help children with less severe problems, which, nevertheless may be holding them back.'

'The other pupils too adapt to the

Centre so that the children are looked upon quite naturally as part of the school and not as a separate group.

'I think it has succeeded because this is a happy school with a caring environment and I don't think you could get the integration we have achieved without that background.'

Within the Centre there is an atmosphere of shared endeavour. Mrs Cohn has found great support from the school staff. The librarian has helped not just to find suitable books but also to add appropriate ones to the school stock. 'We often link our reading to the subjects being studied on the school curriculum so that history and reading, for instance, are combined. In this way we not only help with a specific problem, we also tie in with the main study programme'. Mrs Cohn said.

The centre at present is in a temporary classroom but after Christmas it will move into permanent accommodation within the main school.

Seeing how comfortably the Centre has slotted into the school, makes it difficult to believe that it was only established in September 1986. It is a pilot scheme for the Specific Learning Difficulties Ser-

vice of the Education Department and is being monitored to see whether similar centres will be established at other schools.

At present Barnet has a team of visiting teachers who spend time in all the schools where there are children with Specific Learning Difficulties, but the Centre offers more intensive tuition for those with severe difficulties of this kind. Its achievements in its first year are such that the Schools and Special Education Sub-Committee sent a message of congratulations to Mrs Cohn and the headteacher.

In November Cllr Olwen Evans, chairman of the sub-committee, and Cllr Dot Benson, vice-chairman of the Education Committee, visited the Centre.

'I was very impressed,' Cllr Evans said. 'I know one of the children and I have seen the change in her since she came to Ravenscroft. She is now a happy child who enjoys going to school and wants to talk about her classwork. I think this is a centre to be proud of and that is a tribute to Mrs Cohn and her colleagues, and to the whole school staff and pupils for the way in which they have drawn the Centre into the main life of the school.'



Mrs Tessa Cohn, left, shows the centre book collection to Cllrs Dot Benson and Olwen Evans

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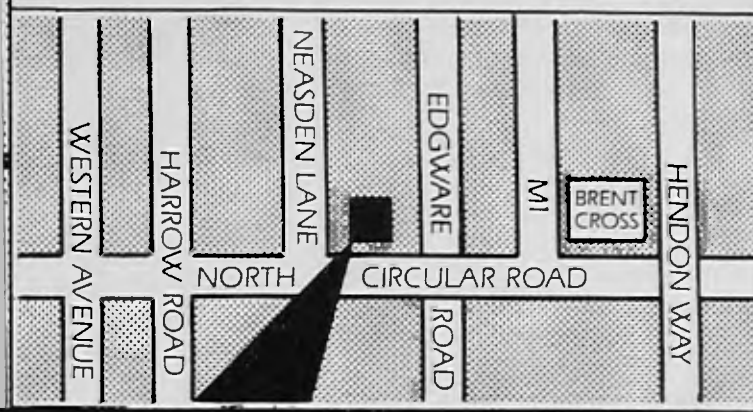
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. . . Or what happens to your blood when you give it

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And because it is so much a part of medical practice today the demand is unceasing.

Many people believe ample blood supplies will appear from somewhere for those whose survival depends on it. But even though thousands respond generously to the blood donor campaigns, there is still a vital need.

Kings Cross

Remember the Kings Cross tragedy when London hospitals were crying out for blood supplies to treat the survivors?

Part of the reason for the complacency may be that there is a misconception because of the misnomers which have crept into the public's mind over the years.

Take for example the term, 'Blood Bank'. It really doesn't exist.

The term originated in the late 1940s, when donors were urged to continue giving blood because — as in a bank — they, or someone dear

to them, might one day have to draw against deposit.

Today the National Blood Transfusion Service has become one of the world's largest blood collection and research organisations.

Treatment does not always involve the transfusion of whole blood.

Some patients may require transfusions of whole blood (that is the cells and plasma) but others may need only one particular component — the platelets, perhaps, or the protein.

By separating whole blood into its components and using only the particular component the patient requires, it is possible to use a single donation to treat several patients suffering from different illnesses.

This technique is known as blood component therapy. Whole blood is needed when the patient's blood volume is less than required to sustain life, or when red cells are deficient in quantity or quality.

When a patient has a transfusion during an operation, or after an accident, the red cells in the transfused blood improve the oxygen supply to the tissues, and the red cells and the plasma restores the volume of blood to the amount the

body needs to maintain normal blood pressure.

Cell life

In a normal healthy person red cells live in the circulation for about three months.

White cells live for about 24 hours. Platelets live about eight days.

All three are constantly being produced in the bone marrow and healthy people have no difficulty in keeping the right balance.

If, however, a patient is unable to maintain the balance, treatment may consist of transfusing only the particular type of cell or cells needed, making good the missing component.

In this way a range of diseases can be treated.

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After a donor has given blood the required component — red cells, platelets or clotting factors — is removed, concentrated and given to the patient.

So patients only receive the blood components they actually need. Blood component therapy is a big

step forward in the treatment of specific conditions. Through it the National Blood Transfusion Service is making the fullest possible use of your valuable blood donation.

Doctors are constantly discovering new ways in which blood components can be used to treat disease and so still more donors are needed.

New centre

Because of the need to expand its facilities the Blood Transfusion Centre at Edgware is moving to a new centre in Colindale, which is under construction at the moment and due for completion at the end of 1988.

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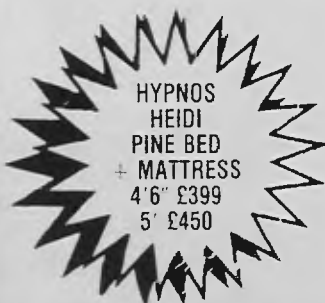
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Champagne welcome for The Mayor

RESIDENTS and staff of Deansbrook Day Centre, Edgware, were in a 'bubbly' mood on Wednesday, December 2, when the Mayor of Barnet, Cllr Malcolm Lester, called in to receive a gift for his Appeal in aid of the North London Hospice.

As well as two cheques there was a jeroboam champagne bottle full of coins. The Mayor smashed off the neck of the bottle and out poured six months of donations from the members.

When all was counted up the total gift was £800 — all raised by the elderly and the visually handicapped members of the centre and the staff.

Centre manager Valerie Baker said: 'So often people think of giving to the elderly. But this is the elderly giving to the community, and they have done it all themselves.'

The story began back in May. A few members, failing in health, had been given care by an out-reach team from the Hospice. Their work was so outstanding that when the Mayor chose the building of a new



hospice in North Finchley for his appeal, Mrs Baker suggested to members that they might like to be involved.

Immediately the group who come on Wednesdays decided to run a bring-and-buy sale. The visually handicapped group started a lucky dip and a member of staff made a rag doll to raffle. Ideas came thick and fast, and when one member found an out-size champagne

Cheers! Valerie Baker and the Mayor celebrate.

bottle (empty) in the attic, it became a bubbly bank. When it was broken open it contained £156.75.

The Mayor explained he had chosen the hospice for his appeal because it offered loving, professional care for everyone regardless of age, sex, or race.

APPEAL TOPS £30,000

THE MAYOR of Barnet's Appeal has now topped the £30,000 mark — and the campaign is only just past the half-way stage.

Recent donations have included over £2,000 from the Rotary Club of Golders Green; £1,000 from Smith's Industries; and £25 from the Midland Bank.

The collection at Brent Cross with the Laing Hendon Band on Saturday, December 12, raised more than £1,800 — a record for this event. For the first time the collection continued through both morning and afternoon sessions and for the second session members of the committee and their friends were joined by Friern Barnet Floral Art Society who collected over £450.

For your diary:

January 23: A day of Yoga, St Mary's Church Hall, Hendon Lane, Finchley, 11 to 4.30pm, £10.

January 24: Trivial Pursuit Evening with light refreshments, 8.15pm, 25 Tillingbourne Gardens, Finchley N3. £5. To book phone 346 6775.

January 31: Coffee morning, 22 Randall Court, Page Street, Mill Hill. 11am. Phone 959 1498.

February 6: Supper Quiz, Sports Club, Inglis Barracks, Mill Hill. 7.30pm. £7.50 (includes special teen-age questions).



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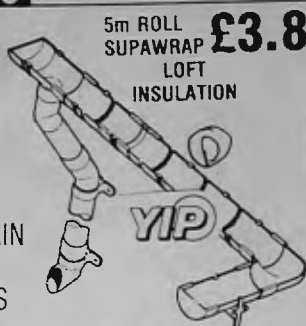
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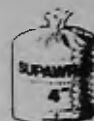


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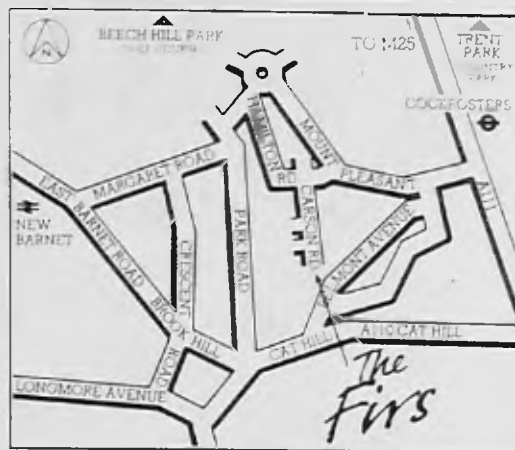
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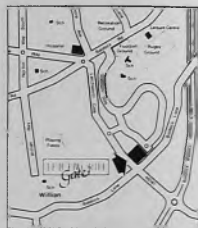
They offer gracious living in a green environment, space for children to play and grow and easy access to London and the A1.

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New Year . . . New Home

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gas-fired central heating, double glazed windows, modern, fully fitted kitchens together with luxury bathrooms. For the security conscious there are the added benefits of a resident warden service, security locks and an entryphone system. Prices start from £72,500. For further details and a brochure please contact the owners sole agents Prudential Property Services 39 Windmill Hill, Enfield, Middlesex. Telephone 01-367 7610 (Site sales office) or 01-367 5577 (24 hours).

SUPERB VALUE FOR MONEY

MANDELLS, better known for its commercial expertise, has now branched out into the residential market.

It has teamed up with agents Brian Lack to launch a brand new development called Queens Court.

The block of 18 flats has been completely refurbished, and phase 1 is now available.

Situated at 224/34 West End Lane, NW6, these flats are in the heart of West Hampstead and excellent local facilities are close to hand.

Accommodation provides a number of flats with 3 bedrooms or 2 bedroom/2 bathroom and there are two luxury penthouses, realistically priced. The 3 bedroom flat is

from £135,000. Kitchens are fully equipped with Philips oven, fridge/freezer and dishwasher, all in two-tone grey. Bathrooms are fully tiled, all windows are double glazed and all flats have independent gas central heating and carpeting throughout.

The penthouses have very large roof terraces with fantastic views over London. The lifts run directly into the penthouse itself.

There is a furnished penthouse and a three bedroom flat available for viewing by appointment. Full details are available upon request from the joint sole agents, Mandells, on 435 0087 or Brian Lack & Co on 586 5929.

LOVELL HOMES: show apartment at Woodside

PEOPLE scanning the property pages for a quality home on the outskirts of London should take a look at Woodside in the leafy suburb of Palmers Green.

Here Lovell Homes is building a small development of character apartments which upholds the company's 200 year heritage of quality home construction and carries a 10 year NHBC protection.

The development comprises one and two bedroom apartments built to three different layouts. The Arundel is a one bedroom apartment and the Burford and the Caversham two bedroom apartments.

Kitchens feature ceramic wall tiling and cushion flooring, under cupboard lighting, built-in oven, hob, hood and waste disposal unit. Bathrooms boast subtly coloured suites, powerful electric showers and extensive wall tiling.

Each apartment is installed with gas-fired central heating and fitted with double glazing. All windows have security locks and front doors are equipped with security chains. Additional security is provided by

an entryphone system, all-night exterior lighting, and emergency lighting and smoke detection in communal hallways. The entrance and common areas are attractively finished with mirrors, pictures and fitted with carpets throughout.

Surrounded by traditional Edwardian properties and mature trees, Woodside offers residents a pleasant neighbourhood in easy reach of the Capital via the North Circular or A10 direct to the City. The nearby M25 provides easy access to the M1, M11, M4, M3, Heathrow and Gatwick airports and the South Coast.

Closer to home, there are abundant shopping, sport and leisure facilities. Woodside is also well served by public transport with regular bus services, and Palmers Green Station and Southgate Tube are both within walking distance.

Woodside is located off Stonard Road, Palmers Green. The show apartment is open every Saturday and Sunday from 11am to 5pm. Prices are from £67,950. For more information contact Lovell Homes London on 01-995 0445/6.


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Councillors' & MPs' Surgeries

Chipping Barnet

Sydney Chapman, MP, and a councillor, February 6, 10.30am to 12 noon, 163 High St.

Arkley Ward — Conservative councillors, Fri January 15 and February 6, 7.30pm, Dollis Valley Community Centre.

Brunswick Park Ward — Conservative councillors available second Saturday of month, 10.30am to 12 noon, Monkfrith Boys' Club hall, Osidge Lane, N14.

East Barnet Ward — Cllr Olwen Evans (Conservative), Sat February 6, 10.30am to noon, Community Centre, Victoria Rd, New Barnet. Contact Cllrs Mrs Mamie Perry and John Perry on 368 4368 for appointment. **Labour councillors** available February 6, 10.30 to 11.30am, 104 East Barnet Road, New Barnet.

Finchley & Friern Barnet

Margaret Thatcher, MP, for constituents only, via constituency office, tel 445 4292.

Conservative councillors, February 6, 10.30am to noon, 212 Ballards Lane, N3.

East Finchley — Labour councillors every Saturday, 10am to 11.30am, East Finchley Neighbourhood Centre, Church Lane 2.

Finchley Ward — Conservative councillors, Saturday January 30 10am to noon, Blue Beetle Hall (adj St Mary's Church) Hendon Lne, N3. Cllr Mrs **Barbara Langstone** can be contacted on 445 5443.

St Paul's Ward — Labour councillors Naren Davé, Michael Freeman and Kitty Lyons, every Saturday 11am to 12 noon. Etchingam Park Day Centre, Etchingam Park Road, N3, and at Tally Ho Corner.

Woodhouse Ward — Labour councillors Mike Harris, Dennis Reed and Rudolf Vis, every Thursday, 6.30-7.30pm, Friern Barnet Town Hall, N11. Also Saturdays at Tally Ho, Finchley.

Friern Barnet Ward — Contact Cllrs Chris Platford (368 6817), Brian Salinger (368 1329), John Tiplady (445 5734).

Hendon North

John Gorst, MP, January 15 by appointment. At other times tel 959 1446 or via constituency office, 2 Apex Parade, Selvage Lane, Mill Hill. **Conservative councillors**, Grahame Park and Mill Hill, Weds January 13, 20, 27 and February 3.

Burnt Oak — Cllrs Ellis (959 6191), Shamash (458 2679), Williams (203 3234), every Saturday, 10.30am to noon, Labour Hall, Back Lane, Burnt Oak (952 5771).

Colindale — Labour councillors available first and fourth Sat each month, 2-3pm, St Augustine's, Grahame Park.

Hendon South

John Marshall, MP, via constituency office (202 7484) by appointment, see local press for details.

Conservative councillors — Sat February 6, 11am to 12.30pm, 166 Station Rd, Hendon (202 7484).

Childs Hill — Liberal/SDP Alliance councillors every second Wednesday of month 7-8pm, Unitarian Church, Hoop Lane, NW11 and every fourth Monday of month, 7-8pm, St Peter's Church Hall, Cricklewood Lane, NW2. Cllrs Cohen (205 1233), Palmer (455 5140), Stone (450 0762).

West Hendon — Phone Cllr Tim Sims (734 8080, office hours) for appointment at West Hendon Ex-Servicemen's Club, The Broadway, NW9. Cllrs **Doreen Neall** (202 9927) and **Agnes Slocombe** (202 4074) by appointment.

Labour Councillors available at George Richardson House, 7 Sunningfields Road, Hendon, on January 25 between 6.30 and 7.30pm.

Euro MP

John Marshall, Euro MP, contact Euro agent: 440 7328.

Nature Notes

JANUARY

By Clive Herbert of the Barnet Group
London Wildlife Trust

A NEW venture is launched this month for anyone wishing to learn more about our diverse wildlife and countryside. A group will meet each Tuesday evening from 7.15 to 9.15 at 10 Meadway, NW11.

Topics to be covered in January by slides and discussion are: 5th Marine Ecology; 12th Butterflies; 19th Amphibians; 26th British Mammals. The cost will be £2.40 for adults or £1.50 for OAP, student or unwaged. Everyone is welcome to come to any or all meetings. For a full programme, contact me on 440 6314. Don't miss this opportunity to find out about our fascinating wildlife.

January is often an ideal time to visit some of London's many reservoirs and gravel pits. Although artificial habitats, they provide some of the best opportunities for seeing a wide range of wildfowl. The Welsh Harp is Barnet's only reservoir, but just a short distance away is Walthamstow — always reliable for a good selection of ducks.

In woods and along hedgerows you may also find roving winter flocks of tits and finches as they scour the countryside to search for dwindling supplies of food. Don't forget to look out for the more unusual birds which may visit our gardens if the weather turns cold and keep up supplies of water and food.



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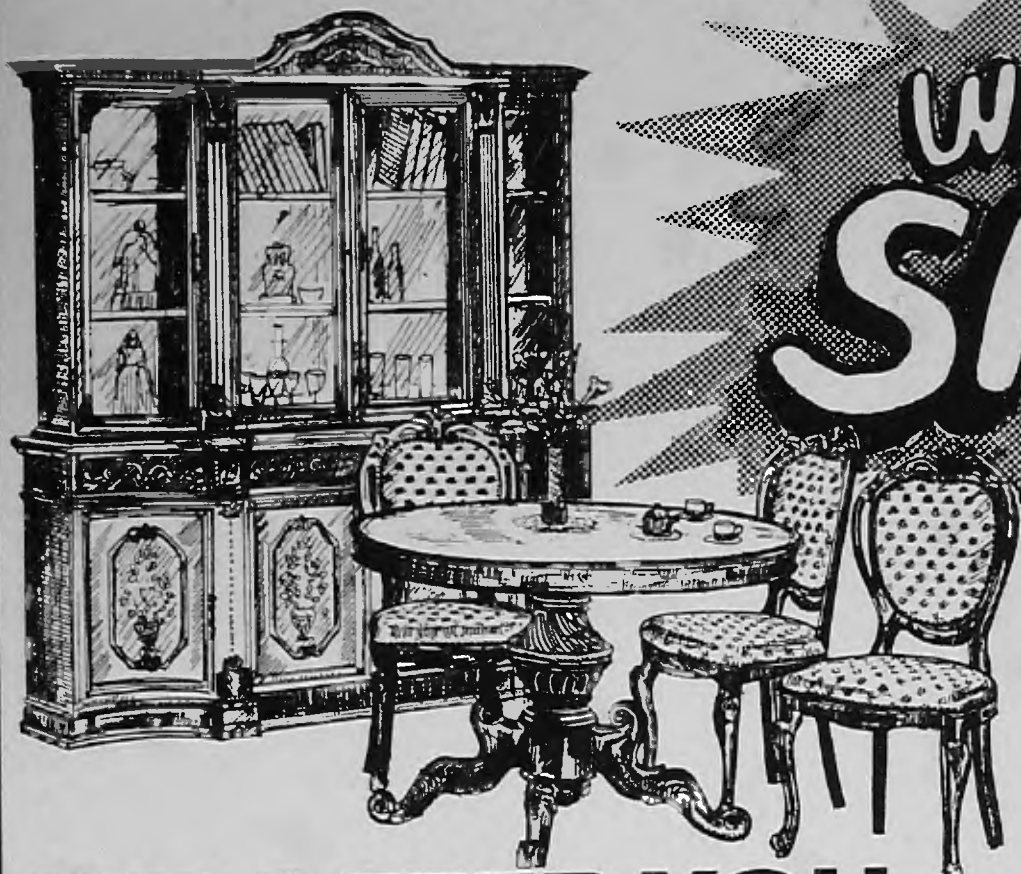
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Let Eurostile offer you the furniture to impress your friends and relatives with and enjoy for years to come.

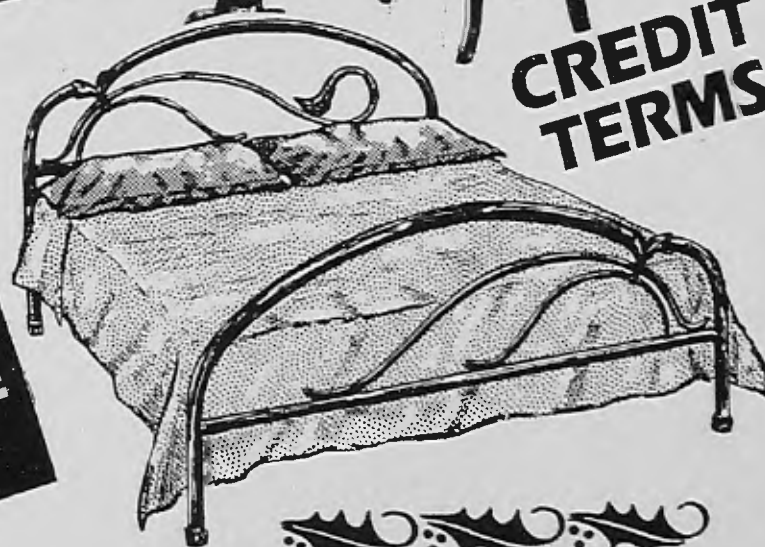
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The Spirit of Japan

A glimpse of traditional life in Japan can be seen through the eyes and camera lens of photographer Harold Rose, when an exhibition of his work opens at the Church Farm House Museum, Hendon, on January 16.

The display of 70 colour prints show life behind the computers, cameras, robotics and calculators which currently contribute to the modern image of Japan.

Children are pictured in ceremonial dress, street scenes and family outings. Colorful Shinto shrines, Buddhist temples, Zen inspired gardens, waterfalls and Osaka castle are just a few of the scenes captured on film.

Kimono dress and geisha costume contrast with a typical party of school-children pictured in their sailor-suit style of uniform.

Daily life in Japan is in constant change while its people seek harmony between the old and the new, between traditional customs and those adopted from the West.

Mr Rose, who lives in Muswell Hill, has travelled extensively in the Far East as well as Europe, Africa and North America.

His photographs reflect the older generation of Japanese adhering to a religious and traditional way of life, and the aspirations of the young, particularly the women, who are endeavouring to find their place in a modern society.

The exhibition, which had a six-week showing at the Royal Photograph Society's Centre in Bath, will be at the museum until February 28.



PAVLOVA FESTIVAL

THE famous ballerina, Anna Pavlova, who lived in Golders Green from 1912 until 1931, left an indelible mark on the world of dance.

To celebrate her immense contribution to this art, the first Pavlova Festival will be held at her former home, Ivy House, in April.

The Festival is organised by the Borough of Barnet in association with the Middlesex Polytechnic and The Anna Pavlova Memorial Museum.

As part of the event the organisers wish to present a selection of reminiscences from people who saw or met this great ballerina.

If you saw a performance, met her or saw her at anytime send your written memories, before February 1 to: The Pavlova Festival, The Arts Office, London Borough of Barnet, Ravensfield House, The Burroughs, Hendon NW4 4BE.

It is possible to make an audio recording of your reminiscence should writing be difficult. For further information telephone 202 1903 (24 hours).



The great Pavlova performance at the Hippodrome. Photograph courtesy of the Pavlova Museum.

Top pianist to visit Finchley

PIANIST Bernard d'Ascoli continues the International Chamber Concert series on February 1 at St Barnabas Church, Holden Road, Finchley.

Born in the South of France in 1958, Mr d'Ascoli has been blind since the age of three. His interest in music began to develop from the age of 11 when he started learning to read piano music from Braille.

At the age of 19 he won first prize at an International competition in Spain and since then has won many major awards.

In 1986 he made his first appearance at the Henry Wood Promenade Concerts, playing the Schumann Piano Concerto.

His programme next month is Beethoven's Sonata in E Op.109; Impromptus D899 by Schubert and Schumann's Carnival Op. 9.

The concert starts at 7.45pm. For further details and tickets, phone the Borough's Arts Office on 202 1903 (24 hours).

FINCHLEY CHAMBER CHOIR

The Chamber Choir presents an evening of sacred music on February 20 at Trinity Church, Nether Street, Finchley, beginning at 7.45pm.

Their programme includes Copland's In the Beginning and Barber's Agnus Dei. Admission is by programme on the door at £3.75 (£2.50 concessions) or in advance. For further details phone 346 0502.

New Year fare

THE first Shakespeare production at the Old Bull Arts Centre, Barnet, will be Romeo and Juliet performed by the Compass Theatre Company.

This inventive production brings in the use of mine and the six-strong touring company has received rave reviews for this interpretation of the Bard's classic love story.

There are two performances on January 16 in the Main Theatre, a matinee at 3pm and an evening show at 8pm.

In contrast the Young Bull Theatre Company are arming their splurge guns for a production of Bugsy Malone.

Chicago in the Roaring Twenties is the setting for this popular musical which features a cast of 45 aged from 7 to 16.

The production, directed by Bronwen Rowton and choreographed by Elena Georgiou, will run from Thursday, January 28 to Saturday January 30. Performances begin at 8pm with the addition of a matinee on January 30 at 3pm.

Masks feature in January's programme for the Old Bull beginning on January 8 and 9 with a production of Top Storey by the Barnet-based mask company, Trestle Theatre Company.

This entertaining comic drama where humour and sadness gently combine, begins at 8pm each evening.

Making masks is the subject of workshops by Mike Chase and Cindy Faulkner. On January 14 there is an opportunity to create and decorate masks based on moulds taken from participate faces.

On January 21 a second workshop explores the use of those masks and others from an exhibition by Mike Chase.

The cost of both workshops is £5 but it is not essential to attend both. Individually they cost £3 plus 25p membership.

On January 23 there will be a mask workshop for children. The 8 to 12 age group will be welcome between 10.30am and 12 noon. For 12 years and above, the workshop will be from 12.30pm until 2pm. The charge is £2 plus 50p Bullseye Membership, including materials.

If you want to talk quality hi-fi, television and video, Bang & Olufsen is our favourite topic of conversation. We can discuss technicalities like frequency response and sensitivity levels – if that's the sort of language you understand. Or we can simply advise you without using a single word of scientific jargon.

We really prefer to let the products do the talking so your ears and eyes can do the listening and viewing. It's those penetrating questions about price, guarantees, installation, servicing skills and credit facilities that we are here to answer.

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1. The Princess is welcomed by Sir Eldon Griffiths and the Mayor.



2. The Princess introduced to representatives of Barnet Council.



Special Olympics Photographs 2 to 5 courtesy of
Olympics Photographs 1 and 6 by [unclear]

A Very Special for North



3. Tiny Georgina Hume charmed the Princess.



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6. Happy faces greet the Princess.



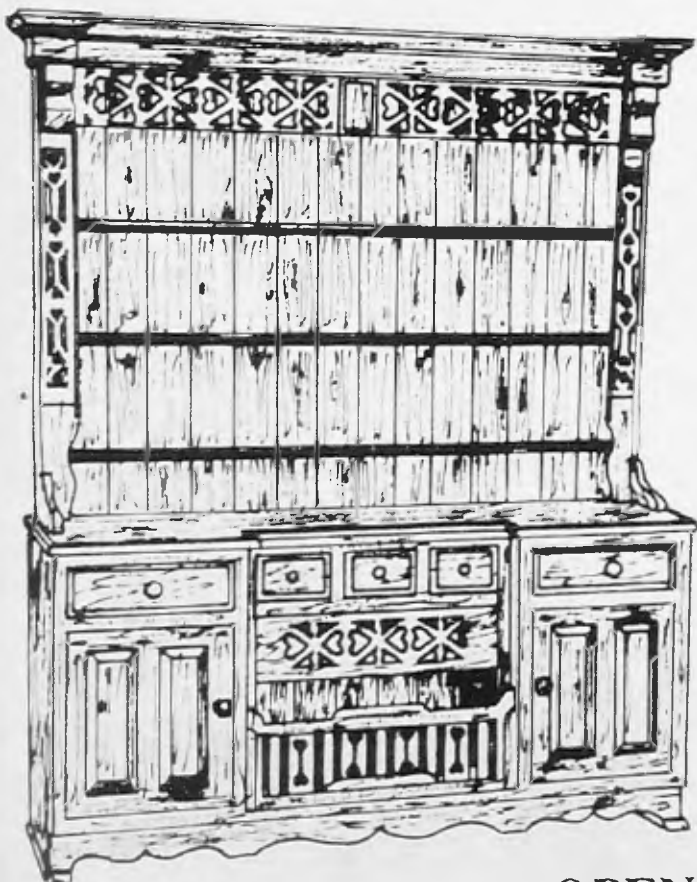
4. Carol Symes presents the record.



5. A demonstration of swimming and canoe capsizing was given.

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Social Services

Peter's story

PETER, 65, is currently waiting for a family to be found for him. He has spent several months being treated in hospital following a stroke which left him physically disabled and unable to return home. He needs a family with ground-floor accommodation where he can be helped to maintain the progress which he has already made.

Donald's story

DONALD, 25, was brought up by his father who was unable to adequately care for him. Since Donald was placed with Cherry Richards, a single carer, he has been helped to learn to look after himself. His personal hygiene has improved, he is better able to manage his money and has learned to cope with public transport. His limited abilities have been markedly improved.

Could your home be their home?

BARNET Social Services Department wants to expand its Adult Placement Scheme.

This is a service to adults who are unable, for various reasons, to live on their own but do not require hospital or residential care.

Local people are needed to offer comfortable accommodation as part of their family life in their own home, as well as encouraging the development of new skills and re-learning forgotten ones.

Many of these vulnerable people have been living in hospitals, in residential care or isolated at home or with relatives no longer able to

care for them.

They are ready to move on, but not capable of managing the strains and responsibilities of living alone. Some go out in daytime either to work or to a Day Centre, but need an eye kept on them for some of the time to ensure that they care for themselves adequately.

One person might have managed well at home until a stroke but now be unable to manage on their own, to cope with meals, washing or going up and down stairs. Another person with learning difficulties might need help in becoming more independent and, with encourage-

ment, learn new skills.

These vulnerable adults come from all walks of life, different racial and cultural backgrounds and are of different ages and capabilities.

A wide variety of carers is needed from all parts of the Borough. No formal qualifications are required but an enjoyment and flair for caring for the disabled or elderly is needed.

Flexibility and a sense of humour would be assets and those people able to offer ground floor accommodation would be particularly welcome.

A social worker based with each of the Borough's three area teams and one centrally located, will be responsible for the work of the scheme.

Those applying to join would be visited by one of the social workers who would help them prepare for the work involved. There will be regular ongoing support from the social workers.

We welcome enquiries from anyone, particularly residents of Burnt Oak, Edgware, East Finchley or Golders Green and especially those with ground floor accommodation.

A REWARDING JOB AT HOME

PAYMENTS FROM £117 PER WEEK AVAILABLE TO HELP SHARE THE CARE OF THE ELDERLY AND DISABLED IN YOUR OWN HOME. Barnet Social Services Department are looking for families living within the Borough who enjoy caring for older or disabled people and can offer them a permanent home.

WILL YOU HELP?

COULD YOU:- share your time and home with an adult in need of family placement?

COULD YOU:- encourage them to relearn and redevelop new skills?

COULD YOU:- assist them in becoming independent again?

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Telephone No. _____



Five-a-Side finalists

PRINCES Park Youth Club, which regularly fields 10 teams on a Saturday, and is based at Copt-hall Sports Complex, won through to the 13 to 15 age group finals of the Metropolitan Police Football Competition, held at Wembley Arena, on Thursday, November 26.

They met Valencio Star from

In the picture, left to right: Back row, Paul Davis, Cuthbert Martin, assistant manager/trainer; Diane Kearney, manager; Neil Corry (captain); Marco Tucci, Curtiss Martin, Andy Vicious, Martin Kearney, John Fashanu, and Pc Anthony Lee. Front row, Paul Dale, Jason Tustain and Mohamed Hamid.

Kensington and Chelsea in a close run match. The Princes found the Stars the stronger team in the first half but played a courageous second half before conceding defeat 2-1. Among the personalities attending were Paul Davis of Arsenal, John Fashanu of Wimbledon and Andy Vicious, TV presenter.

Canoeing for salad bar



RESIDENTS and Day Centre members of Beach Lodge, Hendon Lane, Finchley, will have some salad days thanks to the hard work of six police officers.

A sponsored canoe race by the officers, over the Oxford and Cambridge course between Mortlake and Putney, raised £450 which, said Barnet's officer in charge, Pat Burchill, will be used to install a salad bar.

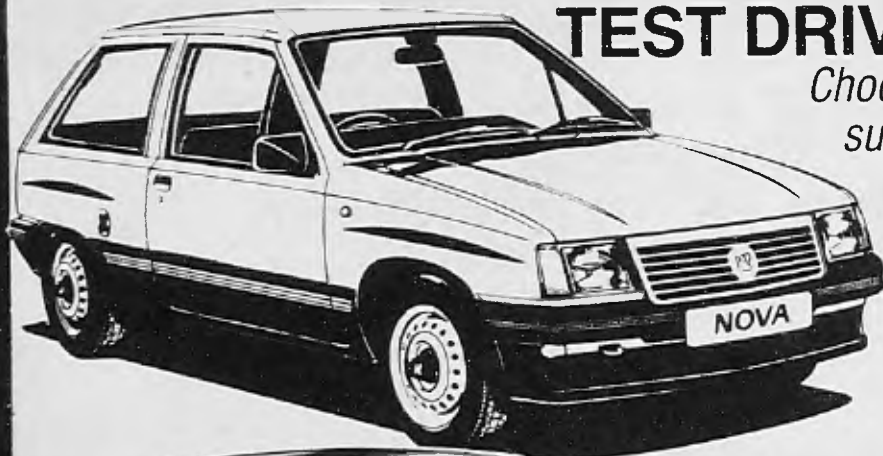
Home beat officer, Pc David Russell, led the crew of WPC Karen Stone, Sergeant Tom Jolley and Pcs Alistair Gibb, Eric Bristow and Chris Yarwood, as they paddled their own canoe along the six and a half mile route on July 9.

Pictured at the presentation are (from left): Supt Taffs, Mrs Davies, Mrs Webb and Pc Russell.

At West Hendon police station recently, Beach Lodge resident Barbara Davies, 78, and Day Centre member, Dorothy Webb, 74, received the cheque from Supt Bernie Taffs.

Mrs Davies, who has been at Beach Lodge for three years, paid tribute to all the officers but particularly Pc Russell whom, she said, devoted a considerable amount of his spare time to assisting members.

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Red telephone boxes get a lifeline



Safe in the Suburb

THE familiar red telephone box is becoming a rare sight in the Borough of Barnet. The cast iron K6 or 'Jubilee' telephone box was designed by Giles Gilbert Scott — architect of the Anglican Cathedral at Liverpool — following a public competition held in 1935.

Until British Telecom's replacement began in May, 1986, more than 50,000 K6 telephones kiosks were thought to survive in towns and villages all over the country.

British Telecom's desire to introduce new technology and create a new image with their view that the old-style enclosed telephone boxes encourage 'persistent vandalism, theft and fouling' resulted in a programme to replace every red telephone box with new-style telephone booths.

Public concern

Public concern at the loss of these local landmarks has persuaded British Telecom to retain the very best examples. This received the support of the Secretary of State for the Environment who has already begun to list the best examples as Buildings of Special Architectural or Historic



Mission in Mill Hill

Interest. The 'best' are defined as those in prime locations in conservation areas.

Action by local residents with support from Barnet Council has resulted in six telephone boxes in Hampstead Garden Suburb being included on the Statutory List in June, 1987. They are located at:

- Emmott Close
- Meadway Gate
- Willifield Way
- Outside Tea House, Northway
- Hoop Lane
- 132-134 Hampstead Way.

These six are the only old-style red telephones boxes to survive in the south and west of the borough. The remaining phone boxes — in Finchley, Mill Hill and Barnet — are due to be replaced in February, 1988, during the second phase of British Telecom's programme.

Six more requests

To ensure that some of the red boxes in the phase II area are retained, Barnet Council has already asked the Secretary of State to list the following six.

Outside the Old Mill House, The Ridge-



Too late for Totteridge

way, and at the junction of High Street and The Ridgeway, both in the Mill Hill conservation area.

At the junction of Ravenscroft Park and The Avenue, and the junction of Wellhouse Lane and Wood Street, in the Wood Street, Chipping Barnet conservation area.

Outside 20 Hendon Lane and Nos. 289/291 Regents Park Road in the Finchley Church End conservation area.

However, the Secretary of State and British Telecom have agreed that only 150 red telephone boxes will be retained in total in the whole of Greater London. Whether or not this request for listing will to be successful remains to be seen.

The List

The Statutory List of Buildings of Special Architectural or Historic Interest was published by Barnet Council in November, 1986. It is a book giving details of listings and descriptions of Barnet's 700 buildings and monuments of Special Architectural or Historic interest. It is available from the Planning Group, Barnet House, 1255 High Road, Whetstone N20 0EJ (Tel 446 8561 ext 4656) Price £3.50

YOUTH SPORTS EVENTS IN '88

THE Borough's Youth and Community Service has a range of sporting competitions lined up for 1988 and application forms are available now.

The Girls' Gymnastics Championships will be held at the Queen Elizabeth's Centre, Meadway, Barnet on Saturday, February 6 but entry forms must be received by January 22.

The Novices and Junior sections are both for the under 13s and there are Club sections for the under nines and under 14s.

Minnows and Novices events consist of floor and vault exercises, the Junior event has the addition of

beam exercises and the Club event consists of floor, vault, beam and bar exercises.

The Boys' Gymnastic Championships will be at Hendon Sports Centre, Algernon Road, Hendon on February 12 but entry forms must be received before January 15.

Events are for the under 11 and under 13 age groups and each competition consists of two parts — compulsory floor exercise and vaulting.

Entry fee is £1 per competitor in each of the championships and all competitors must reside or belong to a club within the Borough.

Table tennis

The Table Tennis Tournament will be held on Sunday, March 13 at Barnet Table Tennis Centre, Barnet Lane.

Events are held in the age groups under 14, under 17 and under 21 and all competitors must be resident in the Borough or be members of a local organisation.

Closing date for entries is February 24 and the fee is £1 per person per event.

Entry forms for all the events can be obtained from the Director of Educational Services (FE), Town Hall, Friern Barnet, N. 11 3DL.

MANORHILL

MANORHILL Centre, Finchley, is organising a new basketball course for young people.

Sessions will be held every Tuesday for six weeks, from January 12 at Christ's College Lower School, East End Road, N2. The 6-7pm session is aimed at 8-13 year olds, and the 7-8pm session at 13 plus.

For details and application forms phone Steve Eveleigh or Julius Green on 368 6316.

Junior dance classes will be held at Manorhill Centre, Summers Lane, N12 on Tuesday evenings, starting January 12, at 6pm.

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Mrs Susan Walsh of Tooting explains how the Cambridge Diet has changed her life

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"Unfortunately, diets never seemed to work for me however hard I tried, but at that time one of my friends had just reached her target weight on the Cambridge Diet

"If she can do it, then so can I. I said to myself and I was right. Within a month on the Diet I'd lost well over a stone. From then on, even though I am 5'9" tall, I knew I could reach my 'dream' weight of around 9 1/2 stone and two months later I had

"It's completely changed my life!"

The worst point came after the birth of my second child when I reached 12 stone 2 pounds. That's when I really started getting depressed.

I knew I could reach my 'dream' weight of around 9 1/2 stone and two months later I had. It's completely changed my life!



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The Cambridge Diet should not be taken as a sole source of nutrition for a continuous period exceeding four weeks. Directions for usage beyond this point are given in the instruction booklet. The instructions used in this advertisement have followed the procedure as part of a cancer controlled diet.

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Christmas cake, plum pudding and boxes of chocolates together could make you feel like the stuffed turkey this New Year.

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Cambridge Diet is only available through a system of counsellors all of whom are friendly and helpful — they have all been on the diet themselves and are trained to help you reach your target weight, quickly and safely — giving help and advice every step of the way. And once you have reached your target weight they will help you maintain it — with healthy eating habits, recipes and menu plans, along with guidelines on simple exercise routines — to keep you trim and slim.

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Advertisement Feature

Call in the tree experts

DURING the great storm of last October the gales wreaked havoc over large parts in the south-east of the country and millions of trees were lost. Barnet, although not as badly hit as some areas, lost about 10,000 trees in streets, parks, open spaces and in people's gardens.

The effects of the storm are still evident in the borough and Barnet's own tree experts and specialist firms are still working hard to clear up the debris and repair those trees that might be saved.

One of the priorities is to save as many of the damaged trees as possible. This needs expert tree surgery and it should only be carried out by those who know exactly what they are doing. The amount of tree remedial work to be carried out in the borough is considerable and it is expected that this time-consuming job will last well into 1988.

Every possible effort is being made to save as many of the younger, leaning trees as possible and, in a few cases, even more mature trees, by propping them and

carrying out staking works where their location permits.

In many cases tree stumps have been left in the ground and can be unsightly. The stumps have either to be removed from the ground completely or got rid of by stump grinding. This kind of work needs specialist equipment and should be undertaken by firms with fully qualified staff.

The storm has had a detrimental and lasting effect on the visual amenity that the trees provide in the borough.

A replacement programme of tree planting is being planned. While some replanting will take place in the current planting season, the bulk of this task will be spread over a number of years. This will allow time for suitable trees to be obtained and will allow for the obvious shortfalls in tree stock availability from the nursery trades in the next year or two.

The public have been asked to help in the task of re-treesing Barnet. A campaign has been launched and is proving very successful.

If you need any advice then consult the experts.

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Minister visits teachers and pupils

THE Secretary of State for Education, Kenneth Baker, formally opened the borough's Teachers' Centre in North Finchley last month before going on to visit a Hendon school.

Mr Baker was welcomed by Neil Gill, Director of Educational Services; Deputy Mayor, Cllr Frederick Poole; Education Committee chairman, Cllr Roy Schutz and Centre Organiser, Keith Hewett.

After a tour of the centre, which has been operational in High Road, North Finchley, for a year, the Minister said he was very impressed by what he had seen.

'I was interested to see the new developments in primary science and TVEI,' he said, and went on to praise the way in which the centre tackled in-service training.

The Minister then visited Sunnyfields Junior Mixed Infants School, Hendon, where head teacher, Peter Kent, and MP John Marshall joined him on a tour of classes.

After joining in with the singing practice for a forthcoming concert, the Minister watched other children at work in an art lesson.

Mr Baker then tried his hand at using dominoes as building bricks but an accidental knock on the table caused his construction to collapse and the youngsters to dissolve into giggles.

Cheese straws were on the menu at a cookery section and the Minister borrowed a rolling pin to try his hand at some baking.

During his morning's visit Mr Baker praised the borough's work which, he said, was reflected in Barnet's exam results.



The Minister formally opens the Teachers' Centre in the presence of (from left) Deputy Mayor, Cllr Poole; Education Committee members Cllr John Tiplady, Cllr Olwen Evans and chairman Cllr Roy Schutz.



Mr Baker and John Marshall MP joining in the singing at Sunnyfields School.



Mr Baker gets help in making cheese straws.



Art is a subject for serious discussion.



DON'T let darkness and bad weather be a fatal combination this winter.

Pedestrians should dress to be seen no matter how murky the conditions. Light coloured hats, scarves or gloves could be lifesavers.

Luminous armbands or adhesive strips for cyclists, on both rider's clothing and machine, make them more visible.

Wet and icy roads bring additional hazards for drivers and pedestrians alike. Extra distance should be allowed for vehicles to slow down or stop and motorists should avoid sharp braking.

Dipped headlights are used more often at this time of the year and all lights need to be kept clean. A daily wipe of front and rear lights on all vehicles will keep grime at bay.

Be safe, be seen and please don't drink and drive.

ATTENTION

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Students at HGS Institute include businessmen, housewives, retired people, au pairs, teenagers and even juniors as young as seven years old. They are attracted by the wide range of day and evening courses it provides.

The benefits of its courses can be considerable in assisting people to develop their talents. Among the many students enjoying recent success beyond the walls of the Institute are award-winning sculptor Eddis Thomas, and Mair Livingstone, whose sculpture 'Springtime' now stands outside the new Crisp Street Health Centre in Tower Hamlets. Meanwhile, former students of English, A. W. Leelaratne (now a successful Criminal Lawyer handling murder cases in his native Sri Lanka), and Maria Alexiou (winner of an art scholarship to the Smithsonian Institution, Washington D.C.), have both contacted the Institute to express their thanks for its help and support.

The Institute, of course, welcomes all kinds of students, however modest or lofty their ambitions may be.



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many more . . .

SPRING TERM BEGINS — MONDAY 4TH JANUARY 1988

BARNET DIARY

Council Meetings

Members of the public are invited to attend council and committee meetings in the Town Hall, Hendon, at 7pm

Tuesday January 5: Education Sub-Committees

Wednesday, January 6: Planning Sub-Committees

Tuesday, January 12: Council Meeting

Wednesday, January 13: Grants

Monday, January 18: Development and Estates; Housing

Tuesday, January 19: Public Works; Social Services

Monday, January 25: General Purposes

Tuesday, January 26: Education

Wednesday, January 27: Town Planning and Research

Thursday, January 28: Establishment

Tuesday, February 2: Libraries and Arts

Entries for the February issue must be received by January 11, and before that date if possible. New entries start on February 6.

*Asterisk denotes weekly meeting.

Saturday January 9

British Tinnitus Assn NW London, Meritage Club, Church End, Hendon. 2pm. 444 9657

*Tennis Squad, Barnet College, Russell Lane, N20. 10am. Details Manorhill Centre, 368 6316

*Melanies Latest Charts and Imports Club, 407 Hendon Way, Hendon. 202 7289

*North London Rambling Club organised Saturday walks. Contact (SAE) Ray Todd, 31 Blair Close, St Paul's Rd, London N1 2YP

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Junior activities 7-14 yrs. 10.30am. 906 2322.

*Saturday Club for children 3-110yrs, Old Barn Community Centre, Tarling Rd, N2. 9.30am-12.30pm and 1.30-3.30pm. 349 4613

Sunday January 10

*Finchley Section of the Cycling Touring Club organise Sunday rides. Phone 361 9851

*Tennis and Short Tennis for 5 yrs to adult. Christ's College Lower School, East End Rd, N3. Details Manorhill Centre 368 6316

*North West London HF Club. Sunday rambles in Home Counties. 997 6079

*Mind in Barnet 'Libra' Club, Etchingham Park Day Centre, Etchingham Park Rd, Finchley. 3.30pm. 455 2850

*Shaftesbury Harriers training sessions, Copthall Stadium, Gt Nth Way, NW4. 11am. 200 1584. Also Tuesdays 6pm

*North London Holiday Fellowship Group. Sunday rambles in Home Counties. 346 6795/444 5847

*Finchley Zen Society, 91 Nether Street, N12. 8-9pm. 445 1819

*Youth Club for hearing impaired, Grahame Park Youth Centre, Corner Mead, Grahame Park Way. 10.30am. 202 3811

*Barnet 18 Plus Group, Bull & Butcher Public House, 1277 High Rd, Whetstone. 8.30pm. 0707 59373.

Weekdays

Playgroup 3-5yrs, SPEC Community Centre, 87 Brookside Sth, E Barnet. 9.15am-12.15pm. 368 0891

Crescent Playgroup, East Barnet Baptist Church Hall. 9.30am. 449 5095

Old Barn children's activities. Tarling Rd, N2. Under Fives, 9.30am; After School Club, 3.30-6pm. 349 4613

*Brookside Play Group (3-5 yrs), Barnet Pre-School Playgroup Assn), 87 Brookside Sth, East Barnet. 9.15pm-12-15pm. 368 9891

Monday January 11

*St John Ambulance. 1st Finchley Badger Set, Finchley Methodist Church, Ballards Lane, Finchley, N3. Age 5½ upwards. 6.15pm. 207 3036

*Cranbourne Badminton Club, Hampstead Garden Suburb. New experienced players welcome. 346 5655

*Job Counselling. East Finchley Neighbourhood Centre, 42 Church Lane, East Finchley, N2. 2pm. Help with application forms, CVs and Interviews. No appointment needed. 444 6265

*Art Classes. Courses in Life Drawing, Portraiture, Still Life, General drawing and painting, Colour Theory and Practice Graphics. For Beginners, Intermediate, Advanced, O & A Level and Pre-foundation. At All Saints Arts Centre, 122 Oakleigh Road North, N20. 445 8388/445 4654

*CRAB — photography group for disabled people (CLIC), 43 Flower lane, NW7. 1.30pm. 346 9789

*Bells Hill Prams & Pushchairs St. Stephen's Church Hall, Bells Hill, Barnet. 1.30pm. 441 9501

*Edgware & Dist Canine Training Soc, St Alphage Hall, Playfield Rd, Burnt Oak. Ring class 8.30pm; obedience training 9.15pm. 0923 35968

*Information and Advice Drop In, Sutton Road Health Clinic, Muswell Hill. CAB and Social Services worker available. 2-4pm. Housing Estates Officer attends first Monday of month

*Morning badminton club, Hartley Hall, Mill Hill. Vacancies for experienced players. 959 4867

*Brownies at East Barnet Baptist Church Hall, East Barnet Rd. 6pm. 440 6811

*Hendon College Adult Literacy classes (students with mental handicap), Thirleby Rd, Burnt Oak. 7pm. 200 8300

*East Barnet Toy Library, Community Centre, Victoria Rd, E Barnet. 2-3.30pm. 449 6772

*RAF Association, Royal British Legion Hall, Legionway, Summers Lane, N12. 8pm. 883 5722

*New Barnet Literary & Debating Soc, Foyer Rooms, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 8pm. 449 0440

*London Hash House Harriers meet for runs all over London until end of September at 7pm, then at weekends at 11am during winter months. Details of programme, s.a.e. 'Mic Mac', 12 Parkhurst Rd, Friern Barnet, N11 3EL. 361 0887.

*Church Farm Pre-school Activities Group, Church Hill Rd, East Barnet. 9.45-11.15am. 368 9893

*10th Hendon Brownie Pack, St Mary Magdalen Church Hall, Holders Hill Rd, Hendon. 6.30pm

Tuesday January 12

Totteridge Ward Labour Party, N Finchley Library, Ravensdale Ave. 8pm. 449 6524

Hendon & Dist Cage Bird Assn, Labour Hall, Back Lane, off Watling Ave, Burnt Oak. 7.30pm. 205 2647/709 2433

Arthritis Care, Cranley Dene, Muswell Hill Rd, N10. 2pm. 883 2441

National Schizophrenia Fellowship, Health Centre, 23 Temple Fortune Lane, NW11. 8pm. 455 5113

*Finchley Writers' Workshop, Moss Hall Tavern, 6pm. 349 1948

*Friern Barnet and Totteridge Camera Club, Totteridge Library, Totteridge

Lane, beginners to advanced. 8pm. 445 2617

*Mind in Barnet Luncheon/Social Club, 2 Schoolway, Woodhouse Road, N12. 10am-4pm. 446 1654 (also Thurs & Fri)

*British Red Cross Society, 10 Downage, Hendon. Sale of nearly new clothes. 10am-3pm

*123 Club for mothers, babies and toddlers, Christ Church Hall, High Rd, N12. 9.30-11.30am. 368 4659

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Golf lessons. 7.30pm. 906 2322

*Hendon and Edgware 18 Plus Group, Games Room, Royal Oak Pub, Finchley Rd, Temple Fortune. 8.15pm. 952 2243

*Mother & Toddler Group, Rendezvous Centre, Coppets Rd. N10. 9.30-11.30am. Barnet Play Association's Play Bus and inflatables at these times. 444 7839

*North London Holiday Fellowship Group, Harris Room, Trinity Church, Hodford Rd, Golders Green. 346 6795/444 5847

*Basketball, 9-16 yrs Christ College Lower School, East End Rd, N3. 6pm. 368 6316

*Colindale Youth Club 11-16 yrs, St Matthias Church Hall, Rushgrove Ave. 7pm. 205 7774

*Emotions Anonymous (emotional living problems). St Albans Church, West Heath Drive, Golders Green. 7.30pm. 837 4456/959 1003 (also Fridays)

*Tumble Tots — physical activity for pre-school children (six months to five years), Bushmead Social Club, Hammonde Close, Edgware. Classes all day from 9.30am. 958 6579

*MIND in Barnet, advice and counselling, Trinity Church, Nether Street, N12. No appointment needed. 7.30-9.30pm.

*Al-Anon — help for families and friends of problem drinkers — Carey Room, Trinity Church Centre, Nether St, N12. 8pm. Further information for other local meetings 403 0888 (24 hour service).

*Bottoms Up. A club for mothers with first babies, Jubilee Room, St James' Church, Friern Barnet Lane, N20. 2.30-4.30pm. 361 3320.

*Friendship Club for over 40s, Christ Church Hall, High Road, N12. 346 7657/349 0670

*The Toddle Club. 2.30-4.30. New members welcome. Bring your babies and toddlers to Church House, behind St John's Church, Friern Barnet Road, N11. 368 7074

*Studio North Three adult classes in art, College Farm, Fitzalan Rd, Finchley. 10am-1pm. 959 1498/6175

*Elmgate Badminton Club, Church Hall, Rectory Lane, Edgware (vacancies). 7.30pm. 959 4757

*Finchley & Dist Model Aircraft Club, Manorside School, Squires Lane, N3. 14+. 8pm. 904 5449

*Computer Courses, Mill Hill School Sports Centre, The Ridgeway. 8pm. 906 2322

*120 (Hendon) Sqn Air Training Corps, boys and girls 13½ to 16, RAF Hendon, Aerodrome Rd, NW9. 7.30pm (also Fri & Sun 10am-12.30pm). 205 7297

*Legal Advice, East Finchley Neighbourhood Centre, 42 Church Lane, N2. Also first Tuesday in month immigration advice. 7-8.30pm. 444 6265

*Hendon College Adult Literacy classes (students whose first language is not English), Montagu Rd Centre, Hendon. 7pm. 200 8300

*Hendon College Adult Reading & Writing classes, Thirleby Rd, Burnt Oak. 7pm. 200 8300

*Barnet & Dist Athletic Club training

session, Copthall Stadium. 7pm 368 6754

*1st Childs Hill Guides (10-14). All Saints Church Hall, Church Walk NW2. 6.45pm. 458 5549

*Job-search counselling, Barnet Unwaged Branch WEA, East Finchley Neighbourhood Centre, 42 Church Lane, N2. Help and advice with application forms etc. 2-4pm 440 9430

Wednesday January 13

Finchley Antiques Appreciation Group, Avenue House, East End Rd, N3. 7.50pm. 906 1869

Orbit Club of NW London, 25-40 age group, Moss Hall Tavern, Ballards Lane, N12. 8.30pm. 906 2080

Rotaract Club of Edgware & Stanmore, The Green Man Pub, Honeypot Lane, Stanmore. 8.15pm. 722 4439 (also Jan 27)

*CRAB — Circus Skills — children aged 8+ 5pm, 50p a session; adults 7pm, £1 a session. Barnet Drama Centre, 142 High Rd, East Finchley. 346 9789

*Parent & Toddler Time, East Barnet Baptist Church Hall, East Barnet Rd. 1.45pm (also Friday)

*Good as new sale, Chipping Barnet Conservative Association, 163 High Street, Barnet. 10.00am to 1.00pm. (Also 1st and 3rd Saturdays of the month)

*Barnet YHA Group 1st Lyonsdown Scout Hut, York Rd, New Barnet. 8pm. 449 1553/202 7574

*Bingo, St Alphage Church Hall, Playfield Rd, Burnt Oak. 8pm

*Barnet Caving Group, Bull and Butcher Pub, High Rd, Whetstone. 9.30pm. 446 1070/1868

*Bingo, Community Centre, Victoria Rd, New Barnet. 7.30pm. 440 2573

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill, Junior badminton, 6pm; adult badminton, 7pm. 906 2322

*St Margaret's Badminton Club, Rectory Lane, Edware. 8pm. 440 4572/0923 46953. Vacancies for players

*See-Saw Club for babies and toddlers with special needs, North Road Community Centre, Burnt Oak B'way. 10am. 368 6291

*Sale of clothing and bric-a-brac, Barnet Centre British Red Cross Soc, St Albans Rd, Barnet. 9.30am-3.30pm. 449 8969

*Badminton — 3 courts, first class facilities. Few vacancies for experienced players — friendly club, 883 4437 (also Thursdays evenings).

*Hendon Woodcraft Folk (during term time), Hendon School, Golders Rise. 6.15pm. 202 7140

*Old Barn Youth Club 10-14 yrs, Tarling Rd, N2. 7pm. 349 4613 (also Fridays)

*Hornsey Cine — Scene Two, St Peter Le Poer Hall, Albion Ave. N10. 8.15pm

*Hendon College Adult Numeracy classes, Thirleby Rd, Burnt Oak. 7pm. 200 8300

*Chanticleer Camera Club, The Minchenden Association Clubhouse, Bramley Rd, N14. 8pm. 888 5669

*MIND in Barnet Advice Centre, 2 School Way, North Finchley. 10am-4pm. No appointment needed. 446 1654/6470

*Self-development course, Barnet Unwaged Branch WEA, George Richardson House, 7 Sunningfields Rd, Hendon. 10am-1pm; 2-5pm. Half or full day. Unemployed free, others small charge. 440 9430

Thursday January 14

RSPB North London, Holy Innocents Church Hall, Tottenham Lane, N8. 7.45pm. £1.50. 361 2658

Barnet & Dist Fuchsia Soc. Council

BARNET DIARY

Chambers, 29 Wood St. 7.30pm. 445 6112.

Barnet Winemakers, Staff Room, Barnet College, Wood St, Barnet. 8pm. Visitors (with glass) welcome. 440 1016

*Church Farm Mother & Toddler Club, Church Hill Rd, E Barnet. 10am-11.30am. 368 4191

*Brookside Methodist Church Boys' Brigade, East Barnet. Pre-Junior 6-8, 6.15pm; Juniors 8-11, 6.30pm; Company 11+ 8pm. 441 2042

*Hendon Chess Club, Hyde United Reformed Church, Edgware Rd, Colindale, 7.30pm. 952 3129

*MIND in Barnet Thursday Club, 154 Station Rd, Hendon. 8pm. 446 1654

*High Barnet Woodcraft Folk, Underhill School, Mays Lane, Barnet. 6-9 yrs, 6pm (440 5369); 10-13 yrs. 7.15pm (440 2426)

*Carpentry for disabled, John Grooms, Stoneyfields Rd, Edgware. 1.30pm. Ring Ian at CRAB 346 9789.

*MIND in Barnet — Women's Drop in Centre, Trinity Church Rodborough Rd, Golders Green. 9.30am-1pm (relaxation 11am). 446 1654

*Mums, babies & toddlers club, St Barnabas Church, Holden Rd, N12. 10am-12 noon. 445 0572

*Parent and Toddler Time, Victoria Centre, Victoria Rd, New Barnet. 1pm. 449 5511

*Badminton Club, Christ Church URC, Bellevue Hall, Bellevue Rd, N11. 8pm. 449 8476

*Community Links in Cameras (Clic), photography group of disabled people, 43 Flower Lane, NW7. 1.30pm. 346 9789

*Badminton (adults), Manorhill Centre, Summers Lane, N12. 7pm. 368 6316

*Canada Villa Youth Centre pre-school gymnastics club 'Jumping Beans', Pursley Rd, Mill Hill. 10am-12noon. £2 registration, then £1 per session. 959 2811

*Bounce, a group for children under five with special needs. New Barnet Community Centre, 48-50 Victoria Rd. 1.15pm for 30 minutes. 25p. 346 7120

*Short tennis for juniors, Mill Hill School Sports Centre, The Ridgeway. 6pm. 906 2322

*East Finchley Toy Library, Herbert Wilmot Youth Centre, Eagans Close, N2. Over 500 toys available. 3pm. 883 0244

*Finchley Chess Club, Etchingham Park Day Centre, Etchingham Park Rd, N3. 7.30pm

*Talks on Social Effectiveness. 202 3373

*Machine Knitting Class, Old Barn Centre, Tarling Rd, N2. Tuition at all levels. 1pm. 349 4613

*Hendon College Adult Reading & Writing classes, Montagu Rd Centre, Hendon. 7pm. 200 8300

*Barnet & Dist Athletic Club training session, Clubhouse, Victoria Rd, New Barnet. 7pm. 368 6754

*PHAB-integrated social club for physical handicapped and able-bodied people. Details 450 4180

*Alcoholics Anonymous, Temple Fortune Health Clinic, 23 Temple Fortune Lane, NW11. 8pm. 352 3001

*1st Friern Barnet Boys' Brigade, Manor Drive Church Hall, Whetstone. Boys aged 5-18. 5.30-10pm. 361 9698

Friday January 15

*Mums & Toddlers Group, Friern Barnet Day Centre, Friern Barnet Lane, N11. 10-11.30am. 368 4278

*Hendon & Hampstead Garden Suburb Camera Club, Fellowship House, Willifield Way, NW11. 8pm. 205 6053

*Barnet and Finchley Photographic Soc, rear of 37a Salisbury Rd, Bar-

net. 8pm. 368 3917

*Barnet Blind Bowls Club, TAVR Drill Hall, 444 High Road, N2. 2pm. 449 7058

*Finchley Cine Society, Avenue House, East End Rd, N3. 8pm. 346 4265.

*Brookside Community Group Senior Youth Club (11-16), Union Church, Northiam, N12. 7.15-10.15pm. 445 5958.

*Social afternoon, Old Barn Community Centre, Tarling Rd, N2. All ages. 1-3pm. 349 4613.

*Basketball sessions for juniors and seniors, Mill Hill School Sports Centre, The Ridgeway. 7pm. £1.50 juniors, £2 seniors. 906 2322

*Mill Hill School Sports Centre, The Ridgeway, Mill Hill. Squash coaching — juniors 6.15-7.15pm; adults 7.15-8.15pm. 906 2322

*Bingo, BSCA Centre, Mays Lane, Barnet. 8pm. 441 9387

Sunday January 17

RSPB North London — Coach outing to Dungeness. Alexandra Park Gates, Priory Rd, N8. 8am. 348 5300

Monday January 18

British Epilepsy Support Group, Trinity Church Hall, Nether St, N12. 7.30pm. 446 2003

Tuesday January 19

North Middx Family History Soc, Barnet Branch, Church House, Wood St, Barnet. 7.45pm. 441 0529

Friern Barnet Amnesty Group, Jubilee Room, St James' Church, Friern Barnet Lane, N20. 8.15pm. 368 9487

Royal British Legion (N Finchley) Legionway, Summers Lane, N12. 8pm. 445 9911

Barnet National Trust, St Mary Magdalen Hall, Athenaeum Rd, N20. 8pm. 449 5896

Wednesday January 20

Finchley & District Philatelic Soc, Avenue House, East End Road, N3. 8pm. 883 8724 (also Feb 3)

Library Lecture — East Finchley, 226 High Rd. John Huntley shares 'The Greatest Newsreel Shots of all time'. 8.15pm

Barnet Rotaract Club, Barnet Cricket Club, Barnet Lane, Barnet. 8pm. 441 5892 (also Feb 3)

Thursday January 21

Friern Barnet & Whetstone Rotaract Club, Bull & Butcher Pub, High Rd, Whetstone. 8.15pm. 368 3383 (also Feb 4)

Saturday January 23

Jumble Sale, Inner Wheel Club of Mill Hill, Hartley Hall. 2pm. Admission 10p.

Jumble Sale, 1st Friern Barnet Boys' Brigade, Manor Drive, Church Hall, Whetstone. 2pm. Admission 10p

Sunday January 24

RSPB North London — car outing to Old Hall Marshes, Essex. Alexandra Park Gates, Priory Rd, N8. 8am. 801 8581

Monday January 25

Barnet Action for Mental Health, Station Rd, Hendon. 7.30pm. 203 5879

Wednesday January 27

Library Lectures — Hendon Library, The Burroughs. Elizabeth Parry shows a 'Mountaineers' Flowerscope'. 8.15pm.

Wednesday February 3

Library Lectures — North Finchley, Ravensdale Avenue. Leonard G Newman gives a programme of rare film recordings of Anna Pavlova 'The Immortal Swan'. 8.15pm.

Barnet Animal Rights Group, Christ

Church Hall, High Rd, N12. 8pm.

440 1715

Milldon Arts Soc, Union Church, The Broadway, Mill Hill. 7.30pm. 958 5126

Saturday February 6

New Barnet & Dist Stamp & Postal History Fair, St Peter's Hall, Lyonsdown Rd, New Barnet. 10am-5pm. 440 8835

Keep Fit

Sundays

*Yoga classes at Patanjali Yoga Centre, 190 Watford Way, Hendon. Beginners: 1pm & 3pm, advanced 5pm. 203 0062

Mondays

*Stretch, tone & trim to music, Brookside Methodist Church, East Barnet. 10.15am. Creche facilities. 440 5811.

*Body-tune St Mary's Church Hall Church Hill Rd, E Barnet. 7.15pm. 441 1336 (also Tues & Wed)

*Pensioners Health Group, Methodist Hall, Rodborough Rd, NW11. 2pm. 794 6376. 60p

*Yoga, St Mary's Church Hall, Hendon Lane, N3. 7pm. 455 2476. Also Weds 9.45am

*Aerobics 9.30am; body conditioning 10.30am. St Mary's Hall, Hendon Lane, N3 (during term-time). 349 1449

*Body conditioning classes, Christ Church, Whetstone, Oakleigh Rd Nth, N20. 7.15pm (also Thurs). Phone 445 1846

*Aerobic workout, Mill Hill School Sports Centre, The Ridgeway, Mill Hill. 7pm, advanced 8pm. £2. 958 7596 (also Thurs 8pm)

*Popmobility, Hendon Sports Centre, Algernon Rd. 7.30pm. £1.80 per session. 202 6027

*Aerobics, Centre Point, Corner Mead, Grahame Park. 8pm. 906 1721 (Also Thursdays, 8.30pm)

*Weight and fitness training, Mill Hill School Sports Centre, The Ridgeway, Mill Hill. 8.15pm. 906 2322

*Aerobic advanced class, Manorside School, Squires Lane, N3. No beginners. 8pm. 349 1449

*Keep Fit, Manorhill Centre, Summers Lane, N12. 7pm. 368 6316

*Low Impact Aerobics and Stretch, All Saints Church Hall, Oakleigh Rd Nth, N20. 7.30pm. 368 5514

Monday-Friday

*Weight Training instruction, Hendon Sports Centre, Algernon Rd. 6-8pm Mon-Thurs; 5.30-7.30pm Fri. £1.80 per session or £15 per term. 202 6027

Tuesdays

*Popmobility/aerobics, Queen Elizabeth Centre, Meadway, Barnet. 7pm and 8pm. 441 2933.

*Keep fit, Centre Point, Corner Mead Grahame Park, 8.30pm. 205 7113

*Aerobics, Manorside School, Squires Lane, N3. 8pm. 349 1449 (also Thursdays 8pm)

*Ladies Keep Fit — suitable all ages — Hendon School, Golders Rise, Hendon. 7.30pm. 349 0400. (also on Thursdays)

*Body conditioning classes, Oaktrees Special School, Chase Side, Southgate. 7.30pm. 368 0881

*Keep Fit and self defence with Nanbudo, St Mary's Hall, Hendon Lane, N3. 8pm. 349 4421

*Stretch and Shape, Oak Tree Special School, Chase Side, Southgate. 7.30pm. 368 0881

*Slenderquest Slimming Club, St Mary

Church Hall, Church Hill Rd, East

Barnet. 8pm. £2. 449 4277

*Body Focus exercise/dance class, Lyonsdown Hall, New Barnet. 10.15am. £1.50 creche inclusive. 368 5871

*Ladies Weight training, Hendon Sports Centre, Algernon Rd. 10.30-11.30am. £1.80 per session, £15 per term. 202 6027

*Exercise to music — keep fit/aerobics — URC Hall, Wood St, Barnet. £1.50. 8pm

*Hatha Yoga for beginners, St Mary's Church Hall, Church Hill Rd, E Barnet. 1.45 and 8.30pm. 441 1336 (also Wed 8.30pm)

Wednesdays

*Popmobility, St Mary Magdalen Parish Centre, Athenaeum Rd, N20. 8pm. 445 8410

*Body conditioning classes, Christ Church, Whetstone, Oakleigh Rd Nth, N20. 10am. 445 1846

*Stretch, tone & trim to music, Manor Drive Methodist Church Hall, Manor Drive, N20. 10.15am. Creche facilities. 440 5811 (also Fridays)

*Pop exercise, Centre Point, Grahame Park. 7.30. Gym fit/swim, 8pm. 205 7113.

*Aerobics, Copthall Swimming Pool, Page St, Mill Hill. 9.45am (during term-time). 349 1449

*Mixed Volley Ball Training Club, Queen Elizabeth Centre, Meadway, Barnet Juniors 6pm; seniors 7pm. 441 2933

*Health and Beauty, exercise and movement classes, Christ Church Hall, High Rd, N12. 7.15-9.45pm. 504 1644

*Keep Fit, Manorhill Centre, Summers Lane, N12. 7-8pm & 8-9pm. 368 6316

Yoga classes for beginners, Patanjali Yoga Centre, 190 Watford Way, Hendon. 10.30am to 12 noon. 203 0062

*Body conditioning: keep fit class — Canada Villa Centre, Pursley Rd, Mill Hill. 2-3pm. £1.50 per session. Creche available. 959 2811

*Weight Mates Slimming Club, St Mary Magdalen Church Hall, Holders Hill Rd, NW4. 10am. 455 4814

*Tai-Chi for all, St Edward's Church Hall, Finchley Rd/Hoop Lane, Golders Green. 8pm. 458 9842

*Keep fit, St Paul's Church Hall, The Ridgeway, Mill Hill. 8.15pm. 906 0854

*Relax and become supple with Yoga, Totteridge Village Hall, Badgers Croft, N20. 1.30pm. 445 2171

Thursdays

*Get Fit Club for young and old, St Stephen's Hospital, Mays Lane, Barnet. 7.30pm. £1.50. 906 0974

*Mixed exercise class for people with problem backs, Queen Elizabeth's Girls' School, Meadway, Barnet. 8pm. 445 6986

*Aerobics, Centre Point, Corner Mead, Grahame Park, 8.30pm. 205 7113

*Yoga. British Wheel trained teacher, Union Church, Northiam, N20. 7-8pm. 349 2972 (not August)

*British Wheel of Yoga Teachers Diploma Course, Barnet. 7pm. Details 440 1828

*Jumping Beans — pre-school gymnastics — Canada Villa Centre, Pursley Rd, Mill Hill. 10am-12 noon. £2 enrolment fee and £1 per session. 959 2811

Body Focus exercise/Dance class, East Barnet Baptist Hall, Crescent Rd. 8.30pm. £1.50. 368 5871

*Mother and Toddler Gymnastics (up to 4yrs old), Hendon Sports Centre, Algernon Rd. Sessions: 12.45-1.30pm, 1.30-2.15pm, 2.25-3.10pm.

BARNET DIARY

Bridge and Whist

Last session 2½-4yrs only. £1.50 per family. 202 6027
 *Ladies Keep Fit, Hendon Sports Centre, Algernon Rd. 10am. £1.80 per session. 202 6027
 *Yoga Class for Women, Old Barn Centre, Tarling Rd, N2. 7.30pm. 349 4613
 *Aerobics, St Augustine's Church, Great Field, Grahame Park. 8.30pm. 906 1721.
 *Yoga for people with handicaps. Special class, Stanhope Road Centre, N12. Gentle movement, breathing and relaxation. Qualified teacher. Other classes available. 1.30pm. 440 1828

Fridays

*Aerobics 9.30am; Body conditioning 10.30am, Christchurch Hall, High Rd, N12 (during term time). 349 1449
 *Anita's keep fit class, Michael Sobell Centre, Limes Avenue, Golders Green. 10.15am. 458 7411 ext 379 (day), 455 9195.
 *Keep Fit at the Old Barn Centre, Tarling Rd, N2. 1.30pm. 349 4613
 *Keep Fit, Church House, Wood St, Barnet. 9.30am. 368 0881
 *Body conditioning class for problem backs and joints, Christ Church Hall, Oakleigh Rd Nth, Whetstone. 10am. 445 1846

Saturdays

*Body-Tune, St Mark's Church Hall, Potters Rd (entrance Woodville Rd), New Barnet. 9.30am. 441 1336
 *Aerobic low impact workout, United Reformed Church Hall, East End Rd, N2. 11am. 883 7029 (also Wednesdays 7-9pm)

Saturday February 6

Whist Drive, Friern Barnet Day Centre, Friern Barnet Lane, N11. 8pm. 368 4278

Mondays

*Bridge Classes, 41 Northumberland Rd, New Barnet. 7.30pm. 449 0960. Also Tuesdays 10am, Wednesdays 2pm.
 *Bridge Class, second year students, Woodside Park Club, Southover, N12. 8pm. 445 1108 (also Tuesdays)
 *Hendon College Bridge Club (no teaching, intermediate level), 43 Flower Lane, Mill Hill. 11.45am-1.15pm. 202 3811 ext 240
 *Partner Whist Drive, St Peter's Church Hall, Somerset/Lyonsdown Rd, New Barnet. 8pm. Admission 40p. 441 1591
 *'Bridge Builders' — all levels of play for all ages, Sobell House, Limes Avenue, off Golders Green Rd, NW11. 7.45pm. £1.50, special instruction for beginners £2. 458 7411
 *Bridge Club, The Old Barn Community Centre, Tarling Rd, N2. 1pm. 349 4613

Tuesdays

*Chase Bridge Club, St Andrew's Church Hall, Southgate. 9.30am. 360 5098

Wednesdays

*Friern Barnet Council for Voluntary Service whist drive. Priory Hall, Friern Barnet Lane. 10.30am. 368 4278

*Whist Drive, Fellowship House, Willifield Way, NW11. 7.45pm. 458 3933

Thursdays

*Contract Bridge, Trinity Church, Hodford Rd, Golders Green. 1pm. Admission free. 202 2751/200 1839
 *Northside Bridge Club, E Finchley Methodist Church Annexe, High Rd. Duplicate first Thursday, rubber remaining Thursdays. 7.30pm. 445 7788
 *NW London Duplicate Bridge Club, Michael Sobell Centre, Limes Ave, NW11. Admission £1.50. 7.45pm. 455 3745
 *Bridge and whist for over 70s, Alyth Social Club, Alyth Gdns, Finchley Rd, NW11. 12 noon. Ploughman's lunch (60p). 458 5674

Fridays

*The Fern Room Whist Club, Salisbury Road, Barnet, 2pm. 441 4853

Martial Arts

Mondays

*North London Karate Club, Mill Hill School, The Ridgeway, Mill Hill, 8-9pm, 9-10pm. 440/7733/8633 (also Thurs)
 *Barnet Shotokan Karate Centre. Recreation Hall, Barnet General Hospital, Wellhouse Lane, Barnet. Children 8-14 yrs; 6.30-7.30pm. 449 3150
 *Cobra Karate Club, Christ's College School, Hendon Lane, N3. Beginners 7pm; advanced 8pm. 959 4338. Also Wednesdays
 *Watling Karate Club, Watling Boys' Club, Dryfield Rd, Burnt Oak. Under 12, 6-7pm; over 12, 7-8pm. 40p a

session (and Wednesdays)
 *London School of Karate, East Barnet Upper School, Chestnut Grove. 8pm. 359 0381
 *New Barnet Jiu Jitsu Club, Scout Hut, York Rd, New Barnet. 7.30pm. Also Tues with children, 6pm. 446 1733
 Nanbudo Martial Arts Club, St Mary's Church Hall, Hendon Lane, N3. 8pm. 349 4421 (also Tuesdays and Wednesdays, Children 6.30pm, Wed)

Tuesdays

*Shotokan Karate Club, Christ's College, Hendon Lane, N3. 8pm. Adults and beginners. 202 3171 (also Thursdays)
 *Karate Centre Point, Corner Mead, Grahame Park. 7-13 yr olds 6pm; 13 plus and adults, 7pm. 205 7113 (also Thursdays, 7pm and 8pm)
 *Barnet Shotokan Karate Centre, Penefather Hall, St Albans Rd, Barnet. Adults 7.30-9.30pm. 449 3150
 *J.L. Kung Fu Centre, All Saints Church Hall, Durham Rd, N2. 7.30pm. 959 2605
 *Barnet Goju-Ryu Karate Club, (traditional Okinawan Goju-Ryu), Queen Elizabeth's Sports Centre, Meadway, Barnet; children 6-7pm, adults 7pm. 449 8997 (also Thurs)
 *Meadway Goju-Ryu Karate Club, St Marks Hall, off Meadway, Barnet. 8.30pm. 274 6376 (children's classes)
 *Sport Karate Club, Beaver Hall, Fairmead Cres, Edgware. 8pm. 906 1701 (Barnet Karate Squad coach)

 *
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Tricia (449 9893)

Marian (449 0246)

Michael (440 7572)

BARNET DIARY

Wednesdays

*Kateda School of self-defence for women. All Saints Church, Durham Rd, East Finchley. 7.30pm. 866 3058

*Watling SKC, Watling Community Centre, Orange Hill Rd, Burnt Oak. Juniors 7pm, adults 8pm. 906 1701

*Barnet Shotokan Karate Centre, Adults Christchurch School, Hilton Ave, N12. 8-9pm. 449 3150

*Judo for children, Pymmes Youth Centre, East Barnet Lower School, Westbrook Crescent, E Barnet. 6.30-7.30pm; 7.30-8.30pm. 440 6473. Adults Thursday 7.30pm.

*Kateda Self Defence Association, King Alfred School, North End Rd, NW11. 7pm. 904 6720

*Finchley Karate Club (Okinawan Goju-Ryu Karate), Manorside School, Squires Lane, N3. 8pm. (Children 7pm) 346 9505 (also Fridays)

Thursdays

*Women's self defence, Manorhill Centre, Summers Lane, N12. 7.30pm. £8 for 6 week course. 368 6316

Fridays

*Shin Do Kwai Kendo Club, Whitefield School (gym) Claremont Rd, NW2. 7.30pm. 863 7574

*Martial Arts Academy, Science-of-Combat, Hendon High School, off Brent Street, Hendon. 7pm. 0865 726772

*Lyonsdown Judo Club, Lyonsdown Hall, Lyonsdown Rd, New Barnet. Children 8-15yrs, 7.30pm; adults 8.45pm. Ladies self-defence 8.30pm. 449 4831 (eves)

Women's Clubs

Tuesday January 12

East Barnet (Osidge) TWG, Church Farm, Church Hill Rd, E Barnet. 7.45pm 368 7346

Wives Group, Mill Hill East Church Hall, Salcombe Gdns. 8pm. 346 9430 (also Jan 26)

Wednesday January 13

Friary Club (NA of WC) Canteen, Friern Barnet Town Hall, N11. 8 pm. 445 8493 (also Jan 27)

Brunswick Park Ladies Section, Chipping Barnet Conservative Assn, Church Farm Hall, Church Hill Rd, E Barnet. 2pm. 449 7345

Mill Hill Afternoon TWG, Harwood Hall, The Broadway, NW7. 2pm. 959 1505

Thursday January 14

Finchley Granville TWG, Finchley Methodist Hall, Ballards Lane, N3. 2pm. 346 7056

Broadway Mill Hill TWG, Hartley Hall, Flower Lane, 2pm. 959 1333

Chipping Barnet WI, Church House, Wood St, Barnet. 10am. 440 8807

Friday January 15

Barnet Afternoon TWG, Church House, Wood St. 2pm. 449 0367

Broadfields Evening TWG, Mill Hill County High School Hammonde Close, Edgware. 7.30pm. 958 4692

Monday January 18

Mill Hill Highwood TWG, Hartley Hall, Flower Lane. 2pm. 959 1994

Tuesday January 19

Friern Barnet & Whetstone TWG, Man-

or Drive Methodist Church, York Way, N20. 2pm. 368 5571

Wednesday January 20

Woodside Park Afternoon TWG, Old Finchleians Club House, Southover, N12. 2.15pm. 445 0911

Friary Club (NA of WC), Friern Barnet Town Hall, N11. 8 pm. 445 8493

'Acorns', non-sectarian club for women, St Paul's Church Hall, Long Lane, N3. 9.45am. Creche available. 346 7945/7378

Monday January 25

Barnet & Dist Branch National Council of Women, St John's URC Hall, Mowbray Rd, New Barnet. 1.30pm. 20p. 449 2062

Tuesday January 26

Montrose WI, Parish Room, St Alphage Church Montrose Ave. 7.45pm. 951 1140

Finchley Redbourne TWG, Etchingham Park Rd Day Centre, N3. 7.45pm. 349 3365

Wednesday January 27

Finchley Church End TWG, St Mary's Church Hall, Hendon Lane, N3. 2.15pm. 455 7152

Monday February 1

New Barnet Evening TWG, Brookside Methodist Church Hall, E Barnet. 7.30pm. 440 1934

Hampstead Garden Suburb TWG, St Jude's Church Rooms, Central Sq, NW11. 2pm. 458 3706

Golders Green TWG, St Alban's Church Hall, Golders Green. 2pm. 455 4156

Tuesday February 2

Totteridge WI, Village Hall, Badgers Croft, Totteridge Lane, N20. 7.30pm. 445 5700

Friern Barnet Friary TWG, Christ Church URC Hall, Bellevue Rd, N11. 2pm. 361 9623

Royal British Legion Women's Section (N Finchley), Legionway, Summers Lane N12. 8pm. 445 9911

Wednesday February 3

Barnet Evening TWG, Church House, Wood St. 7.30pm. 449 6809

Thursday February 4

East Barnet Monkfrith TWG, British Legion Hall, Nursery Rd, N14. 1.45pm. 0707 51896

Ashley TWG, Mill Hill East Free Church, Salcombe Gdns. 7.30pm. 906 1952

East Barnet Valley TWG, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 2.15pm. 449 8601/3885

Mondays

*SupaSlim Slimming Club, Avenue House, East End Rd, N3. Sensible dieting and group therapy. 10am. 445 3195 (also Tuesdays 8pm)

*Ladies self defence, Canada Villa Youth and Community Centre, Pursley Rd, Mill Hill. 2pm. £1.50. 959 2811

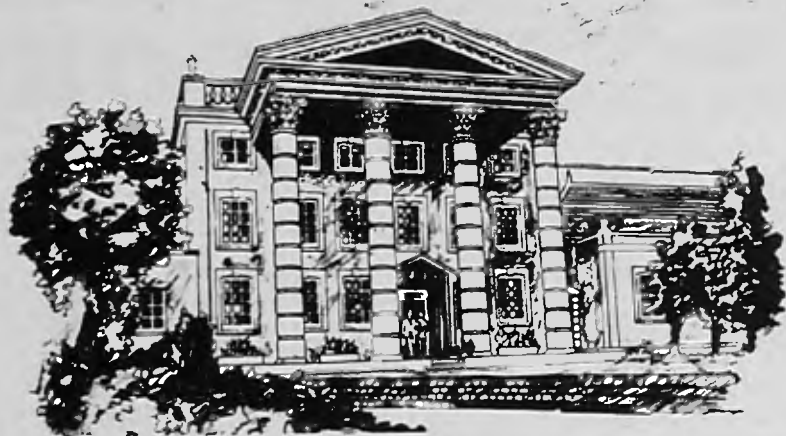
*Women only recreational sessions. Sport for Fun. Manor Hill Centre, Summers Lane N12. 368 6316

Tuesdays

*MIND in Barnet — women's drop-in, Barnet United Reformed Church, Wood St, Barnet. 7.30pm

*Ladies Home League, Salvation Army Hall, Hertford Rd, East Finchley. 2.15pm.

Speedwell Badminton Club, moderate to good standards, Christ Church Hall, High Rd, N12. 1.45pm. 449 6401



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BARNET DIARY

Thursdays

- *Barnet Asian Women's Assn, Barnet Health Education Unit, Oak Lane Clinic, East Finchley. 1.30pm. 883 1075/444 4411
- *Women's Friendship Club, Union Church, Northiam, Totteridge. 2.15pm. 445 6945
- *Ridgeway Club (Nat Assn of Women's Clubs), Evergreen Centre, Brookhill Rd, East Barnet. 7.45pm. 449 1373
- *Sculpture Class, Old Barn Centre, Tarling Rd, N2. 7.30pm. 349 4613 for enrolment details.

Singles Clubs

Tuesday January 19

Finchley Solo Social Club for widowed, divorced & single (25-65). 8pm. 445 9810/444 8743 (also Feb 2)

Sundays

*Singles Club party night get together, 411 Hendon Way, Hendon, 202 3101.

Mondays

- *Barnet Thirty Plus Group. Play badminton at Queen Elizabeth Centre, Meadway, Barnet. 8pm. Details of other activities from 959 7084
- *Club 81 for unattached people 24-45, The Load of Hay Pub, Brent Street, Hendon. 8.45pm. 349 0026

Tuesdays

*Divorced/separated club, 411 Hendon Way, Hendon. 202 3101

Wednesdays

*National Council for the Divorced Separated, North West London Branch. Friendly club evening near

Brent St. Hendon. Details: 226 3752, 203 57389/3269

- *North London and District Divorced/Separated Club, St Paul's Church, High Rd, New Southgate. 8pm. Pottery Bar 42849
- *Club 81 for unattached people 24-45, The Green Man Pub, corner of Nth Circular Rd/High Rd, N2. 8.45pm. 349 0026

Pensioners Clubs

Wednesday January 13

Pensioners' Voice (Barnet), Brookside Methodist Church, E Barnet. 1.30pm. 361 2787

Thursday January 14

Pensioners' Voice (E Finchley), E Finchley Library, 226 High Rd. 2pm. 883 2155

Thursday January 21

Civil Service Pensioners' Alliance, Avenue House, East End Rd, N3. 10am. 346 6994

Thursday January 28

Pensioners' Voice (Colindale/Burnt Oak), Burnt Oak Library, Watling Ave. 1.30pm. 959 4683

Pensioners' Voice (Whetstone/Finchley), N Finchley Library, Ravensdale Ave. 1.30pm. 445 7413

Monday February 1

Pensioners' Voice (Mill Hill), John Keble Hall, Deans Lane, Edgware. 1.30pm. 952 2496

Wednesday February 3

Golders Green & Dist. Pensioners'

Assn, Trinity Church Hall, Rodborough Rd, NW11. 1.15pm. 455 7952

Mondays

- *Pensioners Lunch Club (Asian Vegetarian Menu), East Finchley Neighbourhood Centre, 42 Church Lane, East Finchley. Noon. 444 6265
- *Handicraft Club for over 60s, Evergreen Centre, 54-60 Brookhill Rd, New Barnet. 2pm. 449 8690
- *Club for active retired, Friern Barnet Day Centre, Friern Barnet Lane, N11. 11am-4pm. 368 4278
- *Hadley Darby & Joan Club, Memorial Hall, Hadley Highstone. 2pm. 441 4853
- *Social Club, Old Barn, Tarling Rd, N2. 1pm. 349 4613

Tuesdays

- *Pensioners Lunch Club. Home Cooked Food at East Finchley Neighbourhood Centre, 42 Church Lane, East Finchley. Noon. 444 6265 (and Fridays)
- *Alyth Social Club (70+), Alyth Gdns, Finchley Rd, NW11. 12 noon-3pm. Ploughman's lunch (60p). 458 5674
- *Luncheon Club for elderly homebound and lonely, Friern Barnet Day Centre, Friern Barnet Lane, N11. 10.30am-3.30pm; Club 2-4pm. Also Wed. & Thurs. 368 4278
- *Union Street Evergreen Club, Ewen Hall, Wood St, Barnet. 2pm. 441 4853
- *Fern Evergreen Club, Fern Room, Salisbury Rd, Barnet. 2pm. 441 4853

Wednesdays

- *Bingo and Tea, East Finchley Neighbourhood Centre, 42 Church Lane, Finchley, N2. 2.00pm. 444 6265
- *Mays Lane Evergreen Club, St

Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853

- *West Hendon over 60s Lunch and Social Club, Community Centre, Marsh Drive, NW9. Lunch 12.30pm: Social Club. 1.30pm. 202 5057
- *Old Pals Club, Bingo, Old Barn Tarling Rd, N2. 2pm. 349 4613

Thursdays

- *Pensioners 'Friendship Club', North Road Community Centre, Burnt Oak. 1.45pm. 951 1726
- *Arts and Crafts — open CRAB sessions for the elderly, The Meritage Club, Church End, Hendon. 1.30pm
- *Roundabout Club pensioners group, Friary Hall, URC Church, Oakleigh Park Nth, N20. 2pm. 361 2787
- *Hoop Lane Thursday — drop in for coffee and a chat — Unitarian Room, Hoop Lane, NW11. 10.30am.
- *Golden Circle Club, The Salvation Army Hall, Brampton Grove, Hendon. 1.30pm. 203 4823
- *The Torrington Park Pensioners' Club, Health Centre, Torrington Park, N12. 2pm. 446 4201

Fridays

- *Edgware Friday Club for Senior Citizens, Methodist Church Hall, Garratt Rd, Edgware. 10am. 952 3908
- *Young at Heart, Conservative Hall, Barnfield Rd, Burnt Oak. 1.30pm. 952 3513
- *Club for the Elderly, Friern Barnet Day Centre, Friern Barnet Lane, N11. 2-4pm. 368 4278
- *Bells Hill Evergreen Club, St Stephens Church Hall, Bells Hill, Barnet. 2pm. 441 4853
- *Over 60's Club, Salvation Army Hall, Hertford Rd, East Finchley. 2.30pm.

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BARNET DIARY

Horticulture and Floral Art

Tuesday January 12

Mill Hill Flower Club, Harwood Hall, Mill Hill B'way. 8pm. 959 3530

Wednesday January 13

Hendon Horticultural Soc, Hendon Library, The Burroughs. 8pm. 203 1187

Thursday January 14

Barnet Flower Arrangement Soc, Lyonsdown Hall, Lyonsdown Rd, New Barnet. 8pm. 0707 57199

Tuesday January 19

Totteridge Floral Art Group, Badgers Croft, Totteridge Village, N20. 2pm 445 9307

Saturdays/Sundays

*Mill Hill Horticultural & Allotment Soc, Hartley Close, Mill Hill. Trading hut open Sat 2.30-4pm, Sun 10.30am-12.15pm. Garden plots to let. 959 2848

Sundays

*Burnt Oak Horticultural Society Trading Hut, Back Lane, r/o Woodcroft Hall. 10.30am-noon

Thursdays

*Sabgetsu Japanese flower arranging classes, 125 North End Road, NW11. 10am and 2pm. 445 8949 (starting January 21)

Music

Tuesday January 12

Hendon Library Gramophone Soc, The Burroughs. 7.45pm. 202 5625 (also Jan 26)

Tuesday January 19

East Barnet Library Gramophone Soc, 85 Brookhill Rd. 8pm. 440 4376 (also Feb 2)

Thursday January 21

Friern Barnet Library Gramophone Soc, Friern Barnet Rd, N11. 8.10pm. 361 2787 (also Feb 4)

Monday January 25

Hendon Music Soc, Hendon Library, The Burroughs. 8pm. 203 2355

Mondays

- *Barnet Orchestra at Hendon, Hendon School, Golders Rise, NW4. 8pm 205 2418
- *Finchley Choral Society, Moss Hall Junior School, Nether St, N3. 7.45pm. 445 8401
- *Manor House Hospital Operatic Soc, Manor House, Hospital, North End Rd, NW11. 7.30pm. 346 0237
- *Tudor Orchestra, East Finchley Methodist Church, High Rd, Players welcome all sections, particularly brass. 7.30pm. 445 0563
- *Mill Hill Amateur Operatic Soc, Hartley Hall, Flower Lane, Mill Hill. 8pm. 959 2848
- *Music for Fun — informal choir, St Jude's Church, Hampstead Garden Suburb. 8pm. 886 0284
- *Entertaining the elderly in Barnet — 'Music Hall' rehearsals, Baptist Church Hall, Green Lanes, N13. 7.45pm. 449 4507

Tuesdays

- *The Apollo Singers, Wilberforce Hall, Wilberforce Rd, W Hendon. 7.45pm. 959 1244
- *Hendon String Orchestra, Whitefields School, Claremont Rd, NW2. 8pm. 455 5005

*Guitar classes for children, teenagers and adults, New Seekers Music School, Mill Hill School, The Ridgeway. Enquiries 09278 2151

*Finchley Chamber Choir, Finchley Methodist Church, Ballards Lane, N3. 8pm. 346 0502

Wednesdays

- *Finchley & Friern Barnet Operatic Soc, St Andrew's Church Hall, Alexandra Park Rd, N10. 7.45pm. 368 0770. New members welcome, especially men
- *Barnet Band, Queen Elizabeth's Boys' School, Queens Rd, Barnet. 7.30pm. Brass and reed players required. 449 3057
- *Barnet Choral Soc, Church House, Wood St, Barnet. 7.45pm. 440 1157

Thursdays

- *London Pro Arte Choir, Mill Hill East Free Church, Salcombe Gdns, Mill Hill. 7.30pm. 959 7050
- *Finchley Chamber Orchestra, Moss Hall Junior School, Nether St, N3. 7.30pm. 881 3619
- *Borehamwood Operatic Soc, Fairway Hall, Borehamwood. 8pm. 906 1453

Saturdays

*Hampstead Garden Suburb Youth Music Centre, Henrietta Barnett School, Bigwood House, Bigwood Rd, NW11. 9am-12.45pm. 907 8018.

Dance

Saturday January 9

Finchley Sequence Dance Club, St Philip The Apostle Hall, Gravel Hill, N3. 7pm. 346 8675

Thursday January 14

Circassian Circle Folk Dance Club, Harwood Hall, Mill Hill B'way. 7.45pm. 75p. 950 5756 (also Jan 28)

Monday January 18

Chipping Barnet Folk Dance Club, Church House, Wood St. 7.45pm. 449 4425 (also Feb 1)

Saturday February 6

20th Century Sequence Dancing Club, Southgate Upper School, Sussex Way, Cockfosters. 7.30pm. 360 2586

Mondays

- *CRAB dance club for disabled, Woodhouse Sixth Form College, Woodhouse Rd, N12. 50p per session. 7pm. 346 9789
- *Ballet for 4+, Michael Sobell House, Limes Avenue, NW11. Pre-primary 4.30pm; primary 5.15pm. 203 4358

Tuesdays

- *20th Century Sequence Dancing Club, All Saints Hall, Oakleigh Rd North, Whetstone. 7.45pm. 360 2586
- *Tap dancing, Centrepoint, Grahame Park. Under 12s 6.15pm; 12+ and adults, beginners 7pm, intermediate 7.30pm. 205 7113
- *Wheelchair dancing, Grahame Park Community Centre, The Concourse, NW9. 1.30-3pm. 346 9789. Transport available
- *Ballroom and Latin-American classes, Van's Studio, 1 Middleton Rd, NW11. 8.30pm. 455 7468 (also Thurs)
- *Hampstead & Dist Scots Assn, Golders Green Parish Church Hall, West Heath Drive, NW11. 8pm. 870 6131
- *Contemporary modern/disco classes for children 4-14 yrs, Lyonsdown Hall, Lyonsdown Rd, New Barnet. Beginners 4.30pm; advanced 5.30pm. 440 8530

Wednesdays

- *Dancing, ballroom and Latin American, St Philip the Apostle Parish Hall, Gravel Hill, N3. Children 5-7pm, adults 7.30pm and 8.30pm. 360 0826
- *Mountfield Old Time & Modern Sequence Dance Club, Martin School, High Rd, East Finchley. 8pm. 959 5185 (in term time)
- *Friary Sequence Dance Club, Manor Drive Methodist Church Hall, N20. 8pm. 883 3202 (commence Sept 23)
- *American square dancing classes, Watling Community Centre, Orange Hill Rd, Edgware. 7.5p 8pm. 906 1582
- *Odsox Youth Dance Company, Friern Barnet County School, Hemington Ave, N11. (12-21 yrs). 6-10pm. 346 9789
- *Adult tap classes, St Paul's Church Hall, The Ridgeway, Mill Hill. 9.15pm. 906 0854

Saturday January 23

Theatre of Appetite present a children's show 'Treacle & Ink', All Saints Arts Centre, 122 Oakleigh Rd Nth, Whetstone. 3pm. Tickets £2.50 adults, £1.50 children. 445 8388/4654

Wednesday January 27

Electronic Organ Concert, Edgware & Dist Organ Soc, Watling Community Centre, Orange Hill Rd, Burnt Oak. Michael Wooldridge. 8pm. 953 3291

Monday February 1

International Chamber Concert Series — Bernard D'Ascoli, piano, St Barnabas Church, Holden Rd, Woodside Park, N12. Tickets £4, conces £2.50. 202 1903

Old Bull Arts Centre

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Fri/Sat January 8/9

Trestle Theatre Co present 'Top Storey'. 8pm. £4.50, £3.50 conces.

Tuesday January 11

Over 50's Club — pottery. 2pm. 50p

Thursday January 14

Mask Making Workshop. 7pm. (also Thurs 21) £3 single workshop, £5 for both.

Friday January 15

Jazz with Ronnie Scott. 8pm. £5, £4 conces.

Saturday January 16

The Compass Theatre Co present Romeo & Juliet. 3pm (£3.50, £2.50 conces) & 8pm (£4.25, £3.25 conces)

Sunday January 17

Common Lore — series of scenes from around the world. 3pm. Adults £2, children £1.25

Friday January 22

One Night Stand — platform for new moves in dance and theatre. 8pm. £3.25, £2.25 conces.

Saturday January 23

Music — Flamenco. 8pm. £3.75, £2.75 conces.
Mask Making for children. 10.30am to 12.30pm. £1.80.

Thursdays

- *De Bohun Sequence Dancing, Christ Church Parish Centre, Waterfall Road, Southgate. 8pm. 886 9878
- *Folk and country dancing, Whetstone URC Church, Oakleigh Road North. 1.30pm. 449 8434
- *Finchley Sequence Dance Club, Martin School, High Rd, E Finchley. 7.30pm 346 8675
- *Pre-Primary ballet (3-5 yrs) 4pm, Primary Tap 4.45pm, Primary modern 5.30pm, East Barnet Baptist Hall, Crescent Rd. 368 5871

Fridays

- *Latin & Ballroom, Subud Hall, 97 E Barnet Rd, New Barnet. 8.30pm. 449 3336/6034
- *Barnet International Folk Dance Club, Hadley Memorial Hall, Hadley Highstone. 8pm 427 8042
- *Primary to elementary ballet, East Barnet Baptist Hall, Crescent Rd. 4pm onwards. 368 5871

★ ENTERTAINMENT ★

Tuesday January 26

Over 50s Club — Reminiscences. 2pm. 50p

Thursday January 28-30

Young Bull Theatre Co present 'Bugsy Malone'. 8pm. (mat. Sat 3pm) £4, £3 conces.

Sunday January 31

Snap for children. 3pm. Adults £2, children £1.25

Drama

Tuesdays

*Dunelm Players, St Perter Le Poer Church Hall, Albion Ave, Muswell Hill. 8pm. 906 4187/444 7762 (also Sundays 6.30pm)

Wednesdays

- *Incognito Theatre Group, Theatre, Friern Barnet. 8pm. 368 0202 (Jan 11-16 Little Malcolm. Details Mrs H. Stilwell)
- *East Finchley Theatre Group, Methodist Church Hall, High Rd, N2. 7.30pm. 883 2633
- *Gainsborough Theatre Club, The Centre, Gainsborough Rd, N12. 8.15pm. 205 8352
- *Barnet Youth Drama Centre, 142 High Rd, E Finchley. Sessions for seven to 11-year-olds, 6pm. Also **Thursdays** (16+), 7pm; **Fridays** (12-15), 7pm; and **Saturdays** (7+), 10am. 883 9957 (workshop hours)
- *Nether Never Drama Group, Disablement Assn in the Borough of Barnet, Trinity Church Centre, Nether St, N12. 8pm. 446 6935

Exhibitions

January 9 to February 6

Photographs by Francis Deutsch, Hendon Library, The Burroughs. Normal opening hours.

January 9 to February 13

Paintings by Angelo Pizzigallo, North Finchley Library, Ravensdale Ave. Open library hours.

January 16 to February 28

The Spirit of Japan — colour prints by Harold Rose. Church Farm House Museum, Greyhound Hill, Hendon. Open Mon-Sat (except Tues) 10am-1pm, 2-5.30pm; Tues 10am-1pm; Sun 2-5.30pm. 203 0130

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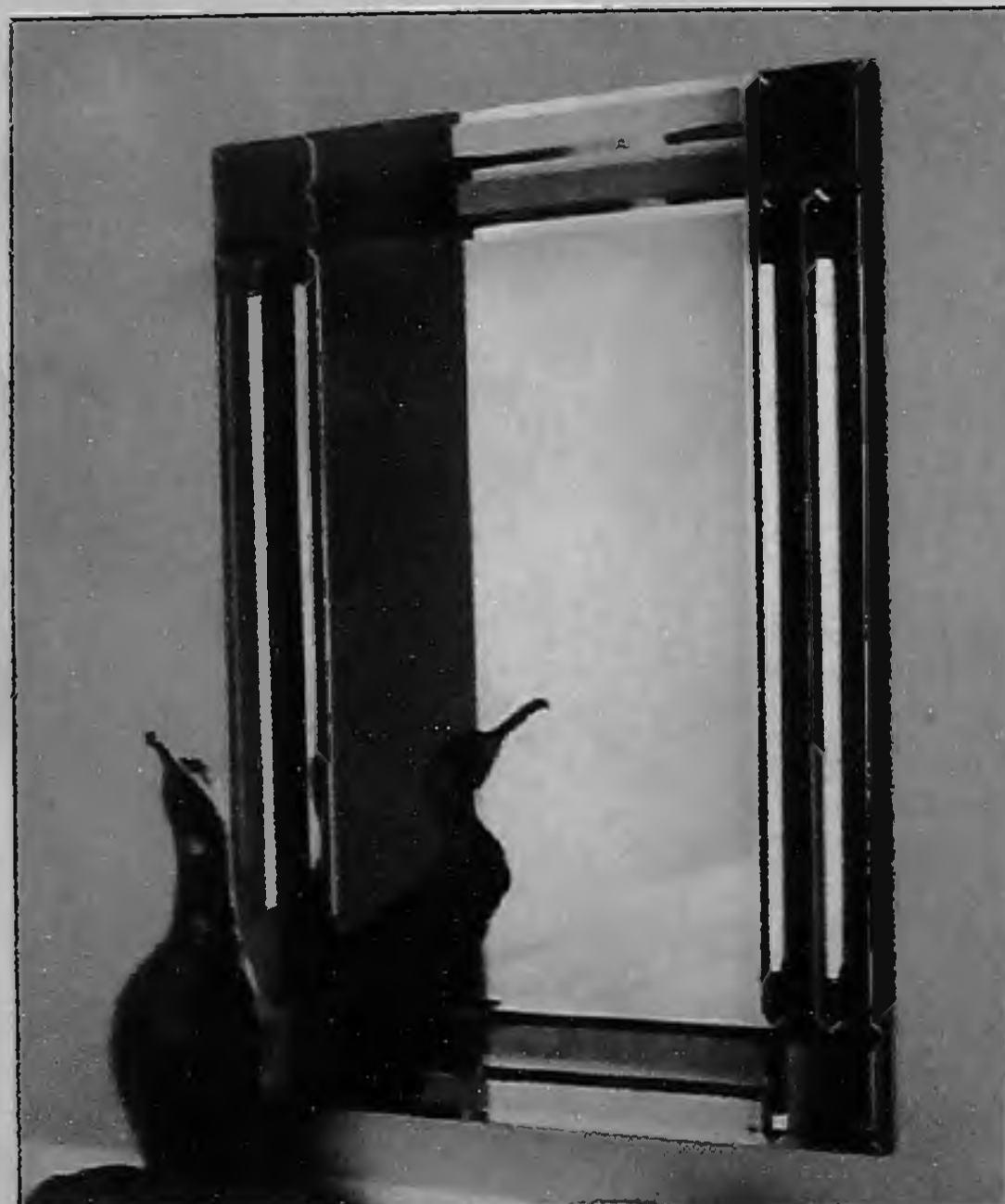
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